

DEPARTMENT OF THE ARMY  
SPECIAL ASSISTANT TO THE COMMANDING GENERAL-ARNG  
FORT BENNING, GEORGIA 31905

ATZB-PRC

01 SEPTEMBER 2003

MEMORANDUM FOR: SEE DISTRIBUTION

SUBJECT: Army National Guard Pre-Ranger Course Memorandum of Instruction FY-04

1. Purpose: To provide guidance and assign responsibilities for execution of the Army National Guard (ARNG) Pre-Ranger Course (PRC).

2. Reference:

a. All State Log Number I93-0143 National Guard Bureau (NGB) Pre-Ranger Course (PRC), NGB-ARO-TI, 14 Jun 89.

b. Army Regulation (AR) 40-501, 14 Jun 89.

c. Department of the Army Pamphlet (DA PAM) 351-4, 30 Oct 93.

d. Email message from DA, DAMO-TR, subject: APFT and Height/Weight Requirements.

e. Ranger School web site and Ranger Course Pamphlet.

f. ARNG Pre-Ranger web-site: [www.geocities.com/preranger](http://www.geocities.com/preranger)

3. General:

a. The purpose of the ARNG PRC is to assess, prepare, and train eligible Army National Guard soldiers to attend the US Army Ranger School. The PRC accomplishes this by doing the following:

(1) Assessing soldiers' physical and mental capabilities during a six-day evaluation phase, which mirrors the assessment phase at Ranger School.

(2) Training the soldiers on troop leading procedures, combat orders, and reconnaissance/combat patrols to the same standards conducted at Ranger School in order to better prepare them for the challenges they will be undergoing.

(3) Verify that medical, dental, and administrative paperwork is complete for Ranger School attendance.

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b. All ARNG soldiers must attend and graduate from PRC prior to attending any follow-on Ranger School class.

c. **All students attending PRC and the follow-on Ranger Course must be entered into the Army Training Requirements and Resources System (ATRRS).** The Pre-Ranger course does accept individuals without an ATRRS request at the discretion of the SACG-ARNG and the PRC OIC.

However, any student who graduates from PRC is NOT automatically enrolled in Ranger School, **unless** their sponsoring state/unit/organization has reserved them a slot in ATRRS. The Pre-Ranger Course has NO capability of entering any students into Ranger School after graduation. This is the responsibility of their parent unit.

d. **No E-2's or below need apply regardless of the position code.** Grade waivers by the first O-6 in the chain of command will be accepted for E-3's assigned to Ranger coded positions. (See TAB E)

e. Ranger training is available on a voluntary basis for enlisted soldiers who are in the following MOS's: 11B, 11C, 11H, 11M, 12B, 13F, 18 series, 19D, 19K, and officers in the following MOS's: 11A, 12A, 12C, 13A, 14B, 18A and 21B.

f. PRC is conducted eight times per year. TAB A contains the class schedule for FY 04.

g. PRC is fourteen days long and consists of two phases.

(1) Phase 1 is a six-day assessment period based on the Ranger Assessment Phase (RAP) training schedule. Phase 1 is subject to change to accommodate changes in the Ranger School POI.

(a) To pass the assessment phase of Pre-Ranger, soldiers must pass the following critical tasks: Army Physical Fitness Test (APFT, graded to the Ranger School standard), Combat Water Survival Test (CWST), 5-mile run, and the day/night combination land navigation course. Soldiers failing a required event will receive retraining and re-testing before the end of the course. Soldiers failing to achieve PRC standards on these events may be dropped from the course and released to their units.

(b) The U.S. Army Ranger School spot report and peer evaluation systems will be used during the Pre-Ranger Course (IAW RTB SOP).

(c) Soldiers will be required to be proficient in all the skill level 1 tasks listed in TAB C. Failure to perform any of these tasks to standard will result in the accumulation of spot reports during training.

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(d) Soldiers will be trained on troop leading procedures, combat orders, rope knots and common tasks of patrolling.

(e) PRC will conduct a 2.5 mile Buddy Run IAW Ranger School POI (this is in addition to the 5 mile run critical task). This run is not a critical event, however; soldiers who fall out will receive a major spot report.

