

## PHAP provides free resources for Airmen, families

By Senior Airman Shen-Chia McHone  
445th Airlift Wing Public Affairs

Asking for help isn't always easy if you don't know where to get the help you need, but the Air Force Reserve has the solution.

Reservists and their families are able to receive help for physical, mental and emotional needs through the Air Force Reserve Psychological Health Advocacy Program.

PHAP is a free resource referral service that provides support for a variety of needs such as financial help, educational funds from the Yellow Ribbon program, marital counseling, grief support and more.

"Our job is to advocate for servicemembers and their families by navigating through the complexities of different services available," said Jennifer Wedel, PHAP case facilitator. "People may feel overwhelmed when they're stressed out or think their problem is hopeless



without a solution, and that is why we are here to help."

Referring people to mental health isn't the only thing PHAP handles. Whether a Reservist needs therapy after deployment, a spouse needs assistance finding a job, or a servicemember needs a morale call from time to time, PHAP makes it

a priority to try and resolve issues before they ever get worse.

"Our goal is to help resolve issues at the lowest level to promote a healthy and mentally well-rounded person," said Claire Webb, PHAP outreach specialist. "When you're having struggles, we want to help you get back on track. Whether you're feeling suicidal or having relationship issues, we're here to help keep your life in balance."

PHAP has books, materials and specialists available at building 4014 in room 121, but they are able to provide assistance across the country.

"Don't be afraid to ask for help because it really can make a difference for you, your family and your career," said Wedel.

For information or assistance, contact the PHAP Office at (937) 257-2396 or Jennifer Wedel at (937) 470-5544. Email contact is [AFRC.PHAP@us.af.mil](mailto:AFRC.PHAP@us.af.mil).

## Eighth C-17 arrives at the 445th Airlift Wing

By Stacy Vaughn  
445th Airlift Wing Public Affairs

The 445th Airlift Wing received its eighth C-17 Globemaster III, tail number 6004, on a snowy day in Ohio Jan. 13 from Joint Base Charleston, S.C., completing its required inventory of eight.

According to Lt. Col. Richard Klarich, 445th Operations Group C-17 Program Integration

Office, the wing will receive its ninth C-17 in February. The ninth will be a backup aircraft inventory tail. Eight is the standard for a unit equipped squadron, such as the 445th AW.

"We were allowed to ask for a ninth tail, even though our manning ratios are based on eight tails, Klarich said.

Lt. Col. William Gorczynski, 445th Operations Group chief of standardizations and evaluations and C-17 pilot, along with C-17 aircraft commander Capt. Kristopher Herman, 89th Airlift Squadron, were the pilots on the flight and were joined by 89th AS loadmaster Master Sgt. Roberto Garcia to bring

the plane home to the wing.

"This has been a great experience. This is my third C-17 pick up for the wing. I flew two in from McChord (Air Force Base) and this one from Charleston," Gorczynski said.

The aircraft is no stranger to Herman. He  
—— See C-17, page 5

# Vice commander extends thanks for warm welcome

By Col. Michael Major

445th Airlift Wing Vice Commander

Thanks 445th for a great welcome! I've only been part of the wing for 10 days, but thanks to each of you whom I've met and had the pleasure to work with already, I feel right at home. I can already see that the reputation for excellence this wing has around Air Force Reserve Command and our Air Force is well deserved.



I have been very impressed with every member of the wing from my inprocessing in the force support squadron and the medical squadron, to working with quality assurance and logistics readiness squadron in the maintenance group, the crews and support folks handling my C-17 training in the operations group and all the experts from across the wing during our trip to March Air Reserve Base for Operational Readiness Inspection prep.

Also, a special thanks to the

wing staff for getting me right onto the horse. I realize I have big shoes to fill, but plan on getting to know each of you and hopefully being an asset to you, your squadron and this great wing!

I spent the last 3 1/2 years at Headquarters Air Mobility Command as an individual mobilization augmentee, and while I learned a great deal there, I missed being at the "pointy end" of our mobility mission. Before I left Scott, I had the opportunity to chat with many of AMC's general officers. Each one told me to let the folks at the 445<sup>th</sup> know how grateful they were for the sacrifices and commitment to the U. S. Air Force and to AFRC each member of the wing makes, and how impressed they have been with the contributions the 445<sup>th</sup> has made to the fight. So, on behalf of our active-duty and reserve senior leadership...THANKS!

