



# The Times

Twin Falls, Idaho/95th year, No. 10

Monday, January 10, 2000

nts

## GOOD MORNING

### WEATHER

Today: Snow likely in the morning, changing to rain. High, 42. Low, 31. Page A2

### MAGIC VALLEY



**Ski camp:** After two days of Jeannie Thoren's boot camp, skiers were dancing down the mountain. Page A5

**Trial:** A Jerome man charged with shooting at sheriff's deputies and police during a September standoff will be in court today. Page A5

### SPORTS

**Marino magic:** The Miami Dolphins and quarterback Dan Marino kept their Super Bowl hopes alive with a 20-17 win at Seattle on Sunday. Page B1

**Hawaiian shootout:** Golfers Tiger Woods and Ernie Els needed sudden death at the PGA season-opening Mercedes Championship. Page B1

### HEALTH & FASHION



**On the road:** Your workout doesn't have to suffer just because you're away from home. Page B4

### OPINION

**Runnin' on empty:** It's time for answers about the high price of gas in Idaho, a guest editorial says. Page A10

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## Hotel developer to propose new zoning change

By John T. Huddy Times-News writer

**TWIN FALLS** - In an attempt to get their development plans going, representatives of a Las Vegas hotel developer are asking the City Council to approve a zoning change on property along the canyon rim - this time splitting their proposal to make things easier. Gerald Martens, an engineer and consultant to Craig H. Neilsen and Co., plans to ask the City Council on Monday to approve a "planned unit development" zone change on 12 acres east of the Perrine

### TF City Council to hear split plan today

Bridge, and on part of a 13-acre site to the west. The property has been the subject of much discussion between city officials recently. The planning and zoning commission recommended in December that the City Council approve the zone change. But the City Council, before three new members took office Jan. 3, sent Neilsen's request back to the planning commission for a second hearing.

The council said a newly formed citizens design review committee had not made recommendations to the planning commission before the commission acted. The council created the committee to make recommendations on building heights and aesthetics. Neilsen representatives have questioned if committee review of their zone change request was needed. Now, to make things easier, Neilsen representatives have split their zone change request into three separate requests, instead of two as they earlier had asked for.

Martens is asking if that the Canyon Park Project East project go forward - allowing 12 acres to be used for retail and commercial development. He is asking the council to split Canyon Park North - the 13-acre site of a prospective hotel, convention center and restaurant, said Renee Carraway, city planning and zoning assistant. Under Martens' request, the hotel and convention center site would go back to

Please see HOTEL, Page A2

## Conservation consternation



Gooding County farmer Bill Novinger says trees on his property have been destroyed by deer and elk.

### Habitat project runs into stubborn deer and elk, tight money

By N.S. Nokkvented Times-News writer

**GOODING** - The story is written in the fresh snow - the buck's front feet are set wide, head down, and his antlers rake the little tree. Deer and elk have been picking fights with small trees and shrubs planted as part of a wildlife habi-

tat project on private land north of Gooding. And that's just part of the problem; tight money is another obstacle. Bill Novinger, a Gooding County farmer and would-be dairyman, has planted three areas of trees and bushes as

wildlife habitat and as filter strips to catch nutrient-rich runoff from his fields. Many of the two- to three-foot trees have been barked and broken by deer and elk rubbing their antlers on them. Novinger and officials from the Idaho Department of Fish and Game are trying to figure out what to do about the deer, and how to pay to

solve the problem. Novinger can save most of the damaged trees by cutting them down and favoring one of the suckers that will shoot up come spring. He pruned back many of the trees last year after similar treatment by the unruly ungulates, and the trees came back. "But the deer come back and" Please see HABITAT, Page A2

## Study: Crime affects younger age groups

Findings challenge victim stereotype

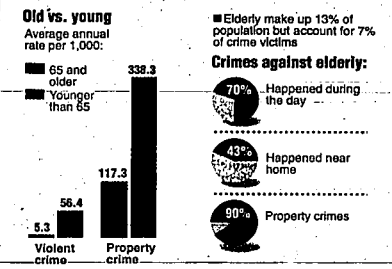
Los Angeles Times

**WASHINGTON** - Contrary to popular conception, senior citizens in the United States fall victim to crime far less often than the rest of the population, according to a study released Sunday by the Justice Department. In fact, when it comes to violent crime, the nation's 31.3 million people 65 and older are 10 times less likely than younger age groups to be murdered, assaulted, robbed or victimized, the study found. From 1992 to 1997, elderly Americans suffered just five violent crimes per 1,000 residents

vs. 56 violent crimes per 1,000 people among those ages 12 to 64, the study found. People in nursing homes, accounting for about 4 percent of the elderly population, were not factored into the study. Although the elderly make up about 13 percent of the population, only 7 percent of crime victims were senior citizens, the study found. Purse snatching, pickpocketing and other personal thefts were the only crimes affecting older Americans at about the same rate as younger citizens. "The risks are much lower (for senior citizens), but it may be because they're living a different lifestyle that places them less at risk in the first place," said Patsy A. Klaus, the Justice Department statistician who wrote the report. The numbers, confirming simi-

### Elderly stay away from crime

A new study says the elderly experience less violence and fewer property crimes than younger people. Some highlights:



lar patterns in the 1970s and 1980s, may surprise many senior citizens who believe they are preyed upon by criminals much more often than are younger people, said John Bordenet, who specializes in law enforcement issues for the AARP, formerly known as the American Association of Retired Persons.

## States run budget surpluses

What to do with the money will be a political struggle

The Associated Press

Taxes. Spending. As legislators nationwide return to their state capitals this month, the bottom line, once again, is money. That's the case whether the debate is about gambling (taxes), tobacco (how to spend the mid-billion dollar settlement) or the Internet (taxes again).

"And there's a lot of money in the new year, with nearly three-quarters of the states reporting healthy surpluses courtesy of the booming economy. That means a lot of bitter fights. Increase teacher pay? Cut taxes? "Every time a new surplus is announced, 121 politicians in Sacramento along with 1,000 lobbyists go out and campaign for their favorite government programs," said Rep. Scott Baugh, Assembly Minority Leader, California, where the state has about \$3 billion extra. California Gov. Gray Davis wants to lure new teachers with fellowships, but also help buying homes. Legislators want tax cuts. The state's highways need billions of dollars in improvements.

The same dynamics are in play in states nationwide. Education remains a pressing issue, whether it is building schools, hiring teachers or funding vouchers to attend private schools.

Tax cuts have been proposed in at least 12 states, and more proposals are expected, according to a survey by the National Conference of State Legislatures. The conference said state tax cuts last year. "One billion dollars is a lot of money. From my perspective it belongs to the people, and we should find some way to give it back to them," said Maryland Sen. Lowell Stoltzfus. Yet, only modest tax cuts are on the table in Maryland.

Overall, the states are estimated to have \$27 billion in surpluses and rainy-day funds at the end of fiscal year 2000, not quite as much as last year's \$35 billion, according to the National Governors' Association. Thirty-six states have balances 5 percent or greater than their overall budgets.

Not every place is flush, however. Budget shortfalls are foreseen in Kansas, Wyoming, Alaska and Kentucky. Some proposals there include tax increases. Since money burns a hole in government coffers just as it does

Please see STATES, Page A2

## National marriage rate drops to its lowest point since 1958

The Associated Press

**NEW YORK** - You have to listen pretty hard to hear wedding bells in New York these days. "The number of new marriages in the city is at its lowest point since the 1970s, pushed down by a decline in the number of people in their 20s, an end to the taboo on living together outside of wedlock and financial incentives that can make it more appealing to stay single, The New York

Times reported Sunday. Although the city has long been a haven for singles, the decline in marriage rates appears to mirror a national trend. "The baby boomers basically... we all had their initial marriage by now," Tom Smith, who runs the National Opinion Research Center at the University of Chicago, told the Times. "And we have a relatively small pool of people in the prime ready-to-get-married age now." That age is generally around 25. Those in

their mid- to late 20s are underrepresented in the general population, since the number of births in the United States declined 16 percent between 1965 and 1975. In New York, the total number of new marriages fell 30 percent between 1997 and 1999. The 1997 figure was thought to be artificially high, though, since changes in federal immigration laws prompted many immigrants to marry quickly. Marriage rates are also dropping nationally. In 1998, 8.3 per 1,000 Americans mar-

ried, the lowest rate since 1958. Among the causes cited by sociologists is a greater acceptance of living together outside marriage. Financial incentives may also play a role. Some low-wage workers lose tax credits when they marry and the so-called "marriage penalty" affects some double-income couples. "I will never be married," said Ben Speth, 36, who lives in Brooklyn with his girlfriend. "I don't need the state's imprimatur. It is enough for me to love and be loved."



# N.H. voters anticipate 'some real choices'

BOW, N.H. (AP) - It was just after 8 a.m., and Sen. John McCain was well into his latest town hall meeting. Before him sat more than 200 New Hampshire citizens, firing question after question about military policy, corruption, campaign financing and the environment.

And everybody was sitting up straight, awake and alert. This is New Hampshire, after all, and voters demand more of their candidates than 30-second commercials. From retired elementary school teacher Evelyn Lindquist, an independent, came a common sentiment: "I'm coming to hear as many of these as I can."

On New Hampshire television, the anchors are trumpeting a "palpable excitement," and while it may not be quite as frantic as they say, there's a definite excitement-afoot as the primary season kicks into high gear.

Nearly three dozen interviews with southern New Hampshire voters studying the candidates and the issues for the nation's first primary Feb. 1 suggest an optimism untempered by campaign-trail cynicism. Ask any of the voters - Republican, Democrat or independent - about New Hampshire speciality - and you'll probably hear this: People feel as if they have some real choices this year.

"The primary is different," said Christine Miller, a therapist and Democratic ward leader in Concord. "I find the lack of negative campaigning in both parties surprising. And the amount of sticking to the issues, all the candidates in both parties are hearing the electorate on that one."

A Boston Herald/WCVB-TV poll taken after Wednesday's Democratic debate showed 44 percent of New Hampshire voters who plan to cast Democratic primary ballots would do so for Bill Bradley, while 38 percent prefer Vice President Al Gore. The margin of error was 5 percentage points.

"I think that Democrats feel in general that no matter whether



Craig Greenwood, 28; of Jersey City, N.J.; right; Michael Fitzgerald, 43; of Greenland, N.H.; center; and Kevin Waterhouse, 45, of Windham, N.H., watch the televised GOP debate Thursday at Libby's Bar & Grill in Durham, N.H. Interviews with New Hampshire voters suggest there really is excitement afoot Sunday as the state's primary season swings into high gear.

they're supporting Bradley or Gore, they will be content with the victor," said Mary Louise Hancock, a longtime New Hampshire Democratic activist. "I don't feel any acrimony or any heavy contention or any animosity."

A Republican poll showed McCain and Texas Gov. George W. Bush as the GOP candidates to beat. Each had nearly equal support from likely New Hampshire Republican voters - Bush with 33 percent and McCain with 32 percent. Publisher Steve Forbes placed third with 12 percent.

Front-runners and dark horses alike are barnstorming New

Hampshire in myriad ways. Republican Alan Keyes takes his message to a youth political convention this week. Republican Gary Bauer on Thursday became the latest candidate to address the Legislature.

Still, in New Hampshire it's the small-town events and living-room meet-and-greets where candidates tend to make the deepest impressions. The day before Bauer went to the Statehouse, he spoke at a meeting of the Nashua Fish and Game Association.

That same day, in the diminutive southeastern community of Newmarket, passing drivers - including one with a McCain bumper sticker - honked and waved at the Bradley caravan

outside Town Hall. Inside, Bradley was affirming his commitment to abortion rights; outside, volunteers for New Hampshire and farther afield were playing the streets in bitter cold to give Newmarket an hour-long taste of campaign pageantry.

Among them was Justin Browne, 20, from Amherst, N.H., volunteering for his first campaign. Though Browne likes Bradley for his health-care proposals, the college student finds a deeper appeal: Bradley "doesn't seem like a candidate."

"He just seems like a normal man - not only that he has integrity, but that he shows it," Browne said.

# Cybershops seek new ways to attract shoppers

NEW YORK (AP) - Americans did lots of Internet shopping during the holiday season, but e-retailers are now left with the challenge of keeping people hooked on the Web all year long.

Just days into 2000, cybershops already are taking steps to keep buyers coming back for more. Many are touting improved customer service and new personalized services and promotions.

"It's not just about making a sale, but acquiring a customer for life and getting them to be loyal to you," said Ken Cassar, an analyst at the New York-based Internet research firm Jupiter Communications.

It was a stunning holiday season on the Internet. Sales climbed more than 200 percent from last year to as much as \$12 billion, above early expectations that sales would double.

Millions - of new shoppers flocked to the Web for the first time, and people who had previously bought online tried sites where they hadn't shopped before.

Amazon.com alone had more than 25 million new customers during the holidays.

But big gains during the holiday season won't guarantee long-term success. Those that survive must be able to drive traffic year-round.

E-retailers are quickly crafting strategies to keep the momentum going in the new year. Expensive advertising campaigns - on the Web, television and newspapers - are taking a back seat to other initiatives.

"It's not just about blanketing the airwaves right now," said Sandeep Chugani, a partner at consulting firm Diamond Technology Partners. "It's bringing the Internet down to the individual customer."

Merchants - including Toysrus.com and eToys - that tallied big complaints about late deliveries or shoddy customer service are overhauling their systems to ensure they don't disappoint again.

A survey of about 800 people by Andersen Consulting found 95 percent said a guarantee of on-time delivery would increase the likelihood they would buy from a site again.

## Back for more?

It was a great holiday season for online merchants, but now they are left with the challenge of keeping people hooked to the Web. These are some things that shoppers said would increase their likelihood to buy online again.

Free delivery	98%
On-time delivery guarantee	96%
No sales tax	91%
Coupons	83%
Online customer service	85%
Customer reviews and recommendations	82%
Helpful hints for colors and size	88%
Free gift wrapping	88%
Gift suggestions	88%

Based on a survey of about 500 people.

Source: Andersen Consulting

Cybershops that had a smoother run this holiday season are trying to stand out by exceeding shoppers' expectations.

DVD retailer merchant 800.com is doing more of "surprise and delight" program, where it throws in something extra with a customer's purchase. For instance, someone who orders a DVD may also get a bag of microwave popcorn.

"It comes down to satisfaction, and whether you leave shoppers satisfied or dissatisfied with their experience on your site. That will help them decide whether to come back," said Peter Schwab, a national director in the retail practice at consulting firm Ernst & Young.

Personalized services and promotions are also becoming more popular.

Companies are building up their customer databases so they can get to better know their shoppers and then pepper them with offers, such as discounts coupons on items that meet their interests.

# House GOP chairmen face loss of jobs next year

WASHINGTON (AP) - Some big names in the House of Representatives could find themselves shunted to the side next year.

While Republican enthusiasm for limiting how long someone can serve in Congress has waned since the 2001 term limit in 1994, a six-year limit on the terms of House committee chairmen is still very much alive.

Some influential lawmakers actually are looking forward to having a back-seat perch from which they can watch, perhaps with amusement, the tussle for who will succeed them.

Henry Hyde, the venerable House Judiciary Committee chairman who presided over last year's impeachment hearings, says he will "go quietly into the night."

"I'll just be a backbencher and enjoy myself," the Illinois Republican said. At the same time, he guesses that removing experienced lawmakers like him from positions of power was an unwise "form of gratifying the new members, throwing them a bone."

Others are dealing with it by just sitting.

"It's a commitment they've got to live by," said the House Education Committee chairman, Rep. William Goodling, R-Pa. He will leave Congress after 25 years in the House.

Of course, the Republican chairmen of all 19 House committees plus scores of GOP subcommittee chairmen could find themselves

on the outs if Democrats pick up a net six seats in November.

But even if Republicans maintain control of the House, party will be shifting dramatically because of the term limits on committee chairmen.

Bud Shuster, who controls billions of dollars in highway money as head of the House Transportation Committee, would have to accept a more modest role. Rep. Floyd Spence, R-S.C., chairman of the House Armed Services Committee, could see his sway over military policy diminished.

To keep his presence in the mix, Shuster, R-Pa., probably will move down a notch to head the ground transportation subcommittee, according to his spokesman, Scott Brenner.

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# Post office prepares to raise rates

WASHINGTON (AP) - The Postal Service is getting ready to kick off the complex process of raising rates, a step that could mean higher stamp prices early next year.

Major mailers have been on edge in recent months, anticipating the action many expect to be announced Tuesday at the monthly meeting of the Postal Service's board of governors.

"I think it's about 95 percent likely that the governors will approve a filing," said Neal Denton of the Alliance of Nonprofit Mailers.

"They're going to do it," agreed Gene Del Polito, president of the

American Association for Postal Commerce, formerly the Advertising Mail Marketing Association.

Officials of the Mailers Council and Direct Marketing Association also said they expected action soon.

Postal officials were not discussing how much of an increase would be sought - or even if a request would be filed - stressing that the decision is up to the governing board.

Two of the post office's main competitors - Federal Express and United Parcel Service - recently announced rate increases to take effect in February, citing rising costs.

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NATION/WORLD

# Israel-Syria treaty seems to be far off

**SHEPHERDSTOWN, W.Va. (AP)** — Despite President Clinton's expected intervention again, Israel-Syria negotiations on a land-for-peace treaty appeared to be nearing a close Sunday without even a tentative agreement.

The Israeli prime minister, Ehud Barak, describing the week-long talks over territory, peace terms, water and security as complex and difficult, was making plans to depart for home Monday.

Diplomatic sources said Syrian Foreign Minister Farouk al-Sharaa was likely to follow on Tuesday.

On the sensitive issue of establishing a new border, once Israel pulls back on the Golan Heights, Israeli Foreign Minister David Levy said "nothing has been agreed upon."

Clinton, who had intervened in the negotiations four times before Sunday, was expected back Sunday evening. "He's going for meetings. The process continues," a White House official said.

Committees met Sunday on all the key issues, and the State Department spokesman James P. Rubin said the two sides responded positively to a statement presented Friday by the United States.

The seven-page document, which is a summary of points of accord and discord, could become the basis for an eventual "core agreement," Rubin said.

But he said Israel and Syria still faced "enormous decisions."



Israel Prime Minister Ehud Barak and wife Nava, center, walk across a meadow at the Antietam National Battlefield during a tour of the American Civil War historical site in Sharpsburg, Maryland, Sunday. The Battle of Antietam on September 17, 1862, was the bloodiest day of the war between the North and the South, leaving more than 23,000 soldiers dead.

Barak and al-Sharaa could leave behind experts to continue deliberations. But Rubin said there was no decision on how negotiations would proceed, although he said the United States wanted full-blown negotiations to reconvene "sooner rather than later."

"There is no doubt that the negotiation is difficult," Barak told Israeli reporters while touring the Antietam National Battlefield, a Civil War site in Sharpsburg, Md., with Secretary of State Madeleine Albright.



Water flows through one of the open gates on the new Churchill Dam on the Allagash Wilderness Waterway in northern Maine in September, 1999. The dam, which was completed this year, helps to maintain the water level for recreationists on the waterway.

## Conservationists cheer new replacement dam

**AUGUSTA, Maine (AP)** — Conservationists who cheered the removal of a 162-year-old dam in Maine's capital last year also welcomed the replacement of a dam on a backwoods river that was only slightly younger.

Removal of the Edwards Dam, which stretched 917 feet across the Kennebec River, completed the rebirth of a historically rich fishery. The dam, 40 miles upstream from the Atlantic Ocean, was the first hydroelectric dam in the country ordered removed by the U.S. government for protection of the environment.

Replacement of the Churchill Dam was seen by conservationists and outdoors enthusiasts as essential to the enjoyment of wilderness.

At a rededication ceremony in September, state Conservation Commissioner Ron Lovaglio called the Churchill Dam "the dam for the new millennium" that would preserve Maine's prized Allagash Wilderness Waterway forever.

State Rep. John Martin, who has made trips down the river nearly every year since he was a boy, summed it up in a different way.

Without the dam, "people would not be able to enjoy the river in the summer," said Martin, who made five Allagash trips last year alone.

While the Edwards Dam was built in 1837 to supply downtown Augusta's mills with power, Churchill, in the northeastern corner of Piscataquis County in the heart of the Allagash, started off with a different purpose.

First known as Heron Lake Dam when it rose in 1846, it controlled water flows to help loggers float their wood to mills to the south rather than to Canada. Over the years, the local ecosystem adjusted to the changes created by the dam, said Dave Hutton of the Allagash Alliance, a group of about 200 members that pushed for the new dam.

