Track:Improving Patients' Experiences With CareSession:Using H-CAHPS To Drive SystemwideImprovements.

**Date & Time**: April 20, 2010, 2:15 pm **Track Number**: CAHPS T2– S3-3

> KAISER PERMANENTE.
>  Kaiser Permanente's Experience with Patient Satisfaction and Service Improvement
>  APRESENTATION TO: The CAHPS / SOP User Group Meeting
>  Esther Burlingame, Director, Service Performance and Strategy

#### NATIONAL SERVICE QUALITY making lives better.

#### **Presentation Outline**

- Overview of Kaiser Permanente
- Brief history of HCAHPS survey initiative
- Service improvement journey
- Challenges

# Our Membership and Geographic Coverage



Membership data a/o 06/30/2007

Kaiser Permanente is a nonprofit organization with 8.6 million members programwide.



# **Our Facilities and Physicians/Staff**

- Medical Offices: 431
- Medical Centers/Hospitals: 36

- 13 Southern California, 21 Northern California, 1 Northwest, 1 Hawaii

- **Physicians:** ~14,600
- Employees: ~167,300

## **Our Mission and Values**

Kaiser Permanente's mission is to provide high-quality, affordable healthcare services to improve the health of our members and the communities we serve.





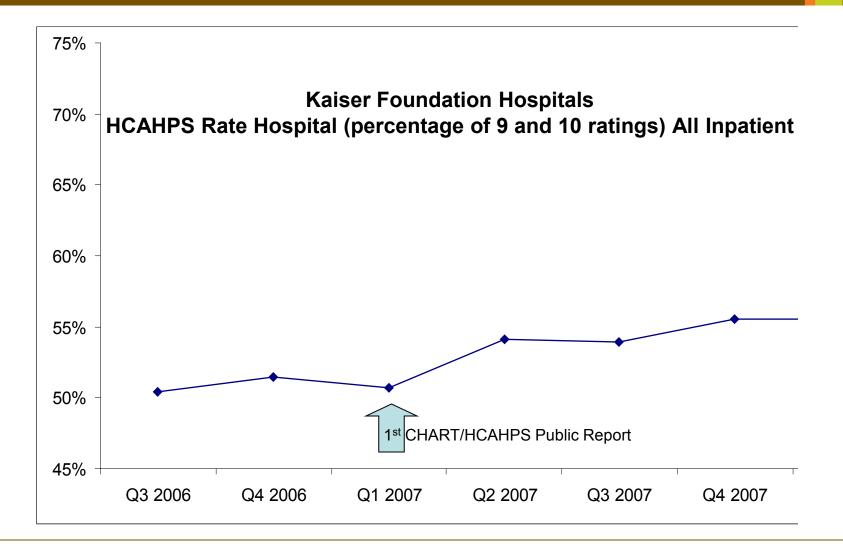
# **Brief History: Inpatient Focus at Kaiser**

- 2001 PEP-C
- 2005 Participated as HCAHPS pilot site
- 2006 Commitment to census sampling to be able to provide measurement at the unit level
- 2007 Monthly unit level reporting on website
  - CHART public reporting
- 2008 Changed vendors
  - CMS public reporting decision to use national benchmarks

# **Trends in Health Care**

- Three key trends in health care set the stage for our story today
  - Evidence-based medicine movement
    - Being clear about what works and what doesn't work, and why
  - From provider-centered to patient-centered care
    - Increasing importance of patient/customer perspective
  - Value-based purchasing
    - Push for public reporting and pay based on service and quality

# **HCAHPS Journey - Rate Hospital**



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## **Service Improvement Journey**

- Commitment to service improvement framework
- Development of evidence-based key drivers
- Aligned goals with measurable outcomes
- Engaged workforce Unit Based Teams
   Performance improvement methodology
- Development and deployment of tools and tactics
- Commitment to patient-family centeredness

#### **Service Improvement Framework**

Our approach is based on attributes of high-performing organizations and integrates Performance Improvement and Service and Organizational Excellence.





