

Athletics

~ July 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Independence Day	5 Football Summer workouts, stadium, June 27th - July 14th, M-Th, 12:00-2pm Liverpool soccer club, grass field, 5:30 - 7 pm	6 Football Summer workouts, stadium, June 27th - July 14th, M-Th, 12:00-2pm Liverpool soccer club, grass field, 5:30 - 7 pm	7 Football Summer workouts, stadium, June 27th - July 14th, M-Th, 12:00-2pm Liverpool soccer club, grass field, 5:30 - 7 pm	8 Stadium unavailable due to maintenance	9
10	11 Football Summer workouts, stadium, June 27th - July 14th, M-Th, 12:00-2pm Liverpool soccer club, grass field, 5:30 - 7 pm	12 Cheer Junior Clinic, stadium, amphitheater, classrm, 8 - 1 pm Football Summer workouts, stadium, June 27th - July 14th, M-Th, 1-3pm Liverpool soccer club, grass field, 5:30 - 7 pm	13 Cheer Junior Clinic, stadium, amphitheater, classrm, 8 - 1 pm Football Summer workouts, stadium, June 27th - July 14th, M-Th, 1-3pm Liverpool soccer club, grass field, 5:30 - 7 pm	14 Cheer Junior Clinic, stadium, amphitheater, classrm, 8 - 1 pm Football Summer workouts, stadium, June 27th - July 14th, M-Th, 1-3pm Liverpool soccer club, grass field, 5:30 - 7 pm	15 Cheer Junior Clinic, stadium, amphitheater, classrm, 8 - 1 pm	16
17	18 Liverpool soccer club, grass field, 5:30 - 7 pm	19 Liverpool soccer club, grass field, 5:30 - 7 pm	20 Liverpool soccer club, grass field, 5:30 - 7 pm	21 Liverpool soccer club, grass field, 5:30 - 7 pm	22	23
24	25 Liverpool soccer club, grass field, 5:30 - 7 pm	26 Liverpool soccer club, grass field, 5:30 - 7 pm	27 Liverpool soccer club, grass field, 5:30 - 7 pm	28 Liverpool soccer club, grass field, 5:30 - 7 pm	29	30
31	Notes:					

Athletics

~ August 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Field Hockey practices in August: M-F 5:45 - 7:45 pm Exceptions: 15-19 th , 25 th = ?, 30 th : 3 - 5 pm On field if no football game On upper field if football game Vball practices in gym: M-F 2:30 - 8 pm	1 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm XCtry tryouts, Rm 210, 7:30 am Liverpool soccer club, grass field, 5:30 - 7 pm Vball Patriot Camp, gym, 2:30-9p	2 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm XCtry tryouts, Rm 210, 7:30 am Liverpool soccer club, grass field, 5:30 - 7 pm Vball Patriot Camp, gym, 2:30-9p	3 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm XCtry tryouts, Rm 210, 7:30 am Liverpool soccer club, grass field, 5:30 - 7 pm Vball Patriot Camp, gym, 2:30-9p	4 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm XCtry tryouts, Rm 210, 7:30 am Liverpool soccer club, grass field, 5:30 - 7 pm	5 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm XCtry tryouts, Rm 210, 7:30 am	6	
