



THE

DECEMBER 2015

# LIBERTY LANTERN

## Administration:

*Dr. Peggy Manville*  
Superintendent

*Shane Street*  
Principal

*Dawn Pechukas*  
Assistant Principal

## Inside This Issue:

|                                |       |
|--------------------------------|-------|
| <i>Upcoming Events</i>         | 2     |
| <i>School Calendar</i>         | 3     |
| <i>News</i>                    | 3     |
| <i>News You Can Use</i>        | 4     |
| <i>Music Programs</i>          | 5     |
| <i>More News</i>               | 6     |
| <i>Nurse's Corner</i>          | 7     |
| <i>Staff Contact Info</i>      | 8     |
| <i>P.T.O. Corner</i>           | 9     |
| <i>N.L. Foundation</i>         | 10    |
| <i>Yearbook Order Form</i>     | 11    |
| <i>Book Fair Flyer</i>         | 12    |
| <i>Art Show Flyer</i>          | 13    |
| <i>NJHS Thank You</i>          | 14    |
| <i>Lunch Order Info</i>        | 15    |
| <i>Sports Physical Form</i>    | 16-17 |
| <i>Martino Star Wars Flyer</i> | 18    |

## Office Hours:

7:00 AM - 3:55 PM

## Phone Number:

815-462-7951

## Daily Announcements:

*We have added a link to our school website that will contain the information students are given in our daily announcements. Please check it out when you have time.*

## From the Main Office:

It is hard to believe that we are now past parent-teacher conferences, first trimester is in the rearview mirror, and we are looking at only a few short weeks until winter break is upon us. December brings the holiday season, and with it, very busy times for many of us. Some look forward to the opportunity to gather with family and friends or maybe eagerly anticipate exciting travel plans. Others may be hoping for quiet, relaxing, and uneventful time at home. Whatever your plans are, the students and staff of Liberty Junior High wish you and yours an enjoyable, safe and happy holiday season.

**Shane Street**  
**Principal**

## Graduation Date Set:

The 8<sup>th</sup> grade graduation ceremony date has been finalized and is set for Thursday, May 26, at 7:00pm. The ceremony will be held at Lincoln-Way West High School and graduates will need to arrive there by 6:30pm.

In addition, I'd like to share the end-of-the-year schedule for 8<sup>th</sup> grade students:

- Monday, 5/23 = Institute Day ~ No School
- Tuesday, 5/24 = Graduation Practice/Yearbook Distribution and Signing
- Wednesday, 5/25 = 8<sup>th</sup> Grade Class Trip to Great America
- Thursday, 5/26 = No School for 8<sup>th</sup> Grade Students ~ Graduation at 7:00pm

# UPCOMING EVENTS



## Geography Bee:



The annual Liberty Geography Bee will be starting soon. Geography Bee is a national geographic trivia competition consisting of a school, state, and national competition. There will be two rounds here at Liberty. The preliminary round will be held on Thursday, December 3, from 2:50-3:50pm and the final round for the top ten qualifiers will be held on Wednesday, December 16, at 5:30pm. Forms to volunteer to compete in the bee will be sent out in History/Social Studies classes. Come out to test your Geographic Knowledge! See Mrs. Ferree if you have any questions.

## Girls' Volleyball Try-Outs:



Attention any 7th or 8th grade girl interested in trying out for the 2015-2016 Lady Patriots Volleyball Team: Seventh grade tryouts will be held on Friday, December 4, from 3:00-4:30pm for students with the last name starting with the letter A-K. Last names that start with the letter L-Z will tryout out from 4:30-6:00pm the same day. Seventh graders selected from the first day of tryouts will come back on Monday, December 7, for the final tryout from 3:00-5:00pm. Eighth grade tryouts will be held on Thursday, December 10, from 5:00-7:00pm and Friday, December 11, from 3:00-5:00pm. All players must have a current physical on file with the school in order to tryout. Please see Coach Didier or Coach Bollini with any questions.

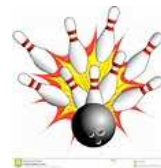
## Scholastic Bowl:

Do you enjoy trivia games? Join the Liberty Scholastic Bowl team. Scholastic bowl is a trivia team consisting of around 20 players who compete against other schools in our conference. You can find more information on Mrs. Ferree's website under Scholastic Bowl. If you are interested in joining or learning more about the team, please come to our informational meeting on Thursday, December 3, from 7:45-8:15am or Tuesday, December 8, from 7:45-8:15am in room 108 (You only need to attend one meeting). Tryouts will be also be held on Wednesday, December 9, and Thursday, December 10, at 7:30am or after school from 2:50-3:50pm.



## Bowling Club Starting Soon:

Bowling is open to all students at Liberty Jr. High and no experience is necessary. The cost is \$50 (or \$60 with a shirt) which includes 11 Tuesdays of bowling for two hours each day, one-way transportation to the alley, and a pizza party at the end of the season. If interested, please contact Mrs. Lavin!



## PARCC Testing Dates Have Been Set:

The dates for this year's PARCC standardized test have been set and we will be taking it March 16 - 23.

## Speech and Drama Brings Home The Hardware:

Hats are off to our Speech and Drama Club Participants. Our Speech and Drama actors brought twenty 1st-place medals, six 2nd-place medals, and two 3rd-place medals home to Liberty after their IESA Speech Competition. Way to go, Liberty is so proud of your hard work and dedication.

