

# FORENSIC CAMHS

Wednesday 2<sup>nd</sup> October 2013; 9.15am-4.30pm (registration from 8.45am)  
Conference and AGM hosted by ACAMH Yorkshire Branch

The Innovation Centre, Innovation Way, Heslington, YORK YO10 5DG

## OVERVIEW

This focused event concentrates on the functional aspects of forensic mental health issues facing staff and clinicians working in a generic child and adolescent mental health service or youth offending team.

## AIM

To facilitate interactivity, promote networking opportunities and encourage discussion.

## SPEAKERS

**Dr Heidi Hales** *Consultant Adolescent Forensic Psychiatrist, The Wells Unit, (adolescent secure service), Specialist and Forensic Services CSU, Three Bridges Unit, West London Mental Health Trust*

Heidi Hales completed a dual CCT in Child and Adolescent and Forensic Psychiatry and is now working one of the consultants on the Wells Unit, West London (one of the national secure inpatient units for adolescents). Her training and experience in child and adolescent and forensic psychiatry has been varied, including working in forensic and child psychotherapy, the Tavistock Adoption team, Lewisham CAMHS embedded in a YOT, inpatient male (Wells Unit) and female adolescent (St Andrews) services and an adult female (Holloway) and adolescent male (Feltham) prison. She has facilitated parent training groups in various settings. She has completed a PhD thesis investigating the prevalence, impact and implications of contact with another person's suicide-related behaviour in young offender institutions in south east England.

**Dr Dean McMillan** *Clinical Psychologist and Senior Lecturer, University of York*

Dr Dean McMillan is a Clinical Psychologist and is currently Senior Lecturer in Mental Health Services Research at Hull York Medical School and the Department of Health Sciences, University of York. He has recently completed an NIHR funded systematic review of tools to screen for mental health problems in young people within the youth justice system.

**Bekki Whisker** *Psychiatric Nurse, York Youth Offending Team*

Bekki is a Psychiatric Nurse for York YOT, with a background in in-patient CAMHS. She has worked in the forensic CAMHS arena for the last 9 years with a specialist interest in young people presenting with sexually harmful behaviours. Bekki has developed a multi-agency forensic panel in York, this is forum for discussion and planning in the absence of a local specialist forensic service.

**Paula Phillips**, *Clinical Nurse Specialist*

Paula Phillips is a clinical nurse specialist and manager of the forensic CAMH Service in Wakefield. Before setting up the Forensic CAMH Service in Wakefield she was employed as a Clinical Nurse Specialist in Trauma and Abuse and developed Gender Specific services for women in secure settings including a regional secure unit and prison. She is currently doing a PhD on staff attitudes in a secure children's home.

**Dr Abdullah Kraam** *Consultant Child and Adolescent Psychiatrist*

Abdullah Kraam is a consultant child and adolescent psychiatrist and the clinical lead for the forensic child and adolescent mental health services in Wakefield. He is an honorary senior lecturer at the University of Leeds. He is also a principal investigator for the START trial, a multi-centre trial about the effectiveness of Multi-systemic Therapy for conduct disorder. The joint presentation will cover experience of setting up a local Forensic CAMH service and will make a case for a regional service.



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## PROGRAMME

- 09.15 Welcome: Dr Juliette Kennedy, Chair of the Yorkshire Branch of ACAMH  
Morning Chair: Marcella Sykes
- 09.30 The clinical and cost-effectiveness of screening for mental health problems in young people who have offended  
Dr Dean McMillan
- 10.45 Morning Coffee Break
- 11.15 Pathways to care in the absence of a local specialist Forensic Service – what do we do in York?  
Bekki Whisker
- 12.15 Lunch and Yorkshire Branch AGM  
Afternoon Chair: Dr Juliette Kennedy
- 13.15 Why is a Regional Forensic CAMH Service for Yorkshire a no brainer? Dr Abdullah Kraam and Paula Phillips
- 14.30 Afternoon Coffee Break
- 14.45 Principles of Community Management Dr Heidi Hales
- 16.00 Closing address with Professor Barry Wright, Hull and York Medical School

To book your place for the conference on 2nd October 2013 please complete and send to ACAMH Conferences, St Saviour’s House, 39 – 41 Union Street, London SE1 1SD  
+44 (0)20 7403 7458; F: +44 (0)20 7403 7081; E: karyn.ambridge@acamh.org

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**CLOSING DATE: 26 September 2013** Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department.  
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