What you do at the 445<sup>th</sup> makes a difference to those airplanes flying, which allows us to contribute to GLOBAL REACH for America! The sacrifice of your time and the time you spend away from your families and civilian

lives is tough sometimes, I know as I have been a reservist for the last 11 years and on active duty for 14 years before that. But those sacrifices are critical to the capabilities of the 445<sup>th</sup> and our military's ability to project power around the world to anywhere, at anytime when called on to do so. I hope you're proud of your service, and for your continued commitment to the 445<sup>th</sup> and our Air Force...your service as a citizen Airman makes a difference!

I love to lead by walking around! If I show up in your work center, please say hello. I look forward to meeting each of our more than 1,900 members of Team 445th and learning about your job and finding out how I can help you do it better and smarter. As the song says, "these are the good old days," so I hope we can enjoy them together and make our wing better in the process. We have a lot to look forward to in the next year or so with C-17 conversion, the ORI and much more. I can't wait to stand next to you and tackle these challenges head on! Thanks again for allowing me to be one of the newest members of the 445<sup>th</sup>!

## Things don't always go as planned

By Chaplain (Capt.) Brian Honett

445th Airlift Wing Chaplain Corps

This isn't the way I planned it! Have you ever found yourself saying that? Life just is not going the way you thought it would. Maybe you have found yourself thinking--I thought by now . . . or I never would have imagined . . . and you can fill in the blanks with a whole bunch of things.

Often times, life does not go the way we thought it would. With the start of a new year maybe you made some resolutions that have already failed. Valentine's Day is upon us and maybe you find yourself alone for the first time in years or maybe with someone you never expected you would be with.

Life throws us all kinds of curves. There are always wrinkles in our plans.

Fortunately for us, there is someone who is in control and saw this coming. This might not be the way you planned it, but you are exactly where He wants you to be.

Proverbs 16:9 says, "The heart of a man plans his

way, but the Lord establishes his steps."

It is good for us to plan. We should be making resolutions and lists of things we want to accomplish during the year. We should be planning for the future financially and working to make ourselves better. In the midst of those plans (and I have lots of them) it is always good to remind ourselves that though we make our plans, God orders our steps. He directs the path of our lives.

My life is far from how I would have planned it if I had control, but God works all things for the good of those who love him. This may not be the way I had planned it and your life may not be the way you planned, but God has a plan for your life.

If you are facing some challenges this year stop by the chaplain's office to talk. We'd love to spend some time hearing about your plans, and how your life is going. Our lives aren't perfect and not the way we planned either, but we are here for you.



# Change is inevitable, except from a vending machine

By Maj. Suzanne Johnson

445th Maintenance Squadron Commander

Do you remember when you went to CBPO to get personnel paperwork, or when you checked Air Force Regulation 35-10 to see where your name tag needed to be placed on your blues, or when the bike test or 3-mile walk were used for fitness testing or when we wore BDUs. These are just a few of the things that have changed since I have been in the Air Force.



In the 10 short years that I have been a member of the Air Force Reserve here at Wright-Patterson Air Force Base, we have seen many changes from the Air Force Reserve. One of the most challenging changes has been converting from C-141 to C-5 to C-17 aircraft, in just five years time. That is a lot of change for the pilots, aerial port members, and especially

the maintainers working on the aircraft.

Change can be good or bad and how you choose to embrace change determines a lot about the success that you will have in dealing with it. Meeting it head on with determination and a great attitude will go a long way toward making the change a successful incorporation into your Air Force career. Resisting change will do nothing but cause you headaches and sometimes brand you as someone who isn't a team player. I have seen

the way the maintainers have dealt with the changes in aircraft over the last five years, and it has been nothing short of phenomenal.

You can never be certain the number of changes that remain in your Air Force career, but being flexible and ready for the next change that comes your way is the first step to success. Next thing you know, you may be standing at your retirement ceremony asking where the time went and thinking about all the changes that happened in your career.

