

#### Student Services Program Review 2007-2010

### **Section 1**

**PROGRAM AREA:** Counseling

**Program Philosophy:** Students are best served from a holistic approach and as part of a

centralized counseling program. The services provided by the counseling program are integral and essential to help students realize a positive, rewarding and successful educational experience. The counseling staff works to provide an atmosphere that assists students in academic planning, career information and self understanding, which leads to intellectual, emotional and social growth. Through interaction with the counseling staff, students develop a sense of self

awareness to learn how each person affects the world at large.

#### **Progress on Goals, Objectives (2007-2010):**

Please list each goal from the matrix and describe progress on each.

1. Staff Development program for counseling and staff needs to be improved.

During 2007-2009, the Dean of Student Services had funding available for staff development. Counselors could participate in conferences to enhance education, career and personal development. For example, counselors attended the UC, CSU, and First Year Experience conferences as well as many conferences on Basic Skills, Equity, and Learning. Counselors share workshop information during weekly meetings and via email. "Understanding Gen. X: the Millennium Generation" presented during the division meeting, is an example of timely information.

Other staff opportunities included, Career Development Conferences; a two day workshop on intrusive advising with Dr. Vincent Tinto; and a Brain Based Learning workshop presented by Mt. San Jacinto faculty. Because two workshops were on campus, all counselors attended and benefitted.

Both the Transfer Center Coordinator and the Articulation Officer attended many conferences, weekly meetings, webinars, then email all announcements, new legislation, changes to Assist, and any other articulation changes. The information is disseminated to all counselors, adjunct and full time, and then to any interested individuals. In addition, the transfer information is posted on the counselors' intranet web-site located at <a href="http://www.laspositascollege.edu/counselors/">http://www.laspositascollege.edu/counselors/</a>

Staff/ professional development included in-house training on mental health/crisis counseling, emergency (health and security) training, and a workshop in ALERT U, the campus emergency phone system. Training is ongoing. Mental Health workshops included presentations by Jean Loyd, MFT, Dayna Barbero, the nurse practitioner, and Alameda County Health professionals.

2. In order to enhance the delivery of basic counseling functions and disseminate information services to students, counseling should evaluate and incorporate "new technologies."

The Transfer Counselor Website (TCW) (http://www.cacctcw.org/), a state wide repository for all transfer information, was built for counselors by counselors and is maintained by Butte College. At Las Positas College (LPC), the Counseling Office has a counselors-only intranet web-site where specific articulation and transfer information is centrally located and easily accessible. One counselor was in charge of maintaining and posting information to ensure currency and continuity. Counselors may use ASSIST, Eureka, Class Web, BANNER, SARS, Student Filer, Blackboard, and countless Internet resources during student meetings.

Students may find many counseling forms and petitions online. These provide daily access, save time, and decrease the college carbon footprint. Forms include, but are not limited to, probation, graduation, and Transfer Admission Guarantees.

During 2008-2009, counselors participated in an embedded counseling program. A series of three workshops covered Time Management, Resources, and Developing a Student Educational Plan. Each workshop was developed on Power Point. Well over 826 English and ESL students were seen in over 30 class sections. Embedded counseling is an ongoing program.

Counselors developed an online orientation. More students are served efficiently and effectively. Former in-person orientations required two counselors, a large packet of printed material, two hours of time and a room. Students often had to travel miles and make time for orientation. The on line orientation includes counselor developed video clips with sound. These show students how to use the Class Web registration system (to add/drop classes, pay fees and order a parking permit). The clips are on-line and also used during embedded counseling visits.

Power Point presentations with timely information run continuously on a TV monitor in the counseling waiting area. Presentations include: Payment Deadlines, When to Register, How to Read the Schedule and How to Survive during Budget Challenges.

3. Adjunct faculty needs reliable and regular training to stay abreast.

Counselors developed an in-depth adjunct training program. Adjuncts receive individual training through emails, workshops, and meetings. A group training program was tabled because of budget cuts. At this time, no adjuncts work in general counseling.