## Upcoming 7th Grade Field Trip:

The seventh grade students will be taking a field trip to see a production of "A Christmas Carol" at Drury Lane in Oak Brook. The field trip will take place Monday, December 7. It is a 10:00 am performance, so we will be leaving school during Block 8. Since we will need to exchange lunch periods with the eighth grade that day, we will be eating and having advisory later than usual.



## Don't Forget:

- There is No School from Monday, December 21, through Friday, January 1, for Winter Break.

# CALENDAR / NEWS



## Asset of the Month:

New Lenox School District supports the T.E.A.M. Asset Committee in promoting the “Asset of the Month.” This month’s asset is “caring school climate,” which is defined as “schools provide a caring, encouraging environment.” To reinforce this asset at home, parents can:

- Ask your children how they feel about school.
- Have your child name people at school who show that they care about students.
- Get involved in a parent-teacher organization.
- Thank your children’s teachers for the good work they do.
- Volunteer at your child’s school. Help out in the classroom.

## 8th Grade Washington, D.C. Trip:

The Washington, DC trip is scheduled for March 12-14. Room sign up for Washington, D.C., will take place during lunch/advisory during the second week of December. All students need to have three roommates. A list of travelers is posted outside Mr. Zadorozny's room.

## What Do I Do When My Child Is Absent From School?:

It is very important that your child be in attendance each and every day, but at the same time, we do realize that there will be times when they are sick and need to stay home. If your child is going to be absent, please be sure to call the main office at 815-462-7951 by 8:30am on the day of the absence. **Please be sure to call even if you send a note or email your child’s teacher.** School personnel will call parents/guardians and emergency contact numbers if we do not receive a call by 8:30am. In the event the school is unable to contact a responsible adult to confirm a student’s absence, we will ask the New Lenox Police Department to send an officer out for a “well-being” check. This is done in an effort to ensure our students are safe. Please be sure to call when your child is absent so that NLDP officers are not sent on unnecessary well-being checks. Thank you in advance for your help with this.

## Trimester Information:

There will be three twelve-week trimesters this year. Here are the important dates to be aware of:

- 2nd Tri. Mid-Term = January 8
- End of 2nd Tri. = February 19
- 3rd Tri. Mid-Term = April 15
- End of 3rd Tri. = May 27

## Calendar of Events:

### December

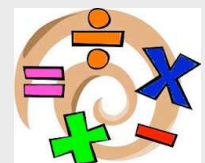
- 1 Home Boys’ Basketball Game (4:00pm)
- 3 Home Boys’ Basketball Game (4:00pm)
- 3-11 Book Fair
- 7 7th Grade Field Trip
- 10 Home Boys’ Basketball Game (4:00pm)
- 12 Home Wrestling Meet (9:00am)
- 14 Home Boys’ Basketball Game (4:00pm)
- 15 Band/Orchestra/Chorus Concert (7:00pm)
- 16 Home Wrestling Meet (4:30pm)
- 21-31 No School ~ Winter Break

### January

- 4 Classes Resume
- 5 Home Wrestling Meet (4:30pm)
- 7 Home Boys’ Basketball Game (4:00pm)
- 8 Mid-Term Day
- 9 Jazz Band @ Lincoln-Way Central
- 12 Home Girls’ Volleyball Game (4:00pm)
- 14 Home Wrestling Meet (4:30pm)
- 18 No School ~ M.L. King Day
- 19 Home Girls’ Volleyball Game
- 21 Home Wrestling Meet (4:30pm)
- 23 All-Star Band @ Martino
- 25-29 Terra Nova Testing Week
- 26 Home Girls’ Volleyball Game
- 27 Home Girls’ Volleyball Game
- 28 Home Wrestling Meet (4:30pm)
- 30 Home Wrestling Meet (9:00am)

## Many Ways To Get Help In Math:

Morning Math provides students with an opportunity to come in for help on specific homework problems, ask questions on their current math topic, and make-up or retake quizzes/tests. It is offered every morning from 7:30 to 8:20am in the LRC. Students may also get math help during their advisory class time. Eighth grade students can go to room 218 and seventh grade students go to room 118.



## Sports Physicals Procedure:

Our district requires all students interested in trying out for one of our sports teams to have a completed sports physical on file prior to the start of tryouts. The form can be found on pages 16 and 17 towards the end of this newsletter.

# NEWS YOU CAN USE



## Thank You Veterans!!!:

The Liberty Junior High Student Council recently hosted a breakfast and all-school assembly in which local veterans were invited to attend on Veterans Day. The student-led assembly featured information about the history of Veterans Day as well as the meaning of the POW/MIA flag. Patriotic performances from the Liberty Band, Orchestra, and Choir, as well as a presentation of the colors by the Lincoln-Way JROTC, were also a part of the assembly. A local veteran spoke to the students about his experiences serving our country, and an exceptional rendition of "Taps" was performed by Liberty 8<sup>th</sup> grader, Miles Hagen. Almost forty veterans, who were invited by Liberty students, were honored at the assembly. The students and staff at Liberty are proud to be Patriots every day, but were even more so on Veterans Day!