## Annual awards banquet to be held in March

Maj. Gen. Joseph McNeil slated as guest speaker

The 445th Airlift Wing annual awards banquet will be held March 3 at the National Museum of the United States Air Force. The reception is slated to begin at 6 p.m. and the program at 7 p.m.

The wing is honored to have as its guest speaker for this year's event Maj. Gen. (ret.) Joseph McNeil, former mobilization assistant to the commander, Headquarters Air Force Reserve Command, Robins Air Force Base, Ga.

In addition to his 39 years of military service and his civil service career with the Federal Aviation Administration, the general is known for protecting the rights of American citizens, which began long before he joined the military.

In 1960, he and three other African-American friends insisted on being served at an F.W. Woolworth whites-only lunch counter in Greensboro, N.C. The protest sparked sit-ins all over the segregated South and is considered a major event in the nation's civil rights movement.



The Maj. Gen. Joseph A. McNeil Award for Human Resources Development Council Leadership Excellence is named after McNeil and is awarded bi-annually to a large and small AFRC wing. McNeil's life example of citizenship and service to others is part of the criteria selection the award is based on. The 445th AW received the award

in 2010.

The awards banquet recognizes those selected by their unit for Airman, NCO, senior NCO, company grade officer, chief, spouse and youth of the year. The winner of each category will be announced during the banquet.

The required uniform for the evening is semi-formal or mess dress for enlisted and mess dress for officers. Civilians may wear formal evening attire.

The cost of the event is \$25 for E-7 and above; \$20 for E-6 and below; \$10 for children 6-12; and children 5 and under are free.

For more information, contact the public affairs office at 257-5784.

## Buckeye Flyer

### 445th Airlift Wing Editorial Staff

Col. Stephen Goeman  
*Commander*

Lt. Col. Cynthia Harris  
*Chief, Public Affairs*

Stacy Vaughn  
*Public Affairs Specialist*

Shamae Jones  
*Public Affairs Specialist/  
Editor*

5439 McCormick Ave.  
WPAFB OH 45433-5132  
Building 4014, Room 113  
937-257-5784  
445AW.PA@wpafb.af.mil

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# Wing announces first quarter award winners

**Master Sgt. Cleve Samuel, III**, 87th Aerial Port Squadron air transportation craftsman, is the wing's Senior NCO of the Quarter. Samuel volunteered for his second deployment to Southwest Asia in two years. While deployed, he directed more than 3,800 missions, delivering 166,000 tons of cargo and 58,000 passengers with a 99 percent on time delivery rate. He oversaw the recovery of Air Force pallets, nets and radio frequency identification tags, saving the Air Force more than \$8.9 million in assets. Samuel was also selected as the senior NCO of the month during his deployment. During his off-duty time, he is involved with Crayons to Computers, assisting teachers distributing school supplies to poor children. He's also pursuing a Bachelor of Science degree in Business Management.



**Tech. Sgt. Gregory Rose**, 445th Logistics Readiness Squadron vehicle maintenance craftsman, is the wing's NCO of the Quarter. Rose designed the curriculum for the expeditionary vehicle maintenance course, instructing 12 members with 65 core tasks signed off. He performed repairs on a P-23 crash truck's 3,000 gallon water tank, saving the Air Force more than \$27,000 and six months down time. The sergeant repaired an MB-2 tow tractor brakes, averting a late aircraft departure. In his off-duty time, Rose actively participates in community food drives sponsored by his church to help feed the less fortunate. He also donated countless hours to repair vehicles for members of his church. Rose completed his Community College of the Air Force degree in Logistics Management.



**Senior Airman Mikhail Berlin**, 445th Airlift Wing Public Affairs photographer, is the wing's Airman of the Quarter. Berlin photographed numerous successful wing events to include Scouts Day and Employer's Day. More than 200 of his photos have been published in the Buckeye Flyer, the wing's website, and in other Air Force Reserve Command and Air Force publications. Berlin was selected as the AFRC new photographer of the year for two consecutive years. In his off-duty time, Berlin serves as a committee member for Connect, Inspire, Grow, a company that helps and supports those in need. He's pursuing a Bachelor of Science degree in Russian and Photography at the University of Illinois and is enrolled in Air Force ROTC at Illinois Institute of Technology.