The old Churchill was replaced in 1925, but the new dam

was washed out by spring ice in 1954. A stone-and-cribwork structure was built in 1968, but it was only designed to last 20 years at most. Logging-truck traffic over the structure weakened the dam, causing it to sag and deteriorate.

"The settling was happening so fast that it was difficult and in some cases impossible to open the gates," said Herb Hartman of the state Bureau of Parks and Lands.

Had a forest fire broken out, it would have been risky to move bulldozers and firefighting equipment over the dam, Hartman said. Without a plan for repairs, the old dam would have had to be breached.

There would be a dam that slowed down the spring rush downstream but kept the water moving in the summer, while creating wetlands, preserving a habitat for fish like trout and keeping Churchill and Eagle lakes full.

Without it, you couldn't float a canoe downstream to where the Allagash meets the St. John River in the summer.

Rather than being seen as an impediment, Churchill Dam about 120 miles north of Bangor, was viewed as a key to maintaining the water levels and ecology of one of Maine's most important recreational regions.

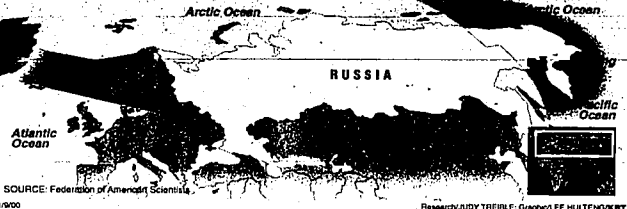
Still, voters were not convinced that the dam needed to be repaired and rejected bond issues to replace the dam in 1987 and 1990.

By the time the issue went before voters again in 1996, hunters and sport fishermen, environmentalists and contractors rallied with the Allagash Alliance behind a \$3 million bond issue that included \$1.4 million for the Churchill Dam.

Voters said yes. Work began in 1997 and the old cribwork was replaced with a concrete structure designed to last a century. The 87-foot-long, 27-foot-wide dam, which includes six gates and a fishway, was essentially completed in 1998.

## Russia's radar blind spots

Experts say Russia's land-based early warning radar network used to detect U.S. missile launches has blind spots.



## Officials say Russia's outdated system poses danger to Russia, United States

**WASHINGTON** — Russia's early warning system is so decayed that Moscow is unable to detect U.S. intercontinental ballistic missile launches for at least seven hours a day and no longer can spot missiles fired from American submarines at all, U.S. officials and experts say.

At most, only four of Russia's 21 early warning satellites are still working, according to experts on Moscow's space program. That gives Russian com-

manders no more than 17 hours of daily coverage of the 550 nuclear-tipped ICBM silos in Colorado, Montana, Nebraska, North Dakota and Wyoming.

"Against submarines, they basically have no warning," said Theodore Postol, a Massachusetts Institute of Technology professor who studies Russia's early warning system.

But because the logic of nuclear deterrence requires both sides to launch their missiles before a surprise attack obliterates them, Russia's semi-

blindness is as dangerous to the United States as it is to Russia. The fear is that Russian military and civilian leaders could misread a non-threatening rocket launch or ambiguous data as a nuclear first-strike and launch a salvo at the United States and Western Europe.

While acknowledging that Russia's early warning system has deteriorated badly, Clinton administration officials say Russia retains considerable early warning capabilities and strong control of its nuclear forces.

## Iraq reports strike left three injured

**BAGHDAD, Iraq (AP)** — U.S. and British warplanes wounded three people in an airstrike in southern Iraq on Sunday, Iraqi state-run television reported.

The planes attacked "service and civilian installations" where Iraqi anti-aircraft fire forced them to flee, the station said, quoting an unnamed Iraqi Air Defense Force spokesman.

U.S. Central Command in Florida said American planes had struck three Iraqi radar sites and two anti-aircraft gun sites at Samawa, Kut, and Amara in southern Iraq.

The attacks were a response to "repeated Iraqi violations of the southern no-fly zone" on Sunday, the command said in a statement. It referred to the ban on Iraqi flights over southern Iraq. A similar no-fly zone is patrolled by allied aircraft over northern Iraq.

Iraqi television did not say where the casualties were inflicted. It said the planes flew over five southern provinces, including the ones that are home to Amara, Samawa and Kut.

The U.S. and British air forces have frequently attacked Iraqi anti-aircraft radar installations since Iraq began challenging their aerial patrols in late 1998.

## Thousands in Indonesia flee homes out of fear

**AMBON, Indonesia (AP)** — Fearing a resurgence of the religious clashes that have claimed nearly 1,000 lives in eastern Indonesia in the past two weeks, thousands of people fled their homes Sunday and were wandering city streets, looking for a place to stay.

Hundreds of soldiers guarded the streets in the divided city of Ambon, the capital of Indonesia's Maluku province. In nearby North Maluku, refugees continued to pour into the city of Ternate, fearing violence on surrounding islands, said Col. Didik Setiawan, commander of Ambon's 1st Marine Brigade.

But despite the tension, Muslims and Christians in one refugee camp managed to make a separate peace, at least for a day.

The thousands of refugees in a camp at the naval base held a dress rehearsal for a musical performance planned for Monday. The planned concert marks the Muslim holiday of Eid al-Fitr — and Christmas, which many Christians could not celebrate two weeks ago



Indonesian soldiers stand guard Sunday at the gutted Silo Church, destroyed in late December, in Maluku, Indonesia. Clashes between Muslims and Christians in eastern Indonesia have claimed at least 1,600 lives over the past year.

because of the violence. "We all live together in this camp, so we should all celebrate together," Anista, a Christian refugee, said after rehearsing her

song. "I hope this will lead to peace everywhere."

Despite pitched battles in Ambon, the navy has managed to keep things under control inside

the refugee camp. "There are strict rules here," Setiawan said. "If either the Christians or Muslims break the rules and fight they are out."

In Ternate, the atmosphere was peaceful but tense Sunday as many of the thousands of refugees walked the streets looking for shelter, said Murid, a Ternate resident.

The unrest in Maluku and North Maluku, known as the Spice Islands during Dutch colonial rule, is Indonesia's worst religious violence since independence in 1949. It has sparked fears that the world's fourth most populous country could splinter along deep-rooted religious and ethnic fault lines.

As Muslims celebrated the Eid al-Fitr holiday week a year ago, a scuffle in Ambon sparked the violent clashes that have left at least 1,600 dead.

In Jakarta, Vice President Megawati Sukarnoputri defended herself Sunday against accusations that she has not done enough to stop the fighting.

## Boy attends parade as city takes break from protests

**MIAMI (AP)** — Six-year-old Elian Gonzalez and his relatives watched a parade Sunday as city-wide protests over plans to send him back to Cuba remained on hold.

The parade celebrated Three Kings Day, a religious holiday commemorating the three kings who were said to have traveled to Bethlehem bearing gifts for the Christ child. It is traditionally celebrated in Hispanic nations.

Elian sat beneath a multi-colored umbrella with his relatives. They sat in bleachers facing the parade route, which ran down Calle Ocho, the main street in the city's Little Havana neighborhood.

Elian at times waved at the procession, a Cuban flag in one hand, and a U.S. flag in the other. Mostly, the boy shot streams of colorful foam string from a can.

"It was a nice day to get him away from the routine," said

Armando Gutierrez, the family's spokesman. "He saw things he never saw in his life. Things that if he was sent back to Cuba he will never see again."

The parade was a welcome celebration for the city, which earlier in the week was beset by protests and traffic slowdowns incited by anti-Castro groups angry over a federal decision to send the 6-year-old boy back to his father in Cuba.

But the city was quiet Sunday, a day after Cuban-American leaders issued a temporary halt to the demonstrations. The leaders were encouraged by a lawmaker's bid to keep Elian in the United States while a judge considers his case.

The U.S. Immigration and Naturalization Service said last week the boy should be sent back to Cuba by Jan. 14. President Clinton and Attorney General Janet Reno have both indicated support for the ruling.

## Official: U.S. cannot investigate every battle of Korean War

**SEOUL, South Korea (AP)** — The United States will not investigate "every firefight, every battle" of the 1950-53 Korean War, despite allegations that U.S. forces killed unarmed civilians in dozens of incidents, the head of the U.S. Army said Sunday.

Investigators are already devoting extraordinary resources to the allegations of a mass killing of several hundred refugees by U.S. soldiers at No Gun Ri, South Korea, in

the early weeks of the conflict, Army Secretary Louis Caldera said.

Since those allegations became public, South Koreans have come forward with more stories of alleged mass killings of civilians by U.S. troops.

In an interview with The Associated Press, Caldera said it is not possible to investigate every incident of the war in detail. "The question is not one of going back to try

to identify every incident in which someone claims there was a loss of innocent lives," he said. "If you begin down that path, you'll never end because all war by definition is extremely violent."

"It is not possible to go back and investigate every firefight, every battle, that occurred during the three years of the Korean War," Caldera said, citing the cruel and chaotic nature of war.

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## AROUND THE VALLEY

### Construction closes courthouse entrance

**TWIN FALLS** - The main entrance at the Twin Falls County judicial building will be closed starting today because of construction.

During construction, expected to last until the end of the month, the entrance to the building will be moved to the doors that face the sheriff's office entrance of the county building.

When construction is complete, the main entrance foyer will be extended and allow more room for court security.

### Officials close roads to Fairfield after heavy snow

**GOODING** - Blizzard-like conditions prompted officials Sunday evening to close highways leading to Fairfield.

Officials closed Idaho Highway 46 north of Gooding to Fairfield just before 8 p.m. Sunday because of blowing snow, the Camas County sheriff's department reported. Idaho Highway 20 between Fairfield and Mountain Home also was closed, the department said.

### Dietrich to consider new common school calendar

**DIETRICH** - Among issues to come before the Dietrich School Board today include a proposal to coordinate the district's calendar with schools in the Magic and Wood River valleys.

School districts could adopt the same calendar in an effort to make it simpler to share programs so students don't miss classes when one district is on break and another remains in session.

Districts traditionally have developed their own calendars, and first and last days and holiday breaks have been scheduled at different times throughout the region. Under the three-year proposal, school would begin the last Monday of August and end June 1. Spring break would be the last week in March, and Christmas vacation would run from Dec. 22 to Jan. 3.

### Hospital board meets in Education Center tonight

**TWIN FALLS** - Magic Valley Regional Medical Center board members will gather tonight for their monthly meeting.

The meeting begins at 6 p.m. in the Education Center, behind the hospital. The public is invited.

### Wood River officials, IDT to discuss Highway 75

**HAILEY** - Wood River Valley officials will meet with representatives from the Idaho Transportation Department to discuss improvements to Highway 75 at 6 p.m. Thursday at Wood River Middle School. The meeting is open to the public.

### Minidoka commissioners to hear request today

**RUPERT** - Minidoka County commissioners will meet at 8:30 a.m. today at the Minidoka County Courthouse.

At 1:30 commissioners will hear a request for approval of McGordon Center maintenance from Dianna Schafer and Gordon Stewart of the Minidoka County Fair Board. The meeting is open to the public.

### County school board to discuss survey results

**BURLEY** - The Cassia County School Board will meet at 7 p.m. today at the district office.

The agenda includes a review of results of an asset survey and a discussion on accreditation.

The board will also discuss the Idaho Literacy Comprehensive Act and the Idaho Literacy Comprehensive Course. The meeting is open to the public.

### Cassia commissioners to meet today at courthouse

**BURLEY** - Cassia County commissioners will meet at 9 a.m. today in the basement of the courthouse. The meeting is open to the public.

# Jerome shootout trial starts today

By Brian Haynes  
Times-News writer

**JEROME** - Trial starts this morning for a Jerome man charged with shooting at sheriff's deputies and police during a September standoff outside his home.

Eric J. Buchanan, 24, is charged with two counts of aggravated battery on a peace officer, aggravated battery and

three counts of aggravated assault on a peace officer in connection with the two-hour standoff at his home at 515 N. Lincoln St.

Jerome police went at Buchanan's home the night of Sept. 19 for a call of a possible domestic dispute. When they arrived they saw a man on his porch holding a pistol, according to preliminary hearing testimony.

The officers watched as the man fired

several shots at a white car pulling into the driveway. Ken Barrett, the driver and a friend of Buchanan's, was shot in the upper chest but not seriously hurt, according to testimony.

The man fired in the officers' direction but didn't hit them, according to testimony.

When three Jerome County sheriff's deputies arrived a few minutes later, they were met with a hail of bullets.

One bullet was stopped by one deputy's bullet-proof vest. Fragments from another bullet hit another deputy in the face. Neither deputy was seriously hurt.

Buchanan later surrendered to a SWAT team.

Times-News writer Brian Haynes can be reached at 733-0931, Ext. 238, or by e-mail at bhaynes@magicvalley.com



Tom Haas and his wife, Jeannie Thoren, right, help a group of women skiers with their boots during a two-day clinic in Ketchum on Thursday.

# Course preps ladies for slopes

## Boot camp helps women master their skis, bodies

By Karen Bossick  
Times-News correspondent

**SUN VALLEY** - They came to the mountain knock-kneed, sitting back on the tails of their skis and swinging their hips to turn their skis, which were wandering all over the place.

Two days of Jeannie Thoren's boot camp, and they were dancing down the mountain no more, noticing the boards under their feet than the painted toenails on the end of their feet.

And they didn't have to do 40 pushups and run 20 laps up and down the mountain to do it. No sir!

"This boot camp is as easy and sweat-free as inserting padded heel lifts in the ski boots and moving the bindings on the skis up a couple notches. In a nutshell: Minor modifications in equipment to help the women ski better."

"I'm totally amazed," said Pam Wylie, a Ketchum attorney who attended the clinic sponsored by Sturtevant Ski and Sports. "By moving my binding forward, I was skiing effortlessly. I had the greatest run ever on Warm Springs at the end of the day. I

found I could hold a straight line on a car track a lot longer because my ski wasn't wanting to turn inside."

Some skiers think that moving ski bindings ahead of dead center on skis is blasphemous. But the 30 women attending Thoren's boot camp on Baldy this week didn't lie. Nor have hundreds of other female skiers who have benefited from what Thoren calls her "Thoren Theory."

The gist of the theory: that women are built different from men and those differences make it more difficult for them to keep up with the guys when skiing.

"Of 10 women, seven will be knock-kneed, one will be perfect," she says.

Case in point: a guy's broad shoulders, which help him get his weight on the front of his skis. But most women are O-shaped, meaning their hips stick out further than their knees because of their larger pelvises. As a result, they ski with varying degrees of knock-kneedness.

Their calf muscles are closer to the ankle than men so they have trouble with the top buckles on their boots. The resulting

tourniquet on the leg causes muscle fatigue and cold, numb feet. And their heels are smaller so their feet lift off the bottom of their boots, preventing them from controlling their skis effectively.

"The foot tells the boot what to do and the boot the ski. If your feet are wiggling in your boot, you can't control your ski," said Thoren, a biology major who planned to study medicine before the call of the skis lured her away.

Thoren's prescription includes a good set of custom-made footbeds or orthotics. The footbeds you get in your ski boot make good heel lifters, she said.

Heel lifts help raise the heel so the boot fits snugger. And moving bindings ahead one or two centimeters help women get out of the back seat to get on their edges, and stop wandering skis.

Similar modifications can achieve similar results on cross-country skis and snowboards, Thoren said.

Thoren, a former alpine ski racer and winner of three straight three-pin telemark championships on Baldy, tested her theories while living in Sun

Valley for 15 years.

Her father, a biology and chemistry professor, had always taught her to question and experiment. And she knew something didn't feel right in her own skiing.

When she found things that worked for her, she'd test them on her friends at Baldy. It's something she could never do today, given liability concerns and the size of the mountain. But no one cared what the mad professor was doing then.

Kathy Noble, of Hailey, recalls Thoren sticking heel lifts in her boots and fiddling with her skis and sending her out for a day of skiing.

"The thing is, what she tried on us worked," she said. Eventually this lone voice preaching in a wilderness of unisex skis and boots began to be heard. Ski manufacturers began to design women's skis and boots. And more and more ski shop techs are beginning to include words like "cants" and "heel lifts" in their vocabularies.

Her persistence has earned Thoren a spot in the Skiing for Women Hall of Fame, a nomination to the Skiing Hall of Fame and accolades as one of the 25 most influential people in skiing in the last 50 years, according to "Ski" magazine.

Today, Thoren and her husband Tom Haas, the first American male to win the

Please see SKI, Page A7

# Pioneers of homeschooling report successful venture

By Julie Pence  
Times-News correspondent

**TWIN FALLS** - Ten years ago Ben Baird of Twin Falls made the newspaper because he and his family were among the first homeschoolers in the Magic Valley, which numbered about 25 families.

Today Baird, 19, is a business owner saving the money he makes from his computer-program writing to attend college next year. And the homeschooling community in the Magic Valley has grown to more than 300 families, said his father, Bob Baird.

That's not an official count, as nobody tracks homeschooler numbers.

At the fourth-grade level, Ben Baird began studying computer

an old computer that came with programming manuals, and on his own, he studied the BASIC computer language.

Then about when he would have been in seventh grade in public school, he started studying computers seriously when he enrolled at the Computer Learning Center in downtown Twin Falls.

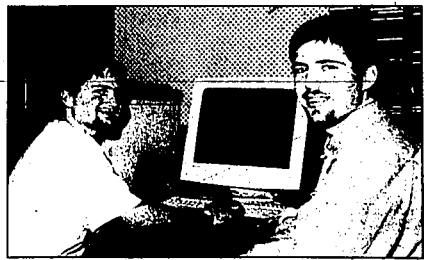
"He used to read those programming manuals like they were novels," said his mother, Becky Baird. "Can you imagine doing that for fun?"

By 1996 he began his own Web site, which now takes about 700 hits a day and garners him jobs writing utilities other programmers use as well as custom software for all kinds of businesses. He also writes book reviews for publishing companies in the

While at the Learning Center, Baird became friends with another homeschooler, Jeremiah McCarroll of Twin Falls, who last spring earned 1,590 out of 1,600 possible points on the Scholastic Aptitude Test - a college entrance exam - and recently earned a 4.0 grade-point average during his first semester in college in California, where he is majoring in mathematics.

McCarroll, too, does some programming, but McCarroll said he is most passionate about proving a mathematical postulate called Collatz's Conjecture, which he has been working on for seven years.

Baird was homeschooled from the beginning, but McCarroll didn't start until fourth grade. "I was in public school before I started homeschooling, and real-



Ben Baird, left, and Jeremiah McCarroll were two of the first homeschoolers in the Magic Valley when homeschooling became popular a decade ago. Today, Baird operates a successful Internet business and McCarroll is a col-

# Surviving extreme weather

## Officials give advice on being stranded, getting through it

By Ruth Streeter  
Times-News writer

**BURLEY** - It may be a cold day in Idaho when a person finds him or herself stranded in a winter storm.

But it will nevertheless be a cold day indeed.

Very rarely does the Idaho State Police come upon someone who has been stranded on the highway longer than an hour, said ISP Captain David Neal. Thanks to cellular phones, people can call for help.

In extreme weather conditions - be it a roasting summer or numbing winter - ISP patrol units are required to cover an entire route. No turning around early, Neal said.

Minutes can seem like hours inside a cold and quiet stalled car. Oliver Lusk, program coordinator for the Mini-Cassia American Red Cross, recommends that people keep candles along with a wind-detonated can in their cars. A candle will provide adequate heat for an entire car, and won't use up the car's oxygen, Lusk said. And when secured in the car with either wax or sand, the candle isn't easily overturned, Lusk said.

"I don't think most people carry something like that in a car (in case of) a breakdown," he said.

If the engine still works, the Federal Emergency Management Agency recommends running the motor about 10 minutes each hour, for heat. But people should crack their windows and make sure the car's tailpipe isn't blocked to avoid carbon monoxide poisoning.

Above all, people should stay with their cars to avoid disorientation in the wind and snow. They should also avoid overexertion in cold weather which can put too much strain on the heart, according to information provided by FEMA. They should keep the vehicle lit with the dome light and/or flagged with a red cloth tied to the antenna to alert rescuers. And if it isn't snowing, the hood should be raised.

Dressing in layers of loose-fitting, light-weight, warm clothing is essential because each layer of air insulation counts, Lusk said. If a person starts to sweat, a layer or two can be

Please see SAFETY, Page A7



MAGIC VALLEY/IDAHO

Lawmakers await governor's State of the State address set for Monday

BOISE (AP) — As the Idaho Legislature opens its 2000 session, Republican leaders are giving Gov. Dirk Kempthorne the benefit of the doubt after last year's rocky first attempt to work with them.

"Whether their rejuvenated confidence in the chief executive is justified may not be clear immediately after Kempthorne delivers his second State of the State address on Monday.

