



Sample Weekly Activity Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 a.m. Catholic Communion</p> <p>11 a.m. Volunteer pet visits (weekly)</p> <p>3 p.m. Worship Service</p>	<p>9:30 a.m. Crafts</p> <p>10 a.m. Woodworking</p> <p>11:15 a.m. Exercises</p> <p>1:30 p.m. Cocktail hour (daily)</p> <p>6 p.m. Trivia</p>	<p>9:30 a.m. Reminiscence activity with social worker</p> <p>10:30 a.m. Gardening</p> <p>2 p.m. Bingo</p> <p>3:30 p.m. Travelogue</p> <p>6:15 p.m. Sing-a-long</p>	<p>10 a.m. Exercises</p> <p>10:30 a.m. SPCA pet visits (monthly)</p> <p>11:15 a.m. Lunch out to Swiss Chalet</p> <p>2:00 p.m. Reading group</p> <p>3:00 p.m. Communion service</p>	<p>9:30 a.m. Baking</p> <p>10:30 a.m. Men's Club</p> <p>11 a.m. Worship service</p> <p>2 p.m. Karaoke</p> <p>6 p.m. Word games</p>	<p>10:15 a.m. Tea time</p> <p>11:15 a.m. Exercises</p> <p>1:30 p.m. Auxiliary social</p> <p>6 p.m. Social and entertainment</p>	<p>11 a.m. - 3 p.m. Tuck shop open</p>