## Boys' Basketball Team Season Just Getting Started:

With almost half of its total games played already in the month of November, the seventh grade boys' basketball team rolls into the month of December looking to build on some of its previous wins. The team earned three victories to start the season against the likes of Bourbonnais, Crest Hill Richland, and Hickory Creek. The team is quickly realizing that a quick paced style of play on both offense and defense is the key to playing competitive games at the 7<sup>th</sup> grade level. The team hopes to have a good showing of this type of play as they prepare to battle six conference games to close out the calendar year. Best of luck in the month ahead boys!



The 8<sup>th</sup> grade boys' team has been hard at work on the practice court all season and are working their way toward the state tournament at the end of the season. The team came one win away from a Lincoln-Way West Tournament championship birth, but fell just short. The boys recently picked up a big conference victory over Martino Jr High and look to take that momentum forward. The Patriots have key games coming up against Mokena and Manhattan Jr High and hope to pick up a couple victories. Keep up the hard work guys!

## Study Club:

**What Is It?** Study Club is a quiet place to study, work on homework, projects, study for tests, or simply to help organize binders, folders and lockers with the help of Ms. Gott and NJHS Peer Tutors.

**When/Where Is It?** Tuesday and Wednesday mornings from 7:30am to 8:25am in room 116.

## Girls' Basketball Teams Updates:

Congratulations to the 8<sup>th</sup> grade Lady Patriots on finishing their regular season with an outstanding record of 18 wins and only 3 losses. The girls have done a fantastic job playing like a team and working hard to succeed this year. Now the team looks to shore up their defense as they head into the regional tournament in two weeks. Great job Patriots, Coach Didier, Bollini, and the rest of Liberty are very proud of your hard work. Good luck at regionals!

Congratulations to the 7<sup>th</sup> Grade Lady Patriots for finishing their season with 15 wins on November 21. While everyone was busy playing in the snow, the girls were hard at work in their regional match up. The first game was against Manteno. The game was close through the first half, but the girls pulled away with a strong second half. The win against Manteno meant a showdown later in the day against a strong Martino team. The Patriots never allowed the Vikings to pull away from them, but just could not catch up to them in the end and Martino was able to escape with the win. Great way to finish the season strong ladies! Coaches Bollini and Didier have been so impressed by your attitudes, sportsmanship, and effort all season long and are looking forward to seeing how everyone improves for next season!





# MUSIC PROGRAMS



## Liberty Band:

The Liberty Band is busy preparing for our Holiday Concert that will be held on Tuesday, December 15, at 7:00pm in the Liberty Gym. The band members have been having a great time learning the classic Sleighride, as well as a beautiful arrangement of The Holly and The Ivy and music from How the Grinch Stole Christmas. The concert will end with a fun sing-along including Santa Claus is Coming to Town, Silver Bells, Rudolph the Red-Nosed Reindeer, and Have Yourself a Merry Little Christmas to get us all into the holiday spirit. We encourage all Liberty families to come out to the concert to support our musicians and hear some wonderful holiday music! The concert is free and open to the public, so we hope to see you there! Liberty Band members are also selling holiday poinsettias. The poinsettias will be used to decorate the gym and give it a festive feel for the concert. Poinsettias can be picked up at the conclusion of the concert. All poinsettias are \$12 each, so see your favorite band member if you are interested in purchasing a beautiful poinsettia!



### Upcoming Band Events:

Tuesday, December 15 - Holiday Concert - 7:00pm at Liberty

Saturday, January 9 - LWC Jazz Fest for Jazz Band members - Time TBA

Saturday, January 16 - Lincoln-Way Area All-Star Band for selected students - 9:00am-3:00pm at Martino JHS

## Liberty Chorus:

The Liberty Chorus congratulates the following students who participated in the ILMEA Honor's Chorus this year on November 7 at Lockport East High School. They were selected through audition from hundreds of students for this great honor: Bella Clutter, Katie Little, Gillian O'Donnell, Brian Pavlak, Ben Radeke, Isabel Tuckett, and Erin Tuntland.



The Madrigal Singers will be performing at the Village Hall on December 6 at 1:00pm in the Rotunda to welcome Santa. Come hear the beautiful holiday music. The Patriot Chorus and Madrigal Singers will be performing in concert with the Liberty Band and Orchestra on December 15, here at Liberty. The concert begins at 7:00 pm. Come early and view student art work in the cafeteria. You may purchase a beautiful poinsettia plant from a chorus member, and take home your plant after the concert.

The Patriot Chorus will be accepting new members after winter break. The morning chorus meets every Tuesday and Thursday morning at 7:30am in the music room. No audition is required, just show up! Voices of Freedom will begin on Wednesday, January 6. They will rehearse in the music room from 2:50pm until 4:00pm every Wednesday. This ensemble will be working on music from Broadway musicals. They will be singing and staging these selections to be performed at various venues.

## Liberty Orchestra:

The Liberty Orchestra is looking forward to performing at our Tuesday, December 15, concert! The concert begins at 7:00pm and features Liberty's Orchestra, Band, and Chorus. We are getting into the holiday spirit by selling poinsettias to our friends and family as well! These beautiful plants will be used to decorate the gym for our concert, and will be distributed to students that have participated in the sale following the performance.