4. All faculty /staff need reliable and regular specialized training: crisis, mental health, emergency preparedness.

Counselors attended in-house training on mental health/crisis counseling by Jean Loyd, MFT and Dayna Barbero, the Nurse Practitioner. In a student crisis, a counselor is always available. Some counselors work in the Student Health Center for campus crises and have been trained in documentation. Counselors also have had emergency preparedness training led by Rich Butler on using the AlertU system. During drills all counselors must assist to clear the building and outside area.

Alameda County Mental Health Services presented on Crisis Counseling at a counseling meeting.

Establish and assess student learning outcomes.

Counselors and staff met for two one-day retreats, one in Spring 2007 and one in Fall 2007. and developed two program-level Student Learning Outcomes (SLOs).

To achieve the first SLO: "Plan a Program of Study," counselors met with students (N= 81) during a 30-minute appointment to develop a Student Educational Plan (SEP).

To achieve the second SLO: "Execute SEP," (N=210) counselors tracked these students and others using a copy of the original SEP. From October 2007 through February 2008, counselors compared the SEP to each student's BANNER schedule (the semester after the SEP) to assess if and to what degree each student implemented the SEP. The rubric was on a 0-4 scale, with 0 representing no match between the schedule and SEP and 4 representing 75-100% match.

#### **Program Information**

**Staffing:** (Number of permanent staff and position titles)

> Jeff Baker, Interim Vice President of Student Services Kimberly Tomlinson, Interim Dean of Student Services

Christine Acacio, Counselor (100%)

Andrea Alvarado, Counselor (50%) / Articulation Officer (50%)

Christina Lee, Counselor (75%) / Instructor (25%) Barbara Morrissey, Counselor (75%) / Instructor (25%) Michael Schwarz, Counselor (75%) / Instructor (25%)

Angella VenJohn, Student Interventions Developer (100%)

Gilberto Victoria, Counselor (100%) Nancy Wright, Counselor (100%)

Donna Hawkinson, Counselor Assistant II (100%)

Celestine Rowe, Counselor Assistant I (50%)

Julie Thornburg, Admin. Assistant II (30%) / Student Staff Liaison Office Specialist (70%)

Vacant, Counselor (50%) / Matriculation Coordinator (50%)

Vacant, Counselor Assistant I (100%) Vacant, Assessment Coordinator (100%)

**Location:** Building 700

**Services:** Academic advising, career, personal and crisis counseling, orientation, career testing

> and interpretation, and Psychology-Counseling (PSCN) courses. Counselors assist students who choose to transfer, earn an Associate Degree, career certificate, learn English, enhance professional growth, change careers, or enjoy life-long learning. Trained in personal, career, and academic counseling, counselors provide a safe

environment for students and foster their success.

#### **Program Components:**

Number of Students Served:	2007-2008	2008-2009	2009-2010
	<b>14,737</b>	<b>15,697</b>	<b>16,206</b>
	2007-2008	2008-2009	2009-2010

**Budget: (info from JB)** 

#### 1. What is the program's connection/dialogue to other programs?

Counselors interact with each segment of the College community, the region and the state. All counselors have committee assignments, some committees report to the Academic Senate, some ad hoc, some task forces. Committees include, but are not limited to, Academic Senate, Staff Development, Curriculum (one counselor is the College Articulation Officer), Student Equity, Hiring Committees, Enrollment Management and Sustainability, Basic Skills, Planning and Budget, the College Council, and the District Council.

Throughout the year, faculty and staff refer students for career, personal and academic counseling. Counselors work closely with the Health Center to provide crisis counseling. Faculty often bring students in crisis directly in to counseling.

Counselors are sensitive to the needs of the changing and dynamic community we serve evidenced by community involvement. Representation on Advisory Boards includes: the Transfer Advisory Board, Allied Health, Tri-Valley Education Collaborative, Early Childhood Education, and the Career Advisory Board. As outlined in the Master Plan, Counselors do liaison work with all high schools (and some elementary schools) in the Tri-Valley and local communities. Additionally, Counselors liaison with each division at Las Positas College and attend their monthly meetings.

# 2. Identify and describe the status of your Student Learning Outcomes. Include an analysis of your assessed SLO's.

Attach Elumen Matrix of SLO's in Appendix.

# #1 Student Learning Outcome: Students will learn how to plan a program of study to meet their career/educational goals.

N=81 Students

83% Actually had their schedules mapped out

Based on the data collected for the #1 SLO, most students have some educational/career goal and know how to reach it. The Student Educational Plan (SEP) then continues to be a strong planning tool to inform students about requirements. Further, the data shows students with SEP's persist at a higher rate.

Questions arising from this data:

- How effective is the SEP as a planning tool
- Which students come for the SEP
- What do they learn
- Do students who have assessed and orientated understand the SEP better

Critical knowledge for counseling is *what students learn* not what counselors do. The counseling office's analysis of #1 SLO is counseling needs to answer the above listed questions to better serve students and to address the question: Does the SEP help students learn how to meet their goals?

# **#2** Student Learning Outcome: Students who complete the SEP will demonstrate the ability to execute it.

N=210

37% Followed the plan almost as written.

For the #2 SLO: "Execute SEP," counselors compared a copy of the original SEP to the students' (N=210) current enrollment in BANNER. The data ran from October 2007 through February 2008. The rubric scale was 0-4 with 0 representing no match between the schedule and SEP, and 4 representing 75-100% match.

In the 2009 Student Satisfaction Survey Brief 5, Core Competencies & Barriers, the majority of students, from the 12 problems/barriers were asked about major/career exploration and study skills. These issues could have played a part in whether or not students were able to enroll and complete their courses listed on their SEP.

Choosing a Career	Mean=1.67
Deciding Educational Goals	Mean=1.61
Time Management	Mean=1.88
Availability of courses	Mean=1.88

Range: 1= Not a problem

2= Somewhat of a problem 3= Significant problem

Extrapolating from all data, counselors learned the SEP often misses the mark. To mitigate these significant areas in student development, counseling may create a portal for students, and send email surveys to determine: 1) what students learned from the SEP appointment; 2) did they make a connection with someone on campus; and 3) were they referred to campus resources. Timing is important. One semester after developing the SEP, students should receive the survey. Presently, assessment is one full semester after the SEP instead of the same semester? Some counselors write the current semester classes on the SEP, which leads to 100% rubric score if assessed after enrollment. Others do not, which leads to n/a or zero score. Consequently, data may be skewed.

Further, counselors will consider revising the rubric, from "number of courses on the Student Education Plan match student's actual enrollment" to "number of student's enrolled courses matching goal requirements listed on the Student Education Plan." This may better reflect the critical questions about actual enrollment behavior and answer the question, are students on track to meet their goals.

Revisit the timing of our SLO data assessment Possible scenarios:

- 1. Reach consensus about SEP including use of the current semester classes.
- 2. Clarify which SEP's to use for data comparisons.
- 3. Identify SEP's completed between September October.
- 4. Evaluate SEP's for retention data the following Spring semester.

The analysis also showed students often missed their appointments obviating the need for change. Working closely with the front desk, counseling changed the appointment process. All students are informed if they do not show up for their appointments, they cannot make another appointment until the following semester. This has decreased the number of noshows. **DATA from JB re: SARS.** In addition, counselors have conducted SEP workshops during embedded counseling for all English 100A students. **DATA from AVJ.** 

#### **Provide a summary of current and future programmatic challenges.**

From 2007 through 2009, the ratio of counselor:student has increased from 1:1200 to 1:1600. In 2007, LPC had eight general counselors and 14,757 students, in 2009 LPC had six general counselors and 16,206 students. Budget constraints prevented hiring a counselor replacement, adjunct counselors, a counselor assistant (retired) and the assessment coordinator (retired) Students' response to faculty/staff reduction in services is apparent. Data from student satisfaction surveys follows:

Year Counseling Services

2005	Very good to Excellent	55%
2006		
2007	Very good to Excellent	60%
2008		
2009	Very good to Excellent	41%

In addition, Fall 2007-2009, showed an increase in dissatisfaction in specific areas:

#### In a scale 1-5: 1= Strongly Disagree 5= Strongly Agree

#### **Fall 2007**

Counselor's have been available when I needed to see them	N=834	Mean 3.59
Overall experience with counselors	N=834	Mean 3.81

#### Fall 2009

Counselor's have been available when I needed to see them	N=1124	Mean 3.33
Convenience of getting a counseling appointment	N=1247	Mean 3.10
Overall experience with counselors	N=1232	Mean 3.50

Many students within the general population must have a student educational plan: Veterans, CalWorks, Athletes, Financial Aid recipients, and International students. Futher, the numbers of students with mental health issues has increased.

#### Veterans

Calendar 2007	Veterans Evaluations	48
Calendar 2008	Veterans Evaluations	54
Calendar 2009	Veterans Evaluations	102

#### Financial Aid/CalWorks

Increase of 101% of Pell Grants, 88% FAFSA applications, and 80% in fee waivers

#### **International Students**

Increase of 30%.

#### **Mental Health**

	Seen by MFT Intern	Seen by MFT (students in crisis)
Calendar year 2007-2008	89	86
2008-2009	75	92
2009-2010	221	92
Fall 2010	278	102

To summarize, in most cases, students on Financial Aid, Veterans, and International require one hour appointments. Students in crisis, must be seen immediately. Often this translates to no counselors being available. Fewer counselors, fewer appointments, no counselors on Fridays and two week nights (due to budget), and a robust general population of students, impacts an already strained system.

The current priority registration system continues to be another significant challenge severely impacting counseling. Historically, the priority registration system rewards (earlier registration date) students who complete the matriculation process: Orientation, Assessment, Counseling, Student Educational Plan (SEP). The matriculation budget, in fact, was cut 64% during 2009-2010. Given the increase of students mandated to have a Student Educational Plan, coupled with students who want to increase their priority registration date, created more strain on our system. Further, the spirit and strength of the SEP has diminished. To maintain the integrity of the SEP, counseling may consider removing it as a reward.

Counselors' work includes but is not limited to: Assisting students with major exploration and discovery, preparing students to transfer to multiple 4 year universities (UC, CSU, private, out of state) all having slightly different requirements, working with students seeking Associate Degree, career counseling, personal counseling, career counseling, general counseling, financial aid excessive unit SEP, Veterans SEP, Athletes SEP, reviewing graduation requirements, evaluation of other transcripts, committee work, high school liaisons, division liaisons, and working with the entire campus community. Counselors must continually educate the campus community about our role.

# Section 2 is due by February 26, 2010

**Point of Service Surveys:** 

Number of surveys gathered: N = 960

Date range of survey(s): Student Services Survey, Fall 2007--Counseling Satisfaction

(Mean = 3.70)

Attach copy of survey in Appendix.

**Point of Service Surveys:** 

Number of surveys gathered: N = 960

Date range of survey(s): Student Services Survey, Fall 2009--Counseling Satisfaction

(Mean = 3.25)

**Point of Service Surveys:** 

Number of surveys gathered: N = 39 (In-House Counseling Office)

Date range of survey(s): Academic year, 2009-2010

Attach copy of survey in Appendix.

#### **Program Strengths Identified** (utilizing survey data):

- 1. Counselors were very helpful.
- 2. Counselors cared about students' concerns/issues/questions.
- 3. Counselors provided valuable information to students to help them meet their educational goals.
- 4. Appointments were long enough to fully meet my needs.
- 5. The program staff answered students' questions adequately and completely.
- 6. Students received service that was helpful and responsive to their needs.

# Areas of Improvement Identified (utilizing survey data):

- 1. Availability of appointments does not meet student demand.
- 2. The long wait time for a drop-in session is unacceptable.
- 3. Need for more counselors to meet increased student population.
- 4. Use technology to streamline counseling processes.
- 5. Serve students in group settings.

Section 3 – Goal Matrix completed by March 31, 2010



I. Objective (Formerly Target):

Increase the number of students served with diminishing resources.

#### **II.** Plan to Accomplish the Objective:

Pl	an:		
	Activity	Timeline	Responsibility
a.	Embedded counseling	Ongoing	Counselors
b.	Transfer and application workshop	os Ongoing	Counselors
C.	Probation clearance—Academic Success workshops	Planned?	Counselors
d.	Program Planning	Ongoing	Counselors

#### III. How Will You Measure the Effectiveness of This Objective/Goal?

Measure how many students served in workshops. Survey students.

### IV. How Does This Goal Relate To/Support the College's Strategic Plan 2010-2015?

#1; #3

## V. Estimated Resource Requirement

(Please indicate if resources are needed "one time" or if they are ongoing.)

Category	Description	Estimated Cost (if known)
Personnel	Additional counselors (ongoing) and support staff.  Funding to support management of web resources.	
Supplies Student Handbook, handout materials for workshops		
Facilities	Rooms to conduct large workshops	
Other	Laptops for all counselors, Powerpoint clickers	



#### I. Objective (Formerly Target):

To streamline counseling processes by utilizing technology

#### II. Plan to Accomplish the Objective:

Pl	Plan:				
		Activity	Timeline	Responsibility	
a.		ate fillable online forms that are essible to students	ongoing	Counselors	
b.		ise form and procedure for equisite verification	Fall 2010	Counselors and Counseling Assistants	
c.	-	ate our website to be student andly and current	Fall 2011	Counselors and Counseling Assistants	
d.	scre	current information on TV ens in waiting area of nseling	ongoing	Counselors and Counseling Assistants	

## III. How Will You Measure the Effectiveness of This Objective/Goal?

Reduce the need for drop-in counseling (Measure data in SARS). Survey students.

## IV. How Does This Goal Relate To/Support the College's Strategic Plan 2010-2015?

#1; #10

## V. Estimated Resource Requirement

(Please indicate if resources are needed "one time" or if they are ongoing.)

Category	Description	Estimated Cost (if known)
Personnel	Counselors (ongoing) and support staff. Funding to support management of web resources.	
Supplies	Computers and printers for student usage in counseling waiting area.	
Facilities		
Other		



#### I. Objective (Formerly Target):

Fill the vacant counselor position to accommodate the increased number of students who require counseling services.

### II. Plan to Accomplish the Objective:

	1 3				
Pl	an:				
		Activity	Timeline	Responsibility	
a.		in a hiring request for a nselor position	Immediately	JB	
b.		cate campus regarding nseling needs	ongoing	JB, counselors	
c.		k with Health Center regarding tal health services	Ongoing	Counselors, JB, Health Center	
d.	Prio	mit a proposal to the Faculty ritization Committee to fill ant position	Immediately	JB	

#### III. How Will You Measure the Effectiveness of This Objective/Goal?

Increased student satisfaction based on student surveys.

More appointments available. Less wait time for drop-ins.

### IV. How Does This Goal Relate To/Support the College's Strategic Plan 2010-2015?

#1; #2; #3; #7; #9

#### V. Estimated Resource Requirement

(Please indicate if resources are needed "one time" or if they are ongoing.)

Category	Description	Estimated Cost (if known)
Personnel	Job Description for a counselor	ASK JB
Training	Professional Development Training for mental health services	



#### I. Objective (Formerly Target):

To increase efficiency, have a triage counselor at the front desk.

#### II. Plan to Accomplish the Objective:

Pla	an:			
		Activity	Timeline	Responsibility
a.		cuss and come to consensus counselors and front desk	ongoing	JB, counselors, staff
b.		duct bi-monthly meetings with ge counselor and staff		
c.	offic Int'l	t and discuss with relevant ees (A&R, Fin Aid, Veterans, Students, etc.) invested in aseling services		
d.	mod	euss various customer service els for improvement with aselors and staff	Fall 2011	

#### III. How Will You Measure the Effectiveness of This Objective/Goal?

Increased student satisfaction based on student surveys. Less wait time for drop-ins.

# IV. How Does This Goal Relate To/Support the College's Strategic Plan 2010-2015?

#1; #2; #3; #7; #8; #9

#### V. Estimated Resource Requirement

(Please indicate if resources are needed "one time" or if they are ongoing.)

Category	Description	Estimated Cost (if known)
Personnel	Job Description for a counselor	ASK JB
Training	Professional Development Training for mental health services	

Instructions: Using your self study and Action Plan forms, please complete the spreadsheet below. Each Action Plan form corresponds to one row so that each OBJECTIVE is on one line.

Institutional Strategic Goals (for exact wording please visit the next spreadsheet in this workbook)

- 1. Teaching and Learning
- 2. Institutional Advancement
- 3. Accountability
- 4. Economic Development
- 5. Resource Development and Allocation
- 6. Academic and Professional Excellence
- 7. Diversity and Pluralism
- 8. Communication and Infrastructure
- 9. Community Life
- 10. Sustainability

Please contact The Office of Institutional Research and Planning (X1027), your Dean or VP with questions or assistance completing this data base. **DO NOT MAKE CHANGES TO THE DATA BASE FORMAT.** 

Macros must be enabled.

Program Review Type	Discipline/U nit (ex. CHEM, Research, Library, A&R, AUTO)	Division (Instructiona I Program Review	What do you want to accomplish? (Objective)	How do you plan to accomplish this?	What is/are your measurement criteria? (How will you measure and document effectiveness?)	Which College Strategic Goal(s) does this objective address? (all that apply 1-10)	_	When do you plan to start?	What resources will this take? (all that apply)	What Institutional Process/ Committee/Office will you need? (all that apply)	Specify if Other process	Prioritized
				Offer Math X in a								
				hybrid mode in a state-of-the art								
				computer								
				classroom. A								
				number of new measures to								
				support student								
				learning will be					Financial, One			
			l	incorporated in the					time,			
				5,	instructor				Financial,	PBC Classified		
			success and	•	satisfaction surveys;				Ongoing, Non-	Request Process,		
In atmention al	Math				grade and retention	4 2 5 7	Not aura	Fall 2011	Financial,	Staff Development,		Lliede Deineite
Instructional	Math	MSEPS	Х	contact.	data	1, 3, 5, 7	Not sure	Fall 2011	Ongoing	Research/Evaluation		High Priority

Student Services	Counseling	Student Services	To streamline counseling processes by utilizing technology.	accessible. Keep our information up	Student satisfaction surveys. Measure average wait time for drop-in counseling.	1 Teaching and Learning, 10 Sustainability , 2 Institutional Advancemen t	Not sure		Financial, Ongoing, Non- Financial, Ongoing	PBC Classified Request Process, Staff Development, Grants, Dean/Vp Budget Allocation, Technology Committee, Basic Skills, Matriculation, Release time/Coordinator time	Laptops, upgraded software	High Priority
Student Services	Counseling	Student Services	Increase number of students served with diminishing resources	probation	Student serveys and number of students served in workshops	Accountabilit	•	Fall 2010	Financial, Ongoing, Non- Financial, Ongoing	Skills, My own Discipline, Release time/Coordinator	Availability of smart classrooms, matriculation funds	High Priority
Student		Student	Fill the vacant counselor	Put in a hiring request for a counselor position. Educate campus regarding counseling needs. Work with Health Center regarding mental health services. Submit a proposal to the Faculty Prioritization Committee to fill vacant position	Student surveys. More appointments available. Reduced wait time for drop-ins	1 Teaching and Learning, 2 Institutional Advancemen t, 3 Accountabilit y, 7 Diversity and Pluralism, 9 Community	Planning		Financial,	Faculty Prioritization Process, Dean/Vp Budget Allocation, My own Discipline,		
		Services	position.	I				Spring 2011	Ongoing	Matriculation		High Priority

Student		Student	To increase effiency, have a triage counselor	Student surveys. Reduced wait time for drop-ins (using		Planning		Financial, Ongoing, Non- Financial,	Dean/Vp Budget Allocation, Categorical Funds, My own Discipline,	
Services	Counseling	Services	at the front desk.	SARS data).	Life	Agenda	Fall 2011	Ongoing	Matriculation	High Priority