

CCRP NEWSLETTER



JULY 2010



WAY TO GO - CCRP's softball team is now 6-0!

Stop by to cheer them on Tuesday nights from 7-9pm at the Teddy Ebersol Fields on the Esplanade. Upcoming games are: 7/6, 7/13, 7/20, 8/3, 8/10, 8/17. The finals will be played 8/24 and 8/31.



July 4th Holiday Hours

Saturday, July 3rd

Health Club: 8am - 5pm
Cabana: 8am - 10pm
Pool: 8am - Dusk

Sunday, July 4th

Health Club: 8am - 5pm
Cabana: 8am - 10pm
Pool: 8am - Dusk

Monday, July 5th

Health Club: 8am - 5pm
Cabana: 8am - 10pm
Pool: 8am - Dusk

Member Guest Policy

Maximum 2 guest per member

Adults - \$25 · Child/Youth/Teens - \$15

Note: All guests must be accompanied by a member

Outdoor Pool Reminders

Please remember that we **don't allow children to run** in the facility, especially on the pool decks.



Additionally, please be considerate to other members by **changing your children** in one of our changing rooms. Also, we ask that you limit your **towel usage** to two towels per person.

Many thanks,
~ Team CCRP



Wednesday is FREE Guest Day in July

NEW THIS SUMMER!



Looking to have a small, impromptu get-together at the club but don't need to rent the whole tent?

We've got the answer!

Rent our grill! \$50 for 2 hours with a 12-person max! Reservations are first come, first served.

Fee includes use of grill & propane and trash pick-up.

For more information visit the front desk for rental information.

Café Cabana



The café is open for business (weather permitting).

Enjoy delicious Burgers, Grilled Chicken Sandwiches, World Famous Toasted PB&J's & more!

Chef Tyler is also available for all your catering needs—outdoor tent parties or luncheon meetings!

And, if you're a non-member living in Charles River Park or working at MGH you may come to eat at the café without a membership. For questions, please call 617- 724-5108 or e-mail ccrcafecabana@gmail.com

KIDS - Tyler is looking for help decorating the café - please draw or paint him a picture and he'll gladly hang it up!

Group Fitness Updates



- (1) Beginning Wednesdays, June 30th Kia will be teaching a Muscle Conditioning class from 6-6:45pm and at this time there is no reservation required!
- (2) Intermediate Yoga on Sundays from 9-10:30am is cancelled for July & August and will resume on September 11th.
- (3) We recently added a 12:15pm Water Aerobics class on Wednesdays. Weather permitting ALL of our water aerobics classes are taught in the outdoor pool.
- (4) We also have a new, 15-minute Core Challenge class on Wednesdays at 6:30am and 5pm with Sandy.

Book Your Tent Party Today

Reserve space under the tent, on the pool deck or at the baby pool—perfect locations for a birthday party or get together!

For more information contact Katie Morgis at 617.724.2598 or via email at kmorgis@partners.org

You may also visit our website for rental information and reservation form at <http://www2.massgeneral.org/clubsatcharlesriver/forms.htm>