

Sundays (until March 26, 2017)

TIME	PROGRAM	AGE	Exceptions
7:15-9:15am	Sports	17yrs+	
9:30-10:30am	Ultimate Frisbee	6-12yrs	
10:30-11:30am	Lacrosse	13-16yrs	
12:00-2:00pm	Large Family Board Games	All Ages	
12:30-1:30pm	Cardio Kickboxing	17yrs+	
1:30-2:30pm	Body Sculpt: Lower Body	17yrs+	
2:30-3:30pm	Volleyball	6-12yrs	
3:30-4:30pm	Volleyball	13-16yrs	
5:00-7:00pm	Volleyball	17yrs+	