7	8 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm Fld Hockey tryouts, stad, 5:45 - 7:45 pm Liverpool soccer club, grass field, 5:30 - 7 pm Vball tryouts, gym, 2:30 - 9 pm	9 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm Fld Hockey tryouts, stad, 5:45 - 7:45 pm Liverpool soccer club, grass field, 5:30 - 7 pm Vball tryouts, gym, 2:30 - 9 pm	10 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm Fld Hockey tryouts, stad, 5:45 - 7:45 pm Liverpool soccer club, grass field, 5:30 - 7 pm Vball tryouts, gym, 2:30 - 9 pm	11 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm Fld Hockey tryouts, stad, 5:45 - 7:45 pm Liverpool soccer club, grass field, 5:30 - 7 pm Vball tryouts, gym, 2:30 - 9 pm	12 Football Practice, stadium, Aug 1 -25, M-F, 3:30-5:30 pm Fld Hockey tryouts, stad, 5:45 - 7:45 pm Link Crew training for Patriot camp, gym, 8:30 - 2 pm Vball tryouts, gym, 2:30 - 9 pm	13	
14	15 Football Practice, stadium, Fld Hockey practice, TBD Marching band pract, stad, 6-9 p Liverpool soccer club, grass field, 5:30 - 7 pm Vball practice, gym, 4 - 6 pm & parent mtg gym 6:30 - 8:00 pm	16 Football Practice, stadium, Fld Hockey practice, TBD Golf @ Balboa v. UC, 3:30 pm Marching band pract, stad, 6-9 p Liverpool soccer club, grass field, 5:30 - 7 pm	17 Football Practice, stadium, Fld Hockey practice, TBD Marching band practice, stadium, 6 - 9 pm Liverpool soccer club, grass field, 5:30 - 7 pm	18 Football Practice, stadium, Fld Hockey practice, TBD Golf @ Mission Trls v. UC, 4 pm Marching band pract, stad, 6-9 p Liverpool soccer club, grass field, 5:30 - 7 pm	19 Football scrimmages, stadium, 3 pm, 5 pm, 7 pm Fld Hockey practice, TBD Patriot camp, gym, 9 am - 12 pm Vball scrimmages: V@ Christian 5 pm, JV@ Steele Cyn 4 pm, Frosh@ Valhalla 4 pm	20	
21	22 Football Practice, stadium, Fld Hockey practice, stad, 5:45 - 7:45 pm Girls basketball open gym, 9 - 11:30 AM	23 Football Practice, stadium, Fld Hockey practice, stad, 5:45 - 7:45 pm Girls basketball open gym, 9 - 11:30 AM Waterpolo scrimmages, V @ Granite Hills 11:30 AM. Also @ Allied Gardens 3 pm, V 4 pm	24 Football Practice, stadium, Fld Hockey practice, stad, 5:45 - 7:45 pm Girls basketball open gym, 9 - 11:30 AM Vball non-league games @ Valhalla: V 5 pm, JV & Frosh 4pm	25 Football frosh@MMHS 3:30p Football Practice, stadium, Fld Hockey practice,TBD Marching band, stad, 6 - 9 pm Girls basketball open gym, 9 - 11:30 AM	26 Football v. Mira Mesa, stadium, JV 3:30, V 6:30 pm Field Hockey scrimmage @ El Cap,V 6 pm, JV 7:15 pm Girls basketball open gym, 9 - 11:30 AM	27 XCtry - Vaquero Stampede, Lindo Lakes, TBA pm Tennis V. @ First Serve Toumey, Valhalla, 8 am	
28	29 Football practice 3:30 -5:30 Fld Hockey practice, stad, 5:45 - 7:45 pm	30 Football practice 5 - 7 pm Fld Hockey prac, stad, 3 - 5 pm Golf @ Balboa v. MMHS, 3:30 pm	31 Football practice 3:30 - 5:30 Fld Hockey practice, stad, 5:45 - 7:45 pm Tennis: V v. Eastlake, JV @ Eastlake, 3:30 pm	Notes:			

