

UNIVERSITY OF PITTSBURGH

OSHER LIFELONG LEARNING INSTITUTE



OLLI **at** PITT

A learning community of
adults 50 and better.

FALL 2015 Course Catalog

NEW MEMBERS WELCOME
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NO COLLEGE EXPERIENCE REQUIRED!
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REGISTRATION OPENS
JULY 28, 2015

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LOOK INSIDE FOR **NEW**
EXCITING COURSES!





Welcome to the Fall 2015 Term

of the Osher Lifelong Learning Institute
at the University of Pittsburgh

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SCHEDULE-AT-A-GLANCE3

OLLI COURSES cover a wide variety of topics and are taught by current and retired faculty and community experts. Courses usually meet once a week.

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Fall Term 2015 Dates and Deadlines

Important dates for OLLI (see audit section for additional dates):

August 12.....	Fall Open House (<i>morning</i>)	October 19.....	Fall break, no audit classes (<i>Audit Monday classes meet Tuesday, no Tuesday audit classes this week</i>)
August 12.....	Fall Open House (<i>evening</i>)	October 19.....	Session 2 OLLI courses begin
August 31.....	Classes for audit begin	November 25-29.....	Thanksgiving recess, no University classes
August 31.....	Session 1 OLLI courses (<i>Monday only</i>) begin	November 26-27.....	University closed
September 7.....	University closed (<i>Labor Day</i>)	December 11.....	Fall term ends for audit courses
September 8.....	Session 1 OLLI courses begin (<i>Tuesday through Saturday</i>)		
September 11.....	Add/drop period ends; final day to register for audit courses		

Have questions?

Go to our Web site cgs.pitt.edu/osher
E-mail osher@pitt.edu
Call 412-624-7308

Osher Lifelong Learning Institute (OLLI) Fall Term 2015, OLLI Courses by Session

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SESSION 1: AUGUST 31 (MONDAYS), SEPTEMBER 8 (ALL OTHER DAYS) – OCTOBER 10 (FIVE WEEKS) <i>Monday classes start August 31, no Monday class September 7 or 14, end October 12; Wednesday classes will not meet September 23, end October 14, Friday classes will not meet October 2, will end October 16. Instructor names listed in parentheses.</i>				
<p>9:30–11:50 a.m. Exploring Different Color Palettes in Watercolors (Bergstrom)</p> <p>10–11:50 a.m. The Story of Pittsburgh's Forests** (Cornell) <i>The Tempest</i> (September 21, 28, October 5, 12) (Stanford)</p> <p>The Writing Circle: Write Now! DG (Botkin)</p> <p>Noon–1:50 p.m. Beginner Conversational Italian 1 (Hertz)</p> <p>1–2:50 p.m. Advanced Beginner Spanish (Farber)</p> <p>Art of the Portuguese Empire (R. Miller)</p> <p>How Did Jesus Become a God? New Debates in the History of Early Christianity (Denova)</p> <p>Lyricists of Tin Pan Alley (Marcus)</p>	<p>10–10:50 a.m. Get Strong, Get Fit, Get Moving! (Dyjak)</p> <p>10–11:50 a.m. French for Travelers (Sendek-Sapp)</p> <p>Cuba: From Columbus to Fidel to Raul to ...? (Juves)</p> <p>Media and American Politics in the Television Age (Francis)</p> <p>11–11:50 a.m. Get Strong, Get Fit, Get Aerobicized! (Dyjak)</p> <p>Noon–12:50 p.m. T'ai Chi Ch'uan, Level 3 (Swartz)</p> <p>1–2:20 p.m. Behind the Headlines</p> <p>1–2:30 p.m. Singing for Fun** (six weeks) (Rapp)</p> <p>1–2:50 p.m. Advanced Intermediate French: Simply Conversation (Sendek-Sapp)</p> <p>Edgar Allen Poe, American Author (Johnson)</p> <p>"Pass" from Kitchen Bridge to Duplicate Bridge DG (Caplan)</p>	<p>9:30–11:50 a.m. Oriental Landscape and Flower Painting (Bergstrom)</p> <p>10–10:50 a.m. Anatomy of Yoga (Calero/Reifer)</p> <p>10–11:50 a.m. Jazz Sampler (Wilson)</p> <p>Minerals of the Museum** (Clare)</p> <p>Modeling Hard Decisions (Robles)</p> <p>Race, Racism, and Racial Justice (Hawkins)</p> <p>The Jewish Responses to Modernity (Orbach)</p> <p>1–2:50 p.m. Air Pollution, Health, and Making a Difference for Your Children and Grandchildren (GASP)</p> <p>Bible and Archaeology (Kossowsky)</p> <p>Fall is for Gardening (Oster)</p> <p>Poetry, Past and Present (Erbe)</p> <p>1:30–3:20 p.m. Visual Journaling with Collage and Mixed Media** (Rosenthal)</p>	<p>10–10:50 a.m. T'ai Chi Ch'uan, Level 1 (Swartz)</p> <p>10–11:50 a.m. Advanced Conversational Spanish (Juves)</p> <p>Introduction to Drawing with Mixed Media (Stoeckle)</p> <p>Issues in Intergovernmental Relationships (Ochs)</p> <p>Italian 2: Conversational Italian (Hertz)</p> <p>11–11:50 a.m. T'ai Chi Ch'uan, Level 2 (Swartz)</p> <p>11 a.m.–12:50 p.m. The Birth of Opera and the Brilliant Baroque (Croan)</p> <p>Noon–1:50 p.m. Italian 4: Conversational Italian (Hertz)</p> <p>1–2:50 p.m. Adaptations in Spanish Filmmaking (Medina)</p> <p>Beginner Spanish (Farber)</p> <p>Genetics in the News (Estop)</p> <p>1:35–3:15 p.m. The Battle Over the "Real" Stories of Historic Events (Mayo)</p>	<p>10–11:50 a.m. Appalachian Dream/ Appalachian Nightmare (Mendelson)</p> <p>Intermediate Conversational French: Speaking in the Present Tense (Sendek-Sapp)</p> <p>Stress and Your Life (Duquin)</p> <p>10 a.m.–12:20 p.m. Politics of Social Protection (September 11, 18, 25, October 16) (Vazquez-D'Elia)</p> <p>1–2:50 p.m. Music of the Civil War (Casey)</p> <p>The Psychology of Book Covers (Kappel)</p> <p>1–3:50 p.m. Hollywood Movies: The Renaissance (Blank)</p> <p>2–3:50 p.m. Using the Press/Print Portfolio (Walter)</p> <p>SATURDAY 10–10:50 a.m. Zumba Gold® (Sobek)</p> <p>11 a.m.–12:50 p.m. Photo Learning on the Go!** (Watkins)</p>
SESSION 2: OCTOBER 19–NOVEMBER 21 (FIVE WEEKS) <i>Instructor names listed in parentheses.</i>				
<p>9:30–11:50 a.m. Exploring Different Color Palettes in Watercolors*</p> <p>10–11:50 a.m. History and Foundations of Genetics (Juves)</p> <p>Intersections Between Faith and Atheism (October 26–November 23) (Bahler)</p> <p>Introduction of Latin American Politics (Vazquez-D'Elia)</p> <p>Noon–1:50 p.m. Beginner Conversational Italian 1*</p> <p>1–2:50 p.m. Advanced Beginner Spanish* Doo Wop Music DG (October 19, 26, November 2) (S. Miller)</p> <p>Facebook and Twitter and Texting, Oh My! (Snyder/Ramey)</p> <p>The Arts Under the Medici in Florence (R. Miller)</p> <p>1–3:30 p.m. Better Choices, Better Health DG (CCAC)</p>	<p>10–10:50 a.m. Get Strong, Get Fit, Get Moving!*</p> <p>10–11:50 a.m. French for Travelers* Heroes (Irvine)</p> <p>Ladies Wielding Pens: Modern Plays By Women (Reed)</p> <p>11–11:50 a.m. Get Strong, Get Fit, Get Aerobicized!*</p> <p>Noon–12:50 p.m. T'ai Chi Ch'uan, Level 3*</p> <p>1–2:50 p.m. Advanced Intermediate French: Simply Conversation* Climate Change: Science, Impacts, and Policies (Mitchell)</p> <p>Five Perspectives on Music (Chamis)</p> <p>How to Be Smart With Your iPad (Fitzgibbon)</p> <p>Learning to Manage Your Finances (Semper)</p>	<p>9:30–11:50 a.m. Oriental Landscape and Flower Painting*</p> <p>10–10:50 a.m. Anatomy of Yoga*</p> <p>10–11:50 a.m. Contemporary Immigrant Experience (Mendelson)</p> <p>Johannes Brahms: Revolutionary or Reactionary? (October 21, 28, November 4, 11) (Cantor)</p> <p>12:15–3:15 p.m. Five Days with Dustin (Hoffman) (Shifren)</p> <p>1–2:50 p.m. Keywords in Latin America (Medina)</p> <p>Palestine Speaks: Narratives of Life Under Occupation (Boas)</p>	<p>10–10:50 a.m. T'ai Chi Ch'uan, Level 1*</p> <p>10–11:50 a.m. Advanced Conversational Spanish (Farber)</p> <p>Introduction to Drawing with Mixed Media*</p> <p>Italian 2: Conversational Italian*</p> <p>Stories of the Sea (Reinherz)</p> <p>The Symphony (Hunt)</p> <p>11–11:50 a.m. T'ai Chi Ch'uan, Level 2 *</p> <p>11 a.m.–12:50 p.m. The Syrian Civil War (Michelmoro)</p> <p>Noon–1:50 p.m. Italian 4: Conversational Italian*</p> <p>1–2:50 p.m. Beginner Spanish*</p> <p>How to Be Smart With Your iPhone (Fitzgibbon)</p> <p>Understanding Seniors Health Insurance (Veazey)</p> <p>What to Eat...for Health and Enjoyment? (Dodd)</p> <p>Writing as a Spiritual Journey (McMillan)</p>	<p>10–11:30 a.m. Meet the Authors</p> <p>10–11:50 a.m. Multiple Illiads, One Homer (Floyd)</p> <p>Intermediate Conversational French: Speaking in the Present Tense*</p> <p>Sexuality and Relationships (Frieze)</p> <p>1–2:50 p.m. <i>Best American Short Stories 2015</i> (Reger)</p> <p>Zentangle®: Meditative Drawing (Schneider)</p> <p>SATURDAY 10–10:50 a.m. Zumba Gold*</p>

*Continued from Session 1 **Course held off-campus; see course description for location **DG** = Discussion Group

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**waiver required

OLLI COURSE DESCRIPTIONS

Session 1: August 31–October 10 (five weeks)

(Note: Monday classes will start August 31, will not meet on September 7 or 14, and will end on October 12; Wednesday classes will not meet on September 23 and will end October 14; and Friday classes will not meet on October 2 and will end on October 16.)

MONDAY

Please note: Monday courses will start on August 31 and will not meet on September 7 or 14. Monday courses will end October 12.

9:30–11:50 a.m.

Exploring Different Color Palettes in Watercolors

Elaine Bergstrom

(Note: This course runs 10 weeks.)

This course helps the student develop a wider range of palette choices and how to pick colors to make a harmonious and expressive painting.

10–11:50 a.m.

The Story of Pittsburgh's Forests

Mike Cornell

(Note: This course meets at the Frick Environmental Center classroom near the Blue Slide Park in Frick Park at the corner of Beechwood Boulevard and Nicholson Street.)

No matter where you are in Pittsburgh, you are in a forest. In this class, students of all experience levels explore, connect to, and discover the Pittsburgh's forests. Students uncover our region's geological and cultural history as reflected in the woods of Frick Park. Students learn journaling techniques to help identify trees and read the forested landscape. Participants need a journal and pencil. Waterproof journals will be available to buy during the class for \$5. There will be some moderate walking on hilly and uneven terrain.

The Tempest

Alan Stanford

(Note: This course runs four weeks, September 21, 28, October 5, and 12.)

Shakespeare's enchanted isle is less than enchanting to those brought there by storm and sea. Conjured up by the magician Prospero and his spirit-servant, the storm brings him kings, princes, and old grievances. Upon his guests' unceremonious arrival, in a perfect mixture of comedy and pathos, old wounds are healed and young love prospers in this brave new world. One of the Bard's last works, this play is rich in language and beauty, and is perfect for audiences of any age. Director Alan Stanford dissects the play each week. Students have the option of attending a show on October 13, at 7 p.m. Tickets are required to attend the show. More details about the performance will be included in your confirmation.

The Writing Circle: Write Now! (Discussion Group)

Mimi Botkin

This discussion group focuses on different modes of writing: narrative, memoir, nonfiction, and poetry. Guided by prompts presented by the facilitator, members write and share that writing with others, receiving feedback. These writing starters can then, if the author chooses, grow into longer pieces.

Noon–1:50 p.m.

Beginner Conversational Italian 1

Angela Hertz

(Note: This course runs 10 weeks. Students may register for only one level of Italian.)

Learn Italian today through a fun and interactive, conversational methodology, that gives everyone a chance to communicate and improve their basic Italian skills. Throughout this course, you learn basic vocabulary and grammar, along with lots of cultural facts and interesting information about Italy, with ease and comfort, as you are guided through the language. If you have given up on language learning because it is too difficult or too rote, join this class, and you won't be disappointed! This course is meant for those who have never studied Italian before or have a little knowledge of the Italian language and would like to learn more.

1–2:50 p.m.

Advanced Beginner Spanish

Nancy Farber

(Note: This course runs 10 weeks. Students may register for only one level of Spanish.)

This is a course for students who have advanced beyond a beginning knowledge of Spanish and wish to further refine speaking, listening, and reading comprehension skills. Classroom practice focuses on the use of complex grammar, syntax, and vocabulary.

Art of the Portuguese Empire (1400-1800)

Rachel Miller

The 15th and 16th centuries saw Portugal expand from a small kingdom perched on the western end of Europe to a global naval empire based on trade. Portuguese exploration ushered in a new age characterized by the global circulation of knowledge, technology, and luxury goods. Portugal's global dominance created profound cultural changes that endured long past the empire's prime. In this course, we trace the artistic legacy of Portugal and examine the results of Portuguese artistic interaction with the inhabitants of Africa, India, China, Japan, and Brazil.

How Did Jesus Become a God? New Debates in the History of Early Christianity

Rebecca Denova

The deification of Jesus was a turning point in the Western religious and cultural traditions, while at the same time, a continual stumbling block for non-Christian understanding. This is particularly problematic when integrated into the Christian claim that Christianity is a monotheistic religion. Recently, there has been a plethora of books examining the origins of Jesus as a god, with scholars polemically responding to each new theory. Bart Ehrman, *How Jesus Became God: The Exaltation of a Jewish Preacher from Galilee* (2014), was quickly followed by Michael Bird and Craig Evans, *How God Became Jesus, The Real Origins of Belief in Jesus' Divinity: A Response to Bart Ehrman* (2014). We examine the origins and history of the deification of Jesus, weighing what passes for historical evidence (and what does not), and hopefully emerge from this maze with some new insights.

Lyricists of Tin Pan Alley

Linda Marcus

This course examines the lyrics and lives of Irving Berlin, Oscar Hammerstein II, Larry Hart, Ira Gershwin, Dorothy Fields, Cole Porter, and Johnny Mercer. Their names have become synonymous with Tin Pan Alley and they are considered the giants of that period. Their music, loved by millions during their lifetime, still plays a part in our daily lives and has helped to pave the way for future generations of lyricists. They remain significant figures in the history of popular American music.

TUESDAY

10–10:50 a.m.

Get Strong, Get Fit, Get Moving!

Lucinda Dyjak

(Note: This course runs 10 weeks.)

Pilates, weight training, and Alexander Technique are all hot trends and healthy exercise—and hard to come by in just one course. This unique program draws from all these fields as well as others to provide an overall conditioning workout. All muscle groups gain strength, not bulk, and the stretching component enhances both physical and mental fitness. Wear comfortable, non-restrictive clothing. Members may only register for one of the Get Strong, Get Fit courses.

10–11:50 a.m.

French for Travelers

Cathleen Sendek-Sapp

(Note: This course runs 10 weeks.)

This course is designed for students with little or no prior knowledge of French to help them acquire basic knowledge of the language. Emphasis is on how to pronounce the French they may visually encounter during their travels. Students

also have a chance to practice mastering useful phrases and language structures (numbers, days of week, etc.) to help them communicate in travel situations.

Cuba: From Columbus to Fidel to Raul to...?

Jose Juves

Cuba and the U.S. have had an intimate relationship on and off for long periods of time. While the impact has been felt more strongly on Cuba than in the U.S., the island holds a special place in the minds of many Americans. The course retraces the history of the island, from its discovery in 1492 to the most recent developments. Items such as geography, natural resources, legacy of colonialism, U.S. influence, the role of the former Soviet Union, and the successes and failures of the Revolution are covered.

Media and American Politics in the Television Age

Katherine Francis

The media reports on politics, but how does the media influence politics? We discuss that question in this course, focusing on changes in media-politics relationships that occurred after the advent of television and with other changes in mass communication (such as the internet and social media). The class draws on historic examples, media clips, and group discussion to better understand the relationship between the media and U.S. politics.

11–11:50 a.m.

Get Strong, Get Fit, Get Aerobicized!

Lucinda Dyjak

(Note: This course runs 10 weeks.)

This program draws from principles of weight training, the Pilates technique, and others to provide an overall conditioning workout leading to better balance and greater bone density. As a bonus, this course also includes 15–20 minutes of low-impact aerobics or interval training with one-minute segments of aerobic activity. All muscle groups gain strength, not bulk, and the stretching enhances both physical and mental fitness. Wear comfortable, nonrestrictive clothing. Members may only register for one of the Get Strong, Get Fit courses.

Noon–12:50 p.m.

T'ai Chi Ch'uan, Level 3: Completion of the First Section of the T'ai Chi Form

Stanley Swartz

(Note: This course runs 10 weeks.)

The first section of the T'ai Chi form is a complete exercise in itself. This course is designed for students who have completed T'ai Chi Ch'uan Level 2 a minimum of two times. Members may only take one T'ai Chi course.

1–2:20 p.m.

Behind the Headlines

Hear from *Pittsburgh Post-Gazette* writers, editors, and columnists who share their experiences and insight on wide-ranging topics. Each week, a different *Post-Gazette* staffer speaks on the aspects of his or her specialty. You read the newspaper; now get a glimpse of the processes that go into producing it. Are there limits on what is printed? How is a world's worth of news pared down and produced every day, seven days a week? How has the Internet affected news reporting and readership? Meet the people who create the lens through which we see the world.

1–2:30 p.m.

Singing for Fun

Connie Rapp

(Note: This course runs for six weeks and ends on October 13. It meets at the Friends Meeting House, 4836 Ellsworth Avenue in Oakland, within walking distance of campus. There is free parking for use during class.)

Whether you have choral experience or are just finding your singing voice, experience the joy of singing. The goals are to relax, have fun, and learn while singing two-and three-part harmony. The class sings traditional choral favorites as well as arrangements of Broadway songs. No prior experience is necessary, just the desire to participate!

1–2:50 p.m.

Advanced Intermediate Conversational French: Simply Conversation

Cathleen Sendek-Sapp

(Note: This course runs 10 weeks.)

This course is designed for those who have already taken several French courses and are interested in strengthening their speaking abilities and comprehension. Each week's lesson centers on a selected topic or everyday situation with the goal of building and recalling useful vocabulary. Strategies for expressing yourself in French when words are lacking also are explored. The class is conducted for the most part in French.

Edgar Allen Poe, American Author

Cliff Johnson

Poe was the greatest innovator in literary history. He invented the horror genre, the detective story, science fiction, and even the fabricated footnote. The French symbolist poets hailed him as a mentor. He gave us insights into the obsessive-compulsive personality and the psychology of addiction. The *Poetic Principle* provides the ideology for poets who have no idea that they are even in his debt. His depictions of sexual pathology make us squirm even today.

“Pass” from Kitchen Table Bridge to Duplicate Bridge (Discussion Group)

Paul Caplan

You already play bridge. Transition to duplicate bridge and no longer need a fourth (or third or second), find a bridge game locally or anywhere in the country, make new friends, and develop new skills. Learn the rules, mechanics, equipment, scoring, how to get a partner, and how to find a bridge game. No bridge play in class.

WEDNESDAY

9:30–11:50 a.m.

Oriental Landscape and Flower Painting

Elaine Bergstrom

(Note: This course runs 10 weeks.)

Learn the basics of landscape oriental painting: pines, trees, rocks, and mountains and then the techniques and styles of painting the peony, camilla, iris, and koi fish.

10–10:50 a.m.

Anatomy of Yoga

Monica Calero and Cathy Reifer

(Note: This course runs 10 weeks.)

There is no denying that a yoga practice has multiple benefits, especially for older adults, from healthy bones to flexibility to anxiety relief. However, beginning a yoga practice as an older adult can be intimidating particularly if there are any health conditions or the person is out of shape. This introductory course is designed to teach yoga in a safe environment and to learn through anatomy lectures how to avoid getting injured and how to design a 15-minute personal yoga practice that meets individual needs. Participants should wear comfortable, loose fitting clothing and bring a yoga mat.

10–11:50 a.m.

Jazz Sampler

John Wilson

Each lecture takes an in-depth look at five jazz topics, some of which have never been examined before. Topics include ragtime and Dixieland, third stream jazz, unusual instruments of jazz, jazz during WWII, and jazz in the movies. These topics are examined by using rare video clips and recordings.

Minerals of the Museum

Harlan Clare

(Note: This course meets at the Carnegie Museum of Natural History.)

Have you ever wondered which minerals are used to make products? Come join us at the Carnegie Museum of Natural History to learn about minerals. Tour the world-renowned Hillman Hall of Minerals and the Wertz Hall of Gems. Participate in hands-on activities and demonstrations while

learning how and why minerals are different and how they are used. Find out how minerals can be altered to increase their value and how to detect a man-made mineral.

Modeling Hard Decisions

Cristina Robles

The objective of this course is to explore the field of decision theory. We approach the course both from a quantitative as well as a qualitative perspective. This course builds off the decision theory lecture from the Fun with Algorithms course. In addition to decision trees, we also examine the psychology of decision making.

Race, Racism, and Racial Justice

Paul Hawkins

It is no secret that in 2015, race has been a defining feature of American life, just as it has been for the past four hundred years. Less obvious is why. In this course, we dig more deeply to understand race, racism, and racial justice, reflecting on how we can respond to its impact in our communities and in our lives.

The Jewish Responses to Modernity

Alex Orbach

Our focus this term is on the Jewish community from the 18th century forward as it sought to come to terms with the challenges posed by the new realities associated with the Enlightenment and its aftermath. We focus on specific Jewish thinkers as we study how they understood these new developments and what solutions or responses they offered to them.

1–2:50 p.m.

Air Pollution, Health, and Making a Difference for Your Children and Grandchildren

Group Against Smog and Pollution (GASP)

What role do you play in providing clean air for all our children and grandchildren? Air pollution, one of the primary causes of climate change, is also a cause of asthma, lung diseases, and other health-related issues (that particularly affect young people). Air quality professionals from GASP (Group Against Smog and Pollution) and other experts examine air pollution in Allegheny County and the effect it has on all our lives. You learn about the main air pollutants affecting human health, the sources of those pollutants, and what is being done locally to reduce pollution. You also learn how to advocate for healthy air, including receiving information about regulatory agencies, public hearings, community monitoring opportunities, and more. You can do your part to clean up the air and minimize health and environmental effects of air pollutants.

Bible and Archaeology

Ram Kossowsky

Following an introduction of archaeological methods and the controversy regarding the time line of ancient Israel, we attempt to answer the all-important question: When does the history of Ancient Israel begin? We first examine the story of Exodus.

We then answer the question—who were the early Israelites and where did they come from (the ethnogenesis of Israel)? We then discuss the evolution of the Semitic Alphabet. We devote the remainder of the course to the discussion of the Philistines: Who were they and from where did they come? We also discuss the phenomenon of the Sea People.

Fall is for Gardening

Doug Oster

Fall is the most important season for gardening. We cover planting perennials, bulbs, trees, and shrubs. The course also includes how to put the garden to bed, what to do with the lawn, show how to extend the season, and more. The course is a comprehensive guide to fall gardening.

Poetry, Past and Present

Arthur Erbe

The poetry of the present is closely related to what has been written in the past; the course includes many poems from earlier time periods and compares them with present day poems. The comparisons may deal with subject matter, speaker's point of view, setting, and how the poems are structured.

1:30–3:20 p.m.

Visual Journaling with Collage and Mixed Media

Ann Rosenthal

(Note: This course meets at the instructor's studio, 431 Dargan Street, Pittsburgh, PA 15224.)

In this hands-on studio class, you combine imagery and text to convey your life experiences, interests, and observations. We explore visual approaches, themes, and materials and techniques, including idea and image generation, page design, collage, and mixed media. Learn how to transform the fragments of your life and personal history into an integrated and unique visual journal. No experience needed; all experience levels welcome!

THURSDAY

10–10:50 a.m.

T'ai Chi Ch'uan, Level 1: The Eight Methods of T'ai Chi

Stanley Swartz

(Note: This course runs 10 weeks.)

T'ai Chi is an ancient Chinese form of exercise that builds strength, balance, and flexibility. It improves posture through slow, fluid movements combined with mental imagery and deep breathing. Research has shown it reduces the risk of falls, lowers blood pressure, and reduces the pain and stiffness of arthritis. Other studies indicate the practice of T'ai Chi improves heart and blood vessel function in both healthy people and those with heart conditions. Eight simple but challenging movements introduce basic principles of T'ai Chi. This level may be repeated a number of times. Members may only take one T'ai Chi course.

10–11:50 a.m.

Advanced Conversational Spanish

Jose Juves

(Note: Students may register for only one level of Spanish.)

This course is for members with advanced Spanish language skills who wish to continue to practice reading, speaking, and listening. Weekly readings on a variety of topics provide the basis for group discussion.

Introduction to Drawing with Mixed Media

Lisa Stoeckle

(Note: This course runs 10 weeks.)

This course introduces students on learning how to draw and represent what they see through studies and practice in contour drawing, perspective, positive/negative space, and value. We explore these techniques using pencil, charcoal, and pastels.

Issues in Intergovernmental Relationships

Jack Ochs

When states form a union they sacrifice some powers of control over affairs that affect their own citizens. This was true both in the formation of the United States and the European Union. Conflicts between the central government and individual states are endemic to a federal system. In this course, we discuss some of these conflicts, historical and contemporary, in the United States and in Europe. Narrowing our focus, we consider consequences of funding public education locally or at the state level. We also discuss whether a region with more than 130 local governments can function as effectively as a region with a single metropolitan government.