# Service Roadmap: Drivers of Service

Goal/Aim	Service Components	Service Drivers	
	Leadership and	Leadership Focus & Development	
		Performance Accountability & Alignment	
	Culture	People Engagement	
		Nurse Communication / Compassion	
		Environment – Clean & Quiet	
Market Leading CAHPS Performance and World Class Hospital Performance	Member/Patient Experience – Hospital Care	Staff Responsiveness	
		Comfort/Pain	
		Problem Resolution / Service Recovery	
		Coordination / Flow	
		Primary Care Access	
	Member/Patient Experience – Ambulatory Care	Specialty Care Access	
		Patient – Physician Relationship	
		Phone Service & E-Connectivity	
		Total Visit Experience	
		New Member Integration	
	Member/Patient Experience – Health Plan	Member Marketing Communications	
		Member Services	
		Claims Processing	

### **Hospital Service Key Drivers and Initiatives**

Service Component	Key Drivers	Focus Areas & Initiatives	
	Nurse Communication / Compassion	<ul> <li>Purposeful Hourly Rounding on Patients</li> <li>Nurse Knowledge Exchange / Care Boards</li> <li>Nurse Communication Skills - CARE</li> <li>Patient-Centered Relationships</li> <li>Culturally Sensitive Care</li> <li>Nursing Vision and Values</li> <li>Noise Abatement/"Quiet at Night" Campaigns</li> <li>Environmental Standards Defined</li> <li>Housekeeping Communication Tools</li> <li>UBT Initiatives – EVS, Facilities, etc.</li> <li>Purposeful Hourly Rounding on Patients</li> <li>Call Light Responsiveness/Phone Systems</li> <li>Teamwork: Coordination Across the Continuum</li> </ul>	
Member / Patient Experience – Hospital / Inpatient	Environment – Clean & Quiet		
	Staff Responsiveness		
	Problem Resolution / Service Recovery	<ul> <li>Service Recovery Training with A-HEART</li> <li>Manager Rounding on New Admits and Discharges</li> </ul>	
	Coordination / Flow	<ul> <li>ED Door-to-Floor Throughput</li> <li>Hospital Throughput Initiatives</li> <li>MD/RN Bedside (Discharge) Rounds</li> <li>Discharge Scheduling/Coordination</li> <li>Hand-Off Management Initiatives</li> <li>Discharge Phone Calls</li> </ul>	
	Comfort / Pain	<ul> <li>Purposeful Hourly Rounding on Patients</li> <li>Pain Management Initiatives</li> <li>Culturally Sensitive Care</li> </ul>	



#### Service and Organizational Excellence Overview

Sequence	Aligned Leadership (launching)	Aligned Culture (engaging)	Aligned Behaviors (standardizing)	Aligned Processes (sustaining)
Timeframe	6 months	6-12 months	12-24 months	ongoing
6	Goal Cascading	Rounding	Communication Skills	Hiring
<b>Tactics</b>	Accountability	Recognition	Patient Rounding	Onboarding
Tac		Standards	Pre- & Post-Calls	Performance
		Coaching		Management

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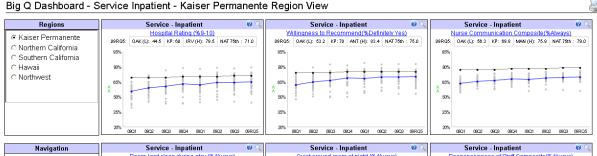
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# **Aligned Leadership and Goals**

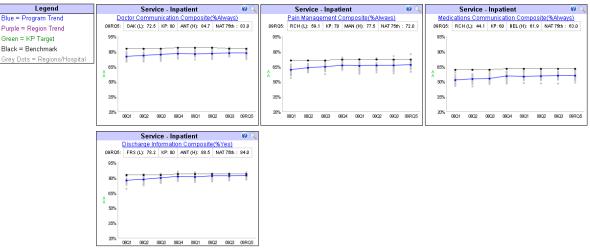
- Ambitious, challenging goals
   National 75th percentile
- Cascaded and visible throughout the organization
  - National Senior Leadership
    - Regional Leadership
      - Hospital Leadership to front-line managers and labor partners
- Measure performance at all levels web-based access to data
- Performance and incentive goals

