



The City of San Diego  
Park and Recreation Department  
We Enrich Lives Through Quality Parks and Programs  
[www.sandiego.gov](http://www.sandiego.gov)



# Fall 2015 Program of classes and events



**Canyonside  
Community Park**  
12350 Black Mountain Rd.  
San Diego, CA 92129  
(858) 538-8131

**Hilltop  
Community Park**  
9711 Oviedo Way  
San Diego, CA 92129  
(858) 538-8198



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**Black Mountain  
Multi-Purpose Center**  
9353 Oviedo Street  
San Diego, CA 92129  
(858) 538-8128

**Rancho Penasquitos  
Skate Park**  
10111 Carmel Mtn. Rd.  
San Diego, CA 92129

Online registration is now available. Class registration begins Saturday, 8/22/15 at 10:00am. See page 3 of this brochure for more details. Classes fill up quickly. Register early!



Park Use Permits and Recreation Center Use Permits are taken by appointment only. Please contact the Canyonside Center Director @ (858) 538-8131 or Hilltop Center Director @ (858) 538-9198 to make an appointment.

## Holiday Closures

Monday, 9/7/15 -  
*Labor Day*  
Wednesday, 11/11/15 -  
*Veteran's Day*  
Thursday, 11/26/15 -  
*Thanksgiving Day*  
Friday, 12/25/15 -  
*Christmas Day*  
Friday, 1/1/16 -  
*New Years Day*

## Canyonside Recreation Center Staff and Hours of Operation

### HOURS OF OPERATION \*

Monday	2:00pm - 8:00pm
Tuesday	2:00pm - 10:00pm
Wednesday	2:00pm - 10:00pm
Thursday	2:00pm - 8:00pm
Friday	2:00pm - 7:00pm
Saturday	8:00am - 4:00pm
Sunday	11:00am - 3:00pm

#### **Open Play Basketball Hours**

Tuesdays, 6:00pm - 9:45pm  
 Wednesdays, 7:00pm - 9:45pm  
 Sundays, 11:00am - 3:00pm

**\*Hours subject to change with short notice, pending City budget constraints.\***



AED Public Defibrillators are located at all City of San Diego Recreation Centers.



All City of San Diego Parks and Beaches are Smoke Free.

### CENTER STAFF

Sarah Erazo	Area Manager II
Alex Davis	Center Director III
Margie Evans	Rec. Leader I
Mike Mangarelli	Rec. Leader I
Sean Nguyen	Rec. Leader I
Jon'nae McFarland	Rec. Leader I
Rosey Nguyen	Rec. Leader I

### GROUNDS MAINTENANCE

Archie Dean	GMW II
Lee Hayes	GMW II
John Shipman	GMW II
Tom Chau	GMW II
Rogelio Hernandez	GMW II

## Upcoming Events

City of San Diego Park and Recreation Department and  
 the Rancho Penasquitos Recreation Council present:



## ***OKTOBERFEST***

***FRIDAY, OCTOBER 23, 2015***

***@ HILLTOP REC. CENTER 6PM - 10PM***

Join us for German food, music, biergarten and dancing! Live German band - "The Gordon Kohl Band" will play authentic German music. Families and all ages are welcome. Families with children and those under 21 may enjoy the festivities in the no-alcohol area. You must have a valid ID to enter the beer garden. No one under 21 will be permitted in the courtyard beer garden. No beer allowed on the dance floor. Plates are just \$5 (Bratwurst, German Potato Salad, Red Cabbage, Sauerkraut or Coleslaw, and Roll); Child's plate - \$3; Apple Strudel, Coffee, Soda or Water - \$1; Beer prices - TBA

**For more information  
 call Hilltop @  
 (858) 538-8198 or  
 Canyonside at  
 (858) 538-8131**



## ***Winter Wonderland***

*Join us for our annual snow day at Hilltop Park. Come enjoy tons and tons of snow, train and pony rides, plus air jumps all for only \$3 per wristband (cash only please). We will be collecting Toys for Tots this year! Bring in a new, unwrapped toy for a free wristband. Live music provided by the Gordon Kohl Band from 12-3pm. Santa will be in his workshop for photos between 12-3pm. Photos only \$3 or bring your own camera. There will also be a snack bar and class demonstrations. Be sure to bring extra warm clothes...it can get chilly in the afternoon.*

***When:***

***Saturday, December 6<sup>th</sup>, 2015***

***Time:***

***11:00am - 3:00pm***

***Where:***

***Hilltop Recreation Center***



## Canyonside and Hilltop Recreation Centers Class Registration Information

### Registration Information

**Online Registration** will be available this season. Children under 18 must be registered by their parent/legal guardian. **NO EXCEPTIONS!** You may register online for all programs offered by the Recreation Council using the Online Activity Registration System. Use activity codes assigned for each class. Codes appear in brackets: [1234]

**LOG ONTO: [www.SDRecConnect.com](http://www.SDRecConnect.com)**

**New Accounts** - click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided. Please follow directions provided to activate your account. ***It is very important to follow the directions on the confirmation email or your account will not be activated!***

**\*Please note: (For first time users only). Parents/Guardians must create their own account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.**

**Returning Customers (previously registered for classes online)** - Click the "My Account" button. Enter your Login (email) and password.

