

# SIU Family Medicine: History and Physical Form

Date	Time	Code Status	PCP	Dictation #

<b>Problem Focused/Expanded</b>	<b>Detailed/Comp</b>
1-3 facts from HPI	4 facts from HPI

CC: \_\_\_\_\_

**HPI:** (Duration, Location, Quality, Severity, Timing, Context, Modifying factors, Associated S/S) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

**Allergies:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Past Medical History:**

CAD HTN HLD DM COPD Asthma AFib CKD\_\_ CHF

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Last flu shot: Last Pneum shot: Vac UTD: Y/N

**Surgical History:**

Chole T/A Hyster Appy CABG x\_\_ Cath x\_\_w/\_\_\_stents:\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Medications:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Social History:**

ETOH: \_\_\_/wk \_\_\_yrs \_\_\_\_\_

Smoking: \_\_\_pk/day \_\_\_yrs Quit \_\_\_yrs ago

Illicits: \_\_\_\_\_

Lives at \_\_\_\_\_

\_\_\_\_\_

**Family History:**

M: Living/Deceased \_\_\_\_\_ DM HTN CAD HLD CKD MI CVA CA \_\_\_\_\_

F: Living/Deceased \_\_\_\_\_ DM HTN CAD HLD CKD MI CVA CA \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**ROS:** \*Qualifies as ROS category  
 Mark as : ~~POSITIVE~~ **NEGATIVE**  
 BLANK means not addressed

Problem Focused	Expanded	Detailed	Comprehensive
None	1 ROS	2+ ROS	10+ ROS

- \*Gen: fever, chills, night sweats, fatigue, weakness, wt. loss \_\_\_\_\_
- \*Head: trauma, headache \_\_\_\_\_
- \*Eyes: contacts, glasses, visual changes/loss, blurring, itching \_\_\_\_\_
- \*Ears: hearing loss, tinnitus, vertigo, earache, discharge \_\_\_\_\_
- \*Nose: rhinorrhea, stuffiness, epistaxis \_\_\_\_\_
- \*Throat: hoarseness, sore throat, bleeding gums, swollen neck \_\_\_\_\_
- \*Breasts: skin changes, masses, lumps, pain, discharge, SBE \_\_\_\_\_
- \*Respiratory: SOB, wheeze, cough, hemoptysis, asthma, bronchitis, sputum \_\_\_\_\_
- \*Cardiac: chest pain, murmurs, palpitations, LE edema, claudication  
varicosities, thrombosis, emboli, dyspnea on exertion, orthopnea \_\_\_\_\_
- \*GI: nausea, vomiting, diarrhea, constipation, dyspepsia  
dysphagia, appetite Δ, melena, hematemesis, hematochezia \_\_\_\_\_
- \*Urinary: frequency, hesitancy, urgency, hematuria, dysuria, nocturia, incontinence, pain, masses, hernia \_\_\_\_\_
- \*Genital: STD hx \_\_\_\_\_
- \*Male: penile discharge, sores, testicular pain / mass, hernias \_\_\_\_\_
- \*Female: bleeding, itching, discharge, sores; Contraception: type \_\_\_\_\_ LMP \_\_\_\_\_, G\_P \_\_\_\_\_, complications \_\_\_\_\_
- \*Musculoskeletal: muscle weakness, pain, joint stiffness, redness, swelling, ROM problems, joint instability \_\_\_\_\_
- \*Neuro: loss of sensation, numb, tingling, tremors, weakness  
paralysis, fainting, blackouts, seizures, dizzy, vertigo \_\_\_\_\_
- \*Hematologic: bruising, bleeding, petechiae, purpura, transfusions \_\_\_\_\_
- \*Endocrine: heat/ cold intolerance, sweating, polyuria, polydipsia, polyphagia, flushed \_\_\_\_\_
- \*Psychiatric: mood change, anxiety, depression, tension, recent / remote memory loss, dementia \_\_\_\_\_
- \*Skin: skin Δ, hair Δ, nails Δ, itching, rashes, sores \_\_\_\_\_

**Metabolic Equivalents:** care for self eat dress toilet walk indoors walk block @ 2 or 4 mph climb flight of stairs run  
heavy work moderate activities (bowling) strenuous activities (tennis) Total MEQs: \_\_\_\_\_

# SIU Family Medicine: History and Physical Form

**Physical Exam:**  Bullet and subsequent content \*Qualifying systems **Mark as:** POSITIVE **NEGATIVE** BLANK means not addressed

Problem Focused	Expanded	Detailed	Comprehensive
1-5 bullets affected area	6-11 bullets affected & related	12-17 bullets 2+ systems	2+ bullets in 9 systems *

**\*Constitutional:**

Temp: \_\_\_\_\_ HR: \_\_\_\_\_ RR: \_\_\_\_\_ BP: \_\_\_\_\_/\_\_\_\_\_ O2: \_\_\_\_\_% \_\_\_\_\_ Liters /Room Air Ht: \_\_\_\_\_ Wt: \_\_\_\_\_ BMI: \_\_\_\_\_  
 Appearance: cachectic, thin, appropriate wt, obese; Grooming: clean, poor \_\_\_\_\_

**\*Psych:**  Judgment and Insight: normal, impaired \_\_\_\_\_

Mental Status: alert, obtunded, sedated; Oriented: person /place /time;  Recent/Remote memory: intact, impaired; \_\_\_\_\_  
 Mood/Affect: NL, depressed, anxious, manic, agitated \_\_\_\_\_

