

INDEX OF RECIPES

ARMED FORCES RECIPE SERVICE

UNITED STATES ARMY
TM 10-412

UNITED STATES NAVY
NAVSUP Publication 7

UNITED STATES AIR FORCE
AFM 146-12, Volume 2

UNITED STATES MARINE CORPS
MCO P10110.4G

2003 INDEX

Supercedes TM 10-412/NAVSUP Pub 7/AFM 146-12, Vol II/MCO P10110.43E, May 1999

COG I Stock No. 0530-LP-011-3090

Instructions:

- 1) Click on the links below to view a Sections Index.
 - 2) Click on a Recipe link to view a Recipe Card.
 - 3) After viewing a Recipe Card, use your readers "Back" Navigation Button to return to the Index.
 - 4) Use the "Bookmarks" Tab on the left to view a listing of "quick links" to Sections and Categories within this Index.
-

RECIPE SECTIONS:

Section A – General Information

Section B – Appetizers

Section C – Beverages

Section D – Breads & Sweet Doughs

Section E – Cereals & Pasta Products

Section F – Cheese & Eggs

Section G – Cakes

Section G – Frostings

Section H – Cookies

Section I – Pastry & Pies

Section J – Puddings & Other Desserts

Section K – Desserts (Sauces & Toppings)

Section L – Beef, Pork, & Lamb

Section L – Fish

Section L – Poultry

Section M – Salads

Section M – Dressings

Section N – Sandwiches

Section O – Dressings, Gravies, & Sauces

Section P – Soups

Section Q – Vegetables

Meatless Entrée Alternatives

Dietary Guidelines for Americans



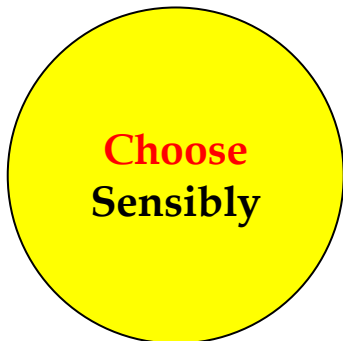
*Aim for a healthy weight.
Be physically active each day.*

*Let the Food Guide Pyramid guide
your choices.*

*Choose a variety of grains daily,
especially whole grains.*

*Choose a variety of fruits and
vegetables daily.*

Keep food safe to eat.



*Choose a diet that is low in saturated
fat and cholesterol and moderate in
total fat.*

*Choose beverages and food to
moderate your intake of sugars.*

Choose foods with less salt.

SECTION A – GENERAL INFORMATION

[Return to Main Index](#)

Basic Information		
	GENERAL INFORMATION – GUIDELINES INDEX	A-0
	Handling Frozen Foods, Guidelines for	A-19
	Terms Used in Food Preparation, Definitions of	A-2
	Table of Measuring Equivalents	A-4
	Guidelines for Use of Convenience Prepared Foods	A-35
	Measuring Procedures	A-3
	Guidelines for, Use of Flours	A-18
	Guidelines for, Garnishes	A-22
	Guidelines for, Calories	A-26
	Guidelines for, Using Eggs	A-29
	Guidelines for, Preparing Fresh Vegetables and Fruits	A-31
Conversion Charts		
	Table of Weights and Measures for Can Sizes	A-5
	Guidelines for Container Yields for Canned Fruits	A-9
	Fruit Bars, Guidelines for	A-13
	Measure Conversion	A-16
	Metric Conversion, Guidelines for	A-27
	Weight Conversion	A-15
	Information for Standardized Recipes	A-1
	Edible Portions to As Purchased for Vegetables	A-6
	Edible Portions to As Purchased for Fruits	A-7
Equipment, Guidelines for		
	Combi-Ovens	A-33
	Convection Ovens	A-23
	Steam Cookers	A-21
	Steam Table, Baking and Roasting Pans, Capacities for	A-25
	Skittles	A-34

	Tilting Fry Pans	A-24
	Microwave Ovens	A-14
Ingredients		
	Anti-browning Agent, Use of	A-20
	Dehydrated Cheese, Use of	A-28
	Table of Egg Equivalents	A-8
	Dehydrated Green Peppers, Onions, and Parsley, Use of	A-11
	Herbs, Guidelines for Cooking with	A-30
	Milk, Nonfat, Dry, Reconstitution Chart	A-10
	Reconstituting Soup and Gravy Bases	A-12
	Use of Dehydrated Garlic and Horseradish	A-17
Safety		
	“HACCP” (Hazard Analysis Critical Control Point) Guidelines	A-32

SECTION B - APPETIZERS

[Return to Main Index](#)

Egg Rolls		
	Chinese Egg Rolls (Baked)	B 002 00
	Chinese Egg Rolls (Fried)	B 002 01
	Philippine Style Egg Rolls (Baked)	B 002 02
	Philippine Style Egg Rolls (Fried)	B 002 03
Juice Cocktail		
	Cranberry and Apple Juice Cocktail	B 001 01
	Cranberry and Orange Juice Cocktail	B 001 00
	Spicy Tomato Juice Cocktail	B 003 02
	Tomato Juice Cocktail	B 003 00
	Vegetable Juice Cocktail	B 003 01
Other Appetizers		
	Pizza Treats	B 005 00
	Shrimp Cocktail	B 004 00
	Spiced Shrimp	B 004 01

SECTION C - BEVERAGES

[Return to Main Index](#)

Cocoa		
	Hot Cocoa	C 001 00
	Hot Whipped Cocoa	C 001 01
Coffee		
	Coffee (Automatic Coffee Maker)	C 003 00
	Coffee (Automatic Urn)	C 005 00
	Coffee (Instant)	C 002 00
	Coffee (Manual Urn)	C 005 01
Juice		
	Grapefruit and Pineapple Juice Cocktail	C 007 01
	Lemonade	C 008 00
	Limeade	C 008 01
	Orange and Pineapple Juice Cocktail	C 007 00
	Orangeade	C 010 00
Punch		
	Fruit Punch	C 006 00
	Lime Lemon Punch	C 006 01
Tea		
	Hot Tea	C 004 00
	Iced Tea (Instant for Dispenser)	C 009 01
	Iced Tea (Instant with/Lemon and Sugar for Dispenser)	C 009 02
	Iced Tea (Instant)	C 009 00

SECTION D – BREADS AND SWEET DOUGHS

[Return to Main Index](#)

Batters		
	Frying Batter	D 051 00
	Tempura Batter	D 038 00
Biscuits		
	Baking Powder Biscuits	D 001 00
	Baking Powder Biscuits (Biscuit Mix)	D 001 01
	Cheese Biscuits	D 001 02
	Drop Biscuits	D 001 03
Breads		
	Banana Bread	D 030 00
	Bread Loaves (Frozen Dough)	D 800 00
	Corn Bread	D 014 00
	Corn Bread (Corn Bread Mix)	D 015 00
	Date Nut Bread	D 503 00
	French Bread	D 004 00
	Irish Soda Bread	D 002 00
	Jalapeno Corn Bread (Corn Bread Mix)	D 015 03
	Jalapeno Corn Bread	D 014 03
	Oatmeal Bread	D 052 00
	Pumpkin Bread	D 011 00
	Raisin Bread	D 005 00
	Texas Toast	D 007 02
	Toasted Garlic Bread	D 007 00
	Toasted Parmesan Bread	D 007 01
	White Bread (Short-Time Formula)	D 009 00
	White Bread	D 008 00
	Whole Wheat Bread (Whole Wheat Flour Short Time Formula)	D 056 00
	Whole Wheat Bread	D 055 00
Cakes, Coffee		
	Apple Coffee Cake	D 057 00
	Crumb Cake Snickerdoodle	D 012 00
	Crumb Cake Snickerdoodle (Cake Mix, Yellow)	D 012 01

	Quick Coffee Cake	D 037 05
	Quick Coffee Cake (Biscuit Mix)	D 037 00
	Quick Apple Coffee Cake (Biscuit Mix)	D 037 01
	Quick Cherry Coffee Cake (Biscuit Mix)	D 037 03
	Quick French Coffee Cake (Biscuit Mix)	D 037 02
	Quick Orange-Coconut Coffee Cake (Biscuit Mix)	D 037 04
	Small Coffee Cake	D 036 10
	Streusel Coffee Cake	D 036 09
	Twist Coffee Cakes	D 036 11
Croutons		
	Croutons	D 016 00
	Garlic Croutons	D 016 01
	Parmesan Croutons	D 016 02
Doughnuts		
	Beignets (New Orleans Doughnuts)	D 019 01
	Cake Doughnuts (Homemade)	D 018 00
	Cake Doughnuts (Doughnut Mix)	D 018 02
	Chocolate Doughnuts	D 018 03
	Cinnamon Sugar Doughnuts	D 018 04
	Crullers	D 019 04
	Glazed Doughnuts	D 018 07
	Glazed Coconut Doughnuts	D 018 06
	Glazed Nut Doughnuts	D 018 05
	Longjohns	D 019 03
	Raised Doughnuts	D 019 00
	Raised Doughnuts (Sweet Dough Mix)	D 019 02
	Sugar Coated Doughnuts	D 018 01
Dumplings		
	Dumplings	D 020 00
Fillings		
	Apple Filling (Pie Filling, Prepared)	D 041 03
	Blueberry Filling (Pie Filling, Prepared)	D 041 04
	Cherry Filling (Cornstarch)	D 041 00

	Cherry Filling (Pie Filling, Prepared)	D 041 01
	Cinnamon Sugar Filling	D 042 00
	Cinnamon Sugar Nut Filling	D 042 01
	Cinnamon Sugar Raisin Filling	D 042 02
	Nut Filling	D 043 00
	Pineapple Filling (Cornstarch)	D 047 01
	Raspberry Filling (Prepared Bakery)	D 041 05
French Toast		
	English Muffin French Toast	D 022 02
	French Toast	D 022 00
	French Toast (Frozen Eggs and Egg Whites)	D 022 03
	French Toast (Thick Slice)	D 022 01
	French Toast Puff	D 023 00
	French Toast, Frozen	D 813 00
	Oven Baked French Toast	D 058 00
Fruit Pastry		
	Apple Fritters	D 024 00
	Oats and Fruit Breakfast Squares	D 060 00
Glazes and Syrups		
	Almond Glaze	D 046 01
	Rum Glaze	D 046 02
	Syrup Glaze	D 045 00
	Vanilla Glaze	D 046 00
	Maple Syrup	D 050 00
Hush Puppies		
	Hush Puppies	D 014 02
	Hush Puppies (Corn Bread Mix)	D 015 02
	Hush Puppies, Frozen	D 803 00
Muffins		
	Apple Muffins	D 029 04
	Applesauce Blueberry Muffins	D 508 00
	Applesauce Cinnamon Crumb Top Muffin	D 507 00
	Applesauce Muffins	D 053 00

	Applesauce Orange Muffins	D 053 02
	Applesauce Raisin Muffins	D 053 01
	Apricot Bran Muffins	D 028 04
	Banana Bran Muffins	D 028 03
	Banana Muffins	D 029 03
	Banana Nut Muffins (White Cake Mix)	D 810 00
	Blueberry Bran Muffins	D 028 02
	Blueberry Muffins	D 029 01
	Blueberry Muffins (White Cake Mix)	D 812 00
	Bran Muffins	D 028 00
	Bran Muffins (White Cake Mix)	D 809 00
	Cinnamon Crumb Top Muffins	D 029 05
	Cinnamon Raisin English Muffins	D 021 01
	Corn Muffins	D 014 01
	Corn Muffins (Corn Bread Mix)	D 015 01
	Cran-Apple Muffins	D 509 00
	Cranberry Bran Muffins	D 028 05
	Cranberry Muffins	D 029 06
	Date Muffins	D 029 07
	English Muffins	D 021 00
	Honey Cinnamon Muffins (White Cake Mix)	D 811 00
	Muffins	D 029 00
	Muffins, Frozen	D 816 00
	Muffins, Frozen, Batter	D 815 00
	Nut Muffins	D 029 08
	Oat Bran Raisin Muffins	D 044 00
	Oatmeal Raisin Muffins	D 029 09
	Pineapple Carrot Muffins	D 054 00
	Pumpkin Patch Muffins	D 502 00
	Raisin Bran Muffins	D 028 01
	Raisin Muffins	D 029 02
Pancakes		
	Blueberry Pancakes	D 025 02

