

Department of Veterans Affairs

**Office of Information & Technology (OIT)
Product Development**

**VistA Mental Health Clinical Reminder
Dialog Templates**

User Guide

PXRM*2.0*32



**November 2014
Version 1.3**

Revision History

Date	Version	Description	Author
September 2014	1.3	Updated for release	Information Innovators Inc.
February 2014	1.2	Document specific to PXRМ*2.0*32 (Increment 3)	Information Innovators Inc.
August 2013	1.1	Document specific to PXRМ*2.0*29 (Increments 1&2)	Information Innovators Inc.
January 2013	1.0	Initial draft	K&R Consulting, Inc.

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Introduction

The purpose of this document is to provide clinicians with the information they need to use the Mental Health Clinical Reminder (MHCR) Dialog Templates (patch PXRМ*2.0*32) in the VA's Computerized Patient Record System (CPRS). It is not intended to provide basic information such as logging in to CPRS, or getting help. For information on those and other fundamentals, see *Related Documentation*.

Target audience

The intended users are the Mental Health clinicians who deliver these particular Evidenced-Based Psychotherapies (EBPs) at VHA facilities. The Clinical Reminder Dialog Templates (patch PXRМ*2.0*32) will be made available to all clinicians engaged in the supported therapy protocols. Proficiency in CPRS is the only user requirement.

Other sources of information

Other relevant information is also available on the Clinical Reminders website:

<http://vista.med.va.gov/reminders/>

Related documentation

The following manuals are available from the VistA Documentation Library (VDL)

<http://www.va.gov/vdl/>:

Documentation	Documentation file name
Computerized Patient Record System (CPRS) User Guide GUI version February 2012	cprsguium.PDF
Mental Health Clinical Reminders Dialog Installation and Setup Guide	PXRМ_2.0_32_IG.PDF
MHCR Release Notes	PXRМ_2.0_32_UM.PDF
Clinical Reminders Manager's Manual	PXRМ_2.0_MM.PDF
Clinical Reminders Technical Manual	PXRМ_2.0_TM.PDF

Background

The Improve Veterans' Mental Health (IVMH) Initiative is part of the Department of Veterans Affairs (VA)'s set of 21st century transformational initiatives (T21). The Mental Health Clinical Reminders (MHCR) project was designed to help facilitate IVMH by providing a national distribution of MHCR dialog templates appropriate for Evidence Based Psychotherapy (EBP) protocols. The protocols will be used for the treatment of mental health conditions, including depression, post-traumatic stress disorder, and others. The national reminder dialog templates will facilitate uniform data collection. This will allow Mental Health Services (MHS) the ability to effectively monitor implementation of the therapy protocols as well as evaluate the effectiveness of the therapies. The templates will assist in providing uniformity across mental services within the VA.

Access to the MHCR templates is through the CPRS environment. All of the templates will use the existing Clinical Reminder dialog functionalities; no new functionalities have been created to support the protocols.

About the MHA application

The dialog templates may include Mental Health Assistant (MHA) instruments as part of the template dialog. If so, you will have the option to complete the instruments. Depending on how your site has configured the reminder dialogs, the assessment will appear in the progress note or not. (Both approaches are used in the EBP templates included in this project.)

MHCR dialog templates for PXR*2.0*32

Mandated template drawer names are listed in the installation procedure steps in the Installation Guide - Patch PXR*2.0*32. To facilitate clinician recognition of the correct templates, those drawer names are abbreviated versions of the titles listed in full here. The national EBP training programs have created clinician training materials based on the mandated (abbreviated) template drawer names, therefore the names, the order of those names, and the names of their enclosing folders should be followed – see note on page 14 (section 3.3.3 Installation Guide - Patch PXR*2.0*32). The mandated drawer names are abbreviated versions of these:

BFT - Behavioral Family Therapy

- VA-MH BFT 1 ORIENTATION
- VA-MH BFT 2 EDUCATION SESSION
- VA-MH BFT 3 COMMUNICATION SESSION
- VA-MH BFT 4 PROBLEM-SOLVING SESSION
- VA-MH BFT 5 FINAL SESSION
- VA-MH BFT 6 EARLY TERMINATION

CBT-I - Cognitive Behavioral Therapy for Insomnia

- VA-MH CBT-I 1 EVALUATION SESSION
- VA-MH CBT-I 2 INITIAL TREATMENT PHASE
- VA-MH CBT-I 3 MIDDLE TREATMENT PHASE
- VA-MH CBT-I 4 FINAL SESSION
- VA-MH CBT-I EARLY TERMINATION

IBCT - Integrative Behavioral Couple Therapy

- VA-MH IBCT 1 INITIAL
- VA-MH IBCT 2 INDIVIDUAL
- VA-MH IBCT 3 NON VETERAN
- VA-MH IBCT 4 FEEDBACK
- VA-MH IBCT 5 THERAPY
- VA-MH IBCT 6 TERMINATION
- VA-MH IBCT EARLY TERMINATION

IPT - Interpersonal Psychotherapy for Depression

- VA-MH IPT 1 DEPRESSION
- VA-MH IPT 2 DEPRESSION
- VA-MH IPT 3 DEPRESSION

- VA-MH IPT 4 DEPRESSION MAINT
- VA-MH IPT EARLY TERMINATION

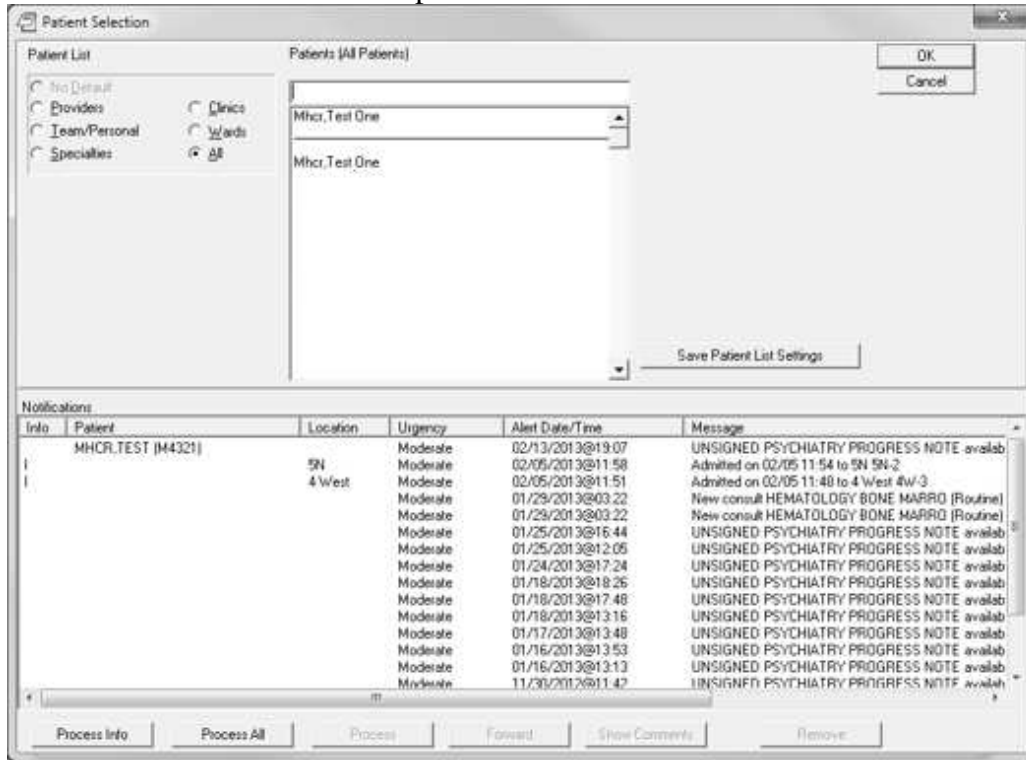
SST - Social Skills Training

- VA-MH SST 1 INITIAL
- VA-MH SST 2 GROUP VISIT
- VA-MH SST 3 FINAL VISIT
- VA-MH SST EARLY TERMINATION

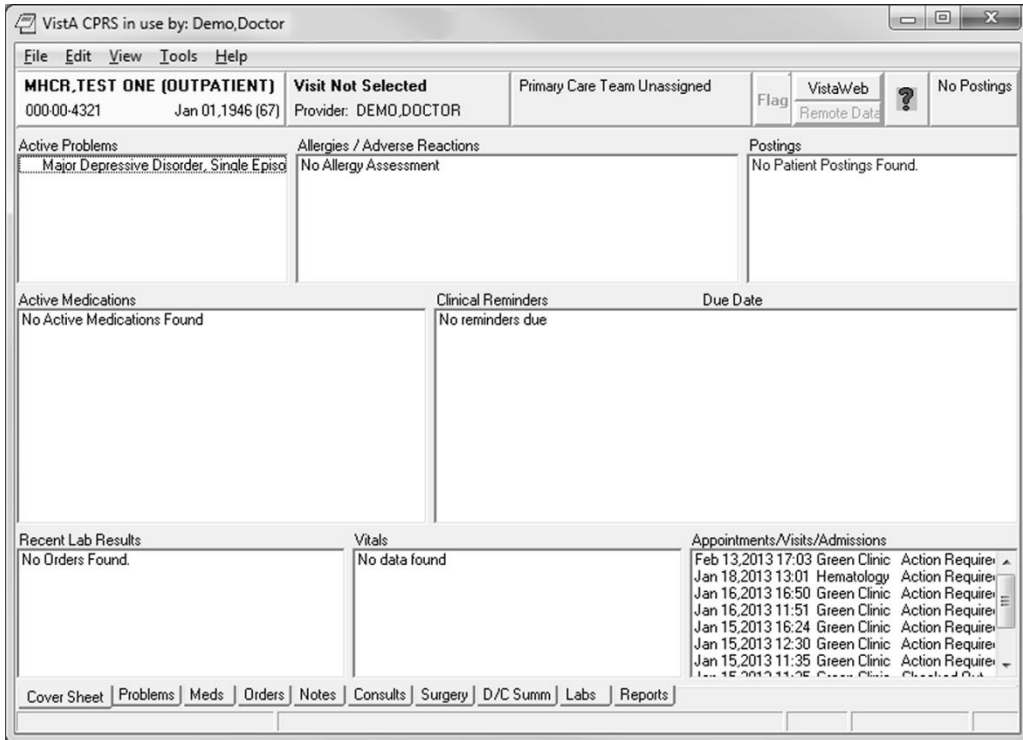
To access and complete an MHCR dialog template

1. Sign onto CPRS.

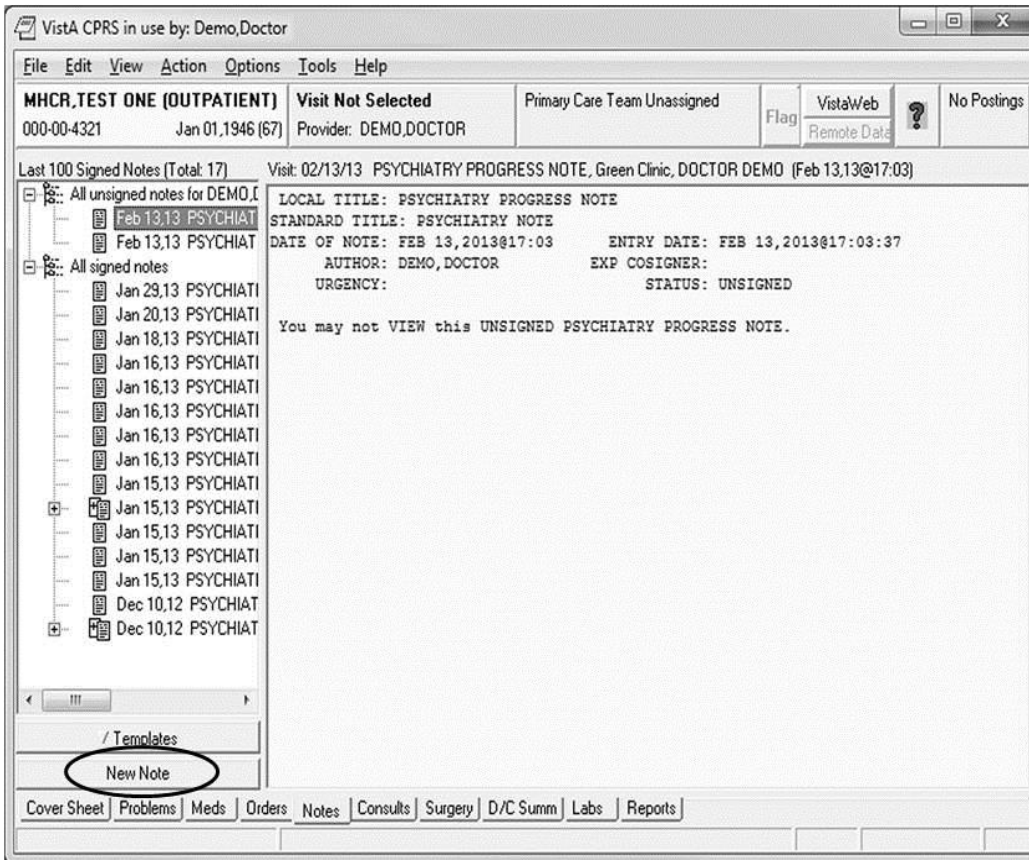
The Patient Selection window opens:



2. Select the patient you want to work with, in your usual manner.
The patient's record opens in Cover Sheet view:

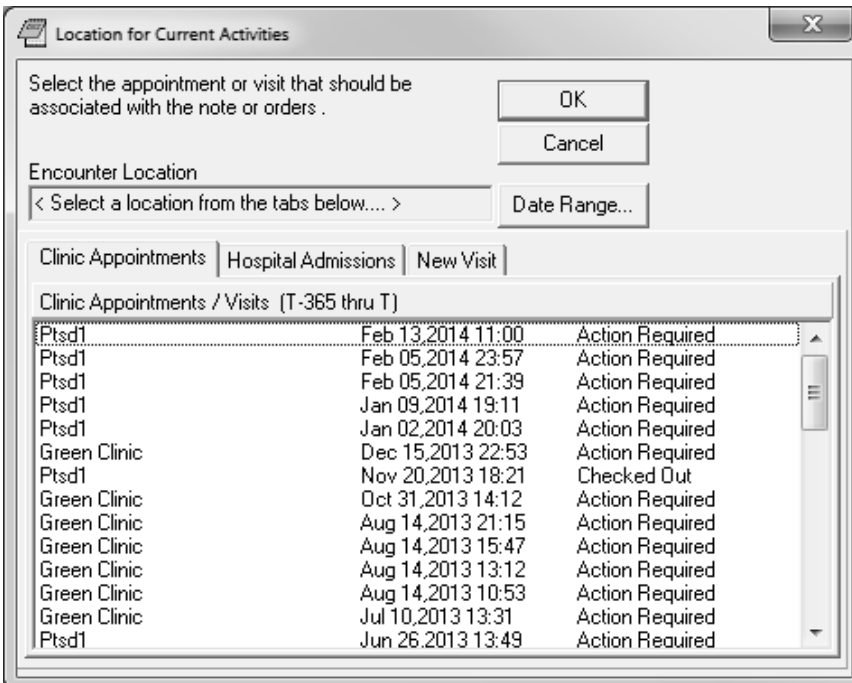


3. Click the Notes tab.
The Notes view opens, showing a New Note button:



4. Click **New Note**.

The **Location for Current Activities** window opens:



5. Select a location.

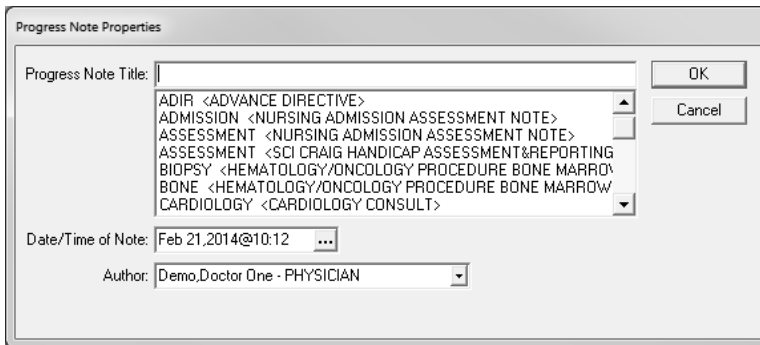
The location displays in the Encounter Location read-only field.

--OR--

Click the tab for Hospital Admissions or New Visit. If New Visit, select a Visit Location and a Date and Time of Visit.

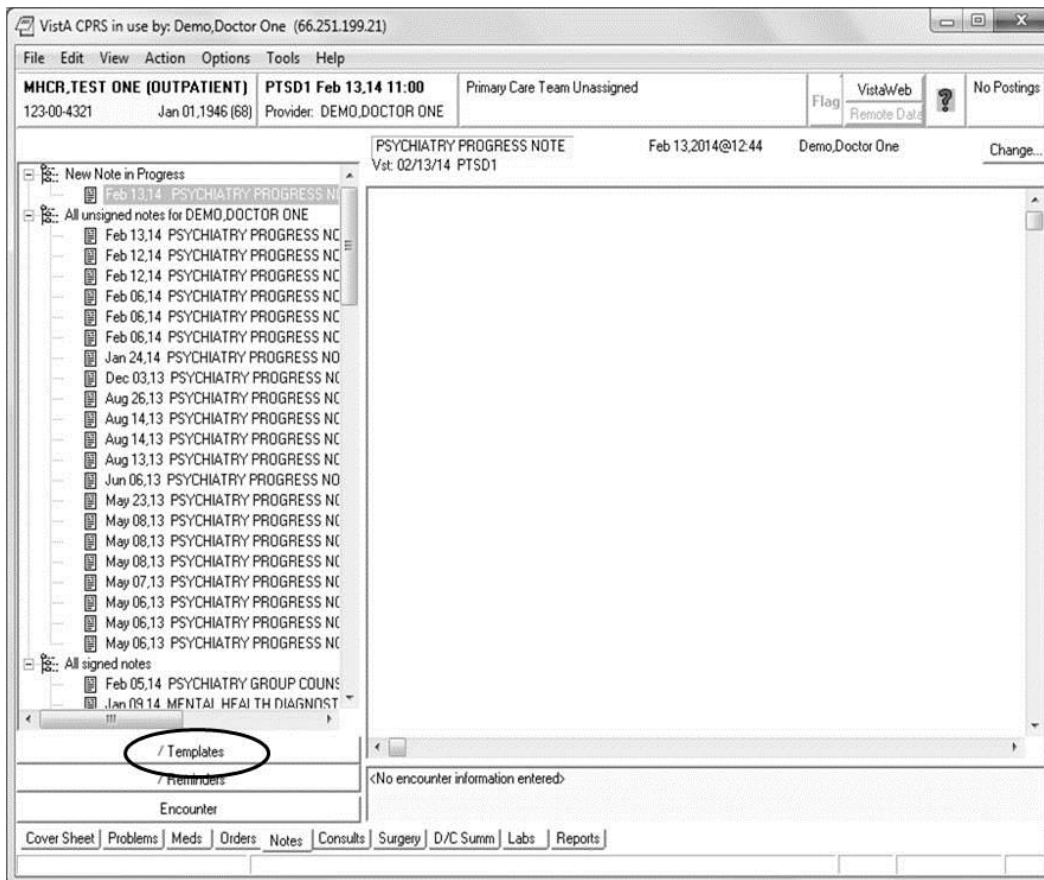
6. Click **OK**.

The Progress Note Properties window opens.



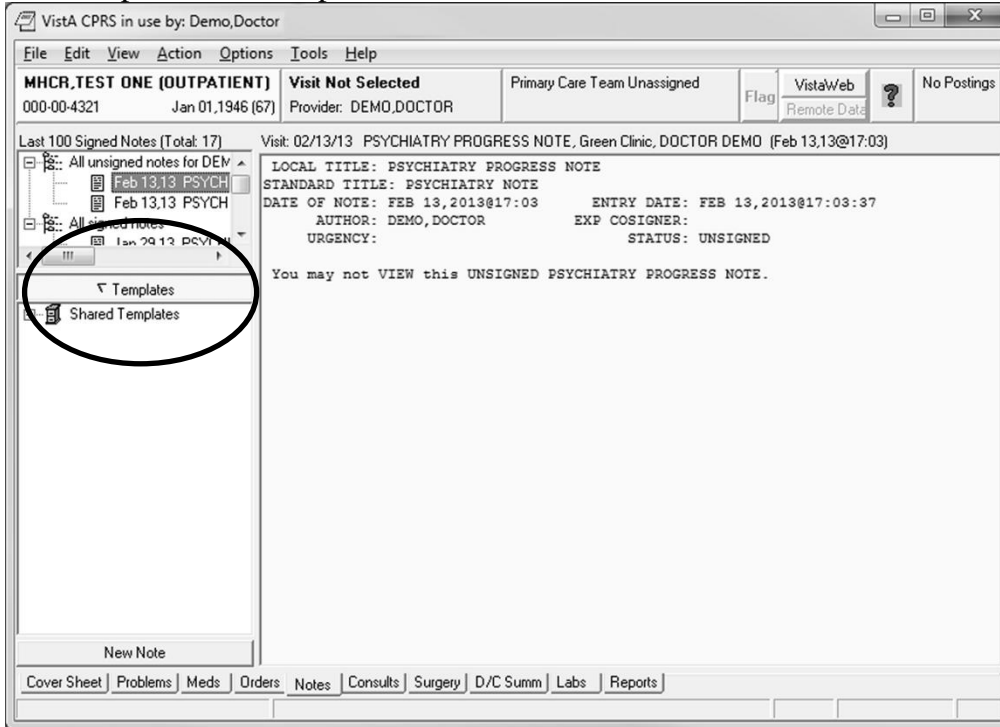
7. Type the note title into the Progress Note Title field or select from the list, then click **OK**.

You are returned to the Notes tab view.

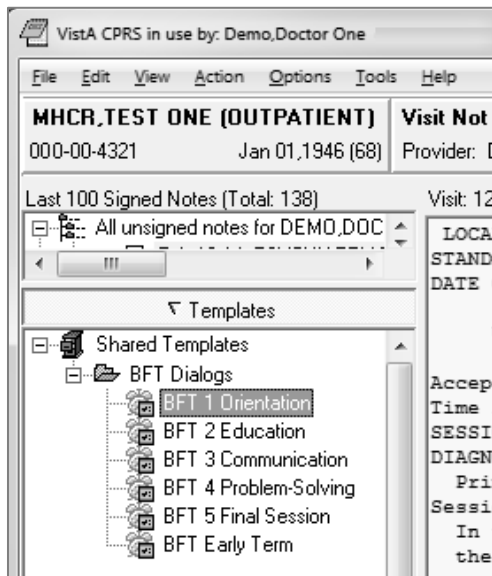


8. Click **Templates**.

The Templates section opens:



9. Expand the list of Shared Templates by clicking +, then double-click the template you want, as shown in the section view:



The template opens:

Reminder Dialog Template: BFT 1 Orientation

Behavioral Family Therapy: Orientation Session

Time in session (in minutes):

SESSION NUMBER

1

2

3

SESSION FORMAT

Face-to-face session

Telephone session

Video Telehealth Session

Other

SESSION LOCATION

DIAGNOSIS:

Primary (focus of treatment):

Secondary (if applicable):

ASSESSMENT

ASSESSMENT MEASURES

RISK INFORMATION

MENTAL STATUS/BEHAVIORAL OBSERVATIONS

OTHER RELEVANT ASSESSMENT OBSERVATIONS

The Veteran completed the Orientation session of Behavioral Family Therapy (BFT).

PARTICIPANTS IN SESSION:

For those who attended today's session, please list their relationship to the Veteran ONLY and do not use names. For example, please refer to others in attendance as Veteran's partner, wife, husband, etc.

In this Orientation session of BFT, the following therapeutic activities were performed:

INTRODUCTORY REVIEW

Health Factors: BFT 1 ORIENTATION SESSION, BFT SESSION NUMBER 1, MH BFT TEMPLATES, MH EBP TEMPLATE

* Indicates a Required Field

10. Click to select the items you want; continue scrolling to review the entire template.

Note: Selecting some options opens a text field for data entry.

11. Type data in the text fields as necessary.

12. When you have completed the template, click **Finish**.

The template window closes, and you are returned to the CPRS Notes view, showing the information you entered in the form of a progress note.

About signing your progress note

You must sign the note with your electronic signature before it can become a note that other CPRS users can see, as well as a permanent entry in the patient's record.

To sign your progress note

1. Click the Action menu (top of CPRS Notes view window), and select **Sign Note Now**. The Sign Note dialog box opens.
2. Type your electronic signature code into the Signature Code field, then click **OK**. Your note is signed, and you are returned to the CPRS Notes view.

APPENDIX A: Finding Items For Evidence Based Psychotherapy:

- 12 MH EVIDENCED BASED PSYCHOTHER TEMPLATES
- 13 MH EBP PLAN REFERRAL
- 14 MH EBP EARLY TERM AGREE
- 15 MH EBP EARLY TERM NO CONTACT
- 16 MH EBP EARLY TERM DISCONT TX
- 17 MH EBP EARLY TERM SYMPTOMS REMIT
- 18 MH EBP TEMPLATE
- 19 MH EBP PLAN PT AGREE
- 20 MH EBP PLAN BOOSTER SESSION
- 21 MH EBP PLAN TX COMPLETE

APPENDIX B: Finding Items For Social Skills Training

- 22 MH SST TEMPLATES
- 23 MH SST 3 REVIEW PROGRESS DISCONTINUE
- 24 MH SST 3 REVIEW PROGRESS TERMINATE
- 25 MH SST 3 REVIEW PROGRESS COMPLETED
- 26 MH SST 3 REVIEW PROGRESS ATTENDING NO
- 27 MH SST 3 FINAL
- 28 MH SST THERAPY
- 29 MH SST LEVEL ACTIVE NO
- 30 MH SST LEVEL PROMPT
- 31 MH SST LEVEL ACTIVE YES
- 32 MH SST PARTICIPATION LEVEL
- 33 MH SST PARTICIPATION NUMBER 4
- 34 MH SST PARTICIPATION NUMBER 3
- 35 MH SST PARTICIPATION NUMBER 2
- 36 MH SST PARTICIPATION NUMBER 1
- 37 MH SST PARTICIPATION NUMBER
- 38 MH SST SUGGESTIONS IMPROVE
- 39 MH SST POS FEEDBACK
- 40 MH SST SKILL MODELED GROUP
- 41 MH SST SKILL MODELED ROLE
- 42 MH SST SKILL STEPS
- 43 MH SST SKILL RATIONALE
- 44 MH SST ASSIGNMENT
- 45 MH SST ESTABLISHED AGENDA
- 46 MH SST SOCIAL SKILLS TAUGHT COPING
- 47 MH SST SOCIAL SKILLS TAUGHT VOCATIONAL
- 48 MH SST SOCIAL SKILLS TAUGHT CONFLICT
- 49 MH SST SOCIAL SKILLS TAUGHT ASSERTIVE
- 50 MH SST SOCIAL SKILLS TAUGHT CONVERSATION
- 51 MH SST SOCIAL SKILLS TAUGHT OTHER
- 52 MH SST SOCIAL SKILLS TAUGHT HEALTH
- 53 MH SST SOCIAL SKILLS TAUGHT FRIENDSHIP
- 54 MH SST SOCIAL SKILLS TAUGHT COMMUNAL
- 55 MH SST SOCIAL SKILLS TAUGHT FOUR
- 56 MH SST SOCIAL SKILLS TAUGHT
- 57 MH SST ASSESSMENT YES
- 58 MH SST ASSESSMENT NO
- 59 MH EBP COLLABORATION HIGH

60 MH EBP COLLABORATION MEDIUM
 61 MH EBP COLLABORATION LOW
 62 MH EBP MOTIVATION ENHANCE BARRIERS
 63 MH EBP MOTIVATION ENHANCE ATTITUDES
 64 MH EBP MOTIVATION ENHANCE BENEFITS
 65 MH EBP MOTIVATION ENHANCE CONSEQUENCES
 66 MH EBP MOTIVATION ENHANCE GOALS
 67 MH SST 2 GROUP VISIT
 68 MH SST 1 INITIAL
 69 MH SST TREATMENT GOALS LONG
 70 MH SST TREATMENT GOALS SHORT
 71 MH SST TREATMENT GOALS
 72 MH SST TREATMENT GOALS NOT IDENTIFIED

APPENDIX C: Finding Items For Interpersonal Therapy

73 MH IPT FOR DEPRESSION
 74 MH IPT SESSION NUMBER COMPLETED 17+
 75 MH IPT SESSION NUMBER COMPLETED 16
 76 MH IPT SESSION NUMBER COMPLETED 15
 77 MH IPT SESSION NUMBER COMPLETED 14
 78 MH IPT SESSION NUMBER COMPLETED 13
 79 MH IPT SESSION NUMBER COMPLETED 12
 80 MH IPT SESSION NUMBER COMPLETED 4
 81 MH IPT SESSION NUMBER COMPLETED 3
 82 MH IPT SESSION NUMBER COMPLETED 2
 83 MH IPT SESSION NUMBER COMPLETED 1
 84 MH IPT SESSION NUMBER COMPLETED 11
 85 MH IPT SESSION NUMBER COMPLETED 10
 86 MH IPT SESSION NUMBER COMPLETED 9
 87 MH IPT SESSION NUMBER COMPLETED 8
 88 MH IPT SESSION NUMBER COMPLETED 7
 89 MH IPT SESSION NUMBER COMPLETED 6
 90 MH IPT SESSION NUMBER COMPLETED 5
 91 MH IPT THERAPY
 92 MH IPT EARLY TERM OUTSIDE OF SSN
 93 MH IPT HOMEWORK NOT ASSIGNED NEXT SSN
 94 MH IPT HOMEWORK NOT ASSIGNED LAST SSN
 95 MH IPT HOMEWORK NOT COMPLETE
 96 MH IPT HOMEWORK COMPLETE
 97 MH IPT TECHNIQUE ROLE PLAY
 98 MH IPT TECHNIQUE DECISION ANALYSIS
 99 MH IPT TECHNIQUE DIRECTIVE
 100 MH IPT TECHNIQUE THERAPEUTIC RELATION
 101 MH IPT TECHNIQUE COMMUNICATION TECHNIQUE
 102 MH IPT TECHNIQUE COMMUNICATION ANALYSIS
 103 MH IPT TECHNIQUE CLARIFICATION
 104 MH IPT TECHNIQUE ENCOURAGE AFFECT
 105 MH IPT TECHNIQUE EXPLORATION
 106 MH IPT DEFICITS COMPARE THER
 107 MH IPT DEFICITS REPETITIVE
 108 MH IPT DEFICITS COMPARE
 109 MH IPT DEFICITS CONNECT

110 MH IPT DEFICITS RELATION
 111 MH IPT DEFICITS REDUCE ISOL
 112 MH IPT ROLE TRANSITION SKILL ENCOURAGE
 113 MH IPT ROLE TRANSITION AFFECT
 114 MH IPT ROLE TRANSITION OPPORTUNITIES
 115 MH IPT ROLE TRANSITION FEELINGS
 116 MH IPT ROLE TRANSITION COMPARE
 117 MH IPT ROLE TRANSITION COPING
 118 MH IPT ROLE TRANSITION SKILL DEVELOP
 119 MH IPT ROLE TRANSITION POSITIVE
 120 MH IPT ROLE TRANSITION LET GO
 121 MH IPT ROLE DISPUTE STAGE
 122 MH IPT ROLE DISPUTE PARALLEL
 123 MH IPT ROLE DISPUTE EXPECTATIONS
 124 MH IPT ROLE DISPUTE CONNECT
 125 MH IPT ROLE DISPUTE PATTERNS
 126 MH IPT ROLE DISPUTE PLAN
 127 MH IPT GRIEF INVOLVE
 128 MH IPT GRIEF RECONSTRUCT
 129 MH IPT GRIEF DESCRIBE
 130 MH IPT GRIEF ELICIT
 131 MH IPT GRIEF LINK
 132 MH IPT GRIEF FRIEND
 133 MH IPT GRIEF MOURN
 134 MH IPT INTERPERSONAL DEFICIT SECONDARY
 135 MH IPT ROLE TRANSITION SECONDARY
 136 MH IPT ROLE DISPUTE SECONDARY
 137 MH IPT GRIEF SECONDARY
 138 MH IPT INTERPERSONAL DEFICIT PRIMARY
 139 MH IPT ROLE TRANSITION PRIMARY
 140 MH IPT ROLE DISPUTE PRIMARY
 141 MH IPT GRIEF PRIMARY
 142 MH IPT ENCOURAGE GOAL DESCRIBE
 143 MH IPT GOAL SET
 144 MH IPT PROBLEM REVIEW
 145 MH IPT SESSION NUMBER 1 MAINT
 146 MH IPT SESSION NUMBER 2 MAINT
 147 MH IPT SESSION NUMBER 3 MAINT
 148 MH IPT SESSION NUMBER 12+ MAINT
 149 MH IPT SESSION NUMBER 11 MAINT
 150 MH IPT SESSION NUMBER 10 MAINT
 151 MH IPT SESSION NUMBER 9 MAINT
 152 MH IPT SESSION NUMBER 8 MAINT
 153 MH IPT SESSION NUMBER 7 MAINT
 154 MH IPT SESSION NUMBER 6 MAINT
 155 MH IPT SESSION NUMBER 5 MAINT
 156 MH IPT SESSION NUMBER 4 MAINT
 157 MH IPT 4 MAINTENANCE SESSION
 158 MH IPT 3 SKILLS
 159 MH IPT 3 FOCUS
 160 MH IPT 3 PROBLEM
 161 MH IPT 3 MOOD
 162 MH IPT 3 CONTINUE
 163 MH IPT 3 RESPOND