If you need help, please click the FAQs button for information. Historically, only a few classes fill to capacity on the first day of registration. Register early for best availability. When classes fill to capacity, waiting lists are formed. To ensure program quality for all participants, no exceptions are made regarding class enrollment sizes. Programs may be cancelled if the minimum enrollment requirement is not met 48 hours prior to the start of the first class. All participants must meet age requirements.

Effective September 8, 2015, service fees will apply as follows for all transactions. For **Online Registrations**, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For **In-house Registrations**, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.

### Payment Policy:

- All fees must be paid in full at the time of registration.
- Registration taken at the recreation center must be paid for by check payable to RPRC or paid with the **exact cash amount**, or by credit card.
- **THERE'S A \$25.00 FEE FOR RETURNED CHECKS.**
- Online registration requires a credit card payment. Credit cards accepted are VISA, MasterCard, American Express, and Discover. **We are unable to accept debit cards.**
- Registration conducted on a first come, first serve basis.
- Register for classes at the Recreation Center where the class is being offered.
- Register for YMCA Gymnastics at the YMCA office at 9440 Fairgrove Lane.
- Classes are not held on observed holidays.
- Non-residents of the City of San Diego are subject to different rates. There is an additional fee for all classes and leagues for those who live outside of the San Diego City limits.
- Low income fee waivers are available which reduces the class cost for those who qualify.
- Classes are subject to changes please call the facility in advance to confirm.
- Classes are not prorated/discounted after the beginning of the scheduled session.

### REFUND POLICY

- Full refunds will be issued for any class cancelled by the City. If a class is cancelled, you will be notified by email and a refund check will be mailed to the address on the family account.
- There is a \$10.00 processing fee on all refunds.
- Refunds are processed within 10 business days of the request. All approved refund requests will be paid via check. This includes credit card transactions. A Refund Request Form (available at the Recreation Center office) and your registration receipt must be submitted **at least 48 hours prior to the second class meeting.**
- Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child is unhappy, or your child does not participate after the refund deadline, we cannot process a refund. Thank you for your understanding.
- If your child has a medical emergency after registration day and cannot participate in class, please contact the staff as soon as possible. A refund request must be submitted as soon as possible. Refunds/credits will be determined on a case to case basis by the Center Director.

## **Self Defense/Martial Arts**

### **Kajukenbo Karate**

Kajukenbo is a combined self-defense martial arts style created in Hawaii by five martial arts practitioners with diverse styles and cultural backgrounds. Kajukenbo utilizes traditional and modern methods incorporating Karate, Judo, Jujitsu, Kenpo and Boxing (European and Chinese) with emphasis on real life self-protection skills. The training teaches discipline and respect, promotes self-esteem and develops scholastic achievements. Kajukenbo also enhances coordination, balance, flexibility, agility and confidence. A great class for youths, teens and adults with all levels of ability! This is a complete program where the goal is to "Learn and Earn" through each belt rank by means of memorization, application and performance. Come and participate in a free introductory class!!

#### **CLASS #1 Youth Beginning to Intermediate**

**AGES:** 6 - 12 years old  
**DAY/TIME:** Tuesdays 5:00pm - 6:00pm  
Thursdays 5:00pm - 6:00pm

##### **Session 1:**

Tuesdays only - 9/1/15 - 9/29/15 \$50.00 **[17874]**  
Thursdays only - 9/3/15 - 10/1/15 \$50.00 **[17875]**  
Tue & Thur. - 9/1/15 - 10/1/15 \$70.00 **[17873]**

##### **Session 2:**

Tuesdays only - 10/13/15 - 11/10/15 \$50.00 **[17876]**  
Thursdays only - 10/15/15 - 11/12/15 \$50.00 **[17877]**  
Tue & Thur. - 10/13/15 - 11/12/15 \$70.00 **[17878]**

#### **CLASS #3 Adults / Advance Rank**

**AGES:** 16 yrs. and older  
**DAY/TIME:** Tuesdays 7:00pm - 8:00pm  
Saturdays 11:15am - 12:45pm

##### **Session 1:**

Tuesdays only - 9/1/15 - 9/29/15 \$58.00 **[17861]**  
Saturdays only - 9/5/15 - 10/3/15 \$58.00 **[17862]**  
Tue & Sat. - 9/1/15 - 10/3/15 \$70.00 **[17863]**

##### **Session 2:**

Tuesdays only - 10/13/15 - 11/10/15 \$58.00 **[17864]**  
Saturdays only - 10/13/15 - 11/14/15 \$58.00 **[17865]**  
Tue & Sat. - 10/13/15 - 11/14/15 \$70.00 **[17866]**

#### **CLASS #2 Youth/Teens Intermediate to Adv.**

**AGES:** 7 - 15 years old  
**DAY/TIME:** Tuesdays 6:00pm - 7:00pm  
Saturdays 10:00pm - 11:00am

##### **Session 1:**

Tuesdays only - 9/1/15 - 9/29/15 \$50.00 **[17868]**  
Saturdays only - 9/5/15 - 10/3/15 \$50.00 **[17869]**  
Tue & Sat. - 9/1/15 - 10/3/15 \$70.00 **[17867]**

##### **Session 2:**

Tuesdays only - 10/13/15 - 11/10/15 \$50.00 **[17871]**  
Saturdays only - 10/13/15 - 11/14/15 \$50.00 **[17872]**  
Tue & Sat. - 10/13/15 - 11/14/15 \$70.00 **[17870]**



**Instructor: Rex Cabanas**

**Assistant Instructors: Maile and Reece Cabanas**  
For more information, call Sifu Rex @  
(858) 735-CREX (2739). Classes are subject to  
change or cancellation with make-ups.



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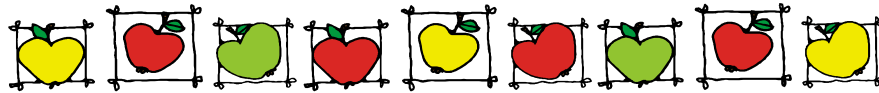
## **Bright Beginnings Preschool**

Bright Beginnings Preschool is a developmentally appropriate public recreation program designed to help children become "school ready" in a fun and safe learning environment. We are a child-centered, hands on preschool with a play based curriculum. We strive to create an environment where children are encouraged and given time to play and learn, wonder and grow. We foster mutual respect by celebrating each child's independence, self-confidence and individual learning styles. Open to children ages 3-5 years of age and potty trained. Classes are from 9:00am - 1:00pm daily.

For more information or to set up a classroom visit, please call or email

**Linh Tran at (619) 846-9390; mslinhtran73@yahoo.com**

<b>Session One (4 weeks):</b>	<b>Session Two (4 weeks):</b>	<b>Session Three (3 weeks):</b>
<b>Sept. 8 - Oct. 2, 2015</b>	<b>Oct. 5 - Oct. 30, 2015</b>	<b>Nov. 2 - Nov. 20, 2015</b>
M/W/F \$276 [17855]	M/W/F \$276 [17859]	M/W/F \$207 [18864]
T/Th \$184 [17856]	T/Th \$184 [17858]	T/Th \$138 [18863]
Mon. - Thur. \$368 [17857]	Mon. - Thur. \$368 [17860]	Mon. - Thur. \$276 [18865]



## **Maggie's Fine Art Class**

A complete fine arts program for children and adults. Learn drawing and painting skills using a variety of art materials. Have fun as you develop your creative imagination. These classes are great for all ages and ability levels. Students work at their own pace. Come and experience the joy of the fine arts. For ages 5 years and up.

### **Session 1: 9/1/15 - 10/3/15 Fees: \$80**

Tuesdays 4:00pm - 4:55pm [17879]

Tuesdays 5:00pm - 5:55pm [17880]

Saturdays 10:00am - 10:55am [17881]

Saturdays 11:00am - 11:55am [17882]

### **Session 2: 10/13/15 - 11/14/15 Fees: \$80**

Tuesdays 4:00pm - 4:55pm [17883]

Tuesdays 5:00pm - 5:55pm [17884]

Saturdays 10:00am - 10:55am [17885]

Saturdays 11:00am - 11:55am [17886]

**Instructors:** Maggie Chiang and  
experienced art teachers

**For more information, please call Maggie or**

**David Chiang at (858) 538-1925 or email**

**maggiesart98@gmail.com www.maggiesart.webs.com**

**\*Classes are also offered at Hilltop on Wednesdays\***



## **"Smart Kids" After School Enrichment Program**

We offer a specialized after-school enrichment program for Kindergarten through fifth grade students. The purpose of this program is to provide services that encourage children to achieve at levels which are commensurate with their abilities. We will provide a challenging curriculum that fits each child's need. Students will be encouraged to participate in age appropriate education programs and social activities. Sessions run continuously.

### **Programs:**

- English reading, Writing, Spelling and Speech •Math
- Homework Aid •Craft •Music •Chinese
- Outdoor activities and team sports

### **All Grades:**

**Days/Hours:** Mon. - Fri. School dismissal - 6:30pm

**August 17 - Sept. 4, 2015 (3 weeks)**

**Fee:** Full week - \$170; MWF - \$130

Full Week [18938] MWF [18939]

**Sept. 8 - Oct. 2, 2015 (4 weeks)**

**Fee:** Full week - \$225; MWF - \$170

Full Week [17892] MWF [17893]

**Oct. 5 - Oct. 30, 2015 (4 weeks)**

**Fee:** Full week - \$225; MWF - \$170

Full Week [17896] MWF [17894]

**Nov. 2 - Nov. 20, 2015 (3 weeks)**

**Fee:** Full week - \$170; MWF - \$130

Full Week [17897] MWF [17895]

*\*Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3%*

*Processing fee will be charged for every transaction. For In-house*

*Registrations, \$2 Transaction fee will be charged for every transaction.*

*Rates are established by the service provider and are nonrefundable.*

## **San Diego Civic Dance Arts Classes**

Dance classes are conducted by the City of San Diego Dance Department. Registration for dance is now ONLINE. Class schedules will be available for online viewing on Aug. 21, 2015. Registration opens on Saturday, Sept. 19 at 10:00am. If you do not have an online profile for registration, please visit **www.SDRecConnect.com** (see page 3 for detailed directions) to set up your profile. Fees for classes are \$41 per semester/resident. For more information, please call (619) 235-5255 or visit the web at **www.cividdancearts.org**



### **Friday Classes**

**Oct. 9 - Dec. 18, 2015**

**(no class 10/2 & 12/4)**

**Friday classes are introductory classes.**

***Pre-Tap Dance (4 and 5 years old)***

Time: 4:15pm - 5:00pm [16706]

***Beginning Tap 1A (6 years & older)***

Time: 5:00pm - 5:45pm [16707]

***Beginning Jazz 1A (6 years & older)***

Time: 5:45pm - 6:30pm [16708]



### **Monday Classes**

**Sept. 28 - Dec. 7, 2015**

**(no class 11/23)**

Intermediate and Advanced levels are offered on Mondays. Higher level dance classes require a pre-requisite skill that a dance instructor must set on student's profile. Instructor approval needed to register. Please see dance instructor or dance office for more information.

