Department of Veterans Affairs

BACK (THORACOLUMBAR SPINE) CONDITIONS DISABILITY BENEFITS QUESTIONNAIRE

IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) WILL NOT PAY OR REIMBURSE ANY EXPENSES OR COST INCURRED IN

THE PROCESS OF COMPLETING AND/OR SUBMITTING TH INFORMATION BEFORE COMPLETING THIS FORM.	` /					
NAME OF PATIENT/VETERAN			PATIENT/VETERAN'S SOCIAL SECURITY NUMBER			
NOTE TO PHYSICIAN - Your patient is applying to the U. S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the Veteran's claim.						
-	SECTION I - DIAGNO	OSIS				
1A. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER BE	EN DIAGNOSED WITH A TH	HORACOLUMBAR SPINE (b	ack) CONDITION?			
YES NO						
1B. PROVIDE ONLY DIAGNOSES THAT PERTAIN TO THORACOLI	UMBAR SPINE (back) CONI	DITIONS:				
D:						
Diagnosis # 1 -	ICD code -		Date of diagnosis -			
Diagnosis # 2 -	ICD code -		Date of diagnosis -			
Diagnosis # 3 -	ICD code-		Date of diagnosis -			
1C. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN TO	THORACOLUMBAR SPINE	(back) CONDITIONS, LIST I	USING ABOVE FORMAT:			
,	SECTION II - MEDICAL I	HISTORY				
2. DESCRIBE THE HISTORY (including onset and course) OF THE	VETERAN'S THORACOLU	MBAR SPINE (back) CONDI	ITION (brief summary)			
	SECTION III - FLARE	:_IIDS				
3. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE			32			
		, ,				
YES NO IF YES, DOCUMENT THE VETERAN'S DES	CRIPTION OF THE IMPAC	I OF FLARE-UPS IN HIS OR	R HER OWN WORDS:			
SECTION IV - INIT	IAL RANGE OF MOTION	(ROM) MEASUREMEN	TS			
4. MEASURE ROM WITH A GONIOMETER, ROUNDING EACH MEAS						
AT WHICH PAINFUL MOTION BEGINS, EVIDENCE BY VISIBLE BE	EHAVIOR SUCH AS FACIAL	EXPRESSION, WINCING, ET	C. REPORT INITIAL MEASUREMENTS BELOW.			
NOTE: Following the initial assessment of ROM, perform repetiti						
determined that 3 repetitions of ROM (at minimum) can serve as a 3 repetitions. Report post-test measurements in section 5.	representative test of the ef	fect of repetitive use. After	the initial measurement, reassess ROM after			
3 repetitions. Report post-test measurements in section 3.						
A. SELECT WHERE FORWARD FLEXION ENDS (normal end	point is 90):					
□ 0 □ 5 □ 10 □ 15 □ 20 □ 25 □	30 35 40] 45				
50 55 60 65 70 75 80 85 90 or greater						
SELECT WHERE OBJECTIVE EVIDENCE OF PAINFUL MOTION BEGINS:						
No objective evidence of painful motion						
0 5 10 15 20 25	30 35 40] 45				
50 55 60 65 70 75	80 85 90 or gre	eater				
B SELECT WHERE EXTENSION ENDS (normal endnoint is	30):					
B. SELECT WHERE EXTENSION ENDS <i>(normal endpoint is 30)</i> : 0 5 10 15 20 25 30 or greater						
SELECT WHERE OBJECTIVE EVIDENCE OF PAINFUL MO						
_						
☐ No objective evidence of painful motion						
0 5 10 15 20 25	30 or greater					
C. SELECT WHERE RIGHT LATERAL FLEXION ENDS (normal endpoint is 30):						
0 5 10 15 20 25 30 or greater						
SELECT WHERE OBJECTIVE EVIDENCE OF PAINFUL MOTION BEGINS:						
No objective evidence of painful motion						
0 5 10 15 20 25 30 or greater						

SECTION IV - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS (continued)				
D. SELECT WHERE LEFT LATERAL FLEXION ENDS (normal endpoint is 30): O 5 10 15 20 25 30 or greater SELECT WHERE OBJECTIVE EVIDENCE OF PAINFUL MOTION BEGINS: No objective evidence of painful motion 0 5 10 15 20 25 30 or greater				
E. SELECT WHERE RIGHT LATERAL ROTATION ENDS (normal endpoint is 30): O 5 10 15 20 25 30 or greater SELECT WHERE OBJECTIVE EVIDENCE OF PAINFUL MOTION BEGINS: No objective evidence of painful motion				
0 5 10 15 20 25 30 or greater				
F. SELECT WHERE LEFT LATERAL ROTATION ENDS (normal endpoint is 30): O D S D 10 D 15 D 20 D 25 D 30 or greater SELECT WHERE OBJECTIVE EVIDENCE OF PAINFUL MOTION BEGINS: No objective evidence of painful motion D D D D D D D D D D D D D D D D D D D				
SECTION V - ROM MEASUREMENT AFTER REPETITIVE-USE-TESTING				
5A. IS THE VETERAN ABLE TO PERFORM REPETITIVE-USE TESTING WITH 3 REPETITIONS?				
YES NO IF UNABLE, PROVIDE REASON:				
IF VETERAN IS UNABLE TO PERFORM REPETITIVE-USE TESTING, SKIP TO SECTION 6. IF VETERAN IS ABLE TO PERFORM REPETITIVE-USE TESTING, MEASURE AND REPORT ROM AFTER A MINIMUM OF 3 REPETITIONS.				
B. SELECT WHERE POST-TEST FORWARD FLEXION ENDS: 0 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 or greater				
C. SELECT WHERE POST-TEST EXTENSION ENDS: 0 5 10 15 20 25 30 or greater D. SELECT WHERE POST-TEST RIGHT LATERAL FLEXION ENDS:				
 □ 0 □ 5 □ 10 □ 15 □ 20 □ 25 □ 30 or greater E. SELECT WHERE POST-TEST LEFT LATERAL FLEXION ENDS: □ 0 □ 5 □ 10 □ 15 □ 20 □ 25 □ 30 or greater 				
F. SELECT WHERE POST-TEST RIGHT LATERAL ROTATION ENDS: 0 5 5 10 10 15 20 25 30 or greater				
G. SELECT WHERE POST-TEST LEFT LATERAL ROTATION ENDS: 0 5 10 15 20 25 30 or greater				
SECTION VI - FUNCTIONAL LOSS AND ADDITIONAL LIMITATION IN ROM				
NOTE: The following section addresses reasons for functional loss, if present, and additional loss of ROM after repetitive-use testing, if present. The VA defines functional loss as the inability to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. 6A. DOES THE VETERAN HAVE ADDITIONAL LIMITATION IN ROM OF THE THORACOLUMBAR SPINE (back) FOLLOWING REPETITIVE-USE TESTING?				
☐ YES ☐ NO				
6B. DOES THE VETERAN HAVE ANY FUNCTIONAL LOSS AND/OR FUNCTIONAL IMPAIRMENT OF THE THORACOLUMBAR SPINE (back)? YES NO				
6C. IF THE VETERAN HAS FUNCTIONAL LOSS, FUNCTIONAL IMPAIRMENT AND/OR ADDITIONAL LIMITATION OF ROM OF THE THORACOLUMBAR SPINE (back) AFTER REPETITIVE USE, INDICATE THE CONTRIBUTING FACTORS OF DISABILITY BELOW:				
Less movement than normal More movement than normal Weakened movement				
Excess fatigability Incoordination, impaired ability to execute skilled movements smoothly				
Pain on movement Swelling				
Deformity Atrophy of disuse				
Instability of station				
Disturbance of locomotion Interference with sitting, standing and/or weight-bearing				
Other, describe:				

