

Welcome



Portland Army Recruiting Battalion

Portland Army Recruiting Battalion

Mission Statement

“Accomplish every assigned mission with a powerful Recruiting TEAM which dominates all markets while encompassing the Warrior Spirit.”

*(Warrior Spirit = caring for people, Army values,
clear vision & purpose)*

Welcome

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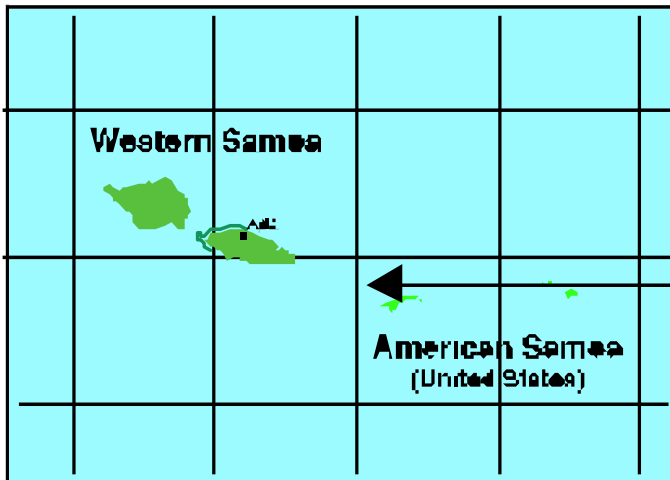
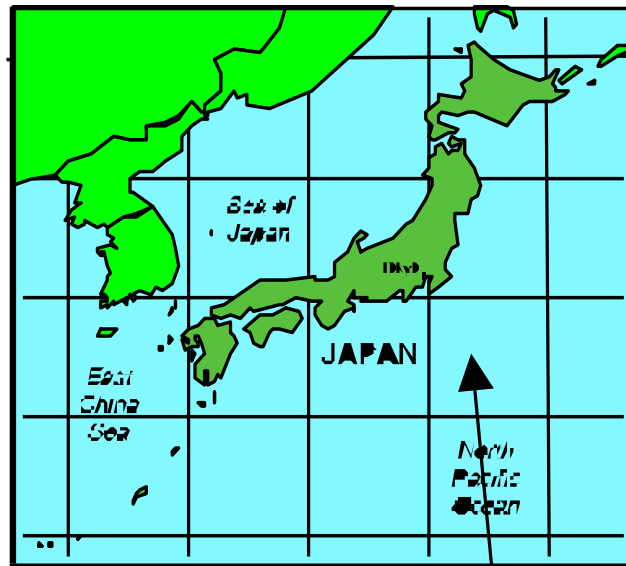


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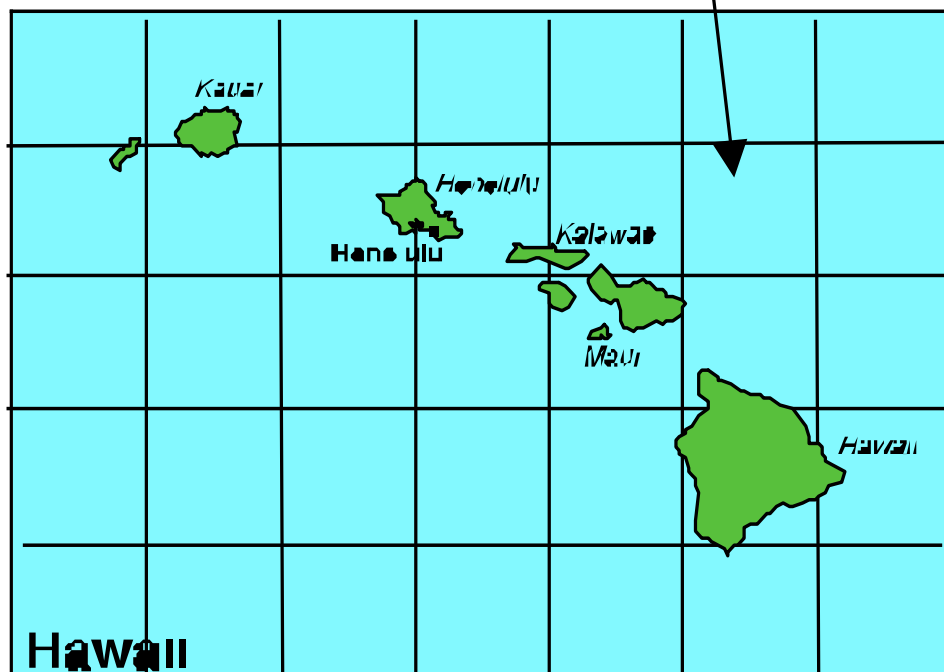
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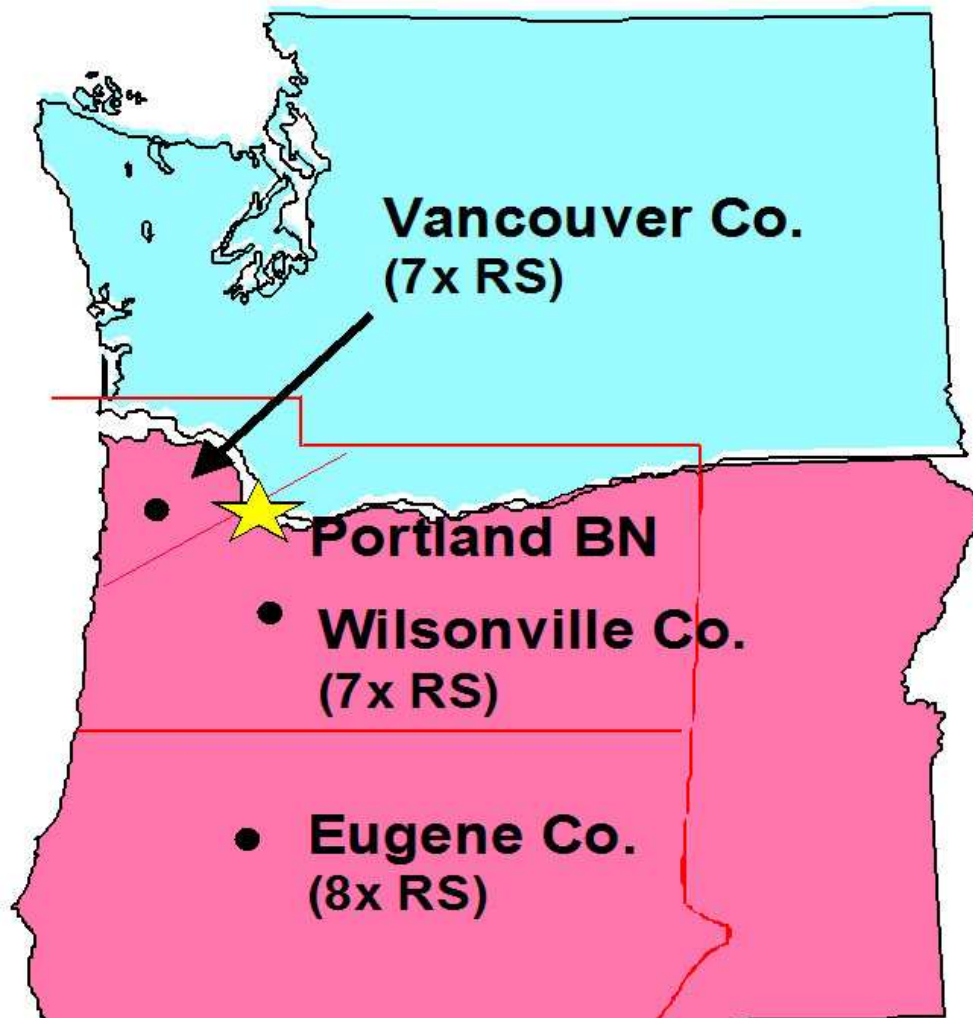
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**Guam Det.
(4x RS)**

**Honolulu Co.
(8x RS)**





Portland Recruiting Battalion



Portland skyline with Mt. Hood rising to 11,235 feet in the background more than 50 miles away.

Welcome to the U.S. Army Recruiting Battalion Portland, headquartered in Portland, Oregon.

The Portland Recruiting Battalion is responsible for enlisting quality soldiers within the state of Oregon,

east to The Dalles; the southwestern portion of Washington, to Longview; south to Roseburg, Oregon; the Hawaiian Islands; and the outer Pacific Rim to include Korea, Japan, Guam, and American Samoa.

In addition to its active duty recruiting objectives, the Portland Battalion recruits soldiers for the U.S. Army Reserve 104th Division (TNG), the 124th ARCOM, the 351st Civil Affairs Command and the 9th Corps (REINF).

The Portland Battalion is comprised of four companies and one detachment located in Honolulu, Hawaii; Eugene and Wilsonville, Oregon; Vancouver, Washington; and Guam. There are 40 recruiting stations staffed by more than 200 non-commissioned officers. Two Military Entrance Processing Stations (MEPS) are part of the Battalion, one in Portland and the other in Honolulu.

This packet is designed to introduce you to the battalion as well as provide a directory listing recreational and support facilities. Whether you are a new recruiter or a seasoned 79R transferring from another battalion we hope you find this packet helpful for you and your family.



Multnomah Falls, second highest all season, and fifth tallest waterfall in United States falling 621 feet.

Eugene Recruiting Company

Home to more than 130,000 people, Eugene is Oregon's second largest city and covers approximately 36 square miles. The Willamette River runs through the heart of the city and joins the McKenzie River to the north of town. The elevation is 426 feet above sea level.

The city's topography features Skinner Butte to the north of downtown. To the south is the landmark Spencer Butte, now a 310-acre city park. Eugene's climate, with an average temperature of 53 degrees, is one of the city's attractive features.

Mild winters, long growing seasons, and few drastic weather changes are characteristic. Normal annual rainfall is 43 inches, which falls mostly between September and June.

Eugene is home to the University of Oregon, Museum of Art and Museum of Natural History, with internationally famed collections.

As part of The Pacific 10 Conference, of the NCAA, University of Oregon football and basketball draw fans from miles around. The university's track and field programs have brought international sports fame, and is known as the "Track Town, USA."

Eugene and the university have



World class track and field meets at University of Oregon.

hosted the U.S. Olympic Track and Field Finals as well as other top regional and national meets. Their rich track & field history includes founding members of Nike, as well as renowned coach Bill Bowerman and Olympian Steve Prefontaine, among many others.

The Oregon Bach Festival is two weeks of choral-orchestral concerts centering on the music and wide-ranging influence of J.S. Bach. Set amid the lush forests and scenic rivers of the Pacific



Shopping galore at Eugene's Saturday Market.

Northwest, the festival also includes chamber music, family events, and educational programs.

Eugene's Saturday Market is a weekly celebration of crafts, food and entertainment, rain or shine and runs from April through November in downtown Eugene. It is Oregon's original Saturday Market, and is the oldest weekly open-air crafts festival in the United States.

Eugene company has eight Recruiting Stations: Eugene, Springfield, Bend, Albany, Corvallis, Roseburg, Coos Bay, and Newport.

Eugene Recruiting Station is located in the heart of Eugene covering the metropolitan area and remote suburbs.

Springfield Recruiting Station is located in Springfield, a short distance



McKenzie River Recreation Area scenic beauty is close to Springfield.

from Eugene. Springfield is on the gateway to the McKenzie River Recreation Area. Separated from its sister city of Eugene by the Willamette River, it is a major center for the state's forest products industry and is also an access point to the McKenzie River, which offers fishing and white-water rafting amid striking scenery.

Bend Recruiting Station is located in Central Oregon's largest city. Bend is nestled at the base of the east side of the Cascade Mountains. Natural beauty and plenty of recreational activities surround it. Central Oregon is the home to more than 200 lakes and endless miles of rivers and streams. Bend is the outdoor recreation capital of Oregon, with snow-capped peaks dominating the skyline, and is one of few places that you can literally ski in the morning and golf in the afternoon.



A day at the lake with Mt. Bachelor in the background near Bend.

Known as "the sunny side of Oregon," the Cascade mountains act as a protective buffer, giving Bend only 12 inches of precipitation per year, compared to 42 inches for Portland.

Coos Bay/North Bend Recruiting Station is to the west on Oregon's coast. Located on a peninsula formed by the great bend in the Coos River as it flows to the Pacific, North Bend thrives on commercial fisheries, lumbering and manufacturing. It is also the gateway to the Oregon Dunes National Recreation Area. Coos Bay is the sister city to North Bend, which lead to the quaint fishing village of Charleston.



North Bend, Bay Area, gateway to Oregon Dunes National Park.

The Albany Recruiting Station is located in the middle of Oregon's rich, fertile Willamette Valley. Two brothers from Albany, New York settled Albany in 1848, and more than 500 of the town's early structures remain, and some can be toured during annual open houses in July and December. In early July, Albany celebrates its logging heritage with the World Championship Timber Carnival, with competition in tree climbing and topping, ax throwing and birling.

A popular pastime is touring the area's many covered bridges, and Oregon has the largest collection of covered bridges outside of New England. With a well-preserved historic district, Albany is also a mecca for antique shop-



Monteith House, built in 1849, Albany's first house, one of state's oldest.

pers.

Newport Recruiting Station is located in a bustling coastal community with a population of over 9,000. Its heart is along a working waterfront on Yaquina Bay where fishing fleets and fresh seafood markets coexist with galleries, gift shops, restaurants and family attractions. Across the bay is the acclaimed Oregon Coast Aquarium.

It was the former home of Newport's most famous citizen, "Keiko the whale," as well as the Hatfield Marine Science Center. Historic Nye Beach, with two lighthouses, museums and wide sandy beaches should be enough to keep the entire family entertained.

Roseburg Recruiting Station is located in Southwestern Oregon and is part of the hundred valleys of the Umpqua.



Yaquina Head Lighthouse, one of two lighthouses in Newport Oregon.



Crater Lake, with 25 miles of coast line, a short drive from Grants Pass.

In Roseburg, you can climb a mountain, raft a river, and catch a salmon in one of the most picturesque areas of the Pacific Northwest. The gentle climate creates limitless recreational opportunities among lush forests and cascading waterfalls. Roseburg has almost seven miles of paved bicycle/walking/jogging trails. Trails lead from Stewart Park to most areas of the City along the South Umpqua River, or through wooded areas.



Stewart Park, Roseburg, center for all recreational activities.

Corvallis is home to Oregon's other state-run university, Oregon State University. Located 40 miles south of Eugene along the I-5 corridor, the school is known for its medical, scientific and research programs, as well as their Division 1-A sports programs.

Vancouver Recruiting Company

“Welcome to Vancouver USA” not to be confused with Vancouver, British Columbia. Vancouver, Washington sits on the north bank of the magnificent Columbia River in Clark County, Washington. Framed by the picturesque Cascade Mountains to the east and the Columbia River to the south and west, Clark County is the southern gateway to



North Main Street Shopping District, Vancouver.

Washington State.

Just a bridge away from metropolitan Portland, Oregon, Vancouver is located on the Interstate 5 corridor that links all major West Coast cities from Canada to Mexico.

The Pacific Ocean and its expansive beaches is a quick 100 miles to the west.

The startling beauty of Mount St. Helens, the challenging ski slopes of Mt. Hood, and the scenic Mt. Adams Recreation Area are all just a short drive away.

Wet, mild winters and moderately dry summers are typical of Southwest Washington.

With an annual average temperature of 50 degrees Fahrenheit, Clark County offers year-round enjoyment of the beauty that is the Pacific Northwest.

Over 40 miles of river frontage set the tone for a community which values recreation and leisure as well as a vi-

brant, well-balanced economy.

Vancouver is a two-time winner of the prestigious All America City award.

Vancouver is located exactly where the Lewis and Clark Expedition first viewed the site back in 1805.

The journal entry recorded by Captain Meriwether Lewis on November 4, 1805, in reference to the present site of Vancouver reads, “This valley is the only desirable location for a settlement I have seen on the West Side of the Rocky Mountains.”

Twenty years later, on March 19, 1825, the Hudson’s Bay Company agreed with Lewis’ observation when they christened their company headquarters and established the first settlement.

They named the establishment Fort Vancouver in honor of Captain George



Old Historic Fort Vancouver, Vancouver, Washington.

Vancouver, who had discovered and explored much of the Pacific Northwest a generation earlier.

The Hudson's Bay Company saw the Columbia River as a favorable location to trap beaver and trade fur pelts. With the establishment of the Hudson's Bay Company's trading post at Fort Vancouver in 1825, Washington State's history was underway.

The trading post served as headquarters for the company's Columbia Department, which encompassed present-day British Columbia, Washington, Oregon, Idaho, and western Montana. The British-owned company enjoyed exclusive domain of the rich country by encourag-



Memorial Cannons on Officers Row, Fort Vancouver.

ing newcomers to settle north of the Columbia River, with hopes of establishing the Columbia River as the southern boundary of Canada.

However, as Americans migrated west, a boundary dispute developed. On June 15, 1846, a treaty between the United States and Great Britain gave the territory south of the 49th parallel to the United States. The first American troops arrived in May 1849, to maintain peace and protect American interests. Camp Vancouver became the regional command of the Department of the Columbia.

Such military notables as General Phillip Sheridan, General Ulysses S. Grant, General George Marshall, Gen-

eral George McClellan, and General Omar Bradley have lived and worked at Camp Vancouver.

Today, Vancouver incorporates the Fort Vancouver National Historic Site and is the the oldest continuous non-Native American settlement in the Northwest. The stockade and nine major buildings have been reconstructed in their original locations.

Together, they give visitors an idea of what life was like when Fort Vancouver was a trading center for Native Americans, Hudson's Bay Company employees, settlers, and visitors to the territory known as Oregon.

Just north of the Fort lies Officers



Restored Marshall House on Historic Officers Row, Ft. Vancouver

Row, a four-block neighborhood of 21 houses that dates from 1849 to 1906. It was from Officers Row that General George C. Marshall welcomed the first Russian transpolar flight in 1937. Here also, President James Polk established the first federal presence in the Oregon Territory.

Vancouver's citizens approved refurbishing the homes to preserve the oldest neighborhood in the Pacific Northwest for future generations. Today, Officers Row houses private residences and local businesses, including a folk art center.

Residents of Clark County have the opportunity to enjoy the quiet, tree-lined oasis just a grassy field away from

Fort Vancouver.

Vancouver is also home to the oldest living apple tree in Pacific Northwest (planted 1826), first saw mill in Pacific Northwest (1827), and oldest public square in Pacific Northwest (Esther Short Park, 1855).

Vancouver Company is made up of eight recruiting stations. Three stations are in Washington; Vancouver Main, Vancouver East, and Longview. Five stations are located in Oregon; Rose City in Portland, Hillsboro, Beaverton, Scappoose, and Astoria.

Longview Recruiting Station is located in Longview, Washington. Founded in 1923, Longview is a planned city and a leading industrial port. Monticello Convention Site, a small park at 18th, Maple and Olympia avenues, commemorates the place where the Cowlitz Valley and Puget Sound settlers met in 1852 to petition for the creation of a separate territory north of the Columbia River. Their wish was granted in 1853 when the Oregon and Washington territories were divided by an act of Congress.

The urban area consists of Longview and neighboring Kelso, the largest urban area in Cowlitz County. Cowlitz County leaped into the public spotlight in May 1980, when Mount St. Helens erupted.

Astoria Recruiting Station is located in Astoria, Oregon, a city of 10,000 people on the Columbia River, just a few miles from the Pacific Ocean. It is a nationally significant historic region at the western end of the Lewis & Clark Trail, and is the oldest American settlement west of the Rockies. Its architecture dominated by hundreds of Victorian homes clinging to steep wooded hillsides and with a revitalized 1920's era downtown.

Astoria is set against a backdrop of

tremendous natural beauty in the temperate rain forest at the mouth of the Columbia River. The beauty of the forest, mountains, three rivers and the sea surrounds it.

Just across Young's Bay is Warrenton, a city of 4,500, that encompasses Fort Stevens State Park and its broad, clean ocean beaches. Because of its steep hills and beautiful Victorian homes, Astoria has been called the "Little San Francisco of the Pacific Northwest."

Beaverton Recruiting Station is in Beaverton, Oregon, with its rolling hills, lush forests, rivers, and wetlands. Ocean beaches to the west, and mountain skiing to the east, are both little more than an hour away from Beaverton.



Mount St. Helens after May 1980 eruption.

In the city itself, there are 100 parks encompassing 1,000 acres. The city features 30 miles of hiking trails, a 25-mile network of bike paths, and there is a park located within a half mile of every home.

Located in the heart of the Tualatin Valley, midway between majestic Mt. Hood and the spectacular Oregon coast, Beaverton is just seven miles from Portland and all its big city amenities and activities.

Soar high over Oregon's wine country on a scenic hot air balloon flight, explore treasures of old at Washington County's historical sites and museums, or learn wine making from local experts.

Washington County is home to the largest number of fairs and festivals in Oregon.

Hillsboro Recruiting Station is in Hillsboro, Oregon, the county seat of Washington County, located 20 miles west of Portland.

Originally called East Tualatin Plains, Hillsboro was named for David Hill, an early settler, who was instrumental in Oregon becoming a state. The city is host to the Washington County Fair in late summer and the Oregon International Airshow, as well, which brings 80,000 or more people to Hillsboro Air-



Griffith Park, A Taste of Beaverton, annual event.

port each summer for one of the nation's best aerobatics extravaganzas.

The Hillsboro Rotary July 4 Parade is one of Oregon's largest and best, and the county fairgrounds are used year round for shows, exhibits and fairs of special interest groups.

The Hillsboro Farmers Market takes place in downtown Hillsboro from May to November. Farmers and crafters sell their produce and wares from wagons and truck beds parked alongside the sidewalks of the Courthouse Square.

Rose City Recruiting Station is located in the heart of the "Rose City," Portland, Oregon.



United States Army Parachute Team drops in on Hillsboro Air Show.

Portland is approximately 70 miles from the Pacific Ocean, where the Columbia River meets the Willamette River (WIL-LAM-IT), combining sparkling waterways with lush greenery rarely found in urban settings.

Portland's historic old town, galleries and museums, Saturday Market, and Waterfront Park can keep a person busy for weeks. The city is a short distance from spectacular Columbia Gorge, Multnomah Falls, Hood River, touring valley wineries, skiing at Mt. Hood, fish watching at Bonneville Dam, and all of the excitement of the Oregon coast.

Portland is known for its extensive park system of more than 200 parks. These encompass such areas as the elm shaded South Park Blocks in the down-



Portland's Union Station, one of the few stations left in the nation.



Portland Saturday Market, rain or shine is worth visiting.

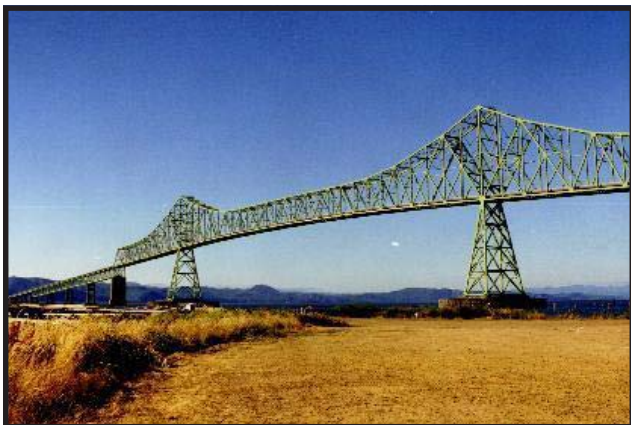
town area, Washington Park, home of the Rose Test Gardens, and Portland's biggest park, Forest Park, which is the largest park within a city in the U.S.

From the 46,000 acre Forest Park to the world's smallest park, a two-foot square called Mill Ends Park, Portland's park system offers many leisure and recreation opportunities.

Portland's award winning mass transit system is one of the most extensive and advanced in the U.S, incorporating buses as well as Portland's light-rail system called the "MAX." Also, short blocks make Portland a walker's paradise.

Public art and old-fashioned statuary, many fountains, bridges, and parks offer leisure and contemplation for the casual stroller. For the more adventurous, Forest Park has approximately 50 miles of trails.

Nightlife adventures in Portland are excellent and varied. On top of the list



Bridge from Astoria, Oregon to Megler, Washington.

is the internationally known Oregon Symphony. Portland also has many local pubs and brewhouses that feature jazz and blues.

The performing arts in the area offer ballet, Shakespeare, Broadway musicals, modern dance and much more.

Portland is home to the TrailBlazers professional basketball team, Portland Winter Hawks hockey, a AAA baseball for sports fans, and the Portland Timbers, a major league soccer team.

In 2001 Portland was named the Best City to Live in the United States.



Just one of the tranquil spots at the Japanese Garden, Portland.

One of the more popular outings in Portland is the "Spotlights Stroll" along Tom McCall Waterfront Park, with its lawns, outdoor cafes, river walks and marinas.

Enjoy the dancing waters of the Salmon Street Springs fountain, then walk a little farther to gaze at magnificent, snowcapped Mt. Hood.

Portland also features the world's largest bookstore, Powell's City of Books, as well as the Oregon Museum of Science and Industry (OMSI), an exciting, state of the art science center, including the giant screen Omnimax Theater, the laser art planetarium and many interactive exhibits.

Wilsonville Recruiting Company



Mt. Hood rising 11,235 feet, a dormant volcano, North America's only year round skiing area, part of 41,700 acre Mt Hood Wilderness Area.

Located at the top of the Willamette Valley, Wilsonville, the southern gateway to the Portland Metro Area, is home to Wilsonville Company Headquarters. It lies within driving distance of some of the area's most beautiful attractions, business centers, and transportation.

Gateway to Oregon's wine country, Wilsonville is situated in the lush horticultural growing area of Oregon. Wilsonville is also the location of several major technology companies.

With the Willamette River flowing through town and acres of public parks and gardens within the city, Wilsonville is a special place to work and live.

There are several popular auto tours for visitors. The Sherwood Loop tour takes you through the North Willamette

Valley. You'll see spectacular Mt. Hood, as well as visit the Caprice Farm Nursery. Caprice Farm features peonies, day lilies, hostas, and Japanese irises.

The next stop is historic Sherwood, home of many antique shops and boutiques. Outside of Sherwood, fresh fruits and vegetables can be purchased at roadside stands, or visit a winery tasting room for a flavorful end to your trip.

There are three other loop tours that originate from Wilsonville, each being a unique way to sample what the Wilsonville area has to offer.

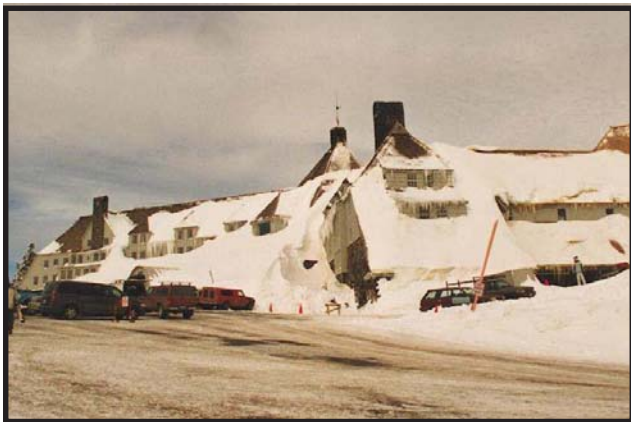
Wilsonville is only an hour away from all of the recreational opportunities of the Cascade Mountains and the ocean beaches. Also, the cultural, shopping and recreational activities of the Port-

land metropolitan area are just 17 miles north.

Wilsonville Company is made up of nine recruiting stations: Canby, Salem, South Salem, Eastport, Troutdale, Oregon City, McMinnville, Gresham, and The Dalles.

Four of the recruiting stations are located in close proximity to Portland.

Eastport Recruiting Station is in the Eastport Plaza Shopping Center. See the Rose City section for Portland area information.



Mt. Hood Timberline Lodge, or the house used in "The Shining."

Oregon City Recruiting Station is just a stone's throw from Portland. Nearby recreational excitement includes whitewater kayaking on the Clackamas River, or just fishing, hiking or mountain biking in one of the more than 100 parks in Clackamas County.

Access to the Willamette River waterfront is available via the Jefferson Street boat ramp and Elk Rock Island.

Gresham Recruiting Station is in Oregon's fourth largest city. Home of the Mt. Hood Jazz Festival, Gresham is known as "the City of Music."

Enjoy hiking or biking the many trails and parks or sensational golf on a championship course. Gresham and nearby Troutdale offer downtown shopping experiences from unique boutiques to national factory stores. Great dining and music await you at many distinctive restaurants.

A short drive away are the scenic Columbia River Gorge, the splendor of Mt. Hood or the cosmopolitan city of Portland.

The Mt Hood Jazz Festival is Oregon's largest jazz festival, featuring many world-renowned artists. Yamhill County's nearly 120 vineyards and 50 wineries, more than in any other county in the state surround McMinnville Recruiting Station. Yamhill County's wine makers consistently produce wines, which receive high honors in many American and international wine competitions.

Most of the areas wineries have tasting rooms open to the public, and since most of the wineries are located on picturesque hillsides, a wine tasting tour can be a delightful experience.

McMinnville is also home to the HK-1 Flying Boat (The Spruce Goose) built by Howard Hughes in the 1940s. It boasts a wingspan of 320 feet and is the largest wood-framed aircraft ever built.

Flown only once, the Spruce Goose arrived in McMinnville in February 1993 and is showcased in The Captain Michael King Smith Evergreen Aviation Educational Institute. The museum also features over 37 historic aircraft.

The McMinnville Downtown Historic District comprises 52 commercial buildings of architectural and historical significance.

The revitalization efforts of the



The famed Spruce Goose, now on permanent display in McMinnville.

McMinnville Downtown Association have made the downtown area one of the most charming and vital in the state.

Both Salem and South Salem Recruiting Stations are located in Oregon's capital city. The striking capitol building was built in 1938.

It is constructed mainly of Vermont marble, with a cylindrical tower topped by a burly gold-plated pioneer. Large marble sculptures are on each side of the main entrance. Covered wagons on one side and Lewis and Clark by Sacajawea on the other. On the backs of the statues are maps of the route of Lewis and Clark, and the Oregon Trail.

Inside the rotunda in the marble halls are paintings, murals and sculptures depicting important events in Oregon's history.

Another attraction in the Salem area is the Mission Mill Village Park. The park, covering 5 acres, has several historic houses, a woolen mill built in 1896, a machine shop, and the Marion County Museum of History.



Golden Pioneer atop Oregon Capitol Building, Salem, Oregon.

Bush's Pasture Park in downtown Salem is home to Bush House Museum, an Italianate Victorian house completed in 1878 and Bush Barn Art Center.

The art center has two galleries featuring works of local artists, including paintings, prints, ceramics, woodworks, basketry, jewelry and cards.

Hiking around and behind the ten wa-

terfalls at Silver Creek Canyon in Silver Falls State Park is a good day trip.

The lush greenery and the silvery cataracts of the falls are an incomparable sight, and a good place to picnic on a hot day.

Salem is also home of the Oregon State Fair.



Bush House Museum, Bush's Pasture Park in downtown Salem.

The Dalles Recruiting Station in The Dalles, Oregon, is known as the end of the Oregon Trail. Lying on a great crescent bend of the Columbia River, The Dalles was an outgrowth of its location.

The river narrows and once spilled over a series of rapids, which the French voyageurs christened les Dalles, or the trough. Much of the town's past lingers in its many 19th century homes and churches, as well as its local museums.

Recreational activities include nearby Deschutes River State Park, where



One of the ten falls at Silver Falls State Park.

white-water rafting, fishing, and windsurfing are popular.

The Dalles marks the fork in the trail for Oregon Trail emigrants. Those who chose the overland Barlow Road segment around Mount Hood turned south here, while the rest continued down the Columbia River.



On the midway of the Oregon State Fair, Salem.

The Dalles was where pioneers loaded their wagons onto rafts or barges and floated down the Columbia to the mouth of the Willamette River, then upriver to Oregon City.

The Dalles was also the site of Fort Dalles, established in 1850 to protect immigrants after the Whitman massacre, it was the only military post between the Pacific Coast and Wyoming. The only building left of Fort Dalles is the Surgeon's Quarters, which has been incorporated into the Fort Dalles Museum. Fort Dalles Museum features a collection of military artifacts, household goods and old medical equipment.

Sorosis Park is a 15-acre park located high above The Dalles on the cliffs. It's worth visiting just for the view of the river, the town and the mountains, but the park also has picnic tables, a playground, rose gardens and tennis courts.

A free train rides from Seufert Park interpretive center to tour The Dalles Dam.

Built in 1957, this hydroelectric facility produces enough electricity to serve a city the size of Seattle. The interpretive center has local history exhibits, as well as hydroelectric displays about the dam, the world's fourth largest hydroelectric project.

Recreation in The Dalles area includes windsurfing, fishing and camping. The Dalles has a reputation for being the best place to learn windsurfing. A favorite windsurfing starting point is Celio Park, nine miles east of The Dalles. Anglers can try for walleye and sturgeon in the Columbia River.



The Dalles Dam, fourth largest hydroelectric project in the world.

Honolulu Recruiting Company

Aloha! That's the Hawaiian word for hello, or goodbye. Honolulu Company is located in Honolulu, on the Island of Oahu, Hawaii.

There are nine recruiting stations and covering all major islands of the Hawaiian Chain. The company commander, five noncommissioned officers and four civilian support personnel staff the Company Headquarters.

Honolulu Company is located in Prince Kuhio Federal Building in downtown Honolulu with the MEPS Center located at Pearl Harbor.

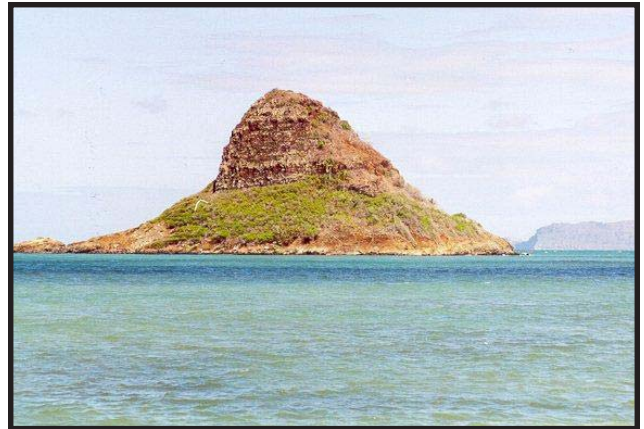
Hawaii is a string of 137 islands encompassing a land area of 6,423 square miles in the north central Pacific Ocean.



Waikiki Beach, Oahu, with Diamond Head in the background.

The Hawaiian Islands are about 2,400 miles southwest of the west coast of the continental United States. Stretching from northwest to southeast, the major islands are Nihau, Kauai, Oahu, Molokai, Lanai, Kahoolawe, Maui and Hawaii.

For most purposes, the City and County of Honolulu is the "Island of Oahu." Known as the "Gathering Place,, Oahu has a land area of 597.1 square miles. It is the center of business and government for the State of Hawaii.



A view of China Man's Hat Island from a quiet beach.

Downtown Honolulu is Hawaii's financial center while Waikiki, the world-famous tourist destination, is only a few miles away. Smallest of the four counties in geographical size, it has three-fourths (872,478) of the State's population (1.2 million).

There are five recruiting stations on Oahu: Kapiolani in Honolulu, Pearlridge in Aiea, Kapolei in Kapolei, Kaneohe in Kaneohe, and Mililani in Mililani.

While Oahu may be small, there is plenty to do. There are endless miles of quiet beaches, wild surf, and natural beauty to absorb.

Waikiki, the tourist capital of Hawaii, is a fun place and only a short distance to the Honolulu Zoo and Diamond Head.



USS Arizona, Pearl Harbor, operated by the National Park Service.



Natural beauty is plentiful at Waimea Falls Park on Oahu.

A short drive from Waikiki are Pearl Harbor, and the USS Arizona Memorial.

The memorial, only accessible by boat, straddles the remains of the USS Arizona, which was sunk during the attack on Pearl Harbor, December 7, 1941. Inside the memorial you can read all the names of those who died that fateful day.

Waimea Falls Park is a historic nature park on 1,800 acres, over 6,000 species of plant life, 45-foot waterfall, bird sanctuary, hiking trails, swimming, and archaeological ruins.

Ehukai Beach Park is where you find the famous Banzai Pipeline.



Surfing Banzai Pipeline on Oahu's North Shore is not for the weak.

When surfers think of the Banzai Pipeline they think of the greatest, most challenging waves in the world. This beautiful tubed surfing break got its name in the late 1950's, when Bruce Brown, a famous surf cinematographer, shouted out "Banzai" while narrating the film "Surf Safari" as a surfer dropped in on a particularly vicious wave. When it's "cranking," the surf, besides being the most spectacular in the world, can also be the most dangerous. The waves are steep and powerful and can come up within seconds. They also break furiously on the shallow reef, the cause of many broken bones and lacerations. This beach has some of the best sandbar type surf on Oahu.

During calmer periods, usually during the spring and summer, swimming is good; otherwise it's very hazardous, so take good care.

The other three recruiting stations in Hawaii are located on the islands of Hawaii, Kauai, and Maui.

Hilo Recruiting Station is on the Island of Hawaii, the largest island in the Hawaiian Islands. It was formed by five volcanoes, two of which are still active (Mauna Loa and Kilauea).

It is known as the "Big Island" and as the "Orchid Isle." With a land area of 4,028 square miles, it is twice the size of all the other islands combined.

Kilauea Volcano, the world's most active, is constantly adding acres of lava to the youngest island in the Hawaiian chain.

Ka Lae, on the Big Island, also known as South Point, is the southern most point in the U.S.

Mauna Kea, which rises 13,796 feet above sea level, is the world's tallest mountain when measured from its submarine base. It is often snowcapped in winter. On the Big Island, one can

literally go skiing in the morning and surfing in the afternoon.

The Island of Hawaii is believed to have been first inhabited by Polynesians around the fifth century and by AD 1000 coastal areas were fairly well established. First contact with non-Polynesians occurred in 1527, when a Spanish vessel wrecked off the coast of South Kona.

The captain of the ship and his sister survived to intermarry with native Hawaiians, founding a line of chiefs. Captain James Cook made his initial visit to South Kona's Kealahou Bay in



Kamehameha I first Hawaiian chief to rule the Hawaiian Islands.

1779, and was killed after a skirmish with natives that same year.

Kamehameha I, also known as Kamehameha the Great, was the first Hawaiian chief to gain control of and rule the Hawaiian Islands.

For many years, Kailua-Kona was his favorite residence and he died in

1819, at Kamakahonu Bay. You can see the original statue of Hawaii's first ruler at Kapaau, in North Kohala, the place of Kamehameha's birth.

Replicas of these statues are also on display in Hilo at Wailoa Park and on Oahu in front of Iolani Palace.

The first Christian missionaries arrived on the island of Hawaii in 1820, and the first Christian church in Hawaii was built in Kailua-Kona. Today, Mokuauia Church is home to an active congregation, its spire a landmark in this seaside town.

Kauai Recruiting Station is on the island of Kauai, the Garden Isle. Kauai is the oldest of the inhabited Hawaiian Islands. Because of its age, Kauai was the first of the five major islands to develop the lush forests and vegetation that the world has come to associate with Hawaii. Erosion has created some of the most dramatic landscapes in the islands while reducing what was once a truly massive volcano (Waialeale) to a height of about 5,000 feet at its summit.

Kauai's inhabitants were the first Hawaiians to come in contact with Europeans, when Captain Cook landed near Waimea in 1778. The first major sugar plantation in Hawaii was located here in the 1830's. It is not heavily populated or developed, and its resort areas are concentrated in only a few locations around the island.

Among the natural attractions of Kauai is Waimea Canyon, known as the Grand Canyon of the Pacific. It is a huge, lush rift a few miles inland from the Na Pali Coast on the leeward side of the island. Ten miles long and 2,000-3,000 feet deep, the canyon offers breathtaking views, spectacular waterfalls and some of the densest rainforest in Hawaii.

Further inland from Waimea Canyon is what may be the wettest spot in the



Waimea Canyon, Grand Canyon of the Pacific, Kauai.

world, on the northeast slopes of Waialeale. This area receives in excess of 450 inches of rain annually.

Maui Recruiting Station is on the island of Maui, the Valley Isle, second largest of the populated islands.

Maui County includes the islands of Kaho'olawe, Molokai and Lanai. Molokai and Lanai, lying just to the west, were once part of Maui. These islands were formed by a group of six volcanoes.

The largest of these, Haleakala in central Maui rises more than 10,000 feet above sea level and offers spectacular views when it isn't fogged in. The islands were separated from one another when sea levels rose and flooded the deep valleys between the volcanoes.

The channel between Maui, Molokai and Lanai is much shallower than the surrounding ocean, and provides shelter for a great variety of marine life. Magnificent humpback whales populate the channel during the winter months, giving birth to their calves.

According to legend, it was the demigod Maui who fished the islands out from the ocean, and who forced the sun to slow its travels across the skies so that Maui's people could enjoy the warmth, and have time to fish and farm.

The island is divided into several distinct geographic areas. West Maui is

isolated from the rest of the island by the mountainous remnants of one of the volcanoes that helped create the island.

The dormant volcano, Haleakala ("House of the Sun" in Hawaiian) dominates Central Maui.

Although the volcano has not erupted in almost three hundred years, it is not considered inactive.

Lahaina, on Maui's West Coast, a thumb-shaped peninsula was the first capitol of the Nation of Hawaii.

West Maui, inland from the beaches and resort areas, is still ranch country, reminiscent of the mainland Southwest, and sometimes of the Scottish highlands, but most often of nowhere else in the world.



Humpback whales visit Maui during the winter months.

The windward (east) shore gets a lot of rain so the area is quite tropical with lots of lush vegetation and jungle.

Wainapanapa Park, which is generally not crowded, has a perfect little black sand beach.

Guam Recruiting Detachment

Guam Recruiting Detachment is located in Agana, Guam, where Americas day begins. Since time immemorial Agana has been the seat of government on Guam. Guam is also called Guahan, (we have) in the language of the Chamoru people.

The taotao tano' (people of the isle) have named areas on Guam to correspond to parts of the human body. Chamorro legends tell of Fu'una who used the parts of her dying brother's body to create the world.

His eyes were the sun and the moon, his eyebrows were rainbows, his chest the sky and his back the earth. She then turned herself into a rock, from which all humans originated.

Agana (or Hagåtña) means blood. It is the life-blood of a larger body called

Guahan or Guam. Hagåtña is the life-blood venue for government.

Fort Santa Agueda, (also known as Fort Apugan or Fort Kasamata), built in the 1800's, affords a splendid view of Hagåtña and Hagåtña Bay.

Government House is the official residence of Guam's Governor and is adjacent to the fort's sprawling grounds. The history and natural beauty of Guam offer numerous sights of interest. The graceful remains of Spanish buildings, plazas, bridges, and the site that the Seal of Guam was patterned after, may be seen in Hagåtña.

Agana is also the site of the Dulce Nombre de Maria Basilica from which Archbishop Anthony Apuron guides the Catholic churches on Guam.

Other sites to visit are the Chief Quipuha statue (Kepuha's legacy and Guam's Spanish History) adjacent to the boat basin, the statue of liberty, Plaza de Espana, Guam Museum and the new Sagan Dinana' or the new Agana Chamorro Village known also as the Farmer's market.

American Samoa Recruiting Station is located in Pago Pago, American Samoa, "Where America's day ends and Polynesia begins." American Samoa is a small archipelago that occupies only 76 square miles of land.

Five of the main islands (Tutuila, Ta'u, Ofu, Olosega, Aunu'u, Nu'utele) are volcanic, with rugged peaks, narrow coastal plains and fringing reefs.

Swain's and Rose Islands are coral atolls. The islands' volcanoes inactive since 1911, have sculptured the land and left an intriguing land formation, including lava tubes to explore.

On Tutuila, the largest island, a huge volcano's calderas formed one of the



Wainapanapa Park black sand beach.

deepest and best-protected harbors in the South Pacific.

Most people live in villages along the narrow coastal plains, living off the sea



Talofofo Falls, one of many beautiful sites to see on Guam.

and cultivating agriculture in the plains and nearby hills. Half the island chain is still covered with tropical forests and woodlands that are home to wildlife and birds.

The exact date is unknown and will probably remain so forever, but, sometime around 600 BC, Polynesians had already established themselves on the eastern tip of Tutuila near the present day village of Tula.

Evidence suggests that the first inhabitants came from the west, possibly by way of Indonesia, the New



View of Pago Pago Harbor, American Samoa.

Hebrides, and Fiji before they sailed eastward to Tonga and Samoa.

Dutchman Jacob Roggeveen happened upon the islands in 1722. Roggeveen, however, fixed the position of the island group inaccurately and sailed away without landing.

The Samoas remained hidden for forty years until they were rediscovered in 1761. Out of the way of heavy shipping traffic that transgressed the Pacific in the early 19th century, Samoa escaped official European interest until the 1830's.

Then suddenly, as if Samoa's potential was realized overnight, Samoa became enveloped in a final wave of colonial expansion. European powers and the United States though officially opposed to colonization, were nevertheless looking for suitable harbors in the area. The U.S. took Tutuila, specifically to use Pago Pago Bay as a coaling station.

In 1940, Pago Pago and the Samoan Islands became a staging area for the United States Marine Corps prior to the major advance against Japan during World War II. The main attraction to American Samoa is the sand, sun, and coral seas.

Korea Recruiting Station is located in Camp Coiner, Yongsan, Republic of Korea; a stones throw from Seoul.

Seoul, capital of South Korea and the world's fifth largest city, has taken its place as one of Asia's ultra-modern metropolises with Tokyo and Bangkok.

A closer look, of course, proves this modernity slightly misleading, as nestled among the many skyscrapers, crowded streets and bumper-to-bumper traffic are plenty of ancient temples, palaces and other landmarks illustrating Seoul's more authentic and atmospheric character.

Seoul, divided by the Han River and

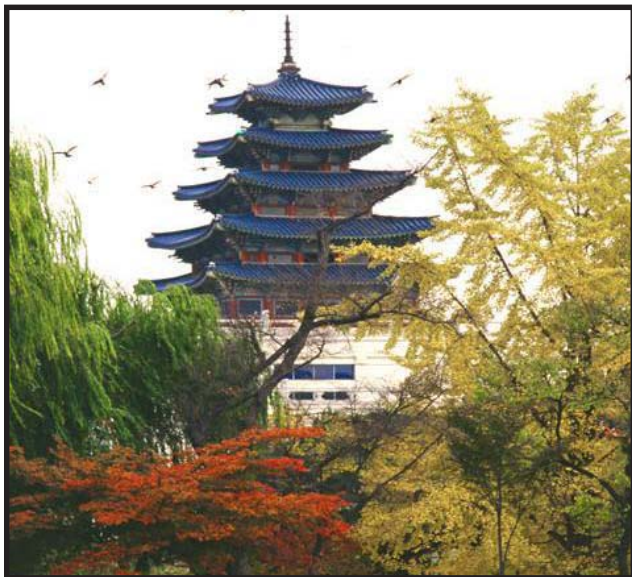
surrounded by spectacular pine covered mountains is graced with one of Asia's most stunning natural settings.



Modern downtown Seoul, one of Asia's ultra-modern metropolises.

Seoul is a collection of neighborhoods, with high-rises, department stores and hotels in every section; there are no suburbs. The city suddenly ends in hills or rice fields.

Japan Recruiting Station is on Camp Zama, Japan. Camp Zama is located



A view of an ancient temple in Central Park, Seoul, Korea.

about 25 miles southwest of central Tokyo in the cities of Zama and Sagami-hara in Kanagawa Prefecture, Honshu, Japan.

Camp Zama is known locally as "the jewel of the orient." At first glance Camp

Zama could easily be mistaken for a vacation resort. Beautiful trees line the streets and surround the area. During spring, cherry blooms add to the beauty of the base.

There is also an award winning 18-hole golf course and a fishing pond (Dewey Park) located right on the base. Tokyo, less than one hour away by train, has many interesting things to do and see.

Recruiting Terms

ASVAB - (Armed Services Vocational Aptitude Battery)

A series of tests that determine vocational aptitude of applicants.

ATC - (Annual Training Conference)

A battalion conference held annually to conduct refresher training, present awards, and inform recruiters and families of new programs, incentives, and benefits.

BLT - (Battalion Leadership Team)

The recruiting battalion commander, executive officer, and battalion command sergeant major.

CLT - (Company Leadership Team)

Consists of the company commander and company first sergeant.

COI - (Center of Influence)

Individuals other than Active Army or Reserve members who, by virtue of their relationship with and access to enlistment age youth, are capable of directly or indirectly influencing these youth to seek more information about Army enlistment opportunities.

Combined Box -

Reserve and Active Army total mission box.

DEP - (Delayed Entry Program)

Applicants delay entry into the US Army, while still in school or awaiting school for MOS.

DEP Loss -

A member of the Delayed Entry Program who fails to ship for personal or medical reasons.

Lead -

Information pertaining to a potential prospect for the Army.

MEPS - (Military Entrance Processing Station)

The joint service facility which conducts final physical examinations and mental tests of all service applicants, effects enlistment, processing and ships to appropriate reception or duty station.

Mission Accomplishment -

Fulfilling minimum requirements of mission box.

Mission Box -

Format depicting the assignment of the recruiting mission category (Regular Army and the Army Reserve) from Headquarters, Department of the Army down to recruiters.

MOS - (Military Occupation Specialty)

A term used to classify a grouping of duty positions with close occupational or functional relationships.

79R - Designated MOS code for Regular Army (AR) Recruiter Noncommissioned Officer.

Planning Guide -

An essential recruiter management tool. Recruiters plan daily and monthly activities. Also called MANDEX.

PMS - (Production Management System)

How many appointments a recruiter makes, conducts, and ultimately enlists in the Army.

Prospect -

An individual who has directly indicated interest in an enlistment or commission to a recruiter.

SAARC - (Station After Action Report)

Station commanders brief the battalion commander on station mission achievement.

USAREC - (United States Army Recruiting Command)

Useful Web Sites

LifeWorks Online, the comprehensive source to help you face life's everyday challenges.

www.lifeworks.com

USER ID: Army PASSWORD: 5000

AFTB Army Family Team Building

www.armyfamilyteambuilding.org

American Red Cross

www.redcross.org

Army Family Action Plan

<http://trol.redstone.army.mil/mwr/afap>

California Department of Motor Vehicles

www.dmv.ca.gov/dl/dl.htm

California Employment

www.edd.cahwnet.gov

Defense Link

www.defenselink.mil

E-Medicine Online

www.emedicine.com

E-Safety Parenting

www.esafety.com

Federal Consumer Information Center

www.pueblo.gsa.gov

Hawaii Department of Labor

www.dlir.state.hi.us

Hawaii Division of Motor Vehicles

www.co.honolulu.hi.us/mvl

Madigan Army Medical Center

www.mamc.amedd.army.mil

Maingate (relocation)

www.afcrossroads.com

Military Spouse Information

www.usarec.army.mil/msis

Military Teens On The Move

<http://trol.redstone.army.mil/mtom>

Money.com

www.money.com/money

National Health Information Center

www.health.gov/nhic

National Safety Council

www.nsc.org

Naval Ophthalmic Support Activity

<http://138.143.250.101/nostra>

Office of Personnel Management

www.usajobs.opm.gov

Useful Web Sites

Oregon Department Of Transportation	www.odot.state.or.us/dmv
Oregon Employment Department	www.emp.state.or.us
PERSCOM Online	www.perscom.army.mil
Poisonous Plants (Safety)	www.ansci.cornell.edu/plants/plants.html
Pubs and Forms	www.usapa.army.mil
Phone Numbers QWESTDEX	www.qwestdex.com
Soldier Family Assistance Branch	www.usarec.army.mil/hq/hrd/SFA
Tenants Legal Center	www.tenantslegalcenter.com
The Army Family Liaison Office	www.hqda.army.mil/acsim/family
TRICARE Military Health System	www.tricare.osd.mil/tricare
TRICARE Family Member Dental Plan	www.ucci.com/tdp/tdp.html
United Concordia Provider List	www.ucci.com
USAREC Command	www.usarec.army.mil
US Representatives	www.house.gov
US Senators	www.senate.gov
Veterans Affairs	www.va.gov
Virtual Drug Store	www.virtualdrugstore.com
Washington Department Of Licensing	www.wa.gov/dol
Washington State Employment Security	www.wa.gov/esd
Welcome To The Military Assistance Program	http://dticaw.dtic.mil/mapsite/
Zip Codes	www.usps.gov/ncsc/lookups

TRICARE

DO NOT DISENROLL FROM YOUR CURRENT TRICARE PROGRAM BEFORE YOU TALK TO PORTLAND ARMY RECRUITING BATTALION SOLDIER FAMILY SERVICE/ HEALTH BENEFITS ADVISOR 1-800-790-0963 EXT. 64.

What is TRICARE?

In response to the challenge of maintaining medical combat readiness while providing the best health care for all eligible personnel, the Department of Defense introduced TRICARE.

TRICARE is a regionally managed health care program for active duty and retired members of the uniformed services, their families, and survivors.

TRICARE brings together the health care resources of the Army, Navy and Air Force and supplements them with networks of civilian health care professionals to provide better access and high quality service while maintaining the capability to support military operations.

TRICARE is being implemented throughout the U.S., Europe, Latin America and the Pacific as a way to:

- Improve overall access to health care for beneficiaries.
- Provide faster, more convenient access to civilian health care.
- Create a more efficient way to receive health care.
- Offer enhanced services, including preventive care.
- Provide choices for health care; and
- Control escalating costs.

Who is Eligible for TRICARE?

Active duty members and their families, retirees and their families, and survivors of all uniformed services who are not eligible for Medicare.

If you have other primary health care insurance, **TRICARE Prime** may not be your best option.

The Health Benefits Advisor is available at battalion headquarters to help.

TRICARE offers eligible beneficiaries three choices for their health care:

***TRICARE Prime** — Wherever contracted doctors and clinics are available.

TRICARE Extra — a preferred provider option that saves money.

TRICARE Standard — a fee-for-service option (the old CHAMPUS program).

The main challenge for most eligible beneficiaries is deciding which **TRICARE** option, **Prime**, **Extra** or **Standard**, is best for them.

Active Duty personnel are enrolled in **TRICARE Prime** and pay no fees.

Active duty family members pay no enrollment fees, but they must choose a **TRICARE** option and apply for enrollment in **TRICARE Prime**.

There are no enrollment fees for active duty families in **TRICARE Prime**.

***TRICARE Prime Remote** — All active duty soldiers will sign up for this program when they in-process if they are not already enrolled. This option allows the soldier to go to any **TRICARE** certified doctor or clinic contracted to accept Prime as full payment with no cost share or co-pay.

Emergency Medical Care

SOLDIER: An emergency is defined as a medical treatment to prevent undue suffering. Emergency care may be received from civilian sources without prior authorization.

NOTE: Urgent Care is defined as non-life threatening care that is still an immediate need. Care must be pre-authorized by a call to the TRICARE Healthcare Finder prior to receiving care from anyone other than your primary care manager.

Follow-up visits after emergency care must be approved with a control number from the primary care provider or health care finders.

FAMILY MEMBERS: Emergency care under CHAMPUS plan is handled with a phone call to the health care finders in your area to obtain an authorization number within 24 hours.

Exceptional Family Member Enrollment

Enrollment in the Exceptional Family Member Program entitles the soldier consideration during the assignment process for the special education and medical needs of the EFM. When possible, the soldier will be assigned to an area where the special needs can be accommodated. The EFMP is designed to include all eligible family members at any age with special needs. Enrollment is valid for three years.

The enrollment process consists of three forms to be completed by the parent, attending physician and the school counselor if the child is school age. The paperwork is sent through the Army Servicing Post to Ft. Sam Houston, Texas.

The forms and assistance can be obtained from the Administrative Section in Battalion Headquarters. If you have a family member with medical special needs, you are strongly encouraged to participate in this program.

Important TRICARE Numbers

	Region 11 Oregon and	Region 10 & 12 California and
Beneficiary Services	800-404-2042 press 2	800-242-6788 press 1
Health Care Finders	800-404-2042 press 3	800-242-6788 press 2
Health Care Information	800-750-6947	800-750-6947
TRICARE Mental Health	800-404-5076	800-327-2133 press 1 ext. 6700
TRICARE Enrollment Questions	800-982-0028 press 2	800-982-0028 press 3
TRICARE Claims Information	800-404-0110	800-242-6788 press 1
Mail Order Pharmacy	800-903-4680	800-903-4680
United Concordia Dental (Active Duty Family)	800-866-8499	800-866-8499
Portland Soldier Family Assistance Coordinator	503 256-9060 800-790-0963 press 6 then 4 FAX 503-256-0015	503 256-9060 800-790-0963 press 6 then 4 FAX 503-256-0015
	Foundation Health TSC-Portland 5285 S.W. Meadows Road Suite 194 Lake Oswego, OR 97035	TRICARE Service Center 9th Medical Group 15301 Warren Shingle Road Beale AFB, CA 95903-1907



Poison Control Hot Lines

Poison control hot line centers offer immediate help if children or other family members swallow medicine or other household substances.

Poison control center staff can tell you whether a substance is toxic and how to treat the person who consumed it.

All the following numbers are answered 24 hours a day.

Poison Center Emergency Phone Numbers

California Poison Control System 800 876-4766

Hawaii Poison Center 808 941-4411

Oregon Poison Center 800 452-7165

Washington Poison Center 800 732-6985

Medical authorities say you should call a hot line even if the victim shows no signs of illness, because symptoms sometimes are delayed. Have the product nearby so you can spell its name to the staff member. **Keep Syrup of Ipecac** in the house but don't use it to induce vomiting unless you are instructed to do so; vomiting sometimes can be harmful.



The American Red Cross provides assistance in emergency conditions. Service is provided for soldiers as well as family members. Some of the services include:

Emergency communications to service members and their families worldwide
Counseling services
Emergency Financial assistance, grants and Army Emergency Relief
Various community services
Emergency leave verification

The American Red Cross can also act as a single point of contact for other volunteer programs in the area for those in need of assistance or wishing to get involved in their communities.

Eugene Company

Lane County Chapter
150 E 18th Ave.
Eugene, OR 97401-4160
Phone: 541-344-5244

Deshutes County Chapter
P.O. Box 6839
Bend, OR 97708-6839
Phone: 541-382-2142

Mid-Valley Chapter
3388 SW Pacific Blvd.
Albany, OR 97321-7707
Phone: 541-926-1543

Lincoln County Chapter
P.O. Box 1276
Newport, OR 97365-0000
Phone: 541-265-7182

Rogue Valley Chapter
60 Hawthorne St.
Medford, OR 97504-7114
Phone: 541-779-3773

Douglas County Chapter
870 NE Alameda
Roseburg, OR 97470-0000
Phone: 541-673-3255

Vancouver Company

Clark County Chapter
3114 E Fourth Plain Blvd.
Vancouver, WA 98661-4660
Phone: 360-693-5821

Clatsop County Chapter
714 Exchange St.
Astoria, OR 97103-4626
Phone: 503-325-4721

Oregon Trail Chapter
P.O. Box 3200
Portland, OR 97208-3200
Phone: 503-284-1234

Cowlitz-Wahkiakum County Chapter
1265 14th Ave.
Longview, WA 98632-3018
Phone: 360-423-7880

Wilsonville Company

Oregon Trail Chapter
P.O. Box 3200
Portland, OR 97208-3200
Phone: 503-284-1234

Willamette Chapter
1290 Hoyt St. SE
Salem, OR 97302-2121
Phone: 503-585-5414

Columbia Gorge Chapter
106 E 4th St.
The Dalles, OR 97058-1802
Phone: 541-344-5244

Honolulu Company

Hawaii State Chapter
4155 Diamond Head Rd.
Honolulu, HI 96816-4417
Phone: 808-734-2101

Over Seas APO Zips
430 17th Street NW
Washington, DC 20003
Phone: 202-639-3000

Guam Chapter
P.O. Box 2936
Agana, GU 96910-2936
Phone: 671-472-6217

American Samoa Chapter
P.O. Box 2635
Pago Pago, AS 96799-2635
Phone: 011-684-633-7439

Housing Information

Most will need to obtain housing in the civilian market you are assigned to.

For many of you this will be your first encounter living away from a military community since becoming a member of a military family.

In some ways, this can be as much of a culture shock as being sent overseas.

A military community is geared to support the military mobile life-style.

In a civilian community, you will spend more time locating resources.

A good place to start would be the Defense Technical Information Center web site for Basic Allowance for Housing (BAH), for current rates at www.dtic.mil/perdiem/bah.html.

There you can put in the zip code of your assigned location and be shown BAH for single and with dependents.

Ask your sponsor to send you the housing section of the local newspaper and home and apartment guides for the area.

Another good source of information would be the local Chamber of Commerce.

An on-line search can get you to the Chamber of Commerce home page for the area you are assigned.

You can send them an email asking for information to make your move to the area a little easier.

When you start looking for a place to live there are a few things you want to keep in mind.

* Consider the cost of utilities, lawn care, and yes, snow removal in some areas, when determining where you will live.

These expenses can quickly deplete your monthly budget.

If utilities are included in a lease agreement, ensure that it is stated in the lease agreement.

* Check on rental security deposits and hook up fees too.

* Check leases carefully for hidden costs, availability of appliances, and repair and maintenance responsibility.

**** Make sure the lease has a military clause that allows you to cancel your lease with official military orders.***

* Talk with your sponsor and others assigned to your station and company, as well as battalion headquarters family support.

Other points worth considering are:

What distance are the schools from your new residence?

Is school busing provided by the school district?

If transportation is provided by the district, how safe and secure is it?

Does the school district or local school provide classes and transportation for children with special needs?

What type of fees does the school require for classes, extracurricular activities, books, busing, meals, etc.?

Where are the nearest hospitals, police and fire departments?

You might want to get a crime report for the neighborhood you are planning to move to.

Are there day care facilities nearby?

What local youth and family recreational activities and facilities are available, and what cost is involved?

In the event you purchase a home all this advice applies and more.

You may want to know the property taxes in your area, they can vary from school district to school district and county to county.

What are the zoning laws for making improvements or additions to your property, keeping animals, or operating a business from your residence?

Are there additional fees for property maintenance of common areas, homeowner associations fees, or other community fees not assessed through taxes?

Many homes are covered by covenants, bylaws, and or restrictions that limit what activities are allowed.

Good Luck!

Portland Recruiting Battalion Directory

Portland Battalion Headquarters

Command Section (503) 256-1431/1433
Soldier Family Services Coordinator (800) 790-0963X64
 (503) 256-9060
FAX (503) 256-0015
Administration/Logistics Section S-1/S-4
FAX (503) 256-2572
Adjutant/Administration (503) 256-2215
Personnel (503) 256-2215
Budget/Travel (503) 256-2258
Supply/Motors (503) 256-2205
Advertising and Public Affairs A&PA (503) 256-1436
Operations Section S-3 (503) 256-1814
FAX (503) 265-2229
Education Services ESS (503) 256-1433
Information Management IM (503) 256-2282
Army Guidance Counselors RT (503) 256-3246

Honolulu Recruiting Company

Company HQ 6H5 (808) 541-1615
Company Secretary (808) 541-1631
Operations Section S-3/RT (808) 541-1616
Advertising and Public Affairs A&PA (808) 541-1627
Education Services ESS (808) 541-1628
Personnel (808) 541-1615
Supply (808) 541-1639
FAX (808) 599-1883
Kapiolani RS/6H5D (808) 589-2176
Hilo RS/6H5H (808) 935-5794
Kauai RS/6H5I (808) 246-2446
Kaneohe RS/6H5N (808) 235-6491
Pearlridge RS/6H5P (808) 486-3331
Maui RS/6H5S (808) 877-0448
Kapolei RS/6H5W (808) 674-2586
Mililani RS/6H5M (808) 623-8549

Eugene Recruiting Company

Company HQ 6H1 (541) 342-1191/1192
Springfield RS/6H1A (541) 747-0048
Bend RS/6H1B (541) 389-1142
North Bend RS/6H1G (541) 756-0484
Eugene RS/6H1K (541) 345-3877
Albany RS/6H1L (541) 926-2699
Newport RS/6H1N (541) 574-9101
Grants Pass RS/6H1P (541) 479-0025
Roseburg RS/6H1V (541) 672-6718

Guam Recruiting Detachment

Detachment HQ 6H7/Guam RS/6H7G (671) 344-9813
Japan RS/6H7J 011-81-3117-63-5221
American Samoa RS/6H7S 011-684-633-1616
Korea RS/6H7K 011-822-797-7006

Vancouver Recruiting Company

Company HQ 6H2 (360) 256-3386
Astoria RS/6H2A (503) 325-9042
Vancouver East RS/6H2B (360) 260-3517
Beaverton RS/6H2G (503) 646-2100
Longview RS/6H2P (360) 423-3090
Rose City RS/6H2Q (503) 284-4005
Hillsboro RS/6H2T (503) 640-8617
Vancouver RS/6H2W (360) 256-1804

Redding Recruiting Company

Company HQ 6H6 (530) 722-0265
Red Bluff RS/6H6B (530) 529-3011
Crescent City RS/6H6C (707) 465-6055
Chico RS/6H6D (530) 891-8053
Eureka RS/6H6E (707) 443-3019
Klamath Falls RS/6H6K (541) 882-9442
Redding RS/6H6R (530) 221-6116
Medford RS/6H6S (541) 773-8026
Yreka RS/6H6V (530) 841-0182

Wilsonville Recruiting Company

Company HQ 6H3 (503) 682-6104
South Salem RS/6H3E (503) 364-0174
Eastport RS/6H3G (503) 257-9950
Milwaukie RS/6H3M (503) 659-1525
McMinnville RS/6H3N (503) 472-0451
The Dalles RS/6H3S (541) 296-5764
Gresham RS/6H3S (503) 666-9558
Salem RS/6H3U (503) 362-7540

Other Important Numbers

Army Guidance Counselors
 Portland (503) 288-4434
 Honolulu (808) 471-3819
 Guam (671) 344-9842
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US Army 6th Recruiting Brigade (702) 639-2006

Headquarters USAREC (800) 223-3735 4 Plus Extension

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