



Real World PCIT, TF-CBT & CARE Newsletter

Introduction

We hope you are having a great summer! Welcome to the **first issue of Real World PCIT, TF-CBT & CARE**, a newsletter containing information about Parent-Child Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Child Adult Relationship Enhancement (CARE) in the real world! This newsletter is a place where you can share your success stories, ask questions to fellow clinicians about hurdles you encounter in the field, learn about creative adaptations and techniques, and stay up to date on new research.

Training Information

- **DISCOUNTED RATE FOR PCIT-A!!!** PCIT-A will go back to \$800 for the 5-day training.
- **Three PCIT Conference Calls can be purchased for \$50, which covers the cost of the conference call telephone lines, and you can choose when to use them. Conference calls are scheduled monthly and fill on a first come first serve basis.**
- From August 2003 to June 2008 we have trained 297 clinicians from 76 agencies in 18 states, Canada and Japan in PCIT.
- From October 2004 to June 2008 we have trained 468 people from 28 agencies in 6 states in CARE.
- From February 2006 to June 2008 we have trained 116 clinicians from 51 agencies in 9 states, Canada and Japan in TF-CBT.

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Trauma Treatment Training
Center Staff

Adaptations & Recommendations

Casie LaMunyon (Southwest Colorado Mental Health) has created a checklist to use from the ECBI for coaching. It is a simple one-page form where the therapist writes relevant praises on the sheet for caregivers to take home and practice.

TTTC Referral Lists

We often get requests from clinicians and families about clinicians trained in certain cities. **We have created a referral list** that gets updated periodically on www.OhioCanDo4Kids.org so that **clinicians and families may download a copy of the referral list (in an excel file)** which lists the types of therapy the clinician is trained in at our agency and their contact information. If you would like to be added to this referral list please contact Lacey Thieken at Lacey.Thieken@cchmc.org.



TF-CBT trainees practice giving
good commands during the
CARE overview

TF-CBT News

- **In the next few months we will be scheduling a one-day Advanced TF-CBT Training.** Clinicians who have completed TF-CBT training should send requests for topics and issues to be covered in this advanced training to Erna Olafson at erna.olafson@uc.edu.
- Some proposed topics include; TF-CBT with adolescents, additional training in Cognitive Coping and Cognitive Processing, and complex case examples with role plays.
- **A new web training on Childhood Traumatic Grief** has been completed and will soon be available at www.musc.edu!

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PCIT Data Collection

We now have a new protocol for our PCIT data collection. Trainees who attended PCIT trainings between August 2003-August 2005 can continue collecting data on their PCIT clients. If you would like to request a new packet under our new protocol, please contact Lacey Thieken at lacey.thieken@cchmc.org. Trainees who attended after August 2005 can also collect data as part of the trainer-in-training process through the TTTC, for which you are asked to give us data on 3 complete cases. These are informative pre/post measures to collect for your agency. We are happy to score them for you and email you the results for your files. If you need a packet of these measures, please contact us.



Drs. Pearl & Boat doing role-play practice for CARE

PCIT Data Collection Outcomes

As of June 1, 2008 53 clinicians have turned in PCIT data to our site. We have a total of **141 clients entered into the database from these 53 clinicians**. Of these, **47 contain outcome data!** Thank you to everyone who has contributed to this success! **Any trainee who turns in 3 completed outcome data packets will receive a \$20 Kroger gift card to use for him/herself!** These gift cards can be redeemed at any Kroger company store; some include: **Dillons, Food 4 Less, Ralph's, Littman Jewelers, Fred Meyer, City Market, and King Soopers.**

The following clinicians have contributed outcome data to our research: **Eric McCallister, Jeff LoTiempo, Erica Pearl, Ally Burr-Harris, Mindy Sponseller, Laura Best, Dana Groh, Sue Rahall, Sarah Gilles, Kelly Clasgens, Sandy Hackbarth, Flo Dewitt, Robin Arthur, Lisa Coleman, Lydia Davis, Susan Theobald, Cynthia Keck-McNulty, Jamie Miller, Michelle Cox, Tania White, Barbara Boat, and Kristina Konnath.** Great job turning in outcome data!!!! (That was a labeled praise!!)

"Presenters were very knowledgeable and approachable."

-TF-CBT Trainee

"Good mix of didactic and hands on."

-PCIT Trainee

PCIT Training Video

A training DVD on PCIT, *Parent Child Interaction Therapy with Cheryl Bodiford McNeil*, is now available at www.apa.org/videos or toll free at 1-800-374-2721. Cheryl Bodiford McNeil, PhD, discusses PCIT and demonstrates PCIT with a 45 year-old single mother of a 3-year-old girl with behavior problems.

