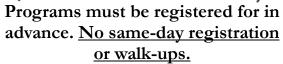
PROGRAM:	DATE:	COST:	Where:	TIME:	
(If The MUSICAL —One of our favorite holiday movies has become a musical! Buddy the Elf will sing our way into the holiday season!	Sun., Nov. 8	\$50 Limit 20 people	La Sierra Community Center 5325 Engle Rd., Carm, 95608	6:30pm- TBA	
APPLE hill – Celebrate Columbus Day with TRS and let's go up the hill for some Apple Doughnuts, Apple Fritters, Apple Pie and Apple everything!	Wed., Nov. 11	\$ 40 Bring a lunch and/or \$20 for food & goodies Limit 35 people	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	Drop-off 9:00pm Pick-up: 4:00pm	
hOOTENANNY hOEDOWN DANCE - Grab your partner for an ol' fashioned hoedown. Don't forget your cowboy hat & your boots! Optional line dancing instruction at 6:30pm.	Fri., Nov. 20	\$8	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	7:00pm- 9:00pm	
hAND-MADE hOLIDAY NIGhT - Make your own gifts, decorate cookies and more at a fun holiday night with friends!	Wed, Dec. 2	\$20 Limit 35 people	TRS Office—Room 810 La Sierra Community Center 5325 Engle Rd., Carm., 95608	6:30pm- 8:30pm	
hOLIDAY BAKING NIGhT - What's the holiday season without baked goods?! Join us while we bake us some yummy treats!	Tues, Dec. 8	\$20 Limit 35 people	TRS Office—Room 810 La Sierra Community Center 5325 Engle Rd., Carm., 95608	6:30pm- 8:30pm	
SAN FRANCISCO UNION SQUARE - Head to the City by the Bay's famous shopping area to find last minute gifts and get in the holiday spirit!	Sun, Dec. 13	\$45 *Bring money for lunch & shopping Limit 45 people	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	Drop-off 8:00am Pick-up: 6:00pm	
TWINKLE TOUR - Let's tour the city listening to our favorite carols, drinking hot cocoa and looking for the best holiday displays in town!	Thurs., Dec. 17	\$15 Limit 20	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	6:30pm- 8:30pm	
JINGLE BELL ROCK -Celebrate the holidays with a night of festive music, snacks & friends! Bring \$2 for a picture with Santa!!	Friday, Dec. 18	\$8	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	7:00pm- 9:00pm	

SAC. (O. CHARGERS INFO

- ♦ Floor Hockey training through Dec.
- ◆ Special Olympics basketball starts in January Call 916/484-2044 for more information.

PLEASE NOTE:



To register for programs you can:

- <u>Mail</u>: Please send completed form, along check/money order/TRS credit made payable to:
 Sacramento County to:
 - TRS, 5325 Engle Road #810, Carmichael, CA 95608
- Phone: call us at (916) 484-2044 to pay with a credit card.
- Come in person: Office is open Wed Fri, 10:00am 4:00pm.

 Please make sure you have the exact amount as we do not have change.

 (Our office is located next to room 810) Thank you!
- Per Sacramento County, there will be a \$45 fee for all returned checks.
- Please list full names of all people who will be attending programs; no initials please.
- For all TRS dances, there will be no at-the-door registration. The deadline to sign-up is the Thursday before the dance.

Member

nergency#		## II	 	 	 		 	 	 	TOTAL AMOUNT ENCLOSED:
En	-	\$50x #	\$40x #	# ×8\$	\$20x #	\$20x #	\$45x #	\$15X #	\$8x #	FAL AMOUN
_ Cell #	, dietary, etc.)	Sun. Nov. 8	Wed. Nov. 11	Fri. Nov. 20	Wed., Dec. 2	Tues. Dec. 8	Sun. Dec. 13	Thurs. Dec. 17	Fri. Dec. 18	TOT
hone #	pecial Needs (wheelchair, meds.	Elf the Musical:	Apple Hill:			Holiday Baking Night:	S.F. Union Square:	' Twinkle Tour:	3 Jingle Bell Rock:	
	Cell#	Phone # Cell # Emergency# Special Needs (wheelchair, meds., dietary, etc.)	Cell #Emergency#s., dietary, etc.)Sun. Nov. 8	Cell #Emergency#	Cell #Emergency#	\$50x # \$40x # \$8x # \$20x #	Cell #Emergency#	Cell #Emergency#	Cell #Emergency#	Cell #

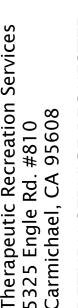
PROGRAM NOTES:

- Please give yourself ample time to arrive at programs. If you are late, we CANNOT wait more than 10 minutes as we have prompt schedules for all programs. Thank you!
- If you cannot attend a program, please call **916.484.2044** at least two days prior to the scheduled event. No-shows cannot receive a credit.
- In general, TRS programs are designed for participants who are able to function in a 1:6 staff! -to-participant ratio. Attendants may be able to be accommodated.
- Programs listed here will not be on any other upcoming flyers, so sign up today for the program(s) of your choice!

Board of Supervisors

Phil Serna, District 1 Patrick Kennedy, District 2 Susan Peters, District 3 Roberta MacGlashan, District 4 Don Nottoli, District 5 Brad Hudson, County Executive

THE BLIND AND PHYSICALLY



REQUESTED SERVICE RETURN









Programs designed for individuals with disabilities ages 14 & up.

CHECK OUT THE PROGRAMS THAT TRS has to offer for **NOV & DEC. PLEASE USE THE** REGISTRATION FORM TO SIGN UP FOR THE PROGRAMS OF YOUR CHOICE!

County of Sacramento Department of Regional Parks Therapeutic Recreation Services 5325 Engle Rd. #810, Carm. 95608 916.484.2044, Fax: 916.484.2041 TTY through CRS: 1.800.735.2929 TRS@SacCounty.net www.regionalparks.saccountynet

