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MAFP

## Onamia Family Physician Receives 2015 Minnesota Family Physician of the Year Award - Thomas Bracken, M.D.

The Minnesota Academy of Family Physicians (MAFP) has selected Thomas Bracken, M.D., of Onamia, MN, as the 2015 Family Physician of the Year. This award is presented annually to a family physician who represents the highest ideals of the specialty of family medicine, including caring, comprehensive medical service, community involvement and service as a role model.



Dr. Bracken practices at Mille Lacs Health System. He has been a family physician in the community for more than 30 years. Those who nominated Dr. Bracken describe him as a caring and dedicated man.

"He is an outstanding family doctor," wrote Shirley Stukey. "He is compassionate, thoughtful and always goes the extra mile to care for his patients."

Dr. Bracken is praised for his commitment and tireless attention to the people in the community. In a nomination letter to the MAFP, V. Rev. Kermit Holl, OSC, wrote "Dr. Bracken pursues joy and sees that happiness must be a significant part of medical care. He models a great focus and commitment to service. His vocation is to provide care, and this he does at every turn."

Along with his work at the clinic, Dr. Bracken teaches one day per month



Minnesota Academy

of Family Physicians

at his alma mater, Hennepin County Medical Center Family Medicine Residency Program in Minneapolis. He also mentors and teaches pre-med and physician assistant students at the clinic.

FP of Year Award - Continued on Page 15



The Minnesota Academy of Family Physicians (MAFP) promotes the specialty of family medicine in Minnesota and supports family physicians as they provide high quality, comprehensive and continuous medical care for patients of all ages. PRESIDENT'S MESSAGE3LEGISLATIVE REPORT5AWARD WINNERS9-11PRACTICE OPPORTUNITIES18

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#### **NFW ACTIVE & SUPPORTING** MEMBERS

#### **Central Chapter**

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Sheila Froemming, M.D., Staples Member enrolled since 2006

Mark Johnson, M.D., Glenwood Member enrolled since 1990

#### **NEW RESIDENT MEMBERS**

University of MN Family Medicine & **Community Health Programs:** St. John's Hospital Emily Day, M.D. Deanna Downs, M.D.

#### NEW STUDENT MEMBERS

#### Mavo

Dema Alniemi **Robertson Bayer** Leon Clark Maria Glavin Leonard Haas **Mohamed Hassan** Somya Jalan **Marianne Luetmer** Leah Schmelkin Joshua Warner Vidhushei Yogeswaran Adeel Zubair University of MN – Twin Cities Campus

Sameena Ahmed Max Disse **David Henry** Andrew Jacobson **Emily Johnson** Leah Kay **Tony Nguyen Allison Spicher** Jordan Weil

MAFP MEMBERSHIP (AS OF 4/30/15) ACTIVE = 2.247 **RESIDENT = 165** STUDFNT = 343LIFF = 323**INACTIVE = 33** SUPPORTING = 3

TOTAL = 3.114

## This issue of Minnesota Family Physician is brought to you by **Affiliated Community Medical Centers.**

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## MAFP Chapter Directors

Ann Lee, DO - Central David Bucher, MD - East Metro Robert Koshnick, MD - Heart of the Lakes Kristan Wegerson, MD - Lake Superior Chandra Gottipati, MD - Lake of the Woods To be determined - Minnesota Vallev Deborah Dittberner, MD - Park Region Linda Bergum, MD - Range Scott Pauley, MD - Southeast To be determined - Southern Samuel Hanson-Willis, MD - West Metro

## **MAFP** Officers

M. Tarig Fareed, MD - President Dania Kamp, MD - President-Elect David Bucher, MD - Board Chair Glenn Nemec, MD - Speaker of House Kimberly Wernsing, MD - Vice Speaker of House Raymond Christensen, MD - Treasurer Roli Dwivedi, MD - Officer-At-Large Deborah Dittberner, MD - Director-At-Large Maria Huntley, CAE - Executive Vice President

## Other MAFP Directors

Erica Gathje, MD - Resident Director Elizabeth Hillebrand - Medical Student Director To be determined - Special Constituencies Director

## MAFP Staff

Kelly Bellomy - Membership Coordinator Lisa Regehr - Program Director Kristie Thorson - Communications Specialist Missy Machkhashvili - MAPA Administrator

## A MESSAGE FROM THE MAFP PRESIDENT

#### **Dear Fellow Family Physicians...**

I am excited to serve as your President during 2015-2016. This year is marked by "change". Change is inevitable and is the only thing that is permanent. We are witnessing change in health care globally, as well as locally within our state. Within our Academy, we are experiencing change with the retirement of our executive vice president. Virginia Barzan, CAE, gave us 30 years of dedicated service and we thank her! Our new executive vice president is Maria Huntley, CAE, MAM. We are excited to welcome her! I had the privilege to be the chair of the search committee that worked tirelessly to find a new EVP, and I am grateful to those members who were a part of it. We are also going through the strategic planning process to map out a plan for the next 3-5 years. This will define the MAFP now, and keep us relevant and effective in the future. Therefore, it is of critical importance that we hear from our membership to help develop a strategic plan which is "of our members, by our members and for our members".

There are many areas and topics of interest identified that need our attention. My theme for this year is of "relationship building and engagement". This is multi-faceted and relates to many different levels within and without our academy. Our membership consists of individuals who are highly educated and motivated, but at the same time extremely



busy trying to balance their personal

and professional lives. They have great ideas, the best intentions and wishes for our Academy, but may not have the time and commitment that we are hoping from them. We need to engage them through whatever means works for them. This may include newer methods of communication such as social media including Facebook, Twitter, Linkedin and YouTube. This will also include connectivity through things like teleconferences, virtual Town hall meetings and live streaming of our meetings. We will focus on both conventional and newer methods of communication with our members. I have my MAFP President Twitter account of @mafpprez and will also have a MAFP Prez Facebook page. We are promoting environmentally friendly activities of less paper and more electronic communication of information and materials. We have also signed on to MyCommittee portal for conducting MAFP activities.

We need to re-evaluate our governance structure, methods of communication and engagement with our members. We are engaging our new-to-practice physicians in leadership roles, providing them with mentor-mentee relationships to

#### M. Tariq Fareed, MD

learn and lead. Economic viability and fiscal responsibility are key components in the life and sustainability of any organization. We have to generate revenue other than dues through grants and sponsorships. Our MAFP Foundation is key in promoting our specialty and we would like to continue to provide support to them. The new unified leadership role of the new executive vice president with the



executive director of the Foundation will help promote our common goals.

We were recently delighted to witness the repeal of SGR by Congress and later signed by President Obama. This was a great success achieved through collaborative efforts and advocacy. We need to promote advocacy and provide assistance to our members in reaching out to their legislators. This would require grassroots advocacy efforts in bringing about a change for our patients, specialty and health care in general.

We were successful in inviting Melisa Franzen, Minnesota senator from Edina, to our recent town hall meeting. She is the first author of the bill "Prior Authorization-Fix Now" in

the Minnesota legislature. We should continue to work collaboratively with our partners in primary care, including and not limited to, internists, pediatricians, mid-level providers such as nurse practitioners and



Sen. Melisa Franzen speaks to MAFP members at a Town Hall Meeting in April.