(2) Phase II is the FTX portion of the Pre-Ranger Course. The FTX will consist of a cadre led ambush and student led recon with student evaluated patrols. Students will be evaluated in a leadership position IAW a standardized evaluation report.

**h. Each soldier must bring all items on the packing list (TAB B). Any item NOT on the packing list is prohibited during the Pre-Ranger Course.**

i. PRC Cadre will counsel each soldier that fails any critical event following its completion. PRC cadre will maintain a student evaluation packet outlining the soldier's performance. The student evaluation packet will include, Assessment Phase results, Phase II evaluations and patrol grades, SPOT reports, peer evaluations, and end-of-course critiques. If a soldier is released from the Pre-Ranger Course, a copy of the student evaluation packet will be sent to the unit commander. The evaluation packet will recommend additional training prior to returning to the Pre-Ranger Course. Student peer reports will be included in the student evaluation packets. Students dropped from PRC may not return earlier than 90 days from their release or at the discretion of the SACG-ARNG and the PRC NCOIC/OIC.

j. The SACG-ARNG or the individual soldier's state may release soldiers for the following reasons:

- (1) Failure of a Critical Task – APFT (Ranger school standard), Combat Water Survival Test (CWST), 5-mile run, or combination Day/Night Land Navigation course.
- (2) Lack of Motivation – soldiers volunteering to return to the unit without completing PRC. As with USAIS Ranger Course, such students may not be allowed to return to the Pre-Ranger Course.
- (3) Medical Drop – students evacuated to the TMC for any injury causing them to miss more than 8 hours of training or resulting in an LOD will be released. Soldiers identified as a prior Hot Weather Injury/Cold Weather Injury (HWI/CWI) **CANNOT** attend the PRC during the month corresponding to their injury (i.e., HWI cannot attend during the summer months-MAY-SEPT, while the CWI cannot attend OCT-APR) There are NO exceptions to this policy.
- (4) Missing 8 or more hours of training for any reason.

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- (5) Failure to pass 50% of patrols.
- (6) Negative Serious Observation Report (SOR) – soldiers who are overtly disrespectful to cadre, lie, cheat, steal, deliberately disobey cadre members, or cause a serious safety violation through negligence are subject to immediate release at the discretion of the SACG-ARNG and/or the PRC OIC.

#### 4. Parent Unit Responsibilities:

General: Soldiers reporting unqualified (not meeting prerequisites outlined in TAB C, and/or failing any critical task of the assessment phase) will be sent back to their unit. A letter stating the reason for release will be sent through the SACG-ARNG to their state.

a. Soldiers will report to PRC with **complete** dental/medical records, in accordance with AR 40-66:

**NOTE: Manila folders or other means of holding medical paperwork will not be substituted as a medical record and may cause the soldier to be removed from the course.**

- (1) SF 88 & 93 or DD 2808 & 2807-1 dated within 18 months of the Ranger School class start date with “Ranger Training” annotated in (block 75 of the SF 88 or block 74a on the DD 2808) and signed by a physician MD/DO (**physicians assistants and nurses are not acceptable IAW AR 40-501**).
- (2) Negative HIV test results dated within 2 years
- (3) Hard copies of all following Lab work **must be** in the medical records:
  - a. RPR (syphilis) – within 18 months
  - b. HCT (hematocrit) – within 18 months
  - c. HGB (hemoglobin) – within 18 months
  - d. Sickle Cell – within 18 months
- (4) Form 601 (shot record)
- (5) DA form 5571 (Master Problem List)
- (6) Complete Medical History (memos and copies will not suffice)

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(7) Dental records jacket, **with panorex included**. Students who are PCS'ing to Fort Benning and/or students who are TDY enroute to a PCS station must bring their complete dental records, with panorex included. Students who are TDY to the Ranger School and return to home station must either bring dental records w/panorex or a memorandum from the unit stating that the panorex is on file.