Athletics

~ September 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Field Hockey practices: M 5:45 - 7:45 pm Tu 3:00 - 5:00 pm W 5:45 - 7:45 pm Th 4:00 - 6:00 pm F 4:00 - 6:00 pm On field if no football game On upper field if football game	Football practices: M 3:30 - 5:30 pm Tu 5:00 - 7:00 pm W 3:30 - 5:30 pm Th 2:30 - 3:30 pm	Vball practices in gym: M-F 2:30 - 8 pm		1 Cancelled: Football – frosh v. Bishops, 3:30 pm. Golf @ Balboa v. SDHS, 3:30 pm Marching band practice, stadium, 6 – 9 pm Waterpolo V - Bronco Invite tourn	2 Football V @ UCHS 7pm vs Bishops (Cancelled:JV game) UNH football pract, stadium 3-4:30 Field Hockey @ Poway, JV 6 pm, V 7:15 pm Vball V tournament @ Sweetwater, 3:30 pm Waterpolo V - Bronco Invite tourn	3 Vball V tournament @ Sweetwater, 9 am - 3 pm Waterpolo V - Bronco Invite tourn
4	5 Labor Day Holiday	6 Field Hockey v. Helix, V 4 pm, JV 5:15 pm Golf @ Mission Trls v. OLP, 4 pm	7 Golf @ Mission Trls v. Helix, 3:30 pm Tennis, JV & V @ Valhalla, 3:30 pm Waterpolo @ RB, TBD	8 Football – frosh v. Monte Vista, 3:30 pm Golf @ M. Trls v. Cathedral, 4 pm Marching band pract, stad, 6-9 p Vball non-league games @ Santana: V 5 pm, JV & Frosh 4p	9 Football @ Monte Vista, JV 4:30, V 7:00 pm Field Hockey v. Torrey Pines, V 4:00, JV 5:15 pm Tennis JV @ SDHS, 3:30 pm Vball tournaments: V @ West Hills, JV & Frosh @Sweetwater, all at 3:30 pm	10 Marching band practice, stadium, 9 am – 3 pm Vball tournaments: V @ West Hills 8 am – 3 pm, JV & Frosh @Sweetwater, 9 am - 3 pm XCtry – Bronco Invitational, Kit Carson Park, AM TBD Waterpolo JV - Fall Invite tourn
11 Patriot Day	12	13 Golf @ Mission Trls v. Crawford, 4 pm Tennis V & JV play Frances Parker @ SD Tennis & Racquet club, 3:30 pm	14 Vball non-league games @ Helix: V 5 pm, JV & Frosh 4 pm	15 Football frosh @ El Cap, 4 p Field Hockey @ Del Norte, V 5 pm, JV 6:15 pm Golf @ M. Trls v. MMHS, 4 pm Marching band pract, stad, 6-9 p Tennis V v. Coronado, JV @ Coronado, 3:30 pm	16 Football v. El Capitan, stadium, JV 3:30, V 6:30 pm Vball non-league game v. Monte Vista, gym, 4 pm	17 Marching band practice, stadium, 9 am – 3 pm Open gym, 10 AM – 12 PM XCtry – Woodbridge Invitational, Estancia HS, PM TBD Waterpolo Novice Invite tourn
18	19	20 Golf @ National City v. Morse, 3:30 pm Tennis, V @ Cathedral, JV v. Cathedral, 3:30 pm Waterpolo @ Great Oak Charter, V 4:30 pm, JV 5:30 pm	21	22 Football frosh v. Valhalla 3:30p Golf @ M. Trls v. SDHS, 4 pm Marching band pract, stad, 6–9 p Tennis V & JV play PLHS @ Peninsula, 3:30 pm Vball league games @ Scripps Ranch: V 4pm, JV/Frosh 2:45pm Waterpolo @ Santana, JV 4:30 pm, V 5:30 pm, Novice 6:30 pm	23 Football @ Valhalla, JV 4:30, V 7:00 pm Field Hockey @ Mission Bay, V 3:30 pm, JV 4:45 pm Vball practices JV & Frosh, gym, 2:30 – 6 pm Vball tournament: V @ La Jolla Coastal Classic 3:30 pm Waterpolo V – Bull Run tourn	24 Marching band practice, stadium, 9 am – 3 pm Field Hockey JV tournament @ UC, 8 am – 3 pm Vball tournament: V @ La Jolla Coastal Classic 8 am Open gym, 10 AM – 12 PM Waterpolo V – Bull Run tourn
25	26	27 Field Hockey V @ Granite Hills 3:30 pm, JV practice 3-5 pm Golf @ Riverwalk v. OLP, 3:30 pm Tennis, V v. LJHS, JV @ LJHS, 3:30 pm	28 Vball league games @ La Jolla: V 5 pm, JV & Frosh 3:30 pm	29 Football bye week Golf @ Balboa v. Crawford, 3:30p Marching band pract, stad, 6-9 p Tennis, V @ OLP, JV v. OLP, 3:30 pm	30 Football bye week Field Hockey, V tournament @ UC 3:30 – 7:30 pm, no JV pract. Vball league games @ Cathedral: V 5 pm, JV & Frosh 3:30 pm Waterpolo @ Allied Gardens, V 4 pm, JV 5 pm	Notes: Waterpolo JV Octoberfest tournament 9/30-10/1

