

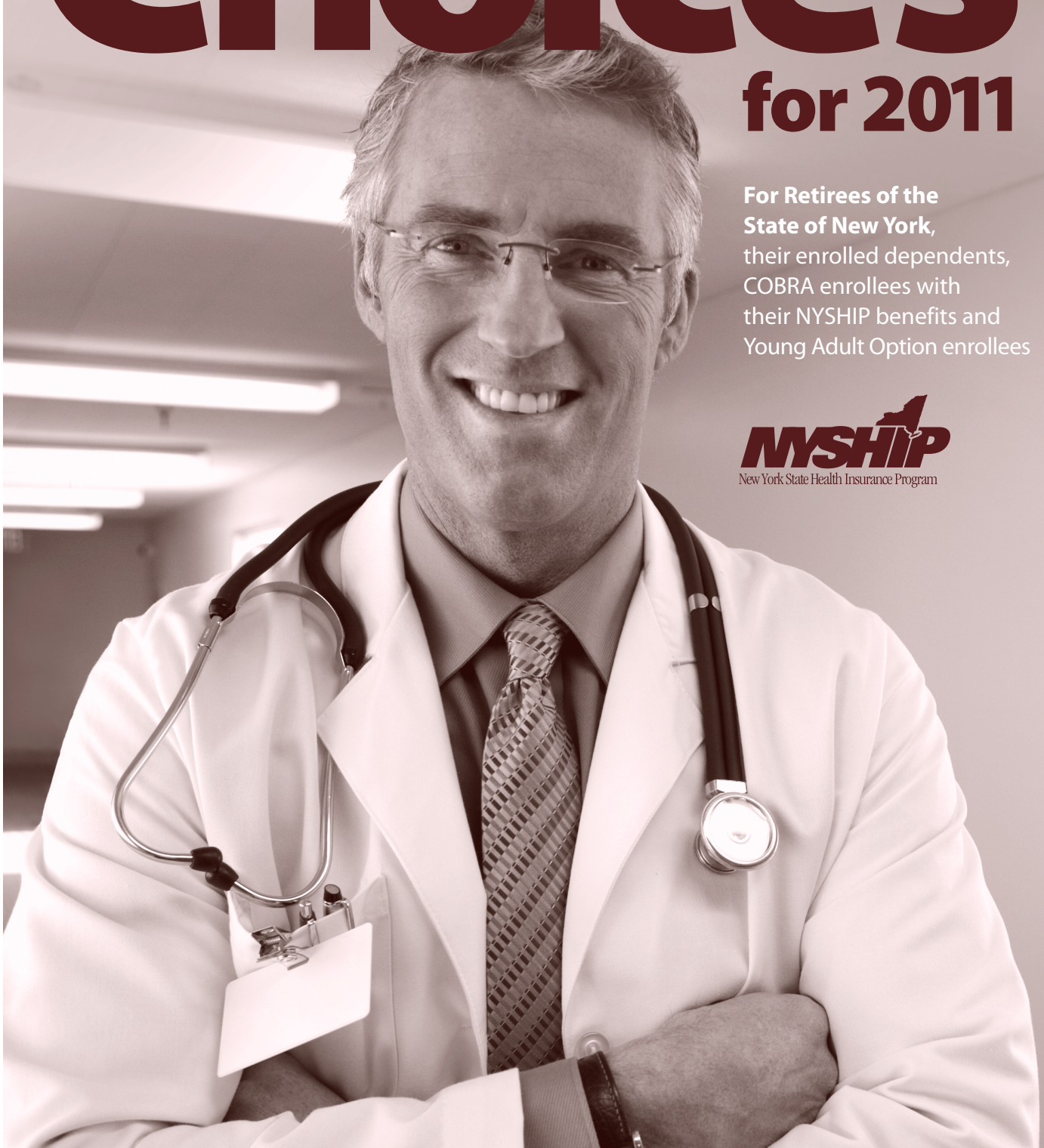
November 2010

Health Insurance

Choices for 2011

For Retirees of the
State of New York,
their enrolled dependents,
COBRA enrollees with
their NYSHIP benefits and
Young Adult Option enrollees

NYSHIP
New York State Health Insurance Program



Nancy G. Groenewegen



Information **and Reminders**

SAMPLE

The Empire Plan

or a NYSHIP HMO

NYSHIP Online

Job Seekers	Employees	Retirees	HR Professionals
Retiree • Your Plan Change Your Group Search			Text Version / Text Adjust
<div>nyshiponline Employee Benefits Division Department of Civil Service</div> <div>Current Topics Health Benefits & Option Transfer Other Benefits Using Your Benefits Planning to Retire? Find a Provider Calendar What's New? MyNYSHIP - Enrollee Self-Service</div>			
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Retirees

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Welcome to NYSHIP Online, where you will find information on the New York State Health Insurance Program for State and Local Government for retired enrollees. In order to provide you with targeted information about your benefits, you will need to indicate where you retired from and choose your health insurance plan if prompted.

Note: If you are in a participating agency and you are not sure what your benefit plan type is, visit our [Retiree Group Wizard for Participating Agencies](#).

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The Empire Plan

NYSHIP Code Number 001

For details on The Empire Plan Centers of Excellence Programs, see the *Empire Plan Certificate/Reports* and *Reporting On Centers of Excellence* available at <https://www.cs.state.ny.us> or call the Employee Benefits Division and request a copy.

