



# Hamilton Wentworth Branch

## November/December 2015 Newsletter

*...And Here's Hope!*

I first became a 'mother' in the month of November, and Autumn has always had beautiful special memories for me. I also recall how much I loved to jump in the crisp coloured leaves as a child ...and now I've watched my precious granddaughter Ellie do the same, with the same sense of excitement. Seeing the beauty of the leaves changing colour to red, orange, and gold are inspiring me to bring out those water colour paints and easel once again!



The new RWTO season was off to a great start this past September with the success of our **'Be Our Guest'** event, thanks to Chair, *Linda Sargeant* and her hard working team. Good food, games, conversation, creative interest group displays, and of course the introduction of your new Prez and VP team, along with meeting the rest of our accomplished Executive, made for an interesting and fun-filled afternoon. Many new and renewing members were welcomed, along with the cash donations for Food-4-Kids, and a huge collection of toiletries for Cathedral and Nora Frances Henderson High School's 'walk-in-closets'. Thank you to *Mary McCracken*, Outreach Convenor, and to everyone for your generosity and 'Caring and Sharing' spirit!

Our **"Second Annual Special Outreach Project"** is now underway. Last year was a huge success, so once again I remind our members to submit those names of any deserving local cause who meets the criteria. The due date for submissions is **December 10, 2015**. More information can be found in the newsletter, and application forms on the Branch website: <http://www.rwto.org/branches/hamiltonwentworth.asp>

The October **'Harvest Luncheon'** was extremely well attended and enjoyed by all, including eighteen new members who received their RWTO membership pins. *Ursula Vanderploeg*, our Treasurer, presented our 2015-16 Proposed Budget which was accepted unanimously by members. Thank you Ursula! Our reknown author, columnist and speaker, *Rabbi Bernard Baskin* delivered a heartwarming and thought provoking speech titled, **"The Wisest Sayings Ever Spoken or Written"**, followed by a standing ovation. Thank you to *Lynn Anderton* and the Entertainment Committee for organizing another entertaining and memorable afternoon. Thank you to everyone for your generous toy and monetary donations for CAS and CCAS,..... over \$1200, plus 6 boxes of toys and books!

Our new **"Bright Idea"** sent by member, *Jan Lukas* has proven to be great fun. Many members have participated in this **"Forest of Christmas Trees"** tree decorating contest, creating fabulous 'school' inspired ornaments both at home, and at our recent workshop in Fortinos' Meeting Room. Boxes and bags full of art supplies were donated by members, and **"Michael's"** Craftstore, & **"Staples"**, Ancaster,....with much appreciation. Our **"School Daze"** themed **'RWTO' tree**, decorated during the week of November 9th, will be on exhibit at **Fieldcote Memorial Park and Museum** from Saturday November 14 to Thursday December 24, 2015. We hope you will come to see it. What great "PR" for our Branch, and maybe we'll win a prize!? Please keep sending in those "Bright FUN Ideas".

Preparations are being made for our festive Christmas **"Celebration at the Station"** event on Wednesday December 2nd at Liuna Station. A delicious turkey meal in the elegant diningroom, will be followed by the engaging performance of dynamic singer-songwriter, **Lara MacMillan**. She has created a unique style in the field of soft pop-jazz, which I know you will enjoy as much as our delegates did at the Stratford Convention last June. Remember to make those reservations, and bring your warm wrap ups for the 'Christmas Tree of Hope', and donations for 'Phoenix Place Women's Shelter'. We hope to see you there! ....Many thanks to *Janice Jacobs*, our new Events Convenor, and *Pinky Moro*, our new Events Payment Convenor for all that you've done,...and are doing so well!

I want to wish all of you a very Merry Christmas, and a healthy Happy New Year! See you in 2016, for a **'60th' Anniversary** year of celebrations and lots of fun!

*In 'Caring and Sharing'*

HOPE LEON, President

*After our time on earth we carry nothing away with us except the memory of  
our character, our good deeds, our good name. (Rabbi Bernard Baskin)*

# "Inspiring Members"



- In each newsletter we want to 'celebrate' your special accomplishments.
- Last newsletter we wrote a tribute to **Jan Lukas**, and **Joanne Weeks**.
- Do you know someone who is *inspiring?* doing something amazing? *interesting?*....worthy of mention?
- Please submit the name and information to HOPE: [hleon@bserv.com](mailto:hleon@bserv.com) Thanks. **HOPE:o)**

## 'Second Annual Special Outreach Project'

In keeping with RWTO's 'Caring and Sharing' motto, the Hamilton-Wentworth Branch of RWTO has established a 'Special Outreach Project'. Once a year, a deserving local cause submitted by one of our members, will receive a one-time donation of **\$500** to help offset its financial needs.

The donation will be presented on **February 10, 2016** at the Friendship Lunch.

Submissions must meet the following criteria:

- \*be for a local recipient
- \*be for an individual, family, or community project
- \*be an immediate or ongoing financial need
- \*not be a registered charity
- \*be submitted by an RWTO H-W member
- \*be postmarked by December 10th, 2015



To find the application form click on this link,  
<http://www.rwto.org/branches/hamiltonwentworth.asp> .

Also a red umbrella was found at the Waterfront Centre after the luncheon. Please contact Mary McCracken, if it is yours. ([905-389-9993](tel:905-389-9993), [mccrack161@sympatico.ca](mailto:mccrack161@sympatico.ca))



*Our thoughts and prayers are with the families of Lillian Gordon, an RWTO Life Member, who passed away on June 13, 2015 and Patricia Cudmore, an RWTO member, who passed away on October 8, 2015.*

# INSURANCE

Some information of which you may not be aware:

## REALLY?

*If you are a member of the RWTAO Insurance Plan and you need a hip replacement the plan will pay:*

### 1. Convalescent Benefit

\$350.00 for up to 6 months when confined indoors following hospitalization of 3 or more days

\$72.50 per week for up to 4 weeks following outpatient surgery or hospitalization of less than 3 days

### 2. Home Nursing Benefit

80 percent of nursing services at home

This must be recommended by a physician and services provided by a Registered Nurse, a Practical Nurse or a Personal Support Worker. Maximum \$1500

### 3. Comfort Care Benefit

\$25.00 a day when confined to a hospital

Items such as a telephone or television may be rented for up to a maximum of \$600.

### 4. Ambulance/Taxi Benefit

ambulance or taxi to and/or from hospital confinement or outpatient treatment

\$45.00 maximum

### 5. Physician Validation Benefit

\$50.00 maximum for a physician completing a claim form

### 6. Physiotherapy Benefit

\$200.00 maximum for the services provided by a licensed physiotherapist

### 7. Mobility Assistance Benefit

Rental or purchase of crutches, walker or wheelchair \$150.00 maximum



**YES, REALLY!**

*Read the brochure yourself. The plan is inexpensive and covers so much.*

*Nancy Hodson*

## VOTING

"We appreciate your time and effort in VOTING on the issue of the Area 4 split. (Area 4 currently extends from Hamilton-Wentworth to Niagara Falls). The voting process throughout the Area is still being tallied, and we will inform you of the final decision at a later date."



## *Celebrate RWTO's 60<sup>th</sup> Anniversary*

Purchase a special memorabilia pin!

The pins will be sold at:

Celebration At the Station

Friendship Luncheon

The 60<sup>th</sup> Anniversary Tea



We only have 100 to sell,  
so first come, first served.

The pins are \$5 each.





If you would like to join a committee,  
or help at our events, please contact:

Linda at [rwto.linda@gmail.com](mailto:rwto.linda@gmail.com) or  
Hope at [hleon@bserv.com](mailto:hleon@bserv.com)



Let me entertain you . . .

"If you have any suggestions for great entertainment for our luncheons,  
please contact Lynn at: [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com)"

**Needed . . .** members who would like to join the **Entertainment Committee.**

This committee decides on the entertainment we provide for the "Harvest Luncheon",  
"Celebration at the Station", and "Friendship Luncheon."

The time commitment would be 2-3 meetings a year.

Bring your ideas for great entertainment.

Please contact Lynn at: [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com)"



## MESSAGE FROM GOOD WILL



Sincere thanks to the Scrapbooking Interest Group for the beautiful hand-made greeting cards they donated to Goodwill. They will be used to bring cheer or sympathy to our members, as needed.

Thanks also to those who have informed us of occasions when a card should be sent. A reminder to also keep us informed of any change of address so we can keep our information up-to date.

