

FTNGD

COMPLETE

PACKET

EXAMPLE

FY11

West Virginia Army National Guard

FTNGD Packet Checklist

References: NGB-ARH Policy Memo #09-014 dated 26 March 2009, NGB-ARH Policy Memo #09-009 dated 1 June 2009, NGB-ARH Policy Memo #09-011 dated 10 March 2009.

FTNGD-OS or FTNGDCD or FTNGDMA (**circle one**) requested for:

Name: Doe, John

Home/M-Day Unit: 863rd MP CO

Mission/Duty Unit: JFHQ. SIOBERS

☒ Request Memorandum for Full-Time National Guard Duty (FTNGD) from SM M-Day unit, example on HRO web site

Soldier must have more than 6 months time in service remaining

☒ Application for Active Duty for Training
DA Form 1058-R (2 pages), dated July 1993, to include signatures in blocks 21a & 21b, 22, 23, 24, 35e & 35f, 36a-36d

n/a Checklist for determining approval authority (**if applicable**)
NGB Form 1058-1R, dated July 02 (*required for all Soldiers with 17 or more years of Active Federal Service*)

☒ Retirement Point Accounting Statement (RPAS)
NGB Form 23A/23B, Failure to disclose pertinent information that is not coded on NGB Form 23A/23B may be grounds for release from the program

☒ AFCOS Orders Query "Mandatory History Print Out"
Indicating all duty from 24 October 2004 to present
If more than 6 years of cumulative service a waiver is required
AFCOS PRINT OUT INSTRUCTIONS ARE ON THE HRO WEB SITE

☒ Army Physical Fitness Test Score Card
DA Form 705, dated June 1999
Validate passing APFT within 6 months of orders start date, must have go/no-go checked for height/weight and body fat%, NCOIC/OIC signature, and all other field complete

☒ Body Fat Content Worksheet (**if applicable**)
DA Form 5500(male) dated Aug 2006 or DA Form 5501(female) dated Aug 2006
CO HEIGHT/WEIGHT MEMO IS INAPPLICABLE

West Virginia Army National Guard FTNGD Check list, cont.

As of 2 August 2010

☒ Verification of Security Clearance/JPAS Statement (**if needed for duty position**)
Unit will obtain a JPAS Statement thru the security manager at BN or BDE level

☒ Memorandum of Understanding
To establish parameters for participation in unit IDT and AT activities, signed by Soldier and Commander

n/a Statement of Service (**if applicable**)
DA Form 1506, dated Aug 1987
For those with 17 years, or more, of prior active service
Soldier must account for all prior service when applying for FTNGD, failure to do so may result in early termination

All Medical requirements listed below must be met prior to submitting the FTNGD packet. For IMR updates to include HIV tests, Periodic Health Assessments (PHA), pregnancy tests, and any other medical related issues contact MEDCOM.

☒ Individual Medical Readiness (IMR) Print Out from MODS/ MEDPROS
PHA and PULHES must be dated within 60 days of orders start date
MODS website: <http://www.mods.army.mil/>

☒ HIV test must show green in MODS, dated within 2 years of orders start date, and Can not expire with duration of orders

☒ Pregnancy test must show NEGATIVE results on IMR (Within 15 Days of order Start date)

n/a Soldiers with permanent 3 or 4 in the PULHES, who meet the medical retention standards as outlined in AR 40-501, must have completed an MOS Medical Retention Board (MMRB) IAW AR 600-60 in order to apply for FTNGD. The MMRB must have awarded a recommendation that states that the Soldier will be "retained in his/her current primary MOS"

Packets are for assignments of 31 days or more. If a packet is incomplete a non approval letter will be sent to the Soldier's unit informing the unit of what is needed to approve the packet. This checklist, and all documents, must be emailed to wvarngjl.hro@us.army.mil. Call SPC Sara Stonoff at 561-6682 or e-mail sara.stonoff@wv.ngb.army.mil or SSG Anthony Barton at 561-6789 or e-mail at anthony.barton@wv.ngb.army.mil for assistance.

NOTE: M-Day Unit POC, with contact number, is required or packet will be returned.