164 MH IPT 3 FUTURE
 165 MH IPT 3 TRIGGER
 166 MH IPT 3 FEELINGS
 167 MH IPT MORE DEPRESSED
 168 MH IPT LESS SOCIAL NETWORK
 169 MH IPT SAME SOCIAL NETWORK
 170 MH IPT SAME DEPRESSED
 171 MH IPT LESS DEPRESSED
 172 MH IPT SESSION NUMBER 17+
 173 MH IPT SESSION NUMBER 16
 174 MH IPT SESSION NUMBER 15
 175 MH IPT SESSION NUMBER 14
 176 MH IPT SESSION NUMBER 13
 177 MH IPT SESSION NUMBER 12
 178 MH IPT SESSION NUMBER 11
 179 MH IPT SESSION NUMBER 10
 180 MH IPT SESSION NUMBER 9
 181 MH IPT SESSION NUMBER 8
 182 MH IPT SESSION NUMBER 7
 183 MH IPT SESSION NUMBER 6
 184 MH IPT SESSION NUMBER 5
 185 MH IPT SESSION NUMBER 4
 186 MH IPT 3 TERMINATION SESSION
 187 MH IPT SESSION NUMBER 3
 188 MH IPT 2 INTERMEDIATE SESSION
 189 MH IPT 1 INITIAL SESSION
 190 MH IPT SESSION NUMBER 2
 191 MH IPT SESSION NUMBER 1
 192 MH IPT INTERPERSONAL FORMULATION
 193 MH IPT INTERPERSONAL INVENTORY
 194 MH IPT SICK ROLE EXPLAIN
 195 MH IPT DEP EDUC

APPENDIX D: Finding Items For Integrated Behavioral Couples Therapy

196 MH IBCT TEMPLATES
 197 MH IBCT SESSION NUMBER COMPLETED 1
 198 MH IBCT SESSION NUMBER COMPLETED >24
 199 MH IBCT SESSION NUMBER COMPLETED 24
 200 MH IBCT SESSION NUMBER COMPLETED 20
 201 MH IBCT SESSION NUMBER COMPLETED 18
 202 MH IBCT SESSION NUMBER COMPLETED 17
 203 MH IBCT SESSION NUMBER COMPLETED 15
 204 MH IBCT SESSION NUMBER COMPLETED 14
 205 MH IBCT SESSION NUMBER COMPLETED 13
 206 MH IBCT SESSION NUMBER COMPLETED 11
 207 MH IBCT SESSION NUMBER COMPLETED 10
 208 MH IBCT SESSION NUMBER COMPLETED 9
 209 MH IBCT SESSION NUMBER COMPLETED 7
 210 MH IBCT SESSION NUMBER COMPLETED 6
 211 MH IBCT SESSION NUMBER COMPLETED 4

212 MH IBCT SESSION NUMBER COMPLETED 3
 213 MH IBCT SESSION NUMBER COMPLETED 23
 214 MH IBCT SESSION NUMBER COMPLETED 22
 215 MH IBCT SESSION NUMBER COMPLETED 21
 216 MH IBCT SESSION NUMBER COMPLETED 19
 217 MH IBCT SESSION NUMBER COMPLETED 16
 218 MH IBCT SESSION NUMBER COMPLETED 12
 219 MH IBCT SESSION NUMBER COMPLETED 8
 220 MH IBCT SESSION NUMBER COMPLETED 5
 221 MH IBCT SESSION NUMBER COMPLETED 2
 222 MH IBCT THERAPY
 223 MH IBCT 7 EARLY TERMINATION
 224 MH IBCT DIRECT CHANGE STRATEGY
 225 MH IBCT TOLERANCE BUILD
 226 MH IBCT UNIFIED DETACHMENT
 227 MH IBCT EMPATHIC JOIN
 228 MH IBCT PRACTICE NOT ASSIGNED
 229 MH IBCT PRACTICE NOT COMPLETE
 230 MH IBCT PRACTICE COMPLETE
 231 MH IBCT SESSION NUMBER 5
 232 MH IBCT SESSION NUMBER 6
 233 MH IBCT SESSION NUMBER 7
 234 MH IBCT SESSION NUMBER >24
 235 MH IBCT SESSION NUMBER 24
 236 MH IBCT SESSION NUMBER 20
 237 MH IBCT SESSION NUMBER 18
 238 MH IBCT SESSION NUMBER 17
 239 MH IBCT SESSION NUMBER 15
 240 MH IBCT SESSION NUMBER 14
 241 MH IBCT SESSION NUMBER 13
 242 MH IBCT SESSION NUMBER 11
 243 MH IBCT SESSION NUMBER 10
 244 MH IBCT SESSION NUMBER 9
 245 MH IBCT SESSION NUMBER 23
 246 MH IBCT SESSION NUMBER 22
 247 MH IBCT SESSION NUMBER 21
 248 MH IBCT SESSION NUMBER 19
 249 MH IBCT SESSION NUMBER 16
 250 MH IBCT SESSION NUMBER 12
 251 MH IBCT SESSION NUMBER 8
 252 MH IBCT 6 TERMINATION
 253 MH IBCT 5 THERAPY
 254 MH IBCT WEEKLY QUESTIONNAIRE
 255 MH IBCT FOCUS OVERVIEW
 256 MH IBCT DEEP
 257 MH IBCT FEEDBACK OVERVIEW
 258 MH IBCT SESSION NUMBER 4
 259 MH IBCT SESSION NUMBER 3
 260 MH IBCT 4 FEEDBACK
 261 MH IBCT SESSION NUMBER 2
 262 MH IBCT 3 NON VETERAN
 263 MH IBCT 2 INDIVIDUAL
 264 MH IBCT SESSION NUMBER 1
 265 MH IBCT 1 INITIAL