, physician assistants, as well as other stakeholders. We have also successfully hosted a "Primary Care Summit" and plan to continue with and make it more formal in structure and organization. Newer models of health care delivery such as single payer, direct primary care and telemedicine continue to be areas of interest and discussion within healthcare and we should advocate for them.

## WHAT'S happening

#### **Leadership Changes**

Please join us in wishing Virginia Barzan, CAE, the very best as she retires as executive vice president of the MAFP. Virginia has served the Academy and family medicine for 30 years! Under her leadership, the chapter has grown from 1.104 active members to 2.252



Virginia Barzan, CAE

active members today. Among other things, she helped to establish the MAFP Foundation and the Comprehensive Life Support Program and carried out numerous strategic plans. Congratulations on a job well done Virginia! You will be missed!

The Academy would like to welcome Maria Huntley, CAE, MAM, as she joins the MAFP as the new executive vice president. Working in association management since 1998 she has a long



Maria Huntley, CAE, MAM

history of providing strategic executive support to over 40 associations. She has served as an advisor to the Boards of associations, providing guidance on association governance, regulations and current trends. Maria has an undergraduate degree in Communications from the University of Minnesota - Duluth and a graduate degree in Nonprofit Management from the Hamline School of Business at Hamline University where she currently serves on the Alumni Board. Maria lives in St. Paul with her husband and two daughters.

## **2015 House of Delegates Actions**

Under the guidance of Speaker of the House, **Dania Kamp**, **M.D.**, and Vice Speaker, **Glenn Nemec**, **M.D.**, the 2015 House of Delegates took the following actions:

Medical Cannabis Distribution in Prescription Monitoring Program: The MAFP will advocate to have medical cannabis dispensaries be required to report distributions to the Minnesota Prescription Monitoring Program for inclusion in the database, and invite other organizations, such as the MMA, to join in this advocacy.

Ask DEA to Reclassify Marijuana from a Schedule I to a Schedule II Drug: The MAFP will support reclassifying marijuana from a schedule I to a schedule II drug to facilitate further research on the medical use of pharmaceutical cannabinoids, and forward this resolution to the AAFP and to the MMA for consideration to send to the AMA.

Task Force to Evaluate Medical Malpractice Reform for Minnesota: The MAFP will investigate malpractice reform including alternative dispute resolution processes, and seek to partner with the MMA to create a task force to study medical malpractice reform in Minnesota. Request for Health Risk Assessment of Sulfide Mining in Northeast Minnesota: The MAFP will request that a Human Health Risk Assessment be performed using the most current scientific modeling methods to evaluate the health effects of by-products of proposed mining projects, and supports the subsequent completion of a Human Health Impact Assessment for mining projects so that both health professionals and the public can make informed decisions.

MAFP Dues Increase: Dues for members in the Active category be increased by \$25 effective with 2016 dues.

**Increasing Presidential Honorarium:** The Presidential Honorarium was increased to \$17,500 beginning with the outgoing President in 2017 and the amount will be reviewed annually by the Board of Directors, who will recommend any changes to the House of Delegates.

A resolution about Periodic Driver Evaluations was referred to the Board: It suggests that the MAFP propose and support legislation in Minnesota for the state to periodically test driver competency.

A resolution to Assess Interest in Medical Society Based Health Insurance was not adopted.



## **MAFP Officers Recognized**

The following individuals were elected to office during the MAFP House of Delegates: President-Elect, **Dr**. **Dania Kamp**; Officer-at-Large, **Dr. Roli Dwivedi**; Speaker of the House, **Dr. Glenn Nemec**; Vice Speaker, **Dr. Kimberly Wernsing**; AAFP Delegate, **Dr. Kurt Angstman**, **M.D.**; AAFP Alternate Delegate **Dr. Julie Anderson**. **Dr. David Hutchinson** will continue his term as AAFP Delegate **and Dr. Daron Gersch** will continue to serve as AAFP Alternate Delegate.

At the organizational board meeting, **Dr. David Bucher** was elected Board Chair, **Dr. Raymond Christensen** was elected Treasurer & **Dr. Deborah Dittberner** was elected as Director-at-Large.



## **Minnesota Legislative Session Wraps Up**

An Update for Family Physicians

As this goes to print, there are just days left in the 2015 Legislative Session. Constitutionally they must finish their work by May 18, 2015, or be called back for a special session. This being an odd-numbered year, the Legislature is required to pass a balanced budget for the upcoming two-year period prior to adjournment and that may prove to be their biggest challenge.

When the Legislature began in January there was a lot of optimism. There was new leadership in the House and the state had a more than \$1 billion surplus to spend as it saw fit. At the end of February, the good news continued as the state's surplus grew to over \$1.8 billion.

However, because of split government, with the Republicans controlling the House and the Democrats controlling the Senate, the optimism for an "easy" session has waned.

In the area of Health and Human Services spending, which is the second largest part of the state's \$41 billion budget, there are large differences. As we enter into conference committee time, where differences are reconciled between the House and the Senate, the difference in spending is over \$1.4 billion. There will have to be some artful negotiations between all sides to find a solution before adjournment.

One item that is receiving much discussion this session is healthcare workforce shortages. Emerging from recommendations from the Legislative Commission on Healthcare Workforce established last year, there has been a lot of discussion about how we ensure we have the supply of healthcare workers we need. The main areas of focus have been in the areas of primary care and mental health. Still moving through the process are proposals to increase funding for loan forgiveness programs for physicians and other providers willing to serve three or more years in underserved rural or inner-city locations. There is also a number of proposals to increase funding for primary care and psychiatric residency programs and proposals to help foreign-trained physicians qualify for residency programs. These are all dependent on how much money is allocated to them in the next two weeks.



By Dave Renner MAFP Legislative Representative

Another major initiative this session is efforts to provide more transparency to the drug prior authorization

process. The number one hassle we hear from physicians is the headaches caused by the existing prior authorization requirements for medications. Included in the Senate Omnibus HHS bill are requirements for health plans and pharmaceutical benefit managers (PBMs) to disclose to consumers prior to enrolling in a health plan what drugs are covered and what the cost-sharing arrangements are; prohibitions on health plans and PBMs from removing drugs from a formulary or restricting access to a drug during an enrollees' benefit year; requirements that prescribers be informed at the time of denial why a drug was denied and what alternatives exist; and shorter timelines for approvals and appeals of denial decisions.

This legislation has nearly 40 advocacy groups supporting it, including many patient advocacy groups. It is opposed by the health plans, the PBMs, and the business community because of fears it will raise costs. If these reforms are not included in the final bill it will remain a priority issue for the MAFP in the 2016 Legislative Session.

Once the 2015 Legislature adjourns the MAFP will remain active on legislative issues. You the members are critical in advocating for issues that impact the care of your patients. Just like providing good patient care, establishing and building strong relationships with your legislators is crucial to influencing good legislation.



