

## SUMMARY OF SKILLS

- Knowledge of the principles of nutrition and therapeutic diets
- Experience with Food Processor and Tray Trakker software
- Accomplished in working with clients and providing nutritional assessments
- Advanced in Microsoft Word, Excel, PowerPoint

Sample resume provided by:  
Career and Civic Engagement

## EDUCATION

### Bachelor of Science in Human Nutrition, concentration in Dietetics

Winthrop University, Rock Hill, South Carolina

May 2014

GPA: 3.2

- Member of Phi Kappa Phi Honor Society (April 2011-Present)
- ACEND Didactic Program in Dietetics verification

## COURSEWORK

Organic Chemistry, Human Nutrition, Food Composition, Nutrition through the Life Span, Sports Nutrition, Community Nutrition, Nutrition and Metabolism, Medical Nutrition Therapy

## RELEVANT EXPERIENCE

### Dietary Intern

Summer 2013

Agapé Rehabilitation of Rock Hill

Rock Hill, SC

- Visited residents to determine meal preferences and daily meal choices
- Coordinated diet information with food service department
- Updated tray card information utilizing computerized tray card system
- Performed tray line audits to help ensure accuracy of resident meals
- Participated in the development of the Resident Customer Service Program to increase meal satisfaction and accuracy of honoring food preferences.

### Service Learning Project

Spring 2013

Community Nutrition course

Winthrop University

- Volunteered at the Rock Hill Educational Community Service Garden
- Helped pick, plant, and deliver vegetables to the Hope House at Oakland Presbyterian Church

### Family Dietary Study

Spring 2013

Nutrition through the Life Span course

Winthrop University

- Reviewed each family members information; made dietary suggestions based on age and physical activity level
- Analyzed daily nutrient intake using MyPyramid and Food Processor software
- Planned a three day menu for each family member

## CAMPUS INVOLVEMENT

Student Dietetic Association, Fall 2012 – Present

Student Wellness Advocacy Team, Spring 2010 – May 2014

- Promoted healthy decision making on campus through behavior-specific programming, campus wide awareness events, and leading by example
- Served as a Peer Health Educator for freshman seminar class

## WORK EXPERIENCE

Retail Associate, The Gap, Rock Hill, SC; July 2012 - present