

2015-2016 RSPH Annual Mentoring Program: Action Plan Template

Your Name:	Mentor Name:	Date:
Mentoring SMART Goals (Take a look a	at "Set Goals & Determine Interests" in page 6 of 1	Mentee Guide to get a better idea about SMART goals.)
1.		
2.		
3.		

SMART Goal#1:___

Resources available to you now:

Resources you need to look for:

What action steps that you should take?	Timeline: By when? (Day/Month)	How can your mentor help you?
Step1:		
Step2:		
Step3:		



SMART Goal#2:_____

Resources available to you now:

Resources you need to look for:

What action steps that you should take?	Timeline: By when? (Day/Month)	How can your mentor help you?
Step1:		
Step2:		
Step3:		

SMART Goal#3:_____

Resources available to you now:

Resources you need to look for:

What action steps that you should take?	Timeline: By when? (Day/Month)	How can your mentor help you?
Step1:		
Step2:		
Step3:		