	Buttermilk Pancakes (Dry Buttermilk)	D 025 01
	Buttermilk Pancakes (Pancake Mix)	D 025 04
	Pancakes	D 025 00
	Pancakes (Egg Substitute)	D 025 11
	Pancakes (Frozen Eggs and Egg Whites)	D 025 10
	Pancakes (Pancake Mix)	D 025 05
	Pancakes, Buttermilk, Frozen	D 814 00
	Whole Wheat Pancakes	D 025 09
Rolls		
	Bagels	D 013 00
	Brown and Serve Rolls (Short-Time Formula)	D 034 01
	Cloverleaf or Twin Rolls	D 033 04
	Dill Rolls (Frozen Dough)	D 801 00
	Dinner Rolls (Frozen Dough)	D 804 00
	Frankfurter Rolls	D 033 05
	Garlic Herb Rolls (Frozen Dough)	D 802 00
	Hamburger Rolls	D 033 06
	Hard Rolls	D 032 00
	Hot Cross Buns	D 026 00
	Hot Rolls (Brown and Serve)	D 033 01
	Hot Rolls (Roll Mix)	D 033 02
	Hot Rolls (Short-Time Formula)	D 034 00
	Hot Rolls	D 033 00
	Oat Rolls (Frozen Dough)	D 807 00
	Oatmeal Rolls	D 033 03
	Onion Rolls (Roll Mix)	D 035 01
	Onion Rolls	D 035 00
	Pan, Cluster, or Pull Apart Rolls	D 033 07
	Parker House Rolls	D 033 08
	Poppy Seed Rolls	D 033 09
	Potato Rolls (Frozen Dough)	D 805 00
	Sesame or Caraway Rolls (Frozen Dough)	D 808 00
	Sesame Seed Rolls	D 033 10

	Submarine Rolls (Hoagie, Torpedo)	D 003 00
	Submarine Rolls (Roll Mix)	D 003 01
	Whole Wheat Rolls (Frozen Dough)	D 806 00
	Whole Wheat Rolls (Short-Time Formula)	D 034 03
	Whole Wheat Rolls	D 059 00
Sweet Doughs		
	Bear Claws (Danish Pastry Dough)	D 039 01
	Danish Diamonds (Danish Pastry Dough)	D 039 00
	Fruit Puffs (Frozen Puff Pastry Dough)	D 039 03
	Fruit Turnovers (Frozen Puff Pastry Dough)	D 039 02
	Sweet Dough	D 036 00
	Sweet Dough (Sweet Dough Mix)	D 036 01
Sweet Rolls		
	Bear Claws	D 036 12
	Bowknots, Figure 8's, and S Shapes	D 036 14
	Butterfly Rolls	D 036 07
	Butterhorns	D 036 16
	Cinnamon Rolls	D 036 04
	Cinnamon Nut Rolls	D 036 05
	Cinnamon Raisin Rolls	D 036 06
	Cinnamon Twists	D 036 15
	Crescents	D 036 17
	Glazed Rolls	D 036 02
	Kolaches	D 027 00
	Kolaches (Sweet Dough Mix)	D 027 01
	Pecan Rolls	D 036 03
	Snails	D 036 13
	Sugar Rolls	D 036 08
Toppings		
	Orange-Coconut Topping	D 048 00
	Pecan Topping	D 049 01
	Streusel Topping	D 049 00

Waffles		
	Waffles	D 025 08
	Waffles, Frozen (Brown and Serve)	D 025 06
	Waffles (Pancake Mix)	D 025 07
Washes		
	Cornstarch Wash	D 040 00
	Egg Wash	D 017 00
	Egg White Wash	D 017 01

SECTION E – CEREALS AND PASTA PRODUCTS

[Return to Main Index](#)

Breakfast Cereals, Hot		
	Buttered Hominy	E 003 00
	Fried Hominy Grits	E 002 01
	Fried Hominy	E 003 01
	Hominy Grits	E 002 00
	Hot Farina	E 001 02
	Hot Oatmeal	E 001 00
Pasta		
	Boiled Pasta	E 004 00
	Buttered Pasta	E 004 01
	Noodles Jefferson	E 012 00
	Orzo with Lemon and Herbs	E 022 00
	Orzo, with Spinach, Tomato, and Onion	E 023 00
	Pasta Provencal	E 510 00
	Steamed Pasta	E 013 00
Rice		
	Aztec Rice	E 803 00
	Brown Rice With Tomatoes	E 019 00
	Dirty Rice	E 807 00
	Filipino Rice	E 007 02
	Georgia Rice	E 806 00
	Ginger Rice	E 020 00
	Hopping John (Black-Eye Peas With Rice)	E 010 01
	Islander's Rice	E 016 00
	Long Grain and Wild Rice	E 005 03
	Lyonnais Rice	E 005 01
	Mediterranean Brown Rice	E 017 00
	Mexican Rice (Fiesta Mix)	E 804 00
	Mexican Rice	E 011 00
	Nutty Rice and Cheese	E 021 00
	Orange Rice	E 008 01
	Oriental Rice	E 800 00

	Pork Fried Rice	E 007 00
	Red Beans with Rice	E 010 00
	Rice Pilaf	E 008 00
	Rice Pilaf, Using Mix	E 805 00
	Rice with Parmesan Cheese	E 005 04
	Shrimp Fried Rice	E 007 03
	Sicilian Brown Rice and Vegetables	E 015 00
	Southwestern Rice	E 508 00
	Spanish Rice	E 009 00
	Spicy Brown Rice Pilaf	E 018 00
	Spring Garden Rice	E 014 00
	Steamed Brown Rice	E 005 05
	Steamed Rice	E 005 00
	Steamed Rice (Steam Cooker Method)	E 006 00
	Tossed Green Rice	E 005 02
	Wild Rice	E 801 00

SECTION F – CHEESE AND EGGS

[Return to Main Index](#)

Breakfast		
	Breakfast Burrito	F 012 00
	Breakfast Burrito, Frozen	F 801 00
	Breakfast Pita	F 012 01
	Breakfast Pizza	F 015 00
	Italian Breakfast Pizza	F 015 02
	Mexican Breakfast Pizza	F 015 01
Eggs		
	Cheese Omelet	F 008 03
	Cooked Eggs	F 004 00
	Deviled Eggs	F 005 00
	Egg Foo Young	F 006 00
	Eggs Au Gratin (Scotch Woodcock)	F 003 00
	Green Pepper Omelet	F 008 04
	Griddle Fried Eggs	F 007 00
	Ham and Cheese Omelet	F 008 06
	Ham Omelet	F 008 05
	Monterey Egg Bake	F 014 00
	Mushroom Omelet	F 008 08
	Onion Omelet	F 008 09
	Plain Omelet	F 008 00
	Plain Omelet (Frozen Eggs and Egg Whites)	F 008 01
	Poached Eggs	F 009 00
	Scrambled Eggs	F 010 00
	Scrambled Eggs (Dehydrated Egg Mix)	F 010 03
	Scrambled Eggs (Frozen Eggs and Egg Whites)	F 010 05
	Scrambled Eggs and Cheese	F 010 01
	Scrambled Eggs and Ham	F 010 02
	Spanish Omelet	F 008 12
	Tomato Omelet	F 008 11
	Veggie Egg Pocket	F 013 00
	Western Omelet	F 008 10

Macaroni and Cheese		
	Baked Macaroni and Cheese	F 001 00
	Macaroni and Cheese, Frozen	F 800 00
Nachos		
	Nachos	F 002 00
	Nachos (RTU Cheese Sauce)	F 002 01
Quiche		
	Broccoli Quiche	F 011 01
	Broccoli Quiche (Frozen Eggs and Egg Whites)	F 011 02
	Mushroom Quiche	F 011 00
	Mushroom Quiche (Frozen Eggs and Egg Whites)	F 011 03

SECTION G – CAKES

[Return to Main Index](#)

Cakes		
	Almond Cake (Yellow Mix)	G 010 01
	Almond Pound Cake (Pound Cake Mix)	G 021 01
	Applesauce Cake	G 002 00
	Banana Cake (Banana Cake Mix)	G 006 01
	Banana Cake (Cake Mix)	G 006 00
	Banana-Filled Layer Cake	G 032 01
	Black Walnut Cake (Yellow Mix)	G 010 02
	Boston Cream Pie	G 032 02
	Carrot Cake (Cake Mix)	G 013 00
	Cheese Cake (Mix)	G 026 01
	Cheese Cake Mix with Fruit Topping	G 026 03
	Cheese Cake with Fruit Topping	G 026 02
	Cheese Cake with Strawberries	G 026 05
	Cheese Cake with Sour Cream Topping	G 026 04
	Cheese Cake	G 026 00
	Chocolate Cupcakes Mix	G 034 01
	Chocolate Macaroon Cake (Cake Mix)	G 003 00
	Choco-Lite Cake	G 035 00
	Coconut Cake	G 032 04
	Devil's Food Cake (Cake Mix)	G 012 01
	Devil's Food Cake	G 012 00
	Dutch Apple Cake	G 032 06
	Easy Chocolate Cake	G 011 00
	Easy Vanilla Cake	G 023 00
	Filled Cake (Washington Pie)	G 032 07
	Florida Lemon Cake	G 008 00
	Fruit Cocktail Upside Down Cake (Mix)	G 029 02
	Fruit Cocktail Upside Down Cake	G 029 03
	German Chocolate Cake (Mix)	G 012 02
	Gingerbread (Gingerbread Cake Mix)	G 017 01
	Gingerbread Cupcakes Mix	G 034 03

	Gingerbread	G 017 00
	Jelly Roll	G 033 00
	Lemon Cake (Yellow Mix)	G 010 03
	Lemon Filled Cake (White Cake Mix)	G 030 02
	Lemon Pound Cake (Pound Cake Mix)	G 021 03
	Lite Cheese Cake	G 036 00
	Maple Nut Cake (Yellow Mix)	G 010 04
	Marble Cake (Mix)	G 010 05
	Marble Cake	G 032 03
	Orange Cake (Yellow Mix)	G 010 06
	Peanut Butter Cake	G 020 01
	Peanut Butter Crumb Cake	G 020 00
	Pineapple Upside Down Cake (Mix)	G 029 01
	Pineapple Upside Down Cake	G 029 00
	Pound Cake	G 021 00
	Raspberry Filled Cake (White Cake Mix)	G 030 03
	Spice Cake (Yellow Cake Mix)	G 025 01
	Spice Cake Cupcakes Mix	G 034 02
	Spice Cake	G 025 00
	Strawberry Cake (Cake Mix)	G 028 00
	Strawberry Filled Cake (White Cake Mix)	G 030 04
	Strawberry Shortcake (Biscuit Mix)	G 016 00
	Strawberry Shortcake (Cake Mix)	G 016 01
	Vanilla Cupcakes	G 034 04
	Velvet Pound Cake (Yellow Cake Mix)	G 021 02
	White Cake (White Cake Mix)	G 030 01
	White Cake	G 030 00
	Yellow Cake (Crumbs)	G 032 08
	Yellow Cake (Mix)	G 010 00
	Yellow Cake	G 032 00
	Yellow Cupcakes Mix	G 034 00

SECTION G - FROSTINGS

[Return to Main Index](#)

Frosting		
	Brown Sugar Frosting	G 019 00
	Butter Cream Frosting	G 022 00
	Caramel Frosting	G 018 00
	Chocolate Butter Cream Frosting	G 022 02
	Chocolate Chip Fudge Frosting	G 004 00
	Chocolate Fudge Frosting	G 015 00
	Chocolate Glaze Frosting	G 024 00
	Coconut Butter Cream Frosting	G 022 03
	Coconut Pecan Frosting	G 031 00
	Cream Cheese Frosting	G 027 00
	Decorator's Frosting	G 007 00
	Lemon Butter Cream Frosting	G 022 04
	Maple Butter Cream Frosting	G 022 05
	Mocha Butter Cream Frosting	G 022 06
	Orange Butter Cream Frosting	G 022 01
	Peanut Butter Cream Frosting	G 014 00
Icing Mixes, Powdered		
	Choc Chip Frosting (Icing Mix, Chocolate Powdered)	G 009 01
	Choc Coconut Frosting (Icing Mix, Chocolate Powdered)	G 009 02
	Chocolate Frosting (Icing Mix, Chocolate Powdered)	G 009 00
	Mocha Cream Frosting (Icing Mix, Chocolate Powdered)	G 009 03
	Orange Frosting (Icing Mix, Vanilla, Powdered)	G 005 01
	Vanilla Frosting (Icing Mix, Vanilla, Powdered)	G 005 00