Liberty Orchestra students Brian Pavlak (bass), Natalie Singh (cello) and Zoe Linko (violin) will be featured along with three Martino students in a chamber ensemble at the December 16 Board of Education Meeting at the District Office. Students will perform holiday selections prior to the meeting. If you plan to attend, please say hello to our wonderful musicians, or watch for us on Channel 6! Happy Holidays from the Liberty Orchestra program!



# MORE NEWS



## **Student Council Information:**

In December, the Student Council will be busy bringing joy to those less fortunate in our community. We will travel to a local retirement community to make holiday crafts and visit with the residents. This has become an annual trip, and always a holiday favorite for both the students and senior citizens. We have also been busy gathering toys to donate to the Lurie Children's Hospital satellite office at Silver Cross Hospital in New Lenox. We hope to help make the holidays a little happier for the children in the hospital. Many thanks go out to the dedicated members of the Liberty Student Council! We couldn't do it without you, and look forward to more fun and rewarding activities in 2016!

## **Life in the LRC (Library):**

The Scholastic Book Fair will be open in the LRC December 3-11. Students will come in during their Language Arts classes and their advisories to browse and shop. There will also be extra shopping before school on December 4 in the LRC from 7:30-8:15am, and after school on December 10 near the main entrance from 3:30-6:30pm. Parents are also welcome to shop anytime! Online shopping is also available. For more information, feel free to call the main office or go to our official book fair website: <http://bookfairs.scholastic.com/homepage/libertyjuniorhighschool2>

I hope you got the chance to stop by the LRC during Conference days to see the awesome items on loan from The Field Museum's Harris Learning Collection! Through a grant given by our generous PTO, I am able to borrow items from the collection to share with our students. If you did not get to see them, we had a Common Raccoon exhibit case and a Balafon, which is an African marimba-style instrument. I also borrowed a small hammerhead shark, which we are sharing with Martino. Students will get the chance to vote on the items I borrow each month.

## **Mathletes Gearing Up For A New Season:**

If you enjoy solving challenging math problems, then Mathletes is for you! Mathletes is a team that competes against other local schools. If you are interested in finding out more about 7th grade Mathletes, there will be an informational meeting on Tuesday, December 8, from 7:45-8:15am in Mrs. Keener's room (118) and a meeting for 8th graders on Tuesday, December 15, from 2:50-3:30pm in Ms. Kollross's room (110). Seventh grade practices will be held on Tuesdays from 7:15-8:15am and eighth grade will be from 3:00-4:00pm on Mondays and 7:30-8:20am on Wednesdays. Both will begin after Winter Break.

## **National Junior Honors Society:**

Attention all seventh grade students interested in joining NJHS. You may pick up an informational packet in Ms. Gott's room (116) or in the main office. The packet will outline the information necessary to be considered for induction into Liberty Junior High's chapter of NJHS. Please Note: Current eighth grade students may also be induced as 'honorary members'. Some of the basic requirements are as follows:

1. Maintain a minimum cumulative G.P.A of a 5.0 at the end of the second trimester.
2. Participate in at least three clubs or activities, one of which must be a **Liberty** club or activity.
3. Obtain five hours of service to either school or community.
4. Maintain a positive discipline record.
  - If an office referral OR four classroom steps are on your record, you will not be eligible for NJHS.
5. Demonstrate strong character in the classroom.
  - If you receive four or more late and/or missing assignments, you will not be eligible for NJHS.

Included in the packet is a document to log all service hours and provide proof of your G.P.A and your discipline record. Packets will be collected sometime in March and induction into NJHS will occur in April. If you have any questions, please email me at [pgott@nlsd122.org](mailto:pgott@nlsd122.org). In current NJHS news, Liberty's Chapter of NJHS has been sponsoring "Blessing Bags" which will be donated to the Ronald McDonald House. These bags are filled with comfort items, such as blankets, snacks, and toiletries and will be given to families who are staying at the Ronald McDonald House. NJHS students hope to provide some cheer, ease, and comfort to these families. NJHS wishes to thank anyone, within the community, who has already donated to the cause, in order to help sponsor several "Blessing Bags".



## Health and Safety Tips for the Holidays

(Source- Center for Disease Control and Prevention)

1. **Wash hands often** to keep yourself from spreading germs and getting sick. Wash your hands with soap and clean running water for at least 20 seconds.
2. **Bundle up and stay warm.** Wear appropriate outdoor clothing; layers of light, warm clothing; mittens; hats; scarves; and waterproof boots.
3. **Manage stress.** Don't overcommit yourself and prevent holiday anxiety and pressure. Get enough sleep.
4. **Fasten seat belts** while driving or riding in a motor vehicle. Always buckle your child using a child safety seat, booster seat, or seat belt according to his /her height, weight, and age. Use a seat belt on every trip, no matter how short the trip.
5. **Get exams and screenings.** Ask what exams you need and when to get them. Update your personal and family history.
6. **Get your vaccinations,** which help prevent diseases and saves lives.
7. **Practice fire safety.** Most residential fires occur during winter months, so be careful to never leave fireplaces, space heaters, stoves, or candles unattended. Have an emergency plan and practice it regularly.
8. **Prepare food safely.** Remember these simple steps: wash hands and surfaces often, avoid cross-contamination, cook foods to proper temperatures and refrigerate properly.
9. **Eat healthy and get moving.** Eat fruit and vegetables. Limit portion sizes and foods high in fat, salt and sugar. Be active for at least 2 ½ hours a week and help kids and teens be active for at least 1 hour a day.



