

Information You Should Share with Your Child's Babysitter or Childcare Provider

Childcare Providers

- You may have a babysitter or other childcare provider that helps you take care of your child.
- You can help your childcare providers learn what they need to know about taking care of a baby or young child with sickle cell disease.
 - Make sure your childcare providers learn how to tell if your child is getting sick.
 - Also make sure that they know how to contact you and what to do if your child has a fever or is sick.

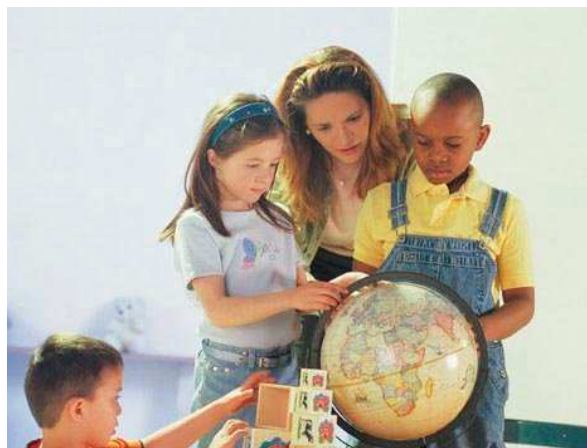
Teachers

- As your child gets older, he or she may go to pre-school or start kindergarten.
- You can also help your child's teachers learn what they need to know about sickle cell disease



On the next pages you will find information that you can share with your child's babysitter or childcare providers

- You should make sure to give a copy of this information to people that take care of your child.
- You can print this information directly from this website.



Information for Babysitters and Childcare Providers

My child has **Sickle Cell Disease**. This is a condition that affects red blood cells and causes anemia.

You should call me immediately if you notice any of the following symptoms in my child. These are all times when my child needs to see a doctor RIGHT AWAY.

- Fever of **101° or higher (Never ignore this!)**
 - Severe headache or dizziness
 - Severe pain or swelling in the belly
 - Rapid breathing, or coughing with chest pain
 - Very pale skin or palms or inner eye lids
 - Cannot move hands, arms or legs
 - Limps without pain
 - Cannot wake up
 - Slurred speech or drooling
- **If you cannot reach me, you should call 911.**
 - **When you call the doctor or 911, make sure to tell the person that answers that my child has Sickle Cell Disease.**

There are things that I need to know about right away so that I can call my child's doctor for advice. You should call me if my child:

- Vomits or has diarrhea
- Keeps coughing
- Has pain
- Is not acting like they usually do:
 - Refuses to take penicillin
 - Is less active than usual
 - Refuses to eat or drink

Here are some other things you need to know about my child. I will talk with you about these things:

- My child needs to drink plenty of fluids and have healthy meals and snacks.
- My child needs to get enough rest.
- My child needs to avoid temperature extremes (too cold or too hot and humid). It is important to dress my child in warm clothes when the weather is cold.

CONTACT INFORMATION

You can reach me at _____

If you cannot reach me, call _____ (Name)

_____ (Phone Number)

My child's doctor is _____ (Name)

_____ (Number)

Other notes

Credits



National Coordinating
and Evaluation Center
Sickle Cell Disease and Newborn Screening Program

**Sickle Cell Disease and
Newborn Screening Program**



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