Many thanks, Peppy Tew and Eileen Collins

# Harvest Luncheon Pics and Praise



The Harvest Luncheon was a resounding success at the Waterfront Banquet Centre. There were 161 in attendance with 18 new members. Rabbi Baskin gave a memorable address and the collections for ccas and toy donations were very successful. We are looking forward to the same turnout at Liwana for 'Celebration at the Station.' on Wed. Dec 2nd. *Janice Jacobs*

Hello Everyone,

Thank you to all of you for helping to make today's Harvest Luncheon such a great success!

Our numbers were extraordinary (**161** guests I believe), with **18** new members present. The ambiance was like a wedding,.....so beautiful! The food was delicious,....and every single moment made me so proud of our organization. The "Caring and Sharing" of our membership was evident in the number of Outreach boxes being packed up to send to our charities. Last but not least,...Rabbi Baskin's speech was enjoyed by all, ..... such profound wisdom, sensitivity and awareness given by this incredible 95 year old. (I did mention my mother to him!) *Hope*

## OUTREACH

Many thanks to everyone for their generous donations this fall. At Be Our Guest we had two trunkfuls of toiletries to deliver to Cathedral High School and Nora Frances High School respectively. We collected over \$350 for the Food4Kids program.

At the Harvest Lunch RW ladies continued to demonstrate their thoughtfulness. Three boxes of toys and books and \$615 went to each of the children's aid societies to brighten the lives of their charges at Christmas. Once again the women of RWTO Hamilton-Wentworth demonstrated their wonderful "Caring and Sharing" nature. Thank you one and all. Have a wonderful fall season.

Mary McCracken, Outreach Convenor





## Ornament Making at Fieldcote

A huge "thank you" needs to go out to all Santa's helpers who contributed art supplies, and helped to make the ornaments, both at home and at the workshop, and also to those who will be decorating the tree. Thank you all!!!



## Upcoming Events

# Fashion Show Models Wanted!

Our February 'Friendship Luncheon' fashion show is soon approaching. If you would like to be a part of this exciting entertainment, please email: Lynn Anderton @ [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com) OR: Hope Leon @ [hleon@bserv.com](mailto:hleon@bserv.com)

- Clothing from **Modella's Ladies Wear** in Westdale Village
- All sizes and shapes wanted!
- Must be available for January try-ons
- Fun! Fun! Fun!





# Celebration at the Station Update

Have you booked your table for our Dec. 2nd "Celebration at the Station" event yet?

Better hurry.

It will be fantastic!



There is a little change in our entertainment plans. Due to a career change for a member, the Forever Plaids Quartet is no longer able to perform for our lunch event. So we have booked a wonderful singer named Lara MacMillan. Her voice is sultry, warm and mesmerising. Her musical phrasing is creatively unique and compelling.

To quote Errol Nazareth, Big City Small World, CBC Radio: "Her songs boast drama, sharp observations, joy and pain. And she's a gifted vignettist who transports you to cafes, beaches, city streets and bars that inspire this collection of originals...the music and stories speak volumes." We believe you are going to love Lara MacMillan!

Lynn Anderton

**Wed. Dec. 2nd**  
11:00 Meet & Greet  
11:45 Seating

**Tickets \$35**

Cheques to "RWTO Hamilton-Wentworth Branch"  
Send to Pinky Moro  
24-1967 Main St. W.  
Hamilton, ON L8S 4P4

**Book by November 18th, Please!**  
Remember that one person from your group  
should send your table seating  
requests to Pinky also!  
pinky1@cogeco.ca

**Liuna Station**  
360 James St. N.  
Hamilton L8L 1H4

**King George Ballroom**  
Back of the building - lower level  
Parking entrance off John St. N.

**Celebration  
At The Station!**

Collection For Phoenix  
Place Women's Shelter  
and childrens' hats,  
mitts, & scarves for  
Christmas Tree of Hope.



# MESSAGE BOARD

## Art Appreciation Club Info

### Nov. 25th AGO Trip

We will take morning GO train and have lunch near the Art Gallery of Ontario, then head to the J.M.W. Turner Painting Set Free Exhibit. for 1:00. If you have an OCT card gallery entry is free but Turner exhibit will cost \$10.00 If you are a senior with no OCT card.: \$21.50. If we have a group of 10 or more we can get a group rate of \$16. each. To join group email [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com) Suggested time for Go Train will follow in email to those attending.

One of the most radical and influential artists of the 19th century, **Joseph Mallord William**

**Turner** (1775–1851), was a giant of British art who produced many of his most important and famous pictures after the age of sixty, in the last fifteen years of his life.

Featuring more than 50 paintings and works on paper on loan from Tate Britain, *J.M.W. Turner: Painting Set Free* is the first major exhibition to focus on the final and most experimental phase of the artist's career. Beginning in 1835 and closing with his last exhibitions at the Royal Academy in 1850, the exhibition explores how Turner's later years were a time of exceptional energy and vigour.

Premiered at Tate Britain in September 2014 and heralded by critics across the U.K. as “an exciting, entrancing show” (The Guardian) and “sensational” (London Evening Standard), *J.M.W. Turner: Painting Set Free* reveals a painter whose breadth of knowledge and romantic imagination was matched only by his innovative spirit.

Turner's late works, with their emphasis on atmosphere, are famous for their rich colour, textures and evocative use of light. Challenging the myths, assumptions and interpretations that have grown around Turner's later work, this exhibition sets out to show how his final years were a time of exceptional drive and vigour, during which he continued travelling, confronting and painting the dramatic landscapes of Europe. The installation at the AGO will be coordinated by Lloyd DeWitt, AGO Curator of European Art.

Organized thematically, the exhibition takes a focused look at his travels across Europe, his fascination with classical history, mythology and religion, his love of the sea and his pre-occupations with capturing light and atmosphere.

**Dec. 3rd- FYI : Art in the Workplace- Evening Opening Gala** for new 19th exhibit at McMaster Innovation Centre If you plan to attend and wish to know who else is going then email. [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com)

### Dec. 16 McMaster Museum of Art Exhibit: The Unvarnished Truth

Optional lunch at noon at Williams on Main W across from McMaster. Gallery at 1:00 pm. Admission is pay what you can with a suggested donation of \$2.00



**THE UNVARNISHED TRUTH:**  
exploring the material history of paintings  
5 September – 19 December 2015

*The Unvarnished Truth* is an exhibition presenting discoveries made by an international team of nearly 30 researchers and scholars—conservators, curators, engineers, scientists, forensic art historians and more—who worked together to examine 9 historical paintings in McMaster's collection, including works by Van Gogh, Jawlensky, and the workshop of Peter Paul Rubens. It includes a body of research, a touring exhibition, a publication, a website, and a series of public events.

Explore the research online  
now: [theunvarnishedtruth.mcmaster.ca](http://theunvarnishedtruth.mcmaster.ca)

## BUMPER BABES BOWLING

....'6th' Season!

Wed. Nov. 18, 2015

11:00am., social, ...

11:30am. games begin

@ Mountain Lanes,  
335 Upper Wentworth at Concession

905- 574- 8974

New Members Welcome!!!

Contact Hope: [hleon@bserv.com](mailto:hleon@bserv.com)

905- 528- 2348

\*\*Next date: Thurs. Dec. 17th

## Bumper Babes at "Be Our Guest"



Spooky Halloween RWTO Euchre Group?

## Join the **West Euchre Ladies**

for some card fun on

Mondays. Oct. 26: Wear Orange  
and/or Black

Nov. 30; Dec. 28

Lunch at 12 Noon; Cards 1 p.m.

Fortinos: Main St. W. (Upstairs)

Contact Jeanette at

[jeanette.24@icloud.co](mailto:jeanette.24@icloud.co)



## EUCHRE EAST

The 2nd Thursday of the month

11:30 am - lunch & then cards

AT TEDDY'S

Main St, Grimsby

Thursday, November 12th

Thursday, December 10th

Phone: Lynn - [905-309-4438](tel:905-309-4438)

email - [ldjg1999@gmail.com](mailto:ldjg1999@gmail.com)

## Knitting & Crocheting Interest Group

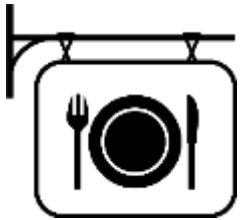
... Your efforts are greatly appreciated!

Have you heard the story of our last load of afghans that went to Interval House? It was just before Mother's Day and the person in charge at Interval House was so impressed and grateful with our afghans, that she went to the store and bought tissue paper and gift bags. She gave each woman, who was at the shelter that week, an afghan all wrapped up for Mother's Day. She was crying when she told us the story.

As shared by Bernice Kania



## Lunch Bunch



Here are the 2016 dates:

January 5

The Express Restaurant

349 Grays Road, Stoney Creek

(905) 560-1475

February 2

1010 Bistro

1010 King Street West, Hamilton

(905) 526-6642

March 1

The Powerhouse

21 Jones St., Stoney Creek

(905) 930-7381

April 5

Brux.House

137 Locke St., S. Hamilton

(905) 527-2789

May 3

Lemon Grass

1300 Garth St., Hamilton

(905) 574-3932

June 14

The Pottery Cafe

2290 Hwy 5, Troy

(519) 647-

## Movie Group

Monday Nov.2 - 1pm

Silvercity Ancaster

Film: "This Changes Everything"

Coffee and discussion following  
at Kelsey's Meadowlands.

For more info contact Mardie

at [mardiepan@gmail.com](mailto:mardiepan@gmail.com)



## Theatre Group



Saturday December 5th - 2pm.

*"The Game's Afoot or  
Holmes for the Holidays"*  
(a fabulous whodunit)

For tickets contact the  
Players' Guild of Hamilton

[905-529-0284](tel:905-529-0284) and identify

yourself as RWTO

For more information

contact Liz at

[elizmooney@gmail.com](mailto:elizmooney@gmail.com)



All are welcome.





## *Mohawk Trail School Museum*

### *Interest Group*

Planning Meeting: Tuesday Nov. 3<sup>rd</sup>

1:00 – 2:30 pm

#### **Vincent Massey School**

155 Macassa Ave.

(parallel to Fennell & Mohawk

between Upper Gage & Upper Sherman)

Hear about the renovations underway and help to re-open this 1880's school to the public in the spring.

Linda Sargeant (905) 575-3831

[rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)

(Between Upper Wentworth & Upper Wellington –  
YMCA building)



## *iPad Club –*

### *Road Trip!*

Please email Linda to reserve your seat!

Thursday November 26<sup>th</sup>, 10am – Noon

#### **Turner Park Library Media Room**

352 Rymal Road East L9B 1C2

Topic – adding free library media to your iPad ... books, movies, & music

**Bring your library card and password.**

(last 4 digits of your phone number)

Note: There is no iPad Club in Dec.

Linda Sargeant (905) 575-3831

[rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)

## *Citizenship Court*



Thank-you to the four RW members who provided greetings and refreshments for 60 new Canadians and their families during a Citizenship Celebration in October. As new

dates become available, participating members will be called by Georgina Hewitt to arrange dates. If you would like to join the fun, please contact: Linda Sargeant (905) 575-3831 [rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)

## *New Interest Groups!!!*

Please contact the co-ordinators for more information about these groups!

#### **Acrylic Painting**



Pat Williams

[patandfred@hotmail.com](mailto:patandfred@hotmail.com)

905.388.2964

**Book Club # 5!**



Michele Delisi

[mdelisi5160@gmail.com](mailto:mdelisi5160@gmail.com)

905.251.9401

## Cycling Club

Beatrice Dabolins

[bbwhale@yahoo.ca](mailto:bbwhale@yahoo.ca)

905.304.7097



## Running Club

Mary Hassell

[mhassell@cogeco.ca](mailto:mhassell@cogeco.ca)



# COMMUNITY



**YOU ARE INVITED TO ATTEND:**

**HEALTHY ACTIVE LIVING FOR OLDER ADULTS WELLNESS WORKSHOP**

**WHEN: THURSDAY NOVEMBER 5, 2015**

**TIME: 1-4PM**

**LOCATION: REDEEMER UNIVERSITY, 777 GARNER RD,  
ANCASTER**

**1:00- 1:45 pm:** Welcome and Keynote Speaker: David Cornwall ( RTO Provincial Pension and Retirement Concerns Chair), "Aging Successfully through Wellness" in the Auditorium

**2:00-2:45pm SESSION #1 select ONLY ONE of the following topics from this session you would like to attend:**

A.	Yoga fitness techniques to keep muscle and joints moving and strong.	Instructor Joanna Bis, passionate yoga and dance instructor, works to boost your energy, relieve joint and muscle pain, improve stability and motion but most of all lift your confidence	Gymnasium 3
B.	Tai Chi "Moving Meditation - Good for the body, mind and spirit"	Taoist Tai chi Society of Canada Instructor Appropriate for all ages and levels of ability. Beginner level. Comfortable clothing recommended.	Gymnasium 2
C.	International Dance	Dale Hyde Instructor, learn line and circle traditional dances from around the world , no partner or experience needed, fun, fun , fun	Gymnasium 1

D.	Nutrition for Cancer Protection	Dr. Phillip Lee BSc, ND. Voted as Reader's Choice Best Naturopathic doctor in Burlington is a graduate from the reputed Canadian College of Naturopathic, serving, Hamilton, Burlington, Waterdown and Stoney Creek	Executive Dining Hall
E.	Brain Health, Alzheimers and Dementia	Presented by Danielle Arbour, Alzheimer Society of Hamilton and Halton	Executive Dining Hall
F.	RTO Medical Concerns for Snowbirds	Presented by Lori MacDonald-Blundon RTO Provincial Office Pension and Benefits Officer	Executive Dining Hall

**3:00-3:45pm SESSION# 2 Select ONLY ONE of the following topics from this session you would like to attend:**

G.	Square Dancing	Award winning Instructor Jimmy Lee. North America and Europe renowned. No experience necessary, no partner needed. Fun for all levels of ability	Gymnasium 1
H.	Senior Exercise and Wellness Program	PACE McMaster Physical Activity Centre of Excellence: individualized cardiovascular and weight training programs for 60-80 year olds	Gymnasium 2
I.	Tai Chi "Moving Meditation - Good for the body, mind and spirit"	Taoist Tai chi Society of Canada Instructor Appropriate for all ages and levels of ability. Beginner level. Comfortable clothing recommended	Gymnasium 3
J.	Nutrition for Longevity and Excellent Health	Dr. Phillip Lee BSc, ND. Voted as Reader's Choice Best Naturopathic doctor in Burlington, is a graduate from the reputed Canadian College of Naturopathic, serving, Hamilton, Burlington, Waterdown and Stoney Creek	Executive Dining Hall
K.	Financial Wellness	Presented by Tandia Cathie Vaillancourt, Financial Advisor , Ancaster and Upper James Branches	Executive Dining Hall
L.	Updates and Info regarding Medical Concerns for All RTO members	Presented by Lori MacDonald-Blundon RTO Provincial Office Pension and Benefits Officer	Executive Dining Hall

**3:45 -4:00pm** Closing Remarks, Door Prize Draws

REFRESHMENTS AND SNACK PROVIDED

FREE PARKING AVAILABLE ON SITE

PLEASE PASS ON TO YOUR RETIRED FRIENDS AND FAMILY

HOPE TO SEE YOU THERE

**ADVANCE REGISTRATION IS NECESSARY IN ORDER TO ATTEND.** Please email: Helen Downey to register [downeyhc@gmail.com](mailto:downeyhc@gmail.com) no later than October 31, 2015 deadline.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Session #1 selection \_\_\_\_\_ (A , B, C, D, E, F)

Session #2 selection \_\_\_\_\_(G, H, I, J, K, L)



# Cleaning House and don't know what to do with your “good stuff”?



Well here are some ideas if you want to donate. Please send in more ideas that we can share.

Thanks, Mary McCracken, outreach convenor

## Agencies and thrift stores:

Bibles for Missions - **Burlington**: 2412 New Street 905 631 1199

- **Dundas**: 33 King St. E. 905 627 2412

- **Hamilton**: 500 Upper Wellington St. 905-383 0004 (will pickup)

Books can also be donated to the hospitals

**Burlington** Humane Society- The Animal aid Attic 479 John Steet 905 333 5885 (closed Sundays)

-the Loft 740 Griffith court 905 637 7325 [info@burlingtonhumane.ca](mailto:info@burlingtonhumane.ca)

Drop 'N' Shop operated by community living 37 Kilbride Road, **Hamilton** 905 385 3434

Goodwill donation centre 1050 Upper Gage Ave **Hamilton** 905 526-8488

Donation centre and store: 4051 New Street **Burlington** 905 333-8989

407A Speers Road, **Oakville** 905 338-6240