

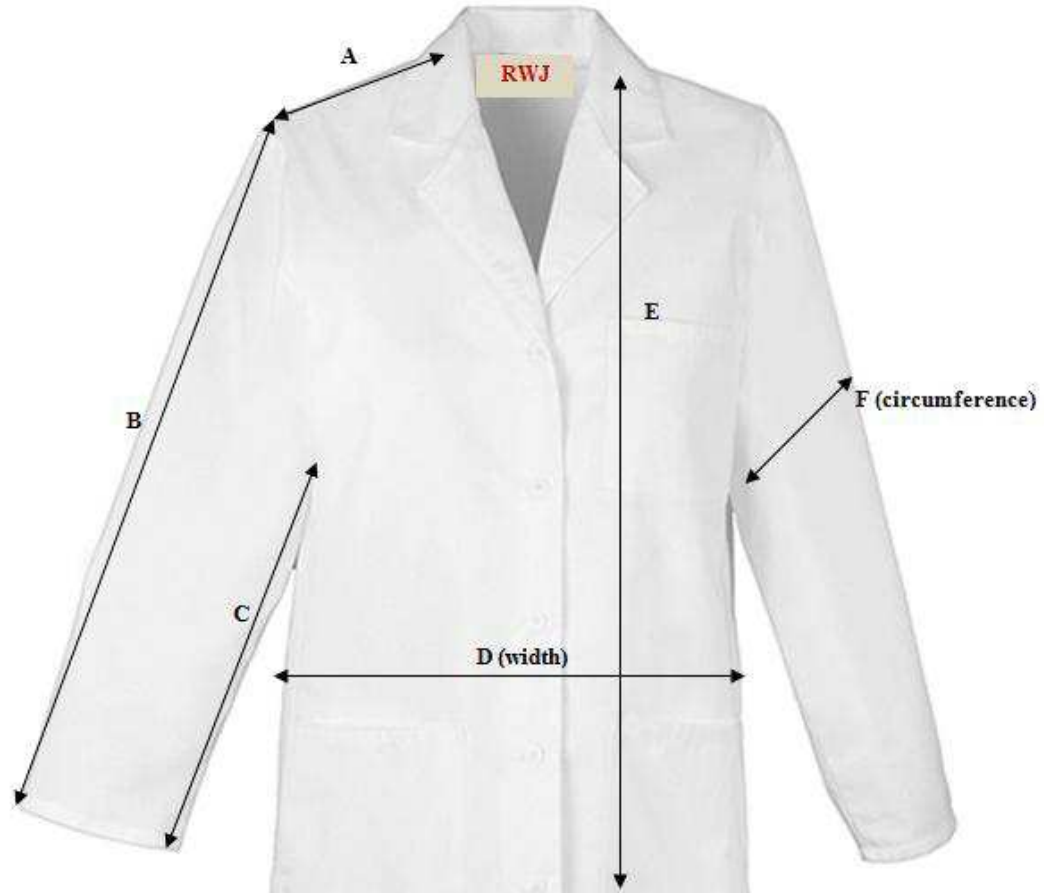
## White Coat Sizing Instructions

The white coats we will be ordering are unisex but use men's coat sizes for fitting. The best method for choosing a white coat other than actually trying on the various sizes is to find a men's coat size. Most men have this information readily available. Women may find this information by going to a men's department store and try on various men's sizes. If you are unable to do this, you may use the charts below. The first chart utilizes height and weight to calculate your approximate coat size. We have tried this for the male and female members of our orientation group, and we find it to be fairly accurate. The second chart consists of measurements of the various dimensions of different white coat sizes in the second chart in this document. We recommend using this second chart in conjunction with the height/weight chart below when choosing a size. Remember that in winter you will most likely be wearing a sweater underneath your coat, so make sure you do not choose a size that is too restrictive. Once you know your size, submit the White Coat Ceremony form on the website ([http://rwjms.umdj.edu/education/current\\_students/student\\_life/orientation/WhiteCoatInfo.html](http://rwjms.umdj.edu/education/current_students/student_life/orientation/WhiteCoatInfo.html)) no later than Friday, June 12, 2009. If you have any questions or concerns, do not hesitate to contact the orientation team at [rwj-orientation@umdj.edu](mailto:rwj-orientation@umdj.edu).

### Coat Sizes by Height and Weight

Weight (lbs) → Height ↓	<105	105-116	117-124	125-132	133-140	141-148	149-156	157-164	165-172	173-180	181-188	189-196	197-204	205-212	213-220	221-230	231-240	241-250	251-260	261-270
< 5'5"	XS	XS	XS																	
5'5"		34	35	36	37	38	39	40	41	42	43	44	46	46	48	48	48			
5'6"		34	35	36	37	38	38	39	40	41	42	43	44	46	46	48	48			
5'7"		34	35	36	37	38	38	39	40	41	42	43	44	46	46	48	48	50		
5'8"		34	35	36	36	37	38	39	40	41	42	43	44	46	46	46	48	50	52	
5'9"			34	35	36	37	38	39	40	41	42	43	44	44	46	46	48	50	50	52
5'10"			34	35	36	37	38	39	40	41	42	42	43	44	46	46	48	48	50	52
5'11"					36	37	38	39	40	41	41	42	43	44	46	46	48	48	50	50
6'0"						36	37	38	39	40	41	42	43	44	46	46	48	48	50	50
6'1"						36	37	38	39	40	41	442	43	44	44	46	48	48	50	50
6'2"						36	37	38	39	40	41	42	43	44	44	46	48	48	50	50
6'3"							37	38	39	40	41	41	42	43	44	46	46	48	50	50
6'4"								37	38	39	40	41	42	43	44	44	46	48	48	50
6'5"								37	38	39	40	41	42	43	44	44	46	48	48	50
6'6"													42	43	44	44	46	48	48	50
6'7"																	46	46	48	48
6'8"																	46	46	48	48

## White Coat Measurements (in inches)



	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
<b>XS (30-32)</b>	5.6	23.6	18	19.6	28.8	14.8
<b>S (34-36)</b>	6	24.4	18.4	21.2	30	16.4
<b>M (38-40)</b>	6.4	25.2	18.8	23	31.2	18
<b>L (42-44)</b>	Missing Information – Will Update Shortly					
<b>XL (46-48)</b>	6.8	25.6	19.2	24	32.4	20
<b>2XL (50-52)</b>	7.2	26	19.2	27.2	32.8	21.2
<i>All Measurements in Inches</i>						