POC/Reviewer: SGT Shmoee, Joe

POC Phone: 561-6724

1 August 2010

~~MEMORANDUM THRU Commander, 771st Troop Command Battalion, 100 Military Way, Charleston, WV 25309~~ *AS*

~~MEMORANDUM THRU Commander, 111th Engineer Brigade, 111 Army Navy Drive, Red House, WV 25168~~ *SB*

FOR HRO-AGR Section

SUBJECT: Request for Full-Time National Guard Duty Operational Support (FTNGD-OS)

1. The purpose of this memorandum is to request a tour of FTNGD-OS.
2. Upon receipt of State/DARNG approval, the following Soldier will be placed on orders from 011010 thru 300911 (364 days), subject to the availability of funds, per guidance for FTNGD.
 - a. Name/Grade/SSN: Doe, John/ E-5/ 123-12-1234
 - b. ETS: 19 July 2012
 - c. Mission: Administrative Support for 771st TC BN
 - d. Last Break in Active Service of 31-days or more: 11 August 2007 thru 05 Nov 2007 (86 days)
 - e. Duty Status: Soldier is not currently in a technician status.
 - f. M-Day Duty Position/M-Day Duty MOS: Personnel Specialist / 42A
 - g. M-Day Unit of Assignment: JFHQ, Charleston, WV
 - h. Justification: SGT John Doe will provide administrative and clerical support for the S-1 section of 771st Troop Command Battalion. Duties will include:
 - (1) Using IPERMS to upload documents into the system
 - (2) Supporting day to day S-1 operations


As of 2 August 2010

3. The above listed Soldier does not have more than 17 years of active federal service and does not require a waiver for the 1,095 day rule; therefore he/she is eligible for FTNGD-OS and is within the guide lines of NGB-ARH Policy Memo # 09-014, NGB-ARH Policy Memo #09-011, NGB-ARH Policy Memo #09-009, and NGB-ARH Policy Memo # 06-023.

4. POC for this memorandum is SFC Sleek, Richard at (304) 561-4545, or Richard.sleek@wv.ngb.army.mil

Enclosures

1. Request Memorandum
2. DA Form 1058-R
3. DA Form 1058-1R (if applicable)
4. NGB 23A (RPAS)
5. AFCOS Orders Query
6. DA Form 705
7. Cert of ht/wt
8. (DA Form 5500/5501, if applicable)
9. Verification of security clearance
(if applicable)
10. MOU
11. DA Form 1506 (if applicable)
12. IMR Print Out


ESSE JAMES
CPT, WVARNG
Commanding

**APPLICATION FOR ACTIVE DUTY FOR TRAINING, ACTIVE DUTY FOR SPECIAL WORK,
TEMPORARY TOUR OF ACTIVE DUTY, AND ANNUAL TRAINING FOR SOLDIERS OF THE
ARMY NATIONAL GUARD AND U.S. ARMY RESERVE**

For use of this form, see AR 135-200; the proponent agency is ODCSPER

DATA REQUIRED BY THE PRIVACY ACT OF 1974

AUTHORITY: 10 USC 672(d) and USC 275.

PRINCIPAL PURPOSE: To determine eligibility and schedule individuals for active duty for special work or active duty for training on requested dates.

ROUTINE USES: To identify the applicant as a Reserve Component member and to issue active duty for special work or active duty for training orders. The SSN is used to identify the applicant.

DISCLOSURE: Completing this form is mandatory for individuals applying for active duty for special work and active duty for training. If not completed, you will be ineligible for the requested tour.

PART I - APPLICANT (Read instructions in AR 135-200 before completing this form.)

1. TO (Include ZIP Code)

JFHQ-WV-HRO-AGR
1703 COONSKIN DRIVE
CHARLESTON, WV 2311

2. NAME (Last, First, MI)

DOE, JOHN

3. SSN

123-12-1234

4a. PERMANENT HOME ADDRESS (Include ZIP Code)

123 LEFTWICH AVENUE
CHARLESTON, WV 25311

5a. ADDRESS FROM WHICH YOU WILL REPORT FOR DUTY (If different from permanent home address) (Include ZIP Code)

4b. HOME TELEPHONE NUMBER (Include area code)

304-123-4567

5b. HOME TELEPHONE NUMBER (Include area code)

4c. BUSINESS TELEPHONE NUMBER (Include area code)

304-123-0987

5c. BUSINESS TELEPHONE NUMBER (Include area code)

6. UNIT OF ASSIGNMENT OR ATTACHMENT

771ST TROOP COMMAND

7. GRADE

E-5

8. BRANCH

ARNG

9. SEX



Male



Female

10. DOB

20APR81

11. MARITAL STATUS

SINGLE

12. NO. OF DEPENDENTS

0

13. PRIMARY SSI (AOC)/MOS

42A2O

14. DUTY SSI (AOC)/MOS

42A2O

15. HEIGHT

60

16. WEIGHT

190

17.