PCIT Trainer Track



Special Points of Interest

- 3 complete data outcome packets
- Entire 2nd training is free
- Assist in co-training a session
- Train people within your agency

We have recently developed a Trainer-in-Training Track for those who qualify to become PCIT trainers. First, the trainer-in-training must **attend the entire 5 day PCIT training** as a trainee. The Trainer-in-Training must **collect outcome data on at least 3 cases and be able to show that he/she has been completing the data and conducting PCIT properly.** Once the Trainer-in-Training is collecting data on these cases, he/she can **co-train a full five-day session of PCIT (free of charge) with the TTTC.** After the Trainer-in-Training completes this process, **he/she will be given training materials in order to train and sustain PCIT within his/her agency.** TTTC staff will continue to **mentor and provide consultation to trainers** once they have taken these training skills back to their agencies.

Currently, we have trained 31 trainers-in-training in PCIT!

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Want to be a CARE trainer?

If you have completed our PCIT training (or an equivalent PCIT training elsewhere), you are able to train CARE. You may purchase a **CARE Curriculum Guide for Trainers for \$10**, and we will ship this to you. We can also provide you with a **CD-Rom of role-plays** with a 4-year-old child demonstrating the Avoid skills and Do skills. Please contact Lacey Thieken (Lacey.Thieken@cchmc.org) for more information about obtaining a CARE Curriculum Guide. If you would like consultation or assistance with your first training, please contact Erica Pearl (Erica.Pearl@cchmc.org).

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Pinwheels for Prevention
(Cincinnati, Ohio)
April 2007 for Child Abuse
Prevention Month

Equipment & Resources

New versions of the **PCIT consumer brochures**, as well as **CARE consumer brochures**, are available at www.cincinnatichildrens.org/TTC. The new versions contain the same information as the old versions, but utilize our new color scheme and incorporate our name change.

Do you want to videotape a PCIT session but your agency lacks a video camera? Let us know. If you are local, you can borrow one of our **loaner cameras**.

Have children become attached to toys they play with during special playtime only to find that the next time they come in those toys are missing? We have set up a **"toy fund"** for agencies with limited resources so that they can have toys solely dedicated for use during PCIT sessions. Please contact Lisa Connelly at 513-636-0041 or Lisa.Connelly@cchmc.org to request a "statement of need" form.

"I wish I had done this when I first started working with children (CPS removed) 6 years ago - it will change so many lives if we can get this out to families and spread the word around the country-world."

-PCIT Trainee

OhioCanDo4Kids.org

The Trauma Treatment Training Center is part of OhioCanDo4Kids (CANDO). **The mission of CANDO is: To facilitate productive collaborative relationships among institutions, agencies, and individuals that provide services to maltreated and traumatized Ohio children and their families.** The goals of CANDO are:

- 1) To facilitate the identification, evaluation, and promotion of best practices in diagnosis, treatment and prevention of childhood trauma;
- 2) To facilitate interdisciplinary communication and to reduce barriers for traumatized children receiving services across multiple Ohio systems;
- 3) To develop and make freely available strategies and tools to transform prevention, treatment, and public education with respect to childhood trauma.

To find out more about OhioCanDo4Kids, please visit our website www.OhioCanDo4Kids.org.

Childhood Trust Events Survey (C-TES)

The CTES is a newly updated, 26-item, self- or parent-report screening survey to assess a child's exposure to traumatic events. Some items were derived from the Traumatic Events Screening Inventory for Children (TESI-C1) and the UCLA PTSD Index.² The CTES also includes all the items identified as Adverse Childhood Events (ACEs) in extensive research by Felitti and colleagues in collaboration with the Centers for Disease Control and Prevention.³ The ACE items address 1) whether the child has experienced personal abuse (recurrent physical abuse, recurrent emotional abuse, and sexual abuse) and 2) whether the child has lived in a household with any of the following: an alcoholic or drug user; a person who was in prison; someone who was chronically depressed, mentally ill, or suicidal; or a mother who was treated violently; or whether a child has experienced complete and lengthy separation from a parent, such as a permanent foster placement or the death of a parent.

The C-TES is also available in Spanish.

Please download the C-TES from OhioCanDo4Kids.org.