# **Increased Transparency**

- All 10 HCAHPS Measures
- Top level view shows overall trend
- Dots indicate individual hospital performance
- Goal is to improve performance and decrease variation
- Ability to drill down by region, hospital measure, and compare to national percentiles







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#### Hospital Service Performance by Region and Medical Center

Performance is trended and reported compared to national percentiles.

# UP TO THE MINUTE DATA WILL BE PRESENTED

# **Using the Voice of the Patient**

- Patient comments are transcribed
- Comments are reviewed by unit managers and shared with staff
- Qualitative and quantitative data

...your staff was friendly, helpful as well as professional in every way. We will never forget the kindness of a recovery nurse named Melody. She was everything you would wish a nurse to be...You are to be commended for a team that works well together for the comfort and good of the patient and their family.

Anonymous patient, Los Angeles Medical Center, 10/20/09



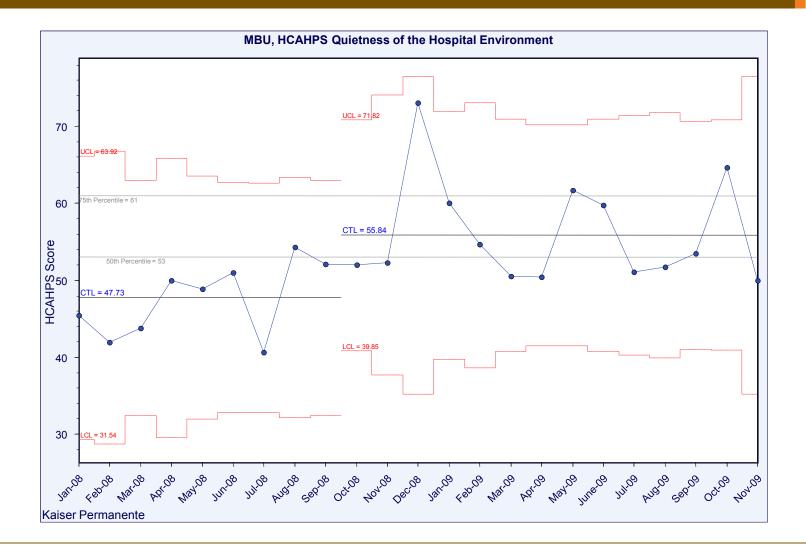
# **Aligned Culture - Engaged Front-Line Staff**

## **Unit Based Teams**

- Engaged front-line staff working on service
- Utilizing performance improvement methodology
- Successful projects include:
  - Quiet at night
  - Cleanliness
  - Nurse communication
  - Pain management
- Spread successful practices



## **Unit Based Team Measures Performance**



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# Aligned Behaviors – Tools for Change

- Building Trust & Confidence
  - Focuses on self introduction, handoffs, and "managing up"
- The Right Words at the Right Times
  - Breaks down the notion of key words into a structured and methodical approach

#### Communicating with CARE

C- Connect, A- Ask, R- Respond, E- Educate

#### Service Recovery with A-HEART

- A- Apologize, H- Hear, E- Empathize, A- Ask, R- Resolve, T- Thank
- Introduces tools and practice for service recovery situations
- Builds confidence in dealing with difficult situations
- Builds patient loyalty









