



# Packing List & Travel Tips



### DUFFLE BAG

All of your personal items should be packed into a soft-sided duffle bag approximately 12" x 13" x 24" in size. Mark it with your name. Due to aircraft weight allowances and raft space, please limit your gear to roughly 20 pounds, not including beverages (see note regarding beverages on page 11).



### DAY BAG

Upon arrival to the river's edge, you will be provided a water-resistant day bag (approximately 7" x 13"). In this day bag, you will want to put those items you wish to access during the day (raingear, camera, medications, sun block, lip balm, river guidebook, etc). We recommend packing these items in a simple plastic grocery sack inside your duffle for easy transfer to your day bag at the launch site.



### GEAR BAG

Also upon arrival at the launch site of your trip, you will receive a water-resistant gear bag. This bag will contain your sleeping bag, sheet and ground tarp. You will put your duffle bag inside this bag, roll the top down and clip it securely to avoid getting your personal gear wet. Your personal gear bag will be available at camp each night of your trip.

### CLOTHING ITEMS

- Two-piece rain suit or "paddle gear"** (Not just for rainstorms - offers protection against the 50°F cold water and wind-chill when running rapids - especially early in the morning.)
- 2-3 swimsuits (2-piece swimsuit and quick-drying shorts recommended for women)
- 2-3 quick-drying shirts
- 2 pair comfortable shorts and underwear for camp
- 2 pair socks for use in case of sunburn or foot injury
- 1 pair quick-drying pants (optional - for sun protection)
- Lightweight fleece top
- Sturdy water sandals or multi-sport shoe that can get wet with good tread & support for hikes. It is wise to consider a backup pair of sandals or shoes in case of damage.
- Comfortable footwear for camp (some guests prefer to change out of wet sandals or shoes into flip flops or other light weight shoes)
- Hat for sun protection with string or hat clip
- Gloves for protection while gripping ropes

» *Water clarity can vary from clear to very silty. Clothing may become discolored. Please pack accordingly.*

### PERSONAL ITEMS

- Personal hygiene products - toothbrush, toothpaste
  - Plenty of sunscreen
  - Sunscreen lip balm
  - After-sun moisturizing lotion
  - Biodegradable soap and shampoo in small bottles
  - Sport water bottle with clip or carabiner
  - Small towel and wash cloth
  - Bandana or Buff
  - Small pack of tissues and/or moist towelettes
  - Small headlamp or flashlight with extra batteries
  - Insect repellent (small container)
  - Sunglasses with safety strap
  - Camera - waterproof digital camera with extra batteries and memory cards recommended.
- (Note: online post-trip photo sharing will be available for those with digital images. You will be given access information via email. Please ensure we have your accurate email address on file).
- Small travel pillow
  - Medication if needed (cool storage is available)
  - Major credit card and photo ID in case of evacuation and for souvenirs at Bar 10 Ranch
  - Cash for gratuities (Your guides will make every effort to see that your trip is enjoyable and successful. Gratuities for guides are appropriate, greatly appreciated and at your discretion, as a gesture of thanks for their professionalism and service. A suggested guideline is 10 percent of the trip cost. The common practice is to give the gratuity to the trip leader on the last night. It will later be divided equally with the rest of the crew).

### COLD WEATHER ITEMS

- (Especially April, early May & late Aug-Sept)
- Neoprene socks for river - Wool socks for camp
  - Stocking cap, fleece or wool gloves
  - Thick fleece jacket and/or lightweight down coat
  - Lightweight long underwear for sleeping
  - Paddler's "Splash Jacket" and/or splash pants

### OPTIONAL PERSONAL ITEMS

- 2 large (3"-4") carabiners for clipping day use bag and water bottle to ropes
- A few clothespins and small piece of rope for drying clothes
- Comfortable lounge-wear for camp and sleeping
- Sarong (long cloth worn like a skirt, wrapped at the waist)
- Mile-by-Mile River Guide Book (see redrockoutfitters.com)



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## Items provided by Western River Expeditions

- » Transportation from Marble Canyon, Arizona to river
- » Helicopter flight out of the canyon
- » Charter return flight to Las Vegas or Marble Canyon
- » Professional, licensed guides
- » All meals between trip departure and return
- » All eating utensils and souvenir cup
- » Unlimited water and lemonade
- » Freshly laundered sleeping bag and sheet
- » Cot 28" x 74" and ground cover & Tents for two
- » Water-resistant dry bag for sleeping gear (and your personal duffle bag)
- » Water-resistant day-use dry bag (7" diameter x 13") for personal items
- » Custom rafts
- » US Coast Guard approved whitewater life jackets
- » Wilderness First-Aid kit
- » Sanitary Facilities

## Be Prepared for Any Weather:

Weather is always present on a river trip... Temperatures can fluctuate daily, and may even disobey predicted weather forecasts! It is wise to come prepared for anything, but we realize there are weight and size limitations for packing. While we cannot predict it all, hopefully we've given you the proper insights and information to prepare you for the adventure of a lifetime!

### Rain Gear

vs.

