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Shelby County Welcomes the Delivery of Happy Birthday Baby Book Vol. 2

Shelby County adds a new resource for families

Memphis, Tenn. – The Shelby County Health Department (SCHD) has a great new resource for families you may see being promoted on one of the Memphis Area Transit Authority (MATA) buses. The popular *Happy Birthday Baby Book*, a book helping many women through pregnancy, now has an addition covering birth through age five, the *Happy Birthday Baby Book Vol. 2*.

The purple bus will circle the SCHD main office building located at 814 Jefferson Ave. on Wed., April 16, at 10:30 a.m.

The *Happy Birthday Baby Book Volumes 1* and *2* are free educational books which promote the importance of pregnant women getting early, continuous prenatal care and provide a range of information on health issues throughout pregnancy to the milestones of a five-year-old.

The free books are available to everyone upon request. To request a free book, go to HealthyFamiliesNow.net or call the toll free number (800) 552-2297. The website also offers an online version of both books to get started reading right away.

The form is also accessible via the SCHD free mobile app, B4BabyLife.

For more information on the books or to get tips from Healthy Families, follow Healthy Families at facebook.com/HealthyFamiliesNow or go to HealthyFamiliesNow.net to sign up for the e-newsletter.

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