**Int. Tap 3A** Time: 4:30pm - 5:15pm [16709]

**Int. Jazz 3A** Time: 5:15pm - 6:00pm [16710]

**Adv. Int. Tap 4A** Time: 6:00pm - 6:45pm [16711]

**Adv. Int. Jazz 4A** Time: 6:45pm - 7:30pm [16712]



## **Yoga Class**

*Feeling stressed... need peace of mind... want to become energized? Then come join us for a "free" yoga class in the multi-purpose room at Canyonside Recreation Center!! Every Saturday @ 8:40am! Don't forget to bring a mat. For more information, contact Bindu Khetarpal @ (858) 538-1073 or email at [bindu@tealand.com](mailto:bindu@tealand.com)*

*Keep your mind and spirit strong...  
experience yoga!  
[17898]*



## **Parent's Night Out**

It's here! The night both parents and kids look forward to. Parents, are you yearning for some alone time? Kid's, want to have some fun on a Friday night? Well, Parent's Night Out is for you! PNO is offered on the first Friday of the month at Canyonside. PNO is a safe and fun time for the kids, while mom and dad enjoy a night out. Just drop the kids off at 5:30pm and pick them up by 9:30pm. It's only \$10.00 per child. Our activities include: arts & crafts, team sports, games, and much more. We will also show a G rated movie and provide a light snack. Limit of 30 children. Sign up early! Mark your calendars! **\*Must have minimum of 5 children pre-registered by the Wednesday prior for program to run.** Due to budget limitations, PNO may be discontinued at any time with little or no notice. We are sorry for the inconvenience.\*

**AGES:** 4 - 12 years old

**FEE:** \$10.00 per child

**DAY/TIME:** First Friday/monthly, 5:30pm - 9:30pm

**September 4, 2014 [17887]**

**October 2, 2014 [17888]**

**November 6, 2014 [17889]**

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## **Rancho Family YMCA Gymnastics Classes \*\***

The San Diego Park and Recreation Department and the Rancho Penasquitos Recreation Council are proud to offer Gymventures and Progressive Gymnastics classes in conjunction with the Rancho Family YMCA. Registration for these classes is done at the YMCA office located at 9410 Fairgrove Lane. For more information on class times, schedules, fees, and registration, please stop by the YMCA office, visit the website <http://rancho.ymca.org>, or call (858) 484-8788.

### **Gymventures Program**

Gymventures is a non-competitive form of physical education where children will have the opportunity to improve their self-confidence through movement. It incorporates gymnastics into a fun and exciting experience for both the child and parent. Our goal is to give your child the building blocks necessary to expand and progress to more advanced gymnastics skills.

**Gymventures 1/2 (14 months- 2 years old)**

**Transitional Twos (2.5-3.5 year olds)**

**Gymventures 3 (3 year olds)**

**Gymventures 4 (4 year olds)**

**Gymventures 5 (5-6 year olds)**



### **Boys Gymnastics Program**

We offer classes especially for boys ages 6 and older. These classes will include 5 events; floor, parallel bars, pommel mushroom, rings, and vault.

**Boys Level 1:** Designed for children without previous gymnastics experience.

**Boys Level 2:** Intermediate level for those boys who have passed the Boys level 1 skill requirements.

**Boys level 3:** Gymnast must have passed boy's level 2 skills to be placed into this class.



### **Private Lessons**

#### **Private Lessons:**

We offer private lessons for all levels. For information, please call Diane at (858) 484-8788 extension 12923. Days and times to be arranged.

**Fees:** \$110/\$150 --- 30 min. for 5 weeks  
\$160/\$195 --- 45 min. for 5 weeks

### **Gymnastics Program**

Our Gymnastics Program is based on the developmental skill levels formed by USA Gymnastics. Our top priorities are to ensure your child's safety, while providing a fun and inviting atmosphere from which they can reach their highest potential. We have a 1:8 instructor to student ratio for all classes. This program has been developed to provide each child at all levels a safe and sound base from which to progress.

#### **Ages 5 & 6 year olds**

**Superstars** - For children completing all GV 5 requirements.

**Adv. Superstars** - For children who have completed the Superstars skill requirements.

**Hot Shots** - Director approval required.

#### **Ages 7 and older**

**Level 1** - Beginner class for children 7 years and older.

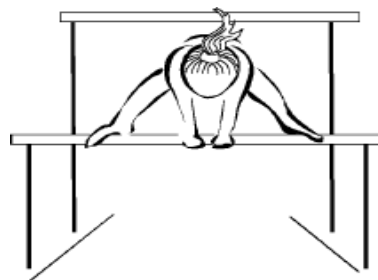
**Level 2** - For children who have completed all skill requirements in Level 1.