(8) In addition soldiers age 35 or over must have the following: Urinalysis with microscopy, fasting blood sugar, complete blood count (includes hematocrit), fasting lipid panel, electrocardiogram, rectal exam with hemocult. A dental evaluation by a dentist is also required. The medical follow-up requirements in paragraph 8-25d, AR 40-501 (attached) for abnormal test or examination results will be followed. Results of follow-up will be forwarded with the medical examination to the Ranger School for review.

(9) Any waivers required by the doctor when the examination was conducted.

(10) Any soldiers who require a waiver for corrective eye surgery **may not** attend PRC or Ranger School if the surgery is within **6 months** of the school.

**Soldiers reporting with deficiencies in their medical records will be returned to their home unit. It is not the responsibility of the PRC to ensure PRC DOES NOT HAVE THE RESOURCE CAPABILITIES TO MEET THE REQUIREMENTS TO ATTEND RANGER SCHOOL.**

b. Grade/Medical Waivers as required.

c. Ensure soldier's packing list is complete per TAB B.

d. Ensure soldier is physically fit and mentally capable per standards required TAB C.

e. Ensure copies of PRC orders accompany soldier and follow-on Ranger status "reserved" or in a "wait" status. Individual units are responsible for insuring that their soldiers who are graduates of the USAIS Airborne Course have the follow-on Ranger School orders state that the soldier is authorized hazardous duty pay. The type of pay authorized is "Parachute." The PRC has administrative capabilities to amend orders.

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5. Reporting Instructions:

a. All incoming students will report to Building 4155 in the old Harmony Church Training area (SEE TAB E) with all the documents and equipment identified above. First formation will be conducted at the Pre-Ranger Course classroom, Building 4157, NET 1200-NLT 1600 hours on the first day of the course. **Students reporting after 1600 hours on the first day of the course will be returned to their home of record.**

b. The PRC school dates (TAB A) are on the ATRRS.

(1) School Code = 964

(2) Course Number = PRE-RANGER

(3) School Year = FY XX

(4) Course Title = ARNG PRE-RANGER COURSE

c. **Students Responsibilities:**

(1) Ten copies of their orders (PRC and follow-on Ranger School orders-**if reserved**) as well as any amendments.

(2) All students will report with closely cropped haircuts no longer than 1/8" ("high and tights" do not meet the course standards).

(3) All medical/dental records as indicated above.

(4) All packing list requirements per TAB B.

d. The sending unit can mail required documents (i.e., Panorex, medical records) to the PRC address listed below:

SACG-ARNG  
ATTN: ATZB-RCG-PRC  
6751 Constitution Loop, Suite 540  
Fort Benning, GA 31905-5400

6. Point of contact for the ARNG Pre-Ranger Course can be reached at Defense Switched Network (DSN) 784-7468, Commercial (COMM) 706-544-7468. FAX: DSN 784-7521 or COMM (706) 544-7521. You may also visit our website at **[HTTP://www.geocities/preranger](http://www.geocities/preranger)**. For all emergencies, family members should notify their local Red Cross.

MARK O. BAKER  
COL, IN

SACG-ARNG

5 Encls

1. TAB A, Pre-Ranger Schedule
2. TAB B, Ranger School Packing List
3. TAB C, Pre-Ranger attendance requirements
4. TAB D, Grade Waiver for E-3's (example)
5. TAB E, Area Map

Distribution:

TRADOC, DCofS, ARNG

NGB-ARO-NGB-ARO-T

TAG, All States

Poto, All States

COMMANDER,

27<sup>th</sup> IN DIV

28<sup>th</sup> IN DIV

29<sup>th</sup> IN DIV

34<sup>th</sup> IN DIV

35<sup>th</sup> IN DIV (MECH)

38<sup>th</sup> IN DIV

40<sup>th</sup> IN DIV (MECH)

42 IN DIV

49<sup>th</sup> AR DIV

50<sup>th</sup> AR DIV

45<sup>th</sup> IN BDE

48<sup>th</sup> IN BDE

53<sup>rd</sup> IN BDE

149<sup>th</sup> AR BDE

Company F, 425<sup>th</sup> IN (LRSU)

Company G, 143<sup>rd</sup> IN (LRSU)

