

### 15.13 Positive Confirmatory HIV Test Results

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**DEFINITION:** Positive antibody test as confirmed by Western Blot and/or Elisa testing. Confirmatory test indicates infection with HIV and potential for transmission of virus to others.

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**SUBJECTIVE:** May include:

1. Fever
2. Malaise
3. Lymphadenopathy
4. Skin Rash
5. History of presence of Risk Factors for Exposure to HIV per CDC guidelines:
  - a. MSM
  - b. IVDU
  - c. Recreational Drug Use
  - d. Presence of other STI(s)
  - e. Multiple Sex Partners

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**OBJECTIVE:** May include:  
Complete Physical Exam

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**LABORATORY:** Must Include:  
Positive HIV antibody test as confirmed by Western Blot and/or Elisa

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**PLAN:**

1. Provide and explain results.
2. If not already performed, conduct detailed medical history including sexual and substance abuse history as well as vaccination history.
3. Refer patient for immediate consultation with specialist for further evaluation and disease management.
4. Encourage patient to notify their partners. Refer partners for testing. Inform patient of health department partner-notification programs.

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**PATIENT EDUCATION:**

1. Address patient concerns and answer immediate questions.
2. Discuss with patient HIV is a treatable condition especially if it's well managed.
3. Discuss precautions (i.e., safe sex practices, clean needle usage).
3. Offer condoms.
4. Provide patient with educational materials.
5. Discuss patient's support system.
6. Discuss the importance of consultation with specialist and further evaluation and disease management.