**Pre-Team** - For children who have completed all skill requirements in Level 2.

**Level 3-9 Competitive Team** - This level learns the compulsory routines (levels 3-5) and participates in competitions. 3 day min. We also have Pre-Optional/Excel and Optional teams up to level 9.

**Tumbling (Ages 8-12)** Attention Cheerleaders!! This class will help you keep up your tumbling skills during the off season. You will learn basic to intermediate tumbling skills. These skills include round-offs, walk-overs, and back hand-springs. No previous tumbling experience required.

**Preteen/Teen (Ages 11-18)** This non-competitive class is for girls ages 11 and older. All skill levels welcome.

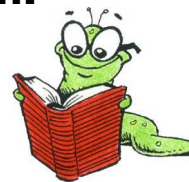


**Contact the Rancho YMCA @ 484-8788 or visit their website <http://rancho.ymca.org> for days, times and fees for classes.**

**Great new programs coming soon to  
Canyonside and Hilltop Recreation Centers!  
Contact staff for more information!**



Join us in our Parks Fit program. Open to all ages!  
Walk 30 miles in 30 days or swim 20 miles in 30 days.  
Participants must enroll at any local City of San Diego  
Parks and Recreation Center or Pool. Each participant  
will receive a T-shirt and bracelet (while supplies last).  
For more info Contact Canyonside or Hilltop Staff.



**BookNook**

Reading is Recreation! Both  
Canyonside and Hilltop Recreation  
Centers will have a book lending  
library inside their offices. Come by  
and take a book or leave a book! All  
types of books will be available.



SNAG® Golf ('Starting New At Golf') is the best  
first touch program to effectively teach the game  
of golf to people of all ages and ability levels.  
SNAG® is a proven player development program  
designed for new learners of all ages. SNAG®  
contains all the elements of golf but in a modified  
form, making it an easy and fun way to learn and  
play golf.

Snag Golf is coming soon to Canyonside. More  
information to come!

**Join the Rancho Penasquitos  
Tennis Association!**

**Call (858) 484-0745**



**Tennis Instruction  
Adult Programs:**

Private and/or Group Lessons for  
Beginners or Intermediate

**Junior Programs:**

Private and/or group  
Lessons for Beginners, Intermediate,  
Advanced, and Tiny Tots

**For more information call RPTC @  
(858) 484-0745.**

**DONATIONS**

By donating to Park and Recreation Department you can help the Park & Recreation Department enrich the lives of others by improving the quality parks and programs. For more information on how to donate, please contact the center director of your park or recreation center. For Canyonside, please call (858) 538-8105. For Hilltop, please call (858) 538-8198.





## Hilltop Recreation Center Staff and Hours of Operation

### CENTER STAFF

Sarah Erazo	Area Manager II
Rex Cabanas	Center Director III
Jarrood Jordan	Rec. Leader I
Andrew Sablan	Rec. Leader I
Peggy Tang	Rec. Leader I
Linh Tran	Rec. Leader I
Zuzanna Blaz	Rec. Leader I
Morgan Ferguson	Rec. Leader I

### CENTER HOURS

Monday & Friday	1:30pm - 7:00pm
Tue./Wed./Thur.	1:30pm - 7:30pm
Saturday & Sunday	9:00am - 5:00pm

**\*\*Class and permitting times varies, please call the recreation center for times.\*\***

### GROUPS MAINTENANCE

Sonya Thompson	GMW II
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### Holiday Closures

**Monday, 9/7/15 - Labor Day**  
**Wednesday, 11/11/15 - Veteran's Day**  
**Thursday, 11/26/15 - Thanksgiving Day**  
**Friday, 12/25/15 - Christmas Day**  
**Friday, 1/1/16 - New Years Day**

Online registration now available for all recreation center classes. Please see page 3 of this program for directions on how to register for classes. Use activity codes assigned for each class when registering online. Activity codes are notated within brackets; eg. [1234]. You can also register in person at the recreation office. Registration opens on Saturday, August 22, 2015 at 10:00am.

**\*Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.**

## Hilltop Contractual Programs and Activities (858) 538-8198

### Civic Dance Arts Classes

Dance classes are conducted by the City of San Diego Dance Department. Fall semester is 10/1/15 - 12/10/15

Registration for dance is now ONLINE. Class schedules will be available for online viewing on Aug. 21, 2015. Registration opens on Saturday, Sept. 19 at 10:00am. If you do not have an online profile for registration, please visit **www.SDRecConnect.com** (see page 3 for detailed directions) to set up your profile.

Fees for classes are \$41 per semester/resident. **ALL HILLTOP CLASSES ARE ON THURSDAY!!**

For more information, please call

**(619) 235-5255 or visit the web at www.civildancearts.org**

#### Day and Times:

**All dance classes at Hilltop are on  
THURSDAY**



#### Introductory Classes

***Pre-Tap Dance (4 and 5 years old)***

Time: 3:30pm - 4:15pm [17057]

***Pre-Ballet (4 - 6 years old)***

Time: 3:30pm - 4:15pm [17198]

***Beginning Ballet 1A (6 years & older)***

Time: 5:45 - 6:30 [17051]

***Beginning Tap 1A (6 years & older)***

Time: 4:15pm - 5:00pm [17195]

***Beginning Jazz 1A (6 years & older)***

Time: 5:00pm - 5:45pm [17112]

***Beginning Hip Hop 1A (6 years & older)***

Time: 6:30pm - 7:15pm [17043]



#### Higher Level Classes

Intermediate and Advanced levels are offered. Higher level dance classes require a pre-requisite skill that a dance instructor must set on student's profile.

