## Weekly Time Management

|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 6:00a |  |  |  |  |  |  |  |
| 6:30a |  |  |  |  |  |  |  |
| 7:00a |  |  |  |  |  |  |  |
| 7:30a |  |  |  |  |  |  |  |
| 8:00a |  |  |  |  |  |  |  |
| 8:30a |  |  |  |  |  |  |  |
| 9:00a |  |  |  |  |  |  |  |
| 9:30a |  |  |  |  |  |  |  |
| 10:00a |  |  |  |  |  |  |  |
| 10:30a |  |  |  |  |  |  |  |
| 11:00a |  |  |  |  |  |  |  |
| 11:30a |  |  |  |  |  |  |  |
| 12:00p |  |  |  |  |  |  |  |
| 12:30p |  |  |  |  |  |  |  |
| 1:00p |  |  |  |  |  |  |  |
| 1:30p |  |  |  |  |  |  |  |
| 2:00p |  |  |  |  |  |  |  |
| 2:30p |  |  |  |  |  |  |  |
| 3:00p |  |  |  |  |  |  |  |
| 3:30p |  |  |  |  |  |  |  |
| 4:00p |  |  |  |  |  |  |  |
| 4:30p |  |  |  |  |  |  |  |
| 5:00p |  |  |  |  |  |  |  |
| 5:30p |  |  |  |  |  |  |  |
| 6:00p |  |  |  |  |  |  |  |
| 6:30p |  |  |  |  |  |  |  |
| 7:00p |  |  |  |  |  |  |  |
| 7:30p |  |  |  |  |  |  |  |
| 8:00p |  |  |  |  |  |  |  |
| 8:30p |  |  |  |  |  |  |  |
| 9:00p |  |  |  |  |  |  |  |
| 9:30p |  |  |  |  |  |  |  |


|  | $\square$ | $\square$ | - |  |  | , |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