I am



I am not

drawing a pension, disability compensation,
or retired pay from the U.S. Government.

18. TOTAL YEARS, MONTHS, DAYS OF ACTIVE
FEDERAL SERVICE (AFS)

3YRS 3MOS 3 DYS

19. FOR INDIVIDUAL MOBILIZATION AUGMENTEES ONLY: THIS APPLICATION IS FOR (Check one)



IMA AT



ADT in lieu of IMA AT



Additional ADT

20. DATES OF ADSW/TTAD/ADT/AT REQUESTED

a. FIRST CHOICE

NUMBER OF DAYS

120

BEGINNING DATE/TIME

01 SEPT 10

b. SECOND CHOICE

NUMBER OF DAYS

BEGINNING DATE/TIME

LOCATION

771ST TROOP COMMAND BATTALION

LOCATION

DUTY/TRAINING AGENCY

CLERICAL SUPPORT/S-1

DUTY/TRAINING AGENCY

21. To the best of my knowledge and belief, I am physically qualified for active military duty. I was

a. LAST EXAMINED ON

20090110

b. AT

22. SIGNATURE

John Doe

23. DATE

20100810

24. REMARKS

I understand that although at the completion of my tour I may be within 2 years of qualifying for an active duty retirement under 10 USC 1293, 3911, or 3914, it is current Army policy that I will be released from active duty at the completion of my tour unless continued retention on active duty is considered in the best interest of the Army by the Assistant Secretary of the Army (Manpower and Reserve Affairs). I hereby consent to my release from active duty at the completion of this tour.

John Doe
(Signature of applicant)

PART II - RECORDS CUSTODIAN

25. PAY ENTRY BASIC DATE 01MAR99	26. SECURITY CLEARANCE YES	27. PROMOTION CONSIDERATION CODE	28. DATE OF RANK 01SEPT 07
29. RYE DATE	30. ETS (Enlisted) 04 SEPT 13	31. MANDATORY REMOVAL DATE (Officers)	32. UIC WPZZZ
33. HIV TEST DATE 20090112	34. PANOGRAPHIC DENTAL X-RAY ON FILE <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO		

35. List all previous AD, TTAD, AT, ADT, IADT, and ADSW in the previous and current fiscal year showing inclusive dates, purpose of tours, and HQ or agency to which attached.

a. PERIOD OF TRAINING/DUTY			b. TYPE TRAINING/ DUTY (AD, TTAD, etc.)	c. LOCATION/ INSTALLATION	d. DUTY PERFORMED
FROM	TO	NO. DAYS			
20080101	20080115	14	AT	CAMP DAWSON, KINGWOOD, WV	42A/ ADMINISTRATIVE
20070101	20070115	14	AT	CAMP DAWSON, KINGWOOD, WV	42A/ ADMINISTRATIVE

e. SIGNATURE OF UNIT COMMANDER <u>Patricia Wood</u>	f. DATE 20100810
36a. NAME OF RECORDS CUSTODIAN (First, Last, MI) WOOD, PATRICIA M.	b. GRADE E-7
c. SIGNATURE <u>Patricia Wood</u>	d. DATE 20100810

ARMY NATIONAL GUARD RETIREMENT POINTS HISTORY STATEMENT

771ST TROOP COMMAND
100 MILITARY DRIVE
CHARLESTON, WV 25309-0000
77EAA-700

Date Prepared: 2009/08/04
AYE: 03/18
BASD: 2003/08/14
Notice Of Eligibility: NO
Highest Grade Held: E04
Output Reason: Request

This summary is a statement of your points earned towards retirement. You should review all entries and report any discrepancies to your unit clerk. Particular attention should be given to any period of service with a verification status (VS) of "B" because points are not credited until verified.