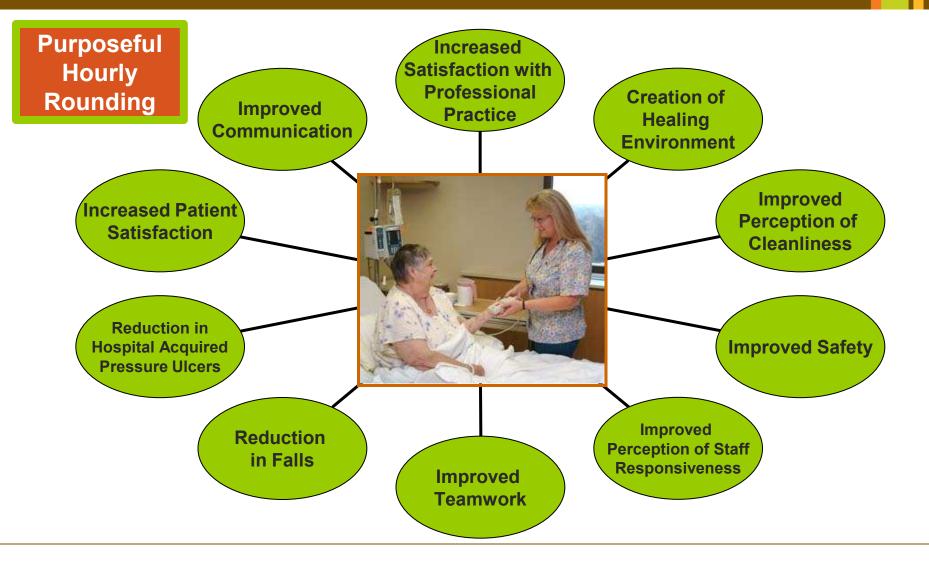


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# **Determining Focus Areas**

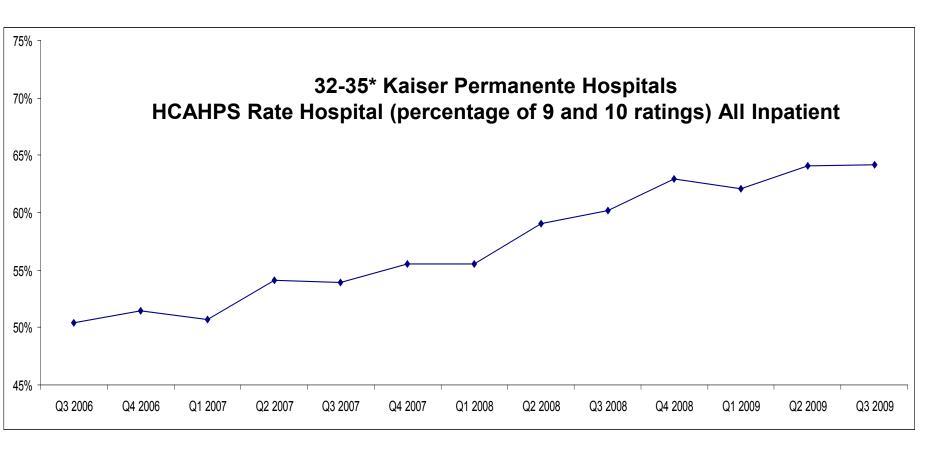
- All HCAHPS dimensions are important from a quality perspective
- Focus on gaps to external benchmarks
- Pushing scores down to accountable units
- Implement evidence-based practices that impact more than one measure

# One Practice That Influences Many Opportunities...



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#### **HCAHPS Journey - Where We Are Now**



\*Number of hospitals has increased from 32 to 35 since 2006



# Challenges

- Lack of National Service-line benchmarks
- Public reporting of HCAHPS data
  - Various methodologies
    - Consumer Reports
    - CHART
    - CMS

## **Keys to Success**

- Senior leadership commitment to service excellence
  - Census sampling
- Aligned, cascading goals
- Engaged front-line staff
  - Unit level data
- Accountability for outcomes

*"Execution is the major job of a leader and must be the core element of an organization's culture."* 

- Bossidy & Charan



#### **Special Thanks to:**

- Deborah Romer, Vice President, National Service Quality
- Robert S. Mangel, Ph.D., Senior Manager, Service Quality Research
- Stephanie A. Fishkin, Ph.D., Senior Consultant, Center for Health Care Analytics

### **For More Information**

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