Master Sgt. Charlie Miller

**Senior Master Sgt. James Felton**, 445th Aircraft Maintenance Squadron first sergeant, shows a group of children the C-17 Globemaster III as part of their visit to the 445th Airlift Wing Jan. 7. The children are part of a program sponsored by the Charleston, W. Va., Black Ministerial Alliance's Church in the City in concert with Charleston's Police Department to bring inner city youths together to participate in a variety of activities.

C-17, from page 1



Stacy Vaughn

**A C-17 Globemaster III, tail number 6004, arrived here Jan. 13 from Joint Base Charleston, S.C.**

was on active duty at Joint Base Charleston flying this particular tail number before his last assignment at Altus Air Force Base, Okla. He's now an Air Reserve Technician here.

"I've flown more than 3,000 hours on this plane when I was at Charleston. Now I'll be able to continue to fly this particular tail number here at Wright-Patt," Herman said.

Gorczynski has been involved in past aircraft drop-offs for the wing during the conversion from the C-141 Starlifter to the C-5 Galaxy aircraft.

"I did a lot of drop-offs when we began receiving the C-5s. I flew four C-141s to the Boneyard (the 309th Aerospace Maintenance and Regeneration Group at Davis-Monthan Air Force Base, Tucson, Ariz.)," Gorczynski said.

A three-person team of crew chiefs assigned to the 445th Aircraft Maintenance Squadron prepped the aircraft before it left Charleston. According to Chief Master Sgt. Nathan Wilson, 445th AMXS superintendent,

the crew chiefs - Master Sgt. John Cummings, Tech. Sgt. Chuck Roach and Staff Sgt. Nate Jones - spent two days inspecting the aircraft.

As part of the inspection, Wilson said the crew chiefs inspected the equipment inventory, checked each write-up in the aircraft forms and spoke to the owning unit about the plane's maintenance history. He said the trio checked for issues that Charleston would need to resolve, such as any missing or broken equipment, before the wing could take ownership.

Roach was selected as the "dedicated crew chief" for 6004. He will be responsible for ensuring the aircraft is safe for flight and mission ready at all times.

Herman reflected on his past experiences at Charleston and now his current role here at the 445th AW.

"The C-17 is going to be a very good asset to the wing. I'm proud I'm here to be part of the beginning of its mission here," Herman said.

## **Mission first, people always: 445th EO stands behind their motto**

*By Airman 1st Class Santana Austin  
445th Airlift Wing Public Affairs*

"Mission first, people always" is the motto of the 445th Airlift Wing Equal Opportunity office. But what does that motto truly mean?

EO serves as the central point to receive formal and informal complaints about sexual harassment and unlawful discrimination and conducts compliant and incident clarifications on behalf of individuals or commanders. But there's much more to EO's list of duties.

Capt. Audric Bills, 445th AW Assistant Director, Equal Opportunity, said his and the staff's job is to make sure the workplace is free of any form of discrimination or harassment.

"In the Air Force, the mission is very important, but in order to complete any mission, you need people. A good working environment is important, especially for the productivity of the people working in it. No one enjoys working in an environment they feel uncomfortable being in," Bills said.

According to Bills, their mission is to enhance the wing's mission effectiveness by promoting an environment free from personal, social, or institutional barriers that prevent Air Force members from rising to the highest level of responsibility possible. To fulfill that mission, they conduct formal human relations education training; provide counseling, information, referrals and other assistance to members.

"Not too many people know all of what we do in the EO office," said Bills. "Receiving complaints about discrimination is just one of the things we do."

Bills went on to say the staff conducts newcomer and key personnel briefings, acts as subject matter experts to the wing commander and staff, as well as commanders and supervisors at all levels for issues pertaining to human relations, unlawful discrimination and sexual harassment.

The captain said ultimately, their vision is to live and work in an environment where each individual is treated with infinite dignity and worth.

"The Air Force has a zero-tolerance policy for any form of harassment or discrimination. As part of our job, we will go to offices to ensure that there are no offensive items on the walls or on the desks," Bills said.

"Our office is open throughout both unit training assemblies. If anyone has any problems within their offices involving harassment or discrimination, they can come see us [in building 4010]," Bills said.





