



Lab and Shipping Instructions for Lab and Family

Blood samples must be drawn on Monday, Tuesday, or Wednesday and shipped on the same day.

The family should be sure that Vanderbilt research staff is notified and aware that shipment will come next day.

Please be sure to have either an email okay or a verbal okay from the VEDC TrialNet office staff.

Please do NOT just leave a message. If any doubt, call 615-484-1825

The Lab should:

1. Use one 9.5ml red tiger top tube provided in lab kit. (Tube must fill at least halfway) Make sure tube is marked with first three letters of subject's first name and date of birth. (A second tube is included as a backup.)
2. After the blood sample has been drawn invert the tube 5-6 times. DO NOT SPIN. (It isn't necessary to spin, but if you forget and spin, that's okay)
3. **Either the Family or the Lab staff can prepare Specimen for Shipment:**
 - Wrap each tube in tissue paper
 - Return the wrapped tubes to the Styrofoam container
 - Put the Styrofoam container into the white cardboard box
 - Put the cardboard box into the Ziploc biohazard bag and seal the bag
 - Put the paperwork (the client copy of the LabCorp requisition) along with the Ziploc bag into the FedEx Clinical Pack. (LabCorp keeps the top original and we should get the second page copy.)
 - Family may have screening and originals of consent forms to include if not previously sent.
 - Ensure that the Clinical Pak is marked on the back side in the box indicating that this shipment IS a Biological Substance Category B.
 - Complete the Sender's information on the Airbill
 - Affix the pre-printed/pre-paid FedEx Airbill to the outside of the Fed Ex Clinical Pak envelope.
 - Keep the top copy of the airbill for your records. TrialNet will pay for the shipping via a third party account.
4. **Ship Specimen:** The completed clinical pack can be placed in a Fed Ex drop box before that evening's pickup time.
Or you can Call Fed Ex at 1-800-463-3339, say "representative" to arrange pick-up at a business location.
Ship **unfrozen the same day** at room temperature using FedEx Priority Overnight on **Monday-Wednesday only.** (Do not ship if the next day will be a U.S. federal holiday).
 - Ship to: Vanderbilt Eskind Diabetes Pediatric Clinic, Type 1 Diabetes TrialNet Office, ATTENTION: Margo Black (address preprinted on FedEx Airbill).
 - Notify TrialNet office to expect the shipment: 615-484-1825 or email: margo.black@vanderbilt.edu.

Please fill out the following information:

Date Blood Drawn (MM/DD/YYYY):

Volunteer Name:

Date of Birth:

Physician or Lab Name:

Name of Person Drawing Blood:

Phone Number of Person Drawing Blood:

Comments:

Blood sample must be shipped same day as drawn

For any questions, call Margo Black at 615-484-1825 or Email: diabetesresearch@vanderbilt.edu

Note that this blood draw is for research purposes. Volunteers (including children) may withdraw their consent at any time. Consents and assents are kept in locked files at the Vanderbilt Eskind Diabetes TrialNet Office.

THANK YOU FOR YOUR HELP IN THE RESEARCH OF TYPE 1 DIABETES!