## THANK YOU TO OUR 2015 SPRING REFRESHER GRANTORS & EXHIBITORS!

EDUCATIONAL GRANTORS

Affiliated Community Medical Centers Essentia Health Mayo Clinic Park Nicollet HealthPartners UCare

#### EXHIBITORS

AbbVie Inc. ACUTE CARE, INC. Affiliated Community Medical Centers Alexandria Clinic Allina Health Allina Health Bariatric Centers Alzheimer's Association of MN/ND Amgen Bone and Cardiovascular Health Astellas Pharma U.S., Inc. **AstraZeneca** AstraZeneca Primary Care Audiology Concepts/Tinnitus and Hyperacusis Clinic Boehringer-Ingelheim CDI Center for Diagnostic Imaging Children's Hospitals and Clinics of Minnesota **Cuyuna Regional Medical Center** Daiichi Sankyo, Inc. **Elite Medical Scribes Emergency Practice Associates** The Emily Program **Essentia Health** Fairview Health Services Fairview Health Services Gillette Children's Specialty Healthcare Good Samaritan Society - LivingWell@Home

Gundersen Health System **Health Sciences Libraries** HealthEast Medical Laboratory (HML) **HealthPartners Hunger Solutions Minnesota** Indian Health Service Institute for Clinical Systems Improvement Institute for Low Back & Neck Care (ILBNC, PA.) Larsen Billing Service, LLC Lilly Diabetes Lilly USA Matrix Medical Network Mayo Clinic Health System Medical Advanced Pain Specialists (MAPS) Medi-Sota & Rural Health Alliance Merck Merck Vaccines MHM/Centurion of MN Minneapolis Heart Institute at Abbott Northwestern Hospital, Part of Allina Health Minneapolis Radiology/Minneapolis Vascular Physicians Minnesota Dept. of Health - Child and Teen Checkups Minnesota Dept. of Health - Children & Youth with Special Health Needs Minnesota Dept. of Health - Environmental Health Minnesota Dept. of Health - Health Care Homes/SIM Minnesota Dept. of Health - Immunization Program Minnesota Dept. of Health - Newborn Screening Program Minnesota Lyme Association Minnesota Medical Association Minnesota Ovarian Cancer Alliance MN Spine & Sport The Mother Baby Center

National Dizzy and Balance Center, LTD National Rural Health Resource Center North Memorial Health Care & Midwest Spine Novo Nordisk Orthology Park Nicollet Health Services Park Nicollet Melrose Center Pfizer **Pfizer Vaccines** PrairieCare Prescription Monitoring Program PrimaCare Direct Purdue Pharma L.P. Rein in Sarcoma Salix Pharmaceuticals Sanford Health Sanofi Pasteur Scenic Rivers Health Services Shriners Hospitals for Children - Twin Cities St. Cloud Hospital St. Luke's Hospital Stratis Health Takeda **Twin Cities Pain Clinic** U.S. Army Healthcare UCare University of Minnesota Family Medicine and **Community Health** University of Minnesota Health Wapiti Medical Group Winona Health





## 2015 Spring Refresher at The Depot

Annual Conference Provides CME & Networking Opportunities for Family Physicians

The MAFP welcomed close to 350 attendees to its annual conference at The Depot Minneapolis on Thursday, April 16th and Friday, April 17th. The historic setting provided a unique backdrop for family physicians to gain CME credit and network with other attendees.

More than 30 educational sessions were offered including a SAM study group on heart failure.

Be sure to save the date for next year's Spring Refresher which is scheduled for April 14 - 15. The 2016 conference will be held at the same venue.



#### President's Message - Continued from Page 3

We are also aware of the physician shortage and work force issues confronting our specialty. We need to work towards promoting mentoring/ nurturing programs to help promote our specialty of family medicine. Recent trends of medical students opting for family medicine as their specialty of choice are encouraging. We'll continue to promote and facilitate increasing interest of medical students in our specialty. We have a large pool of foreign medical graduates in the United States who have not been able to successfully complete the USMLE certification process. These talented individuals have trained and practiced in their home countries as physicians. They can be incorporated into our medical system as primary care/family physicians. There is a move towards this goal in the legislature and we should support it. Payment reform to help pay for the value of healthcare delivered by family physicians and not continue on the fee for service model, and loan repayment are key issues in this regard. With the Affordable Care Act, millions of patients are able to get health insurance and have already started to knock on our doors. We need to act in a timely fashion to help fill this gap and to avoid alternative options suggested by some to achieve this, which may not be the best solution to the problem. We should protect and promote the scope of practice of our specialty in this changing healthcare environment where many stakeholders are involved and help avoid unjustified limitations or restrictions placed on us. We need to explore newer ideas of providing education, training and development of skills for our members. This may involve a combination of traditional as well as nontraditional ways of learning. We are a very diverse specialty with different practice settings and styles within it. We also take care of diverse patient populations, most often

involving disparities. We are becoming more diverse in our membership, as well as leadership, both at the state level and nationally. We need to embrace diversity at all levels within our specialty and with patients, working to reduce the disparities. Social determinants of health are increasingly recognized as significant factors in the health and wellness of our patients and communities. This should be an important area of focus in future programs for health promotion and maintenance.

This may seem like a very ambitious agenda to some, and I don't disagree. However, identifying areas that need our attention and working towards achieving our goals is the first step. I have taken that step and would like you all to join me in my efforts towards making a positive change in the future.

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## **MAFP Members Celebrate Family Medicine!**

#### M. Tariq Fareed, M.D., Installed as 2015 - 2016 MAFP President at All-Member Event

Close to 150 Academy members and special guests attended the All-Member Celebration at The Depot Minneapolis on Thursday, April 16, 2015. During the event, family physician, M. Tariq Fareed, M.D., Minnetonka, took the oath to become the new MAFP president. The installation ceremony was performed by American Academy of Family Physicians (AAFP) president, Robert Wergin, M.D., of Milford, Nebraska.



M. Tariq Fareed, M.D., is installed as MAFP president by AAFP president, Robert Wergin, M.D., of Milford, Nebraska.



MAFP president, M. Taria Fareed, M.D., and his family after the installation ceremony.

Dr. Fareed is a family physician at Park Nicollet Clinic in Plymouth, MN. As president, he will serve as the official representative and spokesperson for the MAFP, be a member of the Board of Directors and will chair the Executive Committee of the Board of Directors, in addition to promoting the ideals and concepts of family medicine. Dr. Fareed will serve as MAFP president until April 2016.

#### Beatles Tribute Band 'A Hard Day's Night' Provides Entertainment





## Virginia Barzan, CAE, Honored with Merit Award

Minnesota family physicians honored retiring MAFP executive vice president, Virginia Barzan, CAE, Minneapolis, with the MAFP Merit Award on April 16, 2015, during the All-Member Celebration.

The Merit Award recognizes a member who has worked diligently through the Academy to further the

ideals of family medicine. Barzan was made a made a honorary lifetime member of the MAFP on April 15, 2015, during the MAFP House of Delegates, making her



eligible for the Merit Award. "Her knowledge of the Academy and

passion for family medicine has been so evident over the years. She has been a great resource for all of us here," said Kelly Bellomy, MAFP Membership Coordinator. "I can't thank her enough for everything she has done for me

both personally and professionally."

Barzan will retire in May after having served the MAFP and family medicine for more than 30 years. "I consider myself truly blessed to know her and have had the opportunity to work alongside her," said Kristie Thorson, MAFP Communications Specialist. "She will be missed."



## Dr. John Wilkinson Receives President's Award



Dr. Wilkinson's wife, Debra Carlsen Wilkinson, and daughter, Elizabeth Wilkinson Cozine, M.D., stand with him and 2014-2015 MAFP President, Kurt Angstman, M.D., for an award photo.

John Wilkinson, M.D., is the recipient of the 2015 MAFP President's Award. The award is given by the MAFP president to a person who has made an outstanding contribution to the specialty of family medicine and the Academy.

Dr. Wilkinson is an Associate Professor of Family Medicine in the Mayo Clinic College of Medicine and consultant in the Department of Family Medicine at Mavo Clinic. He has impacted many areas of clinical practice over his career. He has actively contributed to the work of the Institute for Clinical Systems Improvement (ICSI). He played a leadership role on the ICSI Primary Prevention of Chronic Disease guidelines. which outlines evidence-based systems changes that support healthier lifestyles and chronic disease prevention.

Dr. Wilkinson has delivered numerous group sessions for Part II MOC SAMs, has been instrumental in coordinating initial training needs for the new Department of Transportation examination, and has worked with the ABFM to develop and enhance continued and effective educational opportunities for Maintenance of Certification. He is also co-director of the Mayo Clinical Reviews course.

"Dr. Wilkinson has been a lifelong mentor to me. He has taught me the joys of family medicine and inspired me to always look to improve our practice, our teaching and research," said Kurt Angstman, M.D., MAFP Immediate Past President.



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## Teacher of the Year - Michael Wootten, M.D.

More 2015 MAFP



Michael Wootten, M.D., Minneapolis, was named the 2015 Teacher of the Year. The award is given annually to an outstanding teacher of family medicine in either an academic or practice setting. Dr. Wootten is the program director for the University of Minnesota North Memorial Family Medicine Residency Program. He is also an assistant professor with the University of Minnesota Department of Family Medicine and Community Health.

Nominators say Dr. Wootten builds an open environment of learning allowing residents to individualize their learning plans to better prepare them for careers within family medicine. He encourages independence and gives meaningful feedback to help each resident improve continuously. Nominators go on to say he is the greatest kind of teacher because he inspires education in all that he does.



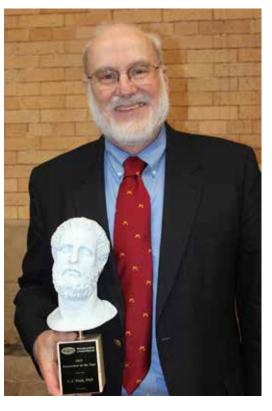
## Researcher of the Year - CJ Peek, Ph.D.



**CJ Peek, Ph.D.,** Minneapolis, received the 2015 Researcher of the Year Award. The recipient of the award must have contributed in an outstanding manner to the development of family medicine research in Minnesota and/or nationally. Candidates are nominated by their colleagues.

Dr. Peek is a professor with the University of Minnesota Department of Family Medicine and Community Health. He has focused his career on leadership development, organizational effectiveness, inter-professional communication, clinical platform development, and integration of medical and mental health care.

Those who nominated Dr. Peek believe his research has bridged clinic, educational, and operational worlds. They say he has guided physicians, psychologists, professors, and administrators alike on how to effectively evolve health care to achieve better, patient-focused results. Nominators also say his research and clinical expertise has changed the way family medicine is viewed and practiced.



## **Residents of the Year - Dr. Gilbertson & Dr. Walsh**



ard

**Betsy Gilbertson, M.D.,** and **Cora Walsh, M.D.,** University of Minnesota- North Memorial Family Medicine Residency Program, were chosen as the 2015 Residents of the Year. The award typically recognizes one third-year resident for significant contributions to family medicine in the community, including teaching, leadership and educational activities. In this case, Dr. Gilbertson and Dr. Walsh were nominated together and are sharing the award.

Winne

Nominators say Dr. Gilbertson and Dr. Walsh have embraced the responsibility of being chief residents and are excellent role models for the discipline. They are credited for creating a group pre-natal program where they took equal responsibility in the conceptual modeling, planning and implementation. The two have also been instrumental in the effective workings of Community Health and Advocacy Talks (CHAT), outreach activities at homeless shelters, and a progressive mentorship activity for inner city youth. Both will join North Memorial Camden Clinic to practice full-spectrum family medicine.

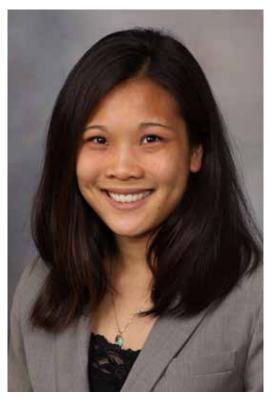


## **Medical Student Award - Megan Chock**



Megan Chock, Mayo Medical School, was given the 2015 Medical Student Award for Contributions to Family Medicine. The award recognizes a medical student for family medicine activities on a local, community, medical school, state or national level.

Nominators say Megan has demonstrated a commitment and passion to public health and improving the health of underserved populations. She has served as a student coordinator for the REACH clinic, worked with the free Mayo Clinic smoking cessation clinic and she pursued a Masters in Public Health degree during which she co-authored a national aggregate suicide report in American Indian/Alaska Native populations. Nominators go on to say that Megan has exhibited significant leadership qualities by serving as a student representative for several organizations, as well as co-founding the Mayo Medical School Public Health Interest Group.



#### TITLE OF RESEARCH

Specialty Differences in Recognizing and Managing Elevated Blood Pressures Among Children and Adolescents

#### PRESENTER

Pat Fontaine, M.D., Senior Clinical Investigator, HealthPartners Institute for Education and Research

#### OTHER AUTHORS/INVESTIGATORS

Elyse Kharbanda, M.D., Patrick O'Connor, M.D., James Nordin, M.D., and Steve Asche, Ph.D.

#### **OBJECTIVE OR HYPOTHESIS**

Recognizing hypertension among children and adolescents is difficult because blood pressure (BP) cutoff values rely on a complicated algorithm including age, sex, and height percentile. We sought to evaluate whether attitudes and self-reported practices regarding recognition and management of elevated blood pressures varied by clinician type and specialty.

#### POPULATION

156 pediatricians (Peds), family physicians (FPs), and advanced practice providers (APPs) from 20 primary care clinics in a large metropolitan health system

#### METHODS

Eleven–item baseline survey conducted prior to introducing a clinical decision support tool for identifying and managing elevated blood pressure into the clinics' electronic medical record.