Pinwheels for Prevention

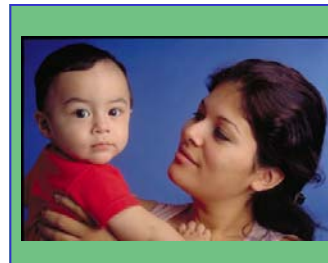
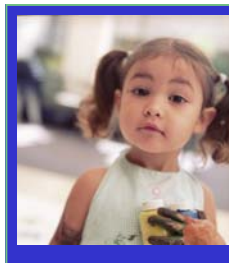
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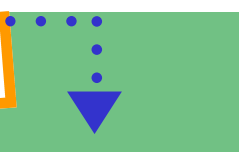
Agencies Where We Have Trained PCI T Clinicians

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Anchorage Community Mental Health, Anchorage, AK
Aurora Mental Health Center, Aurora, CO
Andrus Children's Center, Yonkers, NY
Beech Acres, Cincinnati, OH
Benchmark Family Services,
Bluegrass Early Care Program, Lexington, KY
Buckeye Ranch, Hebron, OH
Center for Children & Families, Cincinnati, OH
Central Clinic, Cincinnati, OH
Center for Child & Family Advocacy, Napoleon, OH
Child & Adolescent Service Center, Canton, OH
Child Focus, Cincinnati, OH
Childhood Trust, Cincinnati, OH
Children's Home, Cincinnati, OH
Children's Home of Northern Kentucky, Covington, KY
Children's Hospital Behavioral Health, Columbus, OH
Cincinnati Children's Hospital, Cincinnati, OH
Children's Mercy Hospital, Kansas City, MO
Cullen Center, Toledo, OH
Depelchin Children's Center, Houston, TX
Diocesan Catholic Children's Home, Ft. Mitchell, KY
Directions for Mental Health, Inc. and Affiliates, Largo, FL
Early Childhood Supports & Services, Houma, LA
Family & Children First, Louisville, KY
Family & Children Services, Ontario
Family Care Center, Lexington, KY
Family Nurturing Center, Florence, KY
Family Pathways, Butler, PA
Family Resource Center, St. Louis, MO
Family Service, Cincinnati, OH & Northern KY
Family Service Agency, Springfield, OH
Glen at St. Joseph, Dayton, OH
Harbor Behavioral Healthcare, Toledo, OH
Help A Child, Inc., Pinellas Park, FL
Hospital for Sick Children, Toronto, Canada
Kansas City Child Traumatic Stress Program, Kansas City, MO
Kennedy Krieger Institute, Baltimore, MD
Keystone Behavioral Pediatrics, Jacksonville, FL
Lifeskills, Inc., Bowling Green, KY
Lifespan, Inc., Hamilton, OH
Lindsay Wilson College, Wheelersburg, OH

Matilda Theiss Child Development Center, Pittsburgh, PA
Medina Child & Family Intervention, Medina, OH
MHS, Children Who Witness Violence, Cleveland, OH
Mental Health Services of Clark County, Springfield, OH
Milligan University, Milligan, TN
Mindspa, Newport, KY
New Beginnings, Columbia, KY
Nord Center, Lorain, OH
Northkey Community Care, Covington, KY
Noyes Mental Health Service, Dansville, NY
Oesterlen Services for Youth, Inc., Springfield, OH
Open Arms, Albany, GA
Our Little Haven, St. Louis, MO
Positive Pathways, Florence, KY
Private Practice, MO, AL, TN, NJ
Professional Pastoral Counseling Institute, Cincinnati, OH
Project Woman, Springfield, OH
Psychological Studies Institute, Atlanta, GA
Psychological Studies Institute, Chattanooga, TN
Rocking Horse Center, Springfield, OH
Seven Counties, Louisville, KY
Southwest Colorado Mental Health, Durango, CO
St. Aloysius, Cincinnati, OH
St. Joseph Orphanage, Cincinnati, OH
St. Louis Child Traumatic Stress Program, St. Louis, MO
St. Vincent Family Centers, Columbus, OH
Square One Foster Care, Cincinnati, OH
Tokyo Women's Medical University, Tokyo, Japan
The Children's Place, Kansas City, MO
The Trauma Center, Boston, MA
University of Cincinnati, Cincinnati, OH
University of Kentucky CATS Project, Lexington, KY
USCF Dept. of Veteran Affairs, CA
Vanderbilt University, Nashville, TN
Wright State University, Dayton, OH
Yale University – CARE Program, New Haven, CT





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Agencies Where We Have Trained CARE Clinicians

