

# ULTRASOUND SCAN IN EARLY PREGNANCY

**Information Leaflet** 

Your Health. Our Priority.

www.stockport.nhs.uk

Ultrasound/Jasmine Assessment Unit | Stepping Hill Hospital

#### Introduction

Your Doctor/Midwife has asked us to perform an ultrasound scan for you.

An ultrasound picture is formed by sound waves, which are passed through the uterus and reflected back as an image. This may be performed abdominally but if the pregnancy is less than 10 weeks it may be performed internally. This means inserting the tip of a thin probe into the vagina (in the same manner as a tampon is inserted). If you have any concerns about having this scan your midwife will be happy to advise you.

There is no evidence that having a vaginal or abdominal scan can cause miscarriage or harm the pregnancy. However we do not recommend repeated ultrasound scans.

Most pregnant women are referred for their routine scan between 10 and 14 weeks. The midwife will organise this for you.

#### **Early scans**

You may be referred for an early scan because of pain, vaginal bleeding or spotting, or because you have had problems in a previous pregnancy. We do not normally scan before 7 weeks, however if we suspect an ectopic pregnancy you may be offered a scan from 6 weeks.

If you have had previous miscarriages or problems in previous pregnancies or have experienced some 'spotting' in this pregnancy you may be referred to the Specialist Midwife for a scan, however this scan will not be performed before 8 weeks.

If you are experiencing heavy bleeding we would not routinely scan before the bleeding has settled. If we detect a heart beat on ultrasound scan research has shown that at:-6 weeks there is a 78% chance of the pregnancy continuing 8 weeks there is a 98% chance of the pregnancy continuing 10 weeks there is a 99.4% chance of the pregnancy continuing

Therefore if we see a heartbeat we will not routinely rescan, however if you have heavy bleeding with clots and abdominal pain please contact the Jasmine Assessment Unit. Unfortunately, we are unable to prevent a miscarriage but our priority is your safety and wellbeing.

#### What will happen during the scan

You will need to empty your bladder just before the scan and undress from the waist down. You will lie on the couch. A foam cushion may be placed under you to lift you slightly and allow the Sonographer to manoeuvre the probe.

The probe is sterilized between examinations. Before inserting the probe it is covered with a latex condom. If you are allergic to latex please indicate below and an alternative non-latex cover will be used. Gel is also used to allow the probe to be inserted comfortably.

At the end of the scan tissue is provided for you to wipe off the gel.

#### Your consent

We require your written consent to perform this examination. If you have any concerns about having the Ultrasound scan your Sonographer will be happy to advise you.

Are you allergic to latex? Yes No

Name
Signature
Date

### Contact us

If you have any concerns please telephone the Jasmine Assessment Unit on 0161 419 4721

## If you would like this leaflet in a different format, for example, in large print, or on audiotape, or for people with learning disabilities, please contact:

Patient and Customer Services, Poplar Suite, Stepping Hill Hospital. Tel: 0161 419 5678 Information Leaflet. Email: <u>PCS@stockport.nhs.uk</u>.

information. Please telephone the Lips Service on 0161 922 5149 or E-mail: tam-pct.lips@nhs.net	English
هناک عدمة مجانية للمترجمين متوفرة الذآردت مساعدة بخصوص هذه المعلومات. الرجاء الاتصال بخدمة ليمس أو LIPS على الرقم 1499 922 0161 أو عن طريق الايمايل <u>tam-pct.LIPS@nhs.net</u>	Arabic
এই তথ্য বুঝতে সাহাযোর প্রযোজন হলে বিনামূল্যে লোভাষী বা ইন্টারপ্রিটার সার্ভিস রয়েছে আপনাকে সাহায্য করার জন্য। গয়া করে লিপ্স সার্ভিসকে টেলিফোন করন 0161 922 5149 এই নম্বরে অথবা ই-মেইল করন: <u>tam-pct.LIPS@nhs.net</u> এই টিকান্যয়।	Bengali
如果你需要幫助來瞭解這份資料的內容,我們可以提供免費的翻譯服務。請致電 0161 922 5149 聯絡語言翻譯及病人支持服務(LIPS),電子郵件:tam-pct.LIPS@nhs.net	Chinese
اگر برای فهمیدن این اطلاعات به کمک اختیاج دارید می توانید از خدمات ترجمه بصورت مجانی استفاده کنید. اطفا با LIPS از طریق شماره تلفن 0161 922 5149 یا ایمیل LIPS از مطلعا با LIPS می معاون محانی استفاده عمانی بگیرید.	Farsi
Bezplatna Serwis tłumaczenia jest dostępny, jeśli potrzebujesz pomocy z tą informacją. Proszę zadzwonić do Obsługi usta na 0161 922 5149 lub E-mail: tam-pct.LIPS @ nhs.net	Polish
اگرآپ کو بی معلومات تکھنے میں مدد کی شرورت ہوتو مترجم کی مفت سروی موجود ہے۔ براوکر م ایل آئی لی ایس LIPS کو 149 0161 922 0161 پر فون کریں۔ ای میل: <u>tam-pct.LIPS@nhs.net</u>	Urdu

#### Our smoke free policy

Smoking is not allowed anywhere on our sites. Please read our leaflet 'Policy on Smoke Free NHS Premises' to find out more.

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