SECTION H - COOKIES

[Return to Main Index](#)

Bar Cookies		
	Abracadabra Bars	H 025 00
	Apple Cake Brownies (Gingerbread Cake Mix)	H 001 01
	Apple Cake Brownies	H 001 00
	Banana Split Brownies	H 024 00
	Brownies (Chocolate Brownie Mix)	H 002 01
	Brownies	H 002 00
	Butterscotch Brownies	H 003 00
	Chewy Nut Bars	H 004 00
	Chocolate Chip Bars (Sugar Cookie Mix)	H 020 02
	Congo Bars	H 004 01
	Crisp Toffee Bars	H 006 00
	Crispy Marshmallow Squares	H 023 00
	Double Chocolate Chip Bars (Chocolate Cookie Mix)	H 010 02
	Fudgy Brownies	H 022 00
	Ginger Molasses Bars (Sugar Cookie Mix)	H 019 01
	Ginger Raisin Bars (Oatmeal Cookie & Gingerbread Mix)	H 018 01
	Hermits	H 017 00
	Oatmeal Raisin Bars (Oatmeal Cookie Mix)	H 009 01
	Peanut Butter Bars (Sugar Cookie Mix)	H 011 02
	Peanut Butter Brownies	H 002 02
	Raisin Nut Bars	H 018 00
Drop Cookies		
	Chocolate Chip Cookies (Sugar Cookie Mix)	H 020 01
	Chocolate Chip Cookies	H 020 00
	Chocolate Drop Cookies (Chocolate Brownie Mix)	H 012 01
	Chocolate Drop Cookies	H 012 00
	Coconut Raisin Drop Cookies	H 014 00
	Crisp Drop Cookies	H 015 00
	Double Chocolate Chip Cookies (Choc Cookie Mix)	H 010 03
	Ginger Molasses Cookies (Sugar Cookie Mix)	H 019 00
	Oatmeal Chocolate Chip Cookies (Oatmeal Cookie Mix)	H 009 02

	Oatmeal Chocolate Chip Cookies	H 007 01
	Oatmeal Cookies (Oatmeal Cookie Mix)	H 009 00
	Oatmeal Cookies	H 007 00
	Oatmeal Nut Cookies	H 007 02
	Oatmeal Raisin Cookies (Oatmeal Cookie Mix)	H 009 03
	Peanut Butter Cookies (Sugar Cookie Mix)	H 011 01
	Spiced Oatmeal Nut Cookies (Oatmeal Cookie Mix)	H 009 04
Frozen Cookies		
	Cookies, Frozen, Oatmeal Raisin	H 800 00
	Cookies, Frozen, Snickerdoodle	H 801 00
	Cookies, Frozen, Chocolate Chip	H 802 00
Sliced Cookies		
	Almond Cookies	H 021 01
	Chocolate Cookies (Chocolate Cookie Mix)	H 010 01
	Coconut Cereal Cookies	H 016 00
	Crisp Chocolate Cookies	H 010 00
	Gingerbread Cookies (Mix)	H 008 00
	Lemon Cookies	H 021 00
	Orange Cookies	H 021 02
	Peanut Butter Cookies	H 011 00
	Shortbread Cookies	H 005 00
	Snickerdoodle Cookies (Sugar Cookie Mix)	H 013 03
	Snickerdoodle Cookies	H 013 02
	Sugar Cookies (Sugar Cookie Mix)	H 013 01
	Sugar Cookies	H 013 00
	Vanilla Cookies	H 021 03

SECTION I – PASTRY AND PIES

[Return to Main Index](#)

Cobblers		
	Apple Cobbler	I 010 00
	Blueberry Cobbler	I 010 02
	Cherry Cobbler	I 010 03
	Peach Cobbler	I 010 01
	Streusel-Topped Apple Cobbler	I 010 04
Crusts		
	Graham Cracker Crust	I 002 00
	Graham Cracker Crust (Preformed Crust)	I 002 01
	Meringue	I 005 00
	Meringue (Dehydrated)	I 005 01
	Pie Crust	I 001 00
	Pie Crust (Dough Rolling Machine)	I 001 01
	Pie Crust (Manual Mixing Method)	I 001 02
Pastry		
	Elephant Ears (Frozen Puff Pastry)	I 801 00
	Fruit Dumplings	I 035 00
	Fruit Turnovers	I 034 00
Pies		
	Ambrosia Pie	I 026 02
	Apple Pie (Canned Apples-Cornstarch)	I 009 00
	Apple Pie (Prepared Pie Filling)	I 009 01
	Banana Cream Pie	I 006 01
	Berry Pie (Frozen Berries-Cornstarch)	I 015 00
	Blueberry Pie (Frozen Blueberries)	I 015 01
	Blueberry Pie (Canned Blueberries-Cornstarch)	I 017 00
	Blueberry Pie (Prepared Filling)	I 017 01
	Butterscotch Cream Pie (Dessert Powder, Instant)	I 019 00
	Cherry Crumble Pie	I 027 00
	Cherry Pie (Canned Cherries-Cornstarch)	I 022 00
	Cherry Pie (Pie Filling, Prepared)	I 022 01
	Chocolate and Vanilla Cream Pie (Instant)	I 029 00

Chocolate Cream Pie (Dessert Powder, Instant)	I 028 01
Chocolate Cream Pie	I 028 00
Chocolate Mousse Pie	I 011 00
Coconut Cream Pie (Instant)	I 007 02
Creamy Banana Coconut Pie	I 026 01
Creamy Coconut Pie	I 026 00
Dutch Apple Pie (Canned Apples-Cornstarch)	I 008 01
Dutch Apple Pie (Prepared Pie Filling)	I 009 02
French Apple Pie (Canned Apples-Cornstarch)	I 008 02
Fried Apple Pie	I 030 00
Fried Blueberry Pie	I 030 04
Fried Cherry Pie	I 030 02
Fried Lemon Pie	I 030 01
Fried Peach Pie	I 030 03
Key Lime Pie	I 500 00
Lemon Chiffon Pie	I 032 00
Lemon Meringue Pie (Pie Filling Prepared)	I 033 01
Lemon Meringue Pie	I 033 00
Mincemeat Pie	I 003 00
Peach Pie (Canned Peaches-Cornstarch)	I 024 00
Peach Pie (Frozen Peaches-Cornstarch)	I 020 00
Peach Pie (Prepared Pie Filling)	I 024 01
Pecan Pie	I 031 00
Pies, Frozen	I 800 00
Pineapple Chiffon Pie	I 032 01
Pineapple Cream Pie (Instant)	I 007 03
Pineapple Pie (Canned Pineapple-Cornstarch)	I 014 00
Pumpkin Pie	I 013 00
Strawberry Chiffon Pie	I 032 02
Strawberry Glazed Cream Pie (Instant)	I 007 01
Sweet Potato Pie	I 012 00
Vanilla Cream Pie (Dessert Powder, Instant)	I 007 00
Vanilla Cream Pie	I 006 00

	Walnut Pie	I 031 01
Washes		
	Egg and Milk Wash	I 004 00
	Egg and Water Wash	I 004 01
	Milk and Water Wash	I 004 02

SECTION J – PUDDINGS AND OTHER DESSERTS

[Return to Main Index](#)

Fruit Cup		
	Ambrosia	J 006 01
	Banana Fruit Cup	J 006 02
	Fluffy Fruit Cup	J 005 00
	Fruit Cocktail Fruit Cup	J 006 05
	Fruit Cup	J 006 00
	Mandarin Orange and Pineapple Fruit Cup	J 006 07
	Melon Fruit Cup	J 006 03
	Spiced Fruit Cup	J 006 06
	Strawberry Fruit Cup	J 006 04
	Yogurt Fruit Cup	J 005 01
Fruit Desserts		
	Apple Crisp (Pie Filling & Cookie Mix)	J 001 01
	Apple Crunch (Apple Pie Filling)	J 010 01
	Baked Apples	J 003 00
	Baked Apples with Raisin Coconut Filling	J 003 02
	Baked Apples with Raisin Nut Filling	J 003 01
	Baked Bananas	J 504 00
	Baked Cinnamon Apple Slices	J 023 00
	Blueberry Crisp (Pie Filling Cookie Mix)	J 008 04
	Blueberry Crunch (Blueberry Pie Filling)	J 010 02
	Cherry Crisp	J 008 02
	Cherry Crisp (Pie Filling Cookie Mix)	J 008 01
	Cherry Crunch (Cherry Pie Filling)	J 010 03
	Peach Crisp	J 008 00
	Peach Crisp (Pie Filling Cookie Mix)	J 008 03
	Peach Crunch (Peach Pie Filling)	J 010 05
Gelatin		
	Banana Gelatin	J 007 01
	Fruit Flavored Gelatin	J 007 02
	Fruit Gelatin (Crushed Ice Method)	J 007 03
	Fruit Gelatin	J 007 00

	Peach Gelatin	J 007 05
	Strawberry Gelatin	J 007 04
Ice Cream Desserts		
	Banana Split	J 011 00
	Chocolate Soft Serve Ice Cream (Dehy)	J 002 01
	Chocolate Soft Serve Ice Cream (Liquid Mix)	J 004 04
	Strawberry Soft Serve Ice Cream (Dehy)	J 002 03
	Strawberry Soft Serve Ice Cream (Liquid Mix)	J 004 01
	Vanilla Soft Serve Ice Cream (Dehy)	J 002 00
	Vanilla Soft Serve Ice Cream (Liquid Mix)	J 004 00
Milk Shake		
	Chocolate Milk Shake (Dehy Mix)	J 002 02
	Chocolate Milk Shake (Liquid Mix)	J 004 03
	Vanilla Milk Shake (Dehy Mix)	J 002 04
	Vanilla Milk Shake (Liquid Mix)	J 004 02
Pastries		
	Cream Puffs	J 017 00
	Eclairs	J 017 01
Pudding Desserts		
	Baked Rice Pudding (Frozen Eggs and Egg Whites)	J 015 01
	Baked Rice Pudding	J 015 00
	Banana Cream Pudding (Instant)	J 014 01
	Bread Pudding with Hard Sauce	J 500 00
	Bread Pudding	J 016 00
	Breakfast Bread Pudding	J 022 00
	Butterscotch Cream Pudding (Instant)	J 014 04
	Chocolate Chip Bread Pudding	J 016 01
	Chocolate Cream Pudding (Instant)	J 014 05
	Chocolate Cream Pudding	J 018 01
	Coconut Bread Pudding	J 016 02
	Coconut Cream Pudding (Instant)	J 014 02
	Creamy Rice Pudding	J 020 00
	Fluffy Pineapple Rice Cup	J 021 00

	Pineapple Cream Pudding (Instant)	J 014 03
	Tapioca Pudding	J 013 00
	Vanilla Cream Pudding (Instant)	J 014 00
	Vanilla Cream Pudding	J 018 00
Yogurt, Soft Serve		
	Chocolate Soft Serve Yogurt (Dehydrated)	J 012 01
	Vanilla Soft Serve Yogurt (Dehydrated)	J 012 00

SECTION K – DESSERTS (SAUCES AND TOPPINGS)

Sauces		Return to Main Index
	Cherry Jubilee Sauce	K 006 00
	Cherry Sauce	K 004 00
	Chocolate Coconut Sauce	K 005 01
	Chocolate Marshmallow Sauce	K 005 02
	Chocolate Mint Sauce	K 005 04
	Chocolate Nut Sauce	K 005 03
	Chocolate Sauce	K 005 00
	Rum Sauce	K 003 00
Toppings		
	Strawberry Glaze Topping	K 007 00
	Whipped Cream	K 001 00
	Whipped Topping (Dehydrated)	K 002 00
	Whipped Topping (Frozen)	K 002 01

