Track:Improving Patients' Experiences With CareSession:Using H-CAHPS To Drive SystemwideImprovements.

Date & Time: April 20, 2010, 2:15 pm **Track Number**: CAHPS T2– S3-3

> KAISER PERMANENTE.
> Kaiser Permanente's Experience with Patient Satisfaction and Service Improvement
> APRESENTATION TO: The CAHPS / SOP User Group Meeting
> Esther Burlingame, Director, Service Performance and Strategy

NATIONAL SERVICE QUALITY making lives better.

Presentation Outline

- Overview of Kaiser Permanente
- Brief history of HCAHPS survey initiative
- Service improvement journey
- Challenges

Our Membership and Geographic Coverage



Membership data a/o 06/30/2007

Kaiser Permanente is a nonprofit organization with 8.6 million members programwide.



Our Facilities and Physicians/Staff

- Medical Offices: 431
- Medical Centers/Hospitals: 36

- 13 Southern California, 21 Northern California, 1 Northwest, 1 Hawaii

- **Physicians:** ~14,600
- Employees: ~167,300

Our Mission and Values

Kaiser Permanente's mission is to provide high-quality, affordable healthcare services to improve the health of our members and the communities we serve.





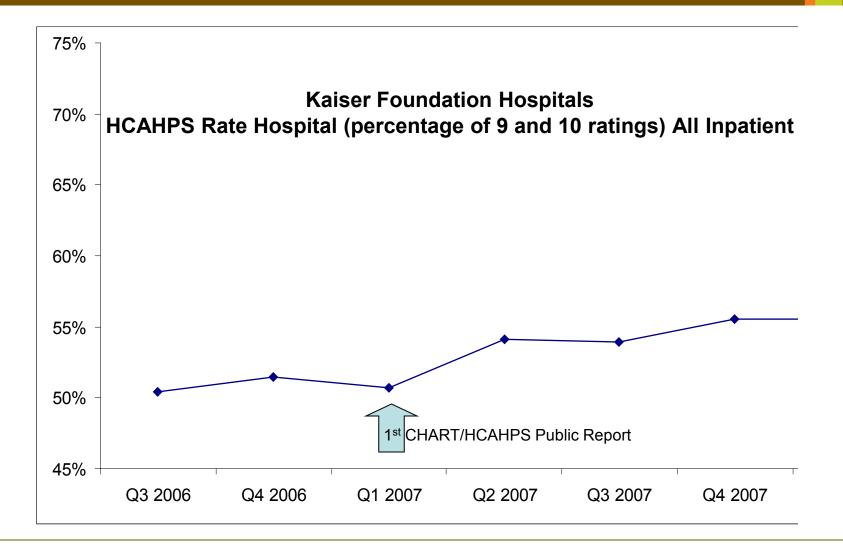
Brief History: Inpatient Focus at Kaiser

- 2001 PEP-C
- 2005 Participated as HCAHPS pilot site
- 2006 Commitment to census sampling to be able to provide measurement at the unit level
- 2007 Monthly unit level reporting on website
 - CHART public reporting
- 2008 Changed vendors
 - CMS public reporting decision to use national benchmarks

Trends in Health Care

- Three key trends in health care set the stage for our story today
 - Evidence-based medicine movement
 - Being clear about what works and what doesn't work, and why
 - From provider-centered to patient-centered care
 - Increasing importance of patient/customer perspective
 - Value-based purchasing
 - Push for public reporting and pay based on service and quality

HCAHPS Journey - Rate Hospital



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Service Improvement Journey

- Commitment to service improvement framework
- Development of evidence-based key drivers
- Aligned goals with measurable outcomes
- Engaged workforce Unit Based Teams
 Performance improvement methodology
- Development and deployment of tools and tactics
- Commitment to patient-family centeredness

Service Improvement Framework

Our approach is based on attributes of high-performing organizations and integrates Performance Improvement and Service and Organizational Excellence.





Service Roadmap: Drivers of Service

Goal/Aim	Service Components	Service Drivers	
	Leadership and	Leadership Focus & Development	
		Performance Accountability & Alignment	
	Culture	People Engagement	
		Nurse Communication / Compassion	
		Environment – Clean & Quiet	
Market Leading CAHPS Performance and World Class Hospital Performance	Member/Patient Experience – Hospital Care	Staff Responsiveness	
		Comfort/Pain	
		Problem Resolution / Service Recovery	
		Coordination / Flow	
		Primary Care Access	
	Member/Patient Experience – Ambulatory Care	Specialty Care Access	
		Patient – Physician Relationship	
		Phone Service & E-Connectivity	
		Total Visit Experience	
		New Member Integration	
	Member/Patient Experience – Health Plan	Member Marketing Communications	
		Member Services	
		Claims Processing	

