A Simple Regular House Cleaning Checklist:

With regular housework, as in everything, it helps to have a map or plan of where you're headed. You don't really want a schedule for cleaning, you want a checklist or reminder of what needs to be done at approximately what intervals. The golden rule:

Clean it when it's soiled, not when it's scheduled.

Here is a sample of the type of outline we pro cleaners use. Consider this as a general guide — things like the number/age of the people in your household, your climate, and the type of furnishings you have will also have a bearing on how often things need to be done.

Happy Cleaning,

If you have a tough cleaning problem, would like further advice or need any additional cleaning supplies, give us a call toll free at (800) 451-2402 or vist the Don Aslett's Cleaning Center Store nearest you.

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Twice a Year: **House Cleaning Checklist: V** Clean oven Defrost freezer Daily: **Monthly:** Degrease stove hood/exhaust fan Dust woodwork and high and low areas ☐ Straighten up the whole place ── Wash vinyl furniture ■ Do all dishes ☐ Catch all cobwebs ☐ Turn mattresses ■ Vacuum upholstery ■ Wipe counters and range top **■ Vacuum air and heat vents** ■ Vacuum drapes Dust tops of tall furniture, rafters, etc. ■ Vacuum blinds Dump kitchen garbage Clean up any spots and spills ■ Sweep or vacuum carpet edges **Annually:** ■ Hang up all clothes Surface clean carpeting ☐ Strip and refinish floors Apply additional finish on heavy traffic areas of finished floors ■ Read and dispose of mail and magazines ■ Wash or dry-sponge walls Praise any cleaning effort ☐ Touch up nicks in wall paint Damp-wipe seats of chairs Clean out refrigerator Clean under and behind things **Exterior:** ■ Wash hard-to-reach windows Clean kitchen cabinet fronts ■ Police any litter or left-behind tools/toys ■ Wash or dry-clean drapes or curtains Clean appliance fronts and tops ■ Wash window screens ☐ Dissolve any hard-water buildup Semiweekly: Clean light fixtures ■ Wash/disinfect trash containers ■ Vacuum most-used areas ─ Wash blinds Do laundry **Exterior Monthly:** Wash/clean blankets ■ Shampoo carpet/upholstery if needed Wash doormats Weekly: Sweep or hose walks/driveway ■ Vacuum carpets **Exterior Annually:** ■ Wash easy-to-reach windows ■ Sweep or dustmop hard floors Clean drain gutters Spot clean doors □ Damp-mop floors ■ Wash exterior of all windows Sweep garage Dust furniture Clean screens/storm doors ■ Change beds **Quarterly:** Clean/sweep chimney Spot clean handprints, etc. Polish furniture ■ Wash door glass **Every Several Years or So:** ☐ Check and clean or change furnace/central Clean mirrors air conditioning filters ■ Wash or otherwise clean ceilings Clean sinks Dry clean carpets Clean showers and tubs The Exception: Clean the outside and erase ring inside Clean it when it's soiled. toilet bowl not when it's scheduled. cleanreport.com

Dump all trash cans