

Post Traumatic Stress Disorder: the impact of traumatic events on brain, behaviour, emotions and mental health in children and young people

Friday 4 December 2015; 09.00am until 17:00pm

Chilworth Manor Conference Centre, Baddesley, Southampton SO16 7PT

OVERVIEW

ACAMH Southern branch are pleased to invite you to their winter conference on Post Traumatic Stress Disorder (PTSD). Children and young people who are exposed to psychological trauma may subsequently experience a range of symptoms characterised as PTSD. These difficulties can be pervasive and persistent, interfere with functioning and underlie other problems e.g. depression and anxiety.

This conference, which is suitable for professionals and practitioners working with children and young people, will explore the origins of the concept of PTSD, our current knowledge of the effects of trauma on brain function and evidence for and techniques used in therapy with parents and children.

SPEAKERS

Dr Martin McColl, Consultant Child and Adolescent Psychiatrist, Solent NHS Trust Dr Andrea Danese, Senior Lecturer in DevelopmentalPsychobiologyandPsychiatry, Institute of Psychiatry, Psychology and Neuroscience, King's College London. Consultant Child & Adolescent Psychiatrist, National & Specialist Clinic for Child Traumatic Stress and Anxiety Disorders, South London and Maudsley NHS Foundation Trust

Dr Richard Meiser-Stedman, Clinical Reader in Clinical Psychology, University of East Anglia

Maeve Crowley, Consultant Clinical Psychologist, Complex Trauma Team, Sussex Partnership NHS Foundation Trust

Dr Jonathan Bigg, Consultant Child and Adolescent Psychiatrist, Hampshire & Isle of Wight Forensic CAMHS

Dr Sheena Webb, Consultant Clinical Psychologist & Service Manager London Family Drug and Alcohol Court, Tavistock & Portman NHS Trust

PROGRAMME

- 9.00 Registration and Refreshments
- 9.30 Welcome, Dr Alison Sankey, Chair of ACAMH Southern Branch
- 9.35 Development of the concept of PTSD: cultural and historical factors Dr Martin McColl
- 10.15 The neurobiology of PTSD Dr Andrea Danese
- 11.30 Break
- 12.00 EMDR: working with children and adolescents Maeve Crowley and Dr Jonathan Bigg
- 13.15 Lunch

Afternoon chair: Dr Ed Sayer, ACAMH Southern Branch

- 14.15 Why the 'C' and 'B' in CBT for PTSD in youth Dr Richard Meiser-Stedman
- 15.15 Break
- 15.30 Complex trauma and parenting: Helping children by healing parents Dr Sheena Webb
- 16.30 Close





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If you wish to receive the slides for this event, please make sure you provide your current email address below. Fees include refreshments light lunch and some conference materials. Please bring your own paper for taking notes during the presentations

To book your place for this event on Friday 4 December 2015 please complete and send to ACAMH Conferences, St Saviour's House, 39-41 Union Street, London SE1 1SD T: +44 (0)20 7403 7458; F: +44 (0)20 7403 7081; E: karyn.ambridge@acamh.org

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CLOSING DATE: 30 November 2015 Early application is advised

Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation. Cancellation policy: cancellations received a week in advance of the conference will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organization other than that required by statute

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