SECTION L – BEEF, PORK AND LAMB

Bacon		
	Grilled or Oven Fried Bacon (Precooked Bacon)	L 001 01
	Grilled Bacon	L 002 02
	Grilled or Oven Fried Canadian Bacon	L 002 03
	Oven Fried Bacon	L 002 00
Beef, Braising Steak, Swiss		
	Beef Stroganoff (Cream of Mushroom Soup)	L 053 01
	Beef Stroganoff	L 053 00
	Country Style Steak	L 012 00
	Oriental Pepper Steak	L 013 01
	Pepper Steak	L 013 00
	Steak Ranchero	L 054 00
	Steak Smothered with Onions	L 015 00
	Steak Strips Smothered with Onions	L 015 01
	Swiss Steak with Brown Gravy	L 016 01
	Swiss Steak with Mushroom Gravy	L 016 04
	Swiss Steak with Tomato Soup	L 016 03
	Swiss Steak with Tomato Sauce	L 016 00
Beef Chili		
	Chili (without Beans)	L 170 00
	Chili and Macaroni (Canned Chili Con Carne)	L 058 00
	Chili Con Carne	L 028 00
	Chili Con Carne (with Beans)	L 059 00
	Chili Conquistador (Ground Beef)	L 042 00
	Chili Macaroni	L 028 02
Beef, Chipped		
	Creamed Chipped Beef	L 052 00
Beef Chunks (Canned with Natural Juices)		
	Barbecued Beef Cubes (Canned Beef)	L 018 01
	Beef Pie with Biscuit Topping (Canned Beef)	L 047 00
Beef, Corned		
	Apple Glazed Corned Beef	L 112 01

	Baked Corned Beef (Precooked Frozen)	L 112 02
	New England Boiled Dinner (Precooked Frozen Beef)	L 111 01
	New England Boiled Dinner	L 111 00
	Simmered Corned Beef	L 112 00
Beef, Diced		
	Barbecued Beef Cubes	L 018 00
	Beef Pot Pie with Biscuit Topping	L 021 00
	Beef Pot Pie with Pie Crust Topping	L 021 01
	Braised Beef and Noodles	L 017 00
	Braised Beef Cubes	L 017 01
	Hungarian Goulash	L 065 00
Beef, Fajita Strips		
	Beef Fajitas (Fajita Strips)	L 043 00
	Beef Stir Fry	L 810 00
	Beef Stroganoff (Fajita Strips)	L 053 04
	Mexican Pepper Steak	L 835 00
	Teriyaki Beef Strips (Fajita Strips)	L 195 01
	Thai Beef Salad	L 506 00
Beef, Ground		
	Beef and Bean Tostadas	L 046 00
	Beef and Corn Pie	L 020 00
	Beef Balls Stroganoff	L 027 00
	Beef Porcupines	L 029 00
	Cajun Meat Loaf	L 035 03
	Creamed Ground Beef	L 030 00
	Creole Macaroni (Ground Beef)	L 064 00
	Enchiladas (Frozen)	L 063 01
	Enchiladas (Ground Beef)	L 063 00
	Grilled Hamburger Steak	L 037 02
	Ground Beef Cordon Bleu	L 014 00
	Hamburger Parmesan	L 060 00
	Hamburger Pizza	L 165 03
	Hamburger Stroganoff	L 053 02

	Hamburger Yakisoba (Ground Beef)	L 062 01
	Italian Rice and Beef	L 205 00
	Lasagna (Canned Pizza Sauce)	L 025 03
	Lasagna (Frozen)	L 025 02
	Lasagna	L 025 00
	Meat Loaf	L 035 00
	Minced Beef	L 036 00
	Salisbury Steak	L 037 00
	Spaghetti with Meat Sauce (Ground Beef)	L 038 01
	Spaghetti with Meat Sauce, RTU (Ground Beef)	L 038 03
	Spaghetti with Meatballs (Ground Beef)	L 039 01
	Stuffed Cabbage Rolls (Tomato Soup)	L 024 01
	Stuffed Cabbage Rolls	L 024 00
	Stuffed Green Peppers (Frozen)	L 040 01
	Stuffed Green Peppers (Ground Beef)	L 040 00
	Swedish Meatballs (Ground Beef)	L 041 00
	Tacos (Ground Beef)	L 034 00
	Tamale Pie (Ground Beef)	L 057 00
	Tomato Meat Loaf	L 035 02
Beef Hash		
	Corned Beef Hash	L 110 00
	Corned Beef Hash (Canned)	L 110 01
	Roast Beef Hash	L 033 00
	Roast Beef Hash (Canned Beef Chunks)	L 033 02
	Roast Beef Hash (Canned)	L 033 01
	Texas Hash (Ground Beef)	L 061 00
Beef, Liver		
	Braised Liver with Onions	L 107 00
	Breaded Liver with Onion and Mushroom Gravy	L 108 01
	Breaded Liver	L 108 00
	Grilled Liver	L 107 01
Beef, Oven, Roast		
	Beef Brogul	L 045 01

	Beef Cordon Bleu	L 055 00
	Cajun Roast Beef	L 193 00
	Cajun Roast Tenderloin of Beef	L 193 01
	Roast Beef (Precooked)	L 005 01
	Roast Beef	L 005 00
	Stuffed Beef Rolls	L 045 00
	Sukiyaki	L 006 00
	Teriyaki Beef Strips	L 195 00
	Yakisoba (Beef and Spaghetti)	L 062 00
Beef, Pot Roast		
	Beef Pot Roast	L 010 00
	Ginger Pot Roast	L 010 01
	Sauerbraten	L 066 00
	Simmered Beef	L 011 00
	Yankee Pot Roast	L 010 02
Beef, Precooked		
	Cajun Meatloaf (Precooked)	L 837 01
	Cajun Roast Beef (Precooked Roast Beef)	L 817 00
	Corned Beef and Cabbage (Precooked Corned Beef)	L 825 00
	Indonesian Style Beef Over Noodles	L 811 00
	Meatloaf (Precooked)	L 837 00
	Shepherd's Pie	L 809 00
	Spaghetti & Meat Balls (Precooked Meatballs)	L 827 01
	Spaghetti & Meat Sauce (Precooked Ground Beef)	L 827 00
	Swedish Meatballs (Precooked Meatballs)	L 834 00
Beef, Prepared		
	Beef and Bean Burritos, Frozen	L 822 00
	Beef Stroganoff, Frozen	L 831 00
	Cabbage Rolls, Stuffed, Frozen	L 843 00
	Lasagna (Frozen)	L 804 00
	Salisbury Steak in Gravy, Frozen	L 842 00
Beef, Roast Rib		
	Roast Rib of Beef (Boneless Ribeye Roll)	L 004 03

	Roast Rib of Beef	L 004 00
Beef, Steak		
	Grilled Steak	L 007 00
	Grilled Tenderloin Steak	L 007 01
	Teriyaki Steak	L 008 00
Beef, Steamship Round		
	Steamship Round of Beef (Round, Bone-In)	L 004 01
	Steamship Round of Beef (Round, Boneless)	L 004 02
Beef Stew		
	Beef Stew	L 022 00
	Beef Stew (Canned Beef Chunks)	L 172 00
	Beef Stew (Canned)	L 022 01
	Chuck Wagon Stew (Beans with Beef)	L 167 00
	El Rancho Stew	L 022 02
Bratwurst, Sausage, Frankfurters, Kielbasa, Knockwurst		
	Baked Frankfurters with Sauerkraut	L 113 00
	Baked Italian Sausage (Hot or Sweet)	L 088 01
	Baked Knockwurst with Sauerkraut	L 113 01
	Grilled Bratwurst	L 088 03
	Grilled Frankfurters	L 088 02
	Grilled Polish Sausage	L 088 00
	Grilled Sausage Links (Cooked Pork and Beef)	L 091 00
	Grilled Sausage Patties	L 089 00
	Grilled Sausage Patties (Preformed)	L 089 02
	Kielbasa with Sauerkraut and Apples	L 814 00
	Pasta Toscano	L 208 00
	Sausage, Beans and Greens	L 224 00
	Simmered Knockwurst	L 088 05
Ham, Canned		
	Baked Canned Ham	L 071 00
	Baked Ham Steak (Canned Ham)	L 071 01
	Baked Ham, Macaroni, and Tomatoes (Canned Ham)	L 072 00
	Barbecued Ham Steak Canned Ham	L 070 01

	Grilled Ham Slice (Canned Ham)	L 071 03
	Grilled Ham Steak (Canned Ham)	L 071 02
Ham, Canned, Chunks		
	Baked Ham, Macaroni and Tomatoes (Canned Chunks)	L 072 02
	Scalloped Ham and Noodles	L 068 00
	Scalloped Ham and Potatoes (Canned Ham)	L 073 00
Ham, Cooked, Boneless		
	Baked Ham	L 069 00
	Baked Ham and Spaghetti Pie	L 819 00
	Barbecued Ham Steak	L 070 00
	Glazed Ham Loaf	L 067 00
	Grilled Ham Steak	L 069 01
Ham, Roast Fresh		
	Roast Fresh Ham	L 096 00
Lamb		
	Savory Roast Lamb	L 077 00
Luncheon Meat, Canned		
	Baked Luncheon Meat, Macaroni, and Cheese	L 072 01
	Grilled Luncheon Meat	L 117 01
Manicotti, Frozen, without Sauce		
	Beef Manicotti (Cannelloni)	L 076 00
	Cheese Manicotti	L 076 01
Pizza		
	Tamale Pizza	L 057 02
	Pepperoni Pizza	L 165 05
	Pepperoni, Green Pepper, and Mushroom Pizza	L 165 04
	Pork or Italian Sausage Pizza	L 165 07
	Sausage, Green Pepper, and Onion Pizza	L 165 09
Pork Chops		
	Baked Stuffed Pork Chops	L 084 00
	Barbecued Pork Chops	L 083 01
	Braised Pork Chops	L 085 00
	Creole Pork Chops	L 083 00

	Dijon Baked Pork Chops	L 197 00
	Grilled Pork Chops	L 085 01
	Orange & Rosemary Honey Glazed Pork Chops	L 225 00
	Pork Chops Mexicana	L 087 00
	Pork Chops With Apple Rings	L 084 01
	Pork Chops with Mushroom Gravy	L 085 02
	Spicy Italian Pork Chops	L 222 00
	Sweet and Sour Pork Chops	L 079 00
	Tropical Baked Pork Chops	L 194 00
Pork, Diced		
	Pork Adobo	L 099 00
	Chalupa	L 050 00
	Pork Chop Suey	L 080 00
	Sweet and Sour Pork	L 082 00
Pork, Loin		
	Barbecued Pork Loin	L 081 02
	Mambo Pork Roast	L 523 00
	Roast Pork	L 081 00
	Roast Pork Tenderloin	L 081 01
Pork, Precooked		
	Cantonese BBQ Pork Ribs, Precooked	L 820 00
	Mambo Pork Roast Using Precooked Pork	L 813 00
	Pork Tenderloin, Precooked	L 838 00
	St Louis Style BBQ Pork Ribs, Precooked	L 836 00
Pork Spareribs		
	Barbecued Spareribs	L 092 00
	Braised Spareribs	L 093 00
	Cantonese Spareribs	L 095 00
	Spareribs and Sauerkraut	L 093 01
	Sweet and Sour Spareribs	L 094 00
Pork Steaks		
	Breaded Pork Steaks (Frozen)	L 086 02
	Creole Pork Steaks (Frozen Breaded Pork Steaks)	L 086 01

	Pork Schnitzel (Frozen Breaded Pork Steaks)	L 086 03
Pork - Other		
	Simmered Pork Hocks (Ham Hocks)	L 100 00
Ravioli		
	Beef Ravioli (Canned in Tomato Sauce)	L 031 02
	Beef Ravioli (Frozen)	L 031 00
	Cheese Ravioli (Frozen)	L 031 01
Tamales		
	Hot Tamales with Chili Gravy	L 057 01
Veal		
	Italian Style Veal Steaks	L 101 00
	Jaegerschnitzel	L 104 00
	Roast Veal	L 106 00
	Roast Veal with Herbs	L 106 01
	Veal Cubes Parmesan	L 105 00
	Veal Paprika Steak	L 102 00
	Veal Parmesan	L 103 00
	Veal Steak	L 103 01

SECTION L – FISH

[Return to Main Index](#)

