



PERSONAL FITNESS TRAINING

**Full or Part Time Careers • Flexible Hours • Supplemental Income
Personal Fulfillment • Entrepreneurship**

**Montgomery College Germantown Campus
Saturdays, October 11–November 15, 2014**

9 a.m.–4 p.m.

Course #: SMB 337 • CRN #: 25854

This intensive course will train you to work with individuals who have no apparent physical limitations or special medical needs, to improve their overall health and fitness for a better quality of life. The course focuses on anatomy, exercise physiology, and kinesiology. You will learn key hands-on techniques by practicing and mastering the practical skills used by personal trainers. *Additionally:* CPR/AED and a 30-hour internship must be completed to receive the certificate. **Online Orientation Session recommended.**

\$284 + \$312 fee = \$596; Non-Md. residents add \$250
Tuition waiver applies; seniors pay fee only.

To register visit

**www.montgomerycollege.edu/wdce
or call 240-567-5188.**

To order textbook and start the required reading
or for course details, please contact W.I.T.S. at
888-330-9487 or visit
www.witseducation.com.

Sign Up Today! Seating is Limited and Classes start soon!