But make no mistake: The second honeymoon will be brief unless the governor decisively communicates where he stands on a host of thorny issues that lawmakers have before them, including many left unresolved from last year.

House Speaker Bruce Newcomb has high hopes.

"The communications between the executive branch and the legislative branch are going to be much improved," said the Burley Republican, who admits to having been won over by "a man with a really good heart."

Senate President Pro-Tem Jerry Twigg of Blackfoot shared Newcomb's optimism but pinned his trust more on time, experience and the mechanics of government than Kempthorne's personal magnetism.

"All of the things we did last year tend to make the issues a little easier to resolve this year," Twigg said as he prepared for his last session before retiring from the Legislature.

"Some of them were really quiet coming" last winter, he said, such as an attempt to require parental consent for minors seeking abortions, a move to place primary responsibility for state endangered species policy in the governor's office and a measure that would have cleared the way for a federal judge to consider the legality of electronic gambling machines on Indian reservations.

Other issues, such as finding a way to ensure school facilities meet constitutional health and safety requirements, "came early enough, but there was some misunderstanding, and there also was a little bit of political jockeying there."

Twigg agreed with Newcomb that Kempthorne should be better equipped to meet legislators' expectations this year.

"Almost always the second session with a governor is a smoother one," he said. "You know them better. You know their style better, and they know your style better."

The speaker went so far as to shoulder some of the responsibility for last year's tension with Kempthorne, which smoldered throughout the session before erupting in open hostility as lawmakers struggled to interpret his will while hurrying to finish their work for the year.

"We were as much at fault as anyone because we made some basic assumptions that weren't true," Newcomb said. "The first year with a governor is difficult. Even with (former Republican Gov. Phil) Batt it was difficult, and he'd had legislative experience."

THIS WEEK AT CSI

The Times-News

Today CSI Booster Club luncheon, noon to 1 p.m., Taylor cafeteria.

Tuesday Herrett Center presents "Last Glow" painting exhibition, Jean B. King Art Gallery (through Jan. 22).

"Reptile Revue, Mingle In The Jungles" 6 p.m., Herrett Center. "Where in the Universe is Carmen Santiago?" 7 p.m., Faulkner Planetarium.

Wednesday Helping Hands, 1 to 5 p.m., Aspen 108. Seniors Insurance Services and

Knighton Insurance Seminar, 2 to 4 p.m., Shields hall. "Pro - An Introduction, 6 to 9 p.m., Evergreen C93.

Thursday Baptist Campus Ministries Bible study, 7 to 9 p.m., cafeteria.

Friday CSI Golden Eagle women's basketball against College of Eastern Utah, 5:30 p.m., played in Price, Utah. "How to Build a Planet," 7 p.m., Faulkner Planetarium.

CSI Golden Eagle men's basketball against College of Eastern Utah, 7:30 p.m., played in Price, Utah.

Saturday

"Where in the Universe is Carmen Santiago?" 2 p.m., Faulkner Planetarium.

"More Than Meets the Eye," 4 p.m., Faulkner Planetarium.

CSI Golden Eagle women's basketball against Colorado Northwest Community College, 5:30 p.m., played in Rangleyley, Colo. "How to Build a Planet," 7 p.m., Faulkner Planetarium.

CSI Golden Eagle men's basketball against Colorado Northwest Community College, 7:30 p.m., played in Rangleyley, Colo.

Sunday

Magic Valley Bible Church, 10 a.m. to 1 p.m., Shields 117 and 118.

SERVICES

Georgia Ruth (Haugh) Giraud, of Rupert, Mass. of Christian Burial at 10 a.m. today at the St. Nicholas Catholic Church in Rupert (Hansen Mortuary Rupert Chapel).

Josephine Mary Katherine Malberg, of Twin Falls, Mass. of Christian Burial at 10 a.m. today at St. Edward's Catholic Church in Twin Falls (Parke's Magic Valley Funeral Home).

Lucille Stephens McComb, of Antioch, Calif., and formerly of Filer, funeral Mass at 10 a.m. today at Prince of Peace Catholic Church in San Antonio, Texas (Sunset Northwest Funeral Home in San Antonio).

Alice Beatrice Hammel, of Modesto, Calif., and formerly of Jerome, service at 11 a.m. today at Salas Brothers Funeral Chapel in Modesto, Calif.

Elijah Clinton "Sam" Weiss, of Modesto, Calif., and formerly of Twin Falls and Shoshone, service at 11 a.m. today at Demaray's Shoshone Chapel.

Marjorie Rayl-Read, of Las Vegas, Nev., and formerly of Twin Falls, service at 11:30 a.m. today at White Mortuary Chapel in Twin Falls. The family will greet friends from 10:30 to 11:30 a.m. today at mortuary.

Leland J. Buchanan, of Logan, Utah, and formerly of Twin Falls, service at 1 p.m. today at the Twin Falls 2nd Ward Chapel, 229 Park Ave. Friends may call one hour before the service at the chapel (Allen-Hall Mortuary in Logan).

hour before the service at the chapel (Allen-Hall Mortuary in Logan).

Era Otley Hull McBride, of Twin Falls, service at 2 p.m. today at White Mortuary. Friends may call one hour before the service today at the mortuary.

Ruth Moncur, of Burley, service at 10 a.m. Tuesday at the Burley 10th Ward Chapel, 515 E. 16th. Friends may call from 6 to 8 p.m. today at Hansen Mortuary Burley Chapel and one hour before the funeral Tuesday at the church.

Lucille Fowler, of Burley, service at 11 a.m. Tuesday at the View LDS 1st and 2nd Ward Chapel, 550 S. 490 E. in Burley. Friends may call from 6 to 8 p.m.

today at the Payne Mortuary in Burley and from 10 to 10:45 a.m. before the funeral Tuesday at the church.

Charles Lyle, of Twin Falls, service at 11 a.m. Tuesday at White Mortuary Chapel. Friends may call from 4 to 8 p.m. today at the mortuary.

Keith R. "Casey" Carlson, of Wendell, service at 2 p.m. Tuesday at Reynolds Funeral Chapel in Twin Falls. Friends may call from 3 to 8 p.m. today at the funeral chapel.

Monna Pauline "Annie" Dodd, of Rogerson, graveside service at noon Wednesday at the Kaysville City Cemetery in Kaysville, Utah (Parke's Magic Valley Funeral Home in Twin Falls).

DEATH NOTICES

Cherrilyn Severe

OAKLEY — Cherrilyn Severe, 32, of Oakley, died Sunday, Jan. 9, 2000, at the Sunrise Care & Rehabilitation Center in Twin Falls. Arrangements are pending and will be announced by Payne Mortuary in Burley.

Cindy Houtchens

SEELEY LAKE, Mont. — Cindy Houtchens, 31, of Seeley Lake, Mont., died Sunday, Jan. 9, 2000, at Seeley Lake, Mont. Funeral services are pending and will be announced by Demaray's Shoshone Chapel.

Barbara J. Hatch

TWIN FALLS — Barbara J. Hatch, 60, of Twin Falls, died Sunday, Jan. 9, 2000, at Twin Falls Clinic & Hospital. Arrangements are pending and will be announced by White Mortuary in Twin Falls.

Ramon Ochoa

BURLEY — Ramon Ochoa, 52, of Burley, died Saturday, Jan. 8, 2000, at the Cassia Regional Medical Center in Burley. Arrangements are pending and will be announced by Payne Mortuary in Burley.

HOSPITALS

MAGIC VALLEY REGIONAL MEDICAL CENTER Admitted. Some names are omitted at patients' request. Marcos Garcia and Ruby Hoobler, both of Twin Falls; and Christina Martinez of Kimberly.

ON THE AGENDA

The Times-News

Today

Buhl City Council, 7 p.m., City Hall council chambers. Blaine County commissioners, 8:45 a.m., courthouse. Camas County commissioners, 9 a.m., courthouse. Cassia County School Board, 7 p.m., high school. Cassia County commissioners, 9 a.m., courthouse. Cassia County School Board, 7 p.m., central office, 237 19th St., Burley. Dietrich School Board, 7:30 p.m., school's business room. Eden City Council, 7 p.m., City Hall. Elmore County commissioners, 8:30 a.m., courthouse. Gooding County commissioners, 9 a.m., courthouse. Hailey City Council, 6 p.m., Hailey Town Center. Hansen City Council, 8 p.m., City Hall. Hollister City Council, 7 p.m., City Hall. Jerome City Planning and Zoning Commission, 7 p.m., council chambers. Jerome County commissioners, 9 a.m., courthouse. Ketchum Planning and Zoning Commission, 5:30 p.m., City Hall. Lincoln County commissioners, 10 a.m., courthouse. Magic Valley Regional Medical Center Board, 6 p.m., Sage Room, MVRMC Education Center. Malta City Council, 5 p.m., Raff River Electric Co-op conference room. Mindoka County commissioner, 9 a.m., courthouse. Richfield City Council, 7 p.m., city office, 180 W. Lincoln. Richfield School Board, 8 p.m., high school.

The Times-News

Today

Shoshone School Board, 7:30 p.m., conference room in district office. Twin Falls City Council, 5 p.m., City Hall. Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls County Parks and Waterways Advisory Board, 7:30 p.m., Parks and Waterways building, 450 Sixth Ave. W. Valley School Board (Eden Hazelton), 7 p.m., superintendent's office.

The Times-News

Today

Old Highway 30. Heyburn City Council, 7 p.m., City Hall. Murtaugh Highway District, 7 p.m., highway district office. Murtaugh School Board, 7:30 p.m., high school library. Paul City Council, 7:30 p.m., city office. Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls-Public-Library Board of Trustees, 5 p.m., library board room. Wendell City Council, 7 p.m., City Hall. Wendell School Board, 7 p.m., board room at high school.

Tuesday

Blaine County School Board, 7:30 p.m., school in the district. Gooding School Board, 7 p.m., district office. Hagerman School Board, 7 p.m., elementary school. Kimberly City Council, 7 p.m., community center. Murtaugh City Council, 7:30 p.m., City Hall. Sun Valley Planning and Zoning Commission, 8:30 a.m., City Hall. Twin Falls City Planning and Zoning Commission, 7 p.m., City Hall. Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls School Board, 7 p.m., administrative office, 201 Main Ave. W.

Tuesday

Bellevue City Council, 7 p.m., City Hall. Hagerman Chamber of Commerce, noon, Hagerman Senior Center. Mini-Cassia Chamber of Commerce, noon, Price's Cafe, Burley. Mindoka City Council, 7:30 p.m., City Hall. Rupert, DeMary Memorial Library Board of Trustees, 4 p.m., library, 417 Seventh St. Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls County Planning and Zoning Commission, 7 p.m., office building at 246 Third Ave. E.

Wednesday

Castelford City Council, 7:30 p.m., J&D Printing Enterprises. Declo City Council, 7 p.m., City Hall. E-911 Regional Board meeting, 7:30 p.m., dispatch center, 911 E. Ave. H, Jerome. Glenns Ferry City Council, 7 p.m., City Hall. Glenns Ferry School Board, 7 p.m., administration office, 820

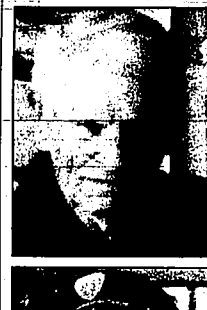
Friday

Twin Falls County commissioners, 8:30 a.m., courthouse. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

OBITUARIES

For obituary rates and information, call 733-0931. Ext. 276, between 2 p.m. and 5 p.m. Monday through Saturday. Deadline is 4:30 p.m. for next-day publication. Death notices are a free service and can be placed until 5 p.m. every day.

TWIN FALLS



Charles 'Papa' Lyle

Charles "Papa" Lyle, 93, died Friday, January 7, 2000, at Twin Falls Care Center.

He was born October 24, 1906, in "Hromosissa," Fla., the son of Charles and Elizabeth Bishop Lyle Sr. Charles was orphaned by the age of 7 and moved to his Dad's Uncle Spencer's where he was raised until the age of 17 when he joined the U.S. Army. He was stationed in Hawaii and became a good swimmer and diver. After his 9 years in the Army he returned to Los Angeles, where he got a job with the Los Angeles Transit Lines. On September 14, 1929, he married Edythe M. Yenne in Los Angeles. They had just recently celebrated their 70th wedding anniversary. Charles later left the transit line and went to work for the Los Angeles County Sheriff's Department. In 1963, because of ill health, he retired. He later worked for Sirine Realty as a realtor. He was buried for Emerson and Bartlett Mortuary in 1984. He moved to Buhl to be with their family. They resided in Buhl, until recently, when they moved to Crossings Adult Center in Twin Falls.

Charles is survived by his wife, Edythe; daughters Barbara (Robert) Goss of Buhl and Rosemary (Bud) Goss of Buhl; granddaughters Sandra (Dennis) Thomas of Jerome, Bill McLeod of Twin Falls, Laurie (Tom) Palusk of Twin Falls, Susan (Buddette) Goss of Twin Falls and Erin (Mike) Harms of Sparks, Nev.; brothers: Worth Lyle of El Paso, Texas, and Edward Lyle of Charlotte, N.C.; sister, Edith Postell of Fla.; and numerous nieces and nephews. He was preceded in death by his parents and 3 sisters. A celebration of Charles' life will be held at 11 a.m. Tuesday, January 11, 2000, at White Mortuary with Pastor Jim Davis officiating. Burial will be in the cemetery following the services. Friends may call Monday, January 10, from 4 to 8 p.m. at White Mortuary Chapel.

John Hill, all of Declo, four brothers (Ed, Elmer, Jim, and Steven), California; Jerry (Dixie) Hill of Cascade, Tom (Marie) Hill of Malta, and Dennis (Janis) Hill of Klamath Falls, Oregon; three sisters, Edna, Adams and Helen (Therald) Butlers, both of Burley, and Mollie (Carl) Steed of Snowville, Utah; fifteen grandchildren and eighteen great grandchildren. He was preceded in death by his parents; and two brothers. Funeral services will be held at 2 a.m. Wednesday, January 12, 2000, at the Declo L.D.S. Stake Center, 213 West Main Street in Declo, with Bishop's Counselor, Lynn Payne, officiating. Burial will be in the Declo Cemetery. Friends may call at the Payne Mortuary, 221 West Main Street in Burley on Tuesday, January 11, from 6 to 8 p.m. at the church from 1 to 1:45 p.m. prior to the funeral on Wednesday.

Jim B. Hitt

Jim B. (Pud) Hitt, 75-year-old Declo resident, died Friday, January 7, 2000, at the Cassia Regional Medical Center in Burley. He was born December 24, 1924, in Malta, the son of John C. and Fern Lloyd Hitt. He spent his early years in Malta, where he attended schools. Pud served in the 352d Infantry during World War II in Germany. He married Doris J. Olson on January 10, 1946, in Burley. Pud loved working on his ranch in Declo. He was a past member of the Veterans of Foreign Wars, Lions Club, Elks Club, and the Big D Robin Club. He loved spending time with his family and grandchildren. Survivors include his wife, Doris Hitt, of Declo; three daughters, Judy (Ray) Anderson of Burley, Jean (Ray) East of Burley, and Judy (Bet Row) Goring of Burley; three sons, Jim E. Hitt, Joe Hitt and

MURTAUGH

Mary Ellen Breeding

Mary Ellen Breeding, 89, a Murtaugh resident, died Sunday, January 9, 2000, at the Parke View Care and Rehabilitation Center in Burley, Idaho.

Mary was born on July 19, 1911, in James, South Dakota, the third daughter of John and Ellen Hoscock. She was from a family of 7 girls and 13 boys. She moved to Roy, Idaho, as a young girl, and then to Burley, Idaho. Mary married J.R. "Bob" Breeding on August 14, 1929. In 1931, they homesteaded their farm near Murtaugh. After retiring from farming in 1965, they traveled the United States in their motor home and also visited Europe, and the Philippines. Mary was preceded by her daughter, Frances (Ralph) Lewis of Rexburg, Idaho; 3 sons, Bud (Katie) Breeding of Heyburn; Glen (Sabra) Breeding of Murtaugh; and Ralph (Pat) Breeding of Twin Falls. Also surviving are 10 grandchildren; 16 great grandchildren; 5 sisters; and 4 brothers. She was preceded in death by her parents; husband, Bob; one granddaughter, Karen Moon; 2 sisters; and 9 brothers. Funeral services will be held at 11 a.m. Tuesday, January 11, 2000, at Reynolds Funeral Chapel with Rev. Jerry Steale of Crossroads Methodist Church officiating. Private burial will follow at Sunset Memorial Park. The family grieves among the members of the Crossroads Methodist Church Building Fund. Contributions may be given to the funeral chapel staff at Reynolds Funeral Home, Reynolds Chapel, P.O. Box 1142, Twin Falls, Idaho 83303.

Trail to benefit from \$1.3M initiative

BOISE (AP) — The Teton Pass Trail on the Idaho-Wyoming border will receive \$1.3 million as part of the Federal Highway Administration's Millennium Trails Initiative. The initiative is a collaborative effort of the White House Millennium Council, the U.S. Department of Transportation and Trails-to-Trails Conservancy. U.S. Transportation Secretary Rodney E. Slater announced last Thursday that \$3.6 million will fund four trails associated with the initiative, in addition to the Teton Pass Trail. The Juan Bautista de Anza National Historical Trail in California will receive money, as will the historic Columbia River State Highway Trail in Oregon and the Blackstone River Bikeway in Rhode Island. "The Millennium Trails Initiative is a way to connect Amer-

ica's past to its future," said Federal Highway Administrator Kenneth R. Wykle. "The trails include long-distance trails, rail and water trails, greenway systems and historical and cultural trails, all of which are a vital part of our nation's heritage." The Federal Highway Admin-

istration allocated \$42.8 million for public lands, which includes the four millennium trails projects. The agency also provided \$20.3 million for scenic byways; \$88.5 million for interstate maintenance; \$65.3 million for major bridge repair; and \$31.4 million for ferry boats and terminals.

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# Many in Magic Valley take alternative road to health

By Lorraine Caverer  
Times-News Writer

**BURLEY** — Alternative cures have sometimes been a natural part of life for new age mystics.

As a registered nurse, Deanna Davis was among those who believed only in traditional medicine and thought alternative treatments were a just lot of nonsense. But Davis said learning more about alternative medicine made a believer out of her. Today, she owns and operates Mind and Body in Burley, a business that specializes in Bowen Therapy and other alternative medicine treatments.

"I'm not against medical assistance," she said. "People need to seek medical help."

Davis believes in prevention and encourages people to take care of their bodies by eating a nutritious diet, exercising and practicing deep breathing.

"We can sustain health by allowing our body to heal itself," she said.

About five years ago, when Davis was investigating several alternative therapies, she went to Australia to learn about the Bowen Therapy, a technique that puts



Deanna Davis shows one of the tables she uses to give Bowen Therapy treatments. The treatments are given in rooms painted with restful colors.

Deanna Davis shows one of the tables she uses to give Bowen Therapy treatments. The treatments are given in rooms painted with restful colors.

vibrational energy into the muscle structure.

Bowen Therapy is a massage that follows the path of a person's muscle structure and creates a vibration that travels up the spinal column and affects the entire body, Davis said.

"It creates a profound sense of relaxation to muscle structures," she said.

"Less stress is placed on the frame of the body, which allows the frame to go back

into a natural position without the use of muscle relaxers, pain medication or intervention of surgery."

Davis also teaches pelvic and shoulder exercises and how to walk, stoop and bend properly.

"I'll use anything to bring the body back into health without surgery if possible," she said.

Along with Bowen Therapy, she also gives her clients information about nutrition products. She never recommends one particular product, but she does inform her clients about what is available.

"I tell people to see a doctor if Bowen can't help," she said. "But if your body can heal yourself, let it."

Linda Fitzgerald, an herbal consultant, is another person who believes in allowing the body to heal itself.

"The body has the ability to heal itself with the help of natural sources," she said.

Fitzgerald studied herbs on her own for about 20 years and then took a two-year course at Australasian College of Herbal Studies in Lake Oswego, Ore. She recently opened a small herb business in her Burley home. Her yard contains a

large Victorian herb garden.

"I don't grow anything if it doesn't have a medicinal purpose," she said.

One of the plants in her garden is called Fever Few, which Fitzgerald said can be used for migraine headaches.

"It is a beautiful little plant," she said. "It looks like miniature daisies."

Fitzgerald teaches a program based on a person's body type which incorporates the use of different herbs.

The program teaches that imbalances such as weight gain happen because one of the glands may no longer be functioning. The correct combination of herbs may be able to bring the body back into balance, she said.

Black walnut husks is an herb she uses in combination with other herbs to help people detox and get back on the track to health again, Fitzgerald said.