**\*Eyes:**  Pupils: PERLA, symmetrical, pinpoint, dilated  Conjunctiva: moist, dry, pink, pale, injected, non-icteric; Lids: NL, edema; EOMI \_\_\_\_\_  
 Ophthalmoscopic exam: \_\_\_\_\_

**\*ENT Ears:**  External: scars , lesions, masses  Hearing: normal, decreased R/L  Otoscopic exam: canals patent, TM intact, clear, inflamed \_\_\_\_\_  
**Nose:**  Septum: NL, deviated; Mucosa: pink, moist, erythematous, blue, dry; Turbinates: NL, engorged \_\_\_\_\_  
**Throat:**  Lips: NL, dry, cracked; Gums: intact, receded, bleeding; Teeth: NL, caries, broken, dentures \_\_\_\_\_  
 Oral Mucosa: pink, moist, erythematous, dry, lesions; Tonsils: NL, enlarged, exudate; Palate: NL, mass, lesion; Tongue: NL, mass, lesion \_\_\_\_\_

**\*Neck:**  Mass, asymmetry, trachea midline, crepitus  Thyroid: NL, thyromegaly, tenderness, masses \_\_\_\_\_

**\*Lymphatic:** Lymphadenopathy:  Ant cervical, post cervical, supraclavicular, tonsilar, auricular  Axillary  Inguinal, femoral  Other \_\_\_\_\_

**\*Chest:**  Breast(visual): symmetric, discharge  Breast(palpation): tenderness, masses, lumps; Rib cage: tenderness, crepitus \_\_\_\_\_

**\*Lungs:**  Resp effort: NL, intercostal retractions, accessory muscle use \_\_\_\_\_  
 Auscultation: CTAB, crackles, wheezes, rales \_\_\_\_\_  
 Palp: Chest Wall tenderness, symmetric, tactile fremitus  Percussion: clear, dullness, flatness, hyperresonance \_\_\_\_\_

**\*Cardiovascular:**  Rate: reg, irreg; Rhythm: reg, irreg; Murmurs, rubs, gallops, clicks \_\_\_\_\_  
 Palp: thrill, PMI location \_\_\_\_\_  
 Other: JVD; Carotid: CTA, bruit R/L, pulse \_\_\_\_\_; Abd Aorta: bruit, \_\_\_\_\_ cm; Femoral: bruit R/L, pulse \_\_\_\_\_ Pedal pulse: \_\_\_\_\_  
 . Post Tib Pulse: \_\_\_\_\_ Radial Pulse: \_\_\_\_\_

**\*GI/Abdomen:**  Soft, non-tender, non-distended, guarding, rebound, Rovsing's, rigidity, Murphy's, fluid wave; TTP: RUQ, EPI, LUQ, RLQ, suprapubic, periumbilical, LLQ; BS: NL, absent, hypo, hyper; CVA tenderness: R/L/B \_\_\_\_\_  
 Hepatomegaly, splenomegaly  Hernia: absent, ventral, incisional, inguinal R/L  Sphincter Tone: NL, inc, dec; hemorrhoids, rectal mass, deferred \_\_\_\_\_  
 BRBPR: Hemocult: pos, neg; Other: \_\_\_\_\_

**\*GU:Male:**  Penis: discharge, ulcers, scars, lesions, phimosis \_\_\_\_\_  
 Scrotal: NL, tender, swollen, hydrocele, spermatocele, testicular mass  Prostate: symmetric, tender, enlarged, nodule \_\_\_\_\_  
**Female:**  External: NL, lesions, adult hair pattern; Vagina: discharge, lesions, moist, pink, inflamed, bleeding, atrophic \_\_\_\_\_  
 Urethra: NL, masses, tenderness, scarring  Bladder: tender, palpable \_\_\_\_\_  
 Cervix: NL, lesions, discharge, inflamed  Adnexa: tender, masses  Uterus: enlarged, mobile, mass, retroflexed \_\_\_\_\_

**Extremities:** Homan's R/L/B, edema R/L/B, pitting, varicosities, amputations \_\_\_\_\_

**\*Musculoskeletal:**  Gait: NL, unsteady, immobile  Nails/Digits: NL, cyanosis, clubbing, pitting \_\_\_\_\_  
 Area: Head/Neck; Spine/Ribs/Pelvis; LUE; RUE; LLE; RLE (address: ROM, strength, stability) \_\_\_\_\_

**Somatic Dysfunction** (location and tests): \_\_\_\_\_

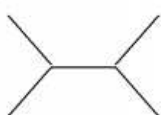
**\*Skin:**  Inspection: rash, lesions, bruises, tattoo, ulcer \_\_\_\_\_  
 Turgor: NL dec; Warm, cool, dry, moist \_\_\_\_\_

**\*Neurologic:**  Cranial Nerves 2-12 grossly intact, abnormal  DTR: Intact, symmetrical; Babinski neg \_\_\_\_\_  
 Sensory: NL Touch/ Pin /Vibration; Deficits: \_\_\_\_\_

**Labs:**

**Imaging:**

Last ECHO: \_\_\_\_\_, EF: \_\_\_\_\_ %



Mg<sup>2+</sup>:  
 Phos:  
 Ca<sup>2+</sup>:  
 PT:  
 INR:

Bands:

