



JANUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 P90X w/ Jill 5:15-6am Creative Movement w/Tiara 4-4:45pm(3-5 yr old) Beg. Ballet w/Tiara 5-6pm	3 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	4 P90X w/Jill 5:15-6am Beg. Jazz/Hip Hop w/Tiara 5-6pm(4 & older)	5 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	6	7
8	9 P90X w/ Jill 5:15-6am Creative Movement w/Tiara 4-4:45pm(3-5 yr old) Beg. Ballet w/Tiara 5-6pm	10 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	11 P90X w/Jill 5:15-6am Beg. Jazz/Hip Hop w/Tiara 5-6pm(4 & older)	12 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	13	14
15	16 P90X w/ Jill 5:15-6am Creative Movement w/Tiara 4-4:45pm(3-5 yr old) Beg. Ballet w/Tiara 5-6pm	17 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	18 P90X w/Jill 5:15-6am Beg. Jazz/Hip Hop w/Tiara 5-6pm(4 & older)	19 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	20	21
22	23 P90X w/ Jill 5:15-6am Creative Movement w/Tiara 4-4:45pm(3-5 yr old) Beg. Ballet w/Tiara 5-6pm	24 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	25 P90X w/Jill 5:15-6am Beg. Jazz/Hip Hop w/Tiara 5-6pm(4 & older)	26 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm	27	28
29	30 P90X w/ Jill 5:15-6am Creative Movement w/Tiara 4-4:45pm(3-5 yr old) Beg. Ballet w/Tiara 5-6pm	31 PiYo w/Jill 5:15-6am Yoga w/April Noon-1pm Zumba w/Greg 5-6pm				
Get Active: Group Fitness is a great way to improve your overall physical and mental health! Try a class today!!					Have Fun: Group fitness classes offer a very fun and supportive environment! Our instructors show you the way!!	