

# Elementary School Menu

## September 2017



**Maryland Homegrown School Lunch Week**  
**September 25 – 29, 2017**

♥ Indicates meatless item offered.

*Menu subject to change without prior notice.*

Elementary School Meal Prices			
Breakfast	\$1.40	Reduced Price	\$.30
Lunch	\$2.90	Reduced Price	\$.40
Prepay for your child's meals! Visit <a href="#">My School Bucks Web Site</a> to enroll.			
<b>Free and Reduced-Price Meals apply online at</b> <a href="#">Online Meal Benefit Application</a>			

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				n/a
4	5	6	7	8
<p><b>Labor Day</b> Schools and Offices Closed</p>	<p style="color: red;"><b>Welcome Back to School</b></p> <p><b>Mozzarella Dippers</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Smile Potatoes Marinara Sauce Terrific Tossed Salad Peaches Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Pizza, Cheese or Pepperoni</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Terrific Tossed Salad Yummy Baby Carrots Crunchy Cucumbers &amp; Cherry Tomatoes Mandarin Oranges Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Taco or Taco Salad w/Scoops</b> <b>Chips</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Sassy Salsa Fancy Refried Beans Zippy Zucchini Sticks Mixed Fruit Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Chicken Nuggets</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Brainy Broccoli Pears Assorted Fresh Fruits &amp; Vegetables</p>
11	12	13	14	15
<p><b>Pancakes w/Turkey Sausages</b> <b>Chicken Tenders w/Cornbread</b> <b>Muffin</b></p> <p>♥ Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Yummy Baby Carrots Crunchy Cucumbers &amp; Cherry Tomatoes Warm Cinnamon Apples Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Salisbury Steak w/Gravy &amp; Biscuit</b> <b>Chicken Drumstick &amp; Biscuit</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Creamy Mashed Potatoes Gravy Mandarin Oranges Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Pizza, Cheese or Pepperoni</b> <b>Turkey &amp; Cheese Sub</b> <b>Chicken Caesar Salad w/Crackers</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Classic Caesar Salad Peaches Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Spaghetti w/Meat Sauce</b> <b>Hot Dog on Roll</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Bold Baked Beans Terrific Tossed Salad Pineapple Assorted Fresh Fruits &amp; Vegetables</p>	<p><b>Chicken Nuggets</b> <b>Grilled Cheese Sandwich</b> Yogurt &amp; String Cheese w/Granola Clusters</p> <p>Gold Rush Vegetable Juice Applesauce Assorted Fresh Fruits &amp; Vegetables</p>

AVAILABLE DAILY

A variety of milk (1% white, fat free white/chocolate/strawberry) and fresh fruits and vegetables.

Cheese Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
<b>18</b> ♥ <b>Mozzarella Dippers</b> Teriyaki Chicken Nuggets w/Rice & Chow Mein Noodles Yogurt & String Cheese w/Granola Clusters  Marinara Sauce Brainy Broccoli Terrific Tossed Salad Pears Assorted Fresh Fruits & Vegetables	<b>19</b> Popcorn Chicken w/ Cornbread Muffin Macaroni & Cheese w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters  Groovy Green Beans Yummy Baby Carrots Peaches Assorted Fresh Fruits & Vegetables	<b>20</b> Pizza, Cheese or Pepperoni Team BCPS Burger on Roll Tuna Salad Box w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters  Smile Potatoes Crunchy Cucumber Salad Applesauce Assorted Fresh Fruits & Vegetables	<b>21</b> <p style="text-align: center;"><b>Rosh Hashanah</b></p> <p style="text-align: center;"><b>Schools and Offices Closed</b></p>	<b>22</b> Chicken Nuggets Hot Ham & Cheese Sub Yogurt & String Cheese w/Granola Clusters  Brainy Broccoli w/Cheese Sauce Mango Swirl Juice Pineapple Assorted Fresh Fruits & Vegetables
<b>25</b> Pancakes w/Turkey Sausages Fish Shapes w/Dinner Roll ♥ Yogurt & String Cheese w/Granola Clusters  Gold Rush Juice Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	<b>26</b> Hot Dog on Roll Chicken Drumstick w/Biscuit Yogurt & String Cheese w/Granola Clusters  Creamy Mashed Potatoes Gravy Bold Baked Beans Zippy Zucchini Sticks Mandarin Oranges Assorted Fresh Fruits & Vegetables	<b>27</b> Pizza, Cheese or Pepperoni Hamburger/Cheeseburger on Roll Turkey Chef Salad w/Soft Pretzel Yogurt & String Cheese w/Granola Clusters  Rockin' Romaine & Spinach Salad Country Corn Pears Assorted Fresh Fruits & Vegetables	<b>28</b> Chicken Tenders w/Cornbread Muffin General Tso's Beef w/Rice & Chow Mein Noodles Yogurt & String Cheese w/Granola Clusters  Brainy Broccoli Crunchy Cucumbers & Chery Tomatoes Applesauce Assorted Fresh Fruits & Vegetables	<b>29</b> Chicken Nuggets Lasagna Yogurt & String Cheese w/Granola Clusters  Sweet Potato Puffs Terrific Tossed Salad Mixed Fruit Assorted Fresh Fruits & Vegetables



**Breakfast in the Classroom (BIC) schools, please visit [www.bcps.org/offices/ofns](http://www.bcps.org/offices/ofns) for your offerings.**



**BREAKFAST MEAL PATTERN**

Components	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Grain 1 oz.</b> Select 1 or 2  OR	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt
<b>Entrée/Grain 2 oz.</b> OR	French Toast Sticks	Breakfast Pizza	Oatmeal Chip Bar	Breakfast Bun	Flapstick
<b>Breakfast Break Bag</b> (contains— grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
<b>Fruit</b> Select 1 or 2	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
<b>Milk</b> Select 1	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)