#### MAIN RESULTS

There was an 87% response rate (135/156 total with 61 FPs, 39 Peds, 33 APPs).Peds reported a higher percentage of their office visits with 10-17 year olds than FPs or APPs (10-50% versus <25%; p<0.001) and were less likely to recommend that patients 10 and older have their BP measured at every visit (p=0.05). Among all three provider types, "competing priorities" was the most common barrier to identifying elevated BPs. FPs (61%)

more likely than Peds (28%) to cite "unfamiliarity with BP cut-offs" as a barrier (p=0.006). Sources for interpreting BP measurement in adolescents included Up to Date (cited by the majority in all three groups), clinic-based protocols, and official guidelines. Pediatricians used guidelines from the NHLBI Expert Panel and from Bright Futures more commonly than did FPs and APPs (p<0.001 for both). Regarding management of elevated BPs in this age group, FPs and APPs were more likely to recommend reduced salt intake and increased exercise after a first mildly elevated BP (p<0.001 for both). Three quarters of providers in each group would recommend a 1-2 week BP recheck; only 5%-21% would recommend rechecking in 6 months (p=NS). Home BP monitoring was recommended by 9%-21%, with fewer than 12% recommending lab testing or diagnostic imaging (p=NS). For 3 or more mildly elevated BPs, FPs recommending home BP monitoring rose to 51% compared to 31% of Peds and 30 % of APPs (p=0.06). Lab testing (74%-85%) and diagnostic imaging were more frequently recommended when 3 or more BP measurements were mildly elevated (p=NS by specialty). Unfamiliarity with managing elevated BP in teens was common in all groups (54%-70%; p=NS). **CONCLUSIONS** 

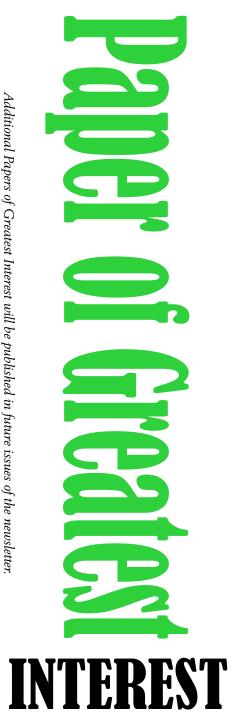
and APPs (52%) were significantly

We found that Peds and FPs consulted different sources for BP cutoffs for children and adolescents, however, all guidelines were consistent. Up to Date was popular, presumably because the EMR contained an embedded link to it. FPs and APPs were less familiar with BP cutoffs than Peds, but were more likely to recommend reducing salt and increasing exercise in response to mild BP elevations. When mild BP elevations persisted, over a third of all clinicians reported they would order more intensive evaluation and follow-up than recommended by guidelines and over half were unsure of management. Our findings suggest that additional EMR decision support for recognition and management of elevated BP in this age group would be helpful for all specialties.

#### FUNDING SOURCES

National Heart, Lung and Blood Institute 1R01HL115082-01; EHR-Based Clinical Decision Support to Improve BP Management in Adolescents (PI: Kharbanda)

## **RESEARCH & INNOVATION**



## 2015 Research & Innovation Forum plus Research Network Dinner Held in March

Written by Lisa Regehr, MAFP Program Director

The 2015 Research & Innovation Forum took place on Saturday, March 14, at HealthPartners in Bloomington.

Jerica Berge Ph.D., MPH, LMFT, CFLE,

Clinical Research Faculty member and Behavioral Medicine Provider at University of Minnesota Department of Family Medicine and Community Health, opened the Forum speaking on *Risk and Protective Factors for Childhood Obesity in Diverse Home Environments: What Should Primary Care Doctors Know?* The talk included recommendations on conducting research across cultural, ethnic, and racial boundaries.



Jerica Berge Ph.D., MPH, LMFT, CFLE, was the opening presenter at the 2015 Research and Innovation Forum.

#### Thank you to sponsors of

**the Forum:** Department of Family Medicine and Community Health University of Minnesota, Essentia Health, HealthPartners Institute for Education & Research, Mayo Clinic Rochester Department of Family Medicine, Park Nicollet Foundation/ University of Minnesota Methodist Hospital Family Medicine Residency Program, UCare, and United Family Medicine Residency sponsored by Allina Health

Co-chairs of the Research Forum were Angela L.H. Buffington, Ph.D., Assistant Professor, Director of Behavioral Medicine,

In the afternoon, Jack Westfall, M.D., Clinical Professor of University of Family Medicine at the University of Colorado Denver School Minnesota

Family Medicine at the University of Colorado Denver School of Medicine, Founder and Director, High Plains Research Network and Chief Medical Officer, Colorado HealthOP, spoke on Cold-Spotting – Linking Primary Care and Public Health to Build Communities of Solution.

A total of 35 research and innovation studies were presented either as posters or as podium presentations.

#### 2015 Papers of Greatest Interest

Afternoon guest speaker, Jack Westfall, M.D., with Researcher of the Year, C.J. Peek, Ph.D.

#### Physician: Patricia Fontaine, M.D.

Specialty Differences in Recognizing and Managing Elevated Blood Pressures Among Children and Adolescents

#### Resident: Sri Dakoji, M.D.

ETC Usage Patterns and Barriers to Primary Care Among Somali Immigrants

**Medical Student: Emily Wolff, MS4, University of Minnesota** ARM THEM- An Intervention to Improve Somali MMR Immunization Rates at a Minneapolis Family Medicine Clinic

**Poster: Anne Doering, MS2, University of Minnesota Duluth** Social Support for Quitting Smoking Exercise and Relaxation as Predictors of Smoking Abstinence

Mankato Family Medicine Residency and Renée Crichlow, M.D., Assistant Professor, University of Minnesota Department of Family Medicine and Community Health; Faculty,



Research Forum Co-Chairs were Angela Buffington Ph.D., & Renee Crichlow M.D.

North Memorial Family Medicine Residency.

#### **Research Network Dinner**

The Research Network Dinner was held at the University Club in St. Paul on Friday night before the Research & Innovation Forum. Dr. Jack Westfall was also the guest presenter for this event. Attendees welcomed the first of the Research Network Grant recipients who shared interesting projects: Sheri Bergeron, M.D., Essentia Health Duluth Clinic, Assessing the Impact of Social Media and Mobile Phone Aggression and Maltreatment on the Health of Rural Adolescents; Will Dixon, M.D., resident at United Family Medicine Residency, United Family Medicine's Uninsured: Who are They and How can We Reach Them; and Linda Bergum, M.D., family physician, Wapiti Medical Group, Adjunct Professor, University of Minnesota DFMCH, Kirsten Larson, MS1, and Emily Prazak, MS2, University of Minnesota Duluth, Rural Family Physicians' & Vietnam Veterans' Understanding of Agent Orange Exposure and Diabetes Mellitus Type 2.

## **Foundation Scholars:** Changing Lives & Communities

Working with countless medical student scholars, resident researchers, and family physician thought leaders, the MAFP Foundation has established a large portfolio of communitycentric health improvement and education programs. These programs are focused around the state, serving families from Grand Marais to downtown St. Paul.

#### **Understanding the Needs of Rural Veterans**

Two Harbors area family physician, Linda Bergum, M.D., and her two medical student foundation scholars, Emily Prazak and Kirsten Larson, are interviewing Vietnam Veterans who were exposed to Agent Orange and have Type II Diabetes. The aim of the project is to increase rural physicians and veterans' understanding of the correlation between Agent Orange Exposure, Diabetes, and other chronic conditions and to provide excellent care for rural veterans.