Crab		
	Boiled Crab Legs, Alaskan King, Frozen	L 127 03
	Crab Cakes	L 141 00
Clam Strips		
	Baked Breaded Clam Strips	L 026 00
	French Fried Breaded Clam Strips	L 026 01
Fish		
	Baked Fish	L 119 00
	Baked Fish Scandia	L 504 00
	Baked Fish with Garlic Butter	L 119 01
	Baked Flounder Fillets with Lemon Pepper	L 828 00
	Baked Stuffed Fish	L 120 00
	Baked Trout Fillets	L 169 01
	Baked Whole Trout	L 169 00
	Basil Baked Fish Portions	L 806 00
	Blackened Fish	L 840 00
	Cajun Baked Fish	L 119 07
	Caribbean Catfish	L 185 00
	Caribbean Flounder	L 185 01
	Chipper Fish	L 125 00
	Creole Fish Fillets	L 135 02
	Deep Fat Fried Fish	L 122 02
	Fish Amandine	L 119 06
	Fish Florentine	L 502 00
	Herbed Baked Fish	L 119 04
	Lemon Baked Fish	L 119 03
	Lemon Pepper Catfish	L 845 00
	Mustard-Dill Baked Fish	L 119 05
	Onion-Lemon Baked Fish	L 119 02
	Oven Fried Fish	L 123 00
	Pan Fried Fish	L 122 00
	Parmesan Fish	L 032 00

	Seafood Newburg	L 140 00
	Southern Fried Catfish Fillets	L 056 00
	Spicy Baked Fish	L 115 00
	Stuffed Flounder Creole	L 019 00
	Tempura Fish	L 122 01
	White Fish with Mushrooms	L 524 00
Fish Nuggets, Breaded		
	Baked Fish Nuggets	L 124 05
	French Fried Fish Nuggets	L 124 06
Fish Portions, Batter Dipped		
	Baked Fish Portions (Batter Dipped)	L 124 01
	Fish and Chips	L 124 04
	French Fried Fish Portions (Batter Dip)	L 124 03
Fish Portions, Breaded		
	Baked Fish Portions	L 124 00
	Creole Fish	L 135 01
	French Fried Fish Portions	L 124 02
Lobster		
	Boiled Lobster, Whole	L 127 00
	Boiled Lobster Tail, Frozen	L 127 01
Oysters		
	Fried Oysters	L 126 00
	Fried Oysters (Breaded, Frozen)	L 126 01
Salmon, Canned		
	Salmon Cakes	L 128 00
	Salmon Loaf	L 129 00
	Salmon Salad (Canned Salmon)	L 132 01
	Scalloped Salmon and Peas	L 130 00
Scallops		
	Baked Scallops	L 168 00
	Creole Scallops	L 135 00
	Fried Scallops	L 134 00

Shrimp		
	Angel Hair Pasta, Filipino Style With Shrimp	L 802 00
	Boiled Shrimp, Frozen	L 127 04
	Creole Shrimp	L 136 00
	French Fried Shrimp (Breaded, Frozen)	L 137 02
	French Fried Shrimp	L 137 00
	Seafood Stew	L 209 00
	Shrimp Chop Suey	L 080 01
	Shrimp Curry	L 138 00
	Shrimp Jambalaya	L 097 00
	Shrimp Salad	L 139 00
	Shrimp Scampi	L 121 00
	Southwestern Shrimp Linguine	L 207 00
	Tempura Shrimp	L 137 01
Tuna		
	Baked Tuna and Noodles (Cream of Mushroom Soup)	L 133 01
	Baked Tuna and Noodles	L 133 00
	Chopstick Tuna	L 131 00
	Macaroni Tuna Salad	L 116 00
	Oriental Tuna Patties	L 202 00
	Tuna Noodle Casserole, Frozen	L 807 00
	Tuna Plate Trio	L 510 00
	Tuna Salad	L 132 00
	Tuna Tetrazzini (Canned Tuna)	L 152 01

SECTION L – POULTRY

[Return to Main Index](#)

Bacon, Turkey		
	Oven Fried Turkey Bacon	L 515 00
Chicken – 8 Piece		
	Baked Chicken (8 Pc)	L 143 00
	Baked Chicken and Gravy (8 Pc)	L 149 00
	Baked Chicken with Mushroom Gravy (8 Pc Canned Soup)	L 149 02
	Baked Chicken with Mushroom Gravy (8 Pc)	L 149 01
	Barbecued Chicken (8 Pc)	L 146 00
	Bombay Chicken (8 Pc)	L 177 00
	Buffalo Chicken (8 Pc)	L 183 00
	Chicken Adobo (8 Pc)	L 078 00
	Chicken Cacciatore (8 Pc)	L 148 00
	Chicken Vega (8 Pc)	L 145 00
	Chinese Five-Spice Chicken (8 Pc)	L 153 00
	Creole Chicken (8 Pc)	L 154 00
	Fried Chicken (8 Pc)	L 155 00
	Herbed Baked Chicken (8 Pc)	L 143 02
	Hot and Spicy Chicken (8 Pc)	L 187 00
	Mexican Baked Chicken (8 Pc)	L 143 01
	Oven Baked Chicken (8 Pc)	L 156 00
	Pineapple Chicken (8 Pc)	L 157 00
	Savory Baked Chicken (8 Pc)	L 158 00
	Southern Fried Chicken (8 Pc)	L 155 01
	Sweet and Sour Chicken (8 Pc)	L 079 01
	Szechwan Chicken (8 Pc)	L 159 00
	Teriyaki Chicken (8 Pc)	L 114 00
Chicken, Breaded, Precooked for Deep Fat Fryer		
	Fried Chicken (Precooked Breaded, Frozen For Deep Fat Fry)	L 155 02
Chicken, Breaded, Precooked for Oven		
	Chicken Parmesan (Precooked Fillet)	L 051 00
	Fried Chicken (Precooked, Breaded Chicken, Frozen For Oven)	L 156 01

Chicken, Breast, Boneless, Skinless		
	Baked Chicken (Breast Boneless)	L 143 03
	Baked Tandoori Chicken (Breast Boneless)	L 818 00
	Baked Yogurt Chicken (Breast Boneless)	L 186 00
	Barbecued Chicken (Breast Boneless)	L 146 01
	Bayou Chicken (Breast Boneless)	L 206 00
	Bombay Chicken (Breast Boneless)	L 177 01
	Caribbean Chicken Breast (Breast Boneless)	L 023 00
	Chicken in Orange Sauce (Breast Boneless)	L 181 00
	Chicken Parmesan (Breast Boneless)	L 051 01
	Cranberry Glazed Chicken (Breast Boneless)	L 190 00
	Herbed Baked Chicken (Breast Boneless)	L 143 05
	Honey Ginger Chicken (Breast Boneless)	L 179 00
	Honey Glazed Chicken (Breast Boneless)	L 832 00
	Honey Lemon Chicken Breast (Breast Boneless)	L 192 00
	Jamaican Rum Chicken (Breast Boneless)	L 503 00
	Mexican Baked Chicken (Breast Boneless)	L 143 04
	Sante Fe Glazed Chicken (Breast Boneless)	L 210 00
	Savory Baked Chicken (Breast Boneless)	L 826 00
	Szechwan Chicken (Breast Boneless)	L 159 01
Chicken, Canned, Boned		
	Baked Chicken and Noodles (Canned Chicken)	L 144 01
	Baked Chicken and Rice (Canned Chicken)	L 048 01
	Chicken A La King (Canned Chicken)	L 147 01
	Chicken Chow Mein (Canned Chicken)	L 160 01
	Chicken Enchiladas (Canned Chicken)	L 003 00
	Chicken Pot Pie (Canned Chicken)	L 150 01
	Chicken Rotini Salad (Canned Chicken)	L 116 01
	Chicken Salad (Canned Chicken)	L 151 01
	Chicken Tetrazzini (Canned Chicken)	L 152 00
	Tropical Chicken Salad (Canned Chicken)	L 178 01
Chicken, Cooked, Diced		
	Baked Chicken and Noodles (Cooked Diced)	L 144 03

	Baked Chicken and Rice (Cooked Diced)	L 048 00
	Cheddar Chicken and Broccoli (Cooked Diced)	L 216 00
	Chicken A La King (Cooked Diced)	L 147 00
	Chicken Briyani (Cooked Diced)	L 213 00
	Chicken Cacciatore (Cooked Diced)	L 148 01
	Chicken Chow Mein (Cooked Diced)	L 160 00
	Chicken Enchiladas (Cooked Diced)	L 003 01
	Chicken Pot Pie (Cooked Diced)	L 150 03
	Chicken Rotini Salad (Cooked Diced)	L 116 02
	Chicken Salad (Cooked Diced)	L 151 00
	Chicken Tetrazzini (Cooked Diced)	L 152 02
	Creole Chicken (Cooked Diced)	L 154 01
	Sweet and Sour Chicken (Cooked Diced)	L 079 02
	Tropical Chicken Salad (Cooked Diced)	L 178 00
	White Bean Chicken Chili (Cooked Diced)	L 212 00
Chicken, Fajita Strips		
	Chicken & Italian Vegetable Pasta (Fajita Strips)	L 191 00
	Chicken Fajitas (Fajita Strips)	L 043 01
	Fiesta Chicken (Fajita Strips)	L 182 00
	Lime Chicken Soft Tacos (Fajita Strips)	L 223 00
	Tarragon Chicken & Rice (Fajita Strips)	L 816 00
Chicken, Fillet, Breaded		
	Fried Chicken Fillets (3 oz)	L 109 01
	Fried Chicken Fillets (5 oz)	L 109 03
	Oven Fried Chicken Fillets (3 oz)	L 109 00
	Oven Fried Chicken Fillets (5 oz)	L 109 02
Chicken, Fillet, Nuggets		
	Fried Chicken Fillet Nuggets	L 109 05
	Oven Fried Chicken Fillet Nuggets	L 109 04
Chicken, Prepared, Entrees		
	Chicken Cordon Bleu	L 839 00
	Hot & Spicy Chicken Wings	L 812 00

Chicken, Thighs		
	Savory Baked Chicken (Thighs)	L 158 01
	Teriyaki Chicken (Thighs)	L 114 01
Duck, Ready to Cook		
	Hawaiian Baked Duck	L 164 01
	Honey Glazed Duck	L 164 03
	Roast Duck	L 164 00
	Roast Duck with Apple Jelly Glaze	L 164 02
Rock Cornish Hen		
	Herbed Cornish Hens	L 142 02
	Honey Glazed Rock Cornish Hens	L 142 00
	Rock Cornish Hens with Syrup Glaze	L 142 01
Turkey, Boneless		
	Baked Turkey and Noodles	L 144 00
	Greek Lemon Turkey Pasta	L 198 00
	Jerked Roast Turkey	L 844 00
	Roast Turkey (Boneless Turkey)	L 162 00
	Roast Turkey with Barbecue Sauce	L 162 01
	Russian Turkey Stew	L 500 00
	Turkey A La King	L 147 02
	Turkey Curry	L 044 00
	Turkey Cutlet	L 049 00
	Turkey Fajitas	L 043 02
	Turkey Fingers	L 188 00
	Turkey Nuggets	L 163 00
	Turkey Peach Pasta Salad (Entrée)	L 204 00
	Turkey Pot Pie	L 150 00
	Turkey Salad (Boneless, Frozen)	L 151 02
Turkey, Breast		
	Asian Barbecue Turkey	L 217 00
	Lemon n' Herb Turkey Fillets	L 219 00
Turkey, Diced		
	Hunter Style Turkey Stew	L 829 00

	Mexican Turkey Pasta	L 805 00
Turkey, Ground		
	Chili Con Carne (Ground Turkey)	L 028 03
	Chili Conquistador (Ground Turkey)	L 042 01
	Chili Macaroni (Ground Turkey)	L 028 04
	Creamed Ground Turkey	L 030 01
	Creole Macaroni (Ground Turkey)	L 064 01
	Enchiladas (Ground Turkey)	L 063 02
	Grilled Turkey Patties (Ground Turkey)	L 184 00
	Ground Turkey Stroganoff	L 053 03
	Lasagna (Ground Turkey)	L 025 01
	Spaghetti with Meat Sauce (Ground Turkey)	L 038 00
	Spaghetti with Meat Sauce, RTU (Ground Turkey)	L 038 02
	Spaghetti with Meatballs (Ground Turkey)	L 039 00
	Stuffed Cabbage Rolls (Ground Turkey)	L 024 02
	Stuffed Green Peppers (Ground Turkey)	L 040 02
Turkey, Ground - continued		
	Swedish Meatballs (Ground Turkey)	L 041 01
	Tacos (Ground Turkey)	L 034 01
	Tamale Pie (Turkey)	L 201 00
	Texas Hash (Ground Turkey)	L 061 01
	Turkey Corn Pie	L 020 01
	Turkey Balls Stroganoff	L 027 01
	Turkey Loaf	L 035 01
	Turkey Porcupines	L 029 01
	Turkey Yakisoba	L 062 02
Turkey, Precooked		
	Herb Turkey Roast w/Tomato Gravy Precooked Turkey	L 821 00
	Oven Roasted Turkey, Precooked	L 803 00
	Rosemary Turkey Roast	L 833 00
	Turkey Divan	L 221 00
	Turkey Polynesian	L 800 00