Hospital Service Key Drivers and Initiatives

Service Component	Key Drivers	Focus Areas & Initiatives	
	Nurse Communication / Compassion	 Purposeful Hourly Rounding on Patients Nurse Knowledge Exchange / Care Boards Nurse Communication Skills - CARE Patient-Centered Relationships Culturally Sensitive Care Nursing Vision and Values Noise Abatement/"Quiet at Night" Campaigns Environmental Standards Defined Housekeeping Communication Tools UBT Initiatives – EVS, Facilities, etc. Purposeful Hourly Rounding on Patients Call Light Responsiveness/Phone Systems Teamwork: Coordination Across the Continuum 	
Member / Patient Experience – Hospital / Inpatient	Environment – Clean & Quiet		
	Staff Responsiveness		
	Problem Resolution / Service Recovery	 Service Recovery Training with A-HEART Manager Rounding on New Admits and Discharges 	
	Coordination / Flow	 ED Door-to-Floor Throughput Hospital Throughput Initiatives MD/RN Bedside (Discharge) Rounds Discharge Scheduling/Coordination Hand-Off Management Initiatives Discharge Phone Calls 	
	Comfort / Pain	 Purposeful Hourly Rounding on Patients Pain Management Initiatives Culturally Sensitive Care 	



Service and Organizational Excellence Overview

Sequence	Aligned Leadership (launching)	Aligned Culture (engaging)	Aligned Behaviors (standardizing)	Aligned Processes (sustaining)
Timeframe	6 months	6-12 months	12-24 months	ongoing
6	Goal Cascading	Rounding	Communication Skills	Hiring
Tactics	Accountability	Recognition	Patient Rounding	Onboarding
Tac		Standards	Pre- & Post-Calls	Performance
		Coaching		Management

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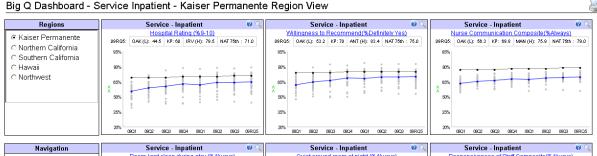
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Aligned Leadership and Goals

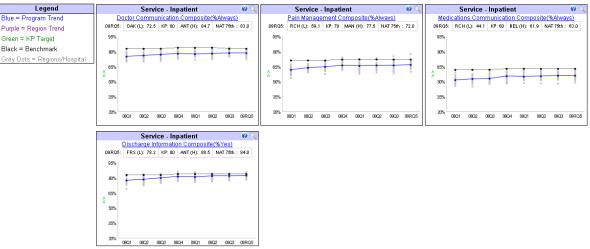
- Ambitious, challenging goals
 National 75th percentile
- Cascaded and visible throughout the organization
 - National Senior Leadership
 - Regional Leadership
 - Hospital Leadership to front-line managers and labor partners
- Measure performance at all levels web-based access to data
- Performance and incentive goals

Increased Transparency

- All 10 HCAHPS Measures
- Top level view shows overall trend
- Dots indicate individual hospital performance
- Goal is to improve performance and decrease variation
- Ability to drill down by region, hospital measure, and compare to national percentiles







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Hospital Service Performance by Region and Medical Center

Performance is trended and reported compared to national percentiles.

UP TO THE MINUTE DATA WILL BE PRESENTED

Using the Voice of the Patient

- Patient comments are transcribed
- Comments are reviewed by unit managers and shared with staff
- Qualitative and quantitative data

...your staff was friendly, helpful as well as professional in every way. We will never forget the kindness of a recovery nurse named Melody. She was everything you would wish a nurse to be...You are to be commended for a team that works well together for the comfort and good of the patient and their family.

Anonymous patient, Los Angeles Medical Center, 10/20/09



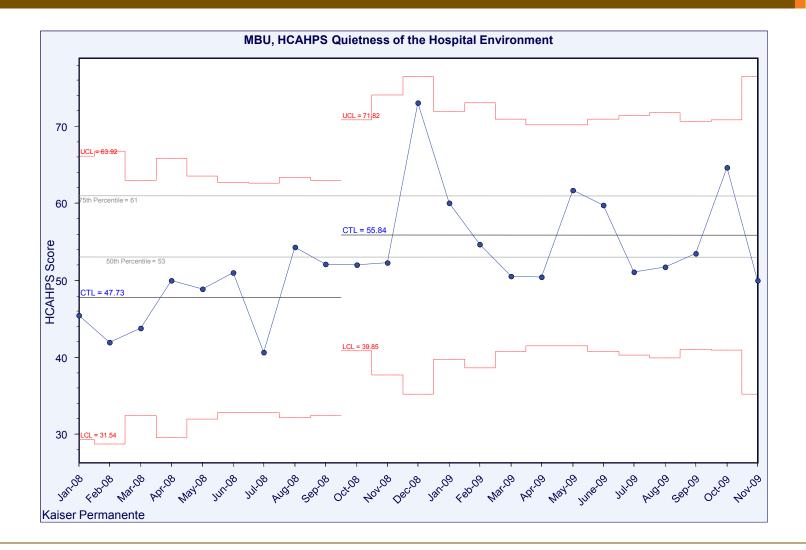
Aligned Culture - Engaged Front-Line Staff