Company H, 121<sup>st</sup> IN (LRSU)

194<sup>th</sup> IN Det (LRSD)

151<sup>st</sup> IN Det (LRSD)

129<sup>th</sup> IN Det (LRSD)

134<sup>th</sup> IN Det (LRSD)

104<sup>th</sup> IN Det (LRSD)

160<sup>th</sup> IN Det (LRSD)

173<sup>rd</sup> IN Det (LRSD)

142<sup>nd</sup> IN Det (LRSD)

81<sup>st</sup> IN BDE

92<sup>nd</sup> IN BDE

20<sup>th</sup> SFG (A)

1/20<sup>th</sup> SFG (A)

2/20 SFC (A)

3/20<sup>th</sup> SFG (A)

19<sup>th</sup> SFG (A)

1/19<sup>th</sup> SFG (A)

2/19<sup>th</sup> SFG (A)

5/19<sup>th</sup> SFG (A)

33<sup>rd</sup> IN BDE

39<sup>th</sup> IN BDE

41<sup>st</sup> IN BDE

43<sup>rd</sup> IN BDE

30<sup>th</sup> IN BDE

32<sup>nd</sup> IN BDE

116<sup>th</sup> AR BDE

155<sup>th</sup> AR BDE

163<sup>rd</sup> AR BDE

207<sup>th</sup> IN GRP

218<sup>th</sup> IN BDE

256<sup>th</sup> IN BDE

27<sup>th</sup> IN BDE

29<sup>th</sup> IN BDE

31<sup>st</sup> AR BDE

**ALL INCOMING STUDENTS**

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**TAB A**  
**PRE-RANGER COURSE SCHEDULE**

<b><u>CLASS</u></b>	<b><u>START</u></b>	<b><u>END</u></b>
02-04	04 OCT 03	19 OCT 03
03-04	08 NOV 03	23 NOV 03
05-04	24 JAN 04	08 FEB 04
06-04	21 FEB 04	07 MAR 04
07-04	24 APR 04	09 MAY 04
08-04	22 MAY 04	06 JUN 04
10-04	31 JUL 04	15 AUG 04
11-04	21 AUG 04	05 SEP 04

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**TAB B  
RANGER SCHOOL PACKING LIST**

**RANGER STUDENTS MUST BRING THE FOLLOWING ITEMS:**

Adapter, Firing, M4 ( <b>TOE unit soldiers only</b> )	1 ea
Athletic Mouthpiece/ Mouth guard	1 ea
Batteries, D Cell	4-6 ea
Belt, Black Web with Buckle	2 ea
Black tape, Friction or Electrical	2 rolls
Black Watchcap	1 ea
Boots, Combat Leather (Army issue) (8430-00-141-0796)	2 pr
Boots, Infantry Combat (Marine issue) (for Marine Corps only)	2 pr
Camouflage stick (Military issue) ( <b>TOE unit soldiers only</b> )	2 ea
Cap, BDU (Army-temperate w/ flaps)/Cover (Marine)	2 ea
Coat, BDU (Temperate or Hot Weather-must match trousers)	6-8 ea
Combination Locks (Key locks unauthorized)	4 ea
Compass, Lensatic (Military issue) ( <b>TOE unit soldiers only</b> )	2 ea
Civilian Clothes consisting of the following:	
Shirt-1, Pants-1 pr, Socks-1 pr, Jacket-1, Shoes-1 pr	
Dressing, First Aid (Military Issue)	2 ea
Duffle Bag (Military Issue)	2 ea
Ear Plugs with Case	1 ea
Extra Bootlaces	2 sets
Eyeglasses (Military issue) (if required)	2 pr
Eyeglasses, retainer band (if required)	2 pr
Flashlight L-Shape w/Red lens (Military issue)	1 ea
Foot Powder, (Goldbond, etc)	2 ea
Gloves, shell leather black (Military) (8415-00-268-8350)	1-2 ea
ID Card (Expiration not within 6 months of graduation)	1 ea
ID Tags with Breakaway chain	2 sets
Insect Repellent (non aerosol)	1 ea
Inserts, glove, green wool (Military) (8415-00-682-6577)	2 pr
Lip Balm	1 ea
Magazine, M16 ( <b>TOE unit soldiers only</b> )	7 ea
Medical Alert Tags or Bracelet (if required)	2 ea
Name Tape (Last name)	2 ea
Notebook, pocket size	3-5 ea
Pens	2-10 ea
Pencils	2-10 ea
Pocket Knife (folding blade 4" or less)	1-2 ea
Polypro Top or Sleep shirt or Field Jacket Liner	1 ea
Protractor	1-2 ea
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### Packing List (cont.)