Athletics

~ **October 2016** ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Field Hockey practices: M & W 5:45 - 7:45 pm Tu 3:00 - 5:00 pm Th & F 4:00 - 6:00 pm On field if no football game On upper field if football game	Football practices: M 3:30 – 5:30 pm Tu 5:00 - 7:00 pm W 3:30 – 5:30 pm Th 2:30 – 3:30 pm	Volleyball practices in gym: M-F 2:30 – 8 pm				1 Field Hockey, V tournament @ UC, 8 am – 3 pm Waterpolo JV Octoberfest tournament 9/30-10/1 Vball JV & Frosh SDCC/SDHS tourn 8 am-3 pm Open gym, 10 AM – 12 PM
2	3	4 Tennis, V @ Coronado, JV v. Coronado, 3:30 pm	5 Field Hockey v. Mission Bay, V 4 pm, JV 5:15 pm Golf @ Mission Trls v. Helix, 4 pm Vball league games @ Pt Loma: V 5 pm, JV/Frosh 3:30 pm XCtry – SDHS & PLHS, Morley Field, 3:30 pm	6 Football – frosh @ La Jolla, 3:30 pm Golf @ M. Trls v. Morse, 4 pm Marching band practice, stadium, 6 – 9 pm Tennis, V v. Cathedral, JV @ Cathedral, 3:30 pm Vball league games v. OLP, JV/frosh 3:30, V 5 pm Waterpolo v. MMHS @ HourGlass, JV 3:15, V 4:15 pm	7 Football v. La Jolla, stadium, JV 3:30, V 6:30 pm Tennis, V v. SRHS, JV @ SRHS, 3:30 pm Vball Monarchs tourn, 3:30 pm Pop Warner night at football game, 7 pm	8 Vball Frosh Monarchs tourn, 9 am Open gym, 10 AM – 12 PM
9	10 Field Hockey v. Escondido, V 4 pm, JV 5:15 pm	11 Tennis V & JV play PLHS @ Peninsula, 3:30 pm Waterpolo @ Steel Cyn, JV 3:15, V 4:15 pm, Nov. 4:15	12 Vball league games v. SRHS, JV/frosh 3:30, V 5 pm XCtry – Coronado, Morley Field, 3:30 pm Waterpolo v. MBHS @ Clairemont Rec, JV 3:30, V 4:30p	13 Football – frosh @ SDHS, 3:30 pm Marching band practice, stadium, 6 – 9 pm Tennis, V @ LJHS, JV v. LJHS, 3:30 pm	14 Homecoming Football v. SDHS, JV 3:30, V 6:30 pm Field Hockey V @ Highlander Cup, evening; no JV practice Vball league games v. LJHS, V 3:30, JV/frosh 5 pm Waterpolo novice SD Open tourn	15 Field Hockey V @ Highlander Cup, all day Waterpolo novice SD Open tourn Open gym, 10 AM – 12 PM
16	17	18 PSAT set-up, gym unavailable Kaiser presentation to juniors, gym, 8:34 – 10:00 AM Tennis, V v. OLP, JV @ OLP, 3:30 pm	19 PSAT: gym unavail. 7-noon Field Hockey @ Serra, V 3:30 pm, JV 4:45 pm Vball league games v. Cathedral, JV/frosh 3:30, V 5 pm XCtry bye week Waterpolo v. SFChristian @ Allied Gard, JV 3:00, V 4:00p	20 Football – frosh v. UCHS, 3:30 pm Marching band practice, stadium, 6 – 9 pm	21 Football @ UCHS, JV 3:30, V 6:30 pm Field Hockey v. Bishops, JV 5:30 pm, V 7 pm Vball league games v. Pt Loma, JV/frosh 3:30, V 5 pm , SENIOR NIGHT Waterpolo JV Octoberfest tourn	22 Marching band, stad, 9–3pm Field Hockey JV @ Highlander Cup, all day XCtry – Mt. SAC Invitational, Walnut, CA, TBA Vball tournament: JV @ Fall Classic @ Epic 8 am – 3pm Waterpolo JV Octoberfest tourn Open gym, 10 AM – 12 PM
23 Tennis V CIF Team playoffs TBD Oct. 24-28 →	24 Waterpolo V – SD Open tourn	25 Waterpolo V – SD Open tourn	26 Vball league games @ OLP: V 5 pm, JV & Frosh 3:30 pm XCtry – Mira Mesa, Morley Field, 3:30 pm Waterpolo v. MMHS @ Allied Gard, JV 3:00, V 4:00p Waterpolo V – SD Open tourn	27 Football – frosh @ Hoover, 3:30 pm Marching band, stadium, 6–9 pm Field Hockey V @ Valhalla 6:30 pm, JV practice 4-6 pm Waterpolo V – SD Open tourn	28 Senior Night Football v. Hoover V 6:30 pm (Cancelled: JV game) Vball practices, gym, 2:30 – 8 pm & League playoffs TBD Waterpolo V – SD Open tourn	29 Waterpolo V – SD Open tourn Open gym, 10 AM – 12 PM
30	31 Halloween	Notes:				

Athletics

~ November 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Field Hockey practices: M 5:45 - 7:45 pm Tu 3:00 - 5:00 pm W 5:45 - 7:45 pm Th 4:00 - 6:00 pm F 4:00 - 6:00 pm On field if no football game On upper field if football game	Football practices: M 3:30 - 5:30 pm Tu 5:00 - 7:00 pm W 3:30 - 5:30 pm Th 2:30 - 3:30 pm Volleyball practices in gym: M-F 2:30 - 8 pm	1 Tennis V: Western League Tourney TBD Nov 1-4 Vball practices, gym, 2:30 - 8 pm & CIF playoffs	2 Field Hockey @ Scripps Rch, JV 3:30 pm, V 4:45 pm Vball practices, gym, 2:30 - 8 pm & CIF playoffs XCtry - Hoover, Morley Field, 3:30 pm Waterpolo v. MBHS @ Allied Gard, JV 3:00, V 4:00p	3 Marching band, stadium, 6 - 9pm Vball practices & CIF playoffs, gym, 2:30 - 8 pm	4 Football @ Serra, JV 3:30, V 6:30 pm Field Hockey v. Cathedral, V 4 pm, JV 5:15 pm Vball practices, gym, 2:30 - 8 pm & CIF playoffs Waterpolo @ Valhalla, JV TBD, V TBD	5 Open gym, 10 AM - 12 PM
6 Daylight Saving Time Ends Tennis V: CIF Individual Tourn. TBD Nov 7-11	7 Field Hockey v. LJHS, JV 4:30 pm, V 6 pm Vball practices, gym, 2:30 - 8 pm & CIF playoffs	8 Election Day Vball practices, gym, 2:30 - 8 pm & CIF playoffs	9 Vball practices, gym, 2:30 - 8 pm & CIF playoffs XCtry -East League Championship Meet, Morley Field, 2:30 pm	10 Marching band practice, stadium, 6 - 9 pm Vball practices, gym, 2:30 - 8 pm	11 Veterans' Day Holiday Football CIF playoff game, stadium 7 pm. Gates open 6:30 pm, no free admission, tickets \$5 ages 5-18 and 60+, \$10 ages 19-59. Vball CIF playoffs - finals	12 Field Hockey CIF first round Vball CIF playoffs - finals Open gym, 10 AM - 12 PM
13	14	15 Field Hockey CIF 2nd round	16	17 Field Hockey CIF 3rd round Marching band practice, stadium, 6 - 9 pm	18	19 Field Hockey CIF finals XCtry CIF State Qual. Meet, Morley Field, TBD
20	21 Vacation week	22 Vacation week	23 Vacation week	24 Vacation week Thanksgiving Day	25 Vacation week	26 Xctry CIF State Meet, Fresno, TBD
27	28	29	30 R Hockey @ Esc West v. Westview, 7 pm Girls soccer v. Olympian, stadium, V 3 pm, JV 5 pm	Notes:		

Athletics

~ December 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Practices: Soccer 2:45 - 4 pm when no game Girls Bball 4:30-6:30 pm Boys Bball JV, V 2:40-4:30, 6:30 pm</p>	<p>Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>				<p>1</p>	<p>2 Girls Bball @ Montgomery, JV 4:30 Girls soccer v. Grossmont, stadium, V 3:30 pm, JV 5:30 pm Boys Soccer v. MMHS, stadium, 7 pm; tournament, stadium, 2:30 - 8:30 pm</p> <p>3 Boys Soccer v. Ramona, 1:20 pm; tournament, stadium, 6:30 am - 8:30 pm Boys JV Soccer @ Poway, 3 pm; v. Southwest SD, stadium, 7 pm Xctry Footlocker West Reg Meet, Walnut, CA, TBD</p>