Unit Based Teams

- Engaged front-line staff working on service
- Utilizing performance improvement methodology
- Successful projects include:
 - Quiet at night
 - Cleanliness
 - Nurse communication
 - Pain management
- Spread successful practices



Unit Based Team Measures Performance



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Aligned Behaviors – Tools for Change

- Building Trust & Confidence
 - Focuses on self introduction, handoffs, and "managing up"
- The Right Words at the Right Times
 - Breaks down the notion of key words into a structured and methodical approach

Communicating with CARE

C- Connect, A- Ask, R- Respond, E- Educate

Service Recovery with A-HEART

- A- Apologize, H- Hear, E- Empathize, A- Ask, R- Resolve, T- Thank
- Introduces tools and practice for service recovery situations
- Builds confidence in dealing with difficult situations
- Builds patient loyalty









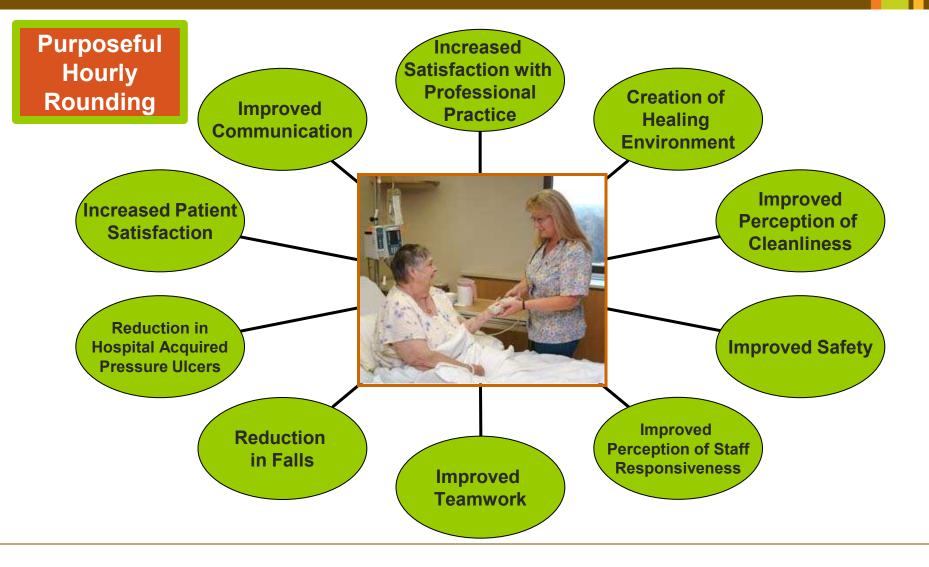


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Determining Focus Areas

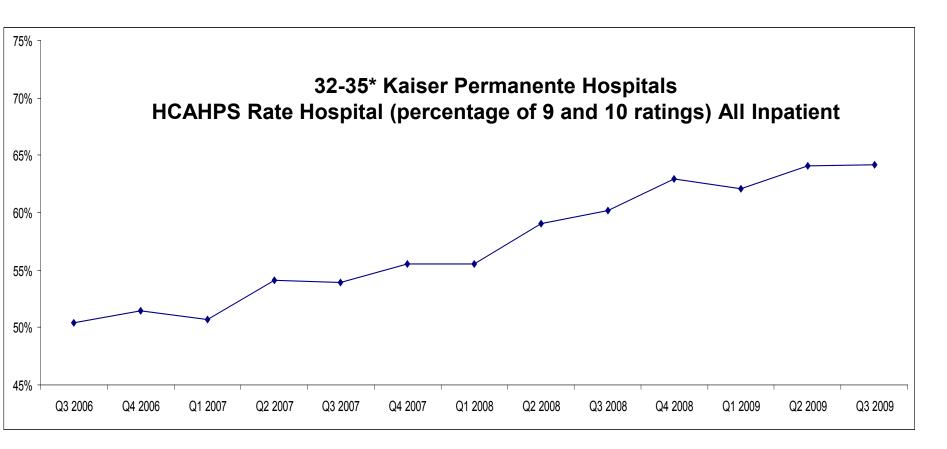
- All HCAHPS dimensions are important from a quality perspective
- Focus on gaps to external benchmarks
- Pushing scores down to accountable units
- Implement evidence-based practices that impact more than one measure

One Practice That Influences Many Opportunities...



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HCAHPS Journey - Where We Are Now



*Number of hospitals has increased from 32 to 35 since 2006



Challenges

- Lack of National Service-line benchmarks
- Public reporting of HCAHPS data
 - Various methodologies
 - Consumer Reports
 - CHART
 - CMS

Keys to Success

- Senior leadership commitment to service excellence
 - Census sampling
- Aligned, cascading goals
- Engaged front-line staff
 - Unit level data
- Accountability for outcomes

"Execution is the major job of a leader and must be the core element of an organization's culture."

- Bossidy & Charan



Special Thanks to:

- Deborah Romer, Vice President, National Service Quality
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- Stephanie A. Fishkin, Ph.D., Senior Consultant, Center for Health Care Analytics

For More Information

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