PT Uniform consisting of the following: (APFU or improved APFU-must be of same set)	
a. Summer top	1 ea
b. Summer bottom	1 ea
c. Winter top	1 ea
d. Winter bottom	1 ea
Razor, shaving (non electric)	1 ea
Razor Blades	12 ea
Sewing Kit	1 ea
Shaving Cream (large can)	1 ea
Shoe Polish, Black silicone (Large can)	2 ea
Shoes, Running	1 pr
Shoe Shine Brush	1 ea
Shower Shoes	1 pr
Soap, Bar	2 ea
Soap Dish	1 ea
Socks, Wool cushion sole (Green or Black military issue)	12-15 pr
Socks, white, calf length	4 pr
Small mirror	1 ea
Sunscreen ( <b>TOE unit soldiers only</b> )	1 ea
Sweatband, Helmet liner, Ballistic Helmet	1 ea
Trousers, BDU (Temperate or hot weather-must match tops)	6 ea
T-shirt, Brown	7 ea
Toothbrush	1 ea
Toothpaste, Tube	2 ea
Towel, Large, Brown	2 ea
Towel, washcloth, brown	2 ea
Waterproof Bags (Ziploc Type, small)	25 ea
Weapons Cleaning Kit, Small Arms	1 ea
Whistle, Olive drab	1 ea
Wristwatch (non GPS, nor Internet capable allowed)	1-2 ea

### THE FOLLOWING ITEMS ARE OPTIONAL:

Alcohol Markers/ Alcohol Eraser	1-2 pk
Electric hair trimmer	1 ea
Boots, Hot weather, Black or Green	2 pr
Chewing gum (5-7 sticks per pack)	10 pk
Drawers, cotton (underwear) (military issue)	7-10 pr
Index Cards	1-3 pk

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### Packing List (cont.)

Lighter	1 ea
Large Trash bags	1 bx
Laundry Soap	sm bx
Leatherman type tool	1 ea
Letter Writing Material	as needed
Map case	1 ea
Nylon Cord (550 cord)	50 ft
Pace Cord	1 ea
Penlight, with batteries (mini-mag)	1 ea
Protective Eyeglasses	1 pr
Religious Writings (Bible, etc.)	as required
Tape, 100 MPH	1 roll
Terrain Model Kit (small)	1 ea
Waterproof matches	1 bx
Whetstone	1 ea
Wrist compass	1 ea
Status Card (Note: Status card must be blank)	1 ea
Lamination paper	1 roll
Personal TA-50 (TOE units only)	
Cash over \$50.00	

**The following items are not authorized and are grounds for immediate relief:**

#### **TOBACCO PRODUCTS OF ANY KIND**

Civilian GPS  
Civilian Long Underwear  
Contact Lenses  
Filled in Operation Order, Frago or Annex Formats  
Insulated or Hi-Tech boots  
Non-military or Modified Issue Boot Soles  
Non-military or Modified Issue Boot Inserts  
Knee or Elbow Pads of any kind  
Modified Shoulder Straps or Kidney Pads  
Spandex Type Athletic Wear or Underwear  
Nomex Gloves  
Vitamins or Supplements of any kind  
Gortex Gloves  
Gortex Socks  
Polypro Gloves  
Polypro Socks  
Civilian Medication, i.e. Aspirin, Tylenol, etc.  
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**Any item not listed in the packing list is unauthorized.**