Turkey, Prepared		
	Turkey Tetrazzini, Frozen	L 808 00
Turkey, Roast		
	Roast Turkey	L 161 00
Turkey Sausage		
	Grilled Turkey Sausage Links	L 200 00
	Grilled Turkey Sausage Patty (Pre-Made)	L 512 00
	Turkey Sausage Patties	L 180 00

SECTION M - SALADS

[Return to Main Index](#)

Fruit Salads		
	Apple, Celery, and Pineapple Salad	M 001 00
	Apple, Celery, and Raisin Salad	M 050 01
	Fruit Medley Salad	M 032 00
	Fruit Salad	M 017 00
	Kiwi Fruit Salad	M 073 00
	Mixed Fruit Salad	M 035 00
	Waldorf Salad	M 050 00
Jellied Salads		
	Golden Glow Salad	M 036 01
	Jellied Banana Salad	M 025 05
	Jellied Cranberry and Orange Salad (Canned)	M 023 01
	Jellied Cranberry and Orange Salad	M 023 00
	Jellied Cranberry and Pineapple Salad	M 024 00
	Jellied Fruit Cocktail Salad	M 026 00
	Jellied Fruit Salad	M 025 00
	Jellied Orange Salad	M 025 01
	Jellied Pear Salad	M 025 02
	Jellied Pineapple, Pear, and Banana Salad	M 025 03
	Jellied Spring Salad	M 036 02
	Jellied Strawberry Salad	M 025 04
	Perfection Salad	M 036 00
Other Salads		
	Chef's Salad (Entree)	M 007 01
	Chef's Salad	M 007 00
	Cobb Salad	M 030 00
	Confetti Rice Salad	M 072 00
	Cottage Cheese and Apricot Salad	M 013 01
	Cottage Cheese and Peach Salad	M 013 00
	Cottage Cheese and Pear Salad	M 013 02
	Cottage Cheese and Pineapple Salad	M 013 03
	Cottage Cheese and Tomato Salad	M 014 00

	Cottage Cheese Salad	M 012 00
	Creamy Cucumber Rice Salad	M 072 01
	Garden Cottage Cheese Salad	M 018 00
	Guacamole	M 052 00
	Italian Style Pasta Salad	M 029 00
	Macaroni Salad	M 034 00
	Pasta Salad	M 038 00
	Salsa Pasta Salad	M 071 00
	Taco Salad	M 028 00
	Zesty Rotini Pasta Salad	M 070 00
Salads, Vegetable		
	Broccoli Salad	M 504 00
	Cabbage and Carrot Slaw with Creamy Dressing	M 009 02
	Cabbage, Apple, and Celery Salad	M 001 01
	Cabbage, Apple, and Raisin Salad	M 001 02
	Carrot and Pineapple Salad	M 005 01
	Carrot Salad	M 005 00
	Carrot, Celery, and Apple Salad	M 005 02
Salads, Vegetable - continued		
	Cole Slaw with Creamy Dressing	M 009 00
	Cole Slaw with Vinegar Dressing	M 009 01
	Cole Slaw	M 008 00
	Country Style Tomato Salad	M 053 01
	Cucumber and Onion Salad	M 015 00
	Deviled Potato Salad	M 040 01
	Frijole Salad	M 004 00
	Garden Vegetable Salad	M 019 00
	German Cole Slaw	M 027 00
	German Style Tomato Salad	M 053 00
	Green Leaf Lettuce, Cucumber and Tomato Salad	M 046 05
	Hot Potato Salad (Dehydrated Sliced Potatoes)	M 043 00
	Hot Potato Salad	M 042 00
	Kidney Bean Salad	M 031 00

	Lettuce and Tomato Salad	M 033 00
	Marinated Black Bean Salad	M 074 00
	Marinated Carrots	M 020 00
	Mexican Cole Slaw	M 008 01
	Mexican Potato Salad	M 062 00
	Pickled Beet and Onion Salad	M 037 00
	Pickled Green Bean Salad	M 045 01
	Pineapple Cole Slaw	M 009 03
	Pineapple Marshmallow Cole Slaw	M 009 04
	Potato Salad (Dehydrated Sliced Potatoes)	M 041 00
	Potato Salad with Vinegar Dressing	M 040 02
	Potato Salad	M 040 00
	Salad Bar	M 801 00
	Spinach and Apple Salad	M 002 01
	Spinach and Mushroom Salad	M 002 02
	Spinach Salad	M 002 00
	Spring Salad	M 044 00
	Three Bean Salad	M 045 00
	Tossed Calico Garden Salad	M 046 02
	Tossed Calico Vegetable Salad	M 048 01
	Tossed Garden Salad	M 046 01
	Tossed Green Salad	M 047 00
	Tossed Lettuce, Cucumber and Tomato Salad	M 046 00
	Tossed Red Leaf Lettuce, Cucumber and Tomato Salad	M 046 04
	Tossed Romaine, Cucumber and Tomato Salad	M 046 03
	Tossed Vegetable Salad	M 048 00
	Vegetable Salad	M 049 00
	Vegetable Slaw with Creamy Dressing	M 009 05
Stuffed Celery		
	Cottage Cheese Stuffed Celery	M 006 01
	Cream Cheese Stuffed Celery	M 006 03
	Peanut Butter Stuffed Celery	M 006 02
	Pimiento Cheese Stuffed Celery	M 006 00

SECTION M – DRESSINGS

[Return to Main Index](#)

Salad Dressings		
	Blue Cheese and Sour Cream Dressing	M 068 01
	Blue Cheese Dressing	M 059 00
	Creamy Horseradish Dressing	M 065 00
	Creamy Italian Dressing	M 064 00
	French Dressing	M 058 00
	Garlic French Dressing	M 060 00
	Honey Mustard Dressing	M 010 00
	Low Calorie Basil Dressing	M 021 01
	Low Calorie French Dressing	M 058 01
	Low Calorie Tangy Tarragon Dressing	M 021 00
	Low Calorie Thousand Island Dressing	M 016 00
	Low Calorie Tomato Dressing	M 066 00
	Low Calorie Yogurt Dressing	M 011 00
	Quick Fruit Dressing	M 056 00
	Red Wine Vinaigrette Dressing	M 003 00
	Russian Dressing	M 067 00
	Sour Cream Dressing	M 068 00
	Tangy Salad Dressing	M 061 00
	Tangy Yogurt Salad Dressing	M 022 00
	Thousand Island Dressing	M 063 00
	Tomato French Dressing	M 054 00
	Vinaigrette Dressing	M 055 00
	Vinegar and Oil Dressing	M 069 00
	Zero Salad Dressing	M 057 00
Relishes		
	Corn Relish	M 039 00
	Cranberry Orange Relish	M 051 00

SECTION N – SANDWICHES

[Return to Main Index](#)

Bacon/Canadian Bacon		
	Bacon, Lettuce, and Tomato Sandwich	N 001 01
	English Muffin with Bacon, Egg and Cheese	N 007 00
	English Muffin with Canadian Bacon, Egg, & Cheese	N 007 02
	Grilled Bacon, Egg, and Cheese Sandwich	N 037 01
Beef		
	Barbecued Beef Sandwich (Canned)	N 024 00
	Barbecued Beef Sandwich (Diced Beef)	N 024 01
	Beef Fajita Pita	N 042 00
	Gyros	N 002 00
	Gyros (RTU)	N 002 01
	Hot Roast Beef & Cheese Rollup Sandwich	N 047 01
	Hot Roast Beef Sandwich (Oven Roast)	N 035 00
	Hot Roast Beef Sandwich (Precooked Roast Beef)	N 035 01
	Italian Pepper Beef Sandwich	N 028 00
	Roast Beef & Cheese Rollup Sandwich	N 047 00
	Roast Beef Sandwich	N 004 00
Beef, Corned		
	Corned Beef Sandwich	N 009 00
	Corned Beef and Cheese Sandwich	N 009 01
	Grilled Reuben Sandwich	N 020 00
Beef, Ground		
	Barbecued Beef Sandwich (Sloppy Joe)	N 027 00
	Cannonball Sandwich (Canned Meatballs)	N 022 02
	Cannonball Sandwich (Meatball)	N 022 00
	Meatball Hoagie Using Precooked Meatballs	N 800 00
	Mexican Beef Wrap	N 049 00
	Moroccan Pockets	N 038 00
	Taco Burger	N 040 00
Beef Patties		
	Cheeseburger (Beef Patties)	N 012 01
	Cheesy Baconburger (Beef Patties)	N 012 02

	Chiliburger (Beef Patties)	N 012 04
	Deluxe Cheeseburger (Beef Patties)	N 012 07
	Deluxe Hamburger (Beef Patties)	N 012 05
	Double Decker Cheeseburger (Beef Patties)	N 012 03
	Grilled Hamburger (Beef Patties)	N 012 00
	Pizzaburger (Beef Patties)	N 012 06
Beef Steak		
	Steak and Cheese Submarine	N 003 00
	Steak, Cheese and Onion Submarine	N 003 01
	Steak and Onion Submarine	N 003 02
Cheese		
	Cream Cheese Bagel	N 016 00
	Cream Cheese and Olive Bagel	N 016 02
	Cream Cheese and Tomato Bagel	N 016 01
	Cheese Deli Sandwich	N 039 00
	Grilled Cheese Sandwich	N 006 00
Chicken Breast, Boneless		
	Cajun Chicken Sandwich	N 052 00
	Chicken Caesar Rollup Sandwich	N 045 00
	Grilled Chicken Breast Sandwich	N 044 00
	Jamaican Jerk Chicken Sandwich	N 048 00
Chicken Fajita Strips		
	Chicken Fajita Pita	N 042 01
	Chicken Pita Pocket Sandwich	N 043 00
Chicken Fillet (Breaded)		
	Baked Chicken Fillet Sandwich (Breaded)	N 021 00
	Chicken Fillet and Cheese Sandwich (Breaded)	N 021 02
	Deep Fat Fried Chicken Fillet Sandwich (Breaded)	N 021 01
Chicken Fillet (Unbreaded)		
	Grilled Chicken Fillet Sandwich (Unbreaded)	N 021 03
Egg		
	Egg Salad Sandwich	N 010 00
	New York Egg Salad Sandwich (Egg and Tomato)	N 010 01

	Western Sandwich (Denver)	N 018 00
Fish		
	Cheese Fishwich	N 032 01
	Fishwich	N 032 00
	Fishwich (Batter Dipped)	N 032 03
	Grilled Tuna and Cheese Sandwich	N 015 01
	Salmon Salad Sandwich (Canned Salmon)	N 015 02
	Tuna and Tomato Sandwich	N 015 03
	Tuna Salad Sandwich	N 015 00
Frankfurters		
	Chili Dog (Canned Chili Con Carne)	N 041 01
	Chili Dog with Cheese and Onions	N 041 00
	Chili Dog	N 041 02
	Corn Dog	N 034 00
	Corn Dog (Corn Bread Mix)	N 034 01
	Grilled Frankfurter with Fried Peppers and Onions	N 030 05
	Simmered Frankfurter on Roll	N 030 00
	Simmered Quarter Pound Frankfurter	N 030 03
Ham		
	English Muffin with Ham, Egg, and Cheese	N 007 01
	Fried Ham Sandwich	N 011 01
	German Style Hamwich	N 006 01
	Grilled Ham and Cheese Sandwich	N 006 03
	Grilled Ham and Egg Sandwich	N 037 02
	Grilled Ham, Egg and Cheese Sandwich	N 037 00
	Ham and Biscuit	N 005 01
	Ham and Cheese Sandwich	N 011 02
	Ham and Tomato Sandwich	N 011 03
	Ham Salad Sandwich	N 013 00
	Ham Sandwich	N 011 00
Other Sandwiches		
	Chicken Salad Sandwich	N 008 00
	Chicken Salad Sandwich (Canned Chicken)	N 008 01