# STAFF CONTACT INFO



## Voicemail Mailbox Numbers:

| Last Name    | First Name | Mailbox |  | Last Name   | First Name | Mailbox |
|--------------|------------|---------|--|-------------|------------|---------|
| Bethman      | Christie   | 6357    |  | Miller      | Patricia   | 6336    |
| Bollini      | Dan        | 6300    |  | O'Brien     | Bridget    | 6353    |
| Byrnes       | Patricia   | 6363    |  | Pechukas    | Dawn       | 6015    |
| DeGroot      | Mike       | 6397    |  | Pirc        | Lisa       | 6409    |
| Drews        | Kathy      | 6133    |  | Prospero    | Theresa    | 6375    |
| Fellios      | Susan      | 6401    |  | Ramos       | Kori       | 6383    |
| Ferree       | Julie      | 6390    |  | Schneider   | John       | 6655    |
| Fettinger    | Bridget    | 6386    |  | Street      | Shane      | 6014    |
| Gagan        | Toni       | 6350    |  | Suarez      | DeAnne     | 6414    |
| Glavan       | Kim        | 6181    |  | Szablewski  | Pat        | 6624    |
| Gott         | Priscilla  | 6341    |  | Tiffany     | Libby      | 6120    |
| Greene       | Elise      | 6171    |  | Trueblood   | Amy        | 6346    |
| Groszek      | Samantha   | 6404    |  | McKimson    | Angela     | 6179    |
| Havlin       | James      | 6440    |  | Zettergren  | Renee      | 6368    |
| Hence        | David      | 6342    |  | Zinkel      | Dianne     | 6384    |
| Hills        | Kyle       | 6650    |  | Zumpano     | Anthony    | 6150    |
| Hooker       | Jaclynn    | 6365    |  |             |            |         |
| Keener       | Michelle   | 6360    |  | Beck        | Linda      | 6437    |
| Kirar-Fannin | Elise      | 6351    |  | Clark       | Jen        | 6166    |
| Klein        | Jeanette   | 6389    |  | Didier      | Alan       | 6355    |
| Kollross     | Cathleen   | 6361    |  | Haring      | Linda      | 6238    |
| Lavin        | Christina  | 6148    |  | Middlebrook | Elizabeth  | 6127    |
| Lehrer       | Catherine  | 6343    |  | Styx        | Anne       | 6188    |
| Mandella     | Ryan       | 6149    |  | Venutolo    | Jennifer   | 6167    |
| Marton       | Erin       | 6393    |  | Zadorozny   | Dan        | 6334    |
| McKevitt     | Mary Ann   | 7806    |  |             |            |         |

### Email:

To email a staff member, use the first initial of the teacher's first name, then their full last name, followed by @nlsd122.org  
 Example = [street@nlsd122.org](mailto:street@nlsd122.org) for Shane Street



# **P.T.O. CORNER**



## **DECEMBER PTO CORNER**

**Thank you to everyone who purchased pies from our Pie Fundraiser. We sold 1000 pies for a profit of over \$6000. That is awesome!**

**If you ordered gift cards through our winter gift card offering, thank you!! Look for those orders to come home on Wednesday, December 16<sup>th</sup>.**

**Our next PTO meeting will be held on December 17<sup>th</sup> at 9:30am at Peace Lutheran Church. This is a fun and festive meeting to attend, as it is our annual Holiday Pot Luck Brunch. We will also have some entertainment from some very special guests. Free babysitting (as always) will be available. Come join us and see what PTO is all about.**

### **B—I—N—G—O!!!**

**Calling all parents! We need you! We are in need of donations like dollar store items and \$5-\$10 gift certificates to be the prizes at our third annual Bingo Night, which will be held on January 29<sup>th</sup>. Also, if anyone would be willing to create and donate a basket for our raffle, it would be greatly appreciated! This is a fun event for all of our district families. The proceeds help provide funding for many activities, learning tools, and equipment for all of our schools. Please contact Beth Lamb at [blamb32@yahoo.com](mailto:blamb32@yahoo.com) if you wish to donate.**

# N.L. FOUNDATION



### ***Principal for a Day Event Winners***

The New Lenox School District 122 Foundation is pleased to announce the winning students who were selected recently to be their school's principal in the "Principal for a Day" Fundraiser. The winners are as follows:

|                  |   |
|------------------|---|
| Bentley          | Kelly P. - Principal & Sophia F. - Assistant Principal  |
| Cherry Hill      | Wiley P. (AM) & Ethan O. (PM)                           |
| Haines           | Anthony C. - Principal & Megan M. - Assistant Principal |
| Nelson Prairie   | Carrick R.  |
| Nelson Ridge     | Taylor G.   |
| Oster-Oakview    | Nicholas B.   |
| Spencer Crossing | Alex S. - Principal & Daniel V. - Asst. Principal       |
| Spencer Pointe   | Garrett S. & Kayle D.                                   |
| Spencer Trail    | Jake D. (AM) & Kaylin M. (PM)                           |
| Tyler            | Gabriella T.  |

The Principal for a Day Event raised \$3,690 which will be contributed to the 2016/2017 Teacher Grant Program. Congratulations to Spencer Pointe for having the highest participation. Staff was awarded donuts and coffee donated by Dunkin' Donuts on Laraway for their promotional efforts!



### ***Brain Brawl Trivia Night Event***

Just a reminder our 2<sup>nd</sup> annual Trivia Night Event, Brain Brawl, is to be held at the American Legion on Friday, February 19, 2016! Flyers will be sent home soon with all the exciting details!



### ***Shop Amazon***



Donating to the foundation has never been so easy! Shop AmazonSmile and 0.5% of your purchases is donated to the D122 Foundation, at no extra cost to you!

1. Simply to go <http://smile.amazon.com/ch/27-4656345>
2. Login into your existing Amazon account or create an account if you don't already have one.
3. Choose **New Lenox School District 122 Foundation** as your charity.
4. Begin shopping and donating!

### ***Volunteers are needed***

For more information, visit us at [www.nlsd122foundation.org](http://www.nlsd122foundation.org) or [fb.com/NLSD122Foundation](https://www.facebook.com/NLSD122Foundation). You can also contact us at [foundation@nlsd122.org](mailto:foundation@nlsd122.org).



Liberty Junior High  
2015-2016 Yearbook Order Form

Now is your chance to get your very own  
Liberty Yearbook!

**Yearbooks are hard covered and in COLOR!**

Pre-Sales will begin:  
August 18<sup>th</sup> through December 18<sup>th</sup>.  
For only \$25.00

Any yearbooks purchased after  
December 18<sup>th</sup> will be \$30.00

\*Please fill out the bottom order form and return to the  
main office with your payment by December 18<sup>th</sup>. Price will  
increase to \$30 after this date.

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(return bottom portion)

Student Name: \_\_\_\_\_

Advisory Teacher: \_\_\_\_\_

Grade: 7<sup>th</sup> or 8<sup>th</sup> (please circle one)

**\*\*\*Please make checks payable to  
New Lenox School District 122\*\*\***

khill\documents\forms\yearbook order form



*A Long time ago, in a galaxy far,  
far away, there was a...*

## **Scholastic Book Fair**

*And there is one again!*



*December 3 - December 11*

*Located in the LRC*

*Open every day 8:15-3:15*

*Special Events:*

*Craftermorning*

*Friday, December 4, 7:30am-8:15am*

*Make a themed holiday ornament FREE*

*Holiday Shopping Event*

*Thursday, December 10, 3:30-6:30*

*In the main entrance hallway*

*Before, During and After the Basketball Games*

*Purchase books and other holiday gifts*



**Games, raffles, and lots of  
excellent books for all ages!  
Online shopping also available!**

*Help us reach our goal of \$1200 of items sold!*

*7% tax will be added to final price.*

*Cash, Checks, or credit cards accepted.*

*The "Force" will be with you as long as you*

# **READ!**

*More Information? Go to:*

*[bookfairs.scholastic.com/homepage/libertyjuniorhighschool](http://bookfairs.scholastic.com/homepage/libertyjuniorhighschool)*



## ART SHOW & HOLIDAY CONCERT

ART SHOW IS FROM 6:30 P.M. - 8:30 P.M. ON  
TUESDAY, DECEMBER 15<sup>TH</sup>

DON'T FORGET TO COME LISTEN TO CHOIR, BAND, AND ORCHESTRA  
PLAY AT 7:00 P.M.

THERE WILL BE A SPECIAL GUEST APPEARANCE FROM  
SANTA AND HIS ELVES!!!

WE NEED YOUR ARTWORK FOR ARTSHOW!!!

# CALLING ALL ARTISTS

YOU CAN ENTER YOUR ARTWORK  
(anything you have created in the past (2) years)  
FOR THE ART SHOW STARTING  
**MONDAY, DECEMBER 1**

THE DEADLINE TO ENTER ARTWORK IS  
**MONDAY, DECEMBER 14**

SUBMIT ARTWORK TO THE TURN-IN BIN OF THE ARTROOM

---See Mrs. McKimson with questions---



Thank you so much for donating to the Liberty Junior High School  
National Junior Honors Society Blessing Bag Drive!

Your generous donation has directly helped the Ronald McDonald  
House Charities, and the many families who stay there. With each  
bag purchased, Thirty-One Gifts will donate \$.31 from each bag to our  
local Ronald McDonald House, and each of the bags purchased will  
be filled with comfort items to give the families while staying at the  
RMH. With your generosity and the hard work from the students and  
their teacher, 35 bags will be filled and given to the families!

Thank you so much for your generosity and giving spirit in blessing  
these families and the organization in this upcoming holiday season.