**The following items will be issued at the ARNG Pre-Ranger Course:**

Belt, Individual Equip	1 ea	Canteen, 2 quart	1 ea
Canteen, 1 quart	2 ea	Magazines, 30 rd.	7 ea (Non TOE)
Cover, Canteen 1 quart	2 ea	Blank Firing Adapter	1 ea (Non TOE)
Case, First Aid	2 ea	Map, Ft. Benning	1 ea
Case, Small Arms	2 ea	Field Pack, Large	1 ea
Cup, Canteen	1 ea	Compass, Lensatic	1 ea (Non TOE)
Frame, Field pack	1 ea	Poncho, Camo W/W	1 ea
Rope, 14 ft.	1 ea	Liner, Poncho	1 ea
Snap Link	1 ea	Ranger Handbook	1 ea
Cover, Canteen 2 qt	1 ea	Suspenders	1 ea
Ballistic helmet w/cover	1 ea		

**Fort Benning CIF will issue the following equipment once the student arrives at Ranger School:**

Bag, Barracks	1 ea	Strap, Retaining, Velcro	1 ea
Bag, Duffle	2 ea	Liner, Parka C/W	1 ea
Bag, Clothing	2 ea	Liner, Poncho, Camo	1 ea
Belt, Individual Equip.	1 ea	Mittens, Insert Wool	1 pr
Canteen, 1 qt w/cover	2 ea	Mittens, shell nylon	1 pr
Canteen, 2 qt w/cover	1 ea	Overshoes, Vinyl	1 pr
Case, First Aid	1 ea	Parka, C/W (Gortex)	1 ea
Case, Small Arms	2 ea	Parka, W/W	1 ea
Cup, Canteen	1 ea	Poncho, Nylon, Camo	1 ea
Field Pack, Large	1 ea	Sleeping Bag, INT	1 ea
Straps, Shoulder	2 ea	Strap, TD-CAGP	2 ea
Strap, Waist	1 ea	Suspenders, LCE	1 pr
Helmet, Kevlar	1 ea	Trousers, W/W	1 pr
w/suspenders, cover, and chin strap		Scarf, Wool	1 ea
Pad, Paratrooper	1 ea	Undershirt, C/W Polypro	1 ea
Sleep Shirt	1 ea	Underwear, C/W Polypro	1 ea

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**Additionally, the appropriate Ranger Training Battalion will issue the following items:**

Gloves, Leather, Work	Boots, Vapor Barrier
Tablets, Water Purification	Blank Firing Adapter (Non TOE)
Maps	Ranger Handbook
Compass, Lensatic (Non TOE)	Magazines (Non TOE)
Air Items (Airborne qualified soldiers)	Sling Rope
Whistle	Balaclava
Snap-link	Sling, M16

**MEDICAL CONSIDERATIONS**

1. Ranger School is inherently strenuous and physically/mentally demanding. Numerous studies have been conducted at Ranger School reflecting a breakdown in the body's immune system over time and loss of weight. Students should show up in top physical shape without illness.
2. The aspect of physical degradation of the body is what leads to the increase in infections (i.e. cellulites, respiratory illness, etc.) that are encountered during the course.
3. In order to protect the student as much as possible, while continuing the high standards of Ranger School, the medical sections are vigilant in wound care and treatment, as well as general surveillance for other general illnesses. The acute treatment of conditions not only helps the Ranger continue in the course, but also inhibits spread of diseases that may affect other students.
4. Several items have been added to the **RECOMMENDED** packing list of the Ranger student in hopes of helping with these infectious processes, secondary to the decrease in hygiene found in Ranger students. Ranger candidates are able to bring to school and utilize the following:
  - a. **Band-Aids:** Johnson & Johnson 8-pack: White, self-protected container.
  - b. **Skin Care Lotion:** Exchange Select 59ml (2.5fl.oz); yellow bottle.
  - c. **Hand Sanitizer:** Dial Antibacterial Hand Sanitizer 59ml (2fl.oz); Clear bottle.
  - d. **Petroleum Jelly:** Vaseline 3.75oz (106g); Small tube, blue top.
  - e. **Baby Wipes:** Exchange Select 80-sheet tub; White tub, Blue top.