<p>4 Liverpool soccer futsal on the outside basketball court, 2 - 3 pm Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>5 Girls Bball v. Grossmont, JV 3:30, V 5 pm Boys V Bball v. Lincoln, gym, 7 pm R Hockey @ ESC West v. RB, 6 pm Boys Soccer v. TBA, stadium, TBA pm; tournament, stadium, 2:30 - 8:30 pm</p>	<p>6 Boys V Bball @ Montgomery, 7 pm Boys Soccer @ Valhalla HS, V 4:30 pm; JV 6:30 pm Tennis Varsity Banquet, cafetorium, 6-8 pm</p>	<p>7 Girls Bball @ Hoover, JV 5:30, V 7 pm Boys V Bball @ Escondido, 7 pm R Hockey @ Esc West v. Cathedral, 8 pm Girls soccer v. RBV, stadium, V 4 pm, JV 6 pm Wrestling @ UCHS, 4:15 pm</p>	<p>8 Boys V Bball v. Valhalla, gym, 7 pm Boys Soccer @ Francis Parker, TBA pm</p>	<p>9 Girls Bball v. San Pasqual, JV 3:30, V 5 pm Girls soccer v. Otay Ranch, stadium, V 3:30 pm, JV 5:30 pm Wrestling @ La Costa Cyn HS 11 am</p>	<p>10 Xctry Footlocker Natl Champ, Morley Field, AM TBD Boys JV Bball tour, TBD, 1:30p Boys V Bball @ Mt. Miguel, 7 pm Boys JV Soccer TBD Wrestling @ La CostaCyn HS, 6a Wrestling JV @ Hilltop HS, 6 am</p>
<p>11 Liverpool Soccer futsal, outside basketball court, 2-3 pm Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>12 Boys JV Bball tour, TBD, 6 pm R Hockey @ SSD v. Poway, 5:30 pm WPolo V Winter classic</p>	<p>13 Drug Awareness presentation, gym: per. 2 Gr. 9 & per. 3 Gr. 10; cafetorium: 5:00 - 7:30 pm for parents Girls Bball @ Clairemont, JV 5:30, V 7 pm Boys JV Bball tour, West Hills, TBD Boys Soccer v. Crawford HS, stadium, V 4:00 pm; JV 6:00 pm</p>	<p>14 R Hockey @ ESC West v. SRHS, 6 pm Wrestling v. Serra, MB & Kearny HS, gym, 4 pm</p>	<p>15 Girls Bball v. San Ysidro, JV 4:30, V 6 pm Boys Soccer v. Grossmont HS, V 4:00 pm; JV 6:00 pm WPolo V Winter classic</p>	<p>16 Boys JV Bball tour, West Hills, TBD WPolo V Winter classic</p>	<p>17 WPolo V Winter classic Boys V Bball @ Sweetwater, 5pm Wrestling JV @ San Pasqual HS, 6 am</p>
<p>18 Liverpool Soccer futsal, outside basketball court, 2-3 pm Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>19 Vacation week Boys V Bball @ Sweetwater 11am Boys soccer practice, stadium, 7:30-11:30 AM Girls soccer alum game, stad, 5p Wrestling practice 1 pm</p>	<p>20 Vacation week Boys V Bball @ Sweetwater, 6pm Boys soccer practice, stadium, 7:30-11:30 AM Wrestling practice 1 pm</p>	<p>21 Vacation week Boys V Bball @ Sweetwater, TBD Boys soccer practice, stadium, 7:30-11:30 AM Wrestling practice 1 pm</p>	<p>22 Vacation week Boys V Bball @ Sweetwater, TBD Boys soccer practice, stadium, 7:30-11:30 AM Wrestling practice 1 pm</p>	<p>23 Vacation week Boys soccer alumni game, stadium, 1:30 pm</p>	<p>24</p>
<p>25 Christmas Girls Bball tour at Montgomery HS, 3250 Palm Ave, SD, Dec 26-30</p>	<p>26 Vacation week Girls Bball @ Montgomery HS, 3250 Palm Ave, V 3 pm Boys JV Bball tour, PHHS, TBD Wrestling practice 1 pm</p>	<p>27 Vacation week Boys JV Bball tour, PHHS, TBD Boys V Bball @ PalmSpgs, 4:30p Girls soccer So Cal Classic, Oceanside, TBD Wrestling practice 1 pm</p>	<p>28 Vacation week Boys JV Bball tour, PHHS, TBD Boys V Bball @ Palm Spgs, TBD Girls soccer So Cal Classic, Oceanside, TBD Wrestling practice 1 pm</p>	<p>29 Vacation week Boys JV Bball tour, PHHS, TBD Boys V Bball @ Palm Spgs, TBD Girls soccer So Cal Classic, Oceanside, TBD Wrestling practice 1 pm</p>	<p>30 Vacation week Boys V Bball @ Palm Spgs, TBD Girls soccer So Cal Classic, Oceanside, TBD Boys soccer practice, stadium, 7:30-11:30 AM Wrestling practice 1 pm</p>	<p>31 Boys soccer practice, stadium, 7:30-11:30 AM</p>