Begin Date (yyyymmdd)	End Date (yyyymmdd)	MMSI	IDT	MEM	ACCP Misc Pts	AD Pts	VS	Total Career Points	Total Pts For Ret Pay	Creditable Svc For Ret Pay
1999/02/09	1999/03/22	E5	0	--	0	0	V	---	---	--/--/--
1999/03/23	2000/02/08	A1	0	2	0	323	V	325	325	01/00/00
2000/02/09	2001/02/08	A1	0	0	0	366	V	366	366	01/00/00
2001/02/09	2002/02/08	A1	0	0	0	365	V	365	365	01/00/00
2002/02/09	2003/02/08	A1	0	0	0	365	V	365	365	01/00/00
2003/02/09	2004/02/08	A1	0	0	0	365	V	365	365	01/00/00
2004/02/09	2004/09/13	A1	0	--	0	218	V	---	---	--/--/--
2004/09/14	2005/02/08	D4	0	6	0	0	V	224	224	01/00/00
2005/02/09	2006/02/08	D4	0	15	0	0	V	15	15	00/00/00
2006/02/09	2007/02/08	D4	0	15	0	0	V	15	15	00/00/00
2007/02/09	2007/03/18	H3	0	--	0	0	V	---	---	--/--/--
2007/03/19	2008/03/18	B1	38	15	0	16	V	69	69	01/00/00
2008/03/19	2009/03/18	B1	21	15	0	113	V	149	149	01/00/00
2009/03/19	2009/06/30	B1	17	--	0	17	V	---	---	--/--/--
2009/07/01	--	B4	0	--	0	35	V	---	---	--/--/--
Grand Totals						2131		2258	2258	08/00/00

MILITARY MEMBERSHIP STATUS IDENTIFIERS

- E5 - Delayed Entry Program (Any Component)
- A1 - United States Army Regular Service
- D4 - USAR Control Group (Reinforcement)
- H3 - Non-Military, Civilian Break
- B1 - Army National Guard Unit Member
- B4 - Army National Guard Active Duty under Title 32 USC, State Controlled

ARMY NATIONAL GUARD RETIREMENT POINTS HISTORY STATEMENT



771ST TROOP COMMAND
100 MILITARY DRIVE
CHARLESTON, WV 25309-0000
77EAA-700

Date Prepared: 2009/08/04
AYE: 03/18
BASD: 2003/08/14
Notice Of Eligibility: NO
Highest Grade Held: E04
Output Reason: Request

NON-CREDITABLE PERIODS OF SERVICE

From Date	To Date	Reason
2007/02/09	2007/03/18	Non-Military, Civilian Break

DISTRIBUTION:

1 - Soldier
1 - Requestor
1 - State Use

PRG:ORD820P
AS OF 08/09/05

PAGE 1

FTD Master Listing for SSAN:

TECHNICIAN	PGM	TOUR	GRADE	TDC	RESV	DATE	END	DAYS	NO.	ORDER
NEG	UIC	D03FILE	DATE	LOAD	CODE	DATE	DATE			DATE
N	ZB0	S	E4	201	P	07-JUL-02	20-JUL-02	14.0	183007	02-JUL-02
	QDBAA0	02192	11-JUL-02		N					
N	AW0	S	E4	381	P	16-APR-03	16-APR-03	1.0	111014	21-APR-03
	QDBAA0	03118	28-APR-03		N					
N	AW0	S	E4	381	P	21-APR-03	21-APR-03	1.0	111019	21-APR-03
	QDBAA0	03118	28-APR-03		N					
N	BA0	S	E4	101	P	16-AUG-03	30-AUG-03	15.0	191081	10-JUL-03
	QDBAA0	03232	20-AUG-03		N					
N	AW0	S	E4	381	P	20-SEP-03	20-SEP-03	1.0	265025	22-SEP-03
	QDBAA0	03280	07-OCT-03		N					
N	BA0	S	E4	111	P	17-NOV-03	22-NOV-03	6.0	318107	14-NOV-03
	QDBAA0	03335	01-DEC-03		N					
N	BA0	S	E4	111	P	01-DEC-03	06-DEC-03	6.0	321112	17-NOV-03
	QDBAA0	03342	08-DEC-03		N					
N	MOB	L	E5	MOB	P	07-DEC-03	30-MAR-05	480.0	343170	09-DEC-03
	QDBA10	ORDER	03-MAR-05		N					
N	BA0	S	E5	111	P	04-JUN-06	18-JUN-06	15.0	139084	19-MAY-06
	QDBAA0	06163	12-JUN-06		N					
N	SK0	S	E5	221	P	17-AUG-07	18-AUG-07	2.0	025055	25-JAN-07
	QDBAA0	07239	27-AUG-07		N					
N	BA0	S	E5	111	P	20-AUG-07	24-AUG-07	5.0	255005	12-SEP-07
	QDBAA0	07261	18-SEP-07		N					
N	BA0	S	E5	111	P	27-AUG-07	31-AUG-07	5.0	255006	12-SEP-07
	QDBAA0	07261	18-SEP-07		N					
N	BA0	S	E5	111	P	03-SEP-07	07-SEP-07	5.0	242006	30-AUG-07
	QDBAA0	07256	13-SEP-07		N					
N	BA0	S	E5	101	R	09-MAR-08	23-MAR-08	15.0	061040	01-MAR-08
	QDBAA0	ORDER	01-MAR-08		N					
N	AFO	N	E5	513	P	09-JUN-08	15-JUN-08	7.0	150005	29-MAY-08
	QDBAA0	08175	23-JUN-08		N					

