

The Big To Do

Today

Grocery: Green Onions, Stew Meat,
celery, apples, bananas,
boneless chuck roast,

TOMORROW

By the End of the Week

NOTES:

MY
LIFE
PURPOSE
&
BEING



Things Completed Today

Menu for the Week:

- Mon: Beef Stew
- Tue: Sesame Chicken
- Wed: Spaghetti and meatballs
- Thur: Steak & Sweet Potatoes
- Fri: Halloween!!!