Italian 2: Conversational Italian

Angela Hertz

(Note: This course runs 10 weeks. Students may register for only one level of Italian.)

This course focuses on a continuation of Italian 2 from previous terms. We study new vocabulary and new grammar points, two past tense forms, conditional tense, future tense, and lots more. This course is meant for those students who are continuing on in Italian 2 from Italian 1, as well as those who are already in Italian 2 and would like to remain at this level for one more term. We cover new and different vocabulary and grammar than from the past terms.

11–11:50 a.m.

T'ai Chi Ch'uan, Level 2: Introduction to the T'ai Chi Form

Stanley Swartz

(Note: This course runs 10 weeks.)

The T'ai Chi form is a complex series of movements, more challenging than the Eight Methods.

This course is designed for students who have completed Level 1: The Eight Methods of T'ai Chi a minimum of two times. (See the description for the prerequisite course in the Thursday course listings.) Members may take only one T'ai Chi course.

11 a.m.–12:50 p.m.

The Birth of Opera and the Brilliant Baroque

Robert Croan

Opera as we know it today was invented by accident around 1600, when a group of Italian noblemen known as the camerata attempted to reconstruct what they thought was the musical speech of ancient Greek drama. Drama told in music caught on, and the lavish entertainment that we now call opera quickly swept Europe, leading to the technique of classical singing—bel canto—still taught today. This course investigates the origins of opera and modern musical theater as well as the relationship between words and music, from the Florentine camerata up to the time of Mozart. Works are studied in detail with illustrations on CD and DVD.

Noon–1:50 p.m.

Italian 4: Conversational Italian

Angela Hertz

(Note: This course runs 10 weeks. Students may register for only one level of Italian.)

This course is meant for those students who have a higher level of Italian, for those who have been studying Italian 3 level with OLLI at Pitt or have taken undergraduate courses, and want more conversation and a higher level of grammar study. In this course, we review all the major grammar points along with vocabulary in order to create more complex thoughts and ideas in Italian. We expand upon what we have learned in the past and we create more fluency in Italian.

1–2:50 p.m.

Adaptations in Spanish Filmmaking

Hernan Medina

This course explores the cultural translations between writing and cinema in five contemporary Iberian and Latin American film productions. Films are discussed with attention to the interplay of historical, political, and ideological practices that shape Spanish and Latin American cultural expression(s). Specifically, this course focuses on film adaptations in which the deregulation of national economies in the neoliberalist times (re)structures the plot and also influences the depiction of special topics. These topics include affection, nationalism and creative labor, which, in turn, shape not only new forms of identity but also new forms of citizenship and consumerism. Films are based on novels by celebrated authors such as Luis Buñuel, Antonio Skármeta, Javier Cercas, Tomás Gutiérrez Alea, among others.

Beginner Spanish

Nancy Farber

(Note: This course runs 10 weeks. Students may register for only one level of Spanish.)

This is a course for beginners which focuses on Spanish pronunciation, vocabulary, grammar, and useful expressions for travel. Classroom practice includes speaking, reading, and listening comprehension. *Spanish Demystified*, 2nd edition, is the required book for this course.

Genetics in the News

Anna Estop

The increase in information on human genetics, genetic technologies, and genetic disease in the media has exploded since the completion of the Human Genome Project. Newer technologies have emerged that are being applied in day-to-day clinical testing and in direct-to-consumer testing. In this course, we first review briefly the Human Genome Project and its ramifications: new genetic technologies and direct-to-consumer testing. Then we present how the newer technologies have impacted our knowledge, diagnosis, and counseling of single-gene diseases and some common adult diseases that are caused by a mix of genetics and environment. These include heart disease, Alzheimer's, diabetes, and some types of cancer. This course is geared for those who are not familiar with genetics or biology.

1:35–3:15 p.m.

The Battle Over the “Real” Stories of Historic Events

Louise Mayo

People often believe that there can be no disagreement about what “really” happened in history. But, actually, there are many arguments over what is actually the “truth” about the history of the dropping of atomic bombs on Hiroshima and Nagasaki; the causes of the Civil War, World War I, and the Cold War; the impact of Reconstruction and Vietnam; and many others. This course examines these history battles and considers the opposing points of view.

FRIDAY

10–11:50 a.m.

Appalachian Dream/Appalachian Nightmare

Abby Mendelson

William Faulkner, accepting the Nobel Prize for literature, famously said that mankind would not merely survive; mankind would prevail. Faulkner wrote about the South. Our authors, writing about Appalachia, aren't so sure. While this region has breathtaking beauty, it also has a tortured past and an uncertain future. Plumbing its depths, both light and dark, five American fiction writers survey the landscape and ask how it affects character and fate. If we are tied to Appalachia's labyrinthian hills and hollows, will we survive? Prevail? We read all of Jayne Anne Phillips, *Machine Dreams* and Stewart O'Nan, *Snow Angels*; and excerpts from James Still, *River of Earth*; Breece D'J Pancake, *Stories*; and Philipp Meyer, *American Rust*.

Intermediate Conversational French: Speaking in the Present Tense

Cathleen Sendek-Sapp

(Note: This course runs 10 weeks.)

Give your knowledge of French grammar a conversational spin. Participants in this course study groups of regular and irregular present tense verbs and then are encouraged to use them in classroom activities. Accompanying themes and vocabulary are suggested to help build up solid conversational skills. Prior knowledge of French is expected though advanced speaking skills are not required.

Stress and Your Life

Mary Duquin

In this course, we learn about the physical, emotional, and behavioral effects of stress in our lives. We examine recent research on stress in relation to health and disease and learn under what conditions stress is actually good for us and when it is harmful. Discussions center on risk factors, environmental triggers, conflict resolution, mindfulness, healthy and unhealthy means of coping with stress, and learning strategies for long term stress reduction as we age. In class, we explore various ways to avoid stress and practice skills that help manage the stress we cannot avoid. This is an interactive class with many enjoyable stress management activities, including stretching, visualization, yoga, music, humor, journaling, meditation, massage, breathing techniques, and progressive muscle relaxation.

10 a.m.–12:20 p.m.

Politics of Social Protection and Health Care Reform

Javier Vazquez-D'Elia

(Note: This course runs four weeks, September 11, 18, 25, and October 16.)

This course offers a comparative introduction to the political dynamics underlying the emergence, expansion, and contemporary reforms of systems of social protection in industrial democracies. The main goals for this course are the following: 1) to explain the emergence of modern social protection as an attempt to manage the social risks resulting from the development of industrial capitalism; 2) to show, through comparative analysis, how different configurations of institutions and political actors determined the consolidation of different patterns of social protection; 3) to understand the main forces that explain the diverging paths of reform followed by systems of social protection during the last three decades; and 4) to provide an overview of the challenges presented by social protection with the emergence of new social risks.

1–2:50 p.m.

Music of the Civil War

Sara Casey

The Civil War was the first American conflict with a musical soundscape. This course examines the music heard at all levels of society throughout the course of the war, from the singers and pianos in civilian parlors, to patriotic songs of the Union and the Confederacy, to the hymn-filled churches of people both free and enslaved, by composers known and unknown to people today.

The Psychology of Book Covers

Megan Kappel

We all know better than to judge a book by its cover, but with the beautiful, extravagant, and sometimes downright bizarre book covers on the market, how can we not? This interactive course investigates how artistic expression and commercialism battle for the covers of books and surveys the more controversial covers throughout history. Through the use of fun brain games, creative exercises, and class discussion, we explore how covers can define a book's identity and success and how publishers can influence our relationship with a book before even opening it.

1–3:50 p.m.

Hollywood Movies: The Renaissance in Style, Content, and Values from the 1930s Through the Present

Ed Blank

Those of us who grew up loving and learning about life from movies have become a disenfranchised audience in an era of assembly-line cartoons, horror and superhero fantasies. Are we mis-remembering the nature of movie-going and film-watching from bygone days? For two weeks, the class will end at 3:50 p.m., the other classes will end at 2:50 p.m. Details will be given on the confirmation.

2–3:50 p.m.

Using the Press/Print Portfolio

Michael Walter

In this class, we bring to bear these techniques as a way of creating an individual body of work. Mixing drawing with printmaking, or with painting, we traverse a creative area that is not monothematic. So, using woodcut with pencil drawing, or monotype and engraving with watercolor, we can expand our visual language. Students are to come to class with a formed idea of what imagery they want to explore. The instructor is available to assist them with an approach that is technically sound and liable to bring the desired visual appearance.

SATURDAY

10–10:50 a.m.

Zumba Gold®

Lisa Sobek

The Zumba Gold® fitness program is a specialty course designed to meet the anatomical, physiological, and psychological needs of adults 50 and better. Like the traditional Latin-inspired Zumba workout, the Zumba Gold® workout incorporates many of the dance/fitness routines set to Latin and international rhythms but is performed at a lower intensity. Participants have a good time while increasing their physical fitness. Zumba Gold® is the complete package, which offers both physiological and psychological benefits.

11 a.m.–12:50 p.m.

Photo Learning on the Go!

Germaine Watkins

This course is for those who may not have knowledge of digital photography but who want to learn while taking trips! Camera, lens types, composition, shutter, aperture, and lighting all are discussed to give participants a better understanding and appreciation of the wonderful art of photography! Each week, we will meet at a different location. Details will be available in class.

Scholarships for Membership

Through the generosity of its members, the Osher Lifelong Learning Institute (OLLI) is able to provide scholarships to partially cover the OLLI membership fee. Scholarships are available each term to help members who would like to take advantage of the OLLI benefits, but may not be able to afford the membership fee. Scholarships are awarded for one term, but members can apply for multiple terms if the need still exists.

The scholarship application is simple. Information about scholarship recipients is confidential and will NOT be shared. Scholarship applications are available at the OLLI office and at the College of General Studies suite reception desk at 1400 Wesley W. Posvar Hall. If you are interested in supporting scholarships through a financial donation, please contact the OLLI office.

OLLI COURSE DESCRIPTIONS

Session 2: October 19–November 21 (five weeks)

MONDAY

9:30–11:50 a.m.

Exploring Different Color Palettes in Watercolors

Elaine Bergstrom

Continued from Session 1, this course runs 10 weeks.

10–11:50 a.m.

History and Foundations of Genetics

Jose Juves

If you have not heard about DNA, inheritable diseases, cloning, genetically-modified foods, and the Human Genome Project you have not been paying attention. Isn't it time to find out what they are talking about? We cover the characters involved and enough of the science to understand what is going on, but the science coverage is as light as possible. We also discuss several common genetic diseases.

Intersections Between Faith and Atheism

Brock Bahler

(Note: This course begins on October 26, runs through November 23.)

Too often, religious faith and atheism are depicted in oppositional terms. This course explores a dialogue between faith and nonbelief by considering texts by religious people who have grappled with the (potential) loss of faith as well as atheists who discuss the merits of religious rituals.

Introduction of Latin American Politics

Javier Vazquez-D'Elia

The course focuses on two central questions: 1) why was it so difficult to build stable democracies in Latin America during the 20th century? and 2) what explains the unusual resilience shown by Latin American democratic regimes throughout the last three decades? We review the region's most persistent political dilemmas, examine the operation of political institutions, and analyze the ways in which interest groups, social movements, and political parties mobilize the political participation of social forces and interact with governmental actors.

Noon–1:50 p.m.

Beginner Conversational Italian 1

Angela Hertz

Continued from Session 1, this course runs 10 weeks.

1–2:50 p.m.

Advanced Beginner Spanish

Nancy Farber

Continued from Session 1, this course runs 10 weeks.

Doo Wop Music (Discussion Group)

Sheldon Miller

(Note: This course runs three weeks. October 19, 26, and November 2.)

This course traces the origin and history of Doo Wop, when music was music and dancing was delightful. We look back at the songs we all remember, the sweet harmonies of the groups that sang them, and the reasons we can never let go of the memories. We can sing them together again.

Facebook and Twitter and Texting, Oh My!

Frank Snyder and Janis Ramey

People are using smartphones and computers to do all sorts of fascinating things. If you feel left behind, maybe it's because you don't know what's possible or why you would want to use them. We explore Facebook, Twitter, texting, Skype, Instagram, iTunes, e-readers, Netflix, and a wealth of other technologies. You do NOT need to own a computer or smartphone to enjoy this course.

The Arts Under the Medici in Florence, 1537–1737

Rachel Miller

Western art surveys rightly focus on the Republic of Florence as the birthplace of Renaissance art, but tend to ignore the artistic production of the later granducal period. This course seeks to rectify that lacuna by discussing, in detail, the artistic patronage of the seven Medici Grand Dukes of Tuscany (Cosimo I through Gian Gastone). Throughout these investigations, we see that Florence was the site of vibrant mannerist, Baroque, and Rococo artistic traditions.

1–3:30 p.m.

Better Choices, Better Health (Discussion Group)

Community College of Allegheny County

(Note: This course runs six weeks and ends on November 23.)

Put more life back in your life! If you are an adult who has a chronic health condition, or are caring for someone who does, you can participate in the Better Choices, Better Health program. This six-week series of workshops help you learn strategies to manage your symptoms and have an improved quality of life. You get the support you need, find practical ways to deal with pain and fatigue, discover better nutrition and exercise choices, and learn better ways to talk with your doctor and family about your health. Light, healthy snacks will be provided at each session.