N	AF0	L	E5	513	R	09-JUN-08	30-SEP-08	114.0	150005	29-MAY-08
	QDBAA0	ORDER		29-MAY-08	N					
N	AF0	N	E5	513	P	16-JUN-08	30-JUN-08	15.0	150005	29-MAY-08
	QDBAA0	08175		23-JUN-08	N					
N	AF0	N	E5	513	P	01-JUL-08	15-JUL-08	15.0	150005	29-MAY-08
	QDBAA0	08190		08-JUL-08	N					
N	AF0	N	E5	513	P	16-JUL-08	31-JUL-08	16.0	150005	29-MAY-08
	QDBAA0	08205		23-JUL-08	N					
N	AF0	N	E5	513	P	01-AUG-08	15-AUG-08	15.0	150005	29-MAY-08
	QDBAA0	08221		08-AUG-08	N					
N	AF0	N	E5	513	P	16-AUG-08	31-AUG-08	16.0	150005	29-MAY-08
	QDBAA0	08233		20-AUG-08	N					

Army Physical Fitness Test Scorecard

For use of this form, see FM 21-20; the proponent agency is TRADOC

NAME (LAST, FIRST MIDDLE) DOE, JOHN		GENDER M	
SSN 123-23-4567			
UNIT JFHQ			

TEST ONE				TEST TWO				TEST THREE				TEST FOUR							
DATE	GRADE	AGE		DATE	GRADE	AGE		DATE	GRADE	AGE		DATE	GRADE	AGE					
01 Jan 09	E-5	28																	
HEIGHT (IN INCHES) 63		BODY COMPOSITION WEIGHT: 190 lbs GO / NO-GO <input checked="" type="checkbox"/> <input type="checkbox"/>		HEIGHT (IN INCHES)		BODY COMPOSITION WEIGHT: 190 lbs GO / NO-GO <input type="checkbox"/> <input type="checkbox"/>		HEIGHT (IN INCHES)		BODY COMPOSITION WEIGHT: 190 lbs GO / NO-GO <input type="checkbox"/> <input type="checkbox"/>		HEIGHT (IN INCHES)		BODY COMPOSITION WEIGHT: 190 lbs GO / NO-GO <input type="checkbox"/> <input type="checkbox"/>		HEIGHT (IN INCHES)		BODY COMPOSITION WEIGHT: 190 lbs GO / NO-GO <input type="checkbox"/> <input type="checkbox"/>	
PU RAW SCORE 69		POINTS 100		PU RAW SCORE		POINTS		PU RAW SCORE		POINTS		PU RAW SCORE		POINTS		PU RAW SCORE		POINTS	
SU RAW SCORE 82		POINTS 100		SU RAW SCORE		POINTS		SU RAW SCORE		POINTS		SU RAW SCORE		POINTS		SU RAW SCORE		POINTS	
2MR RAW SCORE 12:45		POINTS 100		2MR RAW SCORE		POINTS		2MR RAW SCORE		POINTS		2MR RAW SCORE		POINTS		2MR RAW SCORE		POINTS	
ALTERNATE AEROBIC EVENT		TOTAL POINTS 300		ALTERNATE AEROBIC EVENT		TOTAL POINTS		ALTERNATE AEROBIC EVENT		TOTAL POINTS		ALTERNATE AEROBIC EVENT		TOTAL POINTS		ALTERNATE AEROBIC EVENT		TOTAL POINTS	
TIME GO <input type="checkbox"/> NO-GO <input type="checkbox"/>				TIME GO <input type="checkbox"/> NO-GO <input type="checkbox"/>				TIME GO <input type="checkbox"/> NO-GO <input type="checkbox"/>				TIME GO <input type="checkbox"/> NO-GO <input type="checkbox"/>				TIME GO <input type="checkbox"/> NO-GO <input type="checkbox"/>			
NCOIC/OIC SIGNATURE <i>[Signature]</i>				NCOIC/OIC SIGNATURE				NCOIC/OIC SIGNATURE				NCOIC/OIC SIGNATURE				NCOIC/OIC SIGNATURE			
COMMENTS For Record				COMMENTS				COMMENTS				COMMENTS				COMMENTS			