	SECTION VII - PAIN AND MUSCLE SPASM (pain on palpation, effect of muscle spasm on gait)				
l — —	HAVE LOCALIZED TENDERNESS OR PAIN TO PALPATION FOR JOINTS AND/OR SOFT TISSUE OF THE THORACOLUMBAR SPINE (back)?				
YES NO II	F YES, DESCRIBE:				
	HAVE GUARDING OR MUSCLE SPASM OF THE THORACOLUMBAR SPINE (back)?				
<u> </u>	F YES, IS IT SEVERE ENOUGH TO RESULT IN: (check all that apply)				
Abnormal gait Abnormal spinal	contour, such as scoliosis, reversed lordosis, or abnormal kyphosis				
_	cle spasm do not result in abnormal gait or spinal contour				
	SECTION VIII - MUSCLE STRENGTH TESTING				
8A. RATE STRENGTH AC	CORDING TO THE FOLLOWING SCALE:				
0/5 No muscle mover	nent				
· ·	e muscle contraction, but no joint movement				
3/5 Active movement	with gravity eliminated				
	against some resistance				
5/5 Normal strength					
All normal					
Hip flexion:	Right 5/5 4/5 3/5 2/5 1/5 0/5				
	Left 5/5 4/5 3/5 2/5 1/5 0/5				
Knee extension:	Right 5/5 4/5 3/5 2/5 1/5 0/5				
	Left 5/5 4/5 3/5 2/5 1/5 0/5				
Ankle plantar flexion:	Right 5/5 4/5 3/5 2/5 1/5 0/5				
	Left 5/5 4/5 3/5 2/5 1/5 0/5				
Ankle dorsiflexion:	Right 5/5 4/5 3/5 2/5 1/5 0/5 Left 5/5 4/5 3/5 2/5 1/5 0/5				
Great toe extension:	Right 5/5 4/5 3/5 2/5 1/5 0/5 Left 5/5 4/5 3/5 2/5 1/5 0/5				
	HAVE MUSCLE ATROPHY?				
YES NO					
IF MUSCLE ATROPHY IS	PRESENT, INDICATE LOCATION:				
PROVIDE MEASUREMEN	NTS IN CENTIMETERS OF NORMAL SIDE AND ATROPHIED SIDE, MEASURED AT MAXIMUM MUSCLE BULK:				
NORMAL SIDE:	CM ATROPHIED SIDE: CM				
SECTION IX - REFLEX EXAM					
	REFLEXES (DTRs) ACCORDING TO THE FOLLOWING SCALE:				
Absent Hypoactive					
2+ Normal					
3+ Hyperactive withou	ut clonus				
4+ Hyperactive with o	klonus				
All normal					
Knee: Right:	0 1+ 2+ 3+ 4+				
Left:	0 1+ 2+ 3+ 4+				
Ankle: Right:	0 1+ 2+ 3+ 4+				
Left: 0 1+ 2+ 3+ 4+					

SECTION X - SENSORY EXAM					
10. PROVIDE RESULTS FOR SENSATION TO LIGHT TOUCH (dermatomes) TESTING:					
All normal					
_ , ,	Right Normal Decreased Absent Left Normal Decreased Absent				
	Right Normal Decreased Absent Left Normal Decreased Absent				
Lower leg/ankle (L4/L5/S1): F	Right Normal Decreased Absent				
	Left Normal Decreased Absent Right Normal Decreased Absent				
L Other sensory findings, if any:	eft Normal Decreased Absent				
	SECTION XI - STRAIGHT LEG RAISING TEST				
	Veteran seated or supine. Raise each straightened leg until pain begins, typically at 30-70 degrees of elevation. The test is positive not merely in the back or hamstrings. Pain is often increased on dorsiflexion of the foot, and relieved by knee flexion. A positive test disc herniation).				
11. PROVIDE STRAIGHT LEG RAISI	NG TEST RESULTS:				
	sitive Unable to perform Unable to perform				
	SECTION XII - RADICULOPATHY				
l <u> </u>	ADICULAR PAIN OR ANY OTHER SIGNS OR SYMPTOMS DUE TO RADICULOPATHY? MPLETE THE FOLLOWING SECTION:				
12B. INDICATE SYMPTOMS' LOCAT	ION AND SEVERITY (check all that apply):				
Constant pain (may be excruciating of	at times)				
	None Mild Moderate Severe None Mild Moderate Severe				
Intermittent pain (usually dull)					
	None Mild Moderate Severe None Mild Moderate Severe				
Paresthesias and/or dysesthesias					
	None Mild Moderate Severe None Mild Moderate Severe				
Numbness					
Right lower extremity:	None Mild Moderate Severe None Mild Moderate Severe				
	NY OTHER SIGNS OR SYMPTOMS OF RADICULOPATHY?				
L YES NO					
IF YES, DESCRIBE:					
12D. INDICATE NERVE ROOTS INV	OLVED: (check all that apply)				
INVOLVEMENT OF L2/L3/L4 NERVE ROOTS (femoral nerve)					
If checked, indicate: Right Left Both					
INVOLVEMENT OF L4/L5/S1/S2/S3 NERVE ROOTS (sciatic nerve) If checked, indicate: Right Both)					
OTHER NERVES (specify nerve and side(s) affected):					
12E. INDICATE SEVERITY OF RADIO	CULOPATHY AND SIDE AFFECTED:				
	Aild Moderate Severe Aild Moderate Severe				

SECTION XIII - OTHER NEUROLOGIC ABNORMALITIES (Continued)				
13. DOES THE VETERAN HAVE ANY OTHER NEUROLOGIC ABNORMALITIES OR FINDINGS RELATED TO A THORACOLUMBAR SPINE (back) CONDITION (such as bowel or bladder problems/pathologic reflexes)?				
YES NO IF YES, DESCRIBE CONDITION AND HOW IT IS RELATED:				
IF THERE ARE NEUROLOGICAL ABNORMALITIES OTHER THAN RADICULOPATHY, ALSO COMPLETE APPROPRIATE QUESTIONNAIRE FOR EACH CONDITION IDENTIFIED.				
SECTION XIV - INTERVERTEBRAL DISC SYNDROME (IVDS) AND INCAPACITATING EPISODES				
14A. DOES THE VETERAN HAVE IVDS OF THE THORACOLUMBAR SPINE?				
YES NO				
14B. IF YES, HAS THE VETERAN HAD ANY INCAPACITATING EPISODES OVER THE PAST 12 MONTHS DUE TO IVDS? YES NO				
NOTE: For VA purposes, an incapacitating episode is a period of acute symptoms severe enough to require prescribed bed rest and treatment by a physician.				
IF YES, PROVIDE THE TOTAL DURATION OF THE INCAPACITATING EPISODES OVER THE PAST 12 MONTHS:				
Less than 1 week				
At least 1 week but less than 2 weeks At least 2 weeks but less than 4 weeks				
At least 4 weeks but less than 6 weeks				
At least 6 weeks				
SECTION XV - ASSISTIVE DEVICES				
15A. DOES THE VETERAN USE ANY ASSISTIVE DEVICE(S) AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS				
MAY BE POSSIBLE? ☐ YES ☐ NO				
IF YES, IDENTIFY ASSISTIVE DEVICE(S) USED (check all that apply and indicate frequency):				
☐ Wheelchair Frequency of use: ☐ Occasional ☐ Regular ☐ Constant				
☐ Brace(s) Frequency of use: ☐ Occasional ☐ Regular ☐ Constant				
Crutch(es) Frequency of use: Occasional Regular Constant				
Cane(s) Frequency of use: Occasional Regular Constant				
Walker Frequency of use: Occasional Regular Constant				
Other: Frequency of use: Occasional Regular Constant				
15B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION				
SECTION XVI - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES				
16. DUE TO THORACOLUMBAR SPINE (back) CONDITION, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTION REMAINS OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? (Functions of the upper extremity include grasping, manipulation, etc.; functions of the lower extremity include balance and propulsion, etc.)				
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $				
□NO				
IF YES, INDICATE EXTREMITY(IES) (check all extremities for which this applies):				
Right lower Left lower				
SECTION XVII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS				
17A. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN DIAGNOSIS SECTION 1?				
☐ YES ☐ NO				
IF YES, ARE ANY OF THE SCARS PAINFUL/OR UNSTABLE, OR IS THE TOTAL AREA OF ALL RELATED SCARS GREATER THAN 39 SQUARE cm (6 square inches)?				
YES NO				
IF YES, ALSO COMPLETE A SCARS QUESTIONNAIRE.				
17B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS?				
YES NO IF YES, DESCRIBE (brief summary):				

SECTION XVIII - DIAGNOSTIC TESTING						
NOTE: The diagnosis of arthritis must be confirmed by imaging studies. Once arthritis has been documented, no further imaging studies are required by VA, even if arthritis has worsened.						
Imaging studies are not required to make the diagnosis of IVDS; Electromyography (EMG) studies are rarely required to diagnose radiculopathy in the appropriate clinical setting.						
For purposes of this examination, the diagnosis of IVDS and/or radiculopathy can be made by a history of characteristic radiating pain and/or sensory changes in the legs, and objective clinical findings, which may include the asymmetrical loss or decrease of reflexes, decreased strength and/or abnormal sensation.						
18A. HAVE THE IMAGING STUDIES OF THE THORACOLUMBAR SPINE BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?						
YES NO IF YES, IS ARTHRITIS DOCUMENTED? YES NO						
18B. DOES THE VETERAN HAVE A VERTEBRAL FRACTURE?						
☐ YES ☐ NO IF YES, PROVIDE PERCENT OF LOSS OF VERTEBRAL BODY:						
18C. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS	AND/OR RESULTS?					
YES NO IF YES, PROVIDE TYPE OF TEST OF PROCEDURE, DATE AND RESULTS (brief summary):						
	X - FUNCTIONAL IMPACT	2 MODKS				
19. DOES THE VETERAN'S THORACOLUMBAR SPINE (back) CONDITION IN	IPACT HIS OR HER ABILITY TO	J WORK?				
YES NO	LIMBAD COINE (IL.) CONDIT	TIONS DOON DING ONE OF	NODE EVANDI EO			
IF YES DESCRIBE THE IMPACT OF EACH OF THE VETERAN'S THORACOL	UMBAR SPINE (back) CONDIT	IONS PROVIDING ONE OF	R MORE EXAMPLES			
SECTI	ON XX - REMARKS					
20. REMARKS (If any)						
SECTION XXI - PHYSICIAN'S CERTIFICATION AND SIGNATURE						
SECTION AXI - FIT SICIA	N 3 CENTIFICATION AND S	SIGNATURE				
CERTIFICATION - To the best of my knowledge, the information	contained herein is accurate	e, complete and current.				
21A. PHYSICIAN'S SIGNATURE 21B. PHYS	SICIAN'S PRINTED NAME		21C. DATE SIGNED			
21D. PHYSICIAN'S PHONE NUMBER 21E. PHYSICIAN'S MEDICAL L	ICENSE NUMBER	21F. PHYSICIAN'S ADDRI	ESS			
NOTE - VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.						
IMPORTANT - Physician please fax the completed form to						
(VA Regional Office FAX No.)						
NOTE - A list of VA Regional Office FAX Numbers can be found at www.benefits.va.gov/disabilityexams or obtained by calling 1-800-827-1000.						
PDIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1074						

PRIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 45 minutes to review the instructions, find the information, and complete a form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.