RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT WITH PARENTAL CONSENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in any event ("Activity") at any time during the current calendar year I, for myself, my personal representatives, assigns, heirs, and next of kin:

- 1. ACKNOWLEDGE, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if, at any time, I believe the conditions to be unsafe, I will immediately discontinue further participation in the Activity.
- 2. FULLY UNDERSTAND that: (a) THIS ACTIVITY INVOLVES RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS or SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation, or that of the minor, in the Activity.
- 3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the sanctioning organization(s), their administrators, directors, agents, officers, members, volunteers, and employees, other participants, officials, rescue personnel, sponsors, advertisers, owners and lessees of Premises on which the Activity is conducted, (each of the forgoing shall be considered one of the RELEASEES herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED, OR ALLEGED TO BE CAUSED, IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may be incurred as the result of such claim.

I ACKNOWLEDGE THAT I AM AGE 18 OR OLDER, HAVE READ THIS AGREEMENT AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE, AND I INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PRINTED NAME OF PARTICIPANT: ___

ADDRESS: _

PHONE: _

PARTICIPANT'S SIGNATURE: _____

(Street)

PARENT/GUARDIAN SIGNATURE (if participant is under the age of 18): ____

(City)

DATE: .

| ADDRESS: | | | | | |
|----------------------|-----------------------|---------------------|------------------------|----------------------|---------------------------|
| 7.001.E331 — | (Street) | (City) | (State) | (Zip) | |
| PHONE: | | DA | TE: | | |
| MINOR RELEA | SE: (must be comple | eted by Parent/Gua | rdian for any particip | oant under the age | of 18) |
| AND I, THE MIN | IOR'S PARENT AND/O | R LEGAL GUARDIAN, | , UNDERSTAND THE N | ATURE OF THE ACTIV | /ITY AND THE MINOR'S |
| EXPERIENCE AN | ND CAPABILITIES AND | BELIEVE THE MINOF | R TO BE QUALIFIED, IN | GOOD HEALTH, AND | O IN PROPER PHYSICAL |
| CONDITION TO | PARTICIPATE IN SUC | HACTIVITY. I HEREBY | RELEASE, DISCHARGI | E, COVENANT NOT TO | O SUE, AND AGREE TO |
| INDEMNIFY AN | ID SAVE AND HOLD H | ARMLESS EACH OF T | THE RELEASEES FROM | ALL LIABILITY, CLAIN | MS, DEMANDS, LOSSES, OR |
| DAMAGES ON | THE MINOR'S ACCOU | NT CAUSED, OR ALLE | EGED TO BE CAUSED, I | N WHOLE OR IN PAR | T BY THE NEGLIGENCE OF |
| THE "RELEASEE | S" OR OTHERWISE, IN | CLUDING NEGLIGEN | T RESCUE OPERATION | IS AND FURTHER AG | REE THAT IF, DESPITE THIS |
| RELEASE, I, THE | MINOR, OR ANYONE | ON THE MINOR'S BE | HALF MAKES A CLAIM | AGAINST ANY OF T | HE RELEASEES NAMED |
| ABOVE, I WILL I | NDEMNIFY, SAVE, AN | D HOLD HARMLESS | EACH OF THE RELEAS | EES FROM ANY LITIG | ATION EXPENSES, |
| ATTORNEY FEE | S, LOSS LIABILITY, DA | MAGE, OR ANY COST | THAT MAY OCCUR AS | S A RESULT OF ANY S | SUCH CLAIM. |
| PRINTED NAM | F OF PARENT/GUARD | IAN· | | | |

(State)

(Zip)

USA wrestling