SPECIAL INSTRUCTION: USE INK

2MR - 2 MILE RUN

APFT - ARMY PHYSICAL FITNESS TEST

LEGEND: PU - PUSHUPS
SU - SIT UPS

Data Required by the Privacy Act of 1974

Title DA Form 705
Authority 5 USC Section 301
Disclosure of requested information is mandatory.

Individuals not providing information cannot be rated/scored. The principal purpose and routine use of this information are to maintain a record of individual scores on physical fitness events.

DA FORM 705, JUNE 1999

DA FORM 705, JUN 1998, MAY BE USED

USAPA V1.00

BODY FAT CONTENT WORKSHEET (Male)
 For use of this form, see AR 600-9; the proponent agency is DCS, G-1.

NAME (Last, First, Middle Initial)	SSN	RANK	NOTE:
DOE, JOHN	123-12-1234	SGT	1/4" =.25
HEIGHT (to nearest 0.50 inch)	WEIGHT (to nearest pound)	AGE	1/2" =.50
60	200	28	3/4" =.75
STEP	FIRST	SECOND	THIRD
1. Measure abdomen at the level of the navel (belly button.) Round down to the nearest 0.50 inch. (Repeat 3 times.)	32.00	32.00	32.25
2. Measure neck just below level of larynx (Adam's apple.) Round up to the nearest 0.50 inch. (Repeat 3 times.)	17.00	17.00	17.25
			AVERAGE (to nearest 0.50 in.)
3. Enter the average abdominal circumference.			32.00
4. Enter the average neck circumference.			17.00
5. Enter circumference value (step 3 - step 4).			15.00
6. Find the height in Table 3-1 (Height Factor). Enter height in inches.			60.00
7. Find the Soldier's circumference value (step 5) and height (step 6) in figure B-5 (Percent Fat Estimation for Men). Enter the percent body fat value that intercepts with the circumference value and height. This is Soldier's Percent Body Fat.			18.00

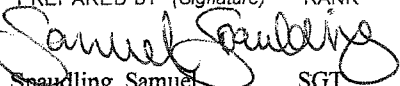
REMARKS

CHECK ONE

☒ Individual is in compliance with Army Standards;

☐ is not in compliance with the standards.

☐ Recommended monthly weight loss is 3-8 lbs.

PREPARED BY (Signature)	RANK	DATE (YYYYMMDD)	APPROVED BY SUPERVISOR (Printed Name and Signature)	RANK	DATE (YYYYMMDD)
	SGT	20090212	Rank, Sergeant	MSG	20090212

M

TAB

TAB

TAB

TAB

BODY FAT CONTENT WORKSHEET (Female)

For use of this form, see AR 600-9; the proponent agency is DCS, G-1

NAME (Last, First, Middle Initial) DOE, JANE		SSN 123-12-1234	RANK 1SG	NOTE: ¼"=.25 ½"=.50 ¾"=.75
HEIGHT (to nearest 0.50 inch) 60.00		WEIGHT (to nearest pound) 180	AGE 28	

STEP	FIRST	SECOND	THIRD	AVERAGE (to nearest 0.50 in.)
1. Measure neck just below level of larynx (Adam's apple) up to nearest 0.50 inch. Repeat three times, then average.	16.00	16.00	16.00	16.00
2. Measure waist (abdomen) at the point of minimal abdominal circumference. Round down to nearest 0.50 inch. Repeat three times, then average.	34.00	34.00	34.25	34.00
3. Measure hips at point where the gluteus muscles (buttocks) protrude backward the most. Round down to nearest 0.50 inch. Repeat three times, then average.	42.00	42.00	42.25	

4. CALCULATIONS		REMARKS
A. Enter average waist circumference	34.00	
B. Enter average hip circumference	42.00	
C. TOTAL (4A + 4B)	76.00	
D. Enter average neck circumference	16.00	
E. Enter circumference value (4C - 4D)	60.00	
F. Find the height in Table 3-1 (Height Factor). Enter height in inches.	60.00	
G. Find the Soldier's circumference value (line 4E) and height (line 4F) in Figure B-6 (Percent Fat Estimation for Women). Enter the body fat value that intercepts with the circumference value and height. This is the Soldier's Percent Body Fat.	20.00	

CHECK ONE

- ☒ Individual is in compliance with Army standards; ☐ is not in compliance with the standards.
☐ Recommended monthly weight loss is 3-8 lbs.