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5. All items are available through your local AAFES, and should only be purchased in the like quantity and packaging or **THEY WILL NOT BE ALLOWED** to be used at Ranger School. All items, with the exception of baby wipes, will be placed in the soldier's personal hygiene kit. A zip lock bag will be utilized to store an ample amount of baby wipes, with the remainder being placed in the soldiers hold baggage until later in the course. These items are authorized to allow the individual Ranger to keep as hygienically sound as possible. In no way should these supersede medical attention if needed.

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**TAB C**  
**PREREQUISITE REQUIREMENTS**

The following 21 tasks are necessary military skills needed for successful completion of the U.S. Army Ranger School. All soldiers should be proficient in each task before attending the Pre-Ranger Course and the Ranger School.

1. Call for fire and adjust indirect fire. STP 21-24, pg. 55, (061-191-1361).
1. Camouflage yourself and individual equipment. STP 21-1-SMCT, pg. 393, (051-191-1361).
2. Navigation from one point on the ground to another point while dismounted.  
STP 21-24-SMCT, pg. 21, (071-329-1006).
1. Determine the grid coordinates of the point on a military map.  
STP 21-21-SMCT, pg. 90, (071-329-1002).
2. Determine a magnetic azimuth using a Lensatic compass.  
STP 21-1-SMCT, pg. 90, (071-329-1003).
3. Determine the elevation of a point on the ground using a map.  
STP 21-24-SMCT, pg. 36, (071-329-1004).
4. Determine a location on the ground by terrain association.  
STP 21-24-SMCT, pg. 87, (071-329-1007).
9. Measure distance on a map. STP 21-1-SMCT, pg. 105, (071-329-1008).
10. Convert azimuths. STP 21-1-SMCT, pg. 28, (071-329-1009).
11. Determine azimuth using a protractor. STP 21-24-SMCT, pg. 45, (071-510-0001).
12. Orient a map using a Lensatic compass. STP 21-24-SMCT, pg. 30, (071-329-1011).
13. Orient a map the ground by terrain association. STP 21-21-SMCT, pg. 72, (071-329-1012).
14. Locate unknown point map/ground by intersection.  
STP 21-24-SMCT, pg. 39, (071-329-1015).
15. Locate point map/ground by resection. STP 21-24-SMCT, pg. 42 (071-329-1015).
16. Prime explosives non-electrically. STP 7-11B, pg. 3-480, (051-193-1003).

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### Prerequisite Requirements (cont.)

17. Clear a misfire. STP 7-11B, pg. 3-488, (051-193-2030).
18. Practice preventative medicine. STP 21-1-SMCT, pg. 338, (081-831-1043).
19. Prepare an M136 launcher for firing. STP 21-1-SMCT, pg. 199, (071-054-0001).
20. Operate night vision goggles AN/PVS-7/14/4 STP 7-11B, pg. 3-340, (071-315-0030).
21. Prepare a Hasty Fighting Position. STP 21-1-SMCT, pg. 245, (071-326-5703)
22. Assemble/disassemble an M240B Machine Gun.  
STP 21-1-SMCT, pg. 3-326, (071-025-0001)
23. Load, fire, correct malfunction, and unload an M240B.  
STP 21-1-SMCT, pg.3-334, (071-025-0003)  
pg.3-334, (071-025-0004)
24. Assemble/ disassemble an M249 Machine Gun (SAW).  
STP 21-1-SMCT, pg.3-351, (071-312-4025)
25. Load, fire, correct malfunction, and unload an M249 Machine Gun (SAW).  
STP 21-1-SMCT, pg.3-375, (071-312-4026)  
pg.3-379, (071-312-4028)
26. Employ and recover an M18A1 Claymore mine.  
STP 21-1-SMCT, pg.3-262, (071-325-4425)
27. Place a radio into operation (AN/PRC-119, Singars).  
STP 21-1-SMCT, pg.
28. Operate AN/PSN-11 Plugger. STP 21-1-SMCT, pg.
29. Perform operator's maintenance and operate an AN/PVS-7 and an AN/PVS-14  
STP 21-1-SMCT, pg.
30. Prepare a range card. STP 21-1-SMCT, pg.3-317, (071-000-0005)
31. Put into operation and identify unit and frequency using the ANCD.  
STP 21-1-SMCT, pg.
32. Prepare an M72A3 for firing. STP 21-1-SMCT, pg.