	Cold Cut Sandwich	N 017 00
	Cold Cut Sandwich with Cheese	N 017 01
	Double Decker Beef & Turkey Sandwich	N 805 00
	Grilled Pastrami Reuben Sandwich	N 020 02
	Hot Pastrami Sandwich	N 023 00
	Italian Style Submarine	N 019 01
	Italian Veal Cutlet Submarine	N 026 00
	Monte Carlo Sandwich (Open-Faced Turkey and Ham)	N 031 00
	Monte Cristo Sandwich	N 025 00
	Peanut Butter and Jelly Sandwich	N 014 00
	Submarine Sandwich	N 019 00
Pork		
	Barbecued Pork Sandwich (Frozen Barbecued Pork)	N 027 02
	Barbecued Pork Sandwich (Pork Butt)	N 027 01
	Hot Roast Pork Sandwich	N 036 00
	Hot Roast Pork Sandwich (Fresh Ham)	N 036 01
	Roast Pork Sandwich	N 004 01
Sausage		
	English Muffin with Sausage, Egg, and Cheese	N 007 03
	Grilled Polish Sausage Sandwich	N 030 01
	Grilled Sausage, Egg, and Cheese Sandwich	N 037 03
	Hot Italian Sausage Sandwich	N 022 01
	Sausage and Biscuit	N 005 00
	Simmered Knockwurst on Roll	N 030 02
Turkey		
	Baked Turkey Melt	N 502 00
	Hot Roast Turkey Sandwich	N 033 00
	Mexican Turkey Wrap	N 049 01
	Roast Turkey Sandwich	N 004 02
	Turkey Barbecue Sandwich	N 027 03
	Turkey Croissant	N 004 05
	Turkey Salad Sandwich	N 008 02

Vegetarian		
	Crunchy Vegetable Burrito	N 050 00
	Garden Vegetable Wrap	N 046 00
	Vegetarian Hearty Burger	N 051 00

SECTION O – DRESSINGS, GRAVIES AND SAUCES

Dressings		Return to Main Index
	Apple Bread Dressing	O 021 01
	Bread Dressing	O 021 00
	Corn Bread Dressing	O 020 00
	Dressing, Cornbread Mix	O 801 01
	Dressing, Traditional Mix	O 801 00
	Oyster Bread Dressing	O 021 03
	Sausage Bread Dressing	O 021 02
Gravies		
	Brown Gravy	O 016 00
	Chicken or Turkey Gravy	O 016 02
	Chili Gravy	O 016 03
	Cream Gravy	O 017 00
	Cream Onion Gravy	O 017 01
	Giblet Gravy	O 016 04
	Mushroom Gravy	O 016 05
	Natural Pan Gravy (Au Jus)	O 018 00
	Onion and Mushroom Gravy	O 016 09
	Onion Gravy	O 016 06
	Quick Onion Gravy	O 016 07
	Tomato Gravy	O 019 00
	Vegetable Gravy	O 016 08
Sauces		
	Barbecue Sauce	O 002 00
	Cajun Creole Sauce	O 005 02
	Cheese Sauce	O 001 01
	Cherry Sauce (For Meat)	O 003 00
	Chinese Mustard Sauce	O 022 00
	Creole Sauce	O 005 00
	Dill Sauce	O 027 00
	Herbed Mayonnaise	O 025 00
	Honey Mustard Sauce	O 029 00

	Horseradish Dijon Sauce	O 028 00
	Horseradish Sauce	O 023 00
	Marinara Sauce with Clams	O 004 01
	Marinara Sauce	O 004 00
	Mustard Sauce	O 006 00
	Oriental Sweet and Sour Sauce	O 026 00
	Pineapple Salsa	O 030 01
	Pineapple Sauce	O 009 00
	Pizza Sauce (Canned)	O 012 01
	Pizza Sauce	O 012 00
	Raisin Sauce	O 009 01
	Salsa	O 007 01
	Seafood Cocktail Sauce	O 011 00
	Shrimp Sauce	O 031 00
	Spanish Sauce	O 005 01
	Sweet and Sour Sauce	O 008 00
	Szechwan Sauce	O 010 00
	Taco Sauce	O 007 00
	Tartar Sauce	O 013 00
	Teriyaki Sauce	O 014 00
	Tomato Sauce	O 015 00
	Tropical Fruit Salsa (Canned)	O 030 02
	Tropical Fruit Salsa	O 030 00
	White Sauce	O 001 00
	Yogurt-Cucumber Sauce	O 024 00

SECTION P – SOUPS

[Return to Main Index](#)

Canned		
	Bean with Bacon Soup (Canned)	P 009 01
	Beef Noodle Soup (Canned)	P 009 02
	Beef with Vegetables and Barley Soup (Canned)	P 009 00
	Chicken Mushroom Soup (Canned)	P 022 00
	Chicken Noodle Soup (Canned)	P 009 03
	Chicken with Rice Soup (Canned)	P 009 04
	Cream of Broccoli Soup (Canned)	P 024 00
	Cream of Chicken Soup (Canned)	P 024 01
	Cream of Mushroom Soup (Canned)	P 024 02
	Doubly Good Chicken Soup (Canned)	P 022 01
	Logging Soup (Canned)	P 022 02
	Manhattan Clam Chowder (Canned)	P 009 05
	Minestrone Soup (Canned)	P 009 06
	Split Pea Soup with Ham (Canned)	P 009 07
	Tomato Noodle Soup (Canned)	P 022 03
	Tomato Soup (Canned)	P 009 08
	Vegetable Beef Supreme Soup (Canned)	P 022 04
	Vegetable Soup (Canned)	P 009 09
	Vegetable with Beef Soup (Canned)	P 009 10
Dehydrated		
	Beef Noodle Soup with Vegetables (Dehydrated)	P 018 01
	Chicken Noodle Soup (Dehydrated)	P 018 02
	Chicken Noodle Soup with Vegetables (Dehydrated)	P 018 03
	Cream of Potato Soup (Dehydrated Sliced Potatoes)	P 015 00
	Cream of Potato Soup (Instant Potatoes)	P 016 00
	Mexican Onion Corn Soup (Dehydrated Mix)	P 017 02
	Onion Soup (Dehydrated Mix)	P 017 01
	Spanish Soup (Dehydrated Onion Soup)	P 017 00
	Tomato Vegetable Soup (Dehydrated)	P 018 00
Fresh Made		
	Asian Stir Fry Soup	P 500 00

	Bean Soup with Smoked, Cured Ham Hocks	P 008 01
	Beef Barley Soup	P 001 01
	Beef Noodle Soup	P 001 02
	Beef Rice Soup	P 001 00
	Carrot Soup	P 800 00
	Chicken Corn Chowder	P 011 01
	Chicken Gumbo Soup	P 010 00
	Chicken Noodle Soup	P 002 01
	Chicken Rice Soup	P 002 00
	Chicken Vegetable (Mulligatawny) Soup	P 020 00
	Corn Chowder	P 011 00
	Cream of Broccoli Soup	P 014 01
	Cream of Mushroom Soup	P 014 00
	Cream of Potato Soup (Fresh White Potatoes)	P 015 01
	Creole Soup	P 003 00
	Curried Vegetable Soup	P 028 00
	Egg Drop Soup	P 803 00
	French Onion Soup	P 004 01
	Knickerbocker Soup (Bean, Tomato and Bacon)	P 008 02
	Lentil Vegetable Soup	P 027 00
	Manhattan Clam Chowder	P 012 00
	Midwestern Tomato Rice Soup	P 804 00
	Minestrone Soup	P 007 01
	Navy Bean Soup	P 008 00
	New England Clam Chowder	P 013 01
	New England Fish Chowder	P 013 00
	Nutty Split Pea Soup	P 802 00
	Old Fashioned Bean Soup	P 008 03
	Onion Soup	P 004 00
	Pepper Pot Soup	P 019 00
	Puree Mongole	P 023 01
	Shrimp Gumbo	P 010 01
	Split Pea Soup with Ham	P 023 00

	Texas Tortilla Soup	P 025 00
	Tomato Bouillon	P 005 00
	Tomato Rice Soup	P 006 01
	Tomato Soup	P 006 00
	Tortellini Soup	P 026 00
	Turkey Vegetable Soup	P 029 00
	Vegetable Soup	P 007 00
	Velvet Corn Soup	P 801 00
	Zesty Bean Soup (Dry Beans)	P 021 01
	Zesty Bean Soup	P 021 00

SECTION Q – VEGETABLES

[Return to Main Index](#)

Asparagus		
	Asparagus (Canned)	Q 100 01
	Asparagus (Fresh)	Q 100 02
	Asparagus (Frozen)	Q 100 00
Baked Beans (Canned)		
	Baked Beans (Canned)	Q 002 00
Beans, Canned, Green or Wax		
	Beans, Green (Canned)	Q 101 01
	Beans, Wax (Canned)	Q 101 02
	Green Beans Parisienne (Canned)	Q 042 00
	Green Beans with Corn (Canned Beans)	Q 039 01
	Herbed Green Beans	Q 026 00
Beans, Canned, Kidney		
	Baked Beans (Kidney Beans, Canned)	Q 002 01
	Italian-Style Baked Beans (Canned Beans)	Q 004 01
Beans, Canned, Pinto		
	Baked Beans (Pinto Beans, Canned)	Q 002 02
	Refried Beans with Cheese	Q 038 00
	Refried Beans (Canned Beans)	Q 038 01
	Refried Beans with Cheese (Canned Beans)	Q 038 02
Beans, White in Tomato Sauce (Canned)		
	Beans, White in Tomato Sauce (Canned)	Q 103 01
Beans, Dry (Kidney, Pinto or White)		
	Boston Baked Beans	Q 003 00
	Italian-Style Baked Beans	Q 004 00
	Savory Baked Beans	Q 003 01
	Savory Style Beans	Q 005 01
	Simmered Dry Beans with Bacon	Q 005 00
	Simmered Dry Beans	Q 005 02
	Spanish Style Beans	Q 006 00
Beans, Frozen, Green or Wax		
	Beans, French Style Cut (Frozen)	Q 101 03

	Beans, Green (Frozen)	Q 101 00
	Beans, Wax (Frozen)	Q 101 04
	Green Beans Creole	Q 007 01
	Green Beans Nicoise	Q 007 03
	Green Beans Parisienne (Frozen Beans)	Q 042 01
	Green Beans Southern Style	Q 007 04
	Green Beans with Corn (Frozen Beans)	Q 039 00
	Green Beans with Mushrooms	Q 007 02
	Hacienda Green Beans	Q 081 00
	Lyonnaise Green or Wax Beans	Q 007 00
	Sesame Glazed Green Beans	Q 072 00
Beans, Lima		
	Beans, Lima (Canned)	Q 102 01
	Beans, Lima (Frozen)	Q 102 00
Beets		
	Beets (Canned)	Q 104 01
	Beets in Orange-Lemon Sauce	Q 008 01
	Harvard Beets	Q 008 00
	Hot Spiced Beets	Q 009 00
Black-Eyed Peas (Canned)		
	Black-Eyed Peas (Canned)	Q 117 01
Broccoli		
	Broccoli (Fresh)	Q 105 02
	Broccoli (Frozen)	Q 105 00
	Broccoli Parmesan	Q 024 00
	Broccoli Polonaise	Q 010 00
	Herbed Broccoli	Q 065 00
	South of the Border Broccoli	Q 076 00
	South of the Border Medley	Q 076 01
Brussels Sprouts		
	Brussels Sprouts (Frozen)	Q 106 00
	Brussels Sprouts Parmesan	Q 024 01
	Brussels Sprouts Polonaise	Q 010 01

	Sprouts Superba	Q 011 00
Cabbage		
	Cabbage (Fresh)	Q 107 02
	Calico Cabbage	Q 012 01
	Fried Cabbage with Bacon	Q 012 02
	Fried Cabbage	Q 012 00
	Oriental Stir-Fry Cabbage	Q 015 00
	Red Cabbage with Sweet and Sour Sauce	Q 043 00
Carrots		
	Carrot and Celery Amandine	Q 016 00
	Carrot Slices (Canned)	Q 108 01
	Carrot Slices (Frozen)	Q 108 00
	Carrot Strips (Fresh)	Q 108 03
	Carrots (1/4 Inch Slices) (Fresh)	Q 108 02
	Glazed Carrots	Q 017 01
	Lyonnaise Carrots	Q 017 00
	Orange Carrots Amandine	Q 014 00
Cauliflower		
	Cauliflower (Fresh)	Q 109 02
	Cauliflower (Frozen)	Q 109 00
	Cauliflower Au Gratin	Q 018 00
	Cauliflower Parmesan	Q 024 02
	Cauliflower Polonaise	Q 010 02
	Cauliflower with Cheese Sauce	Q 803 00
	French Fried Cauliflower	Q 020 00
Corn, Cream Style		
	Corn Fritters (Pancake Mix)	Q 021 01
	Corn Fritters	Q 021 00
	Cream Style Corn (Canned)	Q 112 01
	Scalloped Cream Style Corn	Q 023 00
Corn, Whole Kernel		
	Calico Corn	Q 027 00
	Corn and Green Bean Casserole	Q 083 00

	Corn O'Brien	Q 027 01
	Corn on the Cob (Fresh)	Q 111 02
	Corn on the Cob (Frozen)	Q 111 00
	Corn, Whole Kernel (Canned)	Q 110 01
	Corn, Whole Kernel (Frozen)	Q 110 00
	Hacienda Corn and Black Beans	Q 080 00
	Mexican Corn	Q 027 02
	Scalloped Whole Kernel Corn	Q 023 01
	Succotash (Frozen)	Q 124 00
Eggplant		
	Eggplant Parmesan	Q 028 00
	Ratatouille	Q 022 00
Greens		
	Greens, Collard (Fresh)	Q 113 02
	Greens, Collard (Frozen)	Q 113 00
	Greens, Kale (Fresh)	Q 113 03
	Southern Style Greens (Fresh Collards)	Q 029 00
	Southern Style Greens (Fresh Kale)	Q 029 03
	Southern Style Greens (Frozen)	Q 029 01
	Sweet Sour Greens	Q 029 02
Mixed Vegetables		
	Mixed Vegetables (Frozen)	Q 126 00
Mushrooms		
	Mushrooms, Frozen, Breaded	Q 804 00
	Sautéed Mushrooms	Q 030 00
	Sautéed Mushrooms and Onions	Q 030 01
Okra		
	French Fried Okra	Q 020 01
	Okra (Canned)	Q 114 01
	Okra (Frozen)	Q 114 00
	Okra and Tomato Gumbo	Q 031 00
	Okra Melange	Q 503 00
	Okra, Frozen, Breaded	Q 800 00

	Southern Fried Okra	Q 032 00
Onions		
	French Fried Onion Rings	Q 035 00
	French Fried Onion Rings (Frozen)	Q 035 01
	Fried Onions	Q 036 00
	Onions (Canned)	Q 115 01
	Onions (Fresh)	Q 115 02
	Smothered Onions (Dehydrated Onions)	Q 037 00
	Spanish Onions	Q 034 00
	Tempura Fried Onion Rings	Q 035 02
Peas		
	Peas (Canned)	Q 116 01
	Peas (Frozen)	Q 116 00
	Peas and Carrots (Frozen)	Q 127 00
	Peas with Carrots (Frozen)	Q 041 01
	Peas with Celery (Frozen)	Q 041 02
	Peas with Mushrooms (Canned Peas)	Q 041 04
	Peas with Mushrooms (Frozen)	Q 041 00
	Peas with Onions	Q 041 03
Potatoes, Sweet		
	Baked Sweet Potatoes	Q 066 00
	Candied Sweet Potatoes	Q 067 00
	Glazed Sweet Potatoes (Syrup)	Q 067 02
	Glazed Sweet Potatoes	Q 067 01
	Marshmallow Sweet Potatoes	Q 069 02
	Mashed Sweet Potatoes	Q 069 00
	Potatoes, Sweet (Canned)	Q 118 01
	Potatoes, Sweet (Fresh)	Q 118 02
	Scalloped Sweet Potatoes and Apples	Q 013 00
	Sweet Potatoes Southern Style	Q 069 01
Potatoes, White (Canned)		
	Oven Browned Potatoes (Canned)	Q 050 04
	Oven-Glo Potatoes (Canned)	Q 050 03

	Paprika Buttered Potatoes (Canned)	Q 033 03
	Parsley Buttered Potatoes (Canned)	Q 033 02
	Potatoes, White (Canned)	Q 119 01
Potatoes, White, Dehydrated		
	German Potato Griddle Cakes (Dehydrated)	Q 019 00
	Hashed Brown Potatoes (Dehydrated, Diced)	Q 054 04
	Hashed Brown Potatoes (Dehydrated, Sliced)	Q 054 00
	Lyonnais Potato (Dehydrated)	Q 054 01
	O'Brien Potatoes (Dehydrated, Sliced)	Q 054 02
	Potatoes Au Gratin (Dehydrated, Slices)	Q 051 01
	Scalloped Potatoes (Dehydrated, Diced)	Q 055 02
	Scalloped Potatoes (Dehydrated, Sliced)	Q 055 01
	Scalloped Potatoes and Onions (Dehydrated, Sliced)	Q 055 00
Potatoes		
	Baked Potatoes	Q 044 00
	Cajun Oven Fries	Q 801 00
	Cottage Fried Potatoes	Q 046 01
	Deviled Oven Fries	Q 075 00
	Franconia Potatoes	Q 050 01
	French Fried Potatoes	Q 045 00
	Garlic Cheese Potatoes	Q 500 00
	Garlic Roasted Potato Wedges	Q 070 00
	Garlic-Lemon Roasted Potato Wedges	Q 084 00
	Grilled Potato Patties	Q 048 01
	Hacienda Potatoes	Q 079 00
	Hashed Brown Potatoes	Q 046 00
	Home Fried Potatoes	Q 047 00
	Italian Roasted Potatoes	Q 502 00
	Lyonnais Potato	Q 046 03
	Mashed Potatoes	Q 048 00
	O'Brien Potatoes	Q 049 00
	Oven Browned Potatoes	Q 050 00
	Oven-Glo Potatoes	Q 050 02

	Paprika Buttered Potatoes	Q 033 01
	Parsley Buttered Potatoes	Q 033 00
	Potatoes and Herbs	Q 078 00
	Potatoes Au Gratin Using Prepared Sauce	Q 808 00
	Potatoes Au Gratin	Q 051 00
	Potatoes, White (Fresh)	Q 119 02
	Quick Baked Potato Halves	Q 044 01
	Rissole Potatoes	Q 052 00
	Roasted Pepper Potatoes	Q 504 00
	Rosemary Roasted Potato Wedges	Q 071 00
	Scalloped Potatoes and Onions	Q 053 01
	Scalloped Potatoes	Q 053 00
Potatoes, White, Frozen, French Fries		
	Baked Potato Rounds (Precooked)	Q 045 06
	French Fried Potatoes (Frozen)	Q 045 01
	French Fried Potatoes (Frozen, Oven Method)	Q 045 02
	French Fried Shoestring Potatoes (Frozen)	Q 045 03
	French Fried Shoestring Potatoes (Frozen, Oven)	Q 045 04
Potatoes, White, Frozen, Shredded		
	Baked Potato Pancakes (Frozen Shredded Potato)	Q 077 00
	Hashed Brown Potatoes (Frozen, Shredded, 2.5 oz)	Q 046 04
	Hashed Brown Potatoes (Frozen, Shredded, 3 oz)	Q 046 02
Potatoes, White, Instant, Granules		
	Garlic Cheese Potatoes (Instant)	Q 500 01
	Golden Potato Balls (Instant)	Q 056 00
	Grilled Potato Cakes	Q 057 01
	Mashed Potatoes (Instant)	Q 057 00
	Roasted Pepper Potatoes (Instant)	Q 504 01
Potatoes, White, Shredded, Dehydrated		
	Baked Potato Pancakes	Q 077 01
	Hashed Brown Potatoes (Dehydrated, Shredded)	Q 054 03
Potato Mix		
	French Fried Potatoes (Dehydrated Mix)	Q 045 05

Rutabagas (Fresh)		
	Rutabagas (Fresh)	Q 128 00
Sauerkraut		
	German Sauerkraut	Q 059 00
	Sauerkraut (Canned)	Q 120 01
Spinach		
	Club Spinach	Q 060 00
	Spinach (Canned)	Q 121 01
	Spinach (Fresh)	Q 121 02
	Spinach (Frozen)	Q 121 00
	Tangy Spinach	Q 063 00
Squash		
	Baked Hubbard Squash	Q 061 00
	Creole Summer Squash	Q 062 00
	Louisiana Style Smothered Squash	Q 064 00
	Savory Summer Squash	Q 064 01
	Squash and Carrot Medley (Frozen)	Q 074 01
	Squash and Carrot Medley (Fresh)	Q 074 00
	Squash, Fall and Winter (Fresh)	Q 123 02
	Squash, Summer (Fresh)	Q 122 02
	Squash, Summer (Frozen)	Q 122 00
Tomatoes		
	Stewed Tomatoes with Croutons	Q 058 01
	Stewed Tomatoes	Q 058 00
	Tomatoes (Canned)	Q 125 01
Turnips		
	Turnips (Fresh)	Q 129 00
	Turnips and Bacon	Q 040 00
Vegetable Combos		
	Bean Combo	Q 001 02
	Broccoli Combo	Q 001 01
	Brussels Sprouts Combo	Q 001 04
	Cauliflower Combo	Q 001 03

	Corn Combo	Q 001 06
	Green Bean Combo	Q 001 05
	Honey Dijon Vegetables	Q 082 00
	Japanese Vegetable Stir Fry	Q 073 00
	Tempura Vegetables	Q 068 00
	Vegetable Stir Fry Using Frozen Vegetables	Q 809 00
	Vegetable Stir Fry	Q 025 00

MEATLESS ENTRÉE ALTERNATIVES

[Return to Main Index](#)

	Baked Macaroni and Cheese	F 001 00
	Broccoli Quiche (Frozen Eggs and Egg Whites)	F 011 02
	Broccoli Quiche	F 011 01
	Broccoli, Cheese, and Rice	L 075 00
	Cheese Deli Sandwich	N 039 00
	Cheese Pita Pizza	L 171 00
	Cheese Tortellini Marinara (Dehydrated)	L 173 02
	Cheese Tortellini Marinara	L 173 00
	Chilies Rellenos	L 074 00
	Crunchy Vegetable Burrito	N 050 00
	Egg Salad Sandwich	N 010 00
	French Bread Pizza	L 165 08
	Garden Vegetable Wrap	N 046 00
	Grilled Cheese Sandwich	N 006 00
	Italian Broccoli Pasta	L 189 00
	Japanese Vegetable Stir Fry	Q 073 00
	Lasagna (Frozen)	L 804 00
	Manicotti, Frozen	L 841 00
	Monterey Egg Bake	F 014 00
	Mushroom Quiche (Frozen Eggs and Egg Whites)	F 011 03
	Mushroom Quiche	F 011 00
	Mushroom, Green Pepper and Onion Pizza	L 165 02
	Mushroom, Onion, and Green Pepper Pita Pizza	L 171 01
	New York Egg Salad Sandwich (Egg and Tomato)	N 010 01
	Pasta Primavera	L 501 00
	Pizza (12 Inch Frozen Crust)	L 166 00
	Pizza (Pourable Pizza Crust)	L 165 10
	Pizza (Roll Mix)	L 165 06
	Pizza (Thick Crust)	L 165 01
	Pizza	L 165 00
	Potato Frittata	L 175 00
	Rice Frittata	L 174 00

	Southwestern Sweet Potatoes, Black Beans, and Corn	L 196 00
	Southwestern Sweet Potatoes, Black Beans, Corn (Canned)	L 196 01
	Spinach Lasagna	L 009 00
	Spinach Tortellini Marinara (Frozen)	L 173 01
	Vegetable Curry with Rice	L 203 00
	Vegetable Lasagna	L 508 00
	Vegetable Stir Fry	Q 025 00
	Vegetable Stuffed Peppers	L 176 00
	Vegetarian Burrito	L 507 00
	Vegetarian Hearty Burger	N 051 00
	Veggie Egg Pocket	F 013 00
	Western Sandwich (Denver)	N 018 00