GENERAL RELEASE AND HOLD HARMLESS AGREEMENT

I,, desire to participate in this physical fitness
event (hereinafter collectively referred to as the "Activities") operated or sponsored by
Hunger Response Int. (hereinafter referred to as the "Event Organizers").
I understand and acknowledge that the Event Organizers will not allow me to participate
in the Activities without releasing and holding the Event Organizers harmless from any
liability arising out of my participation in the Activities. I have investigated the risks
involved in my participation in the Activities and fully understand and assume any and al
risks associated with the event; including but not limited to, falls, contact with other persons
or objects, the effects of weather, traffic and course conditions.
AS A CONDITION OF MY VOLUNTEERING FOR THIS EVENT, I, FOR MYSELF
ANY ACCOMPANYING MINORS, AND ANYONE ENTITLED TO ACT ON MY
BEHALF, WAIVE AND RELEAVE HUNGER RESPONSE INT., ANY ASSOCIATED
OR RELATED ENTITIES, THEIR DIRECTOR, OFFICERS, EMPLOYES, AGENTS
REPRESENTATIVES, SPONSORS, VOLUNTEERS, AND ORGANIZERS (HEREIN
COLLECTIVELY CALLED "EVENT ORGANIZERS"), FROM PRESENT AND
FUTURE CLAIMS AND ALL LIABILITIES OF ANY KIND, KNOWN OF
UNKNOWN, ARISING OUT OF MY PARTICIPATION IN THIS EVENT OF
RELATED ACTIVITIES, EVEN THOUGH SUCH CLAIM OR LIABILITY MAY ARISE
OUT OF NEGLIGENCE OR FAULT ON THE PART OF THE EVENT ORGANIZERS
I AGREE THAT THE EVENT ORGANIZERS SHALL NOT BE LIABLE FOR ANY
PERSONAL INJURY, DEATH OR PROPERTY LOSS, AND I RELEASE THE EVENT
ORGANIZERS TO USE OR AUTHORIZE OTHERS TO USE ANY PHOTOGRAPHS
MOTION PICTURES, OR ANY OTHER RECORD OF MY VOLUNTEERING FOR
THIS EVENT OR RELATED ACTIVITIES WITH REMUNERATION.
This Agreement is binding on my heirs, successors, and personal representatives.
Dated: Signed: