



FOOD SCOOP

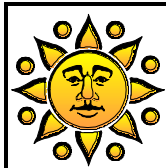
“A Michigan Food & Nutrition Program Edition”

February/March 2000

Issue No. 7

INSIDE THIS ISSUE:

FEATURE ARTICLES



**Food For
Thought
Page 2**



**Commodity
Chat
Page 4**



**Professional
Development
Page 5**

Attachments

Page

Calendar of Events	7
Statewide Training Schedule	8-12
Statewide Training Registration Form	13-14
Single Unit Managers/Head Cook Workshop Survey	15
Formulated Grain Fruit Products List	16-18

NEED ASSISTANCE CALL:

School Meals Program	(517) 373-3347
Food Distribution	(517) 373-8642
Fiscal Reporting	(517) 373-2077
Child Care Food Program	(517) 373-7391
Fax Number	(517) 373-4022





Food For Thought

Staff Updates

Welcome Marla!

Marla Moss joined our staff on February 7, 2000. Marla is a registered dietician, and has had a variety of experience in the field of nutrition, most recently as the Clinical Nutrition Manager of Oaklawn Hospital in Marshall. She has worked as a consultant nutritionist, a WIC Nutritionist, a food service specialist with a major cereal company and as a hospital food service director. Marla will serve as a half-time consultant in the Food Distribution Program, specializing in school commodities, including commodity processing, **and** a half time consultant in the Child and Adult Care Food Program. She is eagerly awaiting the opportunity to meet you and assist you with your food distribution and child care programs. Her phone number is (517) 241-4054.

Farewell MaryAlice!

Effective February 21, 2000, **MaryAlice Galloway** began her new position as a Field Services Program Supervisor. Her duties will be related to Title I and "At Risk" programs. MaryAlice began her career with the Michigan Department of Education in spring of 1989 as a consultant in the School Meal Programs and became the supervisor in May of 1998. We appreciate her many years of service to the School Meal Program, including her work with the State Wide Training Program and Team Nutrition. We wish her the best in her

new venture!

Team Nutrition

Are you a member of the Team? If not, see what you are missing! Check out our Team Nutrition website at: www.msue.msu.edu/fnh/tn Questions? Call Paula Kerr, School Meals Consultant at (517)241-3885.

Formulated Grain Fruit Products

Our office received an updated list of approved formulated grain fruit products from the USDA Midwest Regional Office. The list is attached to the end of this newsletter. Please note the addition of CAP'N GREGORY'S FORTIFIED HONEY BUN, company name, Kerry – DCA. Products on this current listing may be used to meet the fruit/vegetable/juice requirement and one serving of bread/bread alternate for the School Breakfast Program.

Free and Reduced Price Application Pilots

USDA is requesting school food authorities and State agencies to test alternatives to the application procedures and verification process for households participating in the National School Lunch Program. This notice responds to recent data comparisons which suggest that the existing application procedures and verification process do not effectively determine misreporting of eligibility information. The results of these tests will be used in considering revisions to the current application procedures and verification process to reduce the misreporting of eligibility information. Notice for Pilot Projects, Alternatives to Free and Reduced Price Application Requirements and Verification Procedures is posted at the following site:
<http://www.fns.usda.gov/cnd/Lunch/Governance/verifi>

cation.html Applications to conduct a pilot project were originally due no later than March 21, 2000., however, USDA recently extended the due date for applications until May 5, 2000.

Infant Meal Pattern Regulatory Change

The USDA Midwest Regional Office issued a memo recently about new regulatory requirements for the Infant Meal Pattern for infants enrolled in Child Care and School Meal Programs. A copy of the new regulations as published in the Federal Register is attached to this newsletter. The implementation date for these new regulations was December 15, 1999. The changes outlined in this article are the result of this quick implementation. Please read carefully if you are feeding and claiming infants in your meal programs.

Elimination of Cow's Milk for Older Infants

USDA does not wish to disrupt meal contents that children may have become accustomed to. School districts may have entered into milk contracts based on serving cow's milk to older infants. To alleviate any potential problems in these areas, they are authorizing providers to continue serving whole cow's milk in lieu of breast milk or iron-fortified infant formula to any child between 8 months of age and one year of age who was already receiving cow's milk on or before December 14, 1999. Also, no child between 8 months of age and one year of age may be served cow's milk in lieu of breast milk or iron-fortified infant formula after April 14, 2000.

Reimbursement for Meals Containing Only

Breast Milk - This provision becomes effective on December 15, 1999. However, because of the delay in getting information out to the

schools, we are authorized to permit providers (schools) to claim such meals retroactively to December 15, 1999. This authority **will expire** on March 31, 2000.

Meals Containing Less Than the Minimum Regulatory Amount of Breast Milk

- To ensure prompt implementation, this provision becomes effective on December 15, 1999. As with "breast milk only" meals, we are authorized to permit retroactive reimbursement until March 31, 2000.

Also, it has come to our attention that there is a minor technical error in the Child Care Infant Meal Pattern Chart in section 226.20 (b)(4) found on page 61776 of the November 15, 1999, interim rule. The breakfast pattern for children 8 through 11 months requires breakfasts to include 2-4 tablespoons of infant cereal. However, this line on the chart has a footnote 4, which indicates that this component is optional. The addition of this footnote was inadvertent.

Please contact our office if you have questions about this new regulation.

Do You Have An Even Start Program?

If you have a federally funded Even Start program in your school, the pre-Kindergarten children enrolled in that program may be categorically eligible for free meals in your school lunch and breakfast program, or eligible for free milk in your Special Milk program. Read on to learn more.

What are the criteria for Even Start categorical eligibility?

For a child to be categorically eligible for free meals based on their participation in Even Start, three criteria must be met. First, the school or

institution that is providing the child with Even Start services must be participating in CACFP, NSLP, SBP or SMP. Second, the child must be enrolled as a participant in a federally funded Even Start Family Literacy Program. Third, the child must be at the pre-kindergarten level. Once a child has entered kindergarten, that child loses his or her categorical eligibility for free meals under Even Start.

What documentation is required for categorical eligibility?

Required documentation – In order to establish categorical eligibility for free meals in the CACFP, NSLP and SBP or for free milk in the SMP, participation in the Even Start program and confirmation that the child has not yet entered kindergarten must be established. Sufficient documentation of Even Start participation could include: an approved Even Start application for the child's family; or a statement of enrollment in Even Start; or a list of children participating in Even Start.

If this documentation is readily available to the official designated by the school or institution to determine eligibility for free meals, no further action is necessary.

Re-Certification of Categorical Eligibility - At the beginning of each year, the official responsible for determining eligibility for free and reduced price meals under CACFP, NSLP, SBP or SMP must re-establish categorical eligibility qualifications for each Even Start child.

Record Retention - The Even Start eligibility information and, if applicable, the list of eligible participants, must be maintained on file

in accordance with the regulations governing the Child Nutrition Programs. These records must be readily available for review by the U.S. Department of Agriculture, the State agency, or other appropriate agencies.

What happens when categorical eligibility ends?

When a child is no longer categorically eligible for free meals under the Even Start criteria, the child's family must be provided a free and reduced price application so that they may: establish income eligibility for free or reduced price meal benefits in the CACFP, NSLP and SBP, or free milk benefits under the SMP, or establish categorical eligibility under another program, e.g. the Food Stamp Program or FIP.

The school or institution must also provide instructions on how to apply for these benefits.

Summer Feeding Program

Do you want to help end childhood hunger and malnutrition? Take this simple test.

Are you concerned about the children (ages 0-18) in your community receiving nutritious meals during the summer when school is not in session? Is there a school in your neighborhood where 50% or more of the children are eligible for free and reduced price lunches? Do you represent a school; government entity; residential camp or private nonprofit organization? Would you like to receive Federal dollars that have been set aside to feed needy kids this summer? If you answered "Yes" to all of the above, yours is just the organization we're looking for. The Summer Food Service Program for Children (SFSP) can help provide the funds and training you need to serve nutritious meals to needy children during the summer months. Meals can

be served at schools, recreation centers, parks, churches and many other locations in your area.

For more information, please contact USDA, Food and Nutrition Service at: USDA FCS Child Nutrition Programs Summer Program Unit, 77 West Jackson Blvd 20th Floor Chicago, IL 60604 (312)353-6657 or email at dick.gilbert@fns.usda.gov

Kathy Rhodes, Coordinator of the Food Distribution, is currently on a leave-of-absence until the middle of April. During her absence, contact Renee Cratty, Food Distribution Secretary at (517) 373-8642. Renee will



direct your call to staff who will assist you.

Orientation to Child Nutrition Management

National Food Service Management Institute



will offer a two week seminar on Orientation to Child Nutrition Management on June 12-23, 2000 at The University of Mississippi. Additional information or brochures may be obtained by calling Melba Hollingsworth, Education Training Specialist at 800-321-3054.

Upcoming Event!

The Governor's Council on Physical Fitness is promoting their program ACES With-a-Friend to be held on May 3, 2000 at 10 a.m. ACES stands for All Children Exercising Simultaneously and is a one-day, ½ hour physical activity event designed to promote the health benefits of physical activity. It aims to educate children, and the adults they invite to join them, about the importance of lifelong fitness.

Why get involved with ACES?

We need to get everyone's attention. Michigan ranks fourth nationally in obesity and it's time to do something about that. Just 30 minutes of physical activity five times a week can lower the rate of heart disease, stroke, colon cancer, breast cancer and osteoporosis. Additionally, physical activity helps manage or prevent hypertension, obesity, elevated blood lipids, back pain, and non-insulin dependent diabetes.

The Governor's Council on Physical Fitness, Health, and Sports is promoting this program in Michigan through its eleven regional fitness councils. Schools who register by March 31 will receive free planning kits to help plan activities at their school. Last year, Michigan had over 143,000 participants involved, the most ever in one state! What a link this would be with promoting healthy eating and school meals as well!

If you are interested in offering ACES at your school, please contact:

Governor's Council on Physical Fitness
1-800-434-8642 or visit their website to register at: www.michiganfitness.org

C'mon Michigan. LET'S GET MOVING!

<div>March, 2000</div> <div>CALENDAR OF EVENTS</div> <div>CHILD NUTRITION PROGRAM</div>	<div>Michigan State Board of Education</div> <div>Dorothy Beardmore, President</div> <div>Kathleen N. Straus, Vice President</div> <div>Herbert S. Moyer, Secretary</div> <div>Sharon Wise, Treasurer</div> <div>Sharon L. Gire</div> <div>Marianne Yared McGuire</div> <div>Clark Durant</div> <div>Eileen L. Weiser</div> <div>Arthur E. Ellis, Superintendent</div> <div>Governor John Engler, Ex-Officio</div>
March 2000	
10	February Monthly Claim Due
31	Cut-off for January Monthly Claim
April 2000	
10	March Monthly Claim Due
28-30	MSFSA Conference
30	Cut-off for February Monthly Claim

No person because of race, color, national origin, sex, age, or disability shall be excluded from participation in, be denied the benefits of, or be otherwise subject to discrimination in our United States Department of Agriculture donated food and child nutrition programs. Any person who believes they have been discriminated against should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

STATEWIDE TRAINING PROGRAM CLASS SCHEDULE

2000

NOTE: All registrations must be in the MDE office before the deadline dates!

BASICS - 100		
Fee: Member \$18.00 and Non-Member \$25.00		

Location	Dates	Times
Houghton-Portage Township Schools 203 West Jacker Houghton, MI 49931 <i>Deadline: July 24, 2000</i>	August 7-8, 2000	9:00 a.m. - 4:00 p.m. (7th) 10:00 a.m.- 12:00 Noon (8th)

Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: July 31, 2000</i>	August 14-15, 2000	8:30 a.m. - 3:00 p.m.
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NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.

SANITATION & SAFETY - 120		
Fee: Member \$18.00 and Non-Member \$25.00		

Location	Dates	Times
Lapeer Community Schools Administration & Services Center 1025 West Nepessing Street Lapeer, MI 48446 <i>Deadline: March 28, 2000</i>	April 11, 18, 25, 2000	3:00 p.m. - 6:30 p.m.
MSFSA Spring Conference Lansing Center 333 East Michigan Lansing, MI <i>Deadline: April 13, 2000</i>	April 27, 28, 2000	2:00 p.m. - 8:00 p.m. (27th) 8:00 a.m. - 1:00 p.m. (28th)

Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: July 20, 2000</i>	August 3-4, 2000	8:30 a.m. - 3:00 p.m.
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NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.

SANITATION & SAFETY - 120
Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Houghton-Portage Township Schools 203 West Jacker Houghton, MI 49931 <i>Deadline: July 25, 2000</i>	August 8-9, 2000	1:00 p.m. - 4:00 p.m. (8th) 8:00 a.m.- 4:00 p.m. (9th)

COMMUNICATIONS - 140
Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: June 5, 2000</i> <i>NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.</i>	June 19-20, 2000	8:30 a.m. - 2:30 p.m.

PRINCIPLES OF FOOD PREP - 150
Prerequisite: Sanitation & Safety - 120
Fee: Member \$18.00 and Non-Member \$25.00
Each participant must bring a calculator to class.

Location	Dates	Times
Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: March 20, 2000</i>	April 3, 10, 17, 2000	3:00 p.m. - 6:30 p.m.

NUTRITION I - 180
Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Lapeer Community Schools Administration Building 1025 West Nepessing St. Lapeer, MI 48446 <i>Deadline: April 20, 2000</i>	May 4, 11, 18, 2000	3:00 p.m. - 6:30 p.m.

NUTRITION I - 180 (continued)
 Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507	August 14-15, 2000	8:30 a.m. - 3:00 p.m.

Deadline: July 31, 2000

NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.

*NEW!!! IN RESPONSE TO YOUR REQUESTS,
 L L L L L HERE ARE SOME 3-HOUR CLASSES ON 7 7 7 7 7
 INDIVIDUAL FOOD PREP TOPICS*

You choose the ones you need:

GRAIN BASED DESSERTS - 201 (3 hours--not 10 hours)
 Fee: Member \$15.00 and Non-Member \$18.00
Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150

Location	Dates	Times
Charlotte High School 378 State Street Charlotte, MI 48813	June 15, 2000	9:30 a.m. - 12:30 p.m.

Deadline: June 1, 2000

Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507	August 17, 2000	12:30 p.m. - 3:30 p.m.
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Deadline: August 4, 2000

NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.

SALADS & SALAD DRESSINGS - 202 (3 hours-- not 10 hours)

Fee: Member \$15.00 and Non-Member \$18.00

Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150

Location	Dates	Times
Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: June 1, 2000</i>	June 15, 2000	8:30 a.m. - 11:30 a.m.
<i>NOTE: Lunch is \$6.00. Please mail directly to GISD--do not add this fee into your registration fee.</i>		
Charlotte High School 378 State Street Charlotte, MI 48813 <i>Deadline: June 2, 2000</i>	June 16, 2000	9:30 a.m. - 12:30 p.m.

CATERING - 203 (3 hours-- not 10 hours)

Fee: Member \$15.00 and Non-Member \$18.00

Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150

Location	Dates	Times
Fowlerville Junior High School 700 North Grand Avenue Fowlerville mi 48836 <i>Deadline: April 4, 2000</i>	April 18, 2000	3:00 p.m. - 6:00 p.m.
Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: June 2, 2000</i>	June 16, 2000	12:30 p.m. - 3:30 p.m.
<i>NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.</i>		

MICHIGAN'S HEALTHY EDGE 2001 - 280

Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
MSFSA Spring Conference Lansing Center 333 East Michigan Lansing, MI <i>Deadline: April 13, 2000</i>	April 27, 28, 2000	2:00 p.m. - 8:00 p.m. (27th) 8:00 a.m. - 1:00 p.m. (28th)
Genesee ISD Health & Nutrition Serv. Bldg. 5089 Pilgrim Road Flint, MI 48507 <i>Deadline: July 24, 2000</i>	August 7-8, 2000	8:30 a.m. - 3:00 p.m.
<i>NOTE: Lunch fee is \$6.00 and should be mailed directly to GISD--do not add this fee into your registration fee.</i>		

Use one form and one check per class.

Check which type of menu planning method you use:



All registrations are accepted on a first-come, first-served basis. If this class is filled, the registration form and check will be returned to you. **Confirmation letters will NOT be mailed.** Assume that you are registered unless otherwise notified.

[Copy as necessary]

Statewide Training Program

Multi-Registration Form

Use one form and one check per class.

CLASS NAME: _____ CLASS LOCATION: _____ DATE(S) OF CLASS: _____				SCHOOL DISTRICT: _____ PHONE: _____		DISTRICT NUMBER: _____
Last Name	First Name	Social Security #	Home Telephone #	Home Address (Street, City, Zip)	MSFSA #	Fee Per Student
1						
2						
3						
4						
5						
Total the right hand column and attach a separate check for this amount only. L L L L L L L L L L Make checks payable to MSFSA .						\$ _____



Check which type of menu planning method you use:



" Food based - traditional

" Food based - enhanced

" Nutrient standard

" Assisted NSMP

Make check payable to MSFSA and mail to:

Michigan Department of Education

Statewide Training Program--School Meals Unit

P.O. Box 30008, Lansing, MI 48909

All registrations are accepted on a first-come, first-served basis. If this class is filled, the registration form and check will be returned to you. **Confirmation letters will NOT be mailed.** Assume that you are registered unless otherwise notified.

For Michigan Department of Education Use Only	Check #		Amount	\$
		" School " Personal		

[Copy as necessary]

Northern and U.P. School Districts - Give Us Your Input!!!

We are planning a **Single Unit Managers'/Head Cook Workshop** in Grayling for the week of July 17, 2000.

Will your district attend this workshop? **YES** **NO**
(please circle one)

If **NO**:
Why not? _____

If **YES**:
How many from your district would be attending? _____

What day of the week would be best? **Wed.** **Thurs.** **Fri.**
(please circle preference)

What topics/sessions should be included?

Other comments:

Survey completed by: (Name) _____

(School District) _____

Please FAX your response to (517) 373-4022 by Friday, March 24, 2000.

Thank you for your help!

**COMPANIES PRODUCING FORMULATED GRAIN-FRUIT PRODUCTS THAT MEET
FNS SPECIFICATIONS FOR FORMULATED GRAIN-FRUIT PRODUCTS
(7 CFR PART 220 APPENDIX A)**

Revised November 19, 1999

**Bake Crafters Associated Bakeries
21927 Martin Circle
Hagerstown, MD 21742**

**Apple Spice Muffin
(2.5 oz. Net Wt.)**

Labels bearing the above product name will have the following ingredient statement:

Enriched flour, sugar, apples, soy oil, whole eggs, water, non fat dry milk, isolated soy protein, baking powder, baking soda, salt, spices, dicalcium phosphate, magnesium oxide, coated ascorbic acid, vitamin E acetate, vitamin A palmitate, reduced iron, niacinamide, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, cyanocobalamin 1 percent with DCP, folic acid.

**DCA Bakery Division
DCA Food Industries, Inc.
8106 Stayton Drive
Jessup Maryland 20794-9976**

**Dynamic Donuts
(2.5 oz. net wt.)**

**Capt'n Gregory's Donuts
(2.5 oz. net wt.)**

Labels bearing either of the above product names will have the following ingredient statement:

Enriched bleached flour, water, vegetable shortening, sugar, crystalline fructose, milk protein, soy flour, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), egg whites, salt, sodium stearoyl lactylate, vitamin and mineral enrichment (calcium [calcium sulfate and dicalcium phosphate], phosphorus [dicalcium phosphate and magnesium phosphate], magnesium [magnesium phosphate], iron [ferrous sulfate], niacinamide, vitamin B12, vitamin B6, vitamin B1, vitamin B2, folic acid, vitamin E acetate, vitamin A palmitate, natural flavors.

**Kerry-DCA
Bakery Division
101 East Bacon Street
Hillsdale, Michigan 49242**

**Capt'n Gregory's
Fortified Honey Bun
(2.5 oz. net wt.)**

Labels bearing the above product name will have the following ingredient statement:

Enriched wheat flour (contains wheat flour, niacin, ferrous sulfate, riboflavin (vitamin B2), thiamin mononitrate, (vitamin B1), folic acid), partially hydrogenated vegetable shortening (soybean and/or cottonseed oils), sugar, water, yeast, contains 2% or less of the following ingredients: honey, salt, whey, soy flour, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), calcium carbonate, mono and diglycerides, agar, soya lecithin, sorbitan monostearate, dextrose, nonfat milk, vital wheat gluten, dough conditioners (calcium sulfate, corn starch, ammonium sulfate, ascorbic acid, azodicarbonamide), yellow corn flour, sodium stearoyl lactylate, artificial flavors, colored with annatto and turmeric extracts and artificial color, lactalbumin, magnesium phosphate, dicalcium phosphate, calcium sulfate, vitamin E, vitamin A, vitamin B6, vitamin B12, ascorbic acid, enzymes.

Morning Harvest Baking Company
350 Whitfield Road
Brandon, Mississippi 39042

Morning Harvest
Banana-Coconut Muffin
(2 oz. net wt.)

Labels bearing the above product name will have the following ingredient statement:
Grain (rolled oats, wheat flour, soy flour), fruit (coconut, banana solids), brown sugar, vegetable shortening, peanuts, corn syrup solids, whey protein concentrate, soy protein isolates, molasses, salt, lecithin, natural flavors, L-lysine monohydrochloride, vitamin and mineral enrichment (calcium phosphate, ascorbic acid, vitamin E acetate, vitamin A palmitate, iron (electrolytically reduced), cyanocobalamin, pyridoxine hydrochloride, thiamine mononitrate, folic acid).

Morning Harvest Baking Company
350 Whitfield Road
Brandon, Mississippi 39042

Morning Harvest
Oatmeal-Raisin Muffin
(2 oz. net wt.)

Labels bearing the above product name will have the following ingredient statement:
Grain (rolled oats, wheat flour, soy flour), fruit (raisins, pear solids), brown sugar, vegetable shortening, peanuts, corn syrup solids, whey protein concentrate, soy protein isolates, molasses, salt, lecithin, natural flavors, L-lysine monohydrochloride, vitamin and mineral enrichment [calcium phosphate, ascorbic acid, vitamin E acetate, vitamin A palmitate, iron (electrolytically reduced), cyanocobalamin, pyridoxine hydrochloride, thiamine mononitrate, folic acid].

Morning Harvest Baking Company
350 Whitfield Road
Brandon, Mississippi 39042
(2.25 oz. net wt.)

Morning Harvest
Oatmeal-Raisin Carob
Chip Muffin

Labels bearing the above product name will have the following ingredient statement:
Grain (rolled oats, wheat flour, soy flour), Fruit (raisins, pear solids), brown sugar, vegetable shortening, peanuts, corn syrup solids, whey protein concentrate, carob chip, soy protein isolates, molasses, salt, lecithin, natural flavors, L-lysine monohydrochloride, vitamin and mineral enrichment [calcium phosphate, ascorbic acid, vitamin E acetate, vitamin A palmitate, iron (electrolytically reduced), cyanocobalamin, pyridoxine hydrochloride, thiamine mononitrate, folic acid].

Morning Harvest Baking Company
350 Whitfield Road
Brandon, Mississippi 39042

Morning Harvest
Banana-Coconut Carob
Chip Muffin
(2.25 oz. net wt.)

Labels bearing the above product name will have the following ingredient statement:
Grain (rolled oats, wheat flour, soy flour), Fruit (coconut, banana solids), brown sugar, vegetable shortening, peanuts, corn syrup solids, whey protein concentrate, carob chip, soy protein isolates, molasses, salt, lecithin, natural flavors, L-lysine monohydrochloride, vitamin and mineral enrichment [calcium phosphate, ascorbic acid, vitamin E acetate, vitamin A palmitate, iron (electrolytically reduced), cyanocobalamin, pyridoxine hydrochloride, thiamine mononitrate, folic acid].

Morning Harvest Baking Company
350 Whitfield Road
Brandon, Mississippi 39042

Morning Harvest
Blueberry Muffin
(2 oz. net wt.)

Labels bearing the above product name will have the following ingredient statement:

Grain (rolled oats, wheat flour, soy flour), Fruit (blueberries, figs, pear solids), brown sugar, vegetable shortening, peanuts, corn syrup solids, whey protein concentrate, soy protein isolates, molasses, salt, lecithin, apple fiber powder, modified food starch, dextrose, apple juice concentrate, sorbitol, natural and artificial flavors, artificial colors, citric acid, L-lysine monohydrochloride, vitamin and mineral enrichment [calcium phosphate, ascorbic acid, vitamin E acetate, vitamin A palmitate, iron (electrolytically reduced), cyanocobalamin, pyridoxine hydrochloride, thiamine mononitrate, folic acid].

Super Bakery, Inc.
P. O. Box 6231
Pittsburgh, Pennsylvania 15212

Super Bun
(2.5 oz net wt.)

Labels bearing the above product name will have the following ingredient statement:

Enriched flour, vegetable shortening, cane sugar, water, dextrose, yeast, leavening, milk protein, nonfat dry milk solids, salt, dried egg yolks, calcium carbonate, magnesium phosphate, ferrous sulphate, lecithin, corn starch, dough conditioner, ascorbic acid, vitamin A palmitate, alpha tocopherol acetate, niacinamide, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, vitamin B12, folic acid, natural and imitation flavor and color, vegetable gums, sodium propionate (a preservative).

Super Bakery Inc.
P.O. Box 6231
Pittsburgh, Pennsylvania 15212

Super Donut
(2.2 oz net wt.)

Labels bearing the above product name will have the following ingredient statement:

Enriched flour, water, vegetable shortening, sugar, milk protein, dextrose, nonfat dry milk, soy flour, leavening, salt, dried egg yolk, calcium carbonate, magnesium phosphate, ferrous sulphate, lecithin, mono and diglycerides, starch, ascorbic acid, vitamin A palmitate, alpha tocopherol acetate, niacinamide, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, vitamin B12, folic acid, natural flavors and colors.