APPENDIX E: Finding Items For Cognitive Behavioral Therapy For Insomnia

266 MH CBT-I TEMPLATES (INSOMNIA)
267 MH CBT-I SESSION NUMBER COMPLETED 4
268 MH CBT-I SESSION NUMBER COMPLETED 3
269 MH CPT TEMPLATES (COGNITIVE PROCESSING)
270 MH CPT SESSION NUMBER COMPLETED 2
271 MH CBT-I SESSION NUMBER COMPLETED 1
272 MH CBT-I SESSION NUMBER COMPLETED 11+
273 MH CBT-I SESSION NUMBER COMPLETED 10
274 MH CBT-I SESSION NUMBER COMPLETED 9
275 MH CBT-I SESSION NUMBER COMPLETED 8
276 MH CBT-I SESSION NUMBER COMPLETED 7
277 MH CBT-I SESSION NUMBER COMPLETED 6
278 MH CBT-I SESSION NUMBER COMPLETED 5
279 MH CBT-I THERAPY
280 MH CBT-I EARLY TERM OUTSIDE OF SSN
281 MH CBT-I FINAL SELF RPT FUNCT NO CHANGE
282 MH CBT-I FINAL SELF RPT FUNCT WORS
283 MH CBT-I FINAL SELF RPT FUNCT IMPROV
284 MH CBT-I FINAL SELF RPT SLEEP NO CHANGE
285 MH CBT-I FINAL SELF RPT SLEEP WORS
286 MH CBT-I FINAL SELF RPT SLEEP IMPROV
287 MH CBT-I FINAL SLEEP EFFIC DECREASE
288 MH CBT-I FINAL SLEEP EFFIC INCREASE
289 MH CBT-I FINAL TOTAL SLEEP TIME DECREASE
290 MH CBT-I FINAL TOTAL SLEEP TIME INCREASE
291 MH CBT-I FINAL AWAKEN NUMBER DECREASE
292 MH CBT-I FINAL AWAKEN NUMBER INCREASE
293 MH CBT-I FINAL WASO DECREASE
294 MH CBT-I FINAL WASO INCREASE
295 MH CBT-I FINAL SLEEP LATENCY DECREASE
296 MH CBT-I FINAL SLEEP LATENCY INCREASE
297 MH CBT-I GOAL NOT ACHIEVE
298 MH CBT-I GOAL PARTIAL ACHIEVE
299 MH CBT-I GOAL ACHIEVE
300 MH CBT-I CONTINUING SELF CARE PLAN
301 MH CBT-I HANDOUT ACTION
302 MH CBT-I DEVELOP PLAN
303 MH CBT-I FEELING TIRED
304 MH CBT-I ENJOYING YOUR MORNING
305 MH CBT-I THINGS TO DO
306 MH CBT-I STAYING AWAKE
307 MH CBT-I GET IN THE WAY
308 MH CBT-I Q&A RULES
309 MH CBT-I REVIEWED COGNITIVE
310 MH CBT-I RELAXATION PROG
311 MH CBT-I ADJUSTED BEDTIME
312 MH CBT-I PROBLEM SOLVED ISSUES
313 MH CBT-I ADHERENCE TO THERAPY
314 MH CBT-I BLANK DIARY PROVIDED

315 MH CBT-I BEDTIME ADJUST OTHER
 316 MH CBT-I INPUT
 317 MH CBT-I SLEEP NEED
 318 MH CBT-I SLEEP DIARY REVIEWED
 319 MH CBT-I ADHERENCE HIGH
 320 MH CBT-I ADHERENCE MEDIUM
 321 MH CBT-I ADHERENCE LOW
 322 MH CBT-I SNQ SEVERE
 323 MH CBT-I SNQ MODERATE
 324 MH CBT-I SNQ MILD
 325 MH CBT-I PRESCRIBED BEDTIME ADHERENCE NO
 326 MH CBT-I PRESCRIBED BEDTIME ADHERENCE
 327 MH CBT-I SLEEP DIARY COMPLETE
 328 MH CBT-I SLEEP DIARY NOT COMPLETE
 329 MH CBT-I ISI NO CHANGE
 330 MH CBT-I ISI INCREASE
 331 MH CBT-I ISI REDUCTION
 332 MH CBT-I ISI SEVERE
 333 MH CBT-I ISI MODERATE
 334 MH CBT-I ISI MILD
 335 MH CBT-I SESSION NUMBER >10
 336 MH CBT-I SESSION NUMBER 10
 337 MH CBT-I SESSION NUMBER 9
 338 MH CBT-I SESSION NUMBER 8
 339 MH CBT-I SESSION NUMBER 7
 340 MH CBT-I SESSION NUMBER 6
 341 MH CBT-I SESSION NUMBER 5
 342 MH CBT-I SESSION NUMBER 4
 343 MH CBT-I 4 FINAL SESSION
 344 MH CBT-I AVOID NAPPING
 345 MH CBT-I ADDRESSED BARRIERS
 346 MH CBT-I ASSESSED BARRIERS
 347 MH CBT-I CHANGING THINK
 348 MH CBT-I COG THERAPY
 349 MH CBT-I RELAXATION TRAINING
 350 MH CBT-I TIME IN BED
 351 MH CBT-I SESSION NUMBER 3
 352 MH CBT-I 3 MIDDLE TREATMENT
 353 MH CBT-I IMPLEMENT SLEEP RESTRICTION
 354 MH CBT-I IMPLEMENT STIMULUS CONTROL
 355 MH CBT-I AVOID HEAVY MEALS
 356 MH CBT-I BEDROOM DARK
 357 MH CBT-I EXERCISE REGULARLY
 358 MH CBT-I LIMIT TOBACCO USE
 359 MH CBT-I LIMIT ALCOHOL USE
 360 MH CBT-I LIMIT CAFFEINE
 361 MH CBT-I TURN CLOCK AROUND
 362 MH CBT-I BARRIERS NONE
 363 MH CBT-I SLEEP HYGIENE
 364 MH CBT-I CALMING THE MIND
 365 MH CBT-I PRESCRIBED BEDTIME
 366 MH CBT-I OVERCOMING INSOMNIA
 367 MH CBT-I SLEEP RESTRICTION THERAPY
 368 MH CBT-I STIMULUS CONTROL THERAPY

