SUBJECT: Fall From Height	SITE: Moors Valley	RISK ASSESSMENT NUMBER:
WRITTEN BY: Rob Davies		REVIEW DATE: February 2013

SER	HAZARD	LHD	CON	WHO MIGHT BE HARMED	EXISTING CONTROL MEASURES FURTHER CONTROL MEASURES	RR
001a	Falling to the ground or onto another person or onto another part of the course or another object due to: • Unclipping from safety system then slipping, jumping or falling, either unintentionally or intentionally • Clipping on to the safety cable (system) incorrectly • Failure of part of the course infrastructure • PPE failure, incorrect selection, use, fitting, etc • Tree failure, falling over or onto the course, etc • Slips and trips This could happen whilst opening or closing the course, participating on the course, carrying out inspections or carrying out a rescue	Low	V High	Employees Course Users Contractors Onlookers Trespassers	 Continuous Belay Safety System does not require Customer Course Users to unclip their safety lines at any point. Karabiners to be tightened using Mole Grips to prevent customers tampering. Instructors to attach customers to safety system on the ground Minimum height of 1m wearing footwear to enable users to move their safety lines around the safety system. Height markers installed. Instructors carry out check if unsure. Under 6 year olds to be accompanied by an adult (1:2) to assist with safety lines. Maximum weight of 20.5 stone / 130 kg due to load limits of course (Altus load testing advice). Scales provided at sites. Information provided to customers on booking confirmation documents, RAD and website. Anyone who is deemed to be under the influence of alcohol or drugs is not permitted access onto the course. Anyone who does not have the correct footwear (e.g. sandals) or clothing that may lead to a slip or a trip will not be allowed onto the course. Instructors will access the course using the standard Go Ape Safety Lines and system of use (see Training below). Only mature and competent instructors will be allowed to supervise the Tree Top Junior (an age limit of 21 is suggested); this is to ensure they can handle difficult groups when under pressure. Instructors to be trained and assessed in moving customers on the Tree Top Junior course. GAD "TTJ Moving Customers Method Statements" 	Low
001b					 Training Instructors must be competent at working on the course. GAD "Opening and Closing the Course". WAH regs. See note 2 below re Instructor Training 	Low

	 Instructors trained in rescue procedures (see separate risk assessment for this and associated procedures). WAH regs. Instructors trained in the correct fitting and inspection of PPE to ensure they are safe for course participants and they cannot fall out of the harness and the harness is in good order and will not break. Site Managers must undergo a 1 day PPE inspection course so they are competent to inspect Go Ape Explorer PPE. 	
001c	Course inspections and checks Pre-use course checks and inspections carried out by instructor when opening up course to ensure course is safe to use and no overnight damage has occurred. This must be completed from the base of the zip line where possible so any overnight vandalism can be checked. WAH regs. Periodic site inspections (2 monthly) are carried out and recorded by the Site Manager or a competent person appointed by the Site Manager. Annual inspection of the course, including all anchor points and points used for rescues (note: large maillons are fitted in areas where there is no obvious identifiable attachment points), by an external competent person / company. LOLER & PUWER regs Records of inspections and examinations, maintenance, testing and certificates of conformity to be kept. (See Daily Report and Monthly Course Inspection). WAH regs Following high winds, snow and lightning the course must be checked thoroughly for any damage, initially from the ground and then on the course, prior to opening the course to participants. Inspection records are to be checked by the Area Manager during Site Audits.	Low
001d	 PPE provision and checks Effective procurement and management system, using reputable suppliers to ensure all PPE is of the correct standard (CE marked, etc) and design and has correct information provided for use and is therefore safe and appropriate for its intended use. PPE regs. Advice on selection of correct PPE that is fit for purpose and use must be sought from industry experts and suppliers. All equipment must be used correctly as directed by manufacturers guidelines. A copy of each new batch of 	Low

DDD C
PPE's manufacturing guidelines is to be kept on the site
PPE file by the Site Manager.
PPE compatibility policy (where more than 1 item of PPE
is being worn) is to be checked by an Operations Manager
who must have undertaken the 4 day PPE inspection
course and who must seek advice from reputable suppliers
on compatibility. This ensures that it is safe for two pieces
of PPE to be used together in a system and applies to chest
harnesses and fall arrest lanyards, etc. PPE regs.
All PPE must be checked for faults prior to first use (from
the manufacturer) PPE regs.
PPE must be inspected every two months. Where PPE is
thought to be defective it is to be placed in the quarantine
box until examined by the PPE trained Operations
Manager or Operations Director. Faulty PPE is to be
returned to the supplier for repair or replaced.
PPE to be visually checked prior to each use. This
includes harnesses and rescue equipment that must be
inspected by a trained instructor to ensure it is safe to use.
PPE regs.
PPE is to be stored in a dry, clean area, away from any
chemicals. PPE must be cleaned and dried as detailed in
the manufacturers guidelines.
All PPE must be identifiable, documented and thoroughly
examined annually by an Operations Manager who has
undertaken the 4 day PPE inspection course. PPE regs.
(Note that an examination and inspection are different.)
All PPE must be documented and logged by the Site
Manager, including inspection and maintenance records.
These records must be checked periodically by the
Operations Team. GAD Site Audits. PPE regs.
The Operations Managers and Site Managers are to ensure
that all instructors are trained in the correct fitting of PPE,
its operation and its operating limits, inspection of the
PPE and are to record the training on the individual staff
"Training Record Sheet". PPE regs.
A selection of harnesses and lanyards are to be break
tested periodically (suggest annually) to ensure that they
are still strong enough and suitable for the purpose. This
will be controlled by the Operations Director at Lyon
Equipment or Petzl. These records must be kept until the
PPE or batch is retired from service.
PPE replacement is to follow manufacturers guidelines.
A trained instructor must check all course participants'
harnesses before they go onto the course to ensure they

	are correctly fitted.	
	If a course user removes their harness for a rest break or	
	toilet break, they must be checked for correct fitting prior	
	to the course user returning onto the course.	
	• 2 styles of harness are used for the TTJ Course. Full body	
	"Simba" harnesses for those up to 40kg and "Gym"	
	harnesses for others.	
	Chest harnesses are to be fitted to course users in Gym	
	Harnesses who have little or no hip definition whereby a	
	normal sit harness may slip off their hips (this includes	
	course users with large bellies or slim hips).	
	Only PPE approved by the Operations Director can be	
	used on a Go Ape course. Personal PPE must not be used,	
	(except in exceptional circumstances by a contractor –	
	clearance for this is required from the Operations	
	Director).	
	Safety helmets are to be worn for all construction work	
	and rescue training (to mitigate a fall).	
	Site Manager undergo a 1 day PPE inspection training	
	course so they can identify problems with PPE. Site	
	Managers must then train their instructors in PPE	
	inspection and the identification of likely problems. The	
	PPE inspection poster is to be displayed at all sites as a	
	reminder.	
	Builders and contractors PPE should be visually checked when	
	being used on the course.	
	Operation systems and controls of the course	
	The continual belay system will be used by all customers	
	on the course.	
	Instructors to use a system for clipping onto the safety	
	system throughout the course that has a backup, so that a	
	"junction" can be passed without completely unclipping.	
	Therefore two lanyards must be used. Likewise in rescues	
	there must always be a back up safety system. GAD Rescue Procedures.	
001e	In lightning, high winds, heavy ice and snow, the course	Low
0010	must be evacuated and closed. Duty Manager Guidelines	LOW
	and Emergency Evacuation Procedures.	
	Whilst on the course, the use of mobile phones as	
	telephones is not permitted as this can lead to distraction	
	and unclipping from the course. Mobile phones can be	
	used to take photographs but must be secured to the user	
	to prevent them falling. Cameras must also be secured.	
	to prevent them falling. Cameras must also be secured. • Course participants who wear glasses must have them	

					 effectively using rubber bands. When the course is "closed" or is to be left unmanned the trapdoor on to the main platform should be locked shut. Any tasks being undertaken apart from the normal day to day running of the course (opening, closing) must be carried out by a minimum of two people; this includes any work involving moving obstacles or moving off the normal route of the course (platforms and cables). GAD method statements. 	
001f					 Trees Prior to a new course opening all trees that form part of the course are to be inspected for stability and disease by a qualified arboricultural expert. AFNOR standard. All trees are to be inspected annually by an arboriculturalist and a written report of these inspections is to be kept. AFNOR standard. 	Low
002	Falling objects • from the course onto the course	Medi um	Medium	Course users Employees Contractors Public	Retainers and Lanyards Course users must attach all loose items to themselves (such as cameras) or have them secured within pockets. Information must be supplied to course users during the Safety Brief. When instructors are carrying out maintenance tasks at height, tools must be retained by using a retaining cord or lanyard. All individual PPE, including pulleys, must be attached to the course user. Instructors Pulleys must be attached to the harness by using a pulley retaining lanyard. (introduced in 2003). Trees All course trees should be visually checked daily, by the instructor opening the course, for loose and broken branches that may become dislodged and fall. Deadwood likely to fall onto the course should be removed so it does not fall onto course users.	Low
003	Impact including: Course users swinging into something solid On the course At the landing (e.g. resulting in lower leg injury)	Low	High		Course design Design of the course must take into consideration the possibility of impact problems. Materials are finished to provide smooth, surfaces. Zip slides and landing areas are designed at an angle and sag to arrive at an optimum landing speed. Landing sites are constructed to provide a soft and moveable surface of woodchip or wood peel. Zip landing sites are fenced off to stop members of the	Low

	Being struck by parts of				public and children wandering into them.	
	the course				public and children wandering into them.	
					Operating Procedures	
	Collision				Landing areas are to be prepared (raked or dug) on a	
	On Zip slides				regular basis to ensure they comply with guidelines (GAD	
	At Zip landing				landing sites).	
					Only 1 course participant is allowed on a crossing or on	
					the zip slide at any one time. Safety Brief & Written	
					Safety Rules and Advice.	
					Provision of Information	
					Provision of suitable and sufficient information and	
					training to course participants to ensure they are safe	
					when crossing obstacles and descending zip lines. Written	
					Safety Rules and Advice which must be read or read to	
					all course participants, Instructors Safety Brief given to all	
					course participants. e.g. Course participants informed on landing technique to minimise risk of injury when	
					completing a zip line.	
					Course participants recommended to wear ankle	
					supporting boots. Sandals not allowed. Customer advice.	
004	Head impact on safety	Med	Med	Course Users	Helmets to be worn by all participants including	
	system junctions			Employees	instructors	
005	Entanglement in ropes	Low	High		Course Design	Low
	nets, cables or chains				Course designed to minimise the risk of entanglement or	
	and body parts trapped				entrapment.	
	in moving parts of the				Operating Procedures	
	course				Hair pulled back under helmets, suitable clothing	
	Zip wire				Effective supervision	
006	Unsuitable PPE:	Low	V High		See Point 001d	Low
000	Incorrect assessment of	Low	V IIIgii		Damage to PPE	Low
	loadings including				No smoking whilst wearing harnesses	
	premature failing or				No use of chemicals near PPE (insect repellant, sun	
	malfunctioning of PPE				cream)	
					Use of experienced and competent course designers	
					Records of materials	
007	Inadequate Supervision	High	V High	Course Users	Booking Terms and Conditions	Low
	 Incompetence 			Employees	Instructor check	
	 Children rushing 				Written Safety Rules and Advice	
	ahead				Training	
	Distracted attention				Supervision	
	of adult				• 1 to 2 for under 6s	
	Distance between				• 1 to 6 recommended for over 6s either on the ground or	
	supervisor and				participating on the course	
	children				additional adults advised for larger groups	

	Inadequate patrolling				 2 to a crossing, only on to be an adut 4 on a platform instructors present on the main platform instructor to radio base if leaving platform 	
008	Rowdy Groups	Medi um	High	Course users	 Instructors to monitor from platform Advice to supervising adults Exclusion from course where necessary Written Safety Rules and Advice 	Low
5016	Unauthorised Users	Low	V. High	Public	Access to course Access hatch to be Locked overnight locked when an instructor not present on platform. Shut if instructor leaves platform	Low
Refs	First Aid regs 1981, Occ	upiers Lia	bility Act 1	984, HSE Info She	WER 1992, LOLER 1998, PPE regs 1992, Workplace HSW regs 1992, H&S (Safety Signs) regs ets (Ents) No 14 & 15, HSE 5 Steps to Risk Assessment INDG 163, HSE A Guide to Risk Assed. GAD = Go Ape documents	

Notes: Control Measures - Where a control measure has been identified, it is only included once and not repeated under every serial number. Therefore for a specific hazard identified, a control measure in a serial above may apply to that hazard. (HSE RA guidance.)

LEVEL	LHD = LIKELIHOOD	CON = CONSEQUENCE	RR = RESIDUAL RISK
Very low	Definitely will not happen.	Injury very insignificant i.e. splinters.	Minimal risk, control measure more than necessary.
Low	Unlikely to happen.	Injury fairly minor, i.e. minor cut, graze, bruising.	Control measures satisfactory.
Medium	Moderate chance of accident happening.	Injury would stop casualty continuing with task.	Control measures adequate.
Uiah	Quite likely to happen.	Serious injury requiring medical assistance, i.e broken	Control measure requires constant supervision. Re-assess
High	Quite likely to happen.	bones, deep cut.	situation.
Very high	Likelihood will happen.	Very serious injury or possible fatality.	Control measures inadequate. Stop activity.

Note 1: Control Measures - Where a control measure has been identified, it is only included once and not repeated under every serial number. Therefore for a specific hazard identified, a control measure in a serial above may apply to that hazard. (HSE RA guidance.)

Note 2: Instructors Training - Go Ape instructors must pass through a rigorous training and assessment programme before they can instruct on Go Ape. To be selected for training prospective instructors must demonstrate they have the requisite aptitude and experience. They then undergo training in safety instruction and procedures, operational limits on the use of the course, course inspections during daily course opening and closing, patrolling techniques, personal protective equipment, harness fitting and inspection, emergency operations, health and safety and customer management. Only instructors with climbing experience and the correct aptitude are selected for additional training in rope rescue techniques. Instructors are First Aid trained. Go Ape's training objectives and rescue procedures have been developed in conjunction with an external specialist technical advisor who holds the Mountaineering Instructors Certificate and the European Mountain Leader Award (rescue procedures updated in 2005 by Berwyn Evans MIC). Assessment of rescue trained instructors is only carried out by our trained and qualified persons, who have been formally assessed as competent to do so by the Operations Manager responsible for training.

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