TUESDAY

10–10:50 a.m.

Get Strong, Get Fit, Get Moving!

Lucinda Dyjak

Continued from Session 1, this course runs 10 weeks.

10–11:50 a.m.

French for Travelers

Cathleen Sendek-Sapp

Continued from Session 1, this course runs 10 weeks.

Heroes

Alan Irvine

Throughout history, larger-than-life heroes have fought monsters and villains, sought treasure, defended the weak, striven for justice. Or have they? We examine how the role of the hero developed in Western culture from its earliest incarnations through the Greeks, Medieval legends, and onto modern day incarnations like Batman and Superman. We consider why heroes play such an important role in human culture. The instructor begins each week by telling some hero stories.

Ladies Wielding Pens: Modern Plays by Women

Shannon Reed

Broadway and regional theatre often produce powerful plays by women. In this course, we read and discuss five of the most successful, both artistically and commercially. We read works by Caryl Churchill, Wendy Wasserstein, Paula Vogel, Suzan-Lori Parks, and Lisa Kron. Their plays are funny, touching, infuriating, and a great deal of fun to read and discuss! The professor also leads brief playwriting exercises in the style of each playwright, to further our understanding.

11–11:50 a.m.

Get Strong, Get Fit, Get Aerobicized!

Lucinda Dyjak

Continued from Session 1, this course runs 10 weeks.

Noon–12:50 p.m.

T'ai Chi Ch'uan, Level 3: Completion of the First Section of the T'ai Chi Form

Stanley Swartz

Continued from Session 1, this course runs 10 weeks.

1–2:50 p.m.

Advanced Intermediate Conversational French: Simply Conversation

Cathleen Sendek-Sapp

Continued from Session 1, this course runs 10 weeks.

Climate Change: Science, Impacts, and Policies

Bob Mitchell

The scientific community is essentially unanimous in recognizing anthropogenic climate change, and in calling for urgent action. Yet public opinion does not reflect scientific consensus. This course presents a scientifically accurate yet accessible understanding of the science behind climate change. It also reviews Earth's climate history to help develop insights on the present and future. Then, we look at the expected consequences of climate change and examine the politics and policy aspects.

Five Perspectives on Music

Flavio Chamis

The world of music offers something for every listener. Learning to focus your listening abilities deepens your comprehension and enjoyment of music. Each class session introduces a particular aspect of the musical experience, including musical form, specific instruments, the music industry, etc.

How to be Smart With Your iPad

Richard Fitzgibbon

Many of us have decided that downsizing is a goal to be admired yet we continue to lug a laptop around wherever we go. Is that necessary? This course shows you how to use your iPad as a replacement for that laptop. Requirements: iPad with a camera running iOS 8 or later.

Learning to Manage Your Finances

Marcia Semper

Have you assumed responsibility to manage your personal finances without any experience? Are the many decisions that you now face creating feelings of uncertainty and stress? This course provides a background to assume this new responsibility with more confidence. The objective is to develop your skill to make better financial decisions and to decrease stress. The wide range of topics covered include income, expenses, investments, estate planning, taxes, and insurance.

WEDNESDAY

9:30–11:50 a.m.

Oriental Landscape and Flower Painting

Elaine Bergstrom

Continued from Session 1, this course runs 10 weeks.

10–10:50 a.m.

Anatomy of Yoga

Monica Calero and Cathy Reifer

Continued from Session 1, this course runs 10 weeks.

10–11:50 a.m.

Contemporary Immigrant Experience

Abby Mendelson

In the old days, New Americans would race to acculturate, chucking their languages, customs, even names like so many corn shucks. Now, it's not so easy, or desirable, as our six contemporary fiction writers demonstrate. With the Melting Pot obsolete, even frozen, the world retreating into warring duchies, and a post-9/11 paranoia settling over the continent like a radioactive cloud, becoming an American may not be worth the price. We read excerpts from Jhumpa Lahiri, *The Namesake*; Chang-Rae Lee, *Native Speaker*; Chimamanda Ngozi Adichie, *Americanah*; and Gary Shteyngart, *Absurdistan*; and Junot Diaz, *This Is How You Lose Her*, and Dinaw Mengeshu, *The Beautiful Things That Heaven Bears*, in their entirety.

Johannes Brahms: Revolutionary or Reactionary?

Owen Cantor

(Note: This course runs four weeks, October 21, 28, November 4, and 11.)

Brahms encapsulated the 19th century in Europe: It was a fading era of well-entrenched kings, kaisers, and czars alongside rising p's: philosophy (Marx), principles (Democracy) and psychoanalysis (Freud). A time of major economic expansion and explosive scientific advance, artistic and musical change and total upheaval—a time of sunrise and sunset for old Europe. Was he “Brahms the Progressive” as Arnold Schoenberg wrote in a famous essay? Or, did his music look backward? Which creative direction did Brahms face? Future or past? Which composers influenced Brahms in his music and life? Who were his enemies, who were his friends? What was his lasting legacy?

12:15–3:15 p.m.

Five Days with Dustin (Hoffman)

David Shifren

Some actors seem to play the same role again and again while others thrive on variety—which brings us to Dustin Hoffman. From wet-behind-the-ears recent college student in *The Graduate* to fast-talking New York City street-hustler in *Midnight Cowboy* to American frontier-raised cowboy in *Little Big Man* to off-Broadway thespian turned superstar-actress in *Tootsie*, Hoffman has played a remarkable range. Come see this Oscar-winner strut his stuff as we watch and discuss some of his classics. Film selections include both Hoffman classics as well as films that have never been included in this class.

1–2:50 p.m.

Keywords in Latin America

Hernan Medina

This course aims to explore five specific keywords commonly used to document cultural practices in both Spain and Latin America: “America,” “conquest,” “evangelization,” “nationalism” and “democracy.” Designed to familiarize readers with the

history of Spain and Latin America, the course surveys cultural negotiations from the Spanish Reconquista over the Muslim Empire (1492) to the age of transnational capitalism. Each session is structured around two subjects: first, the interplay of political and historical conditions that have shaped the regions' cultures from local and global perspectives; and second, the analysis of (artistic) representations of those historical events in music, literature, television, and even food industries.

Palestine Speaks: Narratives of Life Under Occupation

Ken Boas

The course consists of voices, both written and in film, of those who endure and try valiantly to survive. While Palestine is perceived as a dark place—violent and unstable—too complicated for anyone but an expert in political science to understand, the narratives and videos we share in this course show that while there is darkness in the occupied territories, there is also a tremendous amount of light in the lives of the people living there.

THURSDAY

10–10:50 a.m.

T'ai Chi Ch'uan, Level 1: The Eight Methods of T'ai Chi

Stanley Swartz

Continued from Session 1, this course runs 10 weeks.

10–11:50 a.m.

Advanced Conversational Spanish

Nancy Farber

This is your chance to practice your Spanish skills in a friendly atmosphere. The course strengthens your vocabulary, improves your pronunciation, and gives cultural background (history, customs, foods, music) about several Spanish-speaking countries. All effort is designed to get you to speak and understand Spanish better.

Introduction to Drawing with Mixed Media

Lisa Stoeckle

Continued from Session 1, this course runs 10 weeks.

Check course times carefully.

Because courses are scheduled to take advantage of available classrooms, some course times may overlap. Please do not schedule classes that overlap.

Italian 2: Conversational Italian

Angela Hertz

Continued from Session 1, this course runs 10 weeks.

Stories of the Sea

Adam Reinherz

Water is the world's greatest resource. Certainly it provides life, but it also provides literature. Throughout history, riveting tales have emanated from rocky waters. Whether writing about the sea or sailors, authors have continuously relied upon water to cull material. While following the evolution of maritime literature, students encounter multiple tales of depth, travail, and hope.

The Symphony

John (Jno) Hunt

In this course, we discuss how the symphony evolved from rather modest beginnings in the early 18th century and blossomed into the one of the most dominating genres of music ever conceived. We survey the symphony from its development in the 18th century through the 20th century with an emphasis on how to listen to this great genre.

11–11:50 a.m.

T'ai Chi Ch'uan, Level 2: Introduction to the T'ai Chi Form

Stanley Swartz

Continued from Session 1, this course runs 10 weeks.

11 a.m.–12:50 p.m.

The Syrian Civil War: Domestic, Regional, and International Dynamics

Christina Michelmore

This course looks at the causes, conduct, and consequences of the current Syrian Civil War. It uses this narrative to describe and analyze the primary conundrums, controversies, and conflicts that roil not only Syria but the region and its relations with other countries, especially the United States.

Noon–1:50 p.m.

Italian 4: Conversational Italian

Angela Hertz

Continued from Session 1, this course runs 10 weeks.

1–2:50 p.m.

Beginner Spanish

Nancy Farber

Continued from Session 1, this course runs 10 weeks.

How to Be Smart With Your iPhone

Richard Fitzgibbon

Many of us have adopted an iPhone as our go-to method of communication. Are you using your expensive device to make your life easier, or is the frustration level rising? This course develops your confidence level to the point where you can use your iPhone to assist rather than confound daily activities. An iPhone 4s or newer running the latest operating system must be brought to each class. Those who have previously taken the course at OLLI at Pitt cannot register until August 17.

Understanding Seniors Health Insurance

Barbara Veazey

This course starts by looking at Social Security and ends five sessions later after discussing how to select a care facility. Along the way, we look into Medicare; Medicare Supplements; VA benefits; health, drug and travel insurance plans; health care reform; legal documents; low income programs; adult day care; home care, hospice, and palliative services; and long term care insurance. The class binder is yours to assist in making health care decisions in the years to come. The Medicare Enrollment period to make changes every year is from October 15–December 7.

What to Eat...for Health and Enjoyment?

Judy Dodd

(Note: A \$25 materials fee is payable to the instructor at the first class.)

What does it mean to “eat for health?” And, what about the enjoyment side of eating, especially if health, safety, and available resources may be drivers of food choices? This class offers insights on current nutrition guidelines for older adults with emphasis on choosing and preparing food for health and enjoyment. We explore ideas for reducing sodium while enhancing flavor; meeting guidelines for increasing fruits, vegetables, and whole grains; and facing the challenges of the special needs dictated by medications and health. Classes include food demonstrations and tasting. This course is limited to 15 people.

Writing as a Spiritual Journey

Laurie McMillan

This course seeks to inspire participants to experiment with untold stories as well as new frontiers in any genre. Through prompts and creative exercises participants gain insights that interface with life stories, values, and questions. Each week, a variety of stimulating literature samples is given for lively discussion to charge our batteries for writing. Writing helps make sense of ourselves, our world, and our many desires. Writing also gives access to our feelings in ways that integrate the self in dynamic ways. No writing experience is necessary! Each week, we write for a short period as well as create a supportive, communal space to listen and encourage each other's work.

FRIDAY

10–11:30 a.m.

Meet the Authors

Each week, a recently published author discusses some aspect of his or her writing. **Jennifer Matesa** discusses the evolution of her popular award-winning blog, “Guinevere Gets Sober” and how it led her to her book, *The Recovering Body, Physical and Spiritual Fitness for Living Clean and Sober*. **Marcus Rediker**, *Outlaws of the Atlantic, Sailors, Pirates, and Motley Crews in the Age of Sail*, explores the world of maritime adventure and its link to the rise of capitalism and the formation of race and class. **Israel Centeno**, regarded as one of the most important Venezuelan literary figures of the past 50 years, discusses his writing, including *The Conspiracy* and the work of the City of Asylum. **Philip Beard** discusses his latest book *Swing* a novel set around the 1971 Pittsburgh Pirates pennant race, his first novel *Dear Zoe*, and his adventures in publishing. **J.J. Hensley**, a former police officer and former Special Agent with the U.S. Secret Service, speaks on “The Portrayal of Law Enforcement in Fiction,” and the research for his novels *Measure Twice* and *Resolve*.

10–11:50 a.m.

Multiple *Illiads*, One Homer

Edwin Floyd

Homer’s *Iliad*, covering various aspects of the Trojan War, is highly appealing as written literature—at least three new English translations are coming out in 2015. Nevertheless, the *Iliad* has long been regarded by most scholars as somehow fundamentally amorphous. Working from West (2011), *Making of the Iliad*, this course instead explains seeming discrepancies as reflecting a single author’s ongoing compositional process. No one translation conveys this effect fully, but Lattimore’s does so better than most others. For the course, students need to obtain an *Iliad* translation by Lattimore (early editions are fine).

Intermediate Conversational French: Speaking in the Present Tense

Cathleen Sendek-Sapp

Continued from Session 1, this course runs 10 weeks.

Sexuality and Relationships: Psychological Perspectives

Irene Frieze

This course presents a social-psychological orientation toward the study of topics in human sexual behavior, with a focus on U.S. culture. This course builds on ideas presented in *Psychological Aspects of Human Sexuality* offered in the spring term. Participation in the spring course is not required to attend this course.

1–2:50 p.m.

Best American Short Stories 2015

Adam Reger

Using the *Best American Short Stories 2015* anthology as our textbook (published October 2015), we read and discuss a handful of stories each week, looking at these selections in the context of the contemporary literary world, considering specific authors’ bodies of work and learning more about the literary magazines where these stories first appeared. This class provides a crash course on the state of the contemporary American short story.

Zentangle®: Meditative Drawing

Sue Schneider

Zentangle® is a form of meditative drawing based on repetitive pattern drawing, on a small scale, non-intimidating even for those who don’t believe they have any artistic talent yet intriguing enough to inspire experienced artists as well. Anything is possible, one stroke at a time. With a few simple pen strokes, you can create beautiful, intriguing abstract works of art. Zentangle® is relaxing, exhilarating, creative, meditative, and just plain FUN. Art kits, ranging between \$5-\$12, are available for purchase from the instructor or at an art supply store.

SATURDAY

10–10:50 a.m.

Zumba Gold®

Lisa Sobek

Continued from Session 1, this course runs 10 weeks.

Your Input is Welcomed and Valued

OLLI depends on member assistance and involvement. Your suggestions for instructors, courses, discussion groups, and events are necessary to help OLLI serve your interests. We also depend on member involvement on committees and as volunteer discussion group leaders. We invite you to call OLLI and find out how you can become more actively involved.

HOW TO AUDIT UNDERGRADUATE COURSES

Auditing is a unique feature of the OLLI program at the University of Pittsburgh. “Audit” means you earn no credit and generally do not participate in homework and exams. This enjoyable low-pressure environment provides the added benefit of interaction with younger college students. If you are unsure if auditing a course is the right fit for you, please contact the OLLI office so we can discuss the benefits and responsibilities of auditing.

Please note: Auditing is a privilege and not a right of membership. Auditors are guests of the classes they attend and participation can be limited or restricted by the professor or department. OLLI reserves the right to remove any member from an audit course for any reason.

COURSE AUDIT PROCEDURES AND POLICIES

REGISTRATION

A complete listing of all preapproved courses available to audit is available online and in the OLLI lounge. We are no longer publishing audit courses in the catalog. We apologize for any inconvenience.

Online registration is available for preapproved courses only. Phone registration is not available for any audit courses. Registration as an OLLI auditor does not guarantee a space in the course. If you arrive at the course and all seats are filled, you may need to drop the course and select an alternate. For this reason, and because space is limited, please list an alternate course on your registration form.

Additional information about registering can be found on page 26.

AUDITING COURSES NOT LISTED ON THE APPROVED LIST

You may audit a course not listed on the approved list but listed in the University’s schedule of classes by securing special permission of the instructor to audit the course. Complete the special permission section on the registration form or attach an e-mail from the instructor granting permission to audit the course. A print copy of the term’s courses is available in the OLLI lounge. You may view the University’s fall term classes online at registrar.pitt.edu/courseclass.html. Please note that this is a large file. You may view the course schedule and course descriptions online for the Dietrich School of Arts and Sciences at courses.as.pitt.edu (2161 is fall term).

AUDITING RESPONSIBILITIES/EXPECTATIONS

- As an auditor, you are a guest in the class. The extent of your participation in class is at the discretion of the individual instructor. Therefore, seek permission from your instructor if you wish to verbally participate, do the written assignments, or take quizzes/exams. Please respect the students and instructor throughout the course.
- Obtain access to CourseWeb BEFORE the term begins. E-mail osher@pitt.edu for access at least one week prior to the start of your course. After classes begin, please allow one week for processing. Instructions will be sent to you regarding access and use of CourseWeb.
- The week before your course begins, visit courses.as.pitt.edu to verify location, dates, and times of your courses(s). The courses and curricula described in this catalog and online are subject to change at any time by the official action of the University of Pittsburgh. **OLLI is not responsible for notifying you if a course has been canceled or changes have been made in class meeting times, days, and location.**
- Arrive on time and be respectful of the professor and students. This includes (but is not limited to) not eating in class, not leaving early, not dominating the conversation, being prepared for discussion, etc.
- If issues arise, please handle them respectfully and notify the OLLI office.
- Since auditors by definition cannot “participate” in the class, individuals cannot audit courses from the following departments: Computer Science, Film Studies, Physical Education, and Studio Arts.
- Adhere to all University and OLLI registration, membership, and student policies.
- Pay attention to dates and deadlines because audit courses follow the University academic calendar. Important dates for auditing the fall term are listed below.
Holidays (University closed) Labor Day, September 7, Fall Break, October 19, Thanksgiving Break, November 26–27.
- The auditing course registration and drop deadline is September 11.

Key to Course Listings Online or in OLLI Lounge

AFRCNA Africana Studies = Abbreviation for department and department name

Catalog NBR = Numbers 0001–0999 are lower-level; numbers 1000–1999 are upper-level undergraduate courses

Class NBR = Five digits

Days = M (Monday), T (Tuesday), W (Wednesday), H (Thursday), F (Friday), S (Saturday)

Bldg. = Building abbreviation; see campus map at cgs.pitt.edu/osher/map for building location. Maps also are available in the OLLI lounge.

View course descriptions online at courses.as.pitt.edu.

SPECIAL EVENTS

Please note: Additional events will be planned after the catalog is published, so please check the OLLI Web site for updates to the term's special events. For off-campus events, you must sign a waiver and release of liability in order to participate. If you are not willing to sign the waiver (without modifications), you may not participate. These forms are available on our Web site, in the OLLI lounge, and on the day of the event. They will not be mailed with the confirmations.

These events are open to members and nonmembers unless otherwise indicated. Registration is required for all events unless otherwise noted.

Take Me Out to the Ballgame

Jim Haller

Wednesday, September 2

10–11:30 a.m.

A look at baseball history from the city that created the first World Series. This workshop is about growing up in Pittsburgh and following the Pittsburgh Pirates. It is a joy for all those who remember the World Series winning teams of 1960, 1971, and 1979. The instructor also taps into his boyhood memories of growing up on Pittsburgh's North Side and following teams that did not make the Pennant race—when the real joy in baseball was found in a neighborhood pick-up game.

Jim Haller is a long-standing and highly respected member of SABR, the Society for American Baseball Research, and he is a fountain of information on America's favorite pastime. He joined the Heinz History Center five years ago and has served in many capacities in his time there. He came with a rich history of service both in the Navy and 35 years in restaurant management, from which he retired in 2005.

Riding the Rails to Freedom

Roland Vendeland

Thursday, September 3

10–11:50 a.m.

Join historical researcher, published author, and professional storyteller Roland Vendeland for delightful tales of the little known narratives of the Underground Railroad in western Pennsylvania. Retrace daring escapes from slavery to freedom. Enjoy the tales of slaves, freedman, conductors, and slave catchers. Locate Underground Railroad sites that have become private homes, schools, museums, community centers, restaurants, and parking lots.

Roland Vendeland is a historical researcher whose lifelong interest in history dates back to his days as a history student and teacher. For 30 years, Vendeland has written and told stories of being "born and bred" in Western Pennsylvania. He specializes in regional historical tales that lend themselves to field trips to museums and in the field. He presents with the warmth, wisdom, and wit of a student of history and the flair of a storyteller.

OLLI at Pitt 10th Anniversary Celebration

Friday, October 2

Open to members only

Join us for a special lecture and luncheon to celebrate the 10th Anniversary of OLLI at Pitt. Following the morning lecture, we gather together for lunch to celebrate our past successes and talk about the next 10 years and beyond. The event is \$10 for members. Additional details will be communicated to members. RSVPs by September 17 are required to attend the event.

Health and Safety Day

Choosing a Physician and Preparing for an Appointment with a Physician

Carol Baker, MD

Thursday, October 15

10–11 a.m.

Join Dr. Carol Baker as she explains the importance of choosing and communicating with a physician, explained through her transition from physician to patient. As a physician, she noted that patients did little more than scribble a few words on a scrap of paper as an agenda for their meeting with her. Quite unexpectedly, Dr. Baker found herself as a patient with four doctors. Come hear how she communicated with each doctor using a written agenda shared with the physician at the beginning of each visit and how it enhanced her experience.

Carol C. Baker, MD, graduated from Villanova University with a cum laude degree in the Honors Program. She graduated from the University of Pittsburgh School of Medicine. She completed her residency in internal medicine at Lankenau Hospital in Philadelphia. She was boarded in internal medicine and geriatrics. She was in a solo private practice in Forest Hills and staff at Shadyside Hospital. She is now retired.

Pitt Police–Safety on Campus

Thursday, October 15

11:15 a.m.–12:15 p.m.

Come learn about general safety tips and campus specific safety features from members of the University of Pittsburgh Police.

Closer Look at Zero Dark Thirty

Frank Hofmann

Saturday, November 14, 2015

10 a.m.–3:30 p.m.

Fee: \$5 nonrefundable,

Open to members only

Join us for this rare opportunity to take a closer look at the film that chronicles the hunt and capture of Osama Bin Laden. In the morning, we watch the film in its entirety. After a break with light snacks, we discuss the movie with Frank Hofmann, a visiting senior lecturer at the Graduate School of Public and International Affairs (GSPIA), University of Pittsburgh. To encourage open discussion, attendance is limited to 50 people.

Frank A. Hofmann* is a recently-retired operations officer in the Central Intelligence Agency, with 40 years of service abroad and in the U.S. He is currently teaching intelligence-related courses at GSPIA. His most recent overseas assignments were in Latin America, Pakistan, and Afghanistan for counterterrorism operations

Israel/Palestine: Modern Challenges on the Path to Peace

Gregg Roman

Tuesday, December 15, 2015

9:30 a.m.–12:30 p.m.

Open to members only

This lecture offers a unique insight to the Israeli-Palestinian conflict through exposure to a wide range of narratives, realities, and initiatives in the homeland shared and claimed by both sides. By engaging with different viewpoints, participants acquire a broader understanding about the conflict, its complexity, and its possible evolutions in the future and determine what could be the best path to peace.

Gregg Roman, director, Middle East Forum, functions as chief operating officer and is responsible for supervising, consolidating, and expanding existing programs, as well as venturing into new fields of activity. In 2014, he was named one of the 10 most inspiring Jews in the world by the *Times of Israel*. He is a frequent commentator on Al-Jazeera English, BBC, and other international news channels. His writing appears in publications in many cities in the United States, including Pittsburgh as well as in Turkey, India, Canada, and other countries. Immediately preceding his arrival to Pittsburgh, Roman served as the political advisor to the deputy foreign minister of the state of Israel. He also served as an international humanitarian aid specialist at the Israeli Ministry of Defense. He sits on the boards of the Pennsylvania Jewish Coalition and is vice president of the Squirrel Hill Urban Coalition.

TOURS AROUND TOWN

Behind-The-Scenes Zoo Experience

Tuesday, October 13, 1:30–3:30 p.m.

Registration Deadline: Friday, September 18

Fee: \$15 (This fee is nonrefundable. In lieu of a refund, cancellations will receive a ticket for a future zoo admission good through April 2016.)

Put on your favorite walking shoes and join us at the Pittsburgh Zoo & PPG Aquarium as we explore three behind-the-scenes areas. You have the opportunity to learn about endangered animals and what zoos are doing to help in the conservation of these magnificent animals. Afterwards, you can spend time on your own at the zoo until closing. This tour may involve considerable walking and it runs rain or shine.

Allegheny Observatory Tour

Saturday, October 17, 6–8:30 p.m.

Transportation is on your own.

The Allegheny Observatory, founded in 1859, is a historically important astronomical institution. Our tour begins with the documentary, *UNDAUNTED: The Forgotten Giants of the Allegheny Observatory*. Narrated by David Conrad, this film introduces a large number of science concepts that have a local connection. We then tour the building, which was completed in 1912 and houses three telescopes: the Thaw Memorial Refractor (1912), the Fitz-Clark Refractor that predates the Civil War, and a modern commercial telescope that is operated remotely from the University of Pittsburgh campus. We view the night sky, weather permitting. The observatory is in Riverview Park in the Observatory Hill neighborhood of Pittsburgh. We will meet at the Observatory. Transportation is on your own. Members are allowed to bring one guest who must be registered.

DAY TRIPS

Insider's Tour of Meadowcroft with Dr. James Adovasio

Saturday, October 10, 8 a.m.–5 p.m.

Fee: \$62 members/nonmembers (includes transportation, lecture, and admission; bring your lunch)

Last day to withdraw and receive a full refund: September 11

All day parking in Wesley W. Posvar Garage: \$5 (advance purchase is required)

James M. Adovasio, PhD, who serves as director of the Mercyhurst Archaeological Institute, achieved international acclaim with his archeological excavation of the rockshelter in 1973. He presents a lecture and leads a special tour of the site. This significant site proved that early humans lived in the region 16,000 years ago, challenging long-held beliefs about the timing of the first human habitation of North America. Meadowcroft also is home to a recreated village where guides discuss the rigors of family life in the 1800s, including the experience of attending a one-room schoolhouse, the design of a typical rural home, and the life of a blacksmith. Also at the site is a recreated Eastern Woodland Indian village where you can visit the interior of a wigwam and see carefully recreated prehistoric artifacts. The new *Trails to Trains* exhibit at

TRAVEL WITH OLLI IN 2016

Meadowcroft Rockshelter and Historic Village transports visitors through time, exploring the evolution of transportation in Southwestern Pennsylvania using five vehicles from the collection. The visit involves moderate walking, and there is a significant number of steps required to reach the rockshelter, but you can enjoy the day without climbing the stairs.

Westmoreland Museum of American Art and the Foster and Muriel McCarl Coverlet Gallery

Wednesday, December 2
9:45 a.m.–5:30 p.m.

Fee: \$70 members/\$75 nonmembers (includes motorcoach transportation, museum admission and tour, and boxed lunch.)

Join us as we visit the newly renovated Westmoreland Museum of American Art. In addition to its permanent collection of works by significant American artists, including works by Mary Cassatt, John Singer Sargent, and Winslow Homer, we view pieces from the Richard M. Scaife collection as well as the Peter and Diana Janetta collection. You have time also to view *Born of Fire* and experience the human story of steel as told through art, music and history. We have lunch and then on to St. Vincent College. In addition to the prized collection of antique American coverlets donated by Foster and Muriel McCarl which rotates in the galleries, The McCarl Coverlet Gallery collects coverlets and other weaving examples that exemplify weaving traditions in the colonial to post-antebellum Northeastern United States and collects items dealing with the history, genealogy, and trade practices of weavers associated with the collections. You may take a few minutes to visit the Fred Rogers Center for Early Learning and Children's Media, which houses the Fred Rogers Archive and the public, multimedia Fred Rogers Exhibit.

Put on your traveling shoes! More information for all of these trips is available on the Trips and Events page of the OLLI Web site and brochures are available in the OLLI lounge.

Tulip River Cruise

April 6-14, 2016

Deposit Due Date: September 11, 2015

Cabin Categories are on a first come, first served basis

Enjoy a seven-night cruise on the waterways Holland and Belgium. You spend time exploring the world-famous Keukenhof Gardens with its enormous, colorful tulip fields. Explore the historic cities of Arnhem, Ghent, and medieval Bruges.

Join us for an information session: Wednesday, September 2, 2–3:30 p.m. to learn more about this incredible cruise and trip.

Alaska Discovery Land & Cruise (featuring a seven-night Princess Cruise)

July 2016 (13 days)

Explore Denali National Park on a Tundra Wilderness Tour. Enjoy an unforgettable rail journey to Whittier in a luxury domed railcar and relax aboard a seven-night cruise and travel through Glacier Bay, where travelers can go back in time to the Ice Age.

Join us for an information session on Monday, October 5, 3–4:30 p.m. to learn more about this cruise and trip.

Have You Signed in to OLLI Online?

Besides registering for courses and purchasing or renewing your membership, once you have accessed your OLLI account online you can update your personal information if changes occur in your address, phone number, or e-mail. Plus, you can review your registration history since summer 2013 term and check your membership status. Also, during the term, you can check up-to-date room assignments and more. If you have not accessed your OLLI account online, see page 26 for details on how you can take advantage of this self-service option.



INSTRUCTOR BIOGRAPHIES (listed alphabetically by last name)

Brock Bahler, PhD, in philosophy and currently teaches in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Religious Studies. He has taught courses and published in the areas of philosophy of religion, contemporary continental philosophy, existentialism, philosophy of childhood, and Christian thought.

Elaine Bergstrom* holds certification for K–12 art education and botanical illustration. She is an art instructor of adults and children for several programs located throughout the region.

Ed Blank has spent 39 years as a professional critic, columnist, and interviewer consisting of 25 years at *The Pittsburgh Press* and 14 years at *The Pittsburgh Tribune-Review*. He is a Duquesne University graduate who served two years in the U.S. Army Signal Corps, including a year in Vietnam. He has spoken to hundreds of groups and has been a guest speaker at the University of Pittsburgh, Carnegie Mellon University, Carlow University, and Duquesne University. He also has guest-hosted on local radio talk shows.

Ken Boas*, PhD, is an instructor in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English.

Mimi Botkin* has 37 years of teaching writing and language arts with students from kindergarten through grade 11. She led writing groups for writers of all ages. She has published poetry, prose, and professional narrative research and is a founding member of Crossing Limits, a multicultural writing and performance initiative.

Monica Calero*, PhD, is a research assistant professor at the University of Pittsburgh School of Medicine, Department of Structural Biology. She found yoga as a graduate student in 2000, and since then, yoga has become part of her life. She completed her teacher-training program, teaches yoga in her neighborhood, and continues to attend workshops and diligently study every aspect of yoga.

Owen Cantor*, DMD, was founder and music director of the Fallfest Chamber Music Festival, which presented great chamber works in Fox Chapel. He was a participant and trustee at the Chamber Music and Composers Forum at Bennington, Vt. He has served as a board member and advisor to many Pittsburgh musical organizations. He has performed, taught, and presented music in countless local venues.

Paul Caplan has spent his work life in retail and his leisure time at duplicate bridge. He became an American Contract Bridge League accredited teacher several years ago and a life master many years ago.

Sara Casey, PhD in historical musicology, has an ongoing interest in music history from the Medieval period on, the role of women in music, music in popular culture, and most recently, music of the American Civil War.

Flavio Chamis*, a native of Brazil, has been a conducting assistant to Leonard Bernstein, music director of the Porto Alegre Symphonic Orchestra in Brazil, and a guest conductor throughout Latin America and Europe. As a composer, his works embrace a wide range of styles, and a CD of his Brazilian jazz compositions was released in 2006.

Harlan J. Clare* is a retired Earth and space science teacher from the Plum Borough School District where he taught for 32 years. He also served as the science department chairman K–12 for the district. Presently, he is a docent at the Carnegie Museum of Natural History teaching children and adults about the collections at the museum.

Mike Cornell*, a Naturalist Educator with the Pittsburgh Parks Conservancy, is a Certified Interpretive Guide with a degree in Forest Biology and Natural History. Mike has worked at the Frick Environmental Center leading nature hikes and educational programming since 2005.

Robert Croan*, PhD, is a senior editor (former classical music critic) of *the Pittsburgh Post-Gazette* and retired professor at Duquesne University. He studied singing with Metropolitan Opera basso Gerhard Pechner and Danish tenor Aksel Schiøtz and participated in Master Classes with soprano Elisabeth Schwarzkopf. He is a correspondent for Opera News and a past president of the Music Critics Association of North America.

Rebecca Denova*, PhD, is a visiting lecturer in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Religious Studies. She regularly teaches courses on the history of early Christianity, ancient religions in the Mediterranean world, and various topics related to ancient popular religion and society. In 2007, she was a Fulbright-Hays participant in a summer institute in Egypt.

Judy Dodd*, MS, RD, LDN is a faculty member of clinical dietetics and nutrition in the University of Pittsburgh School of Health and Rehabilitation Sciences, Department of Sports Medicine and Nutrition. She is a registered dietitian and assistant professor whose specialty area is community food and nutrition education.

Mary Duquin*, PhD at Stanford University in education, and taught at the University of Pittsburgh in the School of Education's Department of Health and Physical Activity. She became a certified massage therapist and taught massage therapy as a graduate course at the University of Pittsburgh. She has taught massage therapy to various age groups, including grandparents raising grandchildren. She maintains a private massage practice in Swissvale.

Lucinda Dyjak* is certified by the American Council on Exercise. She has a specialty certification in older adult fitness and has been teaching for more than 20 years.

*Indicates that the instructor has taught an OLLI course previously.

Arthur Erbe*, PhD, is a graduate of Carnegie Mellon University, where he earned a masters and doctorate in English. He has taught literature in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English. In Oakmont, he directs the Allegheny Valley Poets who have published a poetry anthology *Writing on Water*. He also teaches poetry reading and writing workshops at the Oakmont Carnegie Library. His poems have appeared in the *Allegheny River Anthology*, local papers, journals, and online.

Anna Estop*, PhD, is a scientist and board-certified laboratory geneticist who has led genetic laboratories at West Penn Hospital and Allegheny General Hospital in Pittsburgh. She teaches at the Autonomous University of Barcelona, Spain, and has taught at the University of Pittsburgh Graduate School of Public Health and at Drexel University School of Medicine.

Nancy Farber* has an MA in education and taught Spanish in the Pittsburgh Public Schools for more than 25 years.

Richard Fitzgibbon* is a former teacher with 35-years-experience in the Riverview School District, and was technical coordinator for the district for 10 years before he retired. Since retirement, he is a frequent volunteer at Goodwill and Computer Reach where he assists in refurbishing and recycling computers.

Edwin Floyd*, PhD, is professor emeritus in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Classics. He has written numerous articles both dealing with Homer generally as well as primarily on the *Iliad*. He also has made numerous presentations, including a presentation at the International Linguistic Association in March 2015.

Katherine Francis, PhD, studies American politics, and is interested in Congress, members of Congress, and the linkages between Congress and the American people, such as interest groups and the media. Her most recent project is on the career backgrounds of members of Congress and how they impact what occurs in Congress.

Irene Frieze*, PhD, is a professor in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Psychology. Her research interests include place attachment and motivational factors in migration decisions, interpersonal violence, and cross-cultural studies of work and gender.

Paul Hawkins, PhD, is board chair of Working Diversity, Inc. For more than 20 years, he has facilitated dialogue about race and other diversity topics in corporate, academic, and community settings.

Angela Hertz*, MA in Italian, lived and studied in Florence, Italy. She has taught Italian at the University of Pittsburgh.

John (Jno) L. Hunt*, PhD in Musicology from the University of Michigan, also has a Bachelor of Music degree in Performance on the clarinet from the University of North Texas. He was a professor at St. Olaf College and at Carnegie Mellon University before working in the business world. Recently, he was adjunct professor of Music History at Chatham University. He brings a refreshing perspective to his classes by virtue of his experiences both as a performer and as a scholar.

Alan Irvine* is a professional storyteller (and sociology professor) who spent the summer telling many hero tales.

Clifford Johnson*, PhD in English and American Literature has taught at the University of Pittsburgh; the University of Kassel, Germany; and Concord University in West Virginia. He recently retired after more than 25 years as a certified financial planner.

Jose Juves* is a devoted student of history, a talented instructor, and a native Spanish speaker. As an instructor, he particularly focuses on the interplay between historical events and historical figures; that is, how the environment shapes historical figures as well as how those figures affect society's perception of history. A native of Cuba, he lived there through the first three years of the Revolution. He travels to Miami and Puerto Rico regularly and meets recent immigrants from Cuba to get personal descriptions of conditions in the island.

Megan Kappel*, MFA in screenwriting, teaches public and professional writing at the University of Pittsburgh and volunteers as a writing tutor with the Greater Pittsburgh Literacy Council. Her previous work includes book editor and script reader for various literary and film organizations. Kappel has studied film and television under writers and producers of the TV shows *The Dead Zone* (USA), *ΓΡΕΣΚ* (ABC Family), *Awkward* (MTV), and *Treme* (HBO).

Ram Kossowsky* PhD, is a native of Israel and has lived in Pittsburgh since 1966. He has traveled extensively to near and far away lands, usually with a group that included an active archeologist. He has traveled to India, Pakistan, Central Asia, Egypt, Turkey, and has taken annual trips to Israel. He is the current president of the Biblical Archeology Society of Pittsburgh.

Linda Marcus* has been an educator, writer, and speaker for more than 30 years. Presently, her work focuses on lyric writing for the school and choral markets as well as for inspirational and church organizations. She has collaborated with many composers, and her words have been sung internationally.

Louise Mayo*, PhD, is professor emerita at the County College of Morris, New Jersey and has more than 30 years of college teaching experience in American history and American government. She is the author of *James K. Polk: The Dark Horse President*, among other books.

*Indicates that the instructor has taught an OLLI course previously.

Laurie McMillan*, MEd, RN, Certified Therapeutic Writing Facilitator, and founder of the Squirrel Hill Writers' Studio, has been leading writing workshops for 13 years in many varied community settings. She also is a nurse who has facilitated many therapeutic writing opportunities.

Hernan Medina* was born in Lima, Peru. In 2010, he received an MA in Spanish Literature and an MA in Latin American Studies from Ohio University. Currently, he is a doctoral candidate in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Hispanic Languages and Literatures, where he has recently taught the course *Latin America Today* at the undergraduate level.

Abby Mendelson*, PhD, has been a writer, editor, and educator for more than 40 years. He has published both fiction and nonfiction on a variety of topics and has taught both writing and literature at the University of Pittsburgh, Point Park University, Robert Morris University, LaRoche College, and Chatham University.

Cristina Michelmore*, PhD, is a retired faculty from Chatham University. For more than 25 years, she taught various topics in Middle Eastern and Islamic History, as well as World History, History of the Holocaust, and Introduction to World Religions.

Rachel Miller* is a **PhD** candidate in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of History of Art and Architecture. She has been studying 17th-century Catholic art, and her PhD dissertation examines the international cult of St. Francis Xavier, the first Jesuit missionary to Asia. She has taught in the Department of History of Art and Architecture for four years.

Sheldon Miller sang in the Taylor Allderdice A Cappella Choir and Doo Wop in a 4th floor men's room. At Washington and Jefferson College, he continued singing choral music and Doo Wop. After attending Duquesne Law School, he sang in a local Doo Wop group performing at area clubs, the Syria Mosque, the Benedum Center oldies concerts, and the Holiday House as the opening act for the Temptations.

Bob Mitchell, PhD in electrical engineering, retired in 2014 following a career designing high power lasers and electrical equipment, automated image analysis software, and robotic systems. For the past five years, he has been informally researching the science and politics of climate change.

Jack Ochs*, PhD, is professor emeritus of economics at the University of Pittsburgh where he taught courses in public finance and public policy for 40 years.

Alexander Orbach*, PhD, is professor emeritus in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Religious Studies, where he served as director of the Jewish studies program for more than 10 years.

Doug Oster*, is the *Pittsburgh Post-Gazette's* Backyard Gardener and co-host of *The Organic Gardener's* radio program, a weekly show on KDKA. He received the

2009 Outstanding Documentary Emmy for Gardens of Pennsylvania, written and produced for WQED. His gardening books include *Tomatoes Garlic Basil* published in 2010.

Janis Ramey is an independent technical writer who helps scientists and engineers write about their work. She has taught at the University of Pittsburgh and Chatham University as well at Carnegie Mellon University's OLLI program.

Connie Rapp* is a music graduate (piano) of the University of Michigan and the Julliard School. She taught piano at the Carnegie Mellon preparatory division and at Duquesne University and was an active chamber musician. Prior to coming to Pittsburgh, she conducted junior high school choral groups.

Shannon Reed recently earned her MFA in Creative Writing: Fiction at the University of Pittsburgh, where she also teaches. An essayist, writer of fiction, and playwright, her plays have been performed all around the country, including at the Pittsburgh Fringe Festival. She also is an actor and a teaching artist for City Theatre and the Pittsburgh Public Theatre.

Adam Reger*, MFA in fiction writing, has taught writing at the University of Pittsburgh and the Pittsburgh Center for the Arts and has published a number of short stories.

Cathy Reifer* started practicing *Vinyasa Flow Power Yoga* in 2006. She completed The Amazing Yoga Level 1 at Maya Tulum in November 2013. She believes yoga can be a great asset in helping her to accept the transitions of aging, body, mind, and spirit with grace, strength, and gratitude.

Adam Reinherz*, JD, MA, MSt, has written and lectured on Renaissance and Early Modern religion and literature. He is a recipient of the Bethune-Baker Fund from the University of Cambridge Faculty of Divinity, and has taught many OLLI courses, from *Introduction to Milton to Digesting Montaigne's Essays*.

Cristina Robles* is currently pursuing her PhD in Information Sciences at the University of Pittsburgh, studying Human Information Processing (HIP). In addition to HIP, she does work in social networking, specifically location based social networks. She received her Master of Information Management from the University of Maryland, College Park.

Ann Rosenthal* has 30 years of experience as an artist and educator. Her current project combines mixed media and collage to parallel her family's immigration story with the extinction of the passenger pigeon. She teaches foundations and art history throughout the region.

Sue Schneider is a Certified Zentangle Teacher® (CZT) and an experienced artist, teaching and exhibiting in Pittsburgh and Western Pennsylvania for many years. She is the organizer of Zentanglers in Pittsburgh, a Meet-Up group of Zentangle®.

Marcia Semper* is a graduate of Carnegie Mellon University with an MBA in finance from Case Western Reserve University. She was an IBM manager, taught business courses at Pennsylvania State University, is teaching in the Carnegie Mellon University OLLI program, and helping clients manage their personal finances.

Cathy Sendek-Sapp* has taught French at the University of Pittsburgh as a teaching fellow and part-time instructor as well as for noncredit lifelong learning.

David Shifren* has an **MFA** in fiction writing and teaches in the graduate writing program at Seton Hill University. He is a former film reviewer for *The Film Journal* and screener for CBS/Fox Video and a recipient of a 2006 Pennsylvania State Council on the Arts grant in screenwriting.

Franklin Snyder, PhD, has 37 years' experience with research and development in academic, government, and industrial environments. He has a PhD in Physics from the University of Iowa and has taught at the University of Kentucky. He authored the WindowsUtilities.com site.

Lisa Sobek has been teaching Zumba for 10 years and is certified in not only Zumba Gold® but also in Aqua Zumba, and Zumba Basics. She started teaching at the YMCA and then branched out to Community College of Allegheny County, church halls, and clubhouses in senior living environments. Not only does she teach Zumba, but in the other part of her professional career she is a geriatric care manager and has been in the field of geriatrics for more than 30 years.

Alan Stanford*, known as Ireland's leading exponent of the works of Oscar Wilde, is an actor, director, and adaptor of plays. He is the former artistic director of Second Age Theatre Company for whom he has directed many productions, most recently *Philadelphia Here I Come!* For nearly 20 years, he has been principal director at the Gate Theatre Dublin. He holds the privilege of directing Harold Pinter in his own play, *The Collection*, and has presented many of his own adaptations. Standord's performances at PICT Classic Theatre include *The Pitmen Painters*, and directing the theatre's record-breaking production of *The Mask of Moriarty*, as well as *The Kreutzer Sonata*.

Lisa Stoeckle* graduated from Edinboro University of Pennsylvania with a BS in art education. She has been teaching art within the city for the past 15 years.

Stanley Swartz* has been studying and teaching Tai Chi Ch'uan in the United States and abroad for more than 30 years. He teaches beginning through advanced level classes and has taught classes specifically for older adults through several local programs.

Javier Vazquez-D'Elia*, PhD, is currently a lecturer in political science at Behrend College, Pennsylvania State University. Throughout the last 10 years, he also has taught at the University of Pittsburgh and California University of Pennsylvania.

Barbara Veazey* is an **RN** and long term care insurance specialist who provides training and consultations on health care, insurance, home care, and facility placement. She is a Pennsylvania certified APPRISE counselor.

Michael Walter*, MFA, is an actively exhibiting visual artist in Pittsburgh with 15 years of solo and group shows and works in private collections. He previously taught through the Community College of Allegheny County Lifetime Learning Program.

Germaine Watkins* is a photography teaching artist at Manchester Craftsmen's Guild, mentor with the Still Feel Like Going On project and instructor for OLLI at Pitt. His photography passions include both traditional film as well as digital photography.

John Wilson*, EdD, was director of jazz studies at Duquesne University. He had a 25-year career performing and arranging in New York City. He scored *Indigo in Motion—A Tribute to Billy Strayhorn*, which was first performed by the Pittsburgh Ballet in 2000; contributed arrangements for Nancy Wilson; and wrote a big-band album featuring Joe Negri.

Nancy M. Zielinski, MA in History of Art and Architecture, has been teaching art history for 19 years, with a specialty in the history of photography from 1839 to the present. She is a part-time adjunct assistant professor at Pittsburgh Filmmakers and has taught at the Art Institute of Pittsburgh and the University of Pittsburgh. She also has distance learning experience with the Art Institute of Pittsburgh Online Division.

Consider a Gift to OLLI Through Your Estate or Retirement Plan

A charitable bequest for the benefit of the Osher Lifelong Learning Institute can be included in the body of your will or in an addition to your will (known as a codicil). OLLI also can be a beneficiary of your IRA or retirement account. Contact your account custodian to obtain a beneficiary designation form. For more information or to designate your gift further, please call **1-800-817-8943** or visit **www.pitt.planyourlegacy.org**.

*Indicates that the instructor has taught an OLLI course previously.

MEMBERSHIP BENEFITS AND POLICIES

MEMBERSHIP BENEFITS

As a member of OLLI, you will receive all of these valuable benefits and privileges:

- Register for as many OLLI courses and discussion groups as you wish.
- Audit two undergraduate courses per term.
- Receive an OLLI photo identification card that provides access to University services including libraries and campus shuttles.
- Enjoy discounts on tickets for many cultural events.
- Meet other adults who share your interests.

MEMBERSHIP OPTIONS AND FEES

Annual Membership (three consecutive terms): **\$225**

You save 40 percent off the single-term fees.

Annual Membership Installment Payment: Pay **\$125** now and the remainder with your spring 2016 registration.

Term Membership (all membership benefits, but just for the fall 2015 term): **\$125**

Attention 2015 Summer Term Members: Convert your Term Membership to an Annual Membership by paying just an additional \$100, less any discounts that apply. (Check the second installment line on the registration form.) This can be done in person, by mail, or over the telephone.

SPECIAL DISCOUNTS

Pitt Alumni Association Members: Take a 10 percent discount off the Term or Annual Membership fee. Use discount code ALU. This can be done in person, by mail, or over the telephone.

COURSE LOCATIONS

Most courses are held on campus, and your registration confirmation will include the exact course location. The locations of courses held off-campus are listed with the course descriptions.

YOUR OLLI PHOTO ID IS A VALUABLE BENEFIT!

Are you using your OLLI photo identification card to get all its benefits? Here's what it provides:

- Your ID provides access to the Hillman Library services. You may borrow books for 14 days with one renewal. Also, with an OLLI computing account, available on request through OLLI, you can access the library's online journals and many databases from your home computer.

- When you present your ID at The University Store on Fifth, you are not charged tax on text book purchases. Also, you receive a 10 percent discount on popular books, excluding sale books.
- With your ID, you can take advantage of the PittArts program, which offers the opportunity to attend performances at all of Pittsburgh's major arts organizations at greatly reduced prices.
- With your ID, you can purchase tickets at the student rate for the University of Pittsburgh Stages productions.
- With your ID, you can ride the University of Pittsburgh campus shuttles, which serve campus locations and the Oakland area.

MEMBERSHIP PARTICIPATION

OLLI courses and programs are open to anyone 50 and better. Participants have the responsibility to select programs appropriate to their abilities and interests. Participants are responsible for being in sufficient good health to undertake the activity safely and for bringing the appropriate clothing/supplies as advised.

OLLI reserves the right to limit participation in OLLI and undergraduate audit courses at the sole discretion of the director. Examples of limitations would be to limit the number of language courses a member is allowed to take to one level per language, not permit a member to take an audit course due to previous issues, or restrict participation in a course for any reason.

ADDITIONAL MEMBER BENEFITS

OLLI members now have access to the University of Pittsburgh's Wi-Fi network. To request Wi-Fi access, contact the OLLI office at osher@pitt.edu. Members are responsible for adhering to all University regulations, maintaining their username and password, and troubleshooting minor issues on their own.

WAIVER REQUIRED FOR COURSES

If a waiver is required for a course due to the location or requirements for participation, members must sign the waiver in order to participate.

REGISTRATION INFORMATION AND POLICIES

OLLI COURSE REGISTRATION

You may register for an Osher Lifelong Learning Institute (OLLI) course, space permitting, until its start date. Courses are filled on a first-come, first-served basis. Some courses may be canceled due to low enrollment. We encourage you to register early. **If you register for a course that is filled, you will be notified immediately.**

COURSE WITHDRAWAL

You may take as many OLLI courses as you wish or as space permits. However, if you know you can't attend an OLLI course for which you registered, please call us to withdraw.

CLASS ATTENDANCE

We urge you to attend all courses and activities for which you are enrolled. Please do not register for more courses and events than you plan to attend. Also, do not attend a course or event unless your registration has been confirmed.

CONFIRMATION AND COURSE LOCATION

You will receive a written confirmation of your course registration. For OLLI courses, the confirmation includes the exact course location and any texts or special materials required for the course. If you do not receive your confirmation, call 412-624-7308 to confirm your enrollment and the course location.

REFUND POLICY

Because full membership in the Osher Lifelong Learning Institute includes unlimited OLLI courses and an array of benefits, the membership fee is generally nonrefundable. However, if a refund is requested before any benefits have been used and before any classes have been attended, the request will be honored.

If you drop an audit course during the add/drop period and paid a fee for the course, the fee will be refunded.

Full refunds for day trips will be issued if the withdrawal occurs by the registration deadline. Withdrawals after that date will be subject to a 50 percent cancellation fee. No refunds of trips/special events will be issued if the withdrawal occurs within three business days of the trip/special event unless otherwise noted.

Membership in OLLI is nontransferable.

TEXTBOOKS AND MATERIALS

Texts and materials required by the OLLI course instructor will be indicated on your confirmation. Copies of required texts will be available at The University Store on Fifth, 4000 Fifth Avenue, in a special section for OLLI. Texts for audit courses are shelved by department, catalog number, and class number.

ACCESSIBILITY

Please call 412-624-7912 to inform us of your needs. To ensure accommodation, please contact us at least two weeks before the start of the course.

How to Register

We offer four different registration methods. We highly recommend using online registration. This is the most convenient and efficient way of processing registrations for members and staff.

ONLINE REGISTRATION: Enjoy the convenience of online registration. If you have not accessed your account online, review the procedures below. Instructions and procedures for registering online also are available on the OLLI Web site by clicking on the **Register Online** button or going to the **Registration** page.

You can purchase or renew your membership and register for courses and events. MasterCard and Visa are accepted for payment. Online registration for audit courses is available. For more information, see page 17.

BY MAIL: Send the completed registration form along with your check or payment information to:

University of Pittsburgh
College of General Studies
Osher Lifelong Learning Institute
1400 Wesley W. Posvar Hall
230 South Bouquet Street
Pittsburgh, PA 15260

BY PHONE: Call 412-624-7308 with MasterCard/Visa information between 8:30 a.m.–5 p.m. (Phone registration is **not available** for audit courses.)

Extended Phone Registration Hours

Beginning on Tuesday, July 28, and continuing through Tuesday, August 4, Steve Lander, OLLI registrar, will be available to accept and process in-person and phone registrations from 8:30 a.m.–5 p.m. (except during lunch). On Monday, August 3, the phone will be answered from 11 a.m.–7 p.m. We hope that this provides the support for OLLI members. Phone registration times will go back to normal hours the following week, so get those registrations in early!

IN PERSON: Bring your completed form to the University of Pittsburgh, 1400 Wesley W. Posvar Hall, Monday through Friday, 8:30 a.m.–5 p.m.

NOTE: A \$20 fee will be charged for any check returned by the bank.

ENJOY REGISTERING AND ACCESSING YOUR ACCOUNT ONLINE!

Take advantage of this fast and easy way to register for courses and purchase or renew your membership. **If you have not accessed your online account, select the category that applies to you and follow the directions. Go to the OLLI Web site and click the View Courses & Register Online button.**

If you are an OLLI member and receive e-mails from OLLI, an account has already been created for you. Once you connect to the online registration site, click Forgot your password? in the LOGIN box and follow the prompts.

If you are an OLLI member but have not shared your e-mail address with OLLI, please call 412-624-7308 and provide us with your e-mail address before using the online registration site. **If you are not a member but received this catalog in the mail,** please call 412-624-7308 and provide us with your e-mail address before using the online registration site.

If you are new to OLLI, welcome to the Osher Lifelong Learning Institute. Once you connect to the online site, we invite you to create an account, purchase your membership, and register for courses.

OSHER LIFELONG LEARNING INSTITUTE (OLLI) FALL 2015

Please complete a separate form for each registrant.

Please include your e-mail address on the registration form even if you think we already have it. And, if your address changes, be sure to send the change to OLLI. Our e-mail lists are not sold or exchanged.

Name: Dr./Mr./Mrs./Ms. _____ Middle initial: _____
 (as it appears on your driver's license)
 Birth date (mm/dd/yy): _____ Day phone: _____
 E-mail: _____ Cell phone: _____
 Street: _____ City: _____ Zip Code: _____
 Emergency contact: _____ Phone: _____

How do you want to receive the following items:			
Catalog	E-mail (print address) _____	Pick up in Lounge _____	Mail _____
Newsletters	E-mail (print address) _____	Pick up in Lounge _____	Mail _____
Confirmations	E-mail (print address) _____	Pick up in Lounge _____	Mail _____

OLLI COURSES:
 To register for OLLI courses, check schedule on the reverse side.

Audit Course Enrollment

COURSE 1
 Course Title _____ Dept. _____ Catalog NBR _____
 Class NBR _____ Day/Time _____ Bldg/Room _____
 Instructor's Permission (if applicable) Signature _____ Date _____

COURSE 2 OR ALTERNATE (circle your choice)
 Course Title _____ Dept. _____ Catalog NBR _____
 Class NBR _____ Day/Time _____ Bldg/Room _____
 Instructor's Permission (if applicable) Signature _____ Date _____

TOTAL DUE AND PAYMENT INFORMATION Please indicate your membership level and the payment amount.

FULL MEMBERSHIP

_____ Annual Membership (fall, spring, summer) \$225 _____
 _____ Annual Membership first installment \$125 _____
 _____ Annual Membership second installment \$100 _____
 _____ Term (fall only) \$125 _____

DONATION TO OLLI + _____
MEMBERSHIP AND FEES TOTAL \$ _____

ADJUSTMENTS TO MEMBERSHIP

Less 10 percent discount - _____
 _____ Discount (discount code _____) - _____
Plus additional audit courses
 _____ additional audit courses at \$25 each + _____

ADDITIONAL FEES

10th Anniversary Celebration (\$10) + _____
 Meadowcroft Tour (\$62) + _____
 Parking at Wesley W. Posvar Hall for Meadowcroft Tour (\$5) + _____
 Pittsburgh Zoo Tour (\$15) + _____
 Westmoreland Museum Gallery Tour (\$70/\$75) + _____
 Parking at Soldiers & Sailors for Westmoreland Tour (\$10) + _____
 Zero Dark Thirty (\$5 nonrefundable) + _____

METHOD OF PAYMENT

_____ Check, payable to University of Pittsburgh
 _____ Visa _____ MasterCard

Card Number _____
 Security Code _____
 Expiration Date _____
 Signature _____

CLASS BY DAY

Name: _____

SESSION 1

Monday		Thursday	
	Exploring Different Color Palettes in Watercolors		T'ai Chi Ch'uan, Level 1 (10 weeks)
	The Story of Pittsburgh's Forests		Advanced Conversational Spanish (Juves)
	<i>The Tempest</i> (4 weeks)		Introduction to Drawing with Mixed Media
	The Writing Circle: Write Now!		Issues in Intergovernmental Relationships
	Beginner Conversational Italian 1		Italian 2: Conversational Italian (10 weeks)
	Advanced Beginner Spanish		T'ai Chi Ch'uan, Level 2 (10 weeks)
	Art of the Portuguese Empire		The Birth of Opera and the Brilliant Baroque
	How Did Jesus Become a God?		Italian 4: Conversational Italian (10 weeks)
	Lyricists of Tin Pan Alley		Adaptations in Spanish Filmmaking
Tuesday			Beginner Spanish
	Get Strong, Get Fit, Get Moving (10 weeks)		Genetics in the News
	French for Travelers		The Battle Over the "Real" Stories of Historic Events
	Cuba: From Columbus to Fidel to Raul...?	Friday	
	Media and American Politics in the TV Age		Appalachian Dream/Appalachian Nightmare
	Get Strong, Get Fit, Get Aerobicized (10 weeks)		Intermediate Conversational French
	T'ai Chi Ch'uan, Level 3 (10 weeks)		Stress and Your Life
	Behind the Headlines		Politics of Social Protection and Health Care Reform
	Singing for Fun		Music of the Civil War
	Advanced Int. Conversational French (10 weeks)		The Psychology of Book Covers
	Edgar Allen Poe, American Author		Hollywood Movies: The Renaissance
	"Pass" from Kitchen Bridge to Duplicate Bridge (DG)		Using the Press/Print Portfolio
Wednesday		Saturday	
	Oriental Landscape and Flower Painting		Zumba Gold®
	Anatomy of Yoga (10 weeks)		Photo Learning on the Go!
	Jazz Sampler		
	Minerals of the Museum		
	Modeling Hard Decisions		
	Race, Racism, and Racial Justice		
	The Jewish Responses to Modernity		
	Air Pollution, Health, and Making a Difference		
	Bible and Archaeology		
	Fall is for Gardening		
	Poetry, Past and Present		
	Visual Journaling with Collage and Mixed Media		

The Nationwide OLLI Network

The Osher Lifelong Learning Institute at the University of Pittsburgh is supported by the Bernard Osher Foundation. We are one of 117 OLLIs located on university and college campuses throughout the United States.

To find out about other OLLIs, visit the institute's National Resource Center Web site at www.osher.net.

CLASS BY DAY

Name: _____

SESSION 2

Monday		Friday	
	History and Foundations of Genetics		Meet the Authors
	Intersections between Faith and Atheism		Multiple Illiads, One Homer
	Introduction of Latin American Politics		Sexuality and Relationships
	Doo Wop Music (DG)		<i>Best American Short Stories 2015</i>
	Facebook and Twitter and Texting, Oh My!		Zentangle®: Meditative Drawing
	The Arts Under the Medici in Florence	Events	
	Better Choices, Better Health		Take Me Out to the Ballgame
Tuesday			Riding the Rails to Freedom
	Heroes		Health and Safety Day
	Ladies Wielding Pens: Modern Plays by Women		Allegheny Observatory Tour
	Climate Change: Science, Impacts, and Policies		Israel/Palestine: Modern Challenges on the Path to Peace
	Five Perspectives on Music		
	How to be Smart with Your iPad		
	Learning to Manage Your Finances		<i>See paid events on p.27.</i>
Wednesday			
	Contemporary Immigrant Experiences		
	Johannes Brahms: Revolutionary or Reactionary?		
	Five Days with Dustin (Hoffman)		
	Keywords in Latin America		
	Palestine Speaks: Narratives of Life Under Occupation		
Thursday			
	Advanced Conversational Spanish (Farber)		
	Stories of the Sea		
	The Symphony		
	The Syrian Civil War		
	How to Be Smart With Your iPhone		
	Understanding Seniors Health Insurance		
	What to Eat...for Health and Enjoyment?		
	Writing as a Spiritual Journey		

Make a Donation

Many members mention that the Osher Lifelong Learning Institute has been a perfect fit for them. What about you? Has OLLI been important to you? Please help us to continue to make an impact by making a donation to support scholarships and courses.

To make a tax deductible donation, you can call us at 1-800-817-8943 or visit us online at www.giveto.pitt.edu/osher, or you can indicate your donation on your registration form. If donating by check, make the check payable to the University of Pittsburgh.

Wow! What A Year!

We have accomplished great things through our strategic plan over the last year and we want to share the wonderful news with the people who made it happen!

Accomplishments in Our Four Goals

1. Evolve the program to meet the needs and interests of current and future members
 - a. Increased percentage of new courses and content offered each term (the goal was 80 percent new content, not including languages and fitness)
 - b. Began process of streamlining Curriculum Committee processes to provide the correct amount of information in a timely manner
 - c. Solicited hundreds of ideas from members
 - d. Offered unique courses such as the Smithsonian American Art Museum videoconference course
2. Increase the awareness of OLLI at Pitt for partners, funders, and potential members through outreach
 - a. Revamped catalog to make it more functional and aesthetically appealing
 - b. Developed a tri-fold brochure to market OLLI at Pitt
 - c. Generated a great deal of interest in the OLLI at Pitt program through numerous articles written about OLLI at Pitt in University and off-campus publications
 - d. Interviewed on KDKA-TV's *Pittsburgh Today Live* program with two members talking about OLLI at Pitt
 - e. Created OLLI at Pitt Marketing Committee
 - f. Saved more than \$2,000 on annual catalog printing and development through various strategies, e.g., members electing to receive the catalog by e-mail, updating the mailing list, and reducing the size of the catalog
3. Increase the number of members focusing on retention and diversity
 - a. Launched new member tours before each term
 - b. Began developing new member packet (implemented in fall 2015)
 - c. Secured and implemented Wi-Fi for members
 - d. Instituted automatic phone calling system for members
 - e. Increased social offerings for members to connect outside of class
4. Develop a culture of philanthropy and sustainability in OLLI at Pitt and be efficient with the resources at OLLI's disposal
 - a. Raised nearly \$50,000 from more than 600 people (including 500+ members, which equates to 43 percent of membership), far surpassing the goals of \$20,000 from 15 percent of membership
 - b. Secured the second \$1 million endowment grant from The Bernard Osher Foundation with acknowledgement from Chancellor Patrick Gallagher and Senior Vice Chancellor for Engagement and Chief of Staff Kathy Humphrey
 - c. Reconstituted an OLLI at Pitt Fundraising Committee
 - d. Recruited members for a variety of volunteer opportunities including committee work, open house volunteers, and OLLI Ambassadors program
 - e. Connected to various departments at Pitt including Benefits, Retirement, Human Resources, Institutional Advancement, and the Staff Association Council.

So, What's Next? That is Up to You!

We have great things planned for this year, too, but we still need your input. Here are some of the things the committees will be working on grouped by our four strategic plan goals. You also can learn more at the 10th Anniversary Celebration on Friday, October 2. If you are interested in helping or learning more, please contact Jennifer!

1. Evolve the program to meet the needs and interests of current and future members
 - a. Explore satellite/off-campus courses
 - b. Streamline course idea, solicitation, and review process to ensure member input and efficiency
 - c. Highlight audit program to include opportunities and responsibilities of members
2. Increase the awareness of OLLI at Pitt for partners, funders, and potential members through outreach
 - a. Revamp Web site
 - b. Market work of OLLI at Pitt and the second \$1 million endowment grant
 - c. Implement marketing strategy and plan, including regular press releases
3. Increase the number of members focusing on retention and diversity
 - a. Distribute new member packet to all new members (and current members who find it useful)
 - b. Develop schedule of social events and possibly develop a social committee
 - c. Look at program offerings to ensure OLLI at Pitt appeals to a wide variety of audiences
4. Develop a culture of philanthropy and sustainability in OLLI at Pitt and be efficient with the resources at OLLI's disposal
 - a. Further establish OLLI at Pitt's annual fundraising campaign and importance of giving "time, talent, and treasure"
 - b. Develop and institute a stewardship plan for all donors, including nonmonetary donors
 - c. Increase awareness and connectedness of OLLI at Pitt to local foundations and corporations
 - d. Further solidify relationships with the University to ensure sustainability and access to current and future resources



On hand to celebrate the announcement that The Bernard Osher Foundation awarded OLLI at Pitt a second \$1 million endowment are (from left to right) Cristina Ruggiero, associate dean, College of General Studies; N. John Cooper, Bettye J. and Ralph E. Bailey Dean of Arts and Sciences; Jennifer Engel, director, Osher Lifelong Learning Institute; and Kathy Humphrey, senior vice chancellor for engagement and chief of staff.



University of Pittsburgh

College of General Studies
Osher Lifelong Learning Institute
1400 Wesley W. Posvar Hall
230 South Bouquet Street
Pittsburgh, PA 15260

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Join Us for an Open House!

Learn the many benefits of Osher Lifelong Learning Institute Membership. Come to either one of the following sessions:

**Wednesday, August 12, from
10 a.m.–noon or 5–6:30 p.m.**

Information sessions will be held at 10:30 a.m. and 5:15 p.m. Both sessions will be held at the McCarl Center, College of General Studies, 1400 Wesley W. Posvar Hall, 230 South Bouquet Street, Pittsburgh, PA 15260.

- Visit with current members.
- Become a member and register for courses.
- There is no waiting list for membership.

RSVP by calling **412-624-7308**, or e-mail us at **osher@pitt.edu**. RSVPs are appreciated but not necessary.

LEARN • GROW • THRIVE