Athletics

January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 New Years' Day Practices: Soccer 2:45 - 4 pm when no game Girls Bball 4:30-6:30 pm Boys Bball JV, V 2:40-4:30, 6:30 pm</p>	<p>2 New Years' Day Holiday R Hockey @ ESC East v. Escondido Charter, 6 pm</p>	<p>3 Girls Bball v. Coronado, JV 3:30, V 5 pm</p>	<p>4 Boys Bball @ San Dieguito Acad, F 5:00, JV /6:30 pm Girls soccer v. UCHS, stadium, V 3:15 pm, JV 5:15 pm Wrestling @ SRanchHS, 5 pm</p>	<p>5 Boys Bball @ Helix, F 4:00, JV 5:30, V 7:00 pm R Hockey @ ESC East v. Westview, 7 pm Boys Soccer v. MtCarmel HS, stadium, JV 3:30 pm; V 5:30 pm</p>	<p>6 Girls Bball @ Morse, JV 6 pm, V 7:30 pm Boys Bball v. SRHS, JV 6:00, V 7:30 pm Girls Soccer v. Granite Hills HS, stadium, V 4:30 pm; JV 6:30 pm WPolo @ Del Norte, JV 3:45, V 4:45, N 5:45</p>	<p>7 Boys V Bball Tour, gym, all day Drumline and Color Guard, gym, 8 am – 5 pm WPolo Jv Snowfest Wrestling @ Hilltop HS, 6 am</p>
<p>8 Liverpool Soccer futsal, outside basketball court, 2–3 pm Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>9 R Hockey @ SSD v. RB, 5:30 pm Girls Soccer @ Coronado HS, V 3:30 pm; JV 5:30 pm</p>	<p>10 Girls Bball @ MMHS, JV 3:30, V 5 pm Boys Bball @ Madison, JV 3:30, V 5:15 pm Boys Soccer v. Valhalla HS, stadium, V 4:30 pm; JV 6:30 pm WPolo @Tierrasanta v. Clairemont, 3:30 pm</p>	<p>11 R Hockey @ ESC East v. Cathedral, 8 pm Wrestling v. MMHS, 5 pm</p>	<p>12 WPolo @Tierrasanta v. Scripps Ranch, 3:30 pm</p>	<p>13 Girls Bball v. LJHS, JV 4:30, V 6 pm Boys Bball @ Hoover, F 4:30, JV 6:00, V 7 pm Girls Soccer @ OLP, JV 3:30 pm; V 5:30 pm WPolo V LadyBrahmas tourn.</p>	<p>14 Drumline and Color Guard, gym, 8 am – 5 pm Boys V Bball @ MBHS, 7 pm WPolo V LadyBrahmas tourn. WPolo Nov Hiller Invite Wrestling @ RB HS, 6 am</p>
<p>15 Liverpool Soccer futsal, outside basketball court, 2–3 pm Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>16 MLK Jr. Holiday WPolo Nov SD Open Wrestling JV @ Morse HS, 6 am</p>	<p>17 Girls Bball @ Lincoln, JV 3:30, V 5 pm Boys Bball v. LJHS, F 4:00, JV 5:30 pm Boys Soccer @ Coronado HS, JV 3:30 pm; V 5:30 pm WPolo @Tierrasanta v. UCHS, 3:30 pm</p>	<p>18 R Hockey @ ESC East v. SRHS, 6 pm Girls Soccer v. CHS, stadium, V 3:30 pm Wrestling @ SDHS, 5 pm</p>	<p>19 Stadium field closed for maintenance til 2:30 pm R Hockey @ ESC East v. Poway, 7 pm Boys Soccer v. LJHS, stadium, JV 3:30 pm; V 5:30 pm WPolo @UCSD (v. T Pines), TBA</p>	<p>20 PowderPuff football game, stadium, 4 – 8 pm Boys V Bball @ Hoover (v LJHS), 7 pm WPolo JV Winter classic WPolo Nov SD Open</p>	<p>21 Drumline and Color Guard, gym, 8 am – 5 pm WPolo JV Winter classic WPolo Nov SD Open Wrestling @ SanPasqual HS 6am</p>
<p>22 Liverpool Soccer futsal, outside basketball court, 2–3 pm Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>23 R Hockey @ SSD v. Escondido Charter, 5:30 pm WPolo JV SD Open</p>	<p>24 Girls Bball v. PLHS, JV 3:30, V 5 pm Boys Soccer @ SDHS, JV 3:30 pm; V 5:30 pm WPolo @TBA (v. PLHS), 3:30 pm</p>	<p>25 Boys V Bball v Kearny, times TBD for JV, V, and F Girls soccer v. Serra, stadium, V 3:30 pm, JV 5:30 pm Wrestling v. PLHS, 5 pm</p>	<p>26 Boys Soccer v. UCHS, stadium, JV 3:30 pm; V 5:30 pm WPolo @Clairemont, 3:30 pm</p>	<p>27 Girls Bball @ Coronado, JV 6 pm, V 7:30 pm Boys Bball v Serra, JV 6 pm, V 7:30p Girls Soccer @ LJHS, JV 3:30 pm; V 5:30 pm WPolo JV SD Open</p>	<p>28 Drumline and Color Guard, gym, 8 am – 5 pm WPolo JV SD Open</p>
<p>29 Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>30 R Hockey @ SSD v. Westview, 5:30 pm WPolo SD Open tourn.</p>	<p>31 Girls Bball v. Morse, JV 3:30, V 5 pm Boys Soccer @ Lincoln HS, JV 3:30 pm; V 5:30 pm WPolo @Hourglass v. SRHS, 3:30 pm</p>	<p>Notes:</p>			

