## APPENDIX A

## PACKING LIST

MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
HOME STAT	E S-1 / ADMIN ISSUED ITEMS		
1 each	Identification Card, Military		
1 pair	Tags, Personnel ID w/ chain		
1 each	Drivers License (Mil / Civ)		
5 each	Orders, Annual Training		
ISSUED CLC	THING		
2 each	Belt, Trousers		
2 pair	Boots, Combat, Desert		1
2 each	Cap, ACU	Name tapes may be sewn on	
1 each	Coat, Cold Weather, ACU or Jacket, Gore-Tex		
1 pair	Gloves, Shell, Black Leather w/ inserts		
5 each	Coat, ACU, with Velcro Name Tapes	Name tapes may be sewn on	
1 each	Jacket, IPFU		
1 pair	Pants, IPFU		
1 each	Shirt, long sleeve, IPFU		
2 each	Shirt, short sleeve, IPFU		
2 each	Shorts, black, IPFU		
1 each	Cap, Grey Fleece(watch cap)		
10 pair	Socks, Wool, Boot (Green or Black)		
5 pair	Trousers, ACU		
6 each	Undershirt, Sand		
2 each	Handkerchiefs		
2 each	Top, Underwear, Polypropylene or Black Silk	Required for winter course	
2 each	Bottom, Underwear, Polypropylene or Black Silk	Required for winter course	
INDIVIDUAL	EQUIPMENT	-	-
1 each	Bag, Duffel		
1 each	Bag, Sleeping (Mummy or MSS) w/ all components		
1 each	Blanket, Wool		
1 each	Bag, Waterproof		
1 each	Bag, Laundry		
1 each	Belt, Individual Equipment		
2 each	Canteen, Water, Plastic (1 qt)		
1 each	Case, First Aid with field dressing	Case not required w/ LBV	
2 each	Case, Small Arms	Not required w/ LBV	
1 each	Compass, Lensatic with case & Lanyard (FUNCTIONAL)		
2 each	Cover, Canteen		
2 each	Cup, Canteen		
1 each	Entrenching Tool w/ Carrier		
1 each	Flashlight, (w/ all lenses and batteries)		
1 each	Frame, Strap, shoulder (ALICE)	Not Required w/ MOLLE	
1 each	Frame, Strap, shoulder (ALICE)	Not Required w/ MOLLE	1
1 each	Helmet, PASGT (Kevlar) (Without cover)		
1 each	Poncho		1

MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
	EQUIPMENT (continued)		
1 each	Liner, Poncho		
1 each	Map Case, Green		
1 each	Mat, Sleeping		
1 each	Ruck, ALICE or MOLLE, with frame (recommend LARGE)		
1 pair	Suspenders, individual equipment or Tactical Load Bearing Vest		
1 pair	Clear Safety Goggle / Ballistic Glasses	No shaded or tinted authorized	
HOME STAT	E ISSUED ITEMS	· ·	
1 each	Bee-sting allergy kit (by prescription)		
5 each	Bag, Zip-Lock, Plastic (12 x 12)		
5 each	Bag, Zip-Lock, Plastic (8 x 8)		
5 each	Bag, Zip-Lock, Plastic (6 x 6)		
1 pair	Plug, Ear w/ case		
3 each	Pen, Black, ball-point		
2 each	Pen, Sharpie, fine point, black		
1 each	Ruler, 12"		
1 each	Sewing Kit		
2 each	Book, Memo 3.5" x 4.5"		
1 each	Marker, Permanent, Black		
1 each	Notebook, Steno Type		
2 packs	Index Cards, 3" x 5" (100 per pack)		
1 set	Pens, Alcohol, super fine, red, blue, black, green		
1 each	Pen, cleaning (alcohol)		
2 each	Pencil, mechanical		
2 each	Coordinate Scale and Protractor	Recommend Ranger Joes Brand	
1 each	Camouflage Compact or Stick		
1 each	Calamine Lotion		
1 each	Chigg-Away		
1 each	Foot Powder		
1 each	Insect Repellant		
1 each	Lipstick, Anti-Chap		
1 each	Pre-Sun 15, 4 oz		
1 each	Whistle, Plastic, Black or Dark Green		
1 each	Camelback (ACU, Tan or Green)		
1 each	Athletic Supporter (Male) w/ cup		
3 each	Brassiere, Athletic/Sports type (Female)		1
1 kit	Desert boot Cleaning Kit		1
1 pair	Shoes, Running (conservative in color)	Must lace up – no 5 finger	
1 pair	Shoes, Shower (conservative in color)		
COMMON IT	EMS		1
2 pair	Laces, Combat Boot (spares)		
5 pair	Socks, White, Running (no logos or stripes; length IAW AR 670-1)		
2 each	Tabs, Blousing (Velcro)		

COMMONI	TEMS Cont.		
1 kit	Toilet Articles, (as required): toothbrush, toothbrush case, toothpaste, soap, soap dish, shaving gear, mirror, comb or small brush, feminine hygiene articles, dental floss, mouthwash, antiperspirant. No electric razors		
4 each	Towel, Bath, White or Brown		
2 each	Washcloth, White or Brown		
6 each	Underwear, White, Black, Brown or Sand		
3 each	Padlock, <b>combination</b> (SERVICEABLE, must fit on duffle bag)		
1 each	Watch, Wrist (Black)		
10 each	Coat Hangers, Copper	No plastic or colored hangers	
2 pair	<b>Government Issued</b> eyeglasses w/ strap (if required by prescrip; <b>no contacts</b> ) 1 pr worn, 1 extra		
1 set	Civilian clothes (worn in transit)		
4 each	Battery, D cell (2 in flashlight)		
	Money to cover incidental expenses – do <i>not</i> bring excessive amounts of money to training.		
OPTIONAL	ITEMS	· · ·	
1 each	Trousers, ECWS (Gore-Tex™)		
1 pair	Boots, ECWS (Gore-Tex™)		
1 set	Elbow / Knee Pads		
3 each	Long Sleeve T-shirt, Sand		
	Under Armor T-Shirts	Cannot Replace Required T- shirts	
	Cold Weather Under Armor Top and Bottoms	May replace Polypro	
1 each	Leatherman type Multi-tool		

## The Following is a list of items prohibited at OCS:

- 1. Tobacco products, to include smokeless.
- 2. Alcohol.
- 3. Any supplements taken to enhance performance.
- 4. Medications not prescribed by a Physician. (To include cough drops and Vitamin C tablets)
- 5. Contact lenses.
- 6. Cosmetics.
- 7. Hair nets and curlers.
- 8. Perfumes, colognes, or after-shave.
- 9. Body sprays.
- 10. Electric or battery operated razors.
- 11. Digital/tape recorders, CD players, I-Pods, MP3 players.
- 12. Radios, portable TV/ DVD players.

## 13. Cellular phones.

- 14. Outside Notes or Handouts.
- 15. Laptop/palmtop computers.
- 16. Global positioning devices.
- 17. Magazines.
- 18. Newspapers.
- 19. Bayonets, fixed-blade knives, or knives over 3".
- 20. Perfumed or scented lotions (unscented lotions are not prohibited).
- 21. Any handheld electronic devices (i.e., video game players, palm pilot, organizers).
- 22. Adult material of any kind.
- 23. Vitamins.
- 24. Head Lamps Not authorized in AR 670-1

NOTE: You must bring ALL items on the packing list. You will not start the course without the required items.