

PACKING LIST

MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
HOME STATE S-1 / ADMIN ISSUED ITEMS			
1 each	Identification Card, Military		
1 Pair	Tags, Personnel ID w/Chain		
1 each	Drivers License (Mil/Civ)		
5 each	Orders, Annual Training	For Phase 1	
ISSUED CLOTHING			
2 each	Belt, Trousers		
2 each	Buckle, Belt Black		
2 pair	Boots, Combat, Desert		
2 each	Cap, ACU		
1 Pair	Gloves, Shell, Black w/ inserts		
5 each	Coat, ACU		
1 each	Jacket, IPFU		
1 each	Pants, IPFU		
1 each	Shirt, long sleeve, IPFU		
2 each	Shirt, short sleeve, IPFU		
2 each	Shorts, black, IPFU		
1 each	Cap, grey fleece		
10 pair	Socks, Wool, boot (green or black)		
5 Pair	Trousers, ACU		
6 each	Undershirt, Sand		
1 each	Top, underwear, Polypropylene		
1 each	Bottom, underwear, Polypropylene		
Individual Equipment			
1 each	Bag, Duffel		
1 each	Bag, Sleeping		
1 each	Bag, Waterproof		
1 each	Bag, Laundry		
1 each	Belt, Individual Equipment		
2 each	Canteen, Water, Plastic (1qt)		
1 each	LBV		
1 each	Compass, Lensatic with case & Lanyard	Will be issued at Phase 0	
2 each	Cover, Canteen		
1 each	Entrenching tool w/ carrier		
1 each	Flashlight, (w/ all lenses and batteries)		
1 each	Frame, Strap, Shoulder (ALICE)		
1 each	Helmet, (Kevlar or ACH) without cover		
1 each	Poncho		
1 each	Liner, Poncho		
1 pair	Elbow Pads		

1 each	Eye Protection		
1 pair	Knee Pads		
1 each	Mat, Sleeping		
1 each	Ruck, ALICE, with frame (recommend Lg)		
HOME STATE ISSUED ITEMS			
1 each	Bee- Sting Allergy Kit (by prescription)		
MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
1 Pair	Plug, Ear w/case		
2 each	Coordinate Scale and Protractor	Will be issued at Phase 0	
COMMON ITEMS			
2 pair	Laces, Combat Boot (Spares)		
5 pair	Socks, White, Running (no logos, length, must cover ankle bone		
1 Kit	Toilet Articles: Toothbrush, toothbrush case, toothpaste, soap, soap dish, shaving gear, mirror, comb or small brush, feminine hygiene articles, dental floss, mouthwash, antiperspirant		
4 each	Towel, Bath, White or Brown		
2 each	Washcloth, White or Brown		
6 each	Underwear		
1 each	Watch, Wrist		
3 each	Padlock		
10 each	Coat Hangers		
10 each	Bag, Zip-Lock, Plastic (Assorted sizes)		
3 each	Pen, Black, Ball Point		
1 each	Ruler, 12"		
1each	Sewing Kit		
2 each	Book, Memo 3.5"x4.5"		
3 each	Pen, Black, Ball Point		
2 each	Pencil		
1each	Foot Powder		
1 each	Insect Repellent		
1 each	Lipstick, Anti-Chap		
3 each	Brassier, Athletic/Sports Type (Female)		
1 Pair	Shoes, Running		
1 Pair	Shoes, shower		
	Money to cover incidental expenses - do not bring excessive amounts of money to training		

-
1. Tobacco products, to include smokeless
 2. Alcohol
 3. Any supplements taken to enhance performance
 4. Medication not prescribed by a Physician
 5. Cosmetics

 6. Hair nets and curlers
 7. Perfumes, colognes, or after-shave
 8. Body sprays
 9. Digital/Tape recorders, CD players, MP3 Players, radios
 10. Portable TV/DVD players

 11. Cellular phones
 12. Pagers, beepers
 13. Laptop/ palmtop computers
 14. Global positioning devices
 15. Magazines / Newspapers
 16. Knives over 3 inches to include bayonets
 17. Perfumed or scented lotions
 18. Adult Material of any kind
 19. Vitamins