Athletics

February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Practices: Soccer 2:45 - 4 pm when no game Girls Bball 4:30-6:30 pm Boys Bball JV, V 2:40-4:30, 6:30 pm</p>	<p>Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>		<p>1 R Hockey @ ESC East v. RB, 8 pm Girls Soccer v. OLP, JV 3:30 pm; V 5:30 pm Wrestling v. Morse HS, 5 pm</p>	<p>2 WPolo @UCSD (v. UCHS), 3:30 pm WPolo SD Open tourn.</p>	<p>3 Girls Bball v. MMHS, JV 4:30, V 6 pm Boys Bball @ SRHS, JV 6 pm, V 7:30 pm Girls Soccer @ CHS, V 3:30 pm WPolo SD Open tourn.</p>	<p>4 Drumline and Color Guard, gym, 8 am – 5 pm WPolo SD Open tourn. Wrestling CIF Div I dual championship @ RB HS, 6 am</p>
<p>5 WPolo SD Open tourn. Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>6 R Hockey @ SSD v. Cathedral, 5:30 pm</p>	<p>7 NJROTC annual military inspection, gym with bleachers, periods 1 – 4 plus lunchtime Girls Bball @ LJHS, JV 3:30, V 5 pm Boys Bball v. Madison, JV 3:30, V 5:15 pm Boys Soccer @ LJHS, V 4:30 pm; JV 6:30 pm WPolo @TBA (v. TBA)</p>	<p>8 R Hockey @ ESC East v. Poway, 7 pm</p>	<p>9 Boys Soccer v. SDHS, stadium, JV 3:30 pm; V 5:30 pm WPolo @Tierrasanta v. PLHS, 3:30 pm</p>	<p>10 Girls Bball v. Lincoln, JV 4:30, V 6 pm Girls Soccer @ Serra, JV 3:30 pm; V 5:30 pm</p>	<p>11 Cheer showcase, gym, 6:30 am – 2 pm Boys Bball *SENIOR NIGHT* v. Hoover, F 4:30, JV 6 pm, V 7:30 pm Wrestling City Conf tourn. @ TBA, 6 am</p>
<p>12 Water Polo CIF playoffs February 14 - 25 Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>13 R Hockey @ SSD v. SRHS, 5:30 pm</p>	<p>14 Boys Bball @ LJHS, F 4 pm, JV 5:30, V 7 pm Boys Soccer @ UCHS, JV 3:30 pm; V 5:30 pm</p>	<p>15 R Hockey @ ESC East v. Escondido Charter, 6 pm Girls Soccer *SENIOR NIGHT* v. LJHS, JV 3:30 pm; V 5:30 pm</p>	<p>16 Girls Bball @ PLHS, JV 6 pm, V 7:30 pm Boys Bball @ Serra, JV 5:15, V 7 pm Boys Soccer *SENIOR NIGHT* v. Lincoln HS, stadium, JV 3:30 pm; V 5:30 pm</p>	<p>17 Lincoln Holiday</p>	<p>18 Drumline and Color Guard, gym, 8 am – 5 pm Wrestling CIF Div II @ Del Norte HS, 6 am</p>
<p>19 Boys soccer CIF playoffs February 22 – March 5 Roller Hockey playoffs Feb 20--> Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>20 Washington Holiday</p>	<p>21 Boys V Bball playoffs, 7 pm</p>	<p>22</p>	<p>23</p>	<p>24 Wrestling SD Section Masters Tourn. @ Otay Ranch HS, 6 am</p>	<p>25 Drumline and Color Guard, gym, 8 am – 5 pm Wrestling SD Section Masters Tourn. @ Otay Ranch HS, 6 am</p>
<p>26 Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm</p>	<p>27</p>	<p>28</p>	<p>Notes:</p>			

Athletics

March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Liverpool Soccer rental, grass field, M- Th 5:30-6:30 pm			1	2	3 Wrestling Cal. State wrestling champ. @ Rabobank Ctr, 6 am	4 Drumline and Color Guard, gym, 8 am – 5 pm Boys Bball CIF Champ, USD, 8 pm Wrestling Cal. State wrestling champ. @ Rabobank Ctr, 6 am
5 Boys Bball state playoffs March 8-18, state champ 3/24	6	7 Boys soccer banquet, cafetorium, 6 – 8 pm	8	9	10	11 Drumline and Color Guard, gym, 8 am – 5 pm
12	13	14	15	16	17	18 Drumline and Color Guard, gym, 8 am – 5 pm
19	20	21	22	23	24	25 Drumline and Color Guard, gym, 8 am – 5 pm
26	27 Spring Break	28 Spring Break	29 Spring Break	30 Spring Break	31 Spring Break	Notes:

Athletics

April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Drumline and Color Guard, gym, 8 am – 5 pm
2	3	4	5	6	7	8 Drumline and Color Guard, gym, 8 am – 5 pm
9	10	11	12	13	14	15 Drumline and Color Guard, gym, 8 am – 5 pm
16	17	18	19	20	21 Special Olympics (Reitman), stadium and gym, 6:30 – 2:30 pm	22 Drumline and Color Guard, gym, 8 am – 5 pm
23	24	25	26	27	28 AP testing set up gym?	29
30	Notes:					

Athletics

May 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 AP testing in gym?	2 AP testing in gym?	3 AP testing in gym?	4 AP testing in gym?	5 AP testing in gym?	6
7	8 AP testing in gym?	9 AP testing in gym?	10 AP testing in gym?	11 AP testing in gym?	12 AP testing in gym?	13
14	15 Gym unavailable due to testing 15th-19 th ?	16 Gym unavailable due to testing 15th-19 th ?	17 Gym unavailable due to testing 15th-19 th ?	18 Gym unavailable due to testing 15th-19 th ?	19 Gym unavailable due to testing 15th-19 th ?	20
21	22	23	24	25	26	27
28	29 Memorial Day Holiday	30	31	Notes:		

Athletics

June 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9 Gym unavailable today D-Ball senior activity, gym, 9:30 am – 1:30 pm	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	Notes: