








PROGRAM:	DATE:	COST:	WHERE:	TIME:
ELF THE MUSICAL —One of our favorite holiday movies has become a musical! Buddy the Elf will sing our way into the holiday season!	Sun., Nov. 8	\$50 Limit 20 people	La Sierra Community Center 5325 Engle Rd., Carm, 95608	6:30pm- TBA
APPLE HILL – Celebrate Columbus Day with TRS and let's go up the hill for some Apple Doughnuts, Apple Fritters, Apple Pie and Apple everything! 	Wed., Nov. 11	\$ 40 Bring a lunch and/or \$20 for food & goodies Limit 35 people	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	Drop-off: 9:00pm Pick-up: 4:00pm
HOOTENANNY HOEDOWN DANCE - Grab your partner for an ol' fashioned hoedown. Don't forget your cowboy hat & your boots! Optional line dancing instruction at 6:30pm.	Fri., Nov. 20	\$8 	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	7:00pm- 9:00pm
HAND-MADE HOLIDAY NIGHT - Make your own gifts, decorate cookies and more at a fun holiday night with friends! 	Wed, Dec. 2	\$20 Limit 35 people	TRS Office—Room 810 La Sierra Community Center 5325 Engle Rd., Carm., 95608	6:30pm- 8:30pm
HOLIDAY BAKING NIGHT - What's the holiday season without baked goods?! Join us while we bake us some yummy treats! 	Tues, Dec. 8	\$20 Limit 35 people	TRS Office—Room 810 La Sierra Community Center 5325 Engle Rd., Carm., 95608	6:30pm- 8:30pm
SAN FRANCISCO UNION SQUARE - Head to the City by the Bay's famous shopping area to find last minute gifts and get in the holiday spirit! 	Sun, Dec. 13	\$45 *Bring money for lunch & shopping Limit 45 people	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	Drop-off: 8:00am Pick-up: 6:00pm
TWINKLE TOUR - Let's tour the city listening to our favorite carols, drinking hot cocoa and looking for the best holiday displays in town! 	Thurs., Dec. 17	\$15 Limit 20	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	6:30pm- 8:30pm
JINGLE BELL ROCK -Celebrate the holidays with a night of festive music, snacks & friends! <u>Bring \$2 for a picture with Santa!!</u> 	Friday, Dec. 18	\$8	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	7:00pm- 9:00pm

SAC. CO. CHARGERS INFO

- ◆ Floor Hockey training through Dec.
- ◆ Special Olympics basketball starts in January

Call 916/484-2044 for more information.

PLEASE NOTE:

Programs must be registered for in advance. No same-day registration or walk-ups.

To register for programs you can:

- Mail: Please send completed form, along check/money order/TRS credit made payable to:
Sacramento County to:
TRS, 5325 Engle Road #810,
Carmichael, CA 95608
- Phone: call us at (916) 484-2044 to pay with a credit card.
- Come in person: **Office is open Wed - Fri, 10:00am - 4:00pm.**
Please make sure you have the exact amount as we do not have change. (Our office is located next to room 810) Thank you!
- Per Sacramento County, there will be a \$45 fee for all returned checks.
- Please list full names of all people who will be attending programs; no initials please.
- **For all TRS dances, there will be no at-the-door registration. The deadline to sign-up is the Thursday before the dance.**

To register for TRS programs, please completely fill out this portion and turn in along with your payment. Thank you!

Name(s) _____ Age _____ M/F # Attending _____ Member # _____
 If you need more room to list full names, please attach a separate piece of paper.
 Care Home/Facility (if applicable) _____ E-mail _____
 Address _____ City _____ ZIP _____
 Phone # _____ Cell # _____ Emergency# _____
 Special Needs (wheelchair, meds., dietary, etc.) _____
 1. ___ Elf the Musical: Sun. Nov. 8 \$50x # _____ = \$ _____
 2. ___ Apple Hill: Wed. Nov. 11 \$40x # _____ = \$ _____
 3. ___ Hootenanny Hoedown: Fri. Nov. 20 \$8x # _____ = \$ _____
 4. ___ Hand-Made Holiday : Wed., Dec. 2 \$20x # _____ = \$ _____
 5. ___ Holiday Baking Night: Tues. Dec. 8 \$20x # _____ = \$ _____
 6. ___ S.F Union Square: Sun. Dec. 13 \$45x # _____ = \$ _____
 7. ___ Twinkle Tour: Thurs. Dec. 17 \$15X # _____ = \$ _____
 8. ___ Jingle Bell Rock: Fri. Dec. 18 \$8x # _____ = \$ _____

TOTAL AMOUNT ENCLOSED: \$ _____

PROGRAM NOTES:

- Please give yourself ample time to arrive at programs. If you are late, we CANNOT wait more than 10 minutes as we have prompt schedules for all programs. Thank you!
- If you cannot attend a program, please call **916.484.2044** at least two days prior to the scheduled event. No-shows cannot receive a credit.
- In general, TRS programs are designed for participants who are able to function in a 1:6 staff-to-participant ratio. Attendants may be able to be accommodated.
- Programs listed here will not be on any other upcoming flyers, so sign up today for the program(s) of your choice!

Board of Supervisors
 Phil Serna, District 1
 Patrick Kennedy, District 2
 Susan Peters, District 3
 Roberta MacGlashan, District 4
 Don Nottoli, District 5
 Brad Hudson, County Executive



County of Sacramento
 Therapeutic Recreation Services
 5325 Engle Rd. #810
 Carmichael, CA 95608

**FREE MATTER FOR
 THE BLIND AND
 PHYSICALLY DISABLED**

RETURN SERVICE REQUESTED



2015 TRS HOLIDAY HAPPENNINGS



Programs designed for individuals with disabilities ages 14 & up.

CHECK OUT THE PROGRAMS THAT TRS HAS TO OFFER FOR NOV & DEC. PLEASE USE THE REGISTRATION FORM TO SIGN UP FOR THE PROGRAMS OF YOUR CHOICE!

County of Sacramento
 Department of Regional Parks
Therapeutic Recreation Services
 5325 Engle Rd. #810, Carm. 95608
 916.484.2044, Fax: 916.484.2041
 TTY through CRS: 1.800.735.2929
TRS@SacCounty.net
www.regionalparks.saccountynet