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33. Perform individual camouflage.

STP 21-1-SMCT, pg.

**Student must maintain the following standards to pass the ARNG Pre-Ranger Course:**

1. APFT standards (as a minimum): (Critical Task)

Push-ups:	49 in 2 minutes
Sit-ups:	59 in 2 minutes
Chin-ups:	6 not timed
2-mile run:	15:12 or less

2. CWST standards are: (Critical Task)

a. 15 meter swim: Confidently swim 15 meters without touching the bottom or the side of the pool while wearing the following uniform: BDU's, boots, LCE (complete), with full canteens, and a rubber M16. Candidate must maintain positive control of the weapon at all times.

b. 3-meter drop: Confidently step off the diving board while blindfolded wearing BDU's and boots, LBE and holding a rubber M16. The candidate uses full 30-inch steps until he steps off the diving board. Once he surfaces, he must confidently swim back to the edge of the pool, unassisted. Uniform is the same as the 15-meter swim. Candidate must maintain positive control of the weapon at all times.

c. Equipment removal: While wearing BDU's and boots candidate steps backward into pool and releases rubber M16 and LBE while fully submerged. If the candidate surfaces and any part of the weapon or LBE are still touching the body it is a "NO-GO". Uniform for this event is the same as the 15-meter swim. Candidates must receive a "GO" in all events, to receive a "GO" for CWST.

3. Five mile run: (Critical Task) Conducted in formation wearing designated PT uniform, complete the run in 40 minutes + or -15 seconds. Soldiers must stay in formation and stay within arm's length of the soldiers to their front. If soldiers fail to do so, they will receive two warnings. With the first warning, soldiers will move to the rear of the formation. With the second warning, the soldiers will be put on the truck and designated as a-run fallout. If at any point during the run, soldiers fall more than 15 meters behind the formation, they will be considered a-run fallout. Soldiers will be given a retest in this event.

4. Day/Night Combination Land Navigation Course: (Critical Task) Conducted in BDUs, patrol cap, complete LCE. PRC student must successfully find 5 out of 6 points on a standardized combination day/night land navigation course within 5 hours.

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5. Two and a half mile Buddy Run: (Required Task) This run will be conducted in buddy teams while wearing BDU's, boots, LBE, and weapon. Canteens will be full at the start of the run. The event must be run faster than a 10 minute per mile pace, but slower than a 9 minute per mile pace. There will be a cadre member that will keep the pace throughout the run. This is a non-critical event, but fall-outs will receive a major minus spot report.

6. A 16-mile road March: (Required Task) This event will be conducted in accordance with standards listed in USAIC Pamphlet 350-6 (EIB Test). Uniform is BDU's, boots; patrol cap, LBE, weapon and ALICE pack with prescribed packing list. Soldiers who fail either event are subject to be dropped from the course. The road march will be conducted at a 17-24 minutes per mile pace. Soldiers must carry their weapons at the ready during the movement. This event is not conducted at Pre-Ranger but is a Ranger School requirement.

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**TAB D  
GRADE WAIVER FOR E-3's  
(UNIT LETTERHEAD)**

(UNIT SYMBOL)

DATE

MEMORANDUM FOR CDR, Ranger Training Brigade, Attn: ARNG Pre-Ranger Course, Fort Benning, Georgia 31905-5000

SUBJECT: Grade Waiver for E-3's (Ranger School)

1. (NAME, RANK, SSN) is in a Ranger coded position and has been in that position for (# of MONTHS). The position he holds requires him to be Ranger qualified.
2. This command grants a waiver for this soldier to attend Ranger School.
1. POC: (BATTALION COMMANDER), (DSN), Phone number.

BATTALION COMMANDER'S  
SIGNATURE BLOCK AND  
SIGNATURE

**NOTE: ONLY THE BATTALION COMMANDER'S SIGNATURE IS ALLOWED.**

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**TAB E  
AREA MAP**

