

# McCaffrey Initial Pain Assessment Tool

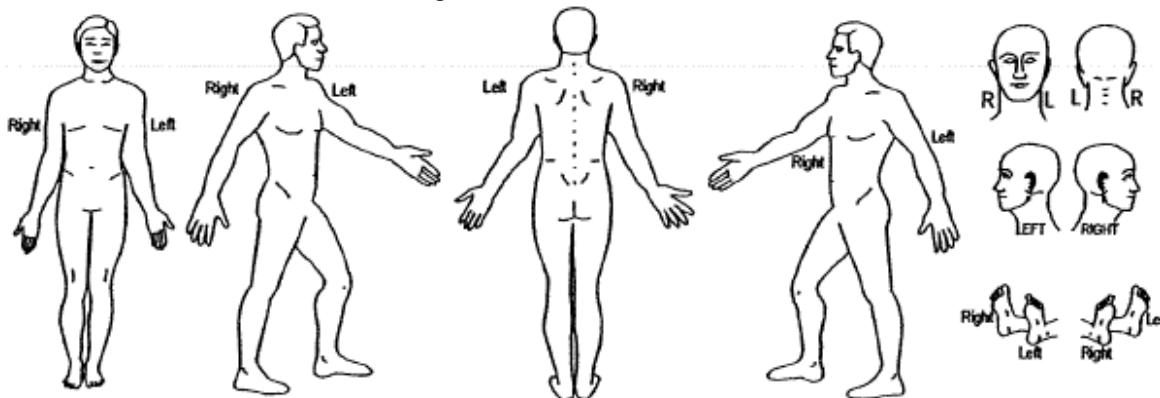
## Introduction

The McCaffrey Initial Pain Assessment Tool can be used to guide health care professionals through an initial assessment of patient pain. This tool includes diagrams of the human body to help patients locate the pain they experience as well as questions to prompt the patient to describe the intensity, quality, causes, effects, and contributing factors of the pain.

## McCaffrey Initial Pain Assessment Tool

Patient's Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_  
 Diagnosis \_\_\_\_\_ Room \_\_\_\_\_  
 Physician \_\_\_\_\_  
 Nurse \_\_\_\_\_

1. LOCATION: Patient or nurse marks drawing.



2. INTENSITY: Patient rates the pain. Scale used \_\_\_\_\_

Present: \_\_\_\_\_

Worst pain gets: \_\_\_\_\_

Best pain gets: \_\_\_\_\_

Acceptable level of pain: \_\_\_\_\_

3. QUALITY: (Use patient's own words, e.g., prick, ache, burn, throb, pull sharp) \_\_\_\_\_

4. ONSET, DURATION, VARIATIONS, RHYTHMS: \_\_\_\_\_

5. MANNER OF EXPRESSING PAIN? \_\_\_\_\_

6. WHAT RELIEVES THE PAIN? \_\_\_\_\_

7. WHAT CAUSES OR INCREASES THE PAIN? \_\_\_\_\_

8. EFFECTS OF PAIN: (Note decreased function, decreased quality of life.)

Accompanying symptoms (e.g., nausea) \_\_\_\_\_

Sleep \_\_\_\_\_

Appetite \_\_\_\_\_

Physical activity \_\_\_\_\_

Relationship with others (e.g., irritability) \_\_\_\_\_

Emotions (e.g., anger, suicidal, crying) \_\_\_\_\_

Concentration \_\_\_\_\_

Other \_\_\_\_\_

9. OTHER COMMENTS: \_\_\_\_\_

10. PLAN: \_\_\_\_\_

May be duplicated for use in clinical practice. From McCaffery M, Pasero C: Pain: Clinical manual, p. 60. Copyright ©1999, Mosby, Inc.

Permission granted to modify or adopt provided written credit given to  
McCaffery M, Pasero C: Pain: Clinical Manual, St. Louis, Mosby, ed.2, 1999.