



"Everyone matters, every day counts"

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Headteacher: Phillip Potter

Special Olympics
Worthing



3 March, 2015

Sprint Para Tri Relay Event

9th August 2015 Dorney Lake Windsor

Calling all staff, parents, coaches, friends, children, we are going to take part in the first ever Para -Triathlon Event and raise money for the college and Special Olympics (including Sussex Squids) to buy sporting equipment.

We want as many teams as possible to enter this event which will be a great family day out.

Each team must be made up of 2 or 3 members 1 of whom has to have a disability.

We are asking that as a team you raise a minimum of £200 as they entry fee per team is £50.

This is our fundraising page so please share it with families & friends so that we can raise lots of money!

<http://uk.virginmoneygiving.com/team/SpecialOlympicsOakGroveCollege>

The event is open to everybody and we will organise transport so that we can all go and support each other and make it a family fun day.

To find out more please visit www.paratri.com

or contact Claire Moyle 07762013949



Please return the attached form by 20th March to express your interest and/or team members

Please return to Claire Moyle by 20th March

_____ is interested in being part of this event.

The following people will make up my team

_____ 150m swim

_____ 3k cycle /push

_____ 1km run /push

Please help me find team members