Detoxing will help clean out a gritty substance that blocks joints, she said.

"I want to teach people how to be healthy," she said. "Herbs are a God-given medicine. Herbs feed your body."

Alternative therapies are encouraged in the medical profession as well, said Chris Deking, a registered nurse at

Mindoka Memorial Hospital.

"In my training I learned to treat holistically," she said. "We don't just treat the symptoms, but treat a patient emotionally as well."

"Additional medicines are given, but if it helps a patient to have massage therapy or listen to music, then those things are encouraged, she said.

"Many therapies are recommended as long as it does not affect another therapy," she said.

She said herbs should not be used unless a person visits their physician first.

"A lot of the medicines and drugs we use come from plants anyway," she said.

Many herbal remedies are not regulated and could interfere with other therapies, she said. Herbs can cause a reaction when combined with prescribed drugs, she said.

"People should use common sense," she said. "They should always ask their doctor."

Times-News staff writer Lorraine Caverer can be reached in Burley at 677-4042 or e-mailed at lcaverer@magicvalley.com

## Triplets born to 54-year-old woman are fine the next day, hospital says

**YAKIMA, Wash. (AP)** — At one day old, triplets born here to a 54-year-old grandmother were doing well, hospital officials said Sunday.

Arcelia Garcia of Sunnyside gave birth by Caesarean section to three healthy girls — tentatively named Arianna, Brianna and Cecelia — within three minutes of each other at about 5 p.m. Saturday at Yakima Valley Memorial Hospital.

The first weighed 3 pounds, 7 ounces; the second was 5 pounds, 12.5 ounces; and the third was 5 pounds, 1.5 ounces; said hospital spokeswoman Linda Kraft. The triplets — conceived without fertility drugs — are not identical, she said.

The babies remained in the hospital's intensive care unit Sunday, but were breathing normally on their own. Mrs. Garcia was recovering in the hospital's family birthplace unit.

Family members were not taking calls at the hospital Sunday, Kraft said, and calls to the family home rang unanswered. Mrs.

Garcia and her three youngest were expected to attend a Monday news conference scheduled by the hospital, if doctors agree.

With eight children and 13 grandchildren — and three sons still living on the family farm with Mrs. Garcia and her husband Guillermo, 60 — there will be plenty of help available when the triplets come home.

With eight children and 13 grandchildren,

there will be plenty of help available when

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Johnson has offered the triplets a steady supply of disposable diapers.

Mrs. Garcia has said she plans to return to work on the family farm as soon as her health and the babies allow.

The babies were born in the 35th week of her pregnancy. A full-term pregnancy lasts 40 weeks, Kraft said. The triplets were born at 4:59 p.m., 5 p.m. and 5:02 p.m. Saturday.

A woman in her 50s bearing triplets is extremely rare, especially without the aid of fertility drugs, said Tom Easterling, a maternal and fetal medicine specialist at the University of Washington Medical Center.

Arceli Keh of Highland, Calif., who gave birth at 63, holds the record for the world's oldest mother.

Originally from Michoacan, Mexico, Mrs. Garcia and her family moved to Sunnyside, a town about 30 miles southeast of Yakima, in 1976. She has been a U.S. citizen since 1996.

assessment to develop itself, it said.

Another recommendation notes significant weaknesses and inconsistencies in academic advising, especially for students with provisional acceptance.

The commission did make some commendations, such as praising Lewis-Clark for the beauty and restoration of its campus. But it noted areas like information technology and faculty urgently need additional resources.

In the report, the team uses the words "extremely inadequate" and "exploitative" to describe some faculty salaries.

The commission finally recommends that Lewis-Clark correct inaccuracies found in the college catalog.

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## Officials might legalize hunting wolves

**BOZEMAN, Mont. (AP)** — Wolves could become so numerous in the northern Rocky Mountains they may be legally hunted by Montana officials within a few years, a federal official says.

"As wolves become more common, they won't be any different than black bears or mountain lions," said Ed Bangs, wolf recovery leader for the U.S. Fish and Wildlife Service.

But wolves first would have to be removed from federally protected endangered species list, said wolf managers at a conference Saturday in Billings, Montana, and some were skeptical it will ever come about.

"There's a lot of talk about hunting and trapping of wolves," said Glenn Erickson, who runs the wildlife program for the Montana Department of Fish, Wildlife and Parks. "The actual implementation of that will be difficult."

Alaska's wolf season has attracted nationalists and threatened boycotts. Bangs said he received more than 200 angry

e-mail messages after ordering the shooting of sheep-killing wolves last month.

The Billings meeting was sponsored by Montana officials and the Montana Outfitters and Guides Association.

Wildlife managers say wolves are doing well in the northern Rocky Mountains with estimated populations of 116 in and around Yellowstone National Park, 140 in the central Idaho mountains and 60 in northwest Montana.

The Yellowstone and Idaho populations have been growing fast over recent years while the northwest Montana packs suffered a setback four years ago when a harsh winter killed many of that region's deer.

A federal plan calls for firmly establishing 10 packs in each of the three regions for three straight years before delisting could occur.

Bangs said that plan may be accelerated to a total of 30 packs in Montana, Idaho and Wyoming could trigger delisting,

a process he said could begin in a few years.

After delisting, states would take over management of wolves and take extra steps to reduce livestock attacks and competition with human hunters.

However, even if the federal government decides to delist the wolf, the action could be delayed for years by lawsuits from environmental groups. And all three states would have to change some of their laws before delisting can happen.

Giving states authority over wolves could help alleviate concerns of ranchers, hunters and outfitters, Bangs said. Many of those fears were spelled out at the Billings conference.

Paradise Valley rancher and outfitter Bruce Malcolm suspects wolves were behind the loss of six of his calves but he has no evidence to prove it, meaning he can't collect compensation.

Malcolm says his cows are jumping now and run away from his dog.

## Lewis-Clark 'exploits' faculty, report says

**LEWISTON (AP)** — Lewis-Clark State College's latest report card indicates some need for improvement.

A 45-page report from the Northwest Association of Schools and College Commission on Colleges contains commendations, like praise for an extraordinary committed faculty, but also recommends finding resources to increase faculty salaries, which in one instance the team refers to as "exploitative."

Every 10 years, the commission sends a full team to visit the college, which it has accredited as a baccalaureate institution since 1973. The group, made up of about a dozen faculty members from institutions around the Northwest, was on the Lewiston campus Oct. 26 to 29.

Afterward, the commission had several recommendations for the college, which it reaccredited.

The commission advises the college to immediately clarify and communicate its mission. The visiting team was perplexed, the report says, about the identity of the college because of the array of institutions it found. That included a four-year liberal arts college, pre-professional and professional programs, a technical school, literacy and high-school equivalency programs and a virtual college offering distance education.

The commission notes with dismay the college has not followed up on a recommendation made at the team's five-year interim visit. Lewis-Clark as a whole is not using academic research and

assessment to develop itself, it said.

Another recommendation notes significant weaknesses and inconsistencies in academic advising, especially for students with provisional acceptance.

The commission did make some commendations, such as praising Lewis-Clark for the beauty and restoration of its campus. But it noted areas like information technology and faculty urgently need additional resources.

In the report, the team uses the words "extremely inadequate" and "exploitative" to describe some faculty salaries.

The commission finally recommends that Lewis-Clark correct inaccuracies found in the college catalog.

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## Safety

Continued from A5

peeled off to avoid a chill.

It is important that outer garments be tightly woven, water repellent and hooded, according to FEMA. People should wear hats to keep their heads warm and zip up their coats and wrap scarves around their mouths to prevent the lungs from inhaling the cold air.

While pondering the question of surviving cold temperatures, Lusk joked that friendly required people to just "be survival" while stranded in their vehicle. But in

## Ski

Continued from A5

Norwegian Birkebeiner cross-country marathon race, spend the winter hauling 120 pairs of skis and 80 pairs of boots from Vail, Colo., to Wild Mountain Resort, Minn., in their bright red 28-foot car hauler trailer. At each stop, Thoren talks the talk while her husband pulls and pushes links in and out of dozens of boots, installing custom footbeds and heel lifts.

No one needed to ask Quinten how she felt on her first run as they watched a grin as wide as

**Winter survival kit for your car or truck**

- Extra clothing to keep dry
- High-calorie, nonperishable food
- Small can and waterproof matches
- Tent snow for drinking water
- Blankets or sleeping bags
- Flashlight with extra batteries
- First-aid kit
- Knife
- Large empty can and plastic cover

With tissues and paper towels for emergency purposes

Sock of sand or cat litter

Tool kit; saw; rope; booster cables, windshield scraper and brush

Water container

Compass and road maps

Source: Federal Emergency Management Agency

all seriousness, snuggling with a careful of strangers may be a little awkward but worth enduring, he said.

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MORNING BREAK

**ACROSS**

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- 14 Extreme anger
- 15 Seed packet
- 16 Harshness
- 17 Tundra's edge
- 19 Regardless
- 20 One prone to
- 21 Seal of Asia
- 22 Coral islands
- 23 Therefore
- 29 Flat-bottomed boat
- 32 Certifier
- 33 Unite into one whole
- 38 Machinery part
- 39 Ship designer
- 40 Depressed
- 41 Business abbr.
- 42 Lennon's love
- 43 Strich of time
- 44 Doliverances
- 47 Undercover operations
- 49 Inner Hebrides
- 50 Beach choice
- 51 Diocese
- 52 Team hat
- 53 Church area
- 57 King Armura's
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- 65 Trenches
- 66 Subject
- 67 Scent of
- 68 Burden
- 69 Sator's son
- 70 With what
- 71 Rustic hotels

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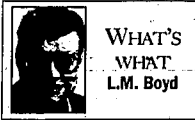
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**Saturday's Puzzle Solved**

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Embalmer refused taste of his own medicine

In the 19th century, Sir Walter Scott wrote "The Monastery" wherein appeared the geographic term "gleen" as a given name. And as such it soon thereafter became highly popular. Still is. Your blood vessels have blood vessels, too.



WHAT'S WHAT L.M. Boyd

A man knows his faults. Or at least some of them. So he won't believe you, if you tell him he's a flatterer, but he will believe you, if you tell him he's a flatterer, and he's flattered, you noticed. So wrote our Love and War man in his monograph on "Advice to Single Women."

Campbell's Soup cans? A. Cornell's colors. A Campbell's exec admired so adopted them for his company. In 1898, this.

Test tubes are thin, not thick—the thinner the glass, the less likely it will break when heated with hot water.

Q. If I wanted to produce the two most-consumed foods in America, what kind of farm would I run?  
A. Dairy—No. 1—where you also grow potatoes—No. 2.

Our Language man clarifies:

Can you contradict the claim that the Nile is the only river on earth that flows from the equator into the temperate zone?

Q. Which came first—the red-and-white of Cornell's football uniforms or the red-and-white of

Smooth-talking Taurus comes out on top of things

**IF JANUARY 10 IS YOUR BIRTHDAY:** You have endured many hard knocks, you are a survivor. Leo, Aquarius persons play major roles in your life, could have these letters, initials in names—A, S, J. During February you will make important domestic adjustment that could include change of residence, marital status. Your most memorable, profitable, romantic month this year will be April.

HOROSCOPE: Sydney Omarr

**SCORPIO (Oct. 23-Nov. 21):** Your day to investigate and discover. Dig deep for information, realize you are digging for the truth. Sagittarius presents financial scheme which could work.

**SAGITTARIUS (Nov. 22-Dec. 21):** Study Scorpio message. You could make accidental discovery that might lead to riches. Be observant, alert, optimistic. Red tape is due to dissolve.

**CAPRICORN (Dec. 22-Jan. 19):** Obtain added wisdom by studying Sagittarius, Scorpio messages. Give full play to intellectual curiosity, begin a thesis, display knowledge of human character.

**AQUARIUS (Jan. 20-Feb. 18):** What you thought might be impossible is practically at your doorstep. Focus on beauty, home expression of love. Give a smile to get a smile. Taurus plays role.

**PISCES (Feb. 19-March 20):** The Moon will be in your sign, cycle will be up. Take initiative, make contacts, be creatively self-ish. People want you and will say so.

**ARIES (March 21-April 19):** Opportunity exists for you to fulfill requests—take notes, especially of your dreams. Your basic skill as writer, forecaster of future, will surface.

**TAURUS (April 20-May 20):** Attention reveals around domestic issues, finances, home, marriage. You get what you need via diplomacy. That Taurus charm makes you a winner.

**GEMINI (May 21-June 20):** Hold back, play waiting game. Obtain valid hint from Taurus message—wait, observe, base actions on inner feelings. Pisces plays extraneous role.

**CANCER (June 21-July 22):** Pressure is on, you will be up to it. You'll be given responsibility of guiding Capricorn individual. It might sound hilarious at first, but do take it seriously.

**LEO (July 23-Aug. 22):** Aim high, world fame could await you. Those who said you are a dreamer might be right, take it as compliment. Aries, Libra persons figure in exciting scenario.

**VIRGO (Aug. 23-Sept. 22):** Let go of notion that everything one is supposed to know has already been known. There is much more than fits your philosophy. Leo proves inspiring.

**LIBRA (Sept. 23-Oct. 22):** Pay attention to family member who confides, "Nobody loves me." Spend a little time with that person to prevent future grief. Cancer native involved.

Job-averse hubby gets career idea from test

**DEAR ABBY:** This letter is in response to "Totally Lost" in North Carolina," whose husband cannot or will not keep a job. She said he didn't like to work and "somehow he always messes up and gets fired or quits."



DEAR ABBY: Abby Cadabby

I had similar problems with my husband. He would keep a job no more than six months maximum. He finally heard about a program called "Operation Improvement." The people there gave him an aptitude test, suggested a job he would never have considered on his own—truck driving—and paid for his training.

**DEAR ABBY:** My very intelligent, considerate husband has adult attention deficit disorder. One of the symptoms is difficulty holding certain jobs. He has finally found his "niche" as an outstanding teacher. (Two jobs.) Perhaps there's another choice for "Totally Lost" other than evicting her husband, and another reason for his problem other than irresponsibility.

He's been driving a truck for six years now and loves his job. I'm not suggesting truck driving for this gal's husband, but he should take an aptitude test and find something he'll be happy doing. If he doesn't, he'll continue to go from job to job and create stress for the whole family. I wish them the best of luck, and as much happiness as my husband and I (and our kids) now have.

FAITHFUL READER IN DELAWARE

**DEAR LISA:** Thank you for caring enough to share your personal experience. When I read the letter from "Totally Lost" about her struggle to cope with her husband's unwillingness to hold a job ("He doesn't like to work") and her valiant efforts to keep the family from going under ("I work for two companies and do extra work on the side... make good money, but not enough to pay all the bills"), I felt sympathy for her. She said she'd like to throw him out, but was afraid he wouldn't leave. I told her to draw the line; from my perspective, she'd have one less mouth to feed.

I see marriage as a partnership, with the division of labor agreed upon by both parties. I also thought she was being taken advantage of. Read on:

**DEAR ABBY:** In response to the letter about the husband who "doesn't like to work"—there may be an underlying cause or causes for his occupational failures. I offer three possibilities:

1. He may be functionally illiterate. Many people work in low-level, non-skilled jobs that are unsatisfying because these are the only jobs that don't require reading skills. When confronted with work that is equal to their intelligence but beyond their level of literacy, they are unproductive and either get fired or quit.
2. He may have adult attention deficit disorder and not know it. Many adults carry this problem from childhood into adulthood and suffer because of it, not realizing the underlying reason for their lack of achievement.
3. There may be health problems underlying his apparent laziness.

—HOPE THIS HELPS, TEXAS



**Can you see the future? Or are the tears in your way?**

Will sadness continue to dominate your life? Or will you look for hope again? We know you didn't ask for this pain. But you can choose to make things better. You can start now with one phone call. We'll show you that you do have the capacity to be happy. And we'll help put you in control. If you're tired of feeling the way you do, call us. We'll answer your questions and talk with you about your options. Let us help you find out where your tears are coming from. Because that's the first step to making them stop.

For information, for help, for options  
734-6760 or 1-800-657-8000

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PSYCHIATRIC AND ADDICTION SERVICES  
228 Shoup Ave. W., Twin Falls

**Time to liquidate? Use The Times-News Marketplace classifieds to turn possessions into cash.**

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on The American Experience  
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**www.idahoaptv.org**

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- 1973 Ford Thunderbird, 106,000 miles, auto, AC, PW, leather interior, dark green vinyl top. Atlas-Copco 7 hp air compressor • Atlas-Copco 3-hp air compressor • Ingersoll Rand Anderson, synthetic compressor oil, 5 gallons • Jones Surface grinder 10"x20" w/magnate base • Electric-Magic hot water heater, 3000 psi • Manual chain hoist, 1 ton • Forklift extendable boom • (2) Forklift tires • Airtograph w/wall cutting tool • Each EC553 plasma torch • Thermal arc 3XR plasma torch • (3) Jet trailers, 1/2 ton capacity • Graco President airless paint sprayer, heated • (3) Topco mid 1500 electronic air cleaners • (4) Topco mid 2500 electronic air cleaners • Metal bander, hand operated • Metal bander, air, 3/4" banding w/2 carts • Thomas, #6 OBI press • Stewart Warner #6 water wash spray booth • Porta-power system, 4-ton • Conveyors & roller tables & parts • Shop press, 11 frame, 5000 psi • (10) Truck-balls, adding machine, planimeter • Small OBI press die set, on 10"x10" die-holder • (6) Fork runner die sets, on 7"x15" die-holders • Battery charger, 40 amp charge, 225 amp boost • Duo-Mite hand tubing and flat bander • Bosch mid 1500 12-gp. trimming shears • Bosch mid MCD 66-1 TIL, pattern cutter, single phase, 3 oxyacetylene torches • (1) pneumatic tool • Lincoln B&O welder • (1) Stant locking gas caps 750, 752, 754 • (6) Stant gas caps, G-36 • (4) Gates gas caps • (27) 1" Fleming gas caps • (39) Fleming fill neck flanges • (1,000) Ford Dodge H&C 78 OHM sending units • (4) Clew GMC 30 OIM sending units • Sending unit gaskets, SAE 5/16 • Selenoid fuel transfer valves • 3 port, elec. • Selenoid fuel transfer valves, 6-port, elec. • Vapor doors, 5 hole, SAE • Hose clamps, screw type • (175) Brass fuel transfer valves • Chrysler charcoal fuel canisters • Carling electric switches • Cap lights • Chem Guard engine additives, pallet full • Various • Misc. hand tools, 3/4 in. drill • (3) End tables • Brown carpet, 40 yd. • Slightly used • Electric train, 1/4 scale, tracks, 5 boxes • Outdoor Christmas decoration

**MISCELLANEOUS**

Creeper, drills, caulk gun, welding helmets, leaf blower, (2) tool boxes on wheels, antique bench vice, Craftsman work bench, pipe clamps, various welding lead cord, electric fans, shovels, pottle hatch, pallet of nylon cargo tie, 4000 ft. (4) owl-lan ornaments, pallet of various size cap plugs, charcoal grill, bar sink, pallet of misc. exterior industrial paint, steel pipe fittings, pallet of various sizes of nuts & bolts, adding machine, pallet of misc. adding tools, metal-throwing-hammer, new welding shields, 3 phase electrical plugs, 12 ton jack, 3 ton hydraulic cylinder, metal rack, pallet of electrical outlet & junction boxes, 150 watt condenser fittings, pallet of electrical wire (4, 10, 12, 14, & 16 gauge), (4) 150 watt Mercury vapor panel lights, 1/2" & 3/8" gas line, air hose, new air assisted airless spray gun, airless spray gun, paint sprayer for parts, hydraulic pump for electric motor, 7 1/2 hp 3 phase motor, 1 1/2 hp 3 phase motor, electric control boxes, 200 amp, 3 phase fuse panel box, w/circuits, sub-pump, air filter for Cummins engine, pallet of truck parts, lights, automotive electrical terminals, truck caps, grommets, peg-board parts, staples, toggle switches, (2) 25x15 tires, (4) 1.75x14 tires, (2) 11x2.5 truck tire chains, Lincoln fence feed welder, 1 ton, 2 ton, 3 ton, 4 ton, 5 ton chain link fence gates, chain link fence materials, misc. metal welder if parts.

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COMICS

**Classic Peanuts** By Charles M. Schulz

Why dogs are superior to cats.

They just are, and that's all there is to it!

SHORT AND TO THE POINT!

**For Better or For Worse** By Lynn Johnston

DO YOU WANT TO GO BACK TO SCHOOL ALREADY?

EVERYBODY'S LEAVING!!

WHEN DO YOU WANT TO GO, GORNER'S? UH... I HAVE A TICKET TO VAN-COVER, BUT IF IT'S OK WITH EVERYONE, I MIGHT TRY A LITTLE BOTTLE.

OF COURSE, DAD. CAN YOU STAY?

I'M NOT SURE. I'M WEAR... THO... I WOULD LIKE TO ME... ME...

HOW ABOUT FOREVER?!

**Dilbert** By Scott Adams

I COMPLETED ALL MY ASSIGNMENTS. HOW MAY I BE OF SERVICE NOW?

I THINK I HAVE SOMETHING IN HERE.

MY OTHER ASSIGNMENTS WERE ON UNWRINKLED PAPER, TOO.

**Blondie** By Dean Young & Stan Drake

THIS IS OUR EARNINGS CHART FOR LAST YEAR!

WHAT CAUSED THAT NICE LITTLE UPWARD BOSS?

THAT'S WHEN YOU WERE ON VACATION!!

**B.C.** By Johnny Hart

PRENUPTIAL AGREEMENTS 40 CLAMS

MARRIAGE LICENSES 50 CLAMS

DIVORCE 2 CLAMS

I BELIEVE I'M STARTING TO GET THE BIG PICTURE HERE.

**Pickles** By Brian Crane

I'M THINKING OF GETTING MY HAIR CUT AGAIN, BUT I CAN'T DECIDE ON A STYLE.

OH, I THINK YOU'D LOOK CUTE WITH IT SHORT AND CURLY.

SHORT AND CURLY, HUH?

I YES, DEAR. GIVE IT SOME THOUGHT.

THANKS, MOM. YOU HAVE REALLY HELPED ME NARROW DOWN THE CHOICES!

**Garfield** By Jim Davis

WHAT ARE YOU DOING TODAY, GARFIELD??

I THOUGHT I'D FINISH MY MEMOIRS, AND THEN PAINT THE HOUSE.

I SENSE SARCAASM... AND THEN IT'S ON TO COMMUNITY SERVICE.

**Dennis the Menace** By Hank Ketcham

"I PICKED SOME FLOWERS FOR YOU, BUT I COULDN'T FIND A VASE TO KEEP 'EM FRESH."

**The Family Circus** By Bill Keane

"Daddy says he'll call 'ack 'cause his 'ell phone 'eeps 'raking up."

**Hi and Lois** By Chance Browne

HERE'S YOUR BUCKET O' FAT!

HUH??

SORRY, I'M STUDYING NUTRITION AT THE COMMUNITY COLLEGE. THIS IS LIKE SO HARD FOR ME!

**Rose is Rose** By Pat Brady

SOME LOVE THE OUTDOORS

SOME LOVE THE INDOORS

ALL BUT GIVE ME THE GREAT BETWENDOORS!

MAKE UP YOUR MIND!

**The Wizard of Id** By Brant Parker & Johnny Hart

MY KID AIN'T LEARNIN' NUTHIN' IN YOUR SCHOOL!

HE ISN'T LEARNIN' ANYTHING!

SEE? THAT MAKES TWO THINGS HE AIN'T LEARNIN'?

**Hagar the Horrible** By Chris Browne

OKAY! EVERYONE HOLD THAT POSE!

SOMEbody THEY'LL COME UP WITH AN EASIER WAY TO RECORD THESE BATTLES!

**Zits** By Jim Borgman and Jerry Scott

...AND FOR YOU SIR?

I THINK I'LL TRY THE RADICCHIO.

...MEDIUM RARE, OF COURSE.

RADICCHIO IS A SALAD WHICH THE CHEF PREFERS TO SERVE QUITE RAW, SIR.

PON'T SWEAT!... I ONCE ORDERED THE "JACKETTS" REQUIRED AT A FRENCH RESTAURANT WHEN I WAS DATING YOUR MOTHER.

**Beetle Bailey** By Mort Walker

WHAT'S WRONG?

WELL, I GOT THROUGH THE YZK CRISIS.

NOW I HAVE TO GET THROUGH THE OVERSTOCKED EMERGENCY SUPPLY CRISIS.

**Luann** By Greg Evans

WHY DON'T YOU COME TO THE GYM WITH ME? WE COULD WORK OUT TOGETHER.

NO, THANK YOU. THE ONLY THING THAT GETS A WORKOUT IN A GYM IS MY SELF-ESTEEM.

OH, COME ON! THEY HAVE AN "OVER 45" GROUP.

HEY, "YEAR BEINGS" IN AN "OVER 45" GROUP WILL BE GREAT FOR MY SELF-ESTEEM!

**Frank and Ernest** By Bob Thaves

JUSTITIA (JUSTICE)

I'D FEEL A LOT BETTER ABOUT JUSTICE BEING BLIND IF THE GUIDE DOGS WEREN'T ALL LAWYERS.

**Strange Brew** By John Deering

RARE NATURE FOOTAGE: AN AFRICAN LION TAKES DOWN AN IMPALA...

**Non Sequitur** By Wiley

SO WHAT ARE YOU COMPLAINING ABOUT? THAT'S A LOT MORE CHOICE THAN YOU EVER OFFERED.

SELECT YOUR ETERNITY:

1. FIRE
2. BRIMSTONE
3. FIRE & BRIMSTONE
4. BRIMSTONE & FIRE

THE AFTERLIFE FOR AN H.M.O. DIRECTOR...

**The Bom Loser** By Art Sansom & Chip

DID YOU EVER NOTICE...

WHENEVER THEY SAY THERE'S A 50/50 CHANCE OF SOMETHING HAPPENING IN YOUR FAVOR...

ODDS ARE IT WON'T!

## OTHER VIEWS

### Time for answers about Idaho's high gas prices

From the Idaho State Journal (Pocatello)

It's been refreshing to see Idaho gasoline prices inch downward lately after climbing to nationwide highs in recent weeks.

That dip, however, doesn't lessen the need to investigate what caused Idaho motorists to shell out more per gallon than their counterparts in other states.

We endorse Idaho Attorney General Al Lance's recent call for the federal government to formally investigate what he said could be possible collusion by gasoline refiners and suppliers in the Salt Lake City area.

Idaho prices for regular unleaded gas jumped from less than \$1 a gallon in January to \$1.49 in September. Prior to recently convening a special consumer task force to scrutinize Idaho's gas pricing system, Lance hasn't exhibited the aggressiveness shown by former Idaho Attorney General Jim Jones who held the same office in the 1980s.

Jones was the bane of many fuel dealers that decade when he twice forced fuel companies to cut excessive pump prices. In 1983, a federal grand jury indicted eight Pocatello gasoline dealers and four fuel companies on gasoline price fixing charges.

Two companies and two individuals pleaded no contest to the charges. A jury found one company and three individuals guilty. Fines imposed on them by a judge totaled \$375,000.

Lance's appointment of Jones to chair the task force showed that he's serious about responding to widespread complaints about Idaho's

high gas prices. Jones insisted his task force's 2 1/2-month examination of Chevron Corp., Sinclair Oil Corp. and Tosco Corp. operations left no doubt that southern Idaho consumers were being cheated.

"We have clear evidence that either one of two things is happening. Either they're gouging Idaho motorists, or they're illegally getting together to fix prices. While illegal, proving that is difficult," Jones said.

He said federal investigators should look into the Idaho market because "the case of 1999 sticks out like a sore thumb. It's not like others. Prices were higher, longer here."

In letters to the U.S. Justice Department's antitrust division and the Federal Trade Commission, Lance said collusion "could not be ruled out as the reason retail gasoline prices set a record this fall and were the highest in the continental United States."

The attorney general urged federal officials to more closely scrutinize oil industry mergers after the task force warned that more industry consolidation will further stifle competition in Idaho where supply options are limited.

Lance's petition for the federal government to intervene is a good move for Idaho motorists. He's also to be commended for pressing state legislators to revise Idaho's antitrust laws so he has broader authority and the staff to investigate questionable dealings.

It will be tough to pin blame for the higher gasoline prices in Idaho, but knowing regulators are involved should help keep the lid on them and ensure equitable business dealings.

Federal investigators should take a look at Idaho's high gasoline prices.



### Parental consent law is bad for families

READER COMMENT  
Jen Ray

Idaho's annual legislative session is upon us. Ignoring that Idaho already has a parental notification law, legislators have threatened to introduce a so-called "parental consent" bill: an abortion restriction proposal that imposes government in family communication.

We know that open communication between parents and their kids is the best way to prevent unwanted teen pregnancy. Parents can and should help their children make decisions about preventing unplanned pregnancies. Most parents are concerned for their teens' health and well-being, and naturally, most want to protect their children.

Unfortunately, extremists who aim to gut abortion laws know that the rhetoric of so-called "parental consent" appeals to these feelings. Such laws, however, offer no remedy to the real challenges facing families. Why? First, they ignore the reality that most pregnant Idaho teens already involve their parents in decisions about unplanned pregnancies. No law can safely or sensibly ensure family communication in times of crisis. Second, mandating parental consent endangers teens who have the least family support and who face the greatest risks of parental abuse.

To young women who are victims of family abuse, the bill offers only the

frightful option of forcing scared pregnant teens to go before a judge in a cold courtroom. Ask yourself this: Would a teen whose pregnancy is the result of parental incest talk to her parents about her pregnancy? Doubtful. Second question: Would a teen that becomes pregnant and has open and healthy communication with her parents tell them of her pregnancy? Of course.

Clearly, this legislation cannot improve family communication. Worse, this proposal could drive teens in unhealthy families to take desperate steps, maybe risking their health or even their lives by running away from home, engaging in self-injury or committing suicide. So-called "parental consent" laws are dangerous.

A recent statewide poll shows, too, that they are unnecessary. A poll conducted for Idaho Women's Network shows that restricting abortion is not a priority for Idahoans: 58 percent say more restrictions on abortion are not the right of state government. Idaho Women's Network strongly urges lawmakers to support young women and

families in crisis. Let's resist anti-abortion groups' pressure to choose restriction and intimidation. Instead, we should commit the state's time and resources to positive, proactive measures that will help families and reduce the need for abortion. We can do this. We can:

- Encourage and support healthy family communications from early childhood through adolescence.
- Promote responsible sex education. Schools can help all students with a balanced approach that teaches abstinence along with facts about contraception, reproductive health and responsible decision making.
- Ensure confidential access to quality, affordable, family planning services. These approaches will help reduce teen pregnancies, promote strong families and decrease the need for abortion. Call your representatives. Tell them to say "no" to inappropriate government interference in family communication. And urge them to say "yes" to pregnancy prevention education. Let's move Idaho beyond this unneeded, divisive decision making.

Jen Ray is the executive director of the Idaho Women's Network, which works to improve the quality and opportunity in the lives of women and their families.

## The Times-News

Stephen Hartgen ..... Publisher  
Clark Walworth ..... Managing editor Mike Smith ..... Advertising director

The members of the editorial board and writers of editorials are Stephen Hartgen, William Brock, Clark Walworth, Steve Crump and Kevin Richert.

## LETTERS

### Give read enviros some credit

Your editorial of Jan. 4 strikes me as somewhat absurd. You claim to be praising the local agriculture industry for their efforts to clean up the environment while belittling the efforts of those "rabid environmentalists."

The industries you mention (miners, ranchers, timber and agriculture) were all dragged whining and crying about their wallets into the realm of environmental awareness by those "tree huggers" you so ardently chastise.

Your own editorial states that the regulation the canal company intends to propose will soon be made mandatory by the federal government (as a result of those tree huggers' efforts). None of the environmental improvements that have been accomplished would have taken place without the environmental activists of this and other nations. Those previously mentioned industries would have continued with business as usual. You can count on it.

So I ask you, who really deserves the praise? A bunch of whining fat cats who reluctantly agree to clean up their act while complaining about how it will affect their bottom line? Or a few individuals who are willing to put their own comfort aside and endure the scorn and abuse of simple-minded people such as your editorial staff and do something simply because it is the right thing to do.

MIKE FRAZIER  
Twin Falls

### Mail system was a letdown

On Sept. 9, we sent a box with a homemade overall quilt, garlic juig, earnings belt buckles for our grandchild. It was mailed at the Kimberly Post Office, via priority mail. The address well taped on with clear tape. A D-8 Cat could run over it and there could be something left.

After 10 days, we asked the post office to find the box. They said they couldn't look for the box for 30 days but we could put a claim on the insurance but you have to prove what's in the box, also the value of each item in the box. We asked them if they could trace the box when we insured it; they told us they could but when we asked them to trace it, they told us that if it was insured for less than \$100 they couldn't trace it. Then we found out they can't trace anything. They can't even tell you if it left Point A to get to Point B but could tell you if it had reached Point B. A simple phone call told us that the person we sent it to didn't get it. Also they were more concerned about you collecting your insurance than finding the box.

We did finally collect the insurance, not near the value of just the quilt. We expected it to be delivered so we didn't put enough insurance on it. So if people would keep an eye out for the quilt, juig, earnings, belt buckles, it would be appreciated. The lesson learned here was ship United Parcel Service or Federal Express, the people you can count on. If you ship UPS, it's automatically insured for \$100.

ADRIAN O. GEE  
Hansen

### Utah does it again

Utah, known as the rip-off capital of the states, has done it again. We as taxpayers have to pick up the tab of \$1.4 million to support the Winter Olympics in their state. They bribed the Olympic Committee to have the games.

No one's talk about gas prices. Idaho, one of the poorest states, pays the highest prices of all the states. Guess where our gasoline comes from.

I will not use the term, "gentlemen," in saying, "Have you no shame?"  
WILLIAM HORNADAY  
Hagerman

### City council did the right thing

I join The Times-News in commending the City Council on their approval of Craig Neilsen's request to build a multi-story hotel-convention center on property which he owns on the canyon rim. I also concur in your comment that "the land belongs to Neilsen and, absent some overriding public necessity, he has the right to build a hotel on it." After attending the first two public hearings, it became evident that no such necessity existed and there was no justification in refusing his request for the required variance. In fact, it became clear that the hotel-convention center would offer tremendous long-term benefits to the area and a multi-story structure was far superior to a low-rise, both economically and aesthetically.

Although it was probably politically correct, I question the value, or necessity,

of the Citizen's Review Committee and particularly the appointment of several opponents of the multi-story building. The concept of this project has been approved, and it is the committee's responsibility to expedite its completion, not present unnecessary roadblocks. If there are committee members who cannot overcome their prior prejudices and whose motive is simply to delay orderly progress, they should either resign or be replaced. There are numerous architectural styles and finishes that would be both attractive and functional and, subject only to the approval of the City Council, this should be a Neilsen decision.

BILL KOCH SR.  
Twin Falls

### Water quality proposal needs work

This letter is in response to the article and editorial written in this paper about the proposed Twin Falls by-law amendment concerning water quality. The amendment would require that all runoff water from a shareholder's farm to most federal, state, local and canal company water-quality standards. The stockholders meeting, where this amendment will be voted on, is Tuesday at 9 o'clock at the College of Southern Idaho auditorium. There seems to be some haste in which this amendment was presented. While there can be no argument that improving water quality is a good and right thing to do, there is much to argue against passing this amendment in its

current form. More information is needed about the required water-quality standards. Currently, the Mid-Snake River TMDL limit for sediment loading is 50 milligram/liter. Typical field runoff is between 250-500 mg/l. The Times-News article stated that the water leaving the farm needs to be as clean as the water entering the farm. I would suspect that there is a discrepancy in standards.

Making the canal company the enforcing agency of water-quality standards is an idea that needs more thought. The canal company's legal business is to deliver water to the stockholders. There are other agencies who are organized to police regulations. Not only are these other agencies already involved in water quality monitoring but they have a broader tax-based support. Water quality is, ultimately, a total societal concern. All people should help in the financial expenditure to improve and maintain water quality.

The ending phrase of the amendment states, "the corporation may shut off water delivery to that shareholder until that shareholder is in compliance." In that threat lies the possibility that a farmer may be put out of business. It is totally unacceptable that a stockholder association would put a neighbor out of business.

I suggest that the amendment needs further work. I will vote "no" on Tuesday.  
JOHN F. HURLEY  
Castford

### Doonesbury



### Mallard Fillmore



### By Bruce Tinsley

### By Garry Trudeau

# Communism: Blunder of the century

**W**ith the change of the calendar from 1999 to the year 2000, people are naturally looking back at the past century to find one person, idea or event that most improved the future.

Einstein's theory of relativity changed the basis of science. D. Day, the largest military assault in history, permanently changed the geopolitical course of the world; and Neil Armstrong's walk on the moon realized the dreams of centuries.

But it is important to remember the mistakes made in the last century too, and they are worth some thought so that they are not repeated in the next century.

As George Santayana said, "Those who do not learn from history are destined to repeat it." While there were many errors in the running, there is only one that stands out as the most important mistake of the last 100 years.

But first the runners-up. Third runner-up: "The world is running out of natural resources."

This initially descended from the prophecies of Thomas Malthus that overpopulation would bring famine, shortages and doom. But none of this has come to pass; we are awash in everything from copper ore to oil, wheat and opportunity.

Second runner-up: "Yes-Virginia, there is a free lunch." Whether it is new government spending or military tax hikes, or more political campaign controls, it is thought by some that government can provide federal goods without any real cost or consequences. One prime example is welfare. Creating a public safety-net was in itself a good idea, but by not establishing time limits and insisting that no welfare mother could be married or work, the government

## PETE DU PONT

created a perverse incentive to remain jobless.

First runner-up: The fear of technology. While hard to believe today, people once believed that technology would permanently damage our economy. Recall the Luddites and the saboteurs of the 18th century. Among the many fears was the belief technology would create unemployment as workers were replaced by automation and new technologies.

While there were some layoffs during transitions, the rise of technology resulted in a huge net gain for our economy. Companies still need humans to run, fix and design the machines, a new industry for computer software has been created, and the Internet empowered entrepreneurs. In fact, since 1982, 40 million new jobs have been created in the midst of history's greatest technology explosion.

The biggest mistake, however, was the belief that collectivist government could work.

Instead, communism's virulent evil destroyed hope, opportunity and life itself for nearly 100 million people in a dozen nations, from Russia to China, Cuba to Cambodia. It destroyed individuals, families, customs and entire societies. If nothing else is gleaned from this century's experience, it should be that the Utopian idea was a consuming disaster, proving false the idea that an elite few knew best how to run people's lives.

The regimes were brutal. Communists killed people not for what they had done, but for who they were. And it wasn't just Lenin and Stalin. At least 10 million people died in Chairman Mao's China, and Pol Pot's

Cambodian regime managed to exterminate 2 million people, a quarter of the nation's population, in just three-and-a-half years.

This human tragedy was paired with utopian economic stupidity, including the nationalization of all industry and commerce, the abolition of money in favor of barter with the government, and compulsory labor for all men and many women and children.

Most astounding, however, is that decades of Western intellectuals and elites bought into the communist vision. Lincoln Colcord of the Philadelphia Public Ledger wrote "the proletariat of Russia is striving to accomplish for his world what the same ideals which our forefathers laid down for theirs." Economist John Kenneth Galbraith wrote in 1984 that the Soviet economy was making "great material progress." And who could forget the Fonda-telling college students that "if you understood what communism was, you would hope, you would pray on your knees, that we would one day become communists."

The good news is that time moves on, and the generations whose parents and professors extolled the virtues of the communist ways will soon be replaced by the technology generation, people grounded in individualism and personal empowerment. The end of the left's vision will emerge from a change in politics, but not from the new technologies that are empowering people and individualizing opportunities. So the worst mistake of the millennium? Communism in a landslide.

*Pete du Pont is a former Republican governor of Delaware and the policy chairman of The National Center for Policy.*



Here are some politicians who are not barking

**B**ill Bradley promises to "create a politics for this new age," but plans to refight the War on Poverty of the '60s. Bradley's rival for the Democratic presidential nomination, Al Gore, mostly goes negative, displaying the jocular eagerness that made him so effective as Bill Clinton's alter-ego.

On the other side, George W. Bush says as little as possible, positive or negative, since every time he ventures down from Mount Platitude, his QQ (Quayle Quotient) goes up another click. As for John McCain, his "straight talk" platform has just one hefty plank: campaign finance reform. And that's as good as it gets from the four White House hopefuls, one of whom will move into 1600 Pennsylvania Ave. next year.

Yet it's only going to get worse, as the whole gang of candidates, from the maybe winners to the noway losers (give 'em heck, Orrin!) shift to rhetorical overkill mode for the debates coming in the next few days. Only paid professionals should have to watch these shifts in action, hoping against hope to sift a nugget of earnestness out of the fog-grouned flush of persiflage.