#### **Engaging St. Paul's Uninsured Population**

MAFP Foundation and Research Network funded innovation scholar, Andrew Dixon, M.D., leads a team at United Family Medicine's residency program to actively engage underserved St. Paul residents using heat mapping. Working in collaboration with MNsure navigators, the team has connected with St. Paul residents living in 12 distinct zip codes at community sites including libraries, food shelves, churches, and local YMCAs.

#### **Diagnosing & Treating Latent Tuberculosis Infection**

Partnering with Our Lady of Guadalupe Free Clinic and St. Mary's Catholic Church in Worthington, medical student Kelsey Campolong is diagnosing and treating LTBI. Her team of trained volunteers and clinicians will serve the health needs of the growing Guatemalan immigrant community, while maintaining a trusting relationship with the Minnesota Department of Health, county partners, and regional care providers.

#### **Preparing Future Urban Core Family Physicians**

The Ladder empowers urban youth to become tomorrow's health, science and technology leaders. It was founded in North Minneapolis. Working together, Renee Crichlow, M.D., and her foundation funded scholars, Rose Olson and Allison Spicher, will spend the spring and summer preparing curriculum and a toolkit to expand The Ladder nationally.

#### **Educating Healthy Happy Mamas in Perham**

Working with the Foundation, Andrea Westby, M.D., and her team in Perham, will work to reduce rates of postnatal depression, social isolationism, and anxiety among new mothers and promote healthy lifestyles among young rural families. Happy Mama is funded by the Medica Foundation.



Cora Walsh, M.D., Foundation Research Scholar, sitting in the vibrant community garden near Broadway Family Medicine Clinic and North Memorial Residency Program

#### FP of Year Award - Continued from Page 1

Dr. Bracken and his wife, Susan, have been married for almost 40 years. The two met on the playground in first grade, but didn't start dating until high school. The couple raised four daughters and now have three grandchildren who they adore.

"Being a grandpa is the best thing I've done. That's the title I'm the most proud of," said Dr. Bracken.



Dr. Bracken with his grandson Sam.

Despite his busy schedule, nominators say Dr. Bracken has always found time to volunteer and pursue his many interests. He is a musician who shares his talents with the community by singing or playing guitar. He and his wife are part of a contemporary worship team that performs at weekly church services. He has also directed the Mille Lacs Community Christmas Choir every year since 1984.





Dr. Tom Bracken and wife Susan with their four daughters after a graduation ceremony.

"We do three benefit concerts every year. We're really good for how small we are," said Dr. Bracken.



Dr. Bracken travels to Haiti at least twice a year as part of a medical mission team.

In his free time, you will find Tom Bracken enjoying a good book or catching one of his favorite television shows. Every summer, he and a group of friends take a trip to the Boundary Waters Canoe Area or Quetico Park in Canada. He also serves as a volunteer physician making at least two trips to Haiti a year as part of a medical mission team. "I can't say I deserve this award because I do what hundreds of family physicians do every day in Minnesota," said Dr. Bracken. "But it has been wonderful to have my patients congratulate me and write letters supporting me."

The Family Physician of the Year award has been given annually since 1981. A video honoring Dr. Bracken's work can be found by visiting **www.mafp.org**.



Dr. Bracken received the 2015 MN Family Physician of the Year award on April 16th. Minnesota Family Physician | 15

#### SNAPSHOTS FROM THE ANNUAL MEETING ...

A victory for family medicine! AAFP President, Robert Wergin, M.D., was in Minnesota when it was announced that the flawed Medicare SGR had been repealed.







The MAFP would like to thank 2014-2015 MAFP President, Kurt Angstman, M.D., Rochester, for his leadership and dedication to the Academy. Dr. Angstman will continue to serve the MAFP as an AAFP Delegate and as Immediate Past President.

Maria Svetaz, M.D., Minneapolis, and Timothy Arnold, M.D., Aitkin, received the Degree of Fellow from the AAFP. The two were recognized before their peers at the Spring Refresher.





Family physicians give retiring EVP, Virginia Barzan, a standing ovation as she becomes a honorary lifetime member.



#### **Resident & Student Leaders**

**Erica Gathje, M.D.**, will serve as MAFP Resident Director, and Nelli Thomas, M.D., will be the Alternate Resident Director for 2015-2016. Both doctors are from the North Memorial Family Medicine Residency Program. Elizabeth Hillebrand, MS3, Mayo, will serve as the Student Director. Tony Huy Tien Nguyen, MS3, U of M - Twin Cities, and Kathryn Loppnow, MS1,U of M -Duluth, will serve as Alternate Student Directors.



Erica Gathje, M.D. Nelli Thomas, M.D. Elizabeth Hillebrand Kathyrn Loppnow

### **AAFP Leadership Conferences**

A delegation of family physicians and chapter leaders from Minnesota attended the Annual Chapter Leader Forum (ACLF) and the National Conference of Constituency Leaders (NCCL) April 30th through May 2 in Kansas



David Bucher, M.D., Maria Huntley, CAE, Dania Kamp, M.D., and M. Tariq Fareed, M.D., at the AAFP Leadership Conference in Kansas City, MO.

City, MO. ALCF is designed to help leadership develop their governance skills and learn about the newest association trends. NCCL is the AAFP's leadership and policy development event for women, minorities, new physicians, international medical graduates, and GLBT physicians.

#### **MAFP** Honored for Membership!

The MAFP received two membership awards at the AAFP ACLF and NCCL conferences on May 1st. The AAFP recognized the Minnesota AFP for the following membership achievements: Second Place (Large Chapters) award for Highest Percent Retention of Active Membership and Second Place (Large Chapters) award for Highest Percent Retention of New Physicians.

### **Committee Chairs Announced**

MAFP President, M. Tariq Fareed, M.D., has appointed the following committee chairs for the coming year:

Academic Affairs: Chair Andrew Slattengren, D.O. Communications & Member Services: Rosa Marroquin, M.D. CME: Michele Hanson, M.D. Finance: Raymond Christensen, M.D. Leadership Development: Kurt Angstman, M.D. Legislative: Sam Hanson Willis, M.D. Practice Enhancement & Patient Advocacy: Alan Olson, M.D. Research & Quality Improvement: Tanner Nissly, D.O.

## Bulletin Board

## **MN Physician Receives Childhood Immunization** Award from CDC

Patrick Zook, M.D., a St. Cloud family physician, was named a CDC Childhood Immunization Champion in recognition of his outstanding efforts to promote childhood immunization in Minnesota. After seeing cases of pertussis rise markedly in the area, Dr. Zook brought together medical professionals and



community partners to promote vaccination. The campaign included fliers for exam rooms, media outreach, booths at health fairs, and free pertussis vaccinations at pharmacies.



#### Save the Date! Oct 9-11

The Family **Medicine Midwest** conference will be held October 9 -11 at the



Loews O'Hare Hotel in Rosemont, Illinois. The conference is packed with topical peer-reviewed education and presentation sessions for faculty, residents and students along with social events! Network with your

family medicine friends from across the Midwest, plus employer exhibits and learning opportunities for everyone. For more information, to submit an abstract, or to apply for a medical student scholarship visit http://www.iafp.com/ family-medicine-midwest-conference.