# SPOTLIGHT



Tech. Sgt. Anthony Springer

**Tech. Sgt. Ryan Anthony gives instructions to Tech. Sgt. Craig Parker, 87th Aerial Port Squadron, during a self-aid and buddy care class held during the Jan. 7 unit training assembly.**

## Rank/Name

Tech. Sgt. Ryan Anthony

## Unit

445th Aeromedical  
Staging Squadron

## Duty Title

Aerospace medical service  
craftsman/wing self aid  
buddy care instructor

## Hometown

Greenville, Ohio

## Civilian Job

Alignment Technician

## Education

Greenville Senior High

## Career Goal

Complete my Community  
College of the Air Force  
degree. Be a mentor and  
make a positive difference

in people's lives both military  
and civilian.

## Hobbies

Softball, off-road motorcy-  
cling, hiking, fishing, hunt-  
ing, and youth wrestling and  
softball coach

## What do you like about working at the 445th?

There are many career op-  
portunities available if you  
are willing to apply yourself.  
ASTS has many Senior NCOs  
and officers alike who will go  
above and beyond to help you.

## Why did you join the Air Force?

To serve my country and be  
a contributing member in  
society.

## Dates for 2012 AFR/ANG Teen Leadership Summits announced

*By Air Force Reserve Command Public Affairs*

Applications are being accepted for the 2012 Air Force Reserve/Air National Guard Teen Leadership Summits.

The AFR/ANG Teen Leadership Summits are open to all 15-18-year-old dependent teens of current Air Force Reserve or Air National Guard members. Applicants will be required to complete an application to include essay questions.

Applications and instructions can be found at the following Web site: <http://www.afrc.af.mil/library/4rfamilies/teensummit/overview.asp>. The application deadline is April 13.

Two sessions are available.

The Classic Teen Leadership Summit will be held June 17-22 at the Wahsega 4-H Center, Dahlonaga, Ga.

During this week long adventure, teens will participate in high adventure activities such as high ropes, zip line canopy tour, white-water rafting, hiking, fishing, archery, survival classes, and more! Leadership classes taught throughout the week include True Colors and the Gen. Hugh H. Shelton Leadership Challenge.

Attendees will be introduced to community partners such as 4-H, BGCA, American Legion, YMCA and others who provide support to military families

in communities across America. This Summit also includes military traditions and community service projects.

The Adventure Teen Leadership Summit will be held Aug. 7-12 at the Cheley Camps, in Estes Park, Colo.

During this Summit, teens will participate in daily adventure activities including hiking, mountain biking, horseback riding, horse colt training, arts & crafts, woodworking, technical climbing, and archery. Leadership classes taught throughout the week include True Colors and the 7 Habits of Highly Effective Teens.

Each evening, teens will gather for programs including campfires and songs, musical performances, and environmental education classes. This Summit also includes military traditions and community service projects.

For more information, contact Brandi McGonagill, [brandi.mullins.ctr@us.af.mil](mailto:brandi.mullins.ctr@us.af.mil), (478)-327-2090, DSN 497-2090 or Krystal Shiver, [krystal.shiver@us.af.mil](mailto:krystal.shiver@us.af.mil), (478) 327-1294.



# News Briefs

## Newcomers

Lt Col Michael Seyffert, AMDS  
 2Lt Joshua Anno, AES  
 2Lt Rebecca Crowell, AES  
 2Lt Melanie Keller, AES  
 MSgt Bret Schlansky, ASTS  
 TSgt Charlotte Branham, FSS  
 SSgt Maurice Henry, AES  
 SrA Jacob Brown, SFS  
 SrA Ryan Rider, SFS  
 SrA Tyler Sexton, LRS  
 A1C Stephen Bastian, OSS  
 A1C Felicia Heitman, ASTS  
 A1C Alexandria Klus, SFS  
 A1C Jerremy Pope, CES  
 A1C Aaron Timmonds, SFS  
 Amn Jared Livingood, SFS  
 Amn Ashley Schwandt, ASTS  
 AB Shanah Blair, ASTS  
 AB Caleb Boles, ASTS  
 AB Natalia Ketelsen, AMDS  
 AB Eric Mitchell, ASTS  
 AB Mark Murphy, SFS  
 AB Ojeh Ohiembor, ASTS

