



Allegan Public Schools
Aquatics Department
Allegan Swim School



SwimAmerica Site Director: Tammy Wilkes
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SwimAmerica Swimming Lessons – January to March 2016

Cost: 12 x 30 minute lessons (2x per week) for \$45 ; 18 lessons (2 sessions) for \$85
Parents are welcome to stay; we ask that you observe from the spectators seating area.

Winter Session 1 (6 weeks) – January 4 to February 11
Monday and Thursdays

5:30 – 6:00 pm **or** 6:10 – 6:40 pm

Winter Session 2 (6 weeks) – February 15 to March 24
Monday and Thursdays

5:30 – 6:00 pm **or** 6:10 – 6:40 pm

Program Description

SwimAmerica (**for ages 5 and up**) is a national brand swimming lessons program developed by a consortium of swimming lessons professionals, swimming coaches and aquatics professionals and offered at hundreds of locations across the country. This unique 10-level program builds confidence and competency in the water through a proven, systematic approach in which swimmers develop and build upon the foundational skills of balance, breathing and buoyancy. SwimAmerica is redefining what it means to “know how to swim”. **Children ages 3 and 4** are welcome to join in the SwimAmerica Swimming lessons, but the goals for these learners will be to develop comfort and balance in the water. Our in-water instructors will make determinations about when 3 and 4 y.o. learners are ready to move into higher level stations.

Parent/ Child Swimming Lessons – January to March 2016

Cost: 6 lessons for \$25
(for children 6 months – 3 y.o.)

Fall Session 1 (6 weeks) – January 6 to February 10
Wednesdays

5:00 – 5:40 pm

Fall Session 2 (6 weeks) – February 17 to March 23
Wednesdays

5:00 – 5:40 pm

Program Description

Parent and Child Swimming Lessons walk parents through the process of helping their children become acclimated to the aquatic environment. Through a progression of activities and games, infants develop comfort and age-appropriate competencies in the water.

Private Swimming Lessons – January to March 2016

Cost: Experienced Instructor >1.5 years: \$35 for 45 minutes
Less-Experienced Instructor: \$25 for 45 minutes

Program Description

Private Swimming Lessons allow for 1:1 learning for any age or ability swimmer; beginner to upper level competitive. We have many great instructors who can help you or your child make big strides in each 45 minute lesson. Please contact Allegan Swim School with your preferences on time and instructor, and we will match your request.

Swim Lessons – January to March 2016 Registration Form
Please fill out and return with payment.

Athlete Name: _____ Middle Initial: _____ Birth Date: _____

Parents/ Guardians: _____

Billing Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell Phone (Mom): _____ Cell Phone (Dad): _____

Email Address: _____

*Email address and contact info will be used for
program correspondence only

Emergency Contact: _____ Phone: _____

Athlete's Family Physician: _____ Phone: _____

Athlete's allergies, Medical conditions, or Special needs: _____

Swim Lessons -- \$45 for 12 and \$85 for 24

☐ **SwimAmerica Winter Session 1 – 5:30-6:00**

☐ **SwimAmerica Winter Session 1 – 6:10 – 6:40**

☐ **SwimAmerica Winter Session 2 – 5:30-6:00**

☐ **SwimAmerica Winter Session 2 – 6:10 – 6:40**

Parent Child Swim Lessons -- \$25 for 6 lessons

☐ **Winter Session 1 – 5:00-5:40 pm**

☐ **Winter Session 2 – 5:00-5:40 pm**

LIABILITY RELEASE AND INDEMNIFICATION FORM

I, the undersigned parent/ guardian of "Minor Participant", request voluntary participation for a minor to participate in all events, which are hereinafter referred to as the "activities" sponsored by Allegan Public Schools, which are hereby referred to as "Released Parties". I consent to my/minor's participation in the activities and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any activities begins.

In consideration of allowing Minor Participant to participate in events sponsored and/or attended by Released Parties, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant's participation in the activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

I certify that my/minor is in good health and have no physical condition that would prevent participation in this activity. Furthermore, I agree to use my/minor's personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

(Print name of Parent)

(Signature of Parent)

(Date)

PLEASE ENCLOSE PAYMENT WITH REGISTRATION: ☐ Cash ☐ Checks/Money Orders payable to: **Allegan Public Schools**

☐ Master Card ☐ Visa # _____ Exp. Date: ____/____/____ Signature _____

FAMILY DISCOUNTS: Registering 3 children - take \$10 off; 4 children – take \$15 off; 5 children – take \$20 off. (The amount will be taken off the total fee charged your family for this program.)

REDUCED RATES: Aquatic Center will honor a discounted rate for individuals who participate in the Federal Free or Reduced Lunch Program. Please call our office to verify the amount to deduct from your program registration.

Mail form & fee to: Allegan Aquatics Dept., c/o Allegan High School, 1560 M-40 North, Allegan, MI 49010 or Fax w/credit card info to: (269) 686-2486 or Drop-Off box for after hours located at Aquatics office or scan and email to alleganswimschool@gmail.com