### AAFP Top 10 Award

The U of M Medical School was once again recognized with an AAFP Top 10 Award for its contributions to the recruitment of family

physicians. The award was presented by AAFP President Robert Wergin, M.D., to department head Macaran Baird, M.D., MS, and a group of faculty, at the 2015 Society of Teachers of Family Medicine Annual Spring Conference.





## **AAFP National Conference**

The 2015 AAFP National Conference of Family Medicine

**Residents & Medical Students will** be held July 30 – August 1 (travel day July 29) in Kansas City, MO. Connect with peers who share your enthusiasm to explore the specialty, and gain valuable insight to form



your future in health care. Scholarships will be available for medical students. Visit www.mafp.org for an application. To learn more about this conference, visit http://www.aafp. org/events/national-conference.html.



#### **STFM Recognition Award**

University of Minnesota Family Medicine and **Community Health** 

department head, Macaran Baird, MD, MS, received the Lynn and Joan Carmichael Society of Teachers of Family Medicine Recognition Award on April 27 at their annual conference. The award honors Dr. Baird for his outstanding



leadership in advancing family medicine as a discipline.



### Free for Medical Students!

The MAFP will host Residency Opportunities & Procedure Workshops on September 19, 2015, at the Ramada Plaza Minneapolis. Medical students are invited to explore family medicine

residency opportunities & take part in hands-on procedure workshops. Brunch will be provided and you are welcome to bring a guest. There will be a drawing at 11:00 a.m. (you must be present to win) for great prizes! This event is an open house from 9:00 a.m. - 1:00 p.m. so you can arrive when you want and stay as long as you want (depending on how many workshops you want to pack in). To sign-up now, send an email with your contact information to Lisa Regehr at lregehr@mafp.org.



## **Family Physician Volunteers Needed for Diabetes Expo**

Family physicians are needed to volunteer in the "Ask the Expert" area at the American

Diabetes Association Expo at the Minneapolis Convention Center on Saturday, October 10. Please visit http://diabetesmn.wufoo.com/forms/diabetes-expo-hcp-volunteers/ to complete a Volunteer Interest Form.

# PRACTICE OPPORTUNITIES

Glacial Ridge Health System/Family Medicine or Internal Medicine Physician: An ideal balance between your professional and personal life. Provide comprehensive care in a clinical and hospital practice. ER coverage available, but not required. GRHS is a progressive 19 bed Critical Access Hospital with two clinics. Glenwood is a family oriented community with an excellent school system. Recreational opportunities include boating, hiking, excellent fishing and hunting. We are halfway between Fargo and the Twin Cities. For more information, call Kirk Stensrud, CEO, at 320-634-4521. Mail CV to Kirk Stensrud, CEO, 10 Fourth Ave SE, Glenwood, MN 56334 or submit online at kirk.stensrud@gladicalridge.org.

Western Wisconsin (Amery and New Richmond): HealthPartners is seeking exceptional BC/BE family medicine physicians (with or without OB) for growing rural communities in western Wisconsin. These positions offer a traditional family medicine practice in small-town rural settings, with the security and stability of a large medical group. Both locations are within an hours' drive of the Twin Cities. HealthPartners continues to receive nationally recognized clinical performance and quality awards. We offer a competitive salary, an excellent benefit package and a commitment to providing exceptional patient-centered care. For more information, contact diane.m.collins@healthpartners.com or call Diane @ (952) 883-5453. Tollfree: (800) 472-4695 x3. Apply online at www.healthpartners.com/careers. EOE

Physician owned Gateway Family Health Clinic, Ltd seeks a Family Medicine physician to join our new Hinckley clinic. 3-4 day week practice with shared hospital call. Full-scope primary care and clinic OB practice (option for colleagues to cover OB call). Generous salary with sign-on and retention bonus, outstanding benefits, 15% retirement contribution. Shareholder opportunities available. Clinics located in Moose Lake, Sandstone and Hinckley are centrally located between Mpls/St. Paul and Duluth. The area provides an excellent family focused, quality of life opportunity in a rural setting with good public schools, abundant lakes, rivers, state parks, and ideal hunting. Contact Eric Nielsen at 218-485-2000 / enielsen@gatewayclinic.com

Fairview Health Services is seeking full-time as well as per-diem moonlighters to work in urgent care, providing care in the communities of Andover, Bloomington, Brooklyn Park, Eagan, and St. Paul. Hours: Monday-Friday, 8am - 10pm; Saturday, 8am - 10pm; Sunday, 10am - 8pm. The acuity at these facilities is moderate with physicians providing a broad spectrum of non-emergent care for minor illness and injury. All hospital admissions are referred to the physician on-call for these practices. Moonlighters are needed for a variety of shifts at these urgent cares and at other Fairview clinics in the metro area. Hours vary by site. Volume fluctuates seasonally. Candidates must be BE/BC in Family Medicine or Internal Medicine/Pediatrics. Please contact recruitl@fairview.org for additional information or call 800-842-6469. EEO/ AA Employer We are actively recruiting exceptional full-time **BE/BC Family Medicine physicians** to join our primary care team at the **HealthPartners Central Minnesota Clinics - Sartell**. This is an out-patient clinical position. Previous electronic medical record experience is helpful, but not required. We use the Epic medical record system in all of our clinics and admitting hospitals. Our current primary care team includes family medicine, adult medicine, ob/gyn and pediatrics. Several of our specialty services are also available onsite. Our Sartell clinic is located just one hour north of the Twin Cities and offers a dynamic lifestyle in a growing community with traditional appeal. HealthPartners Medical Group continues to receive nationally recognized clinical performance and quality awards. We offer a competitive compensation and benefit package, paid malpractice and a commitment to providing exceptional patient-centered care. Apply online at www. healthpartners.com/careers or contact diane.m.collins@healthpartners.com. Call Diane at 952-883-5453; toll-free: 800-472-4695 x3. EOE

Outpatient Family Medicine Opportunity at Winona Health in Winona, MN - Winona Health is seeking a Family Medicine physician to join our outpatient team. Full-time, employed position providing newborn to geriatric services (no OB). Work in a team model with Associate Providers. Enjoy primarily back up home call, modern facility with state-of-the-art equipment and technology, including fully integrated EMR, Dragon, Dynamic Documentation and competitive salary and benefits package. To learn more contact Cathy Fangman - 507.301.2296, cfangman@winonahealth.org or www. winonahealth.org.

Cuyuna Regional Medical Center (CRMC) is seeking Family Medicine physicians for its growing multi-specialty clinic. Located in a resort community in central Minnesota, CRMC was named as one of 150 Best Places to Work in Healthcare by Becker's Hospital Review. Outpatient practice with or without OB. Practice with 10 FM colleagues and 3 PA's. Locally based subspecialty providers in cardiology, OB/GYN, orthopaedics, urology, oncology, surgery and more. Very competitive comp & benefit package, generous signing bonus, and relocation. Within two hours of Mpls/St. Paul you will find a collegial and professional fit in Crosby. To learn more, contact Todd Bymark at 218-546-4322 or tbymark@cuyunamed.org or see us at www.cuyunamed.org.

Essentia Health is seeking full time Family Medicine physicians (with or without OB-depending on location) to join our growing multi-specialty clinics. Locations include: MN- Ada, Aurora, Detroit Lakes, Duluth (float pool), Fosston, Graceville, Grand Rapids, Hibbing, Park Rapids, Virginia: ND-Fargo, Jamestown, Valley City, Wahpeton: WI-Ashland, Spooner, Superior. These positions offer a base salary with incentives and a competitive benefit package. Essentia Health offers stipends to residents. Certain locations offer NHSC loan repayment. To find out more contact Jodi Lorenson, Physician Recruiter, 701-364-8022, Jodi.lorenson@essentiahealth.org. Or visit us at www.careers.essentiahealth.org.

**Riverwood Healthcare Center** - A state of the art facility equipped with the latest technology for patient care, designed to enhance health and healing. We are a fully integrated multi-specialty clinic with three primary care clinics. Featuring all private hospital rooms, a deluxe birthing center and state-of-the-art ICU. We have an opportunity available (with or without OB) to practice the full spectrum of Family Medicine within a 4-day work week, and a minimal call schedule (full call 1:30 and back up call for NP Nocturnist 1:10). It is our goal to help you achieve a positive work/life balance while pursing your professional aspirations. Join our growing practice of over 35 physicians, specialists and surgeons, which includes the 2013 Minnesota Family Physician of the Year. To learn more, visit our website at www.riverwoodhealthcare.org or call Tanya Pietz at 218-927-5587 or email tpietz® riverwoodhealthcare.org.

Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, Marshall and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information, please contact Kari Lenz, Physician Recruitment, 320-231-6366 or e-mail karib@acmc.com. Website: www.acmc.com.

Douglas County Hospital is seeking an emergency medicine or primary care specialty with emergency department experience to join our progressive team. Full-time, 12-hour shifts; 16.000 emergency department visits annually; Level III trauma designation: new/remodeled facility in 2010; committed to quality. evidence-based care and exceptional patient satisfaction; Class of 2001 and 2008 top 100 Hospitals in Nation; competitive compensation and benefits package, paid malpractice, CME, relocation, retirement plan and more. Contact Eddie Reif, ereif@dchospital.com, 320-762-6194.

North Memorial is presently recruiting BC/BE family medicine physicians. We strongly promote primary care physician practice opportunities with our owned and associated clinics; including those that are physician owned, joint ventures and hospital owned. Which means you can choose from large or small and multi or single specialty practice options in metro, suburban or rural locations. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter. North Memorial Medical Center. 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 581-2986. E-mail: mark.peterson@northmemorial. com Website: www.northmemorial.com

**Urgent Care Moonlighting Opportunity in Minneapolis:** Independent physician-owned urgent care clinic located conveniently near Uptown in Calhoun Village Shopping Center on W. Lake Street, seeking moonlighting physicians! Flexible hours, great location, friendly staff, competitive pay! Call Niki at 612-229-1072 or email fastcareoftcmc@gmail.com. Please visit our website at www.twincitiesmedicalclinic.com.

**CentraCare Health** seeks Family Medicine physicians to provide fullspectrum care in the Central Minnesota community of Long Prairie. Enjoy loan repayment and sign-on bonus benefits. OB is desired but not required. Health system outreach resources available. Physicians back up advanced practice providers in clinic and ER. The opportunity to participate in medical student and residency training. Critical access hospital. nursing home, dementia unit, independent living apartments and clinic under one roof. Excellent educational opportunities abound in family-friendly lakes area. Contact: Cassie Tinius. Physician Recruiter, 1-800-835-6652, ext. 57085; tiniusc@centracare.com; www.centracare.com Fairview Health Services seeks Family Medicine physicians to join us. Whether your focus is work-life balance or participating in clinical quality initiatives, we have an opportunity that is right for you. Our physicians are champions, pioneers and practitioners of new models of care in todays ever-changing health care environment. Choose inpatient/outpatient practice or outpatient-only practices; optional OB. Experience exceptional practice support including accessible specialist consultations and onsite lab and radiology. We offer urban and suburban practices in and around the Minneapolis/St. Paul area as well as rural practice opportunities. Work and live in vibrant communities such as Andover, Apple Valley, Blaine, Elk River, Hibbing, Lakeville, Minneapolis, New Brighton, North Branch, Pine City, Rogers, St Paul and Wyoming. Our Family Medicine opportunities qualify for either a Resident Stipend or Medical School loan forgiveness. Joins us in delivering exceptional care every day. Visit www.fairview.org/physicians to explore our available opportunities. Contact us at 800-842-6469 or recruit1@ fairview.org. EEO/AA Employer 

Leading the way in innovation. Fairview Health Services is seeking a Family Medicine physician to provide outpatient primary care services at Fairview Clinics - Eden Prairie. Providers see an average of 20-22 patients per day, and there is the opportunity to perform procedures. As part of our participation in the Pioneer Accountable Care Organization (ACO), the physicians use a team approach in managing clinical care. Our Family Medicine opportunities qualify for either a Resident Stipend or Medical School Ioan forgiveness. Visit www.fairview.org/physicians to explore this and other opportunities. Contact us at 800-842-6469 or recruitl@fairview.org. EEO/AA Employer

Olmsted Medical Center, a 220 - clinician multi-specialty clinic with 10 outlying branch clinics and a 61 bed hospital, continues to experience significant growth. Olmsted Medical Center, rated in 2012, 2013, and 2014 as one of Minnesota's top workplaces, is seeking BC/BE Family Medicine physician to join our multi-specialty team for our clinic in Spring Valley, MN (27 miles south of Rochester). This is a beautiful new clinic building ,with established patients, and is adjacent to a Nursing Home. Olmsted Medical Center provides an excellent opportunity to practice quality medicine in a family oriented atmosphere. Olmsted Medical Center is best known for its convenient, quality personal primary care. The Spring Valley community offers small town charm with a historic downtown and community theatre. Golf, camp, fish, hunt, and bike within the beautiful surrounding prairies, bluffs and state parks. Contact Deb Cardille (507) 529-6748, dcardille@ olmmed.org to hear more about this great opportunity and visit our story at www.olmstedmedicalcenter.org

Lakewood Health System is seeking to expand the care team for its progressive and patient-focused clinics and hospital. Located in Staples, Minnesota, Lakewood is an independent, growing healthcare system with five primary care clinics, a critical access hospital and senior living facilities. Practice consists of 14 family medicine physicians and 10 advanced practice clinicians, as well as a variety of on-staff specialists. Competitive salary and benefits. Relocation and sign-on bonus available. Positions available: Family Medicine - Full-scope practice available (ER, OB, C-Section, Hospitalist, Clinic); Internal Medicine - Hospitalist opportunity available; no call; Emergency Medicine. Contact Brad Anderson at 218-894-8587 or bradanderson@ lakewoodhealthsystem.com.



Minnesota Academy of Family Physicians 600 South Highway 169, Suite 1680 St. Louis Park, MN 55426

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Kari Lenz, Physician Recruitment | karib@acmc.com | (320) 231-6366 |

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