AB Michael Petersen, OSS  
 AB Jason Rutherford, CES  
 AB Angela Thompson, ASTS  
 AB Jordan Tieu, SFS  
 AB Zackery Wells, SFS

## Promotions

### Airman

Nia Blanchard, AMXS  
 Ronrico Crosby, MXS  
 Cody Falloon, MXS  
 William Griffiths, CES  
 Natalia Ketelsen, AMDS  
 Maura Patillo, AMDS  
 Michael Petersen, OSS  
 Samuel Schaeffer, OSS  
 Ashley Schwandt, AMDS  
 Zackery Wells, SFS

### Airman First Class

Jennifer Lenz, 87 APS  
 Daniel Levingston, LRS  
 Shannon Stuver, SFS  
 Lamont Thomas, SFS  
 Jordan Tieu, SFS  
 Ashley Towning, CES  
 Andrew Woods, OSS

### Senior Airman

Seth Allen, 87 APS  
 Steven Barcey, AMXS

Stephen Bastian, OSS  
 Dylan Beasley, CES  
 Joseph Benefiel, AES  
 Deonte Ford, AMXS  
 Connor Linback, LRS  
 Joseph Tuvell, AMXS  
 Derrek Webb, CES  
 Sierra Williams, FSS  
 Jacob Wilson, CES

### Staff Sergeant

Juan Munoz, CES  
 Shane Rickert, CES

### Technical Sergeant

Ryan Anthony, ASTS  
 Rachael Bieniecki, OG  
 Mishay Bremer, ASTS  
 Joseph Valenzuela, AES  
 William Sargeant, CES

### Master Sergeant

Charles Crawford, CES  
 Jackie Jones Jr., 87 APS  
 Deidre Kimbrough, ASTS

## Awards

### Meritorious Service Medal

Lt Col Romans Skujins III, 89 AS  
 MSgt Debra Hatter, 87 APS  
 MSgt Sandra Richards, FSS

## Air Force

### Commendation Medal

Maj Andrew Howard, OG  
 Capt Jacqueline Fleming, 89 AS  
 Capt Kolin Newsome, OG  
 MSgt Walter Bennett, SFS  
 MSgt Daniel Porta, AMXS

### Air Force Achievement Medal

MSgt Jason Gumm, AMXS  
 MSgt Lonnie McGuire, AMXS  
 MSgt Scott Stein, AMXS  
 MSgt Lisa Stewart, AMXS  
 TSgt Keric Johnson, AMXS  
 TSgt Steven Johnson, AMXS  
 TSgt Kenneth Wagner, AMXS  
 SSgt Angel Roberts, FSS  
 SSgt Chad Sears, AMXS  
 SrA Brittany Ward, FSS

### Air Medal

SrA Jeffery Walker, 89 AS

## Nominations sought for annual awards banquet

The 445th Airlift Wing Annual Awards Banquet slated for March 3 at the National Museum of the United States Air Force will honor spouses, youth and chiefs in addition to annual award winners.

Any Airmen (E-1 through O-6) or civilian can nominate their spouse, youth or chief, or those of a co-worker for this award. Nominations should be submitted on an Air Force Form 1206 to the 445 AW/CCC organizational box at [445aw.ccc.res@wpafb.af.mil](mailto:445aw.ccc.res@wpafb.af.mil)



and 445 AW/PA at [445aw.pa@wpafb.af.mil](mailto:445aw.pa@wpafb.af.mil) no later than Feb. 12. Template forms are available on Share Point or by calling the public affairs office. In addition to the nomination form, please submit a photograph to be used in the program.

If you need help completing the nomination form or for more information, please call the public affairs office at 257-5784.







Senior Airman Mikhail Berlin

### What a view!

A 445th Airlift Wing C-17 Globemaster III sits on the runway at Wright-Patterson Air Force Base near Dayton, Ohio.

## On the Web



87 APS  
trains with  
K-loaders



ASTS  
member  
receives car



Airman's  
Attic gives to  
those in need

445TH AIRLIFT WING/PA  
BUILDING 4014, ROOM 113  
5439 MCCORMICK AVE  
WRIGHT-PATTERSON AFB OHIO 45433-5132

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