369 MH CBT-I PSYCHOEDUCATION ON SLEEP
 370 MH CBT-I SESSION NUMBER 2
 371 MH CBT-I 2 INITIAL TREATMENT
 372 MH CBT-I SESSION NUMBER 1
 373 MH CBT-I 1 EVALUATION SESSION
 374 MH CBT-I BLANK SLEEP DIARY
 375 MH CBT-I UNDERSTAND HOMEWORK ASSIGN
 376 MH CBT-I INSTRUCT SLEEP DIARY
 377 MH CBT-I EXPLAIN HOMEWORK
 378 MH CBT-I LENGTH OF TREATMENT
 379 MH CBT-I TREATMENT GOALS INITIAL
 380 MH CBT-I EFFICACY
 381 MH CBT-I DESCRIPTION CBT-I
 382 MH CBT-I IS CANDIDATE RECEPTIVE NO
 383 MH CBT-I IS CANDIDATE RECEPTIVE YES
 384 MH CBT-I IS CANDIDATE
 385 MH CBT-I NOT A CANDIDATE
 386 MH CBT-I MEDS INTERFERE TAKING
 387 MH CBT-I MEDS INTERFERE NOT TAKING
 388 MH CBT-I WAKING NONE
 389 MH CBT-I WAKING OTHER
 390 MH CBT-I WAKING LATE
 391 MH CBT-I WAKING ASSIST
 392 MH CBT-I WAKING SNOOZE
 393 MH CBT-I PRE-SLEEP NONE
 394 MH CBT-I PRE-SLEEP OTHER
 395 MH CBT-I PRE-SLEEP FEARS
 396 MH CBT-I PRE-SLEEP PHYSICAL TENSION
 397 MH CBT-I PRE-SLEEP WORRY
 398 MH CBT-I PRE-SLEEP RUMINATION
 399 MH CBT-I COMORBIDITIES PSYCHIATRIC YES
 400 MH CBT-I COMORBIDITIES PSYCHIATRIC NO
 401 MH CBT-I COMORBIDITIES MEDICAL YES
 402 MH CBT-I COMORBIDITIES MEDICAL NO
 403 MH CBT-I DBAS SIGNIFICANT
 404 MH CBT-I DBAS SOME
 405 MH CBT-I DBAS NONE

APPENDIX F: Finding Items For Behavioral Family Therapy

406 MH BFT TEMPLATES (BEHAVIORAL FAMILY)
 407 MH BFT SESSION NUMBER COMPLETED 20+
 408 MH BFT SESSION NUMBER COMPLETED 20
 409 MH BFT SESSION NUMBER COMPLETED 19
 410 MH BFT SESSION NUMBER COMPLETED 18
 411 MH BFT SESSION NUMBER COMPLETED 17
 412 MH BFT SESSION NUMBER COMPLETED 16
 413 MH BFT SESSION NUMBER COMPLETED 15
 414 MH BFT SESSION NUMBER COMPLETED 14
 415 MH BFT SESSION NUMBER COMPLETED 13
 416 MH BFT SESSION NUMBER COMPLETED 12

417 MH BFT SESSION NUMBER COMPLETED 11
 418 MH BFT SESSION NUMBER COMPLETED 10
 419 MH BFT SESSION NUMBER COMPLETED 9
 420 MH BFT SESSION NUMBER COMPLETED 8
 421 MH BFT SESSION NUMBER COMPLETED 7
 422 MH BFT SESSION NUMBER COMPLETED 6
 423 MH BFT SESSION NUMBER COMPLETED 5
 424 MH BFT SESSION NUMBER COMPLETED 4
 425 MH BFT SESSION NUMBER COMPLETED 3
 426 MH BFT SESSION NUMBER COMPLETED 2
 427 MH BFT SESSION NUMBER COMPLETED 1
 428 MH BFT TEMPLATES
 429 MH BFT EARLY TERM OUTSIDE OF SSN
 430 MH BFT FAMILY MTG NA
 431 MH BFT FAMILY MTG NOT HELD
 432 MH BFT FAMILY MTG HELD
 433 MH BFT HMWRK NOT ASSIGNED
 434 MH BFT HMWRK NOT COMPLETE
 435 MH BFT HMWRK PARTIAL COMPLETE
 436 MH BFT HMWRK COMPLETE
 437 MH BFT SESSION NUMBER 25
 438 MH BFT SESSION NUMBER 24
 439 MH BFT SESSION NUMBER 23
 440 MH BFT SESSION NUMBER 22
 441 MH BFT SESSION NUMBER 21
 442 MH BFT SESSION NUMBER 20
 443 MH BFT SESSION NUMBER 19
 444 MH BFT SESSION NUMBER 18
 445 MH BFT SESSION NUMBER 17
 446 MH BFT SESSION NUMBER 16
 447 MH BFT SESSION NUMBER 15
 448 MH BFT 5 FINAL SESSION
 449 MH BFT PROBLEM SOLVING ASSIST
 450 MH BFT PROBLEM SOLVING STEPS
 451 MH BFT PROBLEM SOLVING RATIONALE
 452 MH BFT PROBLEM SOLVING INTRO
 453 MH BFT PROBLEM SOLVING IMPLEMENT
 454 MH BFT PROBLEM SOLVING SOLUTION
 455 MH BFT PROBLEM SOLVING EVALUATE
 456 MH BFT PROBLEM SOLVING BRAINSTORM
 457 MH BFT PROBLEM SOLVING DEFINE
 458 MH BFT SESSION NUMBER 14
 459 MH BFT SESSION NUMBER 13
 460 MH BFT SESSION NUMBER 12
 461 MH BFT SESSION NUMBER 11
 462 MH BFT SESSION NUMBER 10
 463 MH BFT 4 PROBLEM SOLVING SESSION
 464 MH BFT ROLE PLAY 3
 465 MH BFT ROLE PLAY 2
 466 MH BFT ROLE PLAY 1
 467 MH BFT SESSION NUMBER 9
 468 MH BFT SESSION NUMBER 8
 469 MH BFT SESSION NUMBER 7
 470 MH BFT SESSION NUMBER 6

471 MH BFT 3 COMMUNICATION SESSION
472 MH BFT HMWRK MATERIALS PROVIDED
473 MH BFT HMWRK OTHER
474 MH BFT HMWRK GOAL
475 MH BFT HMWRK FAMILY MTG
476 MH BFT HMWRK HANDOUT
477 MH BFT SESSION NUMBER 5
478 MH BFT SESSION NUMBER 4
479 MH BFT SESSION NUMBER 3
480 MH BFT 2 EDUCATION SESSION
481 MH BFT SESSION NUMBER 2
482 MH BFT SESSION NUMBER 1
483 MH BFT COUPLES RELATIONSHIP
484 MH BFT IND LIFE HX
485 MH BFT IND FAMILY INTERVIEW
486 MH BFT 1 ORIENTATION SESSION