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Atlanta Salvation Army, Atlanta, GA
Beech Acres-PHP, Cincinnati, OH
Buckeye Ranch, Grove City, OH
Children's Home of Northern KY, Covington, KY
Children's Hospital of Philadelphia, Philadelphia, PA
Children's Mercy Hospital, Kansas City, MO
Council on Child Abuse of Southern Ohio, Inc., Cincinnati, OH
CCHMC International Adoptions, Cincinnati, OH
CCHMC Pastoral Counseling, Cincinnati, OH
CCHMC Psychiatry Inpatient Hospitalization, Cincinnati, OH
CCHMC Speech Pathology, Cincinnati, OH
Family Resource Center, Kansas City, MO
GLAD House, Cincinnati, OH
Harbor Behavioral Health, Toledo, OH
Our Little Haven, St. Louis, MO
Rocking Horse Center, Springfield, OH
Square One Foster Care, Cincinnati, OH
St. Joseph Orphanage, Cincinnati, OH
Talbert House (North Star Residential), Cincinnati, OH
Therapeutic Interagency Preschool Program (TIPP)-Hamilton County, Cincinnati, OH
TIPP-Butler County, Cincinnati, OH
TIPP-Montgomery County, Cincinnati, OH
The Trauma Center, Boston, MA
University of Cincinnati Medical Students, Cincinnati, OH
University of Kentucky CATS Lexington, KY
Village Network foster parents, Mt. Vernon, OH
Wright State University, Dayton, OH
Xavier University, Cincinnati, OH
Xavier University Counseling Dept., Cincinnati, OH
Xavier University PsyD Students, Cincinnati, OH
YWCA House of Peace Battered Women's Shelter, Cincinnati, OH

"The role-plays/ "hands-on"
and clickers were very
helpful. I can see how this
will be helpful in working
with clients and their
families."

-CARE Trainee



Agencies Where We Have Trained TF- CBT Clinicians

Applewood Center	Family Connections, The 12 of Ohio	Shawnee Mental Health Center
Beech Acres-PHP	Focus on Youth	Shelby County CAC,
Bellefaire JCB,	Hospital for Sick Children Canada	St. Joseph Orphanage
Bluegrass	Licking County Juvenile Court	The Children's Place
Boys Village	Lighthouse Youth Services	Therapeutic Collaborative
Buckeye Ranch	Marion Area Counseling Center	Tri-County Mental Health
CCHMC	Mental Health Center of Warren County	University of Cincinnati
Central Clinic	Miami University	The Village Network
Child & Adolescent Service Center	Michigan State University	Wakanyeja Pawicayapi, Inc
Child Focus	Nord Center	Wright State
Children's Home of Cincinnati	Northkey	Youth & Family Services Counseling
Children's Home of Northern KY	Ohio Dept of Mental Health	
Children's Hospital of Akron	OPS Family Care	
Columbus Children's Hospital	Osaka University, Japan	
Counselor's College	Pomegranate Health System	
Croney & Clark	Private Practice, OH, KY	
Crossroads	Rocking Horse Center	
Eau Claire Academy	Safe Shores, Washington, DC	
Family & Children First	Samaritan Behavioral Health	
Family Care Center	Seven Counties	



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Upcoming Events

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TF-CBT Session L: August 11-12, 2008

Cost: \$400 (Includes materials and hardback copy of *Treating Trauma and Traumatic Grief in Children and Adolescents* (2006) by Cohen, Mannarino, and Deblinger)

CEUs: 12 Counselor or Social Worker CEUs or 12 Ohio Psychological Association CE credits

PCIT-A Session X: September 8, 9, 10 & September 25, 26, 2008

Cost: \$800 (Includes materials)

CEUs: 30 Counselor or Social Worker CEUs or 29 Ohio Psychological Association

TF-CBT Session M: October 20-21, 2008

Cost: \$400 (Includes materials and hardback copy of *Treating Trauma and Traumatic Grief in Children and Adolescents* (2006) by Cohen, Mannarino, and Deblinger)

CEUs: 12 Counselor or Social Worker CEUs or 12 Ohio Psychological Association CE credits

PCIT-A Session Y: November 10, 11, 12, and December 15, 16, 2008

Cost: \$800 (Includes materials)

CEUs: 30 Counselor or Social Worker CEUs or 29 Ohio Psychological Association

TF-CBT Session N: December 8-9, 2008

Cost: \$400 (Includes materials and hardback copy of *Treating Trauma and Traumatic Grief in Children and Adolescents* (2006) by Cohen, Mannarino, and Deblinger)

CEUs: 12 Counselor or Social Worker CEUs or 12 Ohio Psychological Association CE credits

8th Annual National PCIT Conference: October 27-29, 2008

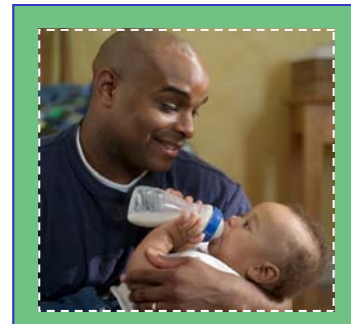
Sacramento, CA

www.canconference.com



"I feel like it gave me so many specific tools to teach parents that are evidence based."

-PCIT Trainee



Contact Us!

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www.OhioCanDo4Kids.org