To keep perspective, as well as sanity, the ordinary thoughtful citizen might apply the logic of Sherlock Holmes in "Silver Blaze," the 1892 story in which the methodical sleuth solves the case by detecting that the guard dog did not bark.

If Holmes were around today, he might deduce that what's interesting is not what the candidates say but, rather, what they don't say.

*Consider Social Security. None of the four major candidates*

## JAMES P. PINKERTON

wants to suggest straightening out the kinks in that untouched third rail, indeed, Sen. Straight Talk, R-Ariz., sided with the Democratic establishment - surprise, surprise! - when he claimed that Bush's tax cuts would jeopardize the Social Security trust fund.

But what really will jeopardize the retirement entitlement is demographics; the Social Security Administration projects that 12 million Americans alive in 2000 will live to see 2100; Bill Clinton himself says he wants to live to be 150. Yet Gore, the most shameless of the four, insists he will "never" even consider raising the retirement age.

Sen. Daniel Patrick Moynihan, D-N.Y., raises another Silver Blaze of an issue: Uncle Sam's looting of some states for the benefit of others. The Empire State, for example, sends Washington \$15.2 billion more in tax payments than it gets back in federal spending.

It's silly, opines Moynihan, to suck money into Washington and then yepderop it unevenly back to the states - minus the Beltway skim, of course - at a time when governors are proving to be better problem-solvers than federal bureaucrats. "It's time to trade," he argues. "Less activism in Washington in return for more revenue at home."

But don't expect any of the major candidates really to address this imbalance issue. Iowa, home of the first presidential caucus, comes out \$1.5 billion

ahead in the federal money shuffle. That works out to be about \$7,500 per caucus-goer.

Here's another Silver Blaze, as the United States enters its third consecutive presidential election in which foreign policy is not a significant factor. Republicans Bush and McCain have both vehemently criticized the Clinton administration for being too soft on Russia in the wake of its attack on Chechnya, while Gore and Bradley have said as little as possible.

To be sure, the Russians are the heaviest as they demolish Grozny, but a potential president with long-term vision might say that what happens inside a sovereign atomic country is simply beyond America's reach. In any case, the United States has a greater interest in keeping the Russians from forming a defensive alliance with two other non-friendly nuclear powers: China and India.

No doubt the Fabulous Four think they are wise to steer clear of realistic discussions about entitlement reform, federal fiscal inequality and Russia policy. They may even rationalize their reticence, calling themselves that once elected, they will handle this or that matter better than the incumbent administration.

Yet history shows that if they win without a discussion, they will win without a mandate. And that's the difference between America and Arthur Conan Doyle. In a Sherlock Holmes story, falsity is discovered, and then punished. In U.S. politics, falsity is elected; and only then discovered.

*James P. Pinkerton is a columnist for Newsday.*

# Pressure on the stock market bubble

**A** physician in his mid-30s who has just moved to Oregon reported enthusiastically that he had found a job. He had joined friends in a new Internet start-up. When asked what it would sell, he replied with no trace of irony, "We haven't decided yet."

So I goes in the heady opening of new ventures. Optimism, if not euphoria, is hard to resist when it seems to be everywhere. The old year surely closed upbeat for investors. The two principal stock markets in the United States, the New York Stock Exchange and the NASDAQ, punched up new highs on the last day of 1999, ending on up-ticks what was the most remarkable decade of stock market gains this country has known.

Meanwhile, American pundits are hailing America at the end of "the American century" as far and away the most powerful and impressive economy on Earth.

Indeed, the American economy, powered by a surge in productivity, chalked up a stellar performance in the late 1990s. Technology, it is now widely held, is the key to American productivity and economic and military power; and is the motive force behind the big bull market that has been roaring ahead since 1982.

Is the past prologue? Or have we investors been more lucky than smart, riding the leading edge of a bubble?

There, now, is an ugly word, a word that causes all to recoil because of the inevitable association of "bubble" with "bust." Three years ago, Alan Greenspan, chairman of the Federal Reserve, implied that bubble was the right word when he characterized the stock market as buoyed by "irrational exuberance." That phrase brings to mind what used to be

## EDWARD COWAN

called "manias," as in the title of economist Charles P. Kindleberger's 1978 book, "Manias, Panics, and Crashes."

The title alone is instructive. It describes a sequence that Kindleberger finds has repeated itself many times. Of course, the circumstances are never identical. Each bubble can be distinguished from predecessors, giving encouragement to those who want to believe there will be no reversal, or at least that there will be plenty of time to sell before others get the same idea. "At a late stage," Kindleberger teaches, "speculation tends to detach itself from really valuable objects and turn to deviously ones. A larger and larger group of people seeks to become rich without a real understanding of the process involved."

Does that not sound like our current mania for IPOs, initial public offerings of stock in which people beg their brokers to "get me some" at the offering price in the expectation of selling at a gain of 50 percent or 100 percent on the first day?

And what does the company sell? It's an Internet company, and as soon as "the market" recognizes that, it's going to take off. One is reminded of the story that came out of the Florida land "boom" of the 1920s: Investor A: I just sold my dog for \$50,000. Investor B: What will you do with the money? Investor A: Oh, not for cash. I took two \$25,000 cats.

But is this not unnecessarily gloomy? Does America not have securities laws that didn't exist in the 1920s, laws that require full disclosure with any public offering and that enable the Securities and Exchange Commission to put

"boiler room" securities tents out of business? It does. And a newly public Internet start-ups disclose that they have no revenues and no profits - yet. But they have an idea and they have faith, and ideas and faith pave the path to riches.

It is useful to recall that while markets cruise at stratospheric levels, individual stocks have plummeted. Iridium, which had a plan for worldwide telephone service from point-to-point, went into Chapter 11 in 1999. Rite Aid retracted an earnings forecast and fired its management team. You can bet that by 2001 there will be Internet companies acknowledging that their results for 1999 or 2000 were overstated: Remember Equity Funding in the 1970s?

Sophisticated investors will tell you that ultimately there will be no generalized market panic, rush for cash and crash because the Federal Reserve stands ready as the lender of last resort. When on Oct. 19, 1987, the Dow plummeted 508 points, or 22.6 percent, the Fed responded the next morning by announcing that it would pour into the banking system all the money needed to keep financial institutions afloat. It did so, and that panic dissipated quickly, with no discernible damage to the economy.

The Fed's responsibility is to keep the system from seizing up, but it certainly is not committed to protecting present stock market values, or anything like them. History will reveal whether we are now experiencing a turn-of-the-century Internet bubble.

*Edward Cowan is a retired New York Times economics writer and Washington manager of an investment research firm. He wrote this commentary for the Los Angeles Times.*

# LETTER

Guest editorial was great

We were glad to see the editorial on Dec. 27, defending state support for Idaho Public Television. The various arguments for and against public TV were presented clearly and in a spirit of tolerance, and the conclusions reached were fair and reasonable. This made a refreshing contrast to the aggressively judgmental style we commonly see in your editorials. Then we looked again and saw that this was a reprint from the Lewiston Morning Tribune. Thanks for the breath of fresh air, and please do it more often. STEPHEN AND CATHERINE TWIN FALLS

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WEST

Forest Service, users duel over recreation plan

OGDEN, Utah (AP) - The Wasatch-Cache National Forest is caught in a battle over snowmobiles as agency officials draft a new forest-management plan for the next 15 years.

"Our position is simple," said Dick Carter, coordinator of the High Uintas Preservation Council. "The Forest Service has bent over backwards to meet the concerns of snowmobilers and -

enjoying the place," Carter said. "The environmentalists have maybe 10 visitors a year, and they want to shut off millions of acres? Hey, majority rules."

The Forest Service will settle the dispute by year's end.

"It's a balancing act," said Tom Scott, a Forest Service "social ecologist" who studies comment from both sides. "We're going to do something for every-

body, and not everything for everybody."

The Forest Service master plan is a blueprint for management of millions of acres of land and thousands of miles of trails.

Even if federal law didn't require it, Scott said, a new Forest Service plan is needed to replace one that is 15 years old.

body, and not everything for every-

Tires LES SCHWAB

January

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P195/75R-14	52.23	P195/70SR-14B/W	52.68	P165/60TR-14B/W	65.20
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P205/75R-15	57.78	P175/65TR-14B/W	65.10	P205/60TR-15B/W	77.33
P215/75R-15	59.92	P185/65TR-14B/W	67.72	P215/60TR-16B/W	85.84
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# SPORTS

## INSIDE

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Sports editor: Jeff Rosen; 733-0931; Ext. 229

The Times-News

Monday, January 10, 2000

Section B

### MORNING LINE

#### SPORTSQUOTE

“ Anyone telling us on the plane ride here that they were only going to get 180 yards passing (actually 212), we would have done cartwheels down the aisle of the plane.”

”

— Dallas Cowboys cornerback Deion Sanders, on the Minnesota Vikings' 175 yards rushing Sunday during their 27-10 playoff win over Dallas

#### TODAY'S SCHEDULE

- Girls' basketball**  
 Glenn Ferry at Hagaman  
 Oakley at Magic Valley Christian  
 Carnes JV at ISDB
- Boys' basketball**  
 Twin Falls Christian at Harvon  
 Murrough at Burley  
 Carnes JV at ISDB

#### IN BRIEF

##### Twin Falls Legion meeting is tonight

TWIN FALLS — An organizational meeting for Twin Falls American Legion baseball is slated for Monday at 7 p.m. in Room 2 of the Twin Falls High School's new gym.

All parents of prospective players are asked to attend, as business includes election of new officers and discussion of fundraising events for the year. For more information, call Randy Gregersen — 734-5922.

##### CSI reschedules booster luncheon

TWIN FALLS — The College of Southern Idaho booster luncheon slated for today has been cancelled. Luncheons will resume Jan. 24 upstairs inside the Taylor Building.

##### U of I sets banquets, changes tip-off times

MOSCOW — Several annual banquets for athletic teams at the University of Idaho will be held this month.

The football banquet will be Friday at the University Inn in Moscow, with a social hour starting at 6 p.m. and dinner following at 7 p.m. Former Vandal quarterbacks Doug Nussmeier and Rick Seefried will be on hand as guest speaker and emcee, respectively. Tickets are \$25. For reservations, call Laurie Talbot at 208-885-0259.

The volleyball team will hold its banquet Jan. 28 at the same hotel. The social hour starts at 6:30 p.m., with dinner at 7 p.m. For more information or to make reservations, call Ellen Ferreira — 208-885-0246.

In other Idaho news, tip-off times for the university's men's basketball games against Pacific on Saturday and North Texas on Feb. 19 have been changed to accommodate national television. Both games will begin at 3:30 p.m. MST instead of 8 p.m.

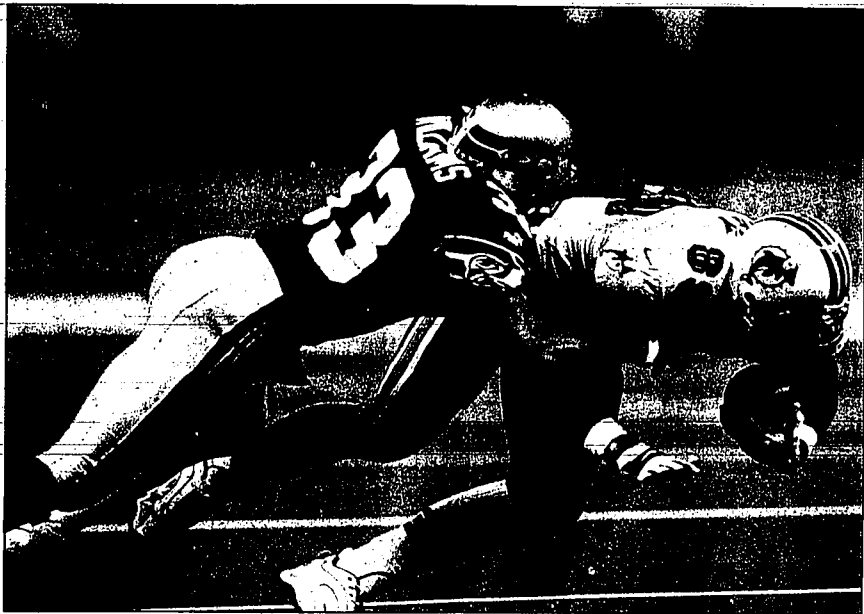
##### Steelheads' Petrucic graces All-WCHL picks

BOISE — Idaho Steelheads forward Jeff Petrucic was one of 12 players chosen at his position and 20 overall named to the West Coast Hockey League's All-Star team this week.

Players selected will take part in the 2000 CHL-vs.-WCHL All-Star Game on Jan. 25 in Fayetteville, N.C., a contest sponsored by the NHL's Carolina Hurricanes.

Petrucic was the only Idaho player named to the team.

Compiled from staff and wire reports



Seattle Seahawks' safety Darryl Williams takes down Miami Dolphins' tight end Ed Perry after a short gain on a pass reception in the first quarter Sunday.

## Dolphins stun Seahawks

### Marino's magic is one of the key elements of 20-17 win over Seattle

The Associated Press

SEATTLE — There's some football left in Dan Marino after all. And a lot of rebound in the Miami defense.

The NFL's 38-year-old career passing leader, playing in the shadow of speculation he is about to retire, pulled off some of his old magic, keeping the Miami Dolphins in the playoffs Sunday with a 20-17 win over the Seattle Seahawks in the final football game in the Kingdom.

The defense, which struggled down the stretch this season, never let the Seahawks move beyond their 29 in their last two possessions.

Most magical was an 11-play, 85-yard drive capped by J.J. Johnson's 24-yard run for the winning score with 4:48 left. Marino was 4-for-7 for 84 yards on the drive, including completions of 23 yards to Tony Martin on third and 12 from his 13, and a 24-yard third-down completion to Gronde Gadsden at the 5-yard line that set up Johnson's game-winner.

"Dan did a great job of executing the plan, he did a great job

#### AFC Playoffs

Saturday: Miami (10-7) at Jacksonville (14-2), 10:35 a.m. (CBS)  
 Sunday: Tennessee (14-3) at Indianapolis (13-3), 2:05 p.m. (CBS)

of throwing the ball," said coach Jimmy Johnson, who hasn't been on great terms with Marino for much of this year.

Marino's counterpart is now rooting for him, too. "Now that it's over for us, maybe Dan will get the Super Bowl ring he deserves to cap off a great career," said Seattle quarterback Jon Kitna. "He did what he had to do, particularly in the fourth quarter. He made some great throws."

It was the 37th fourth-quarter comeback of Marino's career, second only to John Elway, and it sent the Dolphins (10-7) to Jacksonville for a second-round AFC playoff game with the Jaguars next Saturday. Tennessee will be at Indianapolis in the other AFC game Sunday.

Marino, who was 17-of-30 for 196 yards and had a 1-yard TD pass to Gadsden, didn't do it alone as Miami won on the road in the playoffs for the first time since a victory in Pittsburgh in 1972.

The defense, meanwhile, sacked Jon Kitna six times, three by Trace Armstrong, and held the Seahawks to just 171 yards, 32 in the second half. Two of Armstrong's sacks came on one series after the go-ahead TD, and Armstrong almost got a fourth — Kitna got a 1-yard gain, so it wasn't a sack.

"I've had a bunch of twos," the 34-year-old Armstrong said. "But not many like this."

This game was hard work for both struggling teams — like Miami, Seattle lost five of its last six regular-season games. It backed into the AFC West title and was struggling on offense coming in.

Seattle's biggest play was by the special teams, an 85-yard kickoff return by rookie Charlie Rogers after Marino's pass to Gadsden tied the game at 10 in the third quarter. Even that was flawed — Rogers bobbled the ball

before picking it up and racing for the touchdown.

This game also might have prolonged the coaching career of Johnson, who stepped down for 12 hours a year ago before reconsidering and reportedly is thinking of doing the same this year.

Seattle led 10-3 at halftime as its defense limited the Dolphins to 69 yards.

The Seahawks scored on their second possession on a 9-yard pass from Kitna to Sean Dawkins at the end of an eight-play, 47-yard drive.

Miami's only first-half scoring drive resulted in a 32-yard field goal by Olindo Mare after Johnson declined to go for a first down on fourth-and-1 at the Seattle 13.

Todd Peterson's 50-yarder with 45 seconds before intermission was the other Seattle score. "One road win in the playoffs after you haven't done that for 28 years goes a long way," Johnson said.

So does one aged quarterback. "Dan is a legend in this game," Armstrong said. "No one is more respected or loved on this team than Dan. It was great for him to have a great day."

## Wikings hammer Dallas

### Minnesota sets sights on matchup with Rams

MINNEAPOLIS — Call it a first step toward vindication for the Minnesota Vikings if you wish, as they flexed all of their offensive muscles Sunday to take a first step toward the Super Bowl that eluded them last year.

But more than anything, Sunday's wild card game was evidence the Cowboys didn't belong in the playoffs — and only got there because they had the good fortune of playing the Giants last week.

Despite outplaying the Vikings for much of the first half and rolling up 389 yards of offense, the Cowboys killed themselves with dropped passes, penalties and turnovers all day long.

The result was an easy 27-10 victory for the Vikes that set up a potential fireworks show in St. Louis next Sunday against the Rams.

"They're the No. 1 team," Randy Moss said of the Rams. "Everybody's calling them last year's Minnesota Vikings, but I'm not sure they want to be called that, 'cause bad things happened to us at the end last year."

This year the Vikings are nobody's shoo-in. They've gone 9-2 since Jeff George took over for Randall Cunningham at quarterback, but they'll be underdogs to the Rams.

Still, Cowboys' mistakes aside Sunday, the Vikings showed they can be just as dangerous as last year — if not so dominant.

They still strike fear into defenses because of their deadly longball game, and Sunday Jeff George hit Moss with a 58-yard touchdown bomb that was perhaps the biggest play of the game, giving the Vikes a 17-10 lead just before halftime.

But the Vikings can play a little smashmouth too, especially now that Robert Smith has fully recovered from a hernia that caused him to miss three games during the middle of the season. Smith, who broke that 70-yard

See page VIKINGS, Page B2

## Woods wins Mercedes

### Title is fifth straight

The Associated Press

KAPALUA, Hawaii — Even by Maui's standards, Tiger Woods is riding an incredible wave.

Pushed into a heart-stopping playoff by two-time U.S. Open champion Ernie Els, Woods kept alive golf's longest winning streak in 46 years Sunday with a 40-foot birdie putt on the second sudden-death hole to win the Mercedes Championship.

It was his fifth consecutive victory, the most since Ben Hogan won five straight tournaments in 1953, and inched Woods a little closer to the record once thought unobtainable — 11 straight by Byron Nelson in 1945.

With a spectacular finish to the first tournament of the year, Woods and Els matched eagles on the 18th hole to force the playoff, and Woods made a 6-foot birdie putt on the same hole 20 minutes later to keep the playoff going.

He ended it with his 40-footer on the first hole, stepping off to the side as it got closer and unleashing a fist pump as it fell. Els tried to keep the thriller alive, but his 35-footer stopped about a foot short of the hole.

Along with \$522,000 — enough to move him to No. 3 on career money list at the ripe old age of 24 — Woods won a Mercedes



Ernie Els of Orlando, Fla., takes a pause after making a birdie on the second green of the Plantation Course to take a one-stroke lead over Tiger Woods during the final round of the Mercedes Championship in Kapalua, Hawaii, Sunday.

SI,500 Sport that sells for \$88,000 and a blazer made of cashmere and silk valued at \$3,300.

He also sent a scary message to the rest of the PGA Tour. It will

See page WOODS, Page B2

## Hurricanes blank the Rangers

### Blank the Rangers

The Associated Press

RALEIGH, N.C. — Andrei Kovalenko scored a second-period goal and Arturs Irbe recorded his 22nd career shutout as the Carolina Hurricanes beat the

New York Rangers 1-0 Sunday night. Irbe stopped 30 shots for his third shutout of the season.

The closest Rangers came

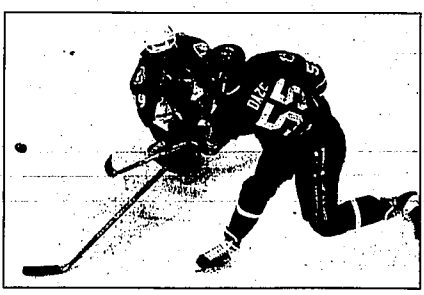
See page NHL, Page B2

## Blue Devils bounce Maryland 80-70

The Washington Post

COLLEGE PARK, Md. — There were layups. There were put-backs. There were short jump shots. And none of them, it seemed, would go in for 12th-ranked Maryland Sunday.

Despite playing with increased effort and intensity, the Terrapins lost for the sixth consecutive time to No. 8 Duke, 80-70, in an Atlantic Coast Conference game before 14,500 at Cole Field House.



Colorado Avalanche's defender Eric Daze in the first period Sunday at the United Center in Chicago.

## Blue Devils bounce Maryland 80-70

### NCAA top 25 - B3

Maryland was 29 of 85 from the field (34.1 percent) and made just 8 of 17 free throw attempts. Center Lonny Baxter made only 7-of-23 shots and missed all four free throw attempts.

"We didn't put the basketball in the basket to be concise, when we had opportunities to score," Coach Gary Williams said after his team endured its worst shoot-

ing performance since Dec. 9, 1995, when the Terrapins shot 24.7 percent in a 73-63 loss to UCLA.

Sunday's loss ended Maryland's 14-game home winning streak and left the Terrapins 11-4, 0-2.

Duke (11-2, 2-0) has won 11 consecutive games and 24 consecutive ACC regular season games. This game was closer than Maryland's previous five losses to

See page DEVILS, Page B2

SPORTS

# Sizzling Grizzlies upset Toronto

TORONTO (AP) — Shareef Abdur-Rahim scored 29 points, making 15 of 16 free throws Sunday as the Vancouver Grizzlies beat the Toronto Raptors 107-97.

The Grizzlies, 5-6 under new coach Lionel Hollins, have won three of their last four road games, also beating Miami and New Jersey.

Abdur-Rahim scored 16 points in the third quarter, going 10-for-10 from the line. Vancouver, which made just 10 baskets in the second half, made 40 of 46 free-throw attempts.

## Timberwolves 123, 76ers 112

PHILADELPHIA — Terrell Brandon had his first triple-double of his career and Minnesota made 15 of its first 17 shots to cruise past Philadelphia for its fifth straight victory.

Brandon had 27 points, 14 assists and 10 rebounds for his first triple-double in 574 career games and the sixth in Timberwolves history. Six other players scored in double figures for the Wolves as Malik Sealy added 23, Kevin Garnett had 20, Joe Smith 15, Sam Mitchell 14, Anthony Peeler 13 and Radoslav Nesterovic 10.

## Kings 116, Pacers 113

SACRAMENTO, Calif. — From swishing a 3-pointer to slamming a backward dunk after a 180-degree spin, Chris Webber showed off his offensive repertoire as the Sacramento Kings completed a lost weekend for the



AP photo

Minnesota Timberwolves center Kevin Garnett tries a shot over Philadelphia 76ers forward George Lynch during the first quarter Sunday in Philadelphia.

Indiana Pacers. Webber had 31 points on 15-of-26 shooting and Nick Anderson added a season-high 25 points as the Kings defeated the Pacers 116-113 Sunday night.

The Pacers, with the best record in the Eastern Conference, had a seven-game winning streak when they arrived in California on Saturday. But they lost to the Los Angeles Clippers that night, and never led after the first 41 seconds of Sunday's game.

Corliss Williamson had 23 points and nine rebounds for the Kings and Vlade Divac, playing his first home game since shaving

off his mustache and beard, added 16 points. Jason Williams had 15 assists.

## SuperSonics 100, Warriors 95, OT

OAKLAND, Calif. — Rashard Lewis hit a go-ahead 3-pointer in overtime as Seattle SuperSonics beat Golden State Warriors.

Vin Baker's 30 points and 18 rebounds led the Sonics, who beat Golden State for the third time in three meetings this season. It was the Warriors' ninth straight loss, including all six since Garry St. Jean replaced the fired P.J. Carlesimo as coach.

# SPORTS IN BRIEF

## Athletics re-sign Olivares to \$8M deal

OAKLAND, Calif. — Minutes before the deadline, Omar Olivares returned the Oakland Athletics, agreeing to an \$8 million, two-year contract.

Olivares, obtained in a trade with Anaheim on July 29, went 7-2 with a 4.34 ERA in 12 starts for the A's. He went 15-11 with a 4.16 ERA in 32 starts overall last season with the Angels and A's.

## Landry hospitalized after chemotherapy

DALLAS — Former Dallas Cowboys coach Tom Landry will remain at Baylor University Medical Center for several more weeks following "very encouraging" chemotherapy treatment, according to an informational hotline his family established.

Landry, 75, returned to the hospital Jan. 3 for further treatment for acute myelogenous leukemia, also known as AML, a cancer that impairs the production of blood cells.

The Landry family hotline is 214-818-6307.

## Brazilian wins 2000 Disney marathon

LAKE BUENA VISTA, Fla. — Jose Silva of Brazil sprinted countryman and two-time defending champion Santiago de Araujo in the 23rd mile to win the 2000 Walt Disney World Marathon on Sunday.

A runner died during the race in which 10,000 runners were entered. Warren Plumb, 56, of Sharon, Ontario, collapsed after just one mile and could not be resuscitated.

Silva finished 44 minutes and 23 seconds ahead of Araujo in 2 hours, 25 minutes and 40 seconds. It was his first victory in 15 races and his first marathon in the United States.

Aldo Virano, of North Miami, Fla., finished third in 2:33:31.

## Mexico beats Iran 2-1 in exhibition match

OAKLAND, Calif. — In Iran's first soccer game in the United States, Mexico beat the Iranians 2-1 in

an exhibition game Sunday that drew an enthusiastic crowd of 34,289 to the Oakland Coliseum.

Luis Hernandez scored the game's first goal on a header from five yards out, set up by Juan Pablo Rodriguez's free kick from just outside the left edge of the penalty area.

Mexico scored again in the 18th minute when Rodriguez took a free kick from just outside the right edge of the penalty area and Cuauhtemoc Blanco connected on a header.

Ali Daei scored for Iran on a 26th-minute penalty kick after Ramon Ramirez tripped Esmael Falan in the penalty area. Iran plays Ecuador at Los Angeles on Wednesday and the United States at the Rose Bowl next Sunday. Relations between the United States and Iran grew strained during the 1979-81 hostage crisis.

## Ainge returns to mike for Turner Sports

ATLANTA — Former Phoenix Suns coach Danny Ainge is returning to television, signing a contract Sunday to rejoin Turner Sports' NBA announcing team.

Ainge, who resigned from the Suns on Dec. 13 to spend more time with his family, was an analyst for Turner in 1995-96 before joining Phoenix as an assistant coach.

"While I was coaching, I wondered why I ever gave up TV because I loved the lifestyle of doing TV work," Ainge said.

## Magistrate tosses out 'lousy' coach suit

BRUNSWICK, Ohio — The coach of the Brunswick Cobras baseball team had to endure more than watching his team lose every game last season.

Rodney Carroll also had to put up with a lawsuit that accused him of being a lousy coach.

Charles Settles, whose son, Kevin, played on the 16-and-under team in this city near Cleveland sued Carroll for \$2,000. Settles said the team played so poorly that his son missed out on a seven-day trip to Florida to compete in a tournament.

But Medina Municipal Court Magistrate Charles Lawrie disagreed and dismissed the case in Small Claims Court last week.

Compiled from wire reports

# Woods

Continued from B1

likely take a superhuman effort to beat him.

"We were both out there grinding our butts off," Woods said. "To make a putt like this, that's all you can ask for."

Els outplayed Woods from tee to green, but missed two short putts on the back nine that might have sealed the victory before it reached the 18th hole.

"At least I pushed him to extra time," said the South African known as the "Big Easy."

Woods gave Els his new hope when he missed the green on No. 17 and lipped out a par-putt. What had been a great display of golf only soared to another level.

Both players bombed their drives

on the 663-yard closing hole. Els a few yards longer. Woods hit first, a 3-wood that hit softly on the right side of the green and caught the slope, rolling closer to the hole until it stopped 8 feet away.

As he had done all day, Els was up to the challenge. His 3-wood hit short, bounded onto the green and stopped 6 feet away. Both gave each other a thumbs-up and a smile as they walked to the green.

Woods again put on the heat by making his eagle putt, worthy of a trademark pump of the fist. The Big Easy didn't blink, and rolled his eagle putt on-top-of-Woods to force a playoff.

Els again hit the 18th green in the playoff with a 3-wood from

323 yards, while Woods' approach stayed right of the green. His 60-foot effort came up 6 feet below the hole, and Els thought he had it won until his 30-foot eagle putt veered off to the right at the last turn.

Woods made his birdie, then clinched the 16th victory of his young career on the next hole.

Woods and Els both finished with a 68 for 16-under 276. Defending champion David Duval had a 68 and was four strokes behind.

# Devils

Continued from B1

the Blue Devils, in which the average margin was 2.0 points.

"I'm sure all of us are sick and tired of" the losing streak against Duke, guard Juan Dixon said. "They come in here and they constantly get win after win after win."

Recently, Duke had overwhelmed Maryland. But Sunday the Terrapins hung around, largely because of an inspired defensive effort that forced 21 turnovers. Maryland held Duke

to 43.8 percent shooting. However, the Terrapins were woeful offensively, despite 25 offensive rebounds.

After Maryland went ahead 4-0, Duke scored 14 consecutive points. During the three-minute stretch, the Terrapins missed eight shots, including two tips and two layups; Baxter missed a pair of free throws. Maryland never got closer than three points the rest of the game.

Duke forward Chris Carravell had a game-high 20 points.

# Vikings

Continued from B1

run against the Giants a couple of weeks ago, was the star for the Vikings Sunday. He ran the ball for 140 yards, piled on 58 yards receiving, and made the play of the day, taking a short pass on 3rd-and-25 in the second quarter and breaking it for a 26-yard touchdown.

Dallas looked like the better team early. With Emmitt Smith running strongly and Troy Aikman throwing crisply, the Cowboys scored on their first two possessions to take a 10-3 lead, and it was only because Sanders fumbled a punt that the Vikes had any points.

George didn't complete a pass in the first quarter, and the Cowboys seemed to be in control, but then fullback Robert Thomas fumbled the ball away, setting the Vikings up at the Dallas 23-yard line.

After moving to the 11, two penalties led to the crucial 3rd-and-25. On the play George looked dead, saw Moss and Cris Carter double-covered and dropped the ball off to Smith, who junked safety George Teague and went in for the tying touchdown.

"He was all I had," George said of the dumpoff to Smith. "I just got it to him and let him do his magic."

# NHL

Continued from B1

to scoring was when Mathieu Schneider hit the post to the left of the early in the second.

Gary Roberts picked up one of the assists on Kovalenko's goal to extend his point streak to eight games.

## Blackhawks 5, Avalanche 3

CHICAGO — Doug Gilmour had

a goal and an assist as Chicago snapped Colorado's five-game unbeaten streak.

Dean McAmmond, Eric Daze, Tony Amonte, Alex Zhamnov also scored for Chicago, which has consecutive home victories for the first time this season. Steve Sullivan assisted on two goals

for the Blackhawks, who have the league's second-worst home record at 6-12-3.

Colorado's Peter Forsberg scored goals two minutes apart in the second period, extending his point streak to eight games.

Chris Priddy had the other Colorado goal.

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# No. 13 Buckeyes hold off Minnesota

**COLUMBUS, Ohio (AP)** — Michael Redd scored 25 points and Scoonie Penn added 17, including four free throws in the final 21.4 seconds — as Ohio State held off Minnesota.

The Buckeyes (9-3, 1-1 Big Ten) stayed close until the conference in free shooting last year, hit 10 of 12 free throws in the final 5.5 minutes and outscored the Golden Gophers 14-5 at the line. Joel Fryzbylo had 15 points, 14 rebounds and seven blocks for Minnesota (9-3, 1-1).

## Women's Top 25

### No. 3 N.C. State 71, Maryland 52

**RALEIGH, N.C.** — Maryland stayed close with No. 3 North Carolina State until the Wolfpack showed they had a tough defense to go with their balanced offense. Tynesha Lewis added six points in the final 3:25 to finish with 15 points and five assists for the Wolfpack (14-0, 5-0 Atlantic Coast Conference). Tiffany Brown led Maryland (9-5, 1-3) with 12 points on four 3-pointers.

### No. 5 Auburn 73, South Carolina 50

**AUBURN, Ala.** — Once Tasha Hubbard and No. 5 Auburn hit their stride, they could not be stopped. The Tigers reeled off a 25-5 run beginning at the end of the first half to beat South Carolina 73-50 Sunday.

## NCAA Top 25

### No. 7 Georgia 71, Alabama 62

**TUSCALOOSA, Ala.** — In the first half, Alabama couldn't hold onto the ball. In the second, the Crimson Tide couldn't shoot it. Credit the stingy defense of No. 7 Georgia for that. Deana Nolan scored six of her 15 points in the final 1 1/2 minutes Sunday and the Bulldogs forced 26 turnovers in a 71-62 win.

The Bulldogs (15-2, 1-1 Southeastern Conference) forced 18 of them in the first half. The Tide (10-4, 0-1) then were held to 30 percent shooting after the break.

### No. 14 Duke 64, Georgia Tech 45

**ATLANTA** — Georgia Schweitzer scored 16 points and Peppi Browne added 15 Sunday as No. 14 Duke won its 13th straight game, 64-45 over Georgia Tech (10-10, 0-2).

In beating Georgia Tech for the 12th straight time, the Blue Devils (14-1, 3-0 Atlantic Coast Conference) held the Yellow Jackets to a season-low 27 percent shooting, including 17 percent (5-for-29) in the first half. Duke has not lost since Nov. 17. Jamie Kruppa led the Yellow Jackets (9-5, 2-3) with eight points. Guards Miki Martinez and Danielle Donohue were combined 6-for-23 from the field.

### No. 15 Illinois 91, Indiana 61

**CHAMPAIGN, Ill.** — Tajua Catchings scored 26 points and Susan Blausler had 14 rebounds Sunday as No. 15 Illinois beat Indiana 91-61.

The Illini (14-4, 4-0 Big Ten) led 44-32 at halftime and then ran away in the second half behind 53 percent (17-of-32) shooting. Blausler scored 12 and Kylie Martin and Kristi Faulkner 10 apiece for the Illini.

### No. 16 LSU 61, No. 20 Mississippi St. 54

**BATON ROUGE, La.** — Derrina White had 21 points and 10 rebounds as No. 16 LSU beat No. 20 Mississippi State 61-54 Sunday.

Katrina Hibbert had 14 points and a game-high six assists and April Brown contributed 12 points for LSU (11-3, 2-1 Southeastern Conference). Cynthia Hall led Mississippi State (11-2, 0-2) with 15 of her 18 points from 3-point range. LaToya Thomas added 13 and Jannifer Fambrough had 10 points for the Lady Bulldogs.

### No. 17 UCLA 87, Washington St. 60

**LOS ANGELES** — Maylana Martin scored 21 points Sunday night to lead No. 17 UCLA to an 87-60 win over Washington St. in a Pac-10 conference game.

UCLA (8-4, 2-0) held Washington St. (3-8, 0-2) scoreless

### No. 19 Tulane 83, Memphis 67

**NEW ORLEANS** — Grace Daley scored 31 points as No. 19 Tulane beat Memphis 83-67 Sunday and set a Conference USA record of 14 consecutive victories.

Daley, a senior, also had six assists and five rebounds and moved into second place on Tulane's career scoring list with 1,894 career points.

Tulane (14-0, 3-0 Conference USA) dominated the first half, outscoring Memphis 56-26. Memphis (7-7, 1-2) tried to rally in the second period, cutting Tulane's lead to nine points with 3:06 remaining.

### No. 21 Old Dominion 83, East Carolina 79

**GREENVILLE, N.C.** — All Spence scored 17 points to lead No. 21 Old Dominion to an 83-79 victory over East Carolina (5-8, 0-2) on Sunday.

Lucienne Berthieu added 16 points and eight rebounds for Old Dominion (9-3, 2-0 National Athletic Association).

### No. 25 Boston College 71, Syracuse 62

**SYRACUSE, N.Y.** — Cal Boward scored 28 points to lead No. 25 Boston College to a 71-62 victory over Syracuse on Sunday. Becky Gotsstein added 15 of her 19 points in the second half for the Eagles (13-3, 2-0 Big East).

# Stevenson breezes through Olympic test

**SYDNEY, Australia (AP)** — Alexandra Stevenson opened Sydney's new Olympic venue with a 6-3, 6-2 victory Sunday over Anne-Gaëlle Sidot of France in the opening round of the all-Ireland International.

Stevenson, a semifinalist at Wimbledon last year, opened the official Olympic test event in Sydney.

breaking Sidot's serve twice to win the first set in 26 minutes. She raced to a 5-1 lead in the second set and had three match points before Sidot fought back to reduce the margin to 5-2. Stevenson won her final serve comfortably to close out and set up a possible second-round clash with fourth-seeded Barbara Schett of Austria.

In the second match, Australia's No. 1 women's player, Jelena Dokic, dropped a set before overpowering Australian wild-card entrant Elena Lichneva of Russia 6-7(3), 6-4, 6-2.

## Tennis

**French tennis player Fabrice Santoro nabbed the Qatar Open trophy Sunday in Doha, Qatar, after defeating Germany's Rainer Schüttler.**

Trailing 2-3 in the third set, the left handed Santoro held serve and then broke Schüttler in the seventh and ninth game to clinch the title.



French tennis player Fabrice Santoro nabbed the Qatar Open trophy Sunday in Doha, Qatar, after defeating Germany's Rainer Schüttler.

## World Cup Standings

Table showing World Cup Standings for various countries including USA, Canada, and others.

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## BASEBALL

### Baseball Hall of Fame Ballot

Table listing candidates for the Baseball Hall of Fame Ballot, including names like Tom Seaver, Steve Carlton, and others.

## BASEBALL

### NBA Standings

Table showing NBA Standings for Eastern and Western Conferences.

## BASEBALL

### MLB Standings

Table showing MLB Standings for American and National Leagues.

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## But Martha would marinate them first

I have received some important information via letter from Claire Nordstrum, 13, a student from Wisconsin (state motto: "Moo.") Claire states that her science teacher told the class that "it's a proven fact on average a person eats six spiders a year." Another science fact this teacher revealed, according to Claire, is that "wood ticks breathe through their butts."

This sounds logical to me, since if a wood tick had its whole head burrowed in your body, it wouldn't be able to breathe through its face (assume ticks have faces) unless it was wearing some kind of tiny snorkel, which is unlikely, although I think we have to agree that "The Wood Tick Snorkel" would be an excellent name for a rock band.



**HUMOR**  
Dave Barry

So if Claire's teacher is correct about the wood ticks, it stands to reason that he is also correct about the average human eating six spiders a year, although I honestly can't remember ever deliberately eating a single one, even in college. I have asked around among my associates, and although some of them admitted that they have eaten crabs—which are biologically classified as "arthropods," which means "the same thing as spiders"—nobody could remember eating a spider per se.

One possible explanation for this discrepancy is that while most of us do not eat spiders, a few people—and here I am thinking of Martha Stewart—gobble them by the handful, thereby raising the average. But the more likely explanation is that spiders are sneaking into our food supply. We have observed this type of behavior in certain other types of animals, specifically frogs: If you are a regular reader of this column, and have been taking your medication, you no doubt recall my reports on the following documented incidents:

• In 1993, a New Hampshire consumer found a deceased frog baked into a pretzel.

• In 1995, a West Virginia consumer found a deceased frog in a frozen chicken Cantonese dinner.

• In 1996, a consumer at a Mexican restaurant in California found a deceased frog in a taco.

In a journalism terms, the first incident constituted what we call an "outbreak" of frogs showing up in food. With the second incident, it became a "rash," and with the third, it officially became a "wave." I regret to report that now we have to upgrade it to the status of "epidemic" because of a news item sent in by alert reader Bill Starr, from the front page of the Feb. 12, 1997, edition of The Brazil (Ind.) Times, a newspaper that claims, cryptically, to have served Clay County for "over 100" years. This item concerns a man who was putting some sauce on a Taco Bell double-decker taco, when he saw something sticking out. He pulled on the thing, and discovered to his shock that it was—

you guessed it—a knife belonging to his neighbor.

Please see BARRY, Page B5

## TN Interactive

### Baby-naming: Tell us your story.

The Times-News is preparing an article on how to choose a name for your baby, and would like to hear from Moms and Dads who've been through that experience—and especially those who settled on unusual names. If you'd like to share your story, give us a call.

Call Steve Crump at 733-0931, Ext. 223, or 800-658-3883, Ext. 223; fax him at 733-5538, or e-mail him at crump@magvalley.com



LOUANN CASTOR/The Times-News

A health club can usually be found in just about any town or city you travel to, and many hotels have at least some exercise equipment.

# Perhaps you can take it with you

Just because you're on the road, it doesn't mean the health routine has to stay at home.

By Steve Crump  
Times-News writer

**TWIN FALLS** — Terry Patterson hates to miss a workout. So when he accompanied his wife on a recent business trip to Boston, he boxed up his bicycle and took it along.

"I asked around at a couple of bike shops and ended up riding out to Lexington and Concord, and to the coast," said Patterson, a professor of fisheries technology at the College of Southern Idaho and an avid cyclist. "It was great."

But Patterson is unusually resourceful: According to "The Road Warrior Workout" (Hatherleigh Press, \$14.95), most folks on fitness routines blow them off when they're away from home. As a result, they can lose 15 percent of their aerobic capacity after just two weeks of being sedentary.

"It's hard," said Jan Mittleider, wellness coordinator at CSI. "You're in a strange place, your schedule is not your own, and you may or may not have any kind of exercise facilities available."

Like Patterson, Mittleider uses hotel gyms when they're available, but she doesn't rely on them. She takes resistance bands

**In the long run**  
How to keep your workouts away from home:

- Bring your walking/running shoes and walk. It works, especially when you have no other options. If you're staying with a family member, invite him or her for a walk or workout. You can do some catching up and burn calories at the same time.
- Use resistance bands for strength training.
- Call friends or relatives in the area you're visiting to get locations of near-

by health clubs or parks. If you plan to exercise outdoors, find out how safe it is to run or skate in particular neighborhoods. If you're staying at a hotel, the front-desk personnel or concierge should be able to refer you to the closest gym. Check with your health club to see if it has partner clubs in the area you're visiting. If you belong to a chain, there's a good chance you'll find a branch you can visit for free.

- Bring an exercise video, and check ahead to make sure there's a VCR you can use. Most tapes on dance, high/low impact or yoga are ideal.
- Use the time on the plane for stretching. The simple act of rolling your shoulders front, up, back, down and vice versa, can help relieve stress and improve circulation. Some yoga poses can be adapted to the tight confines of an airplane. For example, place your hands on top of your thighs. Arch your back slowly and look upward. Exhale, round your back and drop your head. Execute these movements slowly.
- Bring a jump rope for a six-minute warm-up in your hotel room.
- Use your own body weight for strength training. You can do pushups, triceps dips, squats, lunges and low-back extensions in your room.

along with her, and does strength, stretching and aerobics workouts in her room if no other facilities are handy—or if she's too busy to take advantage of them.

"If it's 10 or 15 minutes, that's fine," says Mittleider, who usually exercises longer than that each day at home. "The important thing is to do it, no matter how long you can spend on it."

The key is the total amount of time you spend in a week working out, she points out—not how much and what kinds of exercises you do in a given day.

"If 10 o'clock at night is when I can find time to work out, that's

Please see ROAD, Page B5

## Computerized workouts are on the way

The Associated Press

**WASHINGTON** — You pass your health club membership card across the exercise equipment's sensors, which read your medical and exercise records off the card's embedded chip.

The exercise machine then automatically adjusts to your body size. It sets its resistance levels based on how well you did in the last visit and what your personal training program recommends for your joints, bones and muscles.

The workout of the future? It's

as close as the millennium, say people who follow exercise trends.

"Programming is becoming more complex. Right now, you can go into a gym with a plastic card, and it will record your entire workout and send it to a trainer," said Richard Cotton, chief exercise physiologist for the American Council on Exercise.

Equipment that reads your needs and adjusts accordingly is already here, too, and the treadmill he uses is a case in point, Cotton said, adding "I put on a

heart rate chest strap, and my control panel picks up my heart rate."

"I input an upper limit, and the workout is adjusted to keep my heart rate near target," he added. If he slows his pace, the treadmill responds by tilting slightly upward—forcing him to work just as hard by making him run uphill.

Cotton's vision of the technoworkout is in line with Vincent Scalis's Scalis, editorial director of Muscle and Fitness maga-

Please see WORKOUT, Page B5

## This project wasn't really too sexy

### Health notes

#### Curb-service maternity

Women who spent only a day in the hospital after a routine delivery of a baby were less satisfied than those who had two days in the hospital, a survey found. Seventy-five percent of the women who were in the hospital for one day thought their stay was too short, while 37 percent of the women who stayed two days thought the same, according to the study. The researchers found no major difference in complications reported by the women or their children. The study was reported in a recent issue of Effective Clinical Practice, a journal of the American College of Physicians-American Society of Internal Medicine.

#### Golfers and magnets

Magnet therapy took off first

among professional golfers, who constantly tuck their backs on the green. Magnet therapy Inc.'s poster boys are senior PGA golfers Bob Murphy and Jim Colbert. Murphy's arthritis kept him out of the game for five years. When he returned in 1993, he tried a magnetic back strap that Colbert recommended. "It was a doubling Thomas," recalls Murphy, 56.

"Within the second week, I began to notice I did not have the same amount of pain," Colbert, 59—who like Murphy has a stock option in Magnet-therapy that could be potentially valuable if the privately owned firm one day sells stock to the public—said he hasn't missed one day of golf because of my back since. "I've been wearing these magnets. I was (the) leading money-winner two years in a row and player of the year."

—Compiled from wire reports

## The reality of 'natural' dyes

**DEAR PAULA:** Is their any benefit to using natural hair dyes. I'm not referring to hennas but to permanent hair dye products claiming to be all natural. It sure sounds better for hair.

—ELIZABETH, SALT LAKE CITY

**DEAR ELIZABETH:** No matter how I battle the inane use of the word "natural" to sell skin- and hair-care products, this term remains the selling point consumers are attracted to most. Yet, even a cursory look at most every cosmetic ingredient listing reveals a host of unnatural ingredients. That is especially true for hair dyes.

There are no hair dyes available anywhere that can permanently change hair color or completely cover gray with natural ingredients. Just check the side of the permanent product you see with claims about natural and you'll see what I mean.



What is of greater concern to me is that most women think the claims of a hair dye being natural means it will be more gentle on the hair. Yet of the 20 products I tested, all of them had a pH over 10. A pH of 10 or higher is the only way to get hair dyes to penetrate the hair shaft, and no matter how you describe it that can be damaging to the hair.

**DEAR PAULA:** Recently I was seduced into buying a product that I knew was excessively overpriced, but the ingredient list was so attractive that I just had to try

Please see COSMETICS, Page B5



# Experts say home blood pressure tests are inaccurate

The Washington Post

People who test their blood pressure at home do not always report the results accurately to their doctors, a situation that can interfere with proper care, a Pittsburgh study shows.

Researchers asked patients with high blood pressure to take their pressure three times a day, using an electronic home test kit, and write down the results. Without their knowledge, home monitors also recorded the blood pressure electronically and the two sets of numbers

were later compared.

About two-thirds of the written measurements were identical to the measurements stored electronically. But nearly 20 percent of the written blood pressures differed by more than 10 millimeters of mercury (the standard unit of blood-pressure measurement) from the electronic recordings.

Reporting of uncontrolled blood pressure, or hypertension, was more likely to be inaccurate, a finding that researchers called especially worrisome. "False reporting of uncontrolled pressures may misguide physicians in

the optimal medical treatment of their patients with hypertension, which could result in worse patient outcomes," they said.

The study included 29 hypertension patients, 15 women and 14 men, randomly selected from the database of a managed-care health plan in Pittsburgh. They averaged 56 years of age.

Blood pressure is commonly measured in two numbers. The higher number refers to systolic pressure — when the heart contracts. The lower number refers to the diastolic pressure between beats. Both numbers appear in

the usual notation for blood pressure: for example, "130 over 85."

In the study, 9 percent of the electronic readings showing an uncontrolled systolic pressure were reported by the participants as under control, as were 21 percent of the uncontrolled diastolic pressures.

Since patients who agreed to participate in the study may be more likely to report blood pressure correctly, researchers said, the actual incidence of erroneous reporting in the public at large may be even higher than the study indicates.

## Cosmetics

Continued from B4

I found this product in Sephora; it's called Kromenuka Biji Facial Cleansing Grains. It comes in a jar that's good for three uses each. Oddly enough, it has helped my sensitive skin. I have a feeling that I wasted my money, but as it turns out, it's working. Do you have any comments on this product?

they don't add up to much.

Still, I don't think you wasted your money. I can imagine this product would be good for your sensitive skin because it doesn't contain any preservatives. Preservative-free skin-care products are a growing trend in the Japanese cosmetic industry and we will probably be seeing more of them here.

The benefit of preservative-free products is that they eliminate a primary group of ingredients known to cause irritation.

Preservative-free cosmetics are pricey because they must be packaged in airtight containers,

and then, once opened, they must be used up quickly (no more than three to four days or up to five or six if they are stored in the refrigerator).

You can continue using this gentle exfoliant, but you can also purchase some bran flakes and see how that works.

*Paula Begoun is the author of "Don't Go to the Cosmetics Counter Without Me (4th edition)" (Bantam Press, \$19.95). Write to her at 13075 Gateway Drive, Suite 160, Seattle, WA 98168 or check out her Web site: www.cosmeticscop.com*

## Barry

Continued from B4

DEAR MARISSA: Basically you just bought some rice bran with a tiny amount of cete extrax like collagen and an anti-irritant, so

point is: For every frog that is apprehended by the authorities, hundreds, perhaps thousands, escape detection and are eaten by consumers such as yourself. And it is entirely possible that if you were to open up the stomachs of these frogs, you would find a certain percentage — say, 85 — contain spiders. Thus the scientific conclusion we must

come to is: You eat spiders. Accept it! Look yourself in the mirror and say, "I am a spider-cater! No different from Martha Stewart!"

*Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.*

## Road

Continued from B4

ing to O.J. Simpson.

No, seriously, it was a deceased frog, which was taken into custody by the Indiana State Board of Health, which I imagine will assign it a public defender who will have it filing appeals at the taxpayers' expense for a decade. But the

hotel fitness center. Absent that, he takes advantage of what he can find.

"If I drive somewhere, I put my bike in the back of the car," he said. "If I'm with my family, I'll have them drop me off in Bliss and I ride back the rest of the way."

The key to workouts on the road is flexibility, Mittleider said: Hotel workout centers are sometimes open only during the day-

time and early evening, and even when they're available they may not be equipped with the kind of exercise gear you're used to:

"The goal of working out on the road is to maintain your fitness level," she said. "There are a lot of ways to do that."

*Times-News writer Steve Crump can be reached at 733-0931, Ext. 223, or write to him at crump@magvalley.com*

## Workout

Continued from B4

zines, expects equipment to become more sophisticated and more linked to the Internet.

Already, some exercise bikes let riders tie into the Web and set off on virtual races against riders elsewhere in cyberspace, he said.

The Net will also allow creation of a huge exercise data pool, Scalfasi said. He expects exercisers to input their personal stats, so the computer-programmed wisdom of the world's best coaches can guide their workouts.

Users of future exercise equipment will more likely be older, experts agree. Baby boomers will see exercise as a key weapon against declining vitality and age-related illness such as heart disease.

activity — what happens if you have six bouts of 5 minutes' duration," Pratt said.

Exercise may become more a family affair, as parents turn gym time into quality time by having their kids exercise with them, Scalfasi said.

Martial arts is a case in point, as parents join classes, following kids they already had signed up for karate lessons. Cotton, however, expects some dropouts in the current martial arts boom.

The activity is intense, and some participants already are finding that the snapping kicks and punches injure their joints, he said.

Pratt is worried about a rich-spore split in America's approach to exercise.

On one side will be those who have money for home equipment or club membership and who live in neighborhoods where outdoor activity is safe, Pratt said. These better-off Americans also will have educational advantages that

will clue them into the increasing knowledge about exercise's benefits, he said.

"Things are going to be getting better and better for them, and physical activity levels will go up for these groups," Pratt said.

On the other side will be those who lack the money, opportunity and knowledge needed for exercise and who therefore will be less likely to get its benefits, Pratt said. "A lot of people might be left out," he said.

## Foot problems often linked to stress fractures

The Washington Post

Runners who have high arches or flat feet are more likely than others to suffer painful bone injuries of the leg or foot called stress fractures, a Mayo Clinic study shows.

On the other hand, people with these or other foot abnormalities do not appear to be at increased risk of running-related knee injuries, according to the study of Navy SEALs.

Those findings contradict some previous research that suggested common problems in runners' knees (including kneecap pain and pain on the side of the knee) could be traced to abnormal foot structure. The results seem likely to be reliable because the participants — 449 Navy SEAL trainees — were young, healthy, in good shape, lived together under uniform conditions, and were monitored for injuries during an intensive training program that often included running up to 10 miles a day.

Mayo researchers carried out detailed studies of participants' foot and ankle structure, including measuring the height of their arches, the flexibility of their ankle joints, the area of the mid-foot (the sole under the arch) that contacted the ground during walking — both barefoot and in combat boots. Then they kept track of the frequency of several common overuse injuries, including stress fractures of bones of the foot or leg, aching around the kneecap, pain on the side of the knee, Achilles tendinitis (inflammation of the tendon just above the heel) and "shin splints."

A total of 149 participants — 33 percent — suffered at least one of these injuries during training. Stress fractures were the most common problem and were more frequent in trainees with either low or high arches.

**Everything a fan could possibly want to know. The SPORTS pages.**

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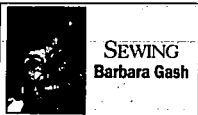
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# Looking back on a century of change and improvement in sewing

With 2000 now a reality, it's interesting to look back on the last century of significant advances in the sewing world. Here were some of the milestones:

1927 marked the beginning of the Simplicity pattern company, which became famous for its popularly priced, easy-to-sew product. By 1958, it was on the New York Stock Exchange.

In 1930, industrial sergers were introduced to the U.S. market. Also known as overlocks, these machines could decrease sewing time by more than half,



**SEWING**  
Barbara Gash

and they really made a difference in apparel manufacturing.

1942 was the year of "Gone with the Wind." Scarlett O'Hara showed the true spirit of home sewing by creating a dress out of curtains from Tara.

In 1961, Butterick acquired Vogue Patterns, featuring styles by top designers.

In 1970, sergers were made available to home sewers, and they have been constantly upgraded ever since.

In 1978, Elma introduced the first sewing machine with an electronic speed control, operated by air pressure.

In 1990, the first computerized sewing machines hit the market. The swift changes in this field have been mind-boggling. Today's machines have memory and precision capabilities we never dreamed of, and they allow us to explore creatively as never before. We even have the option of scanning in a picture and then embroidering it on fabric automatically.

Our high-tech fabrics and notions help make home sewing easier too. We can put a professional's finish on any-fashion or home decor project.

Technological advances have also helped thousands to start cottage industries and various home-based sewing businesses.

The burgeoning Internet has

opened a whole new world too. We have chat rooms, bulletin boards and thousands of Web sites to explore. We download designs and locate sources for patterns, fabrics and supplies.

With so much to attract seasoned sewers as well as the younger generations, the possibilities seem very exciting for the next century.

Barbara Gash writes about sewing for the Detroit Free Press. Write to her at the Free Press, P.O. Box 828, Detroit, Mich. 48231, or send e-mail to [compuserv\(at\)aoi.com](mailto:compuserv(at)aoi.com)

abilities seem very exciting for the next century.

## 'Hope' series offers help in dealing with grief, loss

**KIMBERLY** - "Hope for the Holidays" series will be offered from 7 to 9 p.m. today at the Sacred Life Center, 500 S. Oak in Kimberly.

The series is facilitated by Joan Dalton Boyd and offers insights into coping with grief and loss. The presentation is free through a grant from the Magic Valley Regional Medical Center Hospice Foundation.

For more information and to register, call 423-4904.

**To do for you**

refresher course will be offered from 7 to 10 p.m. Tuesday in the Education Center at MVRMC.

Pre-registration is required, call 737-2900.

**Co-dependency group will meet Wednesday in TF**

**TWIN FALLS** - The Co-dependency Group will meet from 6 to 7:30 p.m. Wednesday in the Canyon View West Group Room.

Fee is \$10. For more information, call 734-6760.

**Dream Therapy Group looks into 'living my dreams'**

**KIMBERLY** - A Dream Therapy Group, "Living My Dreams," will meet for six weeks from 7 to 9 p.m. on Wednesdays, beginning this Wednesday, at the

Sacred Life Center, 500 S. Oak in Kimberly.

Joan Dalton Boyd, wellness counselor, is facilitator of the dream group. For more information, call Barbara at 423-4904.

**Cancer support group is available-for-help, advice**

**TWIN FALLS** - The Cancer Support Group will meet from 7 to 8:30 p.m. Thursday in the Cancer-Center-reception area.

For more information, call 737-2800.

**CPR class teaches valuable lifesaving techniques**

**TWIN FALLS** - A cardiopulmonary resuscitation class will be offered from 8 a.m. to 1 p.m. Saturday in the doctors' meeting room at MVRMC.

Fee is \$11. To register, call 737-2007.

**Childbirth class will focus on cesarean procedure**

**TWIN FALLS** - A cesarean childbirth class will be offered from 7 to 9:30 p.m. Jan. 18 in the Education Center at MVRMC.

Pre-registration is not required.

**Pick-up-some-lifesaving skills with CPR training**

**TWIN FALLS** - A CPR class will be offered from 6:30 to 10 p.m. Jan. 18 in the doctors' meeting room at MVRMC.

Fee is \$11. To register, call 737-2007.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

**Arthritis-Lupus group meets Tuesday at MVRMC**

**TWIN FALLS** - The Arthritis-Lupus Support Group will meet at 7 p.m. Tuesday in the doctors' meeting room at MVRMC.

For more information, call 737-2050.

**Education Center offers childbirth refresher course**

**TWIN FALLS** - A childbirth

**WARD-BEAN**

**HEYBURN** - Gabrielle Holly Ward and Edward R. Bean Jr. announce their engagement.

Ward is employed at D.L. Evans Bank in Burley.

Bean is employed by the Idaho Transportation Department in Rupert.

The wedding is planned for 3 p.m. Saturday in the First Baptist Church, 25 N. 5th E. in Paul. A reception to honor the newlyweds will immediately follow the wedding at the church.



Edward Bean Jr. and Gabrielle Ward wedding at the church.

**PETERSEN-NEBEKER**

**BURLEY** - Dr. Joseph and Linda Petersen of Burley announce the engagement of their daughter, Marci Melis Petersen, to David Nebeker, son of Roland and Susan Nebeker of Sandy, Utah.

Petersen graduated from Burley High School in 1995 and served a Brazil Porto Alegre Temple in Salt Lake City, Utah. A reception to honor the couple will be held from 6 to 9 p.m. that evening at Heritage Garden in Sandy.

An open house will be held from 5 to 8 p.m. Jan. 22 at the Petersen home, 306 E. Highway 81.

The newlyweds will reside in Sandy.



Marci Peterson and David Nebeker Temple in Salt Lake City, Utah.

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In the case of an old will and a new marriage, Idaho law says that the new spouse is entitled to one-half of the deceased partner's separate property and all of his or her community property.

This may not be what the deceased spouse would have wanted, but the law assumes that if the spouse with the outdated will wanted property to be distributed in some other way - a new will would have been made.

**Tip:** Update your will or trust after marriage to assure your property goes where you want. And, sign a prenuptial agreement prior to a second or later-in-life marriage.

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## CALENDAR of EVENTS

- Monthly MVRMC Board Meeting \* Monday, January 10, 6 p.m., Sage Room of the Education Center.
- "Hope For the Holidays" Series Concludes \* Monday, January 10, 7 - 9 p.m., Sacred Life Center (500 South Oak, Kimberly, ID). Holiday seasons are often among the most emotionally difficult times for people who have experienced the death of a loved one. This informational series is facilitated by Joan Dalton Boyd, MA, and offers insights into coping with grief and loss. A new approach might open doors to the celebration of the memory of your loved one. The series is free through a grant from the MVRMC Foundation Hospice Fund. For more information and to register call 423-4904.
- Arthritis/Lupus Support Group \* Tuesday, January 11, 7 p.m., Doctor's Meeting Room. For more information call 737-2050.
- Childbirth Refresher Course \* Tuesday, January 11, 7 - 10 p.m., Education Center. Pre-registration required. Call 737-2900.
- Co-Dependency Group \* Wednesday, January 12, 6 - 7:30 p.m., Canyon View West Group Room. Fee: \$10. For more information call 734-6760.
- Cancer Support Group \* Thursday, January 13, 7 - 8:30 p.m., Cancer Center Reception Area. For more information call 737-2800.
- CPR Class \* Saturday, January 15, 8 a.m. - 1 p.m., Doctor's Meeting Room. Fee: \$11. To register call 737-2007.
- Cesarean Childbirth Class \* Tuesday, January 18, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
- CPR Class \* Tuesday, January 18, 6:30 - 10 p.m., Doctor's Meeting Room. Fee: \$11. To register call 737-2007.

For additional MVRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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