PREPARED BY (Signature) <i>Tamika Sandra</i>	RANK SGT	DATE (YYYYMMDD) 20090221	APPROVED BY SUPERVISOR (Printed Name and Signature) <i>Darren Smith</i>	RANK SFC	DATE (YYYYMMDD) 20090221
SANDRA, TAMIKA			SMITH, DARREN		

DA FORM 5501, AUG 2006

Previous Editions are Obsolete.

APD PE v1.03ES

★ IF required for duty position ★

CAVS Person Summary

Page 1 of 1

Person Summary

Person Category

National Guard - Officer (NG)

SSN: [REDACTED]

Open Investigation: N/A

PSQ Sent Date: N/A

Attestation Date: N/A

Incident Report: N/A

SF 713 Fin Consent Date: N/A

SF 714 Fin Disclosure Date: N/A

Polygraph: N/A

Foreign Relation: N/A

Date of Birth: [REDACTED]

Marital Status: N/A

Place of Birth: N/A

Citizenship: U.S. Citizen

NdA Signed: Yes

NdS Signed: No

PSQ Sent
Non-SCI Access History

Request to Research/Upgrade Eligibility

NdA History

Accesses

Category	US Access	PSP	Suitability and Trustworthiness	Available Actions
National Guard - Enlisted (NG)	Secret	No	IT: N/A Public Trust: N/A Child Care: N/A	<u>Indoctrinate Non-SCI</u> <u>Debrief Non-SCI</u>
National Guard - Officer (NG)	Secret	No	IT: N/A Public Trust: N/A Child Care: N/A	<u>Indoctrinate Non-SCI</u> <u>Debrief Non-SCI</u>

Person Category Information

Category Classification: N/A

Organization: WP43T0, HHB 1/201ST FA, ...

Organization Status: N/A

Occupation Code: N/A

SCI SMO: N/A

Separation Date: N/A

Non-SCI SMO: W8BSAA, HQ WV-STARC - CHARLESTON WV, Level 4, 304-561-6359,
jack.bowyer@wv.ngb.army.mil

Servicing SMO: No

Office Symbol: N/A

Position Code: N/A

Arrival Date: N/A

Office Phone Comm: N/A

Separation Status: N/A

Interim: N/A

Grade: N/A

PS: N/A

RNLTD: N/A

Office Phone DSN: N/A

TAFMSD: N/A

Proj. Departure Date: N/A

Proj. UIC/RUC/PASCODE: N/A

Report Incident

In/Out Process

Remarks

Suspense Data

Investigation Request

Investigation Summary

Investigation History

CAVS Person Summary

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NACLC from OPM, Opened: 2005 12 12 Closed 2006 09 21

Adjudication Summary

SI Adjudication of NACLC OPM, Opened 2005 12 12, Closed 2006 09 21, determined Eligibility of Secret on 2006 10 06 ArmyCCF

Adjudication History

External Interfaces

Perform SII Search

DCII

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WEST VIRGINIA ARMY NATIONAL GUARD
JFHQ-WV-G1
1703 Coonskin Drive
Charleston, WV 25311

MEMORANDUM OF UNDERSTANDING
BETWEEN
CPT KNOBB AND SGT DOE

SUBJECT: Participation in Inactive Duty Training and Annual Training and Unit activities

1. References: NGB-ARH Policy Memo #06-023, NGB-ARH Policy Memo #09-014, NGB-ARH Policy Memo #09-011, and NGB-ARH Policy Memo #09-009.
2. Purpose: To establish guidelines for participation in Inactive Duty Training (IDT) and Annual Training (AT) and unit activities.
3. Problem: Possible conflicts between FTNGD-OS duties and responsibilities and IDT and AT.
4. In accordance with the above reference it is understood that Soldiers on Full-Time National Guard Duty Operational Support will not be required to participate in IDT, AT and Unit activities. They may volunteer to attend to participate in IDT, AT and Unit activities. In the event that a Soldier volunteers and The Adjutant General authorizes the Soldier to attend IDT or AT, the following requirements will be met and adhered to:
 - a. Reimbursement for travel expenses and/or per diem for the Soldier's voluntary participation in IDT or AT is not authorized.
 - b. The Soldier will not receive compensation in addition to FTNGD-OS pay and allowances (other than bonuses).
 - c. Sponsors will ensure that the FTNGD-OS project will take precedence over IDT or AT to ensure that the mission is completed as funded and fiscal responsibilities are met.
5. The undersigned agrees to the following understandings and agreements.
 - a. **SGT John Doe** volunteers to attend all IDT and AT training that does not conflict with his FTNGD-OS duties and responsibilities.
 - b. Reimbursement for travel expenses and/or per diem for the Soldier's voluntary participation in IDT and/or AT is not authorized.


SUBJECT: Participation in Inactive Duty Training and Annual Training and Unit activities


c. The Soldier will not receive compensation in addition to FTNGD-OS pay and allowances.

d. Sponsors will ensure that the FTNGD-OS project will take precedence over IDT or AT to ensure that the mission is completed as funded and fiscal responsibilities are met.

e. The above listed Soldier does not have more than 17 years of active federal service; therefore he/she is eligible for FTNGD-OS and is within the guide lines of NGB-ARH Policy Memo # 09-014, NGB-ARH Policy Memo #09-011, NGB-ARH Policy Memo #09-009, and NGB-ARH Policy Memo # 06-023.

2. POC for this memorandum is SGT Dwayne Smoot at 304-561-6622 or e-mail at dwayne.smoot@us.army.mil


JAMES P. KNOBB
CPT, WVARNG
EXECUTIVE OFFICER
20090804


JOHN DOE
SGT, WVARNG
ADMIN SPC
20090804

Medical Protection System (MEDPROS) - Individual Medical Readiness

Personnel	
Name	[REDACTED]
SSN	[REDACTED]
Rank	[REDACTED]
DOB	[REDACTED]
Sex	[REDACTED]
UIC	WP43T0
Description	0201 FA BN 01 HHB
Compo	Army National Guard
Arrival Date	2/15/2000
Location	WV
Command	[REDACTED]
Duty Title	[REDACTED]
Duty AOC	[REDACTED]

Physical Exam Data		
PULHES Code		111111
PULHES Source		PHA
PHA Date	Green	6/17/2008
Current Physical Exam Date	Green	9/15/2007
Physical Category		A
Height		74
Weight		200
Flight Status		N

Deployment Limitations		
Non-Deployable Medical Profile	Green	No
Limited Duty Status	Green	No
Limited Duty Type		

Dental		
Panograph	Green	Yes
Dental Class	Amber	4
Last Dental Exam	Amber	6/13/2006

Annotated in Deployment Medical Record	
Blood Type	Yes
Medication	Yes
Medical Warning Tags	No
Immunization Record	
Summary Sheet of Medical Problems	NO
Corrective Lens Prescription	Not Applicable

Equipment		
Hearing Aid		Not Applicable
Medical Warning Tags	Amber	No
Allergy / Conditions		Yes

Occupational Protection		
Respiratory	Green	Not Applicable
Hearing	Green	Not Applicable
Vision	Green	Not Applicable

Vision		
Two Pair of Glasses	Amber	No
Vision Screening Date		5/27/2008
Mask Inserts	Amber	No

Labs		
Blood Type		A-
HIV Test Date	Green	9/12/2007
DNA	Green	On File
Sickle Cell Screen		NA
Sickle Cell Screen Date		
Pap Smear		Not Applicable
Pregnant		Not Applicable
G6PD Date		2/25/2005
G6PD Status		Normal

Immunizations / Pharmacy		
IMM Profile	Green	Routine Adult
180 Day Meds	Green	Not Applicable

Medical Equipment Status	
Insect Protection	NO
Weather Specific Uniform	NO
Sunglasses	NO
Safety Goggles	NO
Tanker Goggles	NO
Artillery HPD	NO
Ballistic Laser Protection Spectacles	
Contacts	Not Applicable
Dental Orthodontist Equipment	No
Medications	Yes

Deployment Health Assessments		
Latest Date for Pre	N/A	1/10/2003
Latest Date for Post	N/A	2/9/2005
Latest Date for PDHRA	Green	10/7/2006