

## Full Report (All Nutrients) 21287, LITTLE CAESARS 14" Original Round Cheese Pizza, Regular Crust

Report Date: August 15, 2016 01:18 EDT

Nutrient values and weights are for edible portion.

### Food Group : Fast Foods

Manufacturer Little Caesar's Pizza

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 slice 89g	1 pie 758g
<b>Proximates</b>						
Water <a href="#">1</a>	g	43.39	8	1.102	38.62	328.90
Energy	kcal	265	--	--	236	2009
Energy	kJ	1110	--	--	988	8414
Protein <a href="#">1</a>	g	13.39	8	0.385	11.92	101.50
Total lipid (fat) <a href="#">1</a>	g	9.54	8	0.511	8.49	72.31
Ash <a href="#">1</a>	g	2.18	8	0.045	1.94	16.52
Carbohydrate, by difference	g	31.50	--	--	28.04	238.77
Fiber, total dietary <a href="#">1</a>	g	1.7	8	0.077	1.5	12.9
Sugars, total <a href="#">1</a>	g	4.02	8	0.142	3.58	30.47
Sucrose <a href="#">1</a>	g	0.00	8	0.000	0.00	0.00
Glucose (dextrose) <a href="#">1</a>	g	0.98	8	0.034	0.87	7.43
Fructose <a href="#">1</a>	g	1.13	8	0.053	1.01	8.57
Lactose <a href="#">1</a>	g	0.07	8	0.000	0.06	0.53
Maltose <a href="#">1</a>	g	1.67	8	0.128	1.49	12.66
Galactose <a href="#">1</a>	g	0.16	8	0.010	0.14	1.21
Starch <a href="#">1</a>	g	25.29	8	1.102	22.51	191.70
<b>Minerals</b>						
Calcium, Ca <a href="#">1</a>	mg	233	8	17.331	207	1766
Iron, Fe <a href="#">1</a>	mg	2.34	8	0.088	2.08	17.74
Magnesium, Mg <a href="#">1</a>	mg	28	8	0.651	25	212
Phosphorus, P <a href="#">1</a>	mg	231	8	8.884	206	1751
Potassium, K <a href="#">1</a>	mg	170	8	6.344	151	1289

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 slice 89g	1 pie 758g
Sodium, Na <a href="#">1</a>	mg	454	8	10.912	404	3441
Zinc, Zn <a href="#">1</a>	mg	1.61	8	0.066	1.43	12.20
Copper, Cu <a href="#">1</a>	mg	0.126	8	0.006	0.112	0.955
Manganese, Mn <a href="#">1</a>	mg	0.321	8	0.017	0.286	2.433
Selenium, Se <a href="#">1</a>	µg	31.4	3	1.462	27.9	238.0
<b>Vitamins</b>						
Vitamin C, total ascorbic acid <a href="#">1</a>	mg	0.0	3	0.000	0.0	0.0
Thiamin <a href="#">1</a>	mg	0.377	8	0.015	0.336	2.858
Riboflavin <a href="#">1</a>	mg	0.297	8	0.007	0.264	2.251
Niacin <a href="#">1</a>	mg	3.237	8	0.200	2.881	24.536
Pantothenic acid <a href="#">1</a>	mg	0.447	3	0.015	0.398	3.388
Vitamin B-12 <a href="#">1</a>	µg	0.40	8	0.037	0.36	3.03
Vitamin A, RAE	µg	78	--	--	69	591
Retinol <a href="#">1</a>	µg	72	3	6.285	64	546
Vitamin A, IU	IU	360	--	--	320	2729
Vitamin E (alpha-tocopherol) <a href="#">1</a>	mg	0.61	3	0.076	0.54	4.62
Tocopherol, beta <a href="#">1</a>	mg	0.04	3	0.003	0.04	0.30
Tocopherol, gamma <a href="#">1</a>	mg	1.05	3	0.058	0.93	7.96
Tocopherol, delta <a href="#">1</a>	mg	0.33	3	0.025	0.29	2.50
Vitamin D (D2 + D3)	µg	0.0	3	0.000	0.0	0.0
Vitamin D <a href="#">1</a>	IU	0	3	0.000	0	0
Vitamin K (phylloquinone) <a href="#">1</a>	µg	5.9	3	0.153	5.3	44.7
<b>Lipids</b>						
Fatty acids, total saturated	g	4.206	--	--	3.743	31.881
8:0 <a href="#">1</a>	g	0.069	8	0.005	0.061	0.523
10:0 <a href="#">1</a>	g	0.159	8	0.012	0.142	1.205
12:0 <a href="#">1</a>	g	0.187	8	0.014	0.166	1.417
14:0 <a href="#">1</a>	g	0.634	8	0.045	0.564	4.806
15:0 <a href="#">1</a>	g	0.064	8	0.004	0.057	0.485
16:0 <a href="#">1</a>	g	2.115	8	0.127	1.882	16.032
17:0 <a href="#">1</a>	g	0.039	8	0.002	0.035	0.296
18:0 <a href="#">1</a>	g	0.913	8	0.062	0.813	6.921

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 slice 89g	1 pie 758g
20:0 <a href="#">1</a>	g	0.016	8	0.001	0.014	0.121
22:0 <a href="#">1</a>	g	0.009	8	0.001	0.008	0.068
Fatty acids, total monounsaturated	g	2.380	--	--	2.118	18.040
14:1 <a href="#">1</a>	g	0.050	8	0.003	0.045	0.379
15:1 <a href="#">1</a>	g	0.000	8	0.000	0.000	0.000
16:1 undifferentiated <a href="#">1</a>	g	0.111	8	0.007	0.099	0.841
17:1 <a href="#">1</a>	g	0.000	8	0.000	0.000	0.000
18:1 undifferentiated <a href="#">1</a>	g	2.201	8	0.127	1.959	16.684
20:1 <a href="#">1</a>	g	0.019	8	0.001	0.017	0.144
Fatty acids, total polyunsaturated	g	1.461	--	--	1.300	11.074
18:2 undifferentiated <a href="#">1</a>	g	1.294	8	0.043	1.152	9.809
18:3 undifferentiated <a href="#">1</a>	g	0.155	--	--	0.138	1.175
18:3 n-3 c,c,c (ALA) <a href="#">1</a>	g	0.155	8	0.005	0.138	1.175
18:3 n-6 c,c,c <a href="#">1</a>	g	0.000	8	0.000	0.000	0.000
20:2 n-6 c,c <a href="#">1</a>	g	0.000	8	0.000	0.000	0.000
20:3 undifferentiated <a href="#">1</a>	g	0.000	8	0.000	0.000	0.000
20:4 undifferentiated <a href="#">1</a>	g	0.011	8	0.001	0.010	0.083
Cholesterol <a href="#">1</a>	mg	24	8	2.296	21	182
<b>Amino Acids</b>						
Tryptophan	g	0.150	--	--	0.134	1.137
Threonine	g	0.393	--	--	0.350	2.979
Isoleucine	g	0.547	--	--	0.487	4.146
Leucine	g	1.137	--	--	1.012	8.618
Lysine	g	0.523	--	--	0.465	3.964
Methionine	g	0.300	--	--	0.267	2.274
Cystine	g	0.335	--	--	0.298	2.539
Phenylalanine	g	0.717	--	--	0.638	5.435
Tyrosine	g	0.503	--	--	0.448	3.813
Valine	g	0.700	--	--	0.623	5.306
Arginine	g	0.513	--	--	0.457	3.889
Histidine	g	0.360	--	--	0.320	2.729
Alanine	g	0.256	--	--	0.228	1.940
Aspartic acid	g	0.860	--	--	0.765	6.519

<b>Nutrient</b>	<b>Unit</b>	<b>1 Value Per100 g</b>	<b>Data points</b>	<b>Std. Error</b>	<b>1 slice 89g</b>	<b>1 pie 758g</b>
Glutamic acid	g	3.997	--	--	3.557	30.297
Glycine	g	0.350	--	--	0.312	2.653
Proline	g	1.090	--	--	0.970	8.262
Serine	g	0.542	--	--	0.482	4.108

**Other**

**Sources of Data**

<sup>1</sup>Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 7k, 2003 Beltsville MD