Sincerely,

Priscilla Gott  
NJHS Sponsor

And

Ashley Clifton  
Independent Director Thirty-One Gifts







## ***Lunch Order Schedule for 2015-16***

| <b><i>Menu Month</i></b>   | <b><i>Menu Sent Home</i></b> | <b><i>Order &amp; Payment Due at School</i></b> | <b><i>Order Sent to Open Kitchen</i></b> |
|----------------------------|------------------------------|---|--|
| <i>October 2015</i>        | <i>September 11</i>          | <i>September 21</i>                             | <i>September 25</i>                      |
| <i>November 2015</i>       | <i>October 9</i>             | <i>October 19</i>                               | <i>October 23</i>                        |
| <i>December 2015</i>       | <i>November 6</i>            | <i>November 16</i>                              | <i>November 20</i>                       |
| <i>January 2016</i>        | <i>December 4</i>            | <i>December 14</i>                              | <i>December 18</i>                       |
| <i>February 2016</i>       | <i>January 8</i>             | <i>January 19</i>                               | <i>January 22</i>                        |
| <i>March 2016</i>          | <i>February 5</i>            | <i>February 16</i>                              | <i>February 22</i>                       |
| <i>April 2016</i>          | <i>March 11</i>              | <i>March 21</i>                                 | <i>March 25</i>                          |
| <i>May &amp; June 2016</i> | <i>April 8</i>               | <i>April 18</i>                                 | <i>April 22</i>                          |



# Pre-participation Examination



To be completed by athlete or parent prior to examination.

Name \_\_\_\_\_ School Year \_\_\_\_\_  
Last First Middle

Address \_\_\_\_\_ City/State \_\_\_\_\_

Phone No. \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_ Class \_\_\_\_\_ Student ID No. \_\_\_\_\_

Parent's Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_

## HISTORY FORM

**Medicines and Allergies:** Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking

Do you have any allergies?  Yes  No If yes, please identify specific allergy below.  
 Medicines  Pollens  Food  Stinging Insects

Explain "Yes" answers below. Circle questions you don't know the answers to.

| GENERAL QUESTIONS  | Yes | No |
|--|-----|----|
| 1. Has a doctor ever denied or restricted your participation in sports for any reason?   |     |    |
| 2. Do you have any ongoing medical conditions? If so, please identify below: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections<br>Other: _____   |     |    |
| 3. Have you ever spent the night in the hospital?  |     |    |
| 4. Have you ever had surgery?  |     |    |
| HEART HEALTH QUESTIONS ABOUT YOU   | Yes | No |
| 5. Have you ever passed out or nearly passed out DURING or AFTER exercise?   |     |    |
| 6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?   |     |    |
| 7. Does your heart ever race or skip beats (irregular beats) during exercise?  |     |    |
| 8. Has a doctor ever told you that you have any heart problems? If so, check all that apply: <input type="checkbox"/> High blood pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection <input type="checkbox"/> Kawasaki disease<br>Other: _____ |     |    |
| 9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)   |     |    |
| 10. Do you get lightheaded or feel more short of breath than expected during exercise?   |     |    |
| 11. Have you ever had an unexplained seizure?  |     |    |
| 12. Do you get more tired or short of breath more quickly than your friends during exercise?   |     |    |
| HEART HEALTH QUESTIONS ABOUT YOUR FAMILY   | Yes | No |
| 13. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?   |     |    |
| 14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?  |     |    |
| 15. Does anyone in your family have a heart problem, pacemaker, or implanted defibrillator?  |     |    |
| 16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?  |     |    |
| BONE AND JOINT QUESTIONS   | Yes | No |
| 17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?   |     |    |
| 18. Have you ever had any broken or fractured bones or dislocated joints?  |     |    |
| 19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?   |     |    |
| 20. Have you ever had a stress fracture?   |     |    |
| 21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism)   |     |    |
| 22. Do you regularly use a brace, orthotics, or other assistive device?  |     |    |
| 23. Do you have a bone, muscle, or joint injury that bothers you?  |     |    |
| 24. Do any of your joints become painful, swollen, feel warm, or look red?   |     |    |
| 25. Do you have any history of juvenile arthritis or connective tissue disease?  |     |    |

| MEDICAL QUESTIONS   | Yes | No |
|---|-----|----|
| 26. Do you cough, wheeze, or have difficulty breathing during or after exercise?                                    |     |    |
| 27. Have you ever used an inhaler or taken asthma medicine?   |     |    |
| 28. Is there anyone in your family who has asthma?  |     |    |
| 29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ? |     |    |
| 30. Do you have groin pain or a painful bulge or hernia in the groin area?  |     |    |
| 31. Have you had infectious mononucleosis (mono) within the last month?   |     |    |
| 32. Do you have any rashes, pressure sores, or other skin problems?   |     |    |
| 33. Have you had a herpes or MRSA skin infection?   |     |    |
| 34. Have you ever had a head injury or concussion?  |     |    |
| 35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems?      |     |    |
| 36. Do you have a history of seizure disorder?  |     |    |
| 37. Do you have headaches with exercise?  |     |    |
| 38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?              |     |    |
| 39. Have you ever been unable to move your arms or legs after being hit or falling?                                 |     |    |
| 40. Have you ever become ill while exercising in the heat?  |     |    |
| 41. Do you get frequent muscle cramps when exercising?  |     |    |
| 42. Do you or someone in your family have sickle cell trait or disease?   |     |    |
| 43. Have you had any problems with your eyes or vision?   |     |    |
| 44. Have you had any eye injuries?  |     |    |
| 45. Do you wear glasses or contact lenses?  |     |    |
| 46. Do you wear protective eyewear, such as goggles or a face shield?   |     |    |
| 47. Do you worry about your weight?   |     |    |
| 48. Are you trying to or has anyone recommended that you gain or lose weight?                                       |     |    |
| 49. Are you on a special diet or do you avoid certain types of foods?   |     |    |
| 50. Have you ever had an eating disorder?   |     |    |
| 51. Have you or any family member or relative been diagnosed with cancer?   |     |    |
| 52. Do you have any concerns that you would like to discuss with a doctor?  |     |    |
| FEMALES ONLY  | Yes | No |
| 53. Have you ever had a menstrual period?   |     |    |
| 54. How old were you when you had your first menstrual period?  |     |    |
| 55. How many periods have you had in the last 12 months?  |     |    |

Explain "yes" answers here

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete \_\_\_\_\_ Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

**Physical Examination**

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

Pulse: resting \_\_\_\_\_ 15 taps \_\_\_\_\_ after 2 minutes resting \_\_\_\_\_

Visual Acuity: Eyes (R) 20/\_\_\_\_\_ w/o glasses \_\_\_\_\_ (L) 20/\_\_\_\_\_ w/glasses \_\_\_\_\_

Other: Testing \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal Findings \_\_\_\_\_

- 1. General \_\_\_\_\_
- 2. Skin \_\_\_\_\_
- 3. HEENT \_\_\_\_\_
- 4. Teeth (Dental Exam) \_\_\_\_\_
- 5. Neck \_\_\_\_\_
- 6. Lungs \_\_\_\_\_
- 7. Heart (S4 and S5) \_\_\_\_\_
- 8. Abdomen \_\_\_\_\_
- 9. Genitalia \_\_\_\_\_
- 10. Musculoskeletal \_\_\_\_\_
- Neck \_\_\_\_\_
- Shoulder/Arm \_\_\_\_\_
- Elbow/wrist/Forearm \_\_\_\_\_
- Wrist/Hand \_\_\_\_\_
- Back \_\_\_\_\_
- Hip/Thigh \_\_\_\_\_
- Knee \_\_\_\_\_
- Shin/Calf \_\_\_\_\_
- Ankle/leg \_\_\_\_\_
- Foot \_\_\_\_\_

- 11. Peripheral Pulses \_\_\_\_\_
- 12. Neurologic \_\_\_\_\_
- 13. Mental Status \_\_\_\_\_
- 14. Marfan Screen \_\_\_\_\_

Other Tests (optional)  
 Auditory \_\_\_\_\_ U/V \_\_\_\_\_  
 % Body Fat \_\_\_\_\_ Drug Screen \_\_\_\_\_  
 Hgb/Hct \_\_\_\_\_ SMAc \_\_\_\_\_ EKG \_\_\_\_\_  
 \_\_\_\_\_ Chest X-Ray \_\_\_\_\_  
 \_\_\_\_\_ Turner Stige \_\_\_\_\_

On the basis of the examination on this day, I approve this child's participation in intraschool athletic sports for one year.  
 Yes \_\_\_\_\_ No \_\_\_\_\_ Limited \_\_\_\_\_

Additional Comments: \_\_\_\_\_

Examination Date \_\_\_\_\_ Physician's Signature \_\_\_\_\_  
 Physician's Assistant Signature\* \_\_\_\_\_  
 Advanced Nurse Practitioner's Signature\* \_\_\_\_\_

\*Effective January 2003, the IHSA Board of Directors approved a recommendation, consistent with the Illinois School Code, that allows Physicians' Assistants or Advanced Nurse Practitioners to sign off on physicals.

Student's Name \_\_\_\_\_ School Name \_\_\_\_\_

**Consent Form to Self-Administer Asthma Medication**  
 (not needed if current form is already on file with school)

Parent Consent \_\_\_\_\_ I, \_\_\_\_\_ do hereby give my son/daughter, \_\_\_\_\_

Permission to self-administer his/her asthma medication as described by his/her physician during athletic competition.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician Consent \_\_\_\_\_

As a patient under my care, \_\_\_\_\_ is prescribed to self-administer the following asthma medication:

Medication: \_\_\_\_\_

Purpose: \_\_\_\_\_

Dosage: \_\_\_\_\_

Time/Special Circumstances: \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

**IHSA Steroid Testing Policy Consent to Random Testing**  
 (This section for high school students only)

In January 2008, the Illinois High School Association's Board of Directors approved a plan developed by the IHSA's Sports Medicine Advisory Committee to implement random testing for steroids and performance-enhancing substances.

Beginning with the 2008-09 school term, any student-athlete who signs or otherwise uses substance from the association's banned drug classes, without written permission by a licensed physician, to treat a medical condition, violates IHSA By-law 2.170 and its subsections, and is subject to IHSA penalties, including ineligibility from competition. The IHSA will test certain randomly selected individuals and teams that participate in state series competitions for banned substances. The results of all tests shall be considered confidential and shall only be disclosed to the student, his or her parents, and his or her school.

By signing below, we consent to random testing in accordance with the IHSA's steroid testing policy. We understand that, if the student or the student's team participates in state series competitions, the student may be subject to testing for banned substances.

No student-athlete may participate in IHSA state series competition unless the student and the student's parent/guardian consent to random testing.

A complete list of the current IHSA Banned Drug Classes can be accessed at [http://www.ihsa.org/initiatives/sportsmedicine/medicines/ihsa\\_banned\\_drug\\_classes.pdf](http://www.ihsa.org/initiatives/sportsmedicine/medicines/ihsa_banned_drug_classes.pdf)

Signature of student-athlete \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_





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