### Paddle Gear



**Key Feature:** Easy to wear, versatile, best in warmer weather and rain.

**PROS:**

- Keeps you relatively dry without the "sweat chamber effect"
- Blocks wind-chill after rapids
- Versatile purpose/easy to wear
- Best for rain, shields whitewater

**CONS:**

- Not waterproof during large rapids
- Getting cold can be a threat to fun



**Key Feature:** Neoprene rubber "gaskets" around wrists & neck. Best in cold weather & whitewater.

**PROS:**

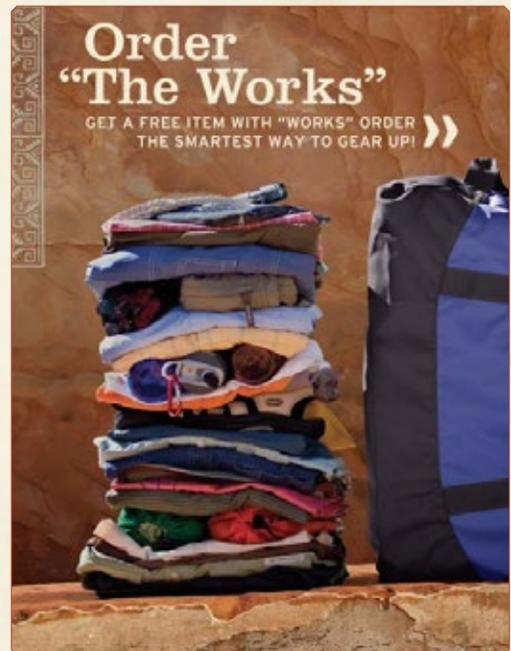
- Nothing better for staying dry
- Ideal when weather remains cold
- Blocks water from all directions
- Best for whitewater

**CONS:**

- Hot & sweaty in warm weather
- Pullover style can be difficult
- Specialized purpose lacks versatility
- No hood for rainstorms

## Get Ready in One Order: Red Rock Outfitters

Through several decades of experience on the river, Western knows what clothing and gear will keep you smiling every second of your adventure. Specifically, we've bundled "The Works" for him, for her and one for gear in general. Get a FREE item with a "Works" purchase. For your convenience, you can order all these items online with Western's retail division: [redrockoutfitters.com](http://redrockoutfitters.com)



[www.RedRockOutfitters.com](http://www.RedRockOutfitters.com)  
**1-855-245-1658**



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## FINAL CHECKLIST: The morning of your trip:

- Check out of your accommodations & eat a good breakfast. (Boxed breakfast provided if on charter flight from Las Vegas).
- Meet in the morning at:
  - 4:45 AM in Marriott lobby for bus transfer to the Boulder Terminal and a flight to Marble Canyon. Original picture I.D. is required for all passengers 18 and older.
  - Marble Canyon Airstrip pavillion (if not on charter flight): 7:30 AM
- Come dressed and ready to raft (see diagram below):



### BIG SMILE

A smile is a curve that sets a lot of things straight

### RETENTION DEVICE(S)

River guides invented these thirty years ago for hats and sunglasses. They work!

### LIFE JACKET / PFD

Available at the river's edge, with the rafts

### LIP BALM & SUNSCREEN

At least 30 SPF - You will have time to apply this before rafting

### MEDICATION

(if needed)

### WATERPROOF CAMERA

Or use a waterproof / sandproof case

### QUALITY RAIN GEAR

Good quality rain gear is handy in your day bag for rain, but especially for rapids!



### HAT FOR SUN PROTECTION

Wide-brimmed hat, baseball cap or visor

### COMFORTABLE SHIRT

Best with UPF for sun protection

### SUNGLASSES

They're not just for Hollywood looks

### QUICK DRY SHORTS

Makes sitting on the raft more comfortable

### WATER BOTTLE WITH A CLIP

Always drink lots of water in the desert

### STURDY WATER SANDALS OR SHOES

No flip flops, mukluks, cowboy boots, spurs, etc.

## Gear provided:

- Large water-resistant gear bag containing a sleeping bag, sheet, and ground tarp. Once you are dressed and ready for the river that day, you should pack your personal duffel so it is ready to place inside this large rubber bag once you get to the edge of the river. You can access it again that night at camp. (Inaccessible during the day).
- Small day bag to hold personal items you need throughout the day (sunscreen, lip balm, rain suit, camera, snacks). Save yourself time by packing these items in a separate grocery bag, ready to grab from your duffel bag and place inside the day bag once you get to the edge of the river.
- Lifejacket / PFD will be handed out and proper fitting will be demonstrated by your guides when you meet them at the rafts.

## Things to bring:

- Duffel bag (approx. 12"x13"x24"), packed with personal items outlined on the packing list
- Extra drinks, if desired. (see "Beverages" on General Information page).
  - Marble Canyon convenience store (across from airstrip).
  - Liquor Stores in Las Vegas day before charter flight.
- Extra snacks, if desired. (Snacks will be provided during the trip).
- Photo ID, a major credit card, and cash for gratuities.

## Things to leave: (NOT TO BRING ON THE RIVER)

- Suitcases can be left at Marriott storage, or in car at Marble Canyon
- Electronic devices
- Jewelry



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