Instructor approval needed to register. Please see dance instructor or dance office for more information.

***Adv. Beg. Tap 2A***

Time: 4:15pm - 5:00pm [17049]

***Beginning Jazz 1B***

Time: 5:00pm - 5:45pm [17055]

***Adv. Beg. Ballet 2A***

Time: 5:45pm - 6:30pm [16836]

***Beginning Hip Hop 1B***

Time: 6:30pm - 7:15pm [17053]



### **Ice Skating Class**

The San Diego Ice Arena offers a 4-week program giving skaters the experience of skills and excitement they've all been waiting for. During the course students will learn how to balance, glide smoothly, skate forward and backward, stop and also have time to learn a few tricks. Skaters can practice on the public session from 3:15pm - 5:15pm Skate rental is included. **Classes are held at the San Diego Ice Arena**

#### **TOTS**

**AGE:** 3 - 5 years

**DAY:** Wednesday **TIME:** 4:00pm-4:30pm

**DATES/CODES:** 9/2/15 - 9/23/15 [18808]

10/7/15 - 10/28/15 [18811]

#### **YOUTH**

**AGE:** 6 - 17 years

**DAY:** Wednesday **TIME:** 4:30pm-5:00pm

**DATES/CODES:** 9/2/15 - 9/23/15 [18809]

10/7/15 - 10/28/15 [18810]

**FEE:** \$50.00

**INSTRUCTOR:** Ann Daniels/Sara Lovejoy

### **Maggie's Fine Art Class**

A complete fine arts program for children and adults. Learn drawing and painting skills using a variety of art materials. Have fun as you develop your creative imagination. These classes are great for all ages and ability levels. Come and experience the joy of the fine arts.

**Ages:** 5 years and up

**Fees:** \$70 per 5-week session \*Materials included\*

**Days/Times:**

**Wednesdays**

4:15 pm - 5:10 pm

**Session Dates:**

Session 1: 9/1/15 - 10/3/15 [18812]

Session 2: 10/13/15 - 11/14/15 [18813]



**Instructors:** Maggie Chiang & experienced art teachers

For more information, please call Maggie or David Chiang at

(858) 538-1925 or email [maggiesart98@gmail.com](mailto:maggiesart98@gmail.com)

\*Classes are also offered at Canyonside on Tuesdays and Saturdays!

These programs are subject to change or cancellation at any time.

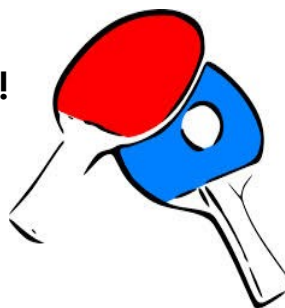
### **Open Table Tennis**

**Come play table tennis at Hilltop!!**

**Wednesdays 1:30pm - 7:00pm**

**Fridays 1:30pm - 6:30pm**

**Equipment provided by Hilltop or bring your own.**



### **Calligraphy Workshop for Adults**

Come join us for a fun workshop to work on your Calligraphy skills. Bring your own materials.

**Day/Time:** Fridays 5:00pm - 6:30pm

**Free and open to the public.**

[18807]

### **New Dog Obedience and Training Class \*\***

Great new class covering beginning obedience training including heel, sit, stay, down, and come. Also discussions on common behavioral concerns, responsible dog ownership, dog park etiquette, grooming, nutrition and more!

**Contact Instructor for fees.**

**Call Total K9 Training to enroll soon!**

**(858) 243-4030**

**Saturday 1:00pm - 3:00pm**



\*Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.

# Black Mtn. Multi-Purpose Center Activities and Camps 538-8128



## HOURS OF OPERATION

Monday 5:00pm - 8:30pm  
Tuesday, Thursday 5:00pm - 10:00pm  
Wednesday and Friday 5:00pm - 9:30pm  
Saturday 12:00pm - 4:00pm

\*\*\*\*\*Hours subject to change on short notice. Closed Sundays and all holidays.\*\*\*\*\*

## Adult Men's League

### **Two Divisions:**

#1 Tuesdays: Men's Open 'C'

#2 Thursdays: Men's Open 'B'

Fees: \$340 per team

For more information and league dates,  
visit [www.sandiegoabl.com](http://www.sandiegoabl.com) or call league director,  
Lance Allison @ (619) 991-8902.



## **Pickle Ball at**

## **Black Mountain Gym!**

Join us for some Pickle Ball fun! Mondays from  
5:30pm - 8:30pm. Call Hilltop staff at  
(858) 538-8198 for more information!

## Master Your Sports Camps

please register for these classes online at  
[www.MasterYourSports.com](http://www.MasterYourSports.com)

Check out our website for great camps all  
throughout San Diego! We have Xtreme  
Dodgeball, Flag Football, Basketball,  
Baseball, Volleyball, Multi and Junior  
Sports and tons more!  
[www.MasterYourSports.com](http://www.MasterYourSports.com)



## \* Open Play Hours

**Basketball: Saturdays**  
12:00pm - 4:00pm

**Badminton:**  
Wednesdays  
6:45pm - 9:15pm  
Fridays  
6:00pm - 9:15pm

\* Hours subject to change  
during youth basketball  
season and for school &  
special events.

## **FREE Badminton Workshop/Clinic now at Black Mountain Gym!**

**Designed for beginners. Bring your  
own racket and birdies or borrow  
from the staff.**

**Day\Time:**  
**Saturdays**

**10:00am - 11:45am**

**\*Please be courteous and show up on time! \***



## Rancho Penasquitos Skate Park



**PQ Skate Park is unsupervised.**

**SKATE AT YOUR OWN RISK!**

**Hours of Operation - open 7 days a week 10am - Dusk  
(park will close for rain and inclement weather)**

**Skate park is for skateboarding, skates, and rollerblades only.  
Bicycles, scooters, and motorized equipment are NOT permit-**

### **Rules and Regulations:**

- Parent/Guardian must accompany children under 12 years old.
- Skaters must be in full safety equipment to enter (helmet, elbow, and knee pads).
- No smoking, alcohol, food or drink. Glass containers not allowed.
  - Littering and graffiti not permitted.
- Unauthorized ramps or obstacles cannot be used inside or outside the skate park area.
  - Visitors/spectators are required to remain outside fenced area.
  - Animals not permitted.
  - In Case of Emergency, call 911.
- Report emergency and maintenance concerns to (858) 538-8132
  - City of San Diego Municipal Code SEC.63.0107

## SKATEBOARDING CLASSES and SUMMER CAMP!

**Come learn how to skate in a safe and healthy environment at the Rancho Penasquitos Skate Park! Classes include trick development, ramp fundamentals, skate park etiquette, and safety techniques. Open to students ages 5-13 years old and of any skill level. This program guarantees improvement in skill, balance, and coordination. Helmets and pads required.**



**Register for these classes online. See page 3 for more details on how to register!**



**FEE: \$70 per Session**

**Session 1: September 6 - October 11, 2015**

**Beginners 9:00am - 10:00am [17890]**

**Int./Adv. 10:00am - 11:00am [17903]**

**Session 2: October 18 - November 22, 2015**

**Beginners 9:00am - 10:00am [14718]**

**Int./Adv. 10:00am - 11:00am [17904]**

**LOCATION: Rancho Penasquitos Skate Park 10111 Carmel Mt Road**

Learn from the pro's! Andrew Barbosa is the director of SD Skatelite and has seven years of experience teaching skateboarding camps, classes, and lessons. He currently offers skateboarding classes and private lessons at multiple skate parks around San Diego County and with the City of SD Park and Recreation Department

### **FOR MORE INFORMATION:**

**Contact ANDREW at (619) 354-7998**

**Email: Andrew@sdskatelite.com**

**www.sdskatelite.com**



## **General Information and Important Phone Numbers**

### **Rancho Penasquitos Community Parks and Recreation Centers**

#### **Canyonside Recreation Center 12350 Black Mountain Road 92129**

Picnic tables, restrooms, tot lot, ball fields, gymnasium

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.), ball fields, meeting rooms - game room (20 ppl. max); craft room (20 ppl. max); multi-purpose room (50 ppl. max)

#### **Neighborhood parks**

#### **Black Mountain Ranch 14700 Carmel Valley 92129**

Ball fields only (3 baseball, 1 softball, or 3 full soccer fields) No party/picnic rentals.

#### **Adobe Bluffs Neighborhood Park 8805 Gainsborough Ave. 92129**

Picnic tables, 2 basketball courts, 1 multi-use field

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Penasquitos Creek Neighborhood Park 8021 Park Village Rd. 92129**

Picnic tables, 1 basketball court, tot lot, BBQ grills & hot coal receptacles, 1 multi-use field.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Ridgewood Neighborhood Park 12604 La Tortola 92129**

Picnic tables, 2 basketball courts, tot lot, 1 multi-use field.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Twin Trails Neighborhood Park 8900 Twin Trails 92129**

Picnic tables, 1 baseball field, 1 sand volleyball court, BBQ grills & hot coal receptacles, 1 basketball court, tot lot.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Rolling Hills Neighborhood Park 11171 Alamazon St. 92129**

Picnic tables, 1 baseball field, BBQ grills & hot coal receptacles, 1 basketball court.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Views West Neighborhood Park 12598 La Tortola 92129**

Picnic tables, 1 gazebo, 1 basketball court, 1 baseball field, 1 softball field, 1 sand volleyball court, restroom, tot lot, BBQ grills & hot coal receptacles.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.), and gazebo rental

#### **South Village Neighborhood Park 14756 Via Azul 92127**

Picnic tables, 1 basketball court, restroom, 1 multi-use field, tot lot.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Torrey Del Mar Neighborhood Park 7693 McGonigle Trail 92127**

Picnic tables, 1/2 basketball court, hot coal receptacles, tot lot, passive grass area.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

**For permits for any of these parks, please contact the center director at Canyonside at (858) 538-8105.**

#### **Linear Off Leash Dog Park 13339 Salmon River Road 92129** - Large and small dog pens.

#### **Hilltop Recreation Center 9711 Oviedo Road 92129**

Picnic tables, restrooms, 2 tot lots, passive grass areas, 2 basketball courts, 5 gazebos.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.), meeting rooms - 2 multi-purpose rooms (50 ppl. max or can be combined into 1 room with a max occupancy of 100).

#### **Black Mountain Multi-Purpose Center 9353 Oviedo Street 92129**

Full basketball court, volleyball court, badminton and pickle ball courts.

**For permits to these centers, please contact the center director at Hilltop Park at (858) 538-8198.**



#### **General Park Rules and Regulations:**

1. A permit is required to reserve a room, field, court, gym, auditorium, picnic shelter (gazebo), special equipment and if a group is larger than 50 people.
2. Bottles and glass containers are strictly prohibited.
3. All vehicles must park in marked stalls,
4. Vehicles are not allowed on the turf, sidewalks, or non-designated thoroughfare.
5. It is illegal to use city dumpsters for personal household refuse.
6. Smoking is strictly prohibited at all City of San Diego parks and beaches.
7. Dogs must be on a leash at all times.

## General Information and Important Phone Numbers

### RANCHO PENASQUITOS RECREATION COUNCIL

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Rancho Penasquitos community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. The Rancho Penasquitos Recreation Council meets on the fourth Thursday of each month at 7:30pm. at Canyonside Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and recreation centers should attend these meetings.

### RECYCLING BINS AT CANYONSIDE PARK

We have recycling bins at Canyonside located in the back parking lot on the north side of the park. Remember to recycle your aluminum, newspapers, cardboard, plastic, and glass. **DO NOT OVERFLOW BINS. NO DUMPING!** Help us think green and preserve our earth. **THANK YOU TO ALL OF YOU WHO RECYCLE HERE!**



### INDIVIDUALS WITH DISABILITIES



All activities can accommodate individuals with disabilities. Upon availability, Therapeutic Recreation Services staff will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreation Services is a Citywide program that provides recreation opportunities for people with disabilities. More information is available by calling them at (619) 525-8247 or (619) 525-8249TDD.

### CONTRACTUAL vs RENTAL PROGRAM

Canyonside and Hilltop Recreations Centers offer a variety of programs for the community which are provided through the means of two different sources. Contractual programs consist of independent contractors that have been approved by the Rancho Penasquitos Recreation Council as a sponsored program. Rental programs are commercial companies that rent the facility to offer their programs and activities for the community. Please see below for specified requirements.

Requirements for Independent Contractors \*

1. All contractors, sub-contractors and volunteers MUST be fingerprinted through City of San Diego Live Scan Process.
2. Contractors must submit a business license and proof of insurance.
3. City staff handles all registration for the program.
4. Contractor must provide Worker's Comp. coverage for employees.

Permit Holder Requirements: \*\*

1. Must provide proof of insurance.
2. Must provide own advertisement for program.
3. Registration handled by permit holder.

Note: Permit Holder is not required to submit proof of fingerprints for their coaches, volunteers and/or instructors.

All permit holders are identified with an \*\*asterisk in this program.

### RANCHO PENASQUITOS TENNIS CENTER

Rancho Penasquitos Tennis Center offers a variety of programs available to the community.

**For more information call (858) 484-0745**

### SPORTS LEAGUE INFORMATION

#### Youth Sports:

RP LITTLE LEAGUE [www.rpll.org](http://www.rpll.org) (858) 404-0577  
SAN DIEGO SOCCER CLUB  
[www.pqsoccer.com](http://www.pqsoccer.com)  
PQ GIRLS SOFTBALL LEAGUE (858) 334-1661  
[www.pqgsa.org](http://www.pqgsa.org)  
RPB YOUTH BASKETBALL (858) 484-HOOP  
[www.eteamz.com/rpbasketball](http://www.eteamz.com/rpbasketball)

#### Adult Sports:

MEN'S BASKETBALL (LANCE) (619) 991-8902  
[www.sandiegoabl.com](http://www.sandiegoabl.com)

### RECREATION CENTER PHONE NUMBERS

PQ BALLFIELD HOTLINE (858) 538-8106  
BLACK MTN. MULTIPURPOSE CTR. (858) 538-8128  
CANYONSIDE PARK & REC. (858) 538-8131  
CARMEL MTN./ (858) 538-8100  
SABRE SPRINGS PARK & REC.  
HILLTOP PARK & REC. (858) 538-8198  
MIRA MESA PARK & REC. (858) 538-8122  
RANCHO BERNARDO PARK & REC. (858) 538-8129  
SCRIPPS RANCH PARK & REC. (858) 538-8085  
HOURGLASS PARK & REC. (858) 538-8153  
NED BAUMER AQUATICS CENTER (858) 538-8083

#### Misc. Numbers:

RANCHO FAMILY YMCA (858) 484-8788  
MASTERyourSPORTS (858) 518-1315  
[www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)  
SD Ice Arena (858) 530-1826  
ext. 308

### VOLUNTEERS NEEDED

Interested volunteers should contact staff for more information, or contact the Volunteer Office at 619-533-4017 or visit [www.sandiego.gov](http://www.sandiego.gov)

AS A RECIPIENT OF FEDERAL FUND, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER AT 619-235-1133 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